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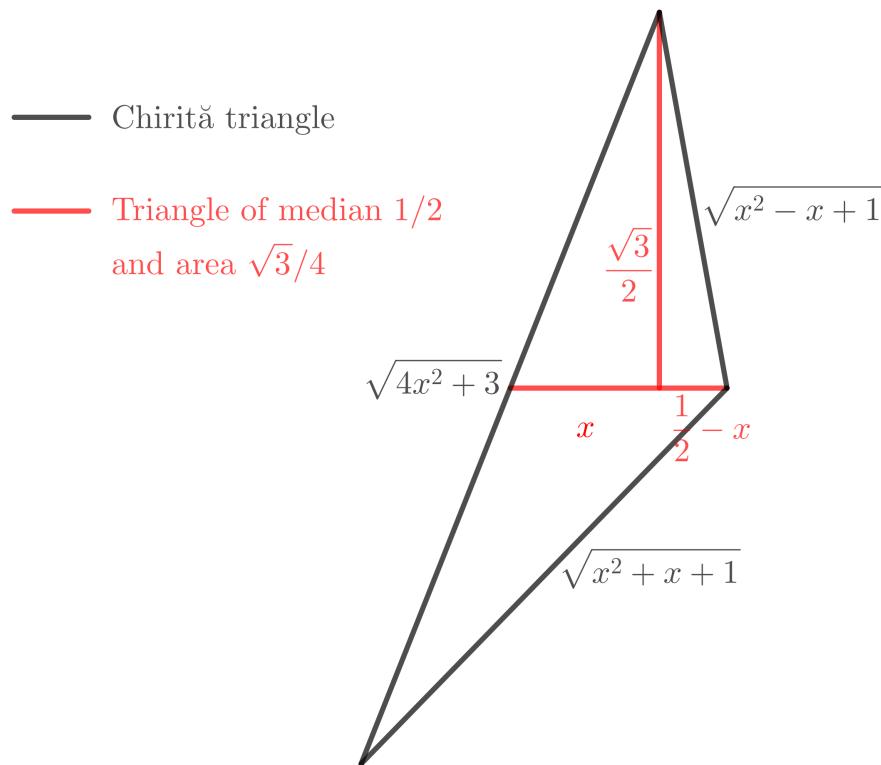
## Proof without words: the Chiriță-Sitaru-Nănuți theorem and its converse

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**Theorem.** The Chiriță triangles (triangles of sides  $\sqrt{4x^2 + 3}$ ,  $\sqrt{x^2 - x + 1}$ ,  $\sqrt{x^2 + x + 1}$ ) are exactly the triangles of median  $1/2$  and area  $\sqrt{3}/4$ .



The left-right implication is equivalent to propositions 2 and 3 of D. Sitaru, C. Nănuți. Metric relationships in Chiriță's triangle. Romanian Mathematical Magazine, November 2019.