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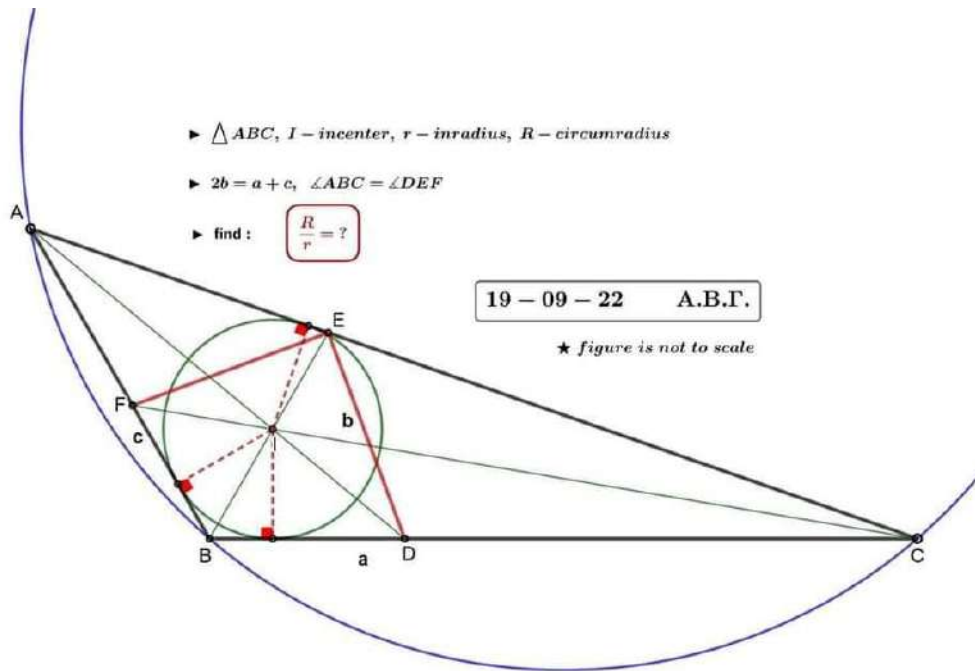
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1101.



$$2b = a + c, \text{ and } \angle DEF = \angle ABC \Rightarrow \frac{R}{r} = ?$$

Proposed by Thanasis Gakopoulos-Farsala-Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 &\text{Angle - bisector theorem} \Rightarrow \frac{AF}{BF} = \frac{b}{a} \Rightarrow \frac{AF + BF}{BF} = \frac{b + a}{a} \\
 &\Rightarrow BF \stackrel{(i)}{=} \frac{ca}{a + b} \text{ and also, angle - bisector theorem} \Rightarrow \frac{AE}{CE} = \frac{c}{a} \\
 &\Rightarrow \frac{AE + CE}{CE} = \frac{c + a}{a} \Rightarrow CE \stackrel{(ii)}{=} \frac{ab}{c + a} \\
 &\text{Now, cosine law} \Rightarrow \left(BF^2 + w_b^2 - 2BF \cdot w_b \cdot \cos \frac{B}{2} \right) + \left(CE^2 + w_c^2 - 2CE \cdot w_c \cdot \cos \frac{C}{2} \right) \\
 &= 2FE^2 \stackrel{\text{via (i),(ii)}}{\Rightarrow} \frac{a^2 b^2}{(c + a)^2} + \frac{4ca}{(c + a)^2} \cdot s(s - b) - 2 \cdot \frac{ca}{a + b} \cdot \frac{2ca}{c + a} \cdot \frac{s(s - b)}{ca} \\
 &\quad + \frac{c^2 a^2}{(a + b)^2} + \frac{4ab}{(a + b)^2} \cdot s(s - c) - 2 \cdot \frac{ab}{c + a} \cdot \frac{2ab}{a + b} \cdot \frac{s(s - c)}{ab} = 2FE^2 \\
 &\Rightarrow 2FE^2 = \frac{a^2 b^2}{(c + a)^2} + \frac{c^2 a^2}{(a + b)^2} + \frac{4ca}{c + a} \cdot s(s - b) \left(\frac{1}{c + a} - \frac{1}{a + b} \right) \\
 &\quad + \frac{4ab}{a + b} \cdot s(s - c) \left(\frac{1}{a + b} - \frac{1}{c + a} \right) \\
 &= \frac{a^2 b^2}{(c + a)^2} + \frac{c^2 a^2}{(a + b)^2} + \frac{4as(b - c)}{(c + a)(a + b)} \cdot \left(\frac{c(s - b)}{c + a} - \frac{b(s - c)}{a + b} \right)
 \end{aligned}$$

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$$\begin{aligned}
 &= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} \\
 &+ \frac{4as(b-c)}{(c+a)^2(a+b)^2} \cdot (c(s-b)(s+s-c) - b(s-c)(s+s-b)) \\
 &= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} \\
 &+ \frac{4as(b-c)}{(c+a)^2(a+b)^2} \cdot (cs(s-b) - bs(s-c) + c(s-b)(s-c) - c(s-b)(s-c)) \\
 &= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} - \frac{4as(b-c)^2}{(c+a)^2(a+b)^2} \cdot (s^2 + (s-b)(s-c)) \\
 &= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} - \frac{4as(b-c)^2}{(c+a)^2(a+b)^2} \cdot (s^2 + s^2 - s(2s-a) + bc) \\
 &= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} - \frac{4as(b-c)^2}{(c+a)^2(a+b)^2} \cdot (as + bc) \\
 &= \frac{a^2b^2 + c^2a^2 - a^2(b-c)^2(a+b+c)^2 - 2abc(a+b+c)(b-c)^2}{(c+a)^2(a+b)^2} \\
 &= \frac{2a^3bc(a+b+c) + 2a^2b^2c^2 - 2abc(a+b+c)(b-c)^2}{(c+a)^2(a+b)^2} \\
 &= \frac{2abc(a+b+c)(a^2 - (b-c)^2) + 2a^2b^2c^2}{(c+a)^2(a+b)^2} \\
 \therefore FE^2 &= \frac{abc(a+b+c)(a^2(b+c)^2 - (b^2 - c^2)^2) + a^2b^2c^2(b+c)^2}{(c+a)^2(a+b)^2(b+c)^2} \text{ and analogs} \\
 &\Rightarrow FE^2 + DE^2 - DF^2 \stackrel{(*)}{=} \\
 &\frac{abc(a+b+c)(a^2(b+c)^2 + c^2(a+b)^2 - b^2(c+a)^2 - (b^2 - c^2)^2 - (a^2 - b^2)^2 + (c^2 - a^2)^2)}{(c+a)^2(a+b)^2(b+c)^2} \\
 &+ \frac{a^2b^2c^2((b+c)^2 + (a+b)^2 - (c+a)^2)}{(c+a)^2(a+b)^2(b+c)^2} \\
 \text{Now, } P &= a^2(b+c)^2 + c^2(a+b)^2 - b^2(c+a)^2 - (b^2 - c^2)^2 - (a^2 - b^2)^2 \\
 &+ (c^2 - a^2)^2 = 2b^2c^2 + 2a^2b^2 - 2b^4 + 2abc(a+c-b) \\
 &= \frac{2(c+a)^2(c^2 + a^2 - \frac{(c+a)^2}{4})}{4} + ca(c+a)\left(c+a - \frac{c+a}{2}\right) \\
 &= \frac{(c+a)^2}{2} \cdot \left(c^2 + a^2 + ca - \frac{(c+a)^2}{4}\right) \Rightarrow P = \frac{(\bullet) (c+a)^2(3c^2 + 3a^2 + 2ca)}{8} \\
 \text{Again, } Q &= (b+c)^2 + (a+b)^2 - (c+a)^2 = 2b(a+b+c) - 2ca \\
 &= (c+a)\left(c+a + \frac{c+a}{2}\right) - 2ca \Rightarrow Q \stackrel{(\bullet\bullet)}{=} \frac{3c^2 + 3a^2 + 2ca}{2} \\
 \therefore (*), (\bullet), (\bullet\bullet) &\Rightarrow FE^2 + DE^2 - DF^2 \\
 &= \frac{ca\left(\frac{c+a}{2}\right)\left(c+a + \frac{c+a}{2}\right)\frac{(c+a)^2(3c^2 + 3a^2 + 2ca)}{8} + c^2a^2 \cdot \frac{(c+a)^2}{4} \cdot \frac{3c^2 + 3a^2 + 2ca}{2}}{(a+b)^2(b+c)^2(c+a)^2}
 \end{aligned}$$

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$$= \frac{ca(c+a)^2(3c^2+3a^2+2ca)}{8(a+b)^2(b+c)^2(c+a)^2} \left(\frac{3(c+a)^2}{4} + ca \right)$$

$$\Rightarrow \boxed{FE^2 + DE^2 - DF^2 \stackrel{(\blacksquare)}{=} \frac{ca(c+a)^2(3c^2+3a^2+2ca)(3c+a)(c+3a)}{32(a+b)^2(b+c)^2(c+a)^2}}$$

$$\text{Now, [DEF] + [BDF] = [BEF] + [BED] \Rightarrow \frac{1}{2} \cdot FE \cdot DE \cdot \sin B + \frac{1}{2} \cdot \frac{ca}{b+c} \cdot \frac{ca}{a+b} \cdot \sin B$$

$$= \frac{1}{2} \cdot \frac{ca}{a+b} \cdot \frac{2ca \cdot \cos \frac{B}{2}}{c+a} \cdot \sin \frac{B}{2} + \frac{1}{2} \cdot \frac{ca}{b+c} \cdot \frac{2ca \cdot \cos \frac{B}{2}}{c+a} \cdot \sin \frac{B}{2}$$

$$\Rightarrow FE \cdot DE \cdot \sin B + \frac{ca(c+a)^2 \cos^2 \frac{B}{2}}{(b+c)(a+b)} = \frac{ca(c+a)^2 \cos^2 \frac{B}{2}}{(a+b)(c+a)} + \frac{ca(c+a)^2 \cos^2 \frac{B}{2}}{(b+c)(c+a)}$$

$$\Rightarrow FE \cdot DE = \frac{c^2 a^2 (b+c+a+b-c-a)}{(a+b)(b+c)(c+a)} \Rightarrow 2FE \cdot DE \cdot \cos B = \frac{4bc^2 a^2 \left(\frac{c^2+a^2-b^2}{2ca} \right)}{(a+b)(b+c)(c+a)}$$

$$= \frac{ca(c+a) \left(c^2 + a^2 - \frac{(c+a)^2}{4} \right)}{(a+b)(b+c)(c+a)}$$

$$\Rightarrow \boxed{2FE \cdot DE \cdot \cos(\sphericalangle DEF) \stackrel{(\blacksquare\blacksquare)}{=} \frac{ca(c+a)(3c^2+3a^2-2ca)}{4(a+b)(b+c)(c+a)}} \quad (\because \cos B = \cos(\sphericalangle DEF))$$

$$\text{Now, } (\blacksquare), (\blacksquare\blacksquare) \Rightarrow \frac{ca(c+a)^2(3c^2+3a^2+2ca)(3c+a)(c+3a)}{32(a+b)^2(b+c)^2(c+a)^2}$$

$$= \frac{ca(c+a)(3c^2+3a^2-2ca)}{4(a+b)(b+c)(c+a)} \Rightarrow \frac{(3c^2+3a^2+2ca)(3c+a)(c+3a)}{8 \left(a + \frac{c+a}{2} \right) \left(\frac{c+a}{2} + c \right)}$$

$$= 3c^2 + 3a^2 - 2ca \Rightarrow \frac{(3c^2+3a^2+2ca)(3c+a)(c+3a)}{2(3c+a)(c+3a)} = 3c^2 + 3a^2 - 2ca$$

$$\Rightarrow 3c^2 + 3a^2 + 2ca = 6c^2 + 6a^2 - 4ca \Rightarrow 3c^2 + 3a^2 - 6ca = 0 \Rightarrow 3(c-a)^2 = 0$$

$$\Rightarrow c = a \text{ and } \because 2b = c + a \therefore 2b = 2c = 2a \Rightarrow a = b = c$$

$$\Rightarrow \Delta ABC \text{ is equilateral} \Rightarrow \frac{R}{r} = 2 \text{ (ans)}$$

1102. In any acute ΔABC holds:

$$6 \max\{h_a, h_b, h_c\} \geq 3 \min\{r_a, r_b, r_c\} + \sum_{cyc} n_a$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$3 \cdot \min\{r_a, r_b, r_c\} + \sum_{cyc} n_a \leq 3 \cdot \min\{r_a, r_b, r_c\} + 3 \cdot \max\{n_a, n_b, n_c\}$$

$$\stackrel{?}{\leq} 6 \cdot \max\{h_a, h_b, h_c\} \Leftrightarrow \max\{n_a, n_b, n_c\} + \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} 2 \cdot \max\{h_a, h_b, h_c\} \quad (\bullet)$$

$$\text{WLOG we may assume } a \leq b \leq c \text{ and then, } (\bullet) \Leftrightarrow n_a + r_a \stackrel{(\bullet\bullet)}{\leq} 2h_a$$

