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ABOUT AN INEQUALITY BY ERTAN YILDIRIM-IX

By Marin Chirciu-Romania

Edited by Florică Anastase-Romania

1)In $\triangle ABC$ the following relationship holds:

$$(1+m_a)(1+m_b)(1+m_c) \ge (1+3r)^3$$

Proposed by Ertan Yildirim-Turkey

Solution.

Using Huygens Inequality:
$$(1+x)(1+y)(1+z) \ge (1+\sqrt[3]{xyz})^3$$
 with

$$x=m_a, y=m_b, z=m_c$$
, we get:

$$(1+m_a)(1+m_b)(1+m_c) \ge \left(1+\sqrt[3]{m_a m_b m_c}\right)^3 \stackrel{(1)}{\ge} (1+3r)^3$$

$$(1) \Leftrightarrow m_a m_b m_c \geq 27 r^3$$
 , which follows from $m_a \geq \sqrt{s(s-a)}$ and

$$s \geq 3\sqrt{3}r(Mitrinovic).$$

$$m_a m_b m_c \ge \sqrt{s(s-a)} \sqrt{s(s-b)} \sqrt{s(s-c)} = sF = s \cdot rs = rs^2 \ge r \cdot 27r^2 = 27r^3$$

Equality holds if and only if triangle is equilateral.

Remark. Inequality can be developed.

2) In $\triangle ABC$ the following relationship holds:

$$(\lambda + m_a)(\lambda + m_b)(\lambda + m_c) \ge (\lambda + 3r)^3, \lambda \ge 0$$

Proposed by Marin Chirciu-Romania

Solution. Using Holder Inequality

$$(a+x)(b+y)(c+z) \geq \left(\sqrt[3]{abc} + \sqrt[3]{xyz}\right)^3, \forall a,b,c,x,y,z \geq 0,$$
 for $a=b=c=\lambda, x=m_a, y=m_b, z=m_c$, we have: $(\lambda+m_a)(\lambda+m_b)(\lambda+m_c) \geq \left(\sqrt[3]{\lambda^3} + \sqrt[3]{m_am_bm_c}\right)^3 \stackrel{(1)}{\geq} (\lambda+3r)^3$ $(1) \Leftrightarrow m_am_bm_c \geq 27r^3$, which follows from $m_a \geq \sqrt{s(s-a)}$ and $s \geq 3\sqrt{3}r(Mitrinovic)$.



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$$m_a m_b m_c \ge \sqrt{s(s-a)} \sqrt{s(s-b)} \sqrt{s(s-c)} = sF = s \cdot rs = rs^2 \ge r \cdot 27r^2 = 27r^3$$

Equality holds if and only if triangle is equilateral.

Note.

For $\lambda=0$, it follows well-known inequality: $m_a m_b m_c \geq 27 r^3.$

For $\lambda = 1$, it follows problem proposed by Ertan Yildirim in RMM 8/2019.

Remark. If replace m_a with r_a , we get:

3) In $\triangle ABC$ the following relationship holds:

$$(\lambda + r_a)(\lambda + r_b)(\lambda + r_c) \ge (\lambda + 3r)^3, \lambda \ge 0$$

Proposed by Marin Chirciu-Romania

Solution. Using Holder Inequality

$$(a+x)(b+y)(c+z) \geq \left(\sqrt[3]{abc} + \sqrt[3]{xyz}\right)^3, \forall a, b, c, x, y, z \geq 0,$$

$$a=b=c=\lambda$$
, $x=r_a$, $y=r_b$, $z=r_c$, we get:

$$(\lambda + r_a)(\lambda + r_b)(\lambda + r_c) \ge \left(\sqrt[3]{\lambda^3} + \sqrt[3]{r_a r_b r_c}\right)^3 \stackrel{(1)}{\ge} (\lambda + 3r)^3$$

 $(1) \Leftrightarrow r_a r_b r_c \geq 27 r^3 \text{, which follows from } r_a = \frac{F}{s-a} \text{ and } s \geq 3\sqrt{3} r(\textit{Mitrinovic}).$

$$r_a r_b r_c = \frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c} = \frac{F^3}{(s-a)(s-b)(s-c)} = \frac{r^3 s^3}{r^2 s} = r s^2 \ge r \cdot 27 r^2 = 27 r^3$$

Equality holds if and only if triangle is equilateral.

Note.

For $\lambda=0$, it follows well-known inequality $r_a r_b r_c \geq 27 r^3$.

