

Romanian Mathematical Magazine
 Web: <http://www.ssmrmh.ro>
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PROBLEM 298
TRIANGLE MARATHON 201 - 300
ROMANIAN MATHEMATICAL MAGAZINE
2017

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1. In ΔABC

$$m_a \cos \frac{A}{2} + m_b \cos \frac{B}{2} + m_c \cos \frac{C}{2} \geq \frac{9r\sqrt{3}}{2}$$

Proposed by Kevin Soto Palacios - Huarmey - Peru

Remark.

The inequality can be strengthened:

2. In ΔABC

$$m_a \cos \frac{A}{2} + m_b \cos \frac{B}{2} + m_c \cos \frac{C}{2} \geq \frac{3p}{2}$$

Proposed by Marin Chirciu - Romania

Proof.

$$\text{We use the remarkable inequality } m_a \geq \frac{b+c}{2} \cos \frac{A}{2}$$

We obtain:

$$\begin{aligned} \sum m_a \cos \frac{A}{2} &\geq \sum m_a \cos^2 \frac{A}{2} = \sum \frac{b+c}{2} \cdot \frac{p(p-a)}{bc} = \frac{p}{2} \cdot \frac{a(b+c)(p-a)}{abc} = \\ &= \frac{p}{2} \cdot \frac{12pRr}{4pRr} = \frac{3p}{2}. \end{aligned}$$

The equality holds if and only if the triangle is equilateral.

□

Remark.

Inequality 2. is stronger than Inequality 1.:

3. In ΔABC

$$m_a \cos \frac{A}{2} + m_b \cos \frac{B}{2} + m_c \cos \frac{C}{2} \geq \frac{3p}{2} \geq \frac{9r\sqrt{3}}{2}.$$

Proof.

See inequality 2. and Mitrinović's inequality: $p \geq 3r\sqrt{3}$.

The equality holds if and only if the triangle is equilateral.

□

In the same mode can be proposed:

4. In ΔABC

$$m_a \sin \frac{A}{2} + m_b \sin \frac{B}{2} + m_c \sin \frac{C}{2} \geq \frac{ab + bc + ca}{4R}$$

Proof.

Using the remarkable inequality $m_a \geq \frac{b+c}{2} \cos \frac{A}{2}$, we obtain:

$$\sum m_a \sin \frac{A}{2} \geq \sum \frac{b+c}{2} \cos \frac{A}{2} \sin \frac{A}{2} = \frac{1}{4} \sum (b+c) \sin A = \frac{1}{4} \sum (b+c) \cdot \frac{a}{2R} = \frac{ab + bc + ca}{4R}.$$

The equality holds if and only if the triangle is equilateral.

□

5. In ΔABC

$$m_a \sin \frac{A}{2} + m_b \sin \frac{B}{2} + m_c \sin \frac{C}{2} \geq \frac{s\sqrt{3}}{R}$$

Proof.

See 4. and the remarkable inequality $ab + bc + ca \geq 4S\sqrt{3}$.

The equality holds if and only if the triangle is equilateral.

□

6. In ΔABC

$$m_a \sin \frac{A}{2} + m_b \sin \frac{B}{2} + m_c \sin \frac{C}{2} \geq \frac{r(5R - r)}{R}$$

Proof.

See 4., the identity $ab + bc + ca = p^2 + r^2 + 4Rr$ and Gerretsen's inequality

$$p^2 \geq 16Rr - 5r.$$

The equality holds if and only if the triangle is equilateral.

□

The following inequalities can be written:

7. In ΔABC

$$m_a \sin \frac{A}{2} + m_b \sin \frac{B}{2} + m_c \sin \frac{C}{2} \geq \frac{p^2 + r^2 + 4Rr}{4R} \geq \frac{r(5R - r)}{R} \geq \frac{s\sqrt{3}}{R} \geq \frac{9r^2}{R}$$

Proposed by Marin Chirciu - Romania

Proof.

See 4. the identity $ab + bc + ca = p^2 + r^2 + 4Rr$, Gerretsen's inequality $p^2 \geq 16Rr - 5r$, Doucet's inequality $4R + r \geq p\sqrt{3}$ and Mitrinović's inequality: $p \geq 3r\sqrt{3}$.

The equality holds if and only if the triangle is equilateral.

□

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