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$$\begin{aligned} \text{Now, } \frac{b+c}{a} &\geq \frac{R}{r} = \frac{abcs}{4F^2} = \frac{2abc}{(b+c-a)(c+a-b)(a+b-c)} \\ &\Leftrightarrow (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \geq 2a^2bc \\ &\Leftrightarrow (ab + b^2 - bc + ca + bc - c^2)(bc + ab - b^2 + c^2 + ca - bc - ca - a^2 + ab) \\ &\quad \geq 2a^2bc \Leftrightarrow 2a^2b^2 + 2a^2bc + 2ab(b^2 - c^2) \\ &\quad - (a^2 + b^2 - c^2)(ab + ac + b^2 - c^2) \geq 2a^2bc \\ &\Leftrightarrow 2a^2b^2 - (a^2 + b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) - 2ab(b^2 - c^2) \cdot \cos C \geq 0 \\ &\Leftrightarrow 2a^2b^2 - a^2(ab + ac) - (b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) \cdot 2 \sin^2 \frac{C}{2} \geq 0 \\ &\Leftrightarrow a^2(2b^2 - ab - ac) - (b^2 - c^2)(ab + ac) + (b^2 - c^2)(c^2 - (a-b)^2) \geq 0 \\ &\Leftrightarrow a^2(2b^2 - ab - ac) + (b^2 - c^2)(c^2 - a^2 - b^2 + 2ab - ab - ac) \geq 0 \\ &\quad \Leftrightarrow ((a^2 - b^2 + c^2) + (b^2 - c^2))(2b^2 - ab - ac) \\ &\quad + (b^2 - c^2)(c^2 - a^2 - b^2 + ab - ac) \geq 0 \\ &\Leftrightarrow (c^2 + a^2 - b^2)(2b^2 - ab - ac) + (b^2 - c^2)(b^2 + c^2 - a^2 - 2ac) \geq 0 \\ &\Leftrightarrow (b^2 - c^2)(b^2 + c^2 - 2ac) - (b^2 - c^2)(2b^2 - ab - ac) + a^2(2b^2 - ab - ac) \\ &\quad - a^2(b^2 - c^2) \geq 0 \\ &\Leftrightarrow (b^2 - c^2)((c^2 - ca) - (b^2 - ab)) + a^2((c^2 - ca) + (b^2 - ab)) \geq 0 \\ &\Leftrightarrow (c^2 - ca)(b^2 - c^2 + a^2) + (b^2 - ab)(a^2 + c^2 - b^2) \geq 0 \\ &\quad \Leftrightarrow c(c-a)(a^2 + b^2 - c^2) + b(b-a)(c^2 + a^2 - b^2) \geq 0 \\ \rightarrow \text{true} &:: \Delta ABC \text{ being acute} \Rightarrow (a^2 + b^2 - c^2), (c^2 + a^2 - b^2) > 0 \text{ and } a \leq b \leq c \\ &\Rightarrow (c-a), (b-a) \geq 0 \therefore \frac{b+c}{a} \geq \frac{R}{r} \end{aligned}$$

$$\begin{aligned} \therefore \frac{4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{4R \cos \frac{A}{2} \sin \frac{A}{2}} &\geq \frac{R}{4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \Rightarrow 2 \left(\cos \frac{B-C}{2} - \sin \frac{A}{2} \right) \cos \frac{B-C}{2} \geq 1 \\ &\Rightarrow 2 \cos^2 \frac{B-C}{2} - 2 \cos \frac{B-C}{2} \sin \frac{A}{2} - 1 \geq 0 \quad (*) \end{aligned}$$

Now, Stewart's theorem $\Rightarrow b^2(s-c) + c^2(s-b) = an_a^2 + a(s-b)(s-c)$

$$\begin{aligned} \Rightarrow s(b^2 + c^2) - bc(2s-a) &= an_a^2 + a(s^2 - s(2s-a) + bc) \Rightarrow s(b^2 + c^2) - 2sbc \\ &= an_a^2 + a(as - s^2) \Rightarrow s(b^2 + c^2 - a^2 - 2bc) = an_a^2 - as^2 \Rightarrow an_a^2 \\ &= as^2 + s(2bccosA - 2bc) = as^2 - 4sbcsin^2 \frac{A}{2} = as^2 - \frac{4sbc(s-b)(s-c)(s-a)}{bc(s-a)} \\ &= as^2 - \frac{4\Delta^2}{s-a} = as^2 - 2a \left(\frac{2\Delta}{a} \right) \left(\frac{\Delta}{s-a} \right) = as^2 - 2ah_a r_a \therefore n_a^2 = s^2 - 2r_a h_a \\ &\Rightarrow n_a^2 + r_a^2 = s^2 - 2r_a h_a + r_a^2 \stackrel{?}{\leq} 2h_a^2 \Leftrightarrow 2h_a^2 + 2r_a h_a \stackrel{?}{\geq} s^2 + s^2 \tan^2 \frac{A}{2} \\ &\Leftrightarrow \frac{8s^2 \cdot 16R^2 \sin^2 \frac{A}{2} \sin^2 \frac{B}{2} \sin^2 \frac{C}{2}}{16R^2 \sin^2 \frac{A}{2} \cos^2 \frac{A}{2}} + \frac{4 \cdot 4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} s \cdot s \tan \frac{A}{2}}{4R \cos^2 \frac{A}{2} \tan \frac{A}{2}} \stackrel{?}{\geq} s^2 \sec^2 \frac{A}{2} \\ &\Leftrightarrow 8 \sin^2 \frac{B}{2} \sin^2 \frac{C}{2} + 4 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \stackrel{?}{\geq} 1 \end{aligned}$$

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$$\begin{aligned} &\Leftrightarrow 2 \left(\cos \frac{B-C}{2} - \sin \frac{A}{2} \right)^2 + 2 \sin \frac{A}{2} \left(\cos \frac{B-C}{2} - \sin \frac{A}{2} \right) \stackrel{?}{\geq} 1 \\ &\quad \left(\because 2 \sin \frac{B}{2} \sin \frac{C}{2} = \cos \frac{B-C}{2} - \cos \frac{B+C}{2} = \cos \frac{B-C}{2} - \sin \frac{A}{2} \right) \\ \Leftrightarrow &2 \left(\cos^2 \frac{B-C}{2} + \sin^2 \frac{A}{2} - 2 \sin \frac{A}{2} \cdot \cos \frac{B-C}{2} \right) + 2 \sin \frac{A}{2} \cdot \cos \frac{B-C}{2} - 2 \sin^2 \frac{A}{2} - 1 \\ &\stackrel{?}{\geq} 0 \Leftrightarrow 2 \cos^2 \frac{B-C}{2} - 2 \cos \frac{B-C}{2} \sin \frac{A}{2} - 1 \stackrel{?}{\geq} 0 \rightarrow \text{true via } (*) \therefore n_a^2 + r_a^2 \leq 2h_a^2 \\ &\Rightarrow n_a + r_a \stackrel{\text{CBS}}{\leq} \sqrt{2(n_a^2 + r_a^2)} \leq \sqrt{4h_a^2} \Rightarrow n_a + r_a \leq 2h_a \Rightarrow (\bullet\bullet) \Rightarrow (\bullet) \text{ is true} \\ &\therefore \text{in any acute } \triangle ABC, 6. \max\{h_a, h_b, h_c\} \geq 3. \min\{r_a, r_b, r_c\} + \sum_{\text{cyc}} n_a, \end{aligned}$$

" = " iff $\triangle ABC$ is equilateral (QED)

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Since $n_a + n_b + n_c \leq 3. \max\{n_a, n_b, n_c\}$ then it suffices to prove,
 $2\max\{h_a, h_b, h_c\} \geq \min\{r_a, r_b, r_c\} + \max\{n_a, n_b, n_c\}$.

We have :

$$\begin{aligned} \frac{n_b^2 - n_a^2}{s} &= \left(s - b + \frac{(c-a)^2}{b} \right) - \left(s - a + \frac{(b-c)^2}{a} \right) \\ &= a - b + \frac{a(c-a)^2 - b(b-c)^2}{ab} \\ &= a - b + \frac{(a-b)(a^2 + ab + b^2 - 2ca - 2bc + c^2)}{ab} = \frac{(a-b)(a+b-c)^2}{ab}, \end{aligned}$$

so if $a \leq b$ then $n_a \geq n_b$.

WLOG, we assume that $a \leq b \leq c$. Since $h_a = \frac{2F}{a}$, r_a

$$= \frac{F}{s-a} \text{ (and analogs) then we have,}$$

$$\max\{h_a, h_b, h_c\} = h_a, \min\{r_a, r_b, r_c\} = r_a \text{ and } \max\{n_a, n_b, n_c\} = n_a.$$

Now, we have :

$$\begin{aligned} n_a^2 &= s(s-a) + \frac{s(b-c)^2}{a} = s^2 - \frac{s[a^2 - (b-c)^2]}{a} = s^2 - \frac{4s(s-b)(s-c)}{a}, \\ &= -\frac{4s \cdot sr^2}{a(s-a)} = s^2 - 2h_a r_a, \text{ and } r_a = s \tan \frac{A}{2}. \end{aligned}$$

Using these results, we have :

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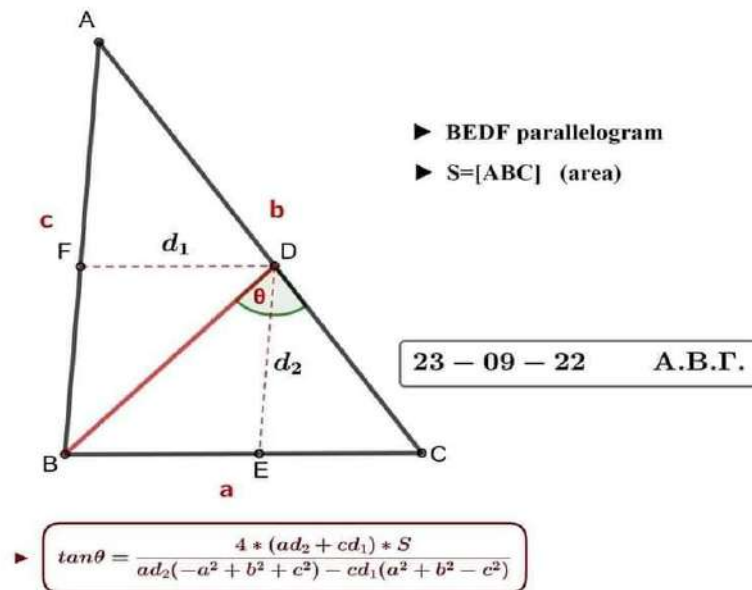
$$\begin{aligned}
 (r_a + n_a)^2 &\leq 2(r_a^2 + n_a^2) = 2s^2 \left(\tan^2 \frac{A}{2} + 1 \right) - 4h_a r_a = \frac{2s^2}{\cos^2 \frac{A}{2}} - 4h_a r_a \\
 &= \frac{2sbc}{s-a} - \frac{8s^2 r^2}{a(s-a)} \\
 &= \frac{2s(abc - 4sr^2)}{a(s-a)} = \frac{8s^2 r(R-r)}{a(s-a)} \stackrel{?}{\leq} (2h_a)^2 \Leftrightarrow R-r \leq \frac{2r(s-a)}{a} \Leftrightarrow \frac{R+r}{R} \leq \frac{2sr}{Ra} \\
 &\Leftrightarrow \sum_{cyc} \cos A \leq \frac{1}{a} \sum_{cyc} a \cos A \Leftrightarrow 0 \\
 &\leq \frac{b-a}{a} \cdot \cos B + \frac{c-a}{a} \cdot \cos C, \text{ which is true.}
 \end{aligned}$$

Then, $2h_a \geq r_a + n_a$ or $2\max\{h_a, h_b, h_c\} \geq \min\{r_a, r_b, r_c\} + \max\{n_a, n_b, n_c\}$.

Therefore,

$$6. \max\{h_a, h_b, h_c\} \geq 3. \min\{r_a, r_b, r_c\} + n_a + n_b + n_c.$$

1103.



