

PROBLEM 175 - TRIANGLE MARATHON 101 - 200

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1. In $\triangle ABC$

$$\sum \frac{1}{\sin^4 \frac{A}{2}} \geq \frac{(12r)^4}{\sum a^4}.$$

Proposed by George Apostolopoulos - Messolonghi - Greece

Remark

Inequality 1 can be strengthened:

2. In $\triangle ABC$

$$\sum \frac{1}{\sin^4 \frac{A}{2}} \geq \frac{(72Rr)^2}{\sum a^4}.$$

Proposed by Marin Chirciu - Romania

Proof.

In order to prove this inequality we will first present two additional results.

Lemma 1

3. In ABC

$$\sum \frac{1}{\sin^4 \frac{A}{2}} = \frac{p^4 + p^2(2r^2 - 16Rr) + 32R^2r^2 + r^4}{r^4}$$

Proof.

$$\begin{aligned} \sum \frac{1}{\sin^4 \frac{A}{2}} &= \sum \frac{b^2c^2}{(p-b)^2(p-c)^2} = \frac{\sum b^2c^2(p-a)^2}{\prod (p-a)^2} = \frac{p^6 + p^4(2r^2 - 16Rr) + p^2(32R^2r^2 + r^4)}{p^2r^4} \\ &= \frac{p^4 + p^2(2r^2 - 16Rr) + 32R^2r^2 + r^4}{r^4}. \end{aligned}$$

□

Lamma 2

4. In $\triangle ABC$

$$\sum \frac{1}{\sin^4 \frac{A}{2}} \geq \frac{12R^2}{r^2}.$$

Proof.

Using Lemma 1 the inequality to prove can be written:

$$\begin{aligned} \frac{p^4 + p^2(2r^2 - 16Rr) + 32R^2r^2 + r^4}{r^4} &\geq \frac{12R^2}{r^2} \Leftrightarrow p^4 + p^2(2r^2 - 16Rr) + 32R^2r^2 + r^4 \geq 12R^2r^2 \\ &\Leftrightarrow p^2(p^2 + 2r^2 - 16Rr) + 20R^2r^2 + r^4 \geq 0. \end{aligned}$$

We distinguish the following cases:

Case 1. *If $p^2 + 2r^2 - 16Rr \geq 0$, the inequality is obvious.*

Case 2. If $p^2 + 2r^2 - 16Rr < 0$, the inequality can be rewritten:

$p^2(16Rr - 2r^2 - p^2) \leq 20R^2r^2 + r^4$, which follows from Gerretsen's inequality:

$16Rr - 5r^2 \leq p^2 \leq 4R^2 + 4Rr + 3r^2$. It remains to prove that:

$$(4R^2 + 4Rr + 3r^2)(16Rr - 2r^2 - 16Rr + 5r^2) \leq 20R^2r^2 + r^4 \Leftrightarrow 3(4R^2 + 4Rr + 3r^2) \leq 20R^2 + r^2 \\ \Leftrightarrow 2R^2 - 3Rr - 2r^2 \geq 0 \Leftrightarrow (R - 2r)(2R + r) \geq 0, \text{ which is obvious from Euler's inequality: } R \geq 2r.$$

The equality holds for an equilateral triangle. \square

Let's pass to solving inequality 2.

In $\triangle ABC$

$$\sum \frac{1}{\sin^4 \frac{A}{2}} \geq \frac{(72Rr)^2}{\sum a^4}.$$

Inequality 2. is equivalent with:

$$\sum a^4 \cdot \sum \frac{1}{\sin^4 \frac{A}{2}} \geq (72Rr)^2, \text{ which follows from using the known identity in triangle}$$

$$\sum a^4 = 2 \left[p^4 - 2p^2(4Rr + 3r^2) + r^2(4R + r)^2 \right] \text{ and the inequality } \sum \frac{1}{\sin^4 \frac{A}{2}} \geq \frac{12R^2}{r^2}$$

which we've proved in **Lemma 2**.

It is enough to prove that:

$$2 \left[p^4 - 2p^2(4Rr + 3r^2) + r^2(4R + r)^2 \right] \cdot \frac{12R^2}{r^2} \geq (72Rr)^2 \Leftrightarrow$$

$$p^4 - 2p^2(4Rr + 3r^2) + r^2(4R + r)^2 \geq 216r^4 \Leftrightarrow p^2(p^2 - 8Rr - 6r^2) + r^2(4R + r)^2 \geq 216r^4$$

which follows from Gerretsen's inequality $p^2 \geq 16Rr - 5r^2$ and the remark that $p^2 - 8Rr - 6r^2 > 0$.

