

## ABOUT A FEW INEQUALITIES IN TRIANGLE

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In [1]. Arkady M. Alt has proved the following inequality:

$$(a^2 + 2)(b^2 + 2)(c^2 + 2) \geq 9(ab + bc + ca); \forall a, b, c > 0; (1)$$

In  $\Delta ABC$  with  $F$ -area, holds:

$$(a^2 + 2)(b^2 + 2)(c^2 + 2) \geq 36\sqrt{3} \cdot F; (2)$$

*Proof.* If in (1)  $a, b, c$ -are the lengths sides of a triangle  $ABC$ , then:

$$(a^2 + 2)(b^2 + 2)(c^2 + 2) \geq 9(ab + bc + ca) \stackrel{Gordon}{\geq} 9 \cdot 4\sqrt{3}F = 36\sqrt{3} \cdot F$$

**Theorem 1.** If  $x, y, z > 0$  then in  $\Delta ABC$  with  $F$ -area, the following relationship holds:

$$\left( \frac{x^2 a^4}{(y+z)^2} + 1 \right) \left( \frac{y^2 b^4}{(z+x)^2} + 1 \right) \left( \frac{z^2 c^4}{(x+y)^2} + 1 \right) \geq 36 \cdot F^2; (*)$$

**Theorem 2.** If  $x, y, z > 0$  then in  $\Delta ABC$  with  $F$ -area, the following relationship holds:

$$\left( \frac{x^2 a^8}{(y+z)^2} + 1 \right) \left( \frac{y^2 b^8}{(z+x)^2} + 1 \right) \left( \frac{z^2 c^8}{(x+y)^2} + 1 \right) \geq 48 \cdot F^4; (**)$$

To prove the above inequality, first, we prove the next Lemma:

**Lemma:** If  $u, v, w > 0$ , then holds:

$$(u^2 + 1)(v^2 + 1)(w^2 + 1) \geq \frac{3}{4}(u + v + w)^2; (3)$$

*Proof.* We have:

$$(i) : (u^2 + 1)(v^2 + 1) \geq (u + v)^2 \Leftrightarrow u^2 v^2 + u^2 + v^2 + 1 \geq u^2 + 2uv + v^2 \Leftrightarrow \\ u^2 v^2 - 2uv + 1 \geq 0 \Leftrightarrow (uv - 1)^2 \geq 0 \text{ true!}$$

and

$$(ii) : (u^2 + 1)(v^2 + 1) \geq \frac{3}{4}((u + v)^2 + 1) \Leftrightarrow u^2 v^2 + u^2 + v^2 + 1 \geq \frac{3}{4}(u^2 + 2uv + v^2 + 1) \Leftrightarrow \\ 4u^2 v^2 + 4u^2 + 4v^2 + 4 \geq 3u^2 + 3v^2 + 6uv + 3 \Leftrightarrow 4u^2 v^2 - 4uv + 1 + u^2 - 2uv + v^2 \geq 0 \Leftrightarrow \\ (2uv - 1)^2 + (u - v)^2 \geq 0 \text{ true!}$$

Hence, we have:

$$(u^2 + 1)(v^2 + 1)(w^2 + 1) \stackrel{(ii)}{\geq} \frac{3}{4}((u + v)^2 + 1)(w^2 + 1) \stackrel{(i)}{\geq} \frac{3}{4}((u + v) + w)^2 \Leftrightarrow$$

$$(u^2 + 1)(v^2 + 1)(w^2 + 1) \geq \frac{3}{4}(u + v + w)^2$$

*Proof of Theorem 1.*

In Lemma, we take:  $u = \frac{xa^2}{y+z}, v = \frac{yb^2}{z+x}, w = \frac{zc^2}{x+y}$ , we get:

$$\begin{aligned} \prod_{cyc} \left( \frac{x^2 a^4}{(y+z)^2} + 1 \right) &\geq \frac{3}{4} \left( \sum_{cyc} \frac{x}{y+z} \cdot a^2 \right)^2 \stackrel{Tsintsifas}{\geq} \\ &\geq \frac{3}{4} (4\sqrt{3} \cdot F)^2 = \frac{3 \cdot 16 \cdot 3 \cdot F^2}{4} = 36 \cdot F^2 \end{aligned}$$

*Proof of Theorem 2.*

If in Lemma, we take:  $u = \frac{xa^4}{y+z}, v = \frac{yb^4}{z+x}, w = \frac{zc^4}{x+y}$ , we get:

$$\begin{aligned} \prod_{cyc} \left( \frac{x^2 a^8}{(y+z)^2} + 1 \right) &\geq \frac{3}{4} \left( \sum_{cyc} \frac{xa^4}{y+z} \right)^2 = \\ &= \frac{3}{4} \left( \sum_{cyc} \frac{x^2 a^4}{xy+xz} \right)^2 \stackrel{Bergstrom}{\geq} \frac{3}{4} \left( \frac{xa^2 + yb^2 + zc^2}{2(xy+yz+zx)} \right)^2 = \\ &= \frac{3}{4} \frac{(xa^2 + yb^2 + zc^2)^4}{(2(xy+yz+zx))^2} = \frac{3}{16} \frac{(xa^2 + yb^2 + zc^2)^4}{(xy+yz+zx)^2} \geq \\ &\stackrel{Oppenheim}{\geq} \frac{3(16(xy+yz+zx)F^2)^2}{16(xy+yz+zx)^2} = 3 \cdot 16 \cdot F^4 = 48 \cdot F^4 \end{aligned}$$

#### REFERENCE:

- [1]. **Alt M. Arkady**, ABOUT ONE INEQUALITY FROM A.P.M.O-2004-NEW SOLUTION AND GENERALIZATIONS-Octogon Mathematical Magazine, Vol. 27, No.1, April 2019, pag.228-232.