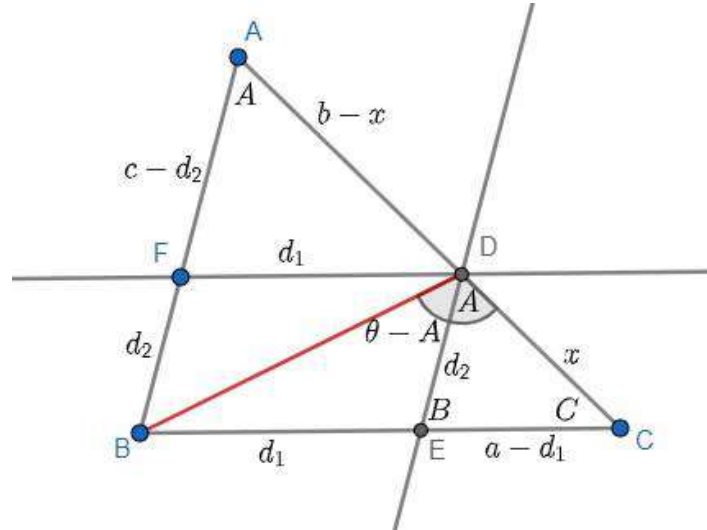
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Solution by Soumava Chakraborty-Kolkata-India



$$\frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} = \frac{4S \cdot 2R(d_2 \sin A + d_1 \sin C)}{ad_2 \cdot 2bc \cdot \cos A - cd_1 \cdot 2ab \cdot \cos C}$$

$$= \frac{4S \cdot 2R(d_2 \sin A + d_1 \sin C)}{8RS(d_2 \cos A - d_1 \cos C)}$$

$$\Rightarrow \frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} \stackrel{(*)}{=} \frac{d_2 \sin A + d_1 \sin C}{d_2 \cos A - d_1 \cos C}$$

Now, via sine rule on $\triangle DEC$, $\frac{a - d_1}{\sin A} = \frac{d_2}{\sin C} \Rightarrow d_2 \sin A + d_1 \sin C \stackrel{(**)}{=} a \sin C$

Again, via cot rule on $\triangle ABC$ with BD as cevian, $b \cot \theta = x \cot A - (b - x) \cot C$

$$= x \left(\frac{\cos A}{\sin A} + \frac{\cos C}{\sin C} \right) - b \cot C = x \cdot \frac{\sin(A + C)}{\sin A \cdot \sin C} - b \cot C = x \cdot \frac{\frac{b}{ac}}{\frac{4R^2}{ac}} - b \cot C$$

$$\Rightarrow \cot \theta = \frac{2Rx - ac \cdot \cot C}{ac} \Rightarrow \tan \theta = \frac{ac}{2Rx - ac \cdot \cot C}$$

First cosine rule on $\triangle DEC$

$$\stackrel{via (**)}{=} \frac{2R(d_2 \cos A + (a - d_1) \cos C) - ac \cdot \cot C}{2R(d_2 \sin A + d_1 \sin C)}$$

$$= \frac{2R(d_2 \cos A + (a - d_1) \cos C) - a \cdot 2R \sin C \cdot \frac{\cos C}{\sin C}}{d_2 \sin A + d_1 \sin C} = \frac{d_2 \sin A + d_1 \sin C}{d_2 \cos A + a \cos C - d_1 \cos C - a \cos C} = \frac{d_2 \sin A + d_1 \sin C}{d_2 \cos A - d_1 \cos C}$$

$$\stackrel{via (*)}{=} \frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)}$$

$$\therefore \tan \theta = \frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} \text{ (QED)}$$

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1104. In any acute $\triangle ABC$,

$$2. \max\{h_a^2, h_b^2, h_c^2\} \geq \max\{n_a^2, n_b^2, n_c^2\} + \min\{r_a^2, r_b^2, r_c^2\}$$

$$\text{and } 2. \max\{h_a, h_b, h_c\} \geq \max\{n_a, n_b, n_c\} + \min\{r_a, r_b, r_c\}$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India,

WLOG we may assume $a \leq b \leq c$ and then : $\max\{h_a^2, h_b^2, h_c^2\} = h_a^2$;

$$\max\{n_a^2, n_b^2, n_c^2\} = n_a^2; \text{ and } \min\{r_a^2, r_b^2, r_c^2\} = r_a^2$$

$$\therefore 2. \max\{h_a^2, h_b^2, h_c^2\} \geq \max\{n_a^2, n_b^2, n_c^2\} + \min\{r_a^2, r_b^2, r_c^2\} \Leftrightarrow 2h_a^2 \geq n_a^2 + r_a^2 \quad (*)$$

$$\text{and moreover, } 2. \max\{h_a, h_b, h_c\} \geq \max\{n_a, n_b, n_c\} + \min\{r_a, r_b, r_c\}$$

$$\Leftrightarrow 2h_a \geq n_a + r_a \quad (**)$$

$$\text{Now, } \frac{b+c}{a} \geq \frac{R}{r} = \frac{abc}{4F^2} = \frac{2abc}{(b+c-a)(c+a-b)(a+b-c)}$$

$$\Leftrightarrow (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \geq 2a^2bc$$

$$\Leftrightarrow (ab + b^2 - bc + ca + bc - c^2)(bc + ab - b^2 + c^2 + ca - bc - ca - a^2 + ab)$$

$$\geq 2a^2bc \Leftrightarrow 2a^2b^2 + 2a^2bc + 2ab(b^2 - c^2)$$

$$-(a^2 + b^2 - c^2)(ab + ac + b^2 - c^2) \geq 2a^2bc$$

$$\Leftrightarrow 2a^2b^2 - (a^2 + b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) - 2ab(b^2 - c^2) \cdot \cos C \geq 0$$

$$\Leftrightarrow 2a^2b^2 - a^2(ab + ac) - (b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) \cdot 2 \sin^2 \frac{C}{2} \geq 0$$

$$\Leftrightarrow a^2(2b^2 - ab - ac) - (b^2 - c^2)(ab + ac) + (b^2 - c^2)(c^2 - (a-b)^2) \geq 0$$

$$\Leftrightarrow a^2(2b^2 - ab - ac) + (b^2 - c^2)(c^2 - a^2 - b^2 + 2ab - ab - ac) \geq 0$$

$$\Leftrightarrow ((a^2 - b^2 + c^2) + (b^2 - c^2))(2b^2 - ab - ac)$$

$$+ (b^2 - c^2)(c^2 - a^2 - b^2 + ab - ac) \geq 0$$

$$\Leftrightarrow (c^2 + a^2 - b^2)(2b^2 - ab - ac) + (b^2 - c^2)(b^2 + c^2 - a^2 - 2ac) \geq 0$$

$$\Leftrightarrow (b^2 - c^2)(b^2 + c^2 - 2ac) - (b^2 - c^2)(2b^2 - ab - ac) + a^2(2b^2 - ab - ac) - a^2(b^2 - c^2) \geq 0$$

$$\Leftrightarrow (b^2 - c^2)((c^2 - ca) - (b^2 - ab)) + a^2((c^2 - ca) + (b^2 - ab)) \geq 0$$

$$\Leftrightarrow (c^2 - ca)(b^2 - c^2 + a^2) + (b^2 - ab)(a^2 + c^2 - b^2) \geq 0$$

$$\Leftrightarrow c(c-a)(a^2 + b^2 - c^2) + b(b-a)(c^2 + a^2 - b^2) \geq 0$$

$$\rightarrow \text{true} \because \triangle ABC \text{ being acute} \Rightarrow (a^2 + b^2 - c^2), (c^2 + a^2 - b^2) > 0 \text{ and } a \leq b \leq c$$

$$\Rightarrow (c-a), (b-a) \geq 0 \therefore \frac{b+c}{a} \geq \frac{R}{r}$$

$$\therefore \frac{4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{4R \cos \frac{A}{2} \sin \frac{A}{2}} \geq \frac{R}{4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \Rightarrow 2 \left(\cos \frac{B-C}{2} - \sin \frac{A}{2} \right) \cos \frac{B-C}{2} \geq 1$$

$$\Rightarrow 2 \cos^2 \frac{B-C}{2} - 2 \cos \frac{B-C}{2} \sin \frac{A}{2} - 1 \geq 0 \quad (*)$$

$$\text{Now, Stewart's theorem} \Rightarrow b^2(s-c) + c^2(s-b) = an_a^2 + a(s-b)(s-c)$$

$$\Rightarrow s(b^2 + c^2) - bc(2s-a) = an_a^2 + a(s^2 - s(2s-a) + bc) \Rightarrow s(b^2 + c^2) - 2sbc$$

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$$\begin{aligned}
 &= an_a^2 + a(as - s^2) \Rightarrow s(b^2 + c^2 - a^2 - 2bc) = an_a^2 - as^2 \Rightarrow an_a^2 \\
 &= as^2 + s(2bccosA - 2bc) = as^2 - 4sbc\sin^2 \frac{A}{2} = as^2 - \frac{4sbc(s-b)(s-c)(s-a)}{bc(s-a)} \\
 &= as^2 - \frac{4\Delta^2}{s-a} = as^2 - 2a\left(\frac{2\Delta}{a}\right)\left(\frac{\Delta}{s-a}\right) = as^2 - 2ah_a r_a \therefore n_a^2 = s^2 - 2r_a h_a \\
 &\Rightarrow n_a^2 + r_a^2 = s^2 - 2r_a h_a + r_a^2 \stackrel{?}{\leq} 2h_a^2 \Leftrightarrow 2h_a^2 + 2r_a h_a \stackrel{?}{\geq} s^2 + s^2 \tan^2 \frac{A}{2} \\
 &\Leftrightarrow \frac{8s^2 \cdot 16R^2 \sin^2 \frac{A}{2} \sin^2 \frac{B}{2} \sin^2 \frac{C}{2}}{16R^2 \sin^2 \frac{A}{2} \cos^2 \frac{A}{2}} + \frac{4 \cdot 4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} s \cdot s \tan \frac{A}{2}}{4R \cos^2 \frac{A}{2} \tan \frac{A}{2}} \stackrel{?}{\geq} s^2 \sec^2 \frac{A}{2} \\
 &\Leftrightarrow 8\sin^2 \frac{B}{2} \sin^2 \frac{C}{2} + 4 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \stackrel{?}{\geq} 1 \\
 &\Leftrightarrow 2 \left(\cos \frac{B-C}{2} - \sin \frac{A}{2} \right)^2 + 2 \sin \frac{A}{2} \left(\cos \frac{B-C}{2} - \sin \frac{A}{2} \right) \stackrel{?}{\geq} 1 \\
 &\quad \left(\because 2 \sin \frac{B}{2} \sin \frac{C}{2} = \cos \frac{B-C}{2} - \cos \frac{B+C}{2} = \cos \frac{B-C}{2} - \sin \frac{A}{2} \right) \\
 &\Leftrightarrow 2 \left(\cos^2 \frac{B-C}{2} + \sin^2 \frac{A}{2} - 2 \sin \frac{A}{2} \cdot \cos \frac{B-C}{2} \right) + 2 \sin \frac{A}{2} \cdot \cos \frac{B-C}{2} - 2 \sin^2 \frac{A}{2} - 1 \\
 &\stackrel{?}{\geq} 0 \Leftrightarrow 2 \cos^2 \frac{B-C}{2} - 2 \cos \frac{B-C}{2} \sin \frac{A}{2} - 1 \stackrel{?}{\geq} 0 \rightarrow \text{true via } (*) \therefore n_a^2 + r_a^2 \leq 2h_a^2 \\
 &\Rightarrow (*) \text{ is true and also, } n_a + r_a \stackrel{CBS}{\leq} \sqrt{2(n_a^2 + r_a^2)} \stackrel{?}{\leq} 2h_a \Leftrightarrow n_a^2 + r_a^2 \leq 2h_a^2 \\
 &\rightarrow \text{true via } (*) \Rightarrow n_a + r_a \leq 2h_a \Rightarrow (**) \text{ is true } \therefore \text{in any acute } \Delta ABC, \\
 &\quad 2. \max\{h_a^2, h_b^2, h_c^2\} \geq \max\{n_a^2, n_b^2, n_c^2\} + \min\{r_a^2, r_b^2, r_c^2\} \text{ and} \\
 &\quad 2. \max\{h_a, h_b, h_c\} \geq \max\{n_a, n_b, n_c\} + \min\{r_a, r_b, r_c\}, \\
 &\quad \text{"=" iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly, we have :

$$\begin{aligned}
 \frac{n_b^2 - n_a^2}{s} &= \left(s - b + \frac{(c-a)^2}{b} \right) - \left(s - a + \frac{(b-c)^2}{a} \right) = a - b + \frac{a(c-a)^2 - b(b-c)^2}{ab} \\
 &= a - b + \frac{(a-b)(a^2 + ab + b^2 - 2ca - 2bc + c^2)}{ab} = \frac{(a-b)(a+b-c)^2}{ab},
 \end{aligned}$$

so if $a \leq b$ then $n_a \geq n_b$. WLOG, we assume that $a \leq b \leq c$.

