

ROMANIAN MATHEMATICAL MAGAZINE  
TRIANGLE MARATHON 101 - 200  
PROBLEM 177

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1. In  $\triangle ABC$

$$\sqrt[3]{\frac{a}{b+c-a}} + \sqrt[3]{\frac{b}{c+a-b}} + \sqrt[3]{\frac{c}{a+b-c}} \leq \frac{3R}{2r}.$$

Proposed by George Apostolopoulos - Messolonghi - Grece

Proof.

Using Hölder's inequality, we obtain

$$\begin{aligned} & \left( \sqrt[3]{\frac{a}{b+c-a}} + \sqrt[3]{\frac{b}{c+a-b}} + \sqrt[3]{\frac{c}{a+b-c}} \right)^3 \leq \\ & \leq (a+b+c) \left( \frac{1}{b+c-a} + \frac{1}{c+a-b} + \frac{1}{a+b-c} \right) (1+1+1) = \\ & = 2p \cdot \frac{4R+r}{2pr} \cdot 3 = 3 \left( 1 + \frac{4R}{r} \right) \leq \left( \frac{3R}{2r} \right)^3, \text{ where the last inequality is equivalent with} \\ & 9R^3 \geq 8r^2(4R+r) \Leftrightarrow 9R^3 - 32Rr^2 - 8r^3 \geq 0 \Leftrightarrow (R-2r)(9R^2 + 18Rr + 4r^2) \geq 0 \end{aligned}$$

true from Euler's inequality:  $R \geq 2r$ .

The equality holds for an equilateral triangle. □

Remark

Inequality 1. can be strengthened:

2. In  $\triangle ABC$

$$\sqrt[3]{\frac{a}{b+c-a}} + \sqrt[3]{\frac{b}{c+a-b}} + \sqrt[3]{\frac{c}{a+b-c}} \leq 1 + \frac{R}{r}$$

Proposed by Marin Chirciu - Romania

Proof.

Using Hölder's inequality we obtain

$$\begin{aligned} & \left( \sqrt[3]{\frac{a}{b+c-a}} + \sqrt[3]{\frac{b}{c+a-b}} + \sqrt[3]{\frac{c}{a+b-c}} \right)^3 \leq \\ & \leq (a+b+c) \left( \frac{1}{b+c-a} + \frac{1}{c+a-b} + \frac{1}{a+b-c} \right) (1+1+1) = \\ & = 2p \cdot \frac{4R+r}{2pr} \cdot 3 = 3 \left( 1 + \frac{4R}{r} \right) \leq \left( 1 + \frac{R}{r} \right)^3, \text{ where the last inequality is equivalent with} \end{aligned}$$

$$(R+r)^3 \geq 3r^2(4R+r) \Leftrightarrow R^3 + 3R^2r - 9Rr^2 - 2r^3 \geq 0 \Leftrightarrow (R-2r)(R^2 + 5r + r^2) \geq 0$$

*true from Euler's inequality:  $R \geq 2r$ .*

*The equality holds for an equilateral triangle.*

□

**Remark**

*Inequality 2. is stronger the inequality 1.*

**3. In  $\Delta ABC$**

$$\sqrt[3]{\frac{a}{b+c-a}} + \sqrt[3]{\frac{b}{c+a-b}} + \sqrt[3]{\frac{c}{a+b-a}} \leq 1 + \frac{R}{r} \leq \frac{3R}{2r}.$$

*Proof.*

See inequality 2. and  $1 + \frac{R}{r} \leq \frac{3R}{2r} \Leftrightarrow R \geq 2r$  (*Euler's inequality*)

*Equality holds for an equilateral triangle.*

□

*Inequality 2 can be developed*

**4. In  $\Delta ABC$**

$$\sqrt[4]{\frac{a}{b+c-a}} + \sqrt[4]{\frac{b}{c+a-b}} + \sqrt[4]{\frac{c}{a+b-c}} \leq 1 + \frac{R}{r}.$$

*Proof.*

*Using Hölder's inequality we obtain*

$$\begin{aligned} & \left( \sqrt[4]{\frac{a}{b+c-a}} + \sqrt[4]{\frac{b}{c+a-b}} + \sqrt[4]{\frac{c}{a+b-c}} \right)^4 \leq \\ & \leq (a+b+c) \left( \frac{1}{b+c-a} + \frac{1}{c+a-b} + \frac{1}{a+b-c} \right) (1+1+1)(1+1+1) = \\ & = 2p \cdot \frac{4R+r}{2pr} \cdot 3 \cdot 3 = 9 \left( 1 + \frac{4R}{r} \right) \leq \left( 1 + \frac{R}{r} \right)^4, \text{ where the last inequality is equivalent with} \end{aligned}$$

$$(R+r)^4 \geq 9r^3(4R+r) \Leftrightarrow R^4 + 4R^3r + 6R^2r^2 - 32Rr^3 - 8r^4 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r)(R^3 + 6R^3r + 18Rr^2 + 4r^3) \geq 0$$

*which is true form Euler's inequality:  $R \geq 2r$*

*The equality holds for an equilateral triangle.*

□

**5. In  $\Delta ABC$**

$$\sqrt[4]{\frac{a}{b+c-a}} + \sqrt[4]{\frac{b}{c+a-b}} + \sqrt[4]{\frac{c}{a+b-c}} \leq 1 + \frac{R}{r} \leq \frac{3R}{2r}.$$

*Proof.*

See 4. and Euler's inequality  $R \geq 2r$ .

□

Let's generalise inequality 1.

**6. In  $\Delta ABC$**

$$\sqrt[n]{\frac{a}{b+c-a}} + \sqrt[n]{\frac{b}{c+a-b}} + \sqrt[n]{\frac{c}{a+b-c}} \leq \frac{3R}{2r}, \text{ where } n \in \mathbb{N}, n \geq 2$$

*Proposed by Marin Chirciu - Romania*

*Proof.*

*Using Hölder's inequality we obtain*

$$\begin{aligned} & \left( \sqrt[n]{\frac{a}{b+c-a}} + \sqrt[n]{\frac{b}{c+a-b}} + \sqrt[n]{\frac{c}{a+b-c}} \right)^n \leq \\ & \leq (a+b+c) \left( \frac{a}{b+c-a} + \frac{b}{c+a-b} + \frac{c}{a+b-c} \right) (1+1+1) \dots (1+1+1) \\ & = 2p \cdot \frac{4R+r}{2pr} \cdot 3^{n-2} = 3^{n-2} \cdot \left( 1 + \frac{4R}{r} \right) \leq \left( \frac{3R}{2r} \right)^n, \text{ where the last inequality is equivalent with} \\ & 9R^n \geq 2^n r^{n-1} (4R+r) \Leftrightarrow 9R^n - 2^{n+2} R r^{n-1} - 2^n r^n \geq 0 \end{aligned}$$

*Denoting  $\frac{R}{r} = t \geq 2$  it remains to prove that*

$$9t^n - 2^{n+2}t - 2^n \geq 0 \Leftrightarrow (t-2)(9t^{n-1} + 9 \cdot 2t^{n-2} + 9 \cdot 2^2 \cdot t^{n-3} + \dots + 9 \cdot 2^{n-3}t^2 + 9 \cdot 2^{n-2}t + 2^{n-1}) \geq 0,$$

*Obviously because  $t \geq 2$ .*

*The equality holds for an equilateral triangle.*

□

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