It remains to prove that:

$$(16Rr - 5r^2)(16Rr - 5r^2 - 8Rr - 6r^2) + r^2(4R + r)^2 \geq 216r^4 \Leftrightarrow$$

$$(16Rr - 5r^2)(8Rr - 11r^2) + r^2(4R + r)^2 \geq 216r^4 \Leftrightarrow$$

$$(16R - 5r)(8R - 11r) + (4R + r)^2 \geq 216r^2 \Leftrightarrow 9R^2 - 13Rr - 10r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(9R + 5r) \geq 0, \text{ obvious from Euler's inequality: } R \geq 2r.$$

The inequality holds for an equilateral triangle.

Remark

Inequality 2. is stronger than inequality 1.: \square

5. In $\triangle ABC$

$$\sum \frac{1}{\sin^4 \frac{A}{2}} \geq \frac{(72Rr)^2}{\sum a^4} \geq \frac{(12r)^4}{\sum a^4}$$

Proof.

See inequality 2. and Euler's inequality $R \geq 2r$.

The inequality holds for an equilateral triangle. \square

6. If $a, b, c > 0$ and $ab + bc + ca = 3$ prove that

$$\sum \frac{a^3 + b^3}{a^2 + ab + b^2} \geq 2$$

Proposed by Nguyen Viet Hung - Hanoi - Vietnam

Remark

The inequality can be developed:

If $a, b, c > 0$ and $ab + bc + ca = 3$ prove that

$$\sum \frac{a^3 + b^3}{a^2 + nab + b^2} \geq \frac{6}{n+2}, \text{ where } n \geq 0.$$

Proposed by Marin Chirciu - Romania

Proof.

We have $\frac{a^2 - ab + b^2}{a^2 + nab + b^2} \geq \frac{1}{n+2} \Leftrightarrow (n+1)(a-b)^2 \geq 0$, obvious, with equality for $a = b$.

We obtain $\sum \frac{(a+b)(a^2 - ab + b^2)}{a^2 + nab + b^2} \geq \sum (a+b) \cdot \frac{1}{n+2} = \frac{2 \sum a}{n+2} \geq \frac{6}{n+2}$, wherefrom the last inequality is equivalent with $\sum a \geq 3 \Leftrightarrow (\sum a)^2 \geq 9$, which is true from

$$(a+b+c)^2 \geq 3(ab+bc+ca) = 9.$$

The equality holds if and only if $a = b = c = 1$.

□

Remark

For $n = 1$ we obtain **Problem 171** from TRIANGLE MARATHON 101 -200,
proposed by Nguyen Viet Hung - Hanoi - Vietnam

7. In $\triangle ABC$

$$\sum \frac{b^4 + c^4}{\tan^2 \frac{B}{2} + \tan^2 \frac{C}{2}} \geq 48S^2.$$

Proposed by George Apostolopoulos - Messolonghi - Greece

Remark

The inequality can be developed:

In $\triangle ABC$

$$\sum \frac{b^4 + nc^4}{\tan^2 \frac{B}{2} + n \tan^2 \frac{C}{2}} \geq 48S^2, \text{ where } n \geq 0.$$

Proposed by Marin Chirciu - Romania

Proof.

We have $a^2 \geq 4(p-b)(p-c) \Leftrightarrow a^2 \geq (a+b-c)(a+c-b) \Leftrightarrow a^2 \geq a^2 - (b-c)^2 \Leftrightarrow (b-c)^2 \geq 0$

We obtain:

$$b^4 + nc^4 \geq 16(p-a)^2(p-c)^2 + n \cdot 16(p-a)^2(p-b)^2 = 16(p-a)^2 \left[(p-c)^2 + n(p-b)^2 \right];$$

$$\tan^2 \frac{B}{2} + n \tan^2 \frac{C}{2} = \frac{(p-a)(p-c)}{p(p-b)} + n \cdot \frac{(p-a)(p-b)}{p(p-c)} = \frac{p-a}{p(p-b)(p-c)} \left[(p-c)^2 + n(p-b)^2 \right]$$

It follows

$$\frac{b^4 + nc^4}{\tan^2 \frac{B}{2} + n \tan^2 \frac{C}{2}} \geq \frac{16(p-a)^2 [(p-c)^2 + n(p-b)^2]}{\frac{p-a}{p(p-b)(p-c)} [(p-c)^2 + n(p-b)^2]} = 16p(p-a)(p-b)(p-c) = 16S^2$$

$$\text{We deduce that } \sum \frac{b^4 + nc^4}{\tan^2 \frac{B}{2} + n \tan^2 \frac{C}{2}} \geq \sum 16S^2 = 48S^2.$$

The equality holds for an equilateral triangle.

□

Remark

*For $n = 1$ we obtain **Problem 137** from TRIANGLE MARATHON 101 - 200, proposed by George Apostolopoulos - Messolonghi - Greece.*

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