Since $h_a = \frac{2F}{a}$, $r_a = \frac{F}{s-a}$ (and analogs) then we have,

$$\max\{h_a, h_b, h_c\} = h_a, \max\{n_a, n_b, n_c\} = n_a \text{ and } \min\{r_a, r_b, r_c\} = r_a.$$

Now, we have :

$$\begin{aligned}
 n_a^2 &= s(s-a) + \frac{s(b-c)^2}{a} = s^2 - \frac{s[a^2 - (b-c)^2]}{a} = s^2 - \frac{4s(s-b)(s-c)}{a} \\
 &= -\frac{4s \cdot sr^2}{a(s-a)} = s^2 - 2h_a r_a, \text{ and } r_a = s \tan \frac{A}{2}.
 \end{aligned}$$

Using these results, we have :

$$n_a^2 + r_a^2 = s^2 \left(1 + \tan^2 \frac{A}{2} \right) - 2h_a r_a = \frac{s^2}{\cos^2 \frac{A}{2}} - 2h_a r_a = \frac{sbc}{s-a} - \frac{4s^2 r^2}{a(s-a)} = \frac{s(abc - 4sr^2)}{a(s-a)}$$

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$$= \frac{4s^2 r(R-r)}{a(s-a)} \stackrel{?}{\leq} 2h_a^2 \Leftrightarrow R-r \leq \frac{2r(s-a)}{a} \Leftrightarrow \frac{R+r}{R} \leq \frac{2sr}{Ra} \Leftrightarrow$$

$$a \sum_{cyc} \cos A \leq \sum_{cyc} a \cos A$$

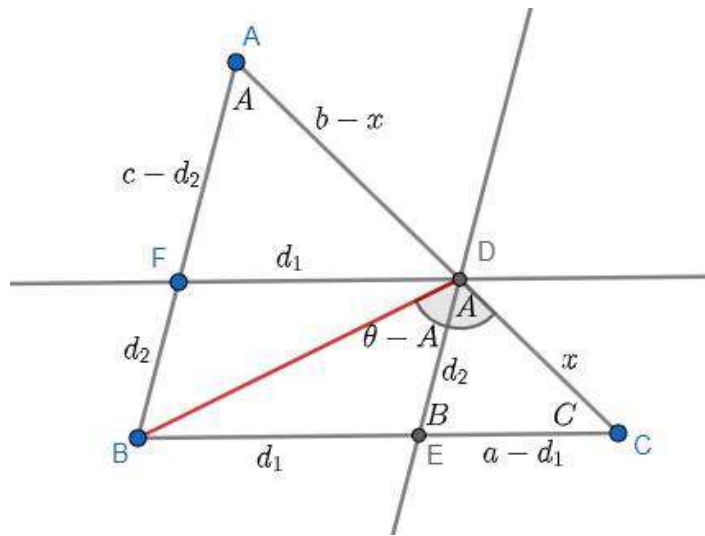
$$\Leftrightarrow 0 \leq (b-a) \cos B + (c-a) \cos C, \text{ which is true.}$$

Then, $2h_a^2 \geq n_a^2 + r_a^2$ and $2h_a \geq \sqrt{2(n_a^2 + r_a^2)} \stackrel{CBS}{\geq} n_a + r_a$.

$$2\max\{h_a^2, h_b^2, h_c^2\} \geq \max\{n_a^2, n_b^2, n_c^2\} + \min\{r_a^2, r_b^2, r_c^2\}$$

$$2\max\{h_a, h_b, h_c\} \geq \max\{n_a, n_b, n_c\} + \min\{r_a, r_b, r_c\}.$$

1105.



Prove that :

$$\frac{d_1}{d_2} = \frac{a(-a^2 + b^2 + c^2)}{c(a^2 + b^2 - c^2)} \Rightarrow \Delta BDC \text{ is right}$$

Proposed by Thanasis Gakopoulos-Farsala-Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} = \frac{4S \cdot 2R(d_2 \sin A + d_1 \sin C)}{ad_2 \cdot 2bc \cdot \cos A - cd_1 \cdot 2ab \cdot \cos C}$$

$$= \frac{4S \cdot 2R(d_2 \sin A + d_1 \sin C)}{8RS(d_2 \cos A - d_1 \cos C)}$$

$$\Rightarrow \frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} \stackrel{(*)}{=} \frac{d_2 \sin A + d_1 \sin C}{d_2 \cos A - d_1 \cos C}$$

Now, via sine rule on ΔDEC , $\frac{a-d_1}{\sin A} = \frac{d_2}{\sin C} \Rightarrow d_2 \sin A + d_1 \sin C \stackrel{(**)}{=} a \sin C$

Again, via cot rule on ΔABC with BD as cevian, $b \cot \theta = x \cot A - (b-x) \cot C$

$$\begin{aligned}
 &= x \left(\frac{\cos A}{\sin A} + \frac{\cos C}{\sin C} \right) - b \cot C = x \cdot \frac{\sin(A+C)}{\sin A \cdot \sin C} - b \cot C = x \cdot \frac{\frac{b}{2R}}{\frac{ac}{4R^2}} - b \cot C \\
 &\Rightarrow \cot \theta = \frac{2Rx - ac \cdot \cot C}{ac} \Rightarrow \tan \theta = \frac{ac}{2Rx - ac \cdot \cot C} \\
 &\stackrel{\text{First cosine rule on } \triangle DEC}{=} \frac{2R(d_2 \cos A + (a - d_1) \cos C) - ac \cdot \cot C}{2R(d_2 \sin A + d_1 \sin C)} \\
 &\stackrel{\text{via (**)}}{=} \frac{2R(d_2 \cos A + (a - d_1) \cos C) - a \cdot 2R \sin C \cdot \frac{\cos C}{\sin C}}{2R(d_2 \sin A + d_1 \sin C)} \\
 &= \frac{d_2 \sin A + d_1 \sin C}{d_2 \cos A + a \cos C - d_1 \cos C - a \cos C} = \frac{d_2 \sin A + d_1 \sin C}{d_2 \cos A - d_1 \cos C} \\
 &\stackrel{\text{via (*)}}{=} \frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} \\
 \therefore \tan \theta &= \frac{4(ad_2 + cd_1) * S}{ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2)} \text{ and } \therefore \frac{d_1}{d_2} = \frac{a(-a^2 + b^2 + c^2)}{c(a^2 + b^2 - c^2)} \\
 \therefore ad_2(-a^2 + b^2 + c^2) - cd_1(a^2 + b^2 - c^2) &= 0 \Rightarrow \tan \theta = \frac{4(ad_2 + cd_1) * S}{0} \\
 &\Rightarrow \theta = 90^\circ \Rightarrow \triangle BDC \text{ is right (QED)}
 \end{aligned}$$

1106. In $\triangle ABC$ holds :

$$m(\angle A) \leq 90 \Leftrightarrow n_a^2 \geq r_a(r_a - 2h_a).$$

$$m(\angle A) \geq 90 \Leftrightarrow n_a^2 \leq r_a(r_a - 2h_a).$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\begin{aligned}
 n_a^2 &= s(s-a) + \frac{s(b-c)^2}{a} = s^2 - \frac{s[a^2 - (b-c)^2]}{a} = s^2 - \frac{4s(s-b)(s-c)}{a} \\
 &= s^2 - \frac{4s \cdot sr^2}{a(s-a)} = \frac{r_a^2}{\tan^2 \frac{A}{2}} - 2r_a h_a = r_a \left(\frac{r_a}{\tan^2 \frac{A}{2}} - 2h_a \right).
 \end{aligned}$$

$$\text{Then } m(\angle A) \leq 90 \Leftrightarrow \tan \frac{A}{2} \leq 1 \Leftrightarrow n_a^2 = r_a \left(\frac{r_a}{\tan^2 \frac{A}{2}} - 2h_a \right) \geq r_a(r_a - 2h_a),$$

$$m(\angle A) \geq 90 \Leftrightarrow \tan \frac{A}{2} \geq 1 \Leftrightarrow n_a^2 = r_a \left(\frac{r_a}{\tan^2 \frac{A}{2}} - 2h_a \right) \leq r_a(r_a - 2h_a).$$

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1107. In any acute ΔABC with $a = \min\{a, b, c\}$, the following relationship holds :

$$4r \left(\sum_{\text{cyc}} \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) \geq R + h_b + h_c$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\text{Since, } m_a \geq \frac{b+c}{2} \cos \frac{A}{2}, \text{ then, } \frac{m_a}{w_a} \geq \frac{b+c}{2} \cos \frac{A}{2} \cdot \frac{b+c}{2bc \cos \frac{A}{2}} = \frac{(b+c)^2}{4bc}.$$

By Tereshin and CBS inequalities, we have,

$$\frac{m_b m_c}{h_b h_c} \geq \frac{(c^2 + a^2)(a^2 + b^2)}{(4R)^2} \cdot \frac{(2R)^2}{ca \cdot ab} \geq \frac{(ca + ab)^2}{4a^2 bc} = \frac{(b+c)^2}{4bc}.$$

Using these results, we obtain,

$$\sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} \geq \frac{(b+c)^2}{4bc} \quad (\text{and analogs})$$

Then,

$$\begin{aligned} 4r \left(\sum_{\text{cyc}} \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) &\geq r \left(\sum_{\text{cyc}} \frac{(b+c)^2}{bc} - 4 \right) = r \left(\frac{(a+b+c)(ab+bc+ca)}{abc} - 1 \right) \\ &= \frac{r \cdot 2s \cdot 2R(h_a + h_b + h_c)}{4Rsr} - r = h_a + h_b + h_c - r \stackrel{?}{\geq} R + h_b + h_c \Leftrightarrow h_a \geq R + r \\ \Leftrightarrow \frac{2F}{R} &\geq a \cdot \frac{R+r}{R} \Leftrightarrow \sum_{\text{cyc}} a \cos A \geq a \cdot \sum_{\text{cyc}} \cos A \Leftrightarrow (b-a) \cos B + (c-a) \cos C \geq 0, \end{aligned}$$

which is true because ΔABC is acute and $a = \min(a, b, c)$.

So the proof is completed. Equality holds iff ΔABC is equilateral.

Solution 2 by Soumava Chakraborty-Kolkata-India

$$4r \left(\sum_{\text{cyc}} \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) - R - h_b - h_c \stackrel{\text{Lascu + Tereshin}}{\geq}$$

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$$\begin{aligned}
 & 4r \left(\sum_{\text{cyc}} \sqrt{\frac{\frac{(b+c)^2}{2} \cos \frac{A}{2} \cdot \frac{(c^2+a^2)(a^2+b^2)}{16R^2}}{2bc \cos \frac{A}{2} \cdot \frac{ca \cdot ab}{4R^2}}} \right) - 4r - R - h_b - h_c \\
 & \stackrel{\text{CBS}}{\geq} 4r \sum_{\text{cyc}} \sqrt{\frac{(b+c)^2}{4bc} \cdot \frac{a^2(b+c)^2}{4a^2bc}} - 4r - R - h_b - h_c \\
 & = 4r \sum_{\text{cyc}} \frac{a(b^2+c^2+2bc)}{4abc} - 4r - R - h_b - h_c \\
 & = \frac{\sum_{\text{cyc}}(ab(2s-c)) + 6abc}{4Rs} - 4r - R - h_b - h_c = \frac{ab+bc+ca}{2R} - r - R - \frac{ca+ab}{2R} \\
 & = \frac{4Rrs}{a \cdot 2R} - r - R = r \cdot \frac{a+b+c}{a} - r - R \\
 & \therefore 4r \left(\sum_{\text{cyc}} \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) - R - h_b - h_c \stackrel{(*)}{\geq} r \cdot \frac{b+c}{a} - R \\
 & \text{Now, } \frac{b+c}{a} \geq \frac{R}{r} = \frac{abcs}{4F^2} = \frac{2abc}{(b+c-a)(c+a-b)(a+b-c)} \\
 & \Leftrightarrow (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \geq 2a^2bc \\
 & \Leftrightarrow (ab+b^2-bc+ca+bc-c^2)(bc+ab-b^2+c^2+ca-bc-ca-a^2+ab) \\
 & \quad \geq 2a^2bc \Leftrightarrow 2a^2b^2+2a^2bc+2ab(b^2-c^2) \\
 & \quad - (a^2+b^2-c^2)(ab+ac+b^2-c^2) \geq 2a^2bc \\
 & \Leftrightarrow 2a^2b^2 - (a^2+b^2-c^2)(ab+ac) + 2ab(b^2-c^2) - 2ab(b^2-c^2) \cdot \cos C \geq 0 \\
 & \Leftrightarrow 2a^2b^2 - a^2(ab+ac) - (b^2-c^2)(ab+ac) + 2ab(b^2-c^2) \cdot 2 \sin^2 \frac{C}{2} \geq 0 \\
 & \Leftrightarrow a^2(2b^2-ab-ac) - (b^2-c^2)(ab+ac) + (b^2-c^2)(c^2-(a-b)^2) \geq 0 \\
 & \Leftrightarrow a^2(2b^2-ab-ac) + (b^2-c^2)(c^2-a^2-b^2+2ab-ab-ac) \geq 0 \\
 & \Leftrightarrow ((a^2-b^2+c^2) + (b^2-c^2))(2b^2-ab-ac) \\
 & \quad + (b^2-c^2)(c^2-a^2-b^2+ab-ac) \geq 0 \\
 & \Leftrightarrow (c^2+a^2-b^2)(2b^2-ab-ac) + (b^2-c^2)(b^2+c^2-a^2-2ac) \geq 0 \\
 & \Leftrightarrow (b^2-c^2)(b^2+c^2-2ac) - (b^2-c^2)(2b^2-ab-ac) + a^2(2b^2-ab-ac) \\
 & \quad - a^2(b^2-c^2) \geq 0 \\
 & \Leftrightarrow (b^2-c^2)((c^2-ca) - (b^2-ab)) + a^2((c^2-ca) + (b^2-ab)) \geq 0 \\
 & \Leftrightarrow (c^2-ca)(b^2-c^2+a^2) + (b^2-ab)(a^2+c^2-b^2) \geq 0 \\
 & \Leftrightarrow c(c-a)(a^2+b^2-c^2) + b(b-a)(c^2+a^2-b^2) \geq 0 \\
 & \rightarrow \text{true } \because \Delta ABC \text{ being acute } \Rightarrow (a^2+b^2-c^2), (c^2+a^2-b^2) > 0 \text{ and} \\
 & a = \min\{a, b, c\} \Rightarrow a \leq b, c \Rightarrow (c-a), (b-a) \geq 0 \Rightarrow (c-a), (b-a) \geq 0 \\
 & \quad \therefore \frac{b+c}{a} \geq \frac{R}{r} \Rightarrow r \cdot \frac{b+c}{a} - R \geq 0 \\
 & \therefore (*) \Leftrightarrow 4r \left(\sum_{\text{cyc}} \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) - R - h_b - h_c \geq 0 \\
 & \Rightarrow \text{in any acute } \Delta ABC \text{ with } a = \min\{a, b, c\},
 \end{aligned}$$