For $\lambda=1$, it follows $(1+r_a)(1+r_b)(1+r_c)\geq (1+3r)^3$.

4) In $\triangle ABC$ the following relationship holds:

$$(\lambda + h_a)(\lambda + h_b)(\lambda + h_c) \ge \left(\lambda + 3r \cdot \sqrt[3]{\frac{2r}{R}}\right)^3$$
, $\lambda \ge 0$

Proposed by Marin Chirciu-Romania

Solution. Using Holder Inequality



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$$(a+x)(b+y)(c+z) \ge \left(\sqrt[3]{abc} + \sqrt[3]{xyz}\right)^3, \forall a, b, c, x, y, z \ge 0,$$

$$a = b = c = \lambda, x = h_a, y = h_b, z = h_c, \text{ we get:}$$

$$(\lambda + h_a)(\lambda + h_b)(\lambda + h_c) \ge \left(\sqrt[3]{\lambda^3} + \sqrt[3]{h_a h_b h_c}\right)^3 \stackrel{(1)}{\ge} \left(\lambda + 3r \cdot \sqrt[3]{\frac{2r}{R}}\right)^3$$

 $(1) \Leftrightarrow h_a h_b h_c \geq 27 r^3 \cdot \frac{2r}{R}$, which follows from $h_a = \frac{2F}{a}$ and $s \geq 3\sqrt{3}r(Mitrinovic)$.

$$h_a h_b h_c = \frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c} = \frac{8F^3}{abc} = \frac{8r^3s^3}{4Rrs} = \frac{2r^2s^2}{4Rrs} = \frac{2r^2s^2}{R} \ge \frac{2r^2 \cdot 27r^2}{R} = \frac{2r \cdot 27r^3}{R}$$

Equality holds if and only if triangle is equilateral.

5) In $\triangle ABC$ the following relationship holds:

$$(\lambda + w_a)(\lambda + w_b)(\lambda + w_c) \ge \left(\lambda + 3r \cdot \sqrt[3]{\frac{2r}{R}}\right)^3, \lambda \ge 0$$

Proposed by Marin Chirciu-Romania

Solution. Using Holder Inequality

$$(a+x)(b+y)(c+z) \ge \left(\sqrt[3]{abc} + \sqrt[3]{xyz}\right)^3, \forall a, b, c, x, y, z \ge 0,$$

$$a=b=c=\lambda, x=w_a, y=w_b, z=w_c, \text{ we get:}$$

$$(\lambda + w_a)(\lambda + w_b)(\lambda + w_c) \ge \left(\sqrt[3]{\lambda^3} + \sqrt[3]{w_a w_b w_c}\right)^3 \stackrel{(1)}{\ge} \left(\lambda + 3r \cdot \sqrt[3]{\frac{2r}{R}}\right)^3$$

$$(1)\Leftrightarrow w_aw_bw_c\geq 27r^3\cdot rac{2r}{R}$$
, which follows from $w_a=rac{2bc}{b+c}cosrac{A}{2}$ and

$$s \geq 3\sqrt{3}r(Mitrinovic).$$

$$\begin{split} w_a w_b w_c &= \frac{2bc}{b+c} cos \frac{A}{2} \cdot \frac{2ca}{c+a} cos \frac{B}{2} \cdot \frac{2ab}{a+b} cos \frac{C}{2} = \frac{8a^2b^2c^2}{(a+b)(b+c)(c+a)} \prod_{cyc} cos \frac{A}{2} = \\ &= \frac{8 \cdot 16R^2r^2s^2}{2s(s^2+r^2+2Rr)} \cdot \frac{s}{4R} = \frac{16Rr^2s^2}{s^2+r^2+2Rr} \ge \frac{16Rr^2 \cdot 27r^2}{s^2+r^2+2Rr} \stackrel{(1)}{\ge} 27r^3 \cdot \frac{2r}{R}, \\ &(1) \Leftrightarrow \frac{16Rr}{s^2+r^2+2Rr} \ge \frac{2r}{R} \Leftrightarrow s^2 \le 8R^2 - 2Rr - r^2, \text{ which follows from} \\ &s^2 \le 4R^2 + 4Rr + 3r^2 (Gerretsen). \end{split}$$



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Remains to prove that: $4R^2+4Rr+3r^2\leq 8R^2-2Rr-r^2\Leftrightarrow 2R^2-3Rr-2r^2\geq 0\Leftrightarrow (R-2r)(2R+r)\geq 0$, which is obviously true from $R\geq 2r(Euler)$.

Equality holds if and only if triangle is equilateral.

References:

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