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$$4r \left(\sum_{\text{cyc}} \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) \geq R + h_b + h_c'' ='' \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

1108. In any acute ΔABC , the following relationship holds :

$$\frac{3r}{2R} \cdot \sqrt{6} \leq \sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} \leq \sqrt{3 \left(1 + \frac{r}{4R} \right)}$$

Proposed by Marin Chirciu-Romania

Solution 1 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} \stackrel{\text{Tereshin}}{\geq} \sum_{\text{cyc}} \frac{\sqrt{b^2 + c^2}}{4R} \stackrel{\text{CBS}}{\geq} \sum_{\text{cyc}} \frac{b+c}{4\sqrt{2}R} = \frac{s}{\sqrt{2}R} \stackrel{\text{Mitrinovic}}{\geq} \frac{3\sqrt{3}r}{\sqrt{2}R} = \frac{3r}{2R} \sqrt{6}.$$

Now, since ΔABC is acute, then we have,

$$\begin{aligned} \sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} &\stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} \frac{m_a^2}{b^2 + c^2}} \\ &= \sqrt{\frac{3}{4} \sum_{\text{cyc}} \left(1 + \frac{b^2 + c^2 - a^2}{b^2 + c^2} \right)} \stackrel{\text{AM-GM}}{\geq} \sqrt{\frac{3}{4} \sum_{\text{cyc}} \left(1 + \frac{b^2 + c^2 - a^2}{2bc} \right)} \\ &= \sqrt{\frac{3}{4} \sum_{\text{cyc}} (1 + \cos A)} = \sqrt{\frac{3}{4} \left(4 + \frac{r}{R} \right)} = \sqrt{3 \left(1 + \frac{r}{4R} \right)}. \end{aligned}$$

So the proof is completed. Equality holds iff ΔABC is equilateral.

Solution 2 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{m_a^2}{s(s-a)} - 1 &\stackrel{?}{\leq} \frac{b^2 + c^2}{2bc} - 1 \Leftrightarrow \frac{(b-c)^2 + 4s(s-a) - 4s(s-a)}{4s(s-a)} \stackrel{?}{\leq} \frac{(b-c)^2}{2bc} \\ &\Leftrightarrow (b-c)^2 \cdot \left(\frac{1}{2bc} - \frac{1}{4s(s-a)} \right) \stackrel{?}{\geq} 0 \Leftrightarrow (b-c)^2 \cdot \left(\frac{4s(s-a) - 2bc}{8sbc(s-a)} \right) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow (b-c)^2 \cdot \frac{b^2 + c^2 - a^2}{8sbc(s-a)} \stackrel{?}{\geq} 0 \Leftrightarrow (b-c)^2 \cdot \frac{\cos A}{4s(s-a)} \stackrel{?}{\geq} 0 \rightarrow \text{true} \because \cos A > 0 \\ \text{in acute triangles} &\Rightarrow \frac{m_a^2}{s(s-a)} \leq \frac{b^2 + c^2}{2bc} \Rightarrow \frac{m_a}{\sqrt{b^2 + c^2}} \leq \sqrt{\frac{s(s-a)}{2bc}} \end{aligned}$$

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$$\Rightarrow \frac{m_a}{\sqrt{b^2 + c^2}} \leq \frac{1}{\sqrt{2}} \cos \frac{A}{2} \text{ and analogs} \Rightarrow \sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} \leq \frac{1}{\sqrt{2}} \cdot \sum_{\text{cyc}} \cos \frac{A}{2}$$

$$\stackrel{\text{CBS}}{\leq} \sqrt{\frac{3}{4}} \cdot \sqrt{\sum_{\text{cyc}} 2 \cos^2 \frac{A}{2}} = \sqrt{\frac{3}{4}} \cdot \sqrt{\sum_{\text{cyc}} (1 + \cos A)} = \sqrt{\frac{3}{4}} \cdot \sqrt{3 + 1 + \frac{r}{R}} = \sqrt{3 \left(1 + \frac{r}{4R}\right)}$$

$$\Rightarrow \sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} \leq \sqrt{3 \left(1 + \frac{r}{4R}\right)} \quad \forall \text{ acute } \triangle ABC$$

Again, $\sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} \stackrel{\text{A-G}}{\geq} 3 \cdot \sqrt[3]{\frac{m_a m_b m_c}{\sqrt{(b^2 + c^2)(c^2 + a^2)(a^2 + b^2)}}$

Lascu + A-G and Bandila $\geq 3 \cdot \sqrt[3]{\frac{\sqrt{s(s-a)} \cdot \sqrt{s(s-b)} \cdot \sqrt{s(s-c)}}{\sqrt{\frac{R}{r} \cdot bc} \cdot \sqrt{\frac{R}{r} \cdot ca} \cdot \sqrt{\frac{R}{r} \cdot ab}}} = 3 \cdot \sqrt[3]{\frac{rs^2}{\frac{R}{r} \cdot \sqrt{\frac{R}{r}} \cdot 4Rrs}} \stackrel{?}{\geq} \frac{3r}{2R} \cdot \sqrt{6}$

$$\Leftrightarrow \frac{rs^2}{\frac{R}{r} \cdot \sqrt{\frac{R}{r}} \cdot 4Rrs} \stackrel{?}{\geq} \frac{r^3}{8R^3} \cdot 6\sqrt{6} \Leftrightarrow \frac{r^2 s^4}{\frac{R^3}{r^3} \cdot 16R^2 r^2 s^2} \stackrel{?}{\geq} \frac{r^6}{64R^6} \cdot 216 \Leftrightarrow Rs^2 \stackrel{?}{\geq} 54r^3 \rightarrow \text{true}$$

$$\therefore R \stackrel{\text{Euler}}{\geq} 2r \text{ and } s^2 \stackrel{\text{Mitrinovic}}{\geq} 27r^2 \Rightarrow Rs^2 \geq 54r^3$$

$$\therefore \sum_{\text{cyc}} \frac{m_a}{\sqrt{b^2 + c^2}} \geq \frac{3r}{2R} \cdot \sqrt{6} \quad \forall \triangle ABC \text{ (QED)}$$

1109. In any $\triangle ABC$, the following relationship holds :

$$\frac{9r}{4rs} \leq \sum_{\text{cyc}} \frac{\cos A}{b+c} \leq \frac{9R}{16rs}$$

Proposed by Marin Chirciu-Romania

Solution 1 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$abc \sum_{\text{cyc}} \frac{\cos A}{b+c} = \sum_{\text{cyc}} \frac{a(b^2 + c^2 - a^2)}{2(b+c)} = \sum_{\text{cyc}} \frac{a[2(b+c)^2 - (a^2 + b^2 + c^2) - 4bc]}{2(b+c)}$$

$$= \sum_{\text{cyc}} \left(a(b+c) - \frac{(a+b+c)(a^2 + b^2 + c^2) + 4abc}{2(b+c)} + \frac{a^2 + b^2 + c^2}{2} \right)$$

$$= 2 \sum_{\text{cyc}} bc - \frac{(a+b+c)(a^2 + b^2 + c^2) + 4abc}{2} \cdot \sum_{\text{cyc}} \frac{1}{b+c} + \frac{3}{2} \sum_{\text{cyc}} a^2$$

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$$\begin{aligned}
 &= 2(s^2 + r^2 + 4Rr) - \frac{2s \cdot 2(s^2 - r^2 - 4Rr) + 16Rsr}{2} \cdot \frac{5s^2 + r^2 + 4Rr}{2s(s^2 + r^2 + 2Rr)} + 3(s^2 - r^2 - 4Rr) \\
 &= 2Rr + 8r^2 - \frac{4r^2(3R^2 + 5Rr + 2r^2)}{s^2 + r^2 + 2Rr}
 \end{aligned}$$

Now, by Gerretsen's inequality, we have,

$$\begin{aligned}
 abc \sum_{cyc} \frac{\cos A}{b+c} &\geq 2Rr + 8r^2 - \frac{4r^2(3R^2 + 5Rr + 2r^2)}{(16Rr - 5r^2) + r^2 + 2Rr} \\
 &= 9r^2 + \frac{r(R-2r)(12R+r)}{9R-2r} \stackrel{Euler}{\geq} 9r^2,
 \end{aligned}$$

$$\text{then, } \sum_{cyc} \frac{\cos A}{b+c} \geq \frac{9r^2}{abc} = \frac{9r}{4Rs}.$$

$$\begin{aligned}
 \text{and, } abc \sum_{cyc} \frac{\cos A}{b+c} &\leq 2Rr + 8r^2 - \frac{4r^2(3R^2 + 5Rr + 2r^2)}{(4R^2 + 4Rr + 3r^2) + r^2 + 2Rr} \\
 &= \frac{9R^2}{4} - \frac{(R-2r)(18R^3 + 47R^2r + 48Rr^2 + 24r^4)}{9R-2r} \stackrel{Euler}{\leq} \frac{9R^2}{4},
 \end{aligned}$$

$$\text{then, } \sum_{cyc} \frac{\cos A}{b+c} \leq \frac{9R^2}{4abc} = \frac{9R}{16rs}.$$

which completes the proof. Equality holds iff $\triangle ABC$ is equilateral.

Solution 2 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 \cos B + \cos C &= \frac{c^2 + a^2 - b^2}{2ca} + \frac{a^2 + b^2 - c^2}{2ab} \\
 &= \frac{bc^2 + a^2b - b^3 + ca^2 + b^2c - c^3}{2abc} \\
 &= \frac{bc(b+c) - (b+c)(b^2 - bc + c^2) + a^2(b+c)}{2abc} \therefore \sum_{cyc} \frac{\cos A}{b+c} \\
 &= \left(\sum_{cyc} \cos A \right) \left(\sum_{cyc} \frac{1}{b+c} \right) - \sum_{cyc} \frac{bc(b+c) - (b+c)(b^2 - bc + c^2) + a^2(b+c)}{2abc(b+c)} \\
 &= \frac{R+r}{R} \cdot \frac{(2 \sum_{cyc} ab + \sum_{cyc} a^2) + \sum_{cyc} ab}{2s(s^2 + 2Rr + r^2)} - \frac{1}{8Rrs} \left(2 \sum_{cyc} ab - \sum_{cyc} a^2 \right) \\
 &= \frac{R+r}{R} \cdot \frac{4s^2 + s^2 + 4Rr + r^2}{2s(s^2 + 2Rr + r^2)} - \frac{2(s^2 + 4Rr + r^2) - 2(s^2 - 4Rr - r^2)}{8Rrs}
 \end{aligned}$$

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$$\Rightarrow \sum_{\text{cyc}} \frac{\cos A}{b+c} \stackrel{(*)}{=} \frac{(R+4r)s^2 - Rr(4R+r)}{2Rs(s^2+2Rr+r^2)} \therefore \sum_{\text{cyc}} \frac{\cos A}{b+c} \leq \frac{9R}{16rs}$$

$$\Leftrightarrow \stackrel{\text{via } (*)}{=} \frac{(R+4r)s^2 - Rr(4R+r)}{2Rs(s^2+2Rr+r^2)} \leq \frac{9R}{16rs}$$

$$\Leftrightarrow (9R^2 - 8Rr - 32r^2)s^2 + Rr(18R^2 + 41Rr + 8r^2) \stackrel{(*)}{\geq} 0$$

Case 1 $9R^2 - 8Rr - 32r^2 \geq 0$ and then : LHS of $(*) \geq Rr(18R^2 + 41Rr + 8r^2) > 0 \Rightarrow (*)$ is true (strict inequality)

Case 2 $9R^2 - 8Rr - 32r^2 < 0$ and then : LHS of $(*)$

$$= -\left(- (9R^2 - 8Rr - 32r^2)\right) s^2 + Rr(18R^2 + 41Rr + 8r^2) \stackrel{\text{Gerretsen}}{\geq}$$

$$-\left(- (9R^2 - 8Rr - 32r^2)\right) (4R^2 + 4Rr + 3r^2) + Rr(18R^2 + 41Rr + 8r^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 18t^4 + 11t^3 - 46t^2 - 72t - 48 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2)(18t^3 + 47t^2 + 48t + 24) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true}$$

\therefore combining cases 1 and 2, $(*)$ is true $\forall \Delta ABC \therefore$ in any ΔABC , $\sum_{\text{cyc}} \frac{\cos A}{b+c} \leq \frac{9R}{16rs}$

$$\text{Again, } \sum_{\text{cyc}} \frac{\cos A}{b+c} \geq \frac{9r}{4rs} \Leftrightarrow \stackrel{\text{via } (*)}{=} \frac{(R+4r)s^2 - Rr(4R+r)}{2Rs(s^2+2Rr+r^2)} \geq \frac{9r}{4rs}$$

$$\Leftrightarrow (2R-r)s^2 \stackrel{(**)}{\geq} r(8R^2 + 20Rr + 9r^2)$$

$$\text{Now, } (2R-r)s^2 \stackrel{\text{Gerretsen}}{\geq} (2R-r)(16Rr - 5r^2) \stackrel{?}{\geq} r(8R^2 + 20Rr + 9r^2)$$

$$\Leftrightarrow 12R^2 - 23Rr - 2r^2 \stackrel{?}{\geq} 0 \Leftrightarrow (12R+r)(R-2r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore R \stackrel{\text{Euler}}{\geq} 2r$$

$$\Rightarrow (**)$$
 is true $\forall \Delta ABC \therefore$ in any ΔABC , $\sum_{\text{cyc}} \frac{\cos A}{b+c} \geq \frac{9r}{4rs} \therefore$ in any ΔABC ,

$$\frac{9r}{4rs} \leq \sum_{\text{cyc}} \frac{\cos A}{b+c} \leq \frac{9R}{16rs}, \text{ equalities iff } \Delta ABC \text{ is equilateral (QED)}$$

1110. In any ΔABC , the following relationship holds :

$$\frac{24r^2}{F} \leq \sum_{\text{cyc}} \frac{\sec^2 \frac{A}{2}}{\sin A} \leq \frac{3(7R^2 + 4r^2)}{4F}$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\text{WLOG we may assume } a \geq b \geq c \text{ and then, } \sec^2 \frac{A}{2} \geq \sec^2 \frac{B}{2} \geq \sec^2 \frac{C}{2}$$

$$\text{and } \frac{1}{\sin A} \leq \frac{1}{\sin B} \leq \frac{1}{\sin C} \therefore \sum_{\text{cyc}} \frac{\sec^2 \frac{A}{2}}{\sin A} \stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \left(\sum_{\text{cyc}} \sec^2 \frac{A}{2} \right) \left(\sum_{\text{cyc}} \frac{1}{\sin A} \right)$$

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$$= \frac{s^2 + (4R + r)^2}{3s^2} \cdot \frac{2R(s^2 + 4Rr + r^2)}{4Rs} \stackrel{?}{\leq} \frac{3(7R^2 + 4r^2)}{4F} = \frac{3(7R^2 + 4r^2)}{4rs}$$

$$\Leftrightarrow 2s^4 - (31R^2 - 24Rr + 32r^2)s^2 + 2r(4R + r)^3 \stackrel{?}{\leq} 0 \quad (*)$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\leq} (8R^2 + 8Rr + 6r^2)s^2 - (31R^2 - 24Rr + 32r^2)s^2 + 2r(4R + r)^3 \stackrel{?}{\leq} 0$

$$\Leftrightarrow (23R^2 - 32Rr + 26r^2)s^2 \stackrel{?}{\geq} 2r(4R + r)^3 \quad (**)$$

Now, LHS of (**) $\stackrel{\text{Gerretsen}}{\geq} (23R^2 - 32Rr + 26r^2)(16Rr - 5r^2) \stackrel{?}{\geq} 2r(4R + r)^3$

$$\Leftrightarrow 240t^3 - 723t^2 + 552t - 132 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right)$$

$$\Leftrightarrow (t - 2)(122t(t - 2) + 118t^2 + t + 66) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow (**) \Rightarrow (*) \text{ is true} \therefore \sum_{\text{cyc}} \frac{\sec^2 \frac{A}{2}}{\sin A} \leq \frac{3(7R^2 + 4r^2)}{4F}$$

Now, $f(x) = \sec \frac{x}{2} \forall x \in (0, \pi)$ is convex $\therefore f''(x) = \frac{\sec \frac{x}{2} \tan^2 \frac{x}{2} + \sec^3 \frac{x}{2}}{4} > 0$

$$\therefore \sum_{\text{cyc}} \frac{\sec^2 \frac{A}{2}}{\sin A} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} \sec \frac{A}{2})^2}{\frac{s}{R}} \stackrel{\text{Jensen}}{\geq} \frac{R(3\sec \frac{\pi}{6})^2}{s} = \frac{12R}{s} \stackrel{\text{Euler}}{\geq} \frac{24r}{s} = \frac{24r^2}{F}$$

$$\therefore \sum_{\text{cyc}} \frac{\sec^2 \frac{A}{2}}{\sin A} \geq \frac{24r^2}{F} \text{ and hence, in any } \Delta ABC, \frac{24r^2}{F} \leq \sum_{\text{cyc}} \frac{\sec^2 \frac{A}{2}}{\sin A} \leq \frac{3(7R^2 + 4r^2)}{4F},$$

"=" iff ΔABC is equilateral (QED)

1111. In ΔABC the following relationship holds,

$$2 \sum_{\text{cyc}} \sqrt{\frac{m_a m_b}{h_a h_b}} \geq \sum_{\text{cyc}} \left(\sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}} \right)$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Tereshin and CBS inequalities, we have,

$$2 \sqrt{\frac{m_a m_b}{h_a h_b}} \geq 2 \sqrt{\frac{(b^2 + c^2)(c^2 + a^2)}{(4R)^2} \cdot \frac{(2R)^2}{bc \cdot ca}} \geq \sqrt{\frac{(bc + ca)^2}{abc^2}} = \sqrt{\frac{a}{b}} + \sqrt{\frac{b}{a}}$$

Similarly, we have,

$$2 \sqrt{\frac{m_b m_c}{h_b h_c}} \geq \sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}}, \quad 2 \sqrt{\frac{m_c m_a}{h_c h_a}} \geq \sqrt{\frac{c}{a}} + \sqrt{\frac{a}{c}}$$

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Adding these inequalities yields the desired result.

Equality holds if and only if $\triangle ABC$ is equilateral.

1112. In $\triangle ABC$ the following relationship holds :

$$6r \sum_{cyc} \frac{r_a}{s + n_a} + \sum_{cyc} n_a \geq 3s$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine-Ben Ajiba-Tanger-Morocco

We have :

$$\begin{aligned} n_a^2 &= s(s-a) + \frac{s(b-c)^2}{a} = s^2 - \frac{s[a^2 - (b-c)^2]}{a} = s^2 - \frac{4s(s-b)(s-c)}{a} \\ &= -\frac{4s \cdot sr^2}{a(s-a)} = s^2 - 2h_a r_a \Rightarrow \frac{r_a}{s+n_a} = \frac{s-n_a}{2h_a} \text{ (and analogs)} \end{aligned}$$

Also, we have,

$$\begin{aligned} \frac{n_b^2 - n_a^2}{s} &= \left(s - b + \frac{(c-a)^2}{b} \right) - \left(s - a + \frac{(b-c)^2}{a} \right) = a - b + \frac{a(c-a)^2 - b(b-c)^2}{ab} \\ &= a - b + \frac{(a-b)(a^2 + ab + b^2 - 2ca - 2bc + c^2)}{ab} = \frac{(a-b)(a+b-c)^2}{ab}, \end{aligned}$$

so if $a \geq b$ then $n_a \leq n_b$ or $s - n_a \geq s - n_b$.

WLOG, we assume that $a \geq b \geq c$. Since $h_a = \frac{2F}{a}$ (and analogs) then we have,

$$s - n_a \geq s - n_b \geq s - n_c \text{ and } \frac{1}{h_a} \geq \frac{1}{h_b} \geq \frac{1}{h_c}.$$

Using Chebyshev's inequality, we have,

$$6r \sum_{cyc} \frac{r_a}{s+n_a} = 3r \sum_{cyc} \frac{s-n_a}{h_a} \geq r \sum_{cyc} \frac{1}{h_a} \cdot \sum_{cyc} (s-n_a) = 3s - \sum_{cyc} n_a.$$

Therefore,

$$6r \sum_{cyc} \frac{r_a}{s+n_a} + \sum_{cyc} n_a \geq 3s.$$

1113. In $\triangle ABC$ the following relationship holds:

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$$\frac{a}{9R^2 - a^2} + \frac{b}{9R^2 - b^2} + \frac{c}{9R^2 - c^2} < \frac{4}{s}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by George Florin Şerban-Romania

Show that $\frac{a}{9R^2 - a^2} \leq \frac{2}{5R}$, $9R^2 - a^2 = 9R^2 - 4R^2 \sin^2 A = R^2(3 - 2\sin A)(3 + 2\sin A) > 0$,

$$\frac{2R \sin A}{R^2(9 - 4\sin^2 A)} \leq \frac{2}{5R}, \quad 5\sin A \leq 9 - 4\sin^2 A, \quad 4\sin^2 A + 5\sin A - 9 \leq 0,$$

$(\sin A - 1)(4\sin A + 9) \leq 0$, true, because $\sin A \leq 1$, $\sin A - 1 \leq 0$ and $4\sin A + 9 \geq -4 + 9 = 5 > 0$.

Equality is if $\mu(A) = \frac{\pi}{2}$. Then $\sum_{cyc} \frac{a}{9R^2 - a^2} < \frac{6}{5R} < \frac{4}{s}$, $s < \frac{10R}{3}$, Mitrinovic inequality,

$$s \leq \frac{3\sqrt{3}R}{2} < \frac{10R}{3}, \text{ then } 9\sqrt{3} < 20, \quad 243 < 400, \text{ true, then } \sum_{cyc} \frac{a}{9R^2 - a^2} < \frac{4}{s}.$$

1114. $ABCD$ –convex quadrilateral, $M \in Int(ABCD)$, F –area,

s –semiperimeter,

a, b, c, d –sides. Prove that:

$$\frac{MA^4}{b} + \frac{MB^4}{c} + \frac{MC^4}{d} + \frac{MD^4}{a} \geq \frac{2F^2}{s}.$$

Proposed by Daniel Sitaru-Romania

Solution 1 by Adrian Popa-Romania

$$\begin{aligned} MA^2 + MB^2 &\geq 2MA \cdot MB \geq 2MA \cdot MB \cdot \sin M = 4F_{MAB} \\ \text{Analogously, } MB^2 + MC^2 &\geq 4F_{MBC}, \quad MC^2 + MD^2 \geq 4F_{MDC} \text{ and} \\ MD^2 + MA^2 &\geq 4F_{MAD}. \text{ By adding, we get:} \\ 2(MA^2 + MB^2 + MC^2 + MD^2) &\geq 4(F_{MAB} + F_{MBC} + F_{MDC} + F_{MAD}) \Leftrightarrow \\ MA^2 + MB^2 + MC^2 + MD^2 &\geq 2F_{ABCD} \\ \frac{MA^4}{b} + \frac{MB^4}{c} + \frac{MC^4}{d} + \frac{MD^4}{a} &= \frac{(MA^2)^2}{b} + \frac{(MB^2)^2}{c} + \frac{(MC^2)^2}{d} + \frac{(MD^2)^2}{a} \geq \\ &\stackrel{\text{Bergstrom}}{\geq} \frac{(MA^2 + MB^2 + MC^2 + MD^2)^2}{a + b + c + d} \geq \frac{4F_{ABCD}^2}{2s} = \frac{2F^2}{s}. \end{aligned}$$

Solution 2 by George Florin Şerban-Romania

$$\begin{aligned} F &= [AMB] + [MBC] + [MCD] + [MAD] = \\ &= \frac{AM \cdot MB \cdot \sin(\angle AMB)}{2} + \frac{MC \cdot MB \cdot \sin(\angle CMB)}{2} + \frac{MC \cdot MD \cdot \sin(\angle CMD)}{2} \end{aligned}$$

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$$\begin{aligned}
 & + \frac{MA \cdot MD \cdot \sin(\angle AMD)}{2} \leq \frac{AM \cdot MB}{2} + \frac{MB \cdot MC}{2} + \frac{MC \cdot MD}{2} + \frac{MD \cdot MA}{2} \leq \\
 & \leq \frac{MA^2 + MB^2}{4} + \frac{MC^2 + MB^2}{4} + \frac{MC^2 + MD^2}{4} + \frac{MD^2 + MA^2}{4} = \\
 & = \frac{1}{2}(MA^2 + MB^2 + MC^2 + MD^2), \text{ because } 2xy \leq x^2 + y^2 \Leftrightarrow (x - y)^2 \geq 0,
 \end{aligned}$$

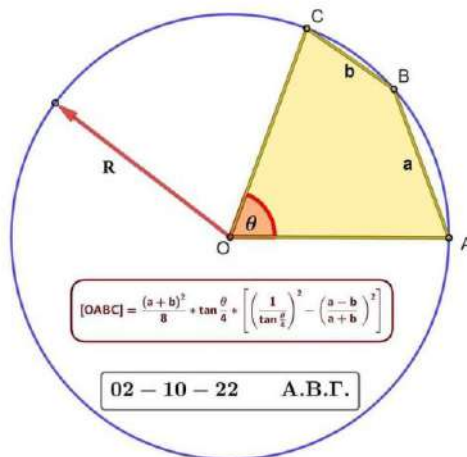
$(\forall) x, y \in \mathbb{R}$

Then, $MA^2 + MB^2 + MC^2 + MD^2 \geq 2F$ and hence,

$$\begin{aligned}
 & \frac{MA^4}{b} + \frac{MB^4}{c} + \frac{MC^4}{d} + \frac{MD^4}{a} = \frac{(MA^2)^2}{b} + \frac{(MB^2)^2}{c} + \frac{(MC^2)^2}{d} + \frac{(MD^2)^2}{a} \geq \\
 & \stackrel{\text{Bergstrom}}{\geq} \frac{(MA^2 + MB^2 + MC^2 + MD^2)^2}{a + b + c + d} \geq \frac{4F_{ABCD}^2}{2s} = \frac{2F^2}{s}.
 \end{aligned}$$

Equality holds if and only if $ABCD$ is a square.

1115.



Prove that :

$$[OABC] = \frac{(a+b)^2}{8} \cdot \tan \frac{\theta}{4} \cdot \left(\left(\frac{1}{\tan \frac{\theta}{4}} \right)^2 - \frac{(a-b)}{(a+b)} \right)$$

Proposed by Thanasis Gakopoulos-Farsala-Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\text{Via cosine law, } R^2 + R^2 - 2R^2 \cos \theta = a^2 + b^2 - 2ab \cos \left(180^\circ - \frac{\theta}{2} \right)$$

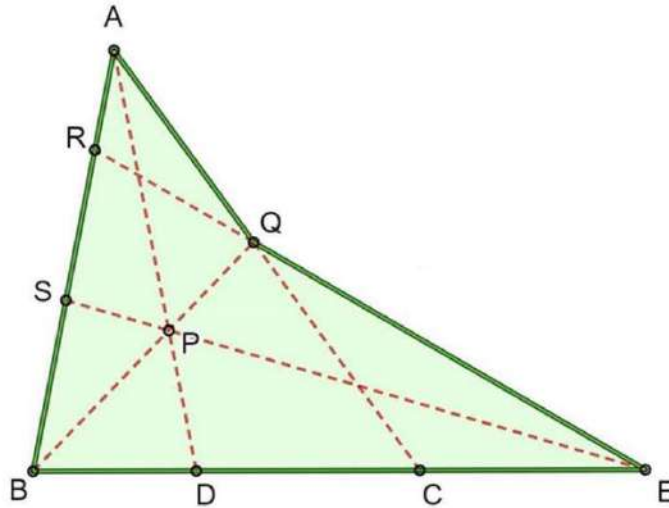
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$$\begin{aligned}
 &\Rightarrow 4R^2 \sin^2 \frac{\theta}{2} = a^2 + b^2 + 2ab \cos \frac{\theta}{2} \therefore [\text{OABC}] = [\text{AOC}] + [\text{ABC}] \\
 &= \frac{1}{2} \cdot R^2 \cdot \sin \theta + \frac{1}{2} \cdot ab \cdot \sin \left(180^\circ - \frac{\theta}{2}\right) = \frac{a^2 + b^2 + 2ab \cos \frac{\theta}{2}}{8 \sin^2 \frac{\theta}{2}} \cdot \sin \theta + \frac{ab \cdot \sin \frac{\theta}{2}}{2} \\
 &= \frac{(a^2 + b^2) \sin \theta}{8 \sin^2 \frac{\theta}{2}} + ab \cdot \left(\frac{\sin \theta \cos \frac{\theta}{2}}{4 \sin^2 \frac{\theta}{2}} + \frac{\sin \frac{\theta}{2}}{2} \right) \\
 &= \frac{(a^2 + b^2) \sin \theta}{8 \sin^2 \frac{\theta}{2}} + ab \cdot \frac{\sin \frac{\theta}{2} \cos^2 \frac{\theta}{2} + \sin^3 \frac{\theta}{2}}{2 \sin^2 \frac{\theta}{2}} \\
 &= \frac{(a^2 + b^2) \sin \theta}{8 \sin^2 \frac{\theta}{2}} + \frac{ab \cdot \sin \frac{\theta}{2} (\cos^2 \frac{\theta}{2} + \sin^2 \frac{\theta}{2})}{2 \sin^2 \frac{\theta}{2}} \Rightarrow [\text{OABC}] \stackrel{(*)}{=} \frac{(a^2 + b^2) \sin \theta}{8 \sin^2 \frac{\theta}{2}} + \frac{ab}{2 \sin \frac{\theta}{2}} \\
 &\text{Now, } \frac{(a+b)^2}{8} \cdot \tan \frac{\theta}{4} \cdot \left(\left(\frac{1}{\tan \frac{\theta}{4}} \right)^2 - \left(\frac{a-b}{a+b} \right)^2 \right) \\
 &= \frac{(a+b)^2}{8} \cdot \tan \frac{\theta}{4} \cdot \frac{(a+b)^2 - (a-b)^2 \cdot \tan^2 \frac{\theta}{4}}{\tan^2 \frac{\theta}{4} \cdot (a+b)^2} \\
 &= \frac{(a^2 + b^2) \left(1 - \frac{\sin^2 \frac{\theta}{4}}{\cos^2 \frac{\theta}{4}} \right)}{8 \tan \frac{\theta}{4}} + \frac{2ab (1 + \tan^2 \frac{\theta}{4})}{8 \tan \frac{\theta}{4}} \\
 &= \frac{(a^2 + b^2) \cdot \cos \frac{\theta}{2}}{8 \tan \frac{\theta}{4} \cdot \cos^2 \frac{\theta}{4}} + \frac{ab}{4 \tan \frac{\theta}{4} \cdot \cos^2 \frac{\theta}{4}} = \frac{(a^2 + b^2) \cdot \cos \frac{\theta}{2}}{8 \cos \frac{\theta}{4} \cdot \sin \frac{\theta}{4}} + \frac{ab}{4 \cos \frac{\theta}{4} \cdot \sin \frac{\theta}{4}} \\
 &= \frac{(a^2 + b^2) \cdot (2 \cos \frac{\theta}{2} \cdot \sin \frac{\theta}{2})}{8 \sin \frac{\theta}{2} \cdot \sin \frac{\theta}{2}} + \frac{ab}{2 \sin \frac{\theta}{2}} \Rightarrow \frac{(a+b)^2}{8} \cdot \tan \frac{\theta}{4} \cdot \left(\left(\frac{1}{\tan \frac{\theta}{4}} \right)^2 - \left(\frac{a-b}{a+b} \right)^2 \right) \\
 &\stackrel{(**)}{=} \frac{(a^2 + b^2) \sin \theta}{8 \sin^2 \frac{\theta}{2}} + \frac{ab}{2 \sin \frac{\theta}{2}} \therefore (*), (**) \Rightarrow \\
 &[\text{OABC}] = \frac{(a+b)^2}{8} \cdot \tan \frac{\theta}{4} \cdot \left(\left(\frac{1}{\tan \frac{\theta}{4}} \right)^2 - \left(\frac{a-b}{a+b} \right)^2 \right) \text{ (QED)}
 \end{aligned}$$

1116.



ARBCEQ – complete quadrilateral, AD, ES – cevians, $AD \cap ES = \{P\}$

$\frac{AP}{PD} + \frac{AR}{RB} = \frac{AQ}{QC} + \frac{AS}{SB}$. Prove that B, P, Q – are collinear.

Proposed by Thanasis Gakopoulos-Farsala-Greece

Solution by Adrian Popa-Romania

We must show: $\frac{QA}{QC} \cdot \frac{BC}{BD} \cdot \frac{PD}{DA} = 1$.

$$\text{In } \triangle ABC: R \rightarrow Q \rightarrow C: \frac{QA}{QC} \cdot \frac{EC}{EB} \cdot \frac{RB}{RA} = 1 \Rightarrow \frac{QA}{QC} = \frac{EB}{EC} \cdot \frac{RA}{RB}; \quad (1)$$

$$\text{In } \triangle ABD: S \rightarrow P \rightarrow E: \frac{SA}{SB} \cdot \frac{EB}{ED} \cdot \frac{PD}{PA} = 1 \Rightarrow \frac{SA}{SB} = \frac{ED}{EB} \cdot \frac{PA}{PD}$$

$$\frac{QA}{QC} + \frac{SA}{SB} = \frac{EB}{EC} \cdot \frac{RA}{RB} + \frac{ED}{EB} \cdot \frac{PA}{PD} = \frac{AR}{RB} + \frac{AP}{PD}$$

$$\frac{AR}{RB} \left(\frac{EB}{EC} - 1 \right) = \frac{AP}{PD} \left(1 - \frac{ED}{EB} \right)$$

$$\frac{AR}{RB} \cdot \frac{BC}{EC} = \frac{AP}{PD} \cdot \frac{BD}{EB} \Rightarrow \frac{PD}{PA} \cdot \frac{EB}{BD} = \frac{RB}{AR} \cdot \frac{EC}{BC} \Rightarrow$$

$$\frac{PD}{PA} \cdot \frac{EB}{EC} = \frac{RB}{AR} \cdot \frac{BD}{BC} \Rightarrow \frac{PD}{PA} \cdot \frac{BC}{BD} = \frac{RB}{AR} \cdot \frac{EC}{EB}$$

$$\frac{QA}{QC} \cdot \frac{BC}{BD} \cdot \frac{PD}{PA} = \frac{QA}{QC} \cdot \frac{RB}{RA} \cdot \frac{EC}{EB} \stackrel{(1)}{=} \frac{EB}{EC} \cdot \frac{RA}{RB} \cdot \frac{RB}{RA} \cdot \frac{EC}{EB} = 1$$

From Menelaus reverse theorem $\Rightarrow B, P, Q$ – collinear.

1117. In $\triangle ABC$, $AB = AC$, $M \in (AB)$, $N \in (BC)$, $AN = 4NB$, $BM = 2MC$

$\{P\} = MN \cap AC$. Prove that:

$$\frac{15BC^2 + 32F}{28AB} < BP \cos B + AP \sin B < \frac{17}{7} \cdot \max(AB, BC)$$

Proposed by Radu Diaconu-Romania

Solution by George Florin Șerban-Romania

$\triangle ABC$, **T.Menelaos**, $\frac{AN}{BN} \cdot \frac{BM}{CM} \cdot \frac{CP}{AP} = 1$, $AB = AC = b$, $BC = a$, $AP = 8PC$, $PC = \frac{b}{7}$, $AP = \frac{8b}{7}$.

$\triangle ABP$, **T.Stewart**, $BC^2 AP = AB^2 PC + BP^2 AC - AC \cdot PC \cdot AP$, $\frac{8a^2 b}{7} = \frac{b^3}{7} + BP^2 \cdot b - \frac{8b^3}{49}$,

$$BP^2 = \frac{56a^2 + b^2}{49}, \quad BP \cos B + AP \sin B \leq \sqrt{(BP^2 + AP^2)(\cos^2 B + \sin^2 B)} = \sqrt{\frac{56a^2 + 65b^2}{49}}$$

C.B.S. inequality, $\max(AB, BC) \geq AB$, $\max(AB, BC) \geq BC$, **then** $\max(AB, BC) \geq \frac{AB + BC}{2}$.

Show that $\sqrt{\frac{56a^2 + 65b^2}{49}} < \frac{17}{7} \cdot \frac{AB + BC}{2}$, $2\sqrt{56a^2 + 65b^2} < 17(a + b)$,

$224a^2 + 260b^2 < 289a^2 + 289b^2 + 578ab$, $65a^2 + 29b^2 + 578ab > 0$, **true, then**

$$BP \cos B + AP \sin B \leq \sqrt{\frac{56a^2 + 65b^2}{49}} < \frac{17}{7} \cdot \frac{AB + BC}{2} \leq \frac{17}{7} \max(AB, BC), \text{ **true, then**}$$

$BP \cos B + AP \sin B < \frac{17}{7} \max(AB, BC)$. $\cos B = \frac{a^2 + c^2 - b^2}{2ac} = \frac{a^2}{2ac} = \frac{a}{2b} < 1$, **then** $a < 2b$.

Show that $BP \cos B > \frac{15BC^2}{28AB}$, $\frac{a\sqrt{56a^2 + b^2}}{14b} > \frac{15a^2}{28b}$, $2\sqrt{56a^2 + b^2} > 15a$,

$224a^2 + 4b^2 > 225a^2$, $4b^2 > a^2$, $a < 2b$, **true, then** $BP \cos B > \frac{15BC^2}{28AB}$. **Show that**

$$AP \sin B > \frac{32F}{28AB}, \quad \frac{8b}{7} \sin B > \frac{8F}{7b}, \quad \frac{8b}{7} \sin B > \frac{8 \cdot \frac{ab \sin B}{2}}{7b} = \frac{4a \sin B}{7}, \text{ **then } 4a < 8b, a < 2b,**$$

true, then $BP \cos B > \frac{15BC^2}{28AB}$. **Then** $BP \cos B + AP \sin B > \frac{15BC^2 + 32F}{28AB}$, **true. Then**

$$\frac{15BC^2 + 32F}{28AB} < BP \cos B + AP \sin B < \frac{17}{7} \max(AB, BC).$$

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1118. In ΔABC , $x^2 \sin A - 4x + 5 - \sin A > 0, \forall x > 0$ and $F \geq \min(m_a^2, m_b^2, m_c^2)$

Prove that ΔABC is right isoscele.

Proposed by Radu Diaconu-Romania

Solution by George Florin Şerban-Romania

$\sin A > 0, \Delta = 16 - 4(\sin A)(5 - \sin A) = 4\sin^2 A - 20\sin A + 16 = 4(\sin^2 A - 5\sin A + 4) = 4(\sin A - 1)(\sin A - 4) \leq 0$

and $\Delta = 4(\sin A - 1)(\sin A - 4) \geq 0$, because $\sin A \leq 1 < 4$ then $\Delta = 0$. If

$\sin A - 4 = 0, \sin A = 4$, **false.** If $\sin A - 1 = 0, \sin A = 1, \mu(A) = \frac{\pi}{2}$. **If $b \leq c < a$ or $c \leq b < a$ then**

$m_b \geq m_c > m_a$ **or** $m_c \geq m_b > m_a$ **then $m_b^2 \geq m_c^2 > m_a^2$ or $m_c^2 \geq m_b^2 > m_a^2$ then**

$\min\{m_a^2, m_b^2, m_c^2\} = m_a^2 = \frac{a^2}{4} = \frac{b^2 + c^2}{4} \leq S = \frac{bc}{2}$, **then $b^2 + c^2 \leq 2bc, 0 \leq (b - c)^2 \leq 0$, then**

$b - c = 0, b = c, \mu(B) = \mu(C) = \frac{\pi}{4}, \mu(A) = \frac{\pi}{2}$. **ΔABC right isoscele triangle.**

1119. In any ΔABC , the following relationship holds :

$$\frac{ab(a+c)}{b+c} + \frac{bc(b+a)}{c+a} + \frac{ca(c+b)}{a+b} < \frac{6R^3}{r}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \frac{ab(a+c)}{b+c} + \frac{bc(b+a)}{c+a} + \frac{ca(c+b)}{a+b} = \sum_{\text{cyc}} \frac{ab(2s-b)}{b+c} \\ & = 2s \sum_{\text{cyc}} \frac{a(b+c-c)}{b+c} - \sum_{\text{cyc}} \frac{a^2 b^2}{ab+ac} \stackrel{\text{Bergstrom}}{\leq} 2s \sum_{\text{cyc}} a - 2s \cdot 4Rrs \cdot \sum_{\text{cyc}} \frac{1}{b^2+bc} \\ & \quad - \frac{(\sum_{\text{cyc}} ab)^2}{2 \sum_{\text{cyc}} ab} \stackrel{\text{Bergstrom}}{\leq} 4s^2 - 8Rrs^2 \cdot \frac{9}{\sum_{\text{cyc}} a^2 + \sum_{\text{cyc}} ab} - \frac{s^2 + 4Rr + r^2}{2} \\ & \leq 4s^2 - 8Rrs^2 \cdot \frac{9}{2 \sum_{\text{cyc}} a^2} - \frac{s^2 + 4Rr + r^2}{2} \stackrel{\text{Leibnitz}}{\leq} 4s^2 - 8Rrs^2 \cdot \frac{9}{18R^2} \\ & \quad - \frac{s^2 + 4Rr + r^2}{2} = 4s^2 - \frac{4rs^2}{R} - \frac{s^2 + 4Rr + r^2}{2} \stackrel{?}{<} \frac{6R^3}{r} \\ & \Leftrightarrow \frac{6R^3}{r} + \frac{s^2 + 4Rr + r^2}{2} + \frac{4rs^2}{R} \stackrel{?}{>} 4s^2 \Leftrightarrow \frac{R}{12R^4 + Rr(s^2 + 4Rr + r^2)} + \frac{8r^2 s^2}{2Rr} \stackrel{?}{>} 4s^2 \end{aligned}$$

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$$\Leftrightarrow (7Rr - 8r^2)s^2 \stackrel{?}{\underset{(*)}{<}} 12R^4 + 4R^2r^2 + Rr^3$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\leq} (7Rr - 8r^2)(4R^2 + 4Rr + 3r^2) \stackrel{?}{<} 12R^4 + 4R^2r^2 + Rr^3$

$$\Leftrightarrow 3t^4 - 7t^3 + 2t^2 + 3t + 6 > 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2) \left((t-2)(3t^2 + 5t + 10) + 23 \right) + 12 > 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true}$$

$$\therefore \text{in any } \triangle ABC, \frac{ab(a+c)}{b+c} + \frac{bc(b+a)}{c+a} + \frac{ca(c+b)}{a+b} < \frac{6R^3}{r} \text{ (QED)}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\sum_{cyc} \frac{ab(c+a)}{b+c} = \sum_{cyc} a(c+a) \left(1 - \frac{c}{b+c} \right) = \sum_{cyc} (ca + a^2) - \sum_{cyc} \frac{ca(c+a)}{b+c}$$

$$\stackrel{AM-GM}{\geq} 2 \sum_{cyc} a^2 - 3 \sqrt[3]{(abc)^2} \stackrel{\text{Leibniz}}{\geq} 2 \cdot 9R^2 - 3 \sqrt[3]{(4Rsr)^2} \stackrel{\text{Cosnita-Turtoi}}{\geq} 18R^2 - 3 \sqrt[3]{8R^2r^2 \cdot 27Rr}$$

$$= 18R^2 - 18Rr = \frac{9R^3}{2r} - \frac{9R(R-2r)^2}{2r} \leq \frac{9R^3}{2r} < \frac{6R^3}{r}, \text{ as desired.}$$

1120. In any $\triangle ABC$, the following relationship holds :

$$\frac{a}{b^2 + c^2} + \frac{b}{c^2 + a^2} + \frac{c}{a^2 + b^2} < \frac{4\sqrt{3}}{w_a + w_b + m_c}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\frac{4\sqrt{3}}{w_a + w_b + m_c} \stackrel{\text{Lessel-Pelling}}{\geq} \frac{4\sqrt{3}}{\sqrt{3}s} \therefore \text{in order to prove :}$$

$$\frac{a}{b^2 + c^2} + \frac{b}{c^2 + a^2} + \frac{c}{a^2 + b^2} < \frac{4\sqrt{3}}{w_a + w_b + m_c}, \text{ it suffices to prove :}$$

$$\frac{a}{b^2 + c^2} + \frac{b}{c^2 + a^2} + \frac{c}{a^2 + b^2} < \frac{4}{s}$$

$$\begin{aligned} \text{Now, } \sum_{cyc} \frac{a}{b^2 + c^2} &= \frac{1}{(\sum_{cyc} a^2)(\sum_{cyc} a^2b^2) - a^2b^2c^2} \cdot \sum_{cyc} \left(a \left(\sum_{cyc} a^2b^2 + a^4 \right) \right) \\ &= \frac{\sum_{cyc} a^5 + (\sum_{cyc} a)(\sum_{cyc} a^2b^2)}{(\sum_{cyc} a^2)(\sum_{cyc} a^2b^2) - a^2b^2c^2} \stackrel{(*)}{=} \sum_{cyc} \frac{a}{b^2 + c^2} \end{aligned}$$

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$$\begin{aligned}
 & \text{Now, } \left(\sum_{\text{cyc}} a \right) \left(\sum_{\text{cyc}} a^4 \right) = \sum_{\text{cyc}} a^5 + \sum_{\text{cyc}} \left(ab \left(\sum_{\text{cyc}} a^3 - c^3 \right) \right) \\
 \Rightarrow & \left(\sum_{\text{cyc}} a \right) \left(2 \sum_{\text{cyc}} a^2 b^2 - 16r^2 s^2 \right) = \sum_{\text{cyc}} a^5 + \left(\sum_{\text{cyc}} a^3 \right) \left(\sum_{\text{cyc}} ab \right) - abc \left(\sum_{\text{cyc}} a^2 \right) \\
 & \Rightarrow \sum_{\text{cyc}} a^5 + \left(\sum_{\text{cyc}} a \right) \left(\sum_{\text{cyc}} a^2 b^2 \right) \\
 & = \left(\sum_{\text{cyc}} a \right) \left(3 \sum_{\text{cyc}} a^2 b^2 - 16r^2 s^2 \right) - \left(\sum_{\text{cyc}} a^3 \right) \left(\sum_{\text{cyc}} ab \right) + abc \left(\sum_{\text{cyc}} a^2 \right) \\
 = & 2s \left(3(s^2 + 4Rr + r^2)^2 - 48Rrs^2 - 16r^2 s^2 \right) - 2s(s^2 + 4Rr + r^2)(s^2 - 6Rr - 3r^2) \\
 & + 8Rrs(s^2 - 4Rr - r^2) \Rightarrow \frac{\sum_{\text{cyc}} a^5 + (\sum_{\text{cyc}} a)(\sum_{\text{cyc}} a^2 b^2)}{(\sum_{\text{cyc}} a^2)(\sum_{\text{cyc}} a^2 b^2) - a^2 b^2 c^2} \\
 = & \frac{2s \left(3(s^2 + 4Rr + r^2)^2 - 48Rrs^2 - 16r^2 s^2 \right) - 2s(s^2 + 4Rr + r^2)(s^2 - 6Rr - 3r^2)}{2(s^2 - 4Rr - r^2)((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 16R^2 r^2 s^2} \\
 & + \frac{8Rrs(s^2 - 4Rr - r^2)}{2(s^2 - 4Rr - r^2)((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 16R^2 r^2 s^2} \stackrel{(**)}{=} \sum_{\text{cyc}} \frac{a}{b^2 + c^2} \\
 & \therefore (*), (**) \Rightarrow (\bullet) \Leftrightarrow \\
 & \frac{2s \left(3(s^2 + 4Rr + r^2)^2 - 48Rrs^2 - 16r^2 s^2 \right) - 2s(s^2 + 4Rr + r^2)(s^2 - 6Rr - 3r^2)}{2(s^2 - 4Rr - r^2)((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 16R^2 r^2 s^2} \\
 & + \frac{8Rrs(s^2 - 4Rr - r^2)}{2(s^2 - 4Rr - r^2)((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 16R^2 r^2 s^2} < \frac{4}{s} \\
 \Leftrightarrow & s^6 - (15Rr - 6r^2)s^4 + r^2 s^2 (52R^2 - 3Rr - 5r^2) - 2r^3 (4R + r)^3 \stackrel{(\bullet\bullet)}{>} 0 \\
 \text{Now, LHS of } (\bullet\bullet) & \stackrel{\text{Gerretsen}}{\geq} (Rr + r^2)s^4 + r^2 s^2 (52R^2 - 3Rr - 5r^2) - 2r^3 (4R + r)^3 \\
 & \stackrel{?}{>} 0 \Leftrightarrow (R + r)s^4 + r(52R^2 - 3Rr - 5r^2)s^2 - 2r^2 (4R + r)^3 \stackrel{?}{\geq} 0 \quad (\bullet\bullet\bullet) \\
 \text{Again, LHS of } (\bullet\bullet\bullet) & \stackrel{\text{Gerretsen}}{\geq} \left((R + r)(16Rr - 5r^2) + r(52R^2 - 3Rr - 5r^2) \right) s^2 \\
 & - 2r^2 (4R + r)^3 \Leftrightarrow (34R^2 + 4Rr - 5r^2)s^2 \stackrel{?}{\geq} r(4R + r)^3 \quad (\bullet\bullet\bullet\bullet) \\
 \text{Once again, LHS of } (\bullet\bullet\bullet\bullet) & \stackrel{\text{Gerretsen}}{\geq} (34R^2 + 4Rr - 5r^2)(16Rr - 5r^2) \stackrel{?}{>} r(4R + r)^3 \\
 & \Leftrightarrow 240t^3 - 77t^2 - 56t + 12 \stackrel{?}{>} 0 \left(t = \frac{R}{r} \right) \\
 \Leftrightarrow (t - 2)(240t^2 + 403t + 750) + 1512 & \stackrel{?}{>} 0 \rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2 \\
 \Rightarrow (\bullet\bullet\bullet\bullet) \Rightarrow (\bullet\bullet\bullet) \Rightarrow (\bullet\bullet) \Rightarrow (\bullet) & \text{ is true } \therefore \text{in any } \triangle ABC, \\
 \frac{a}{b^2 + c^2} + \frac{b}{c^2 + a^2} + \frac{c}{a^2 + b^2} & < \frac{4\sqrt{3}}{w_a + w_b + w_c} \quad (\text{QED})
 \end{aligned}$$

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Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Lessel – Pelling’s inequality, we have,

$$w_a + w_b + m_c \leq s\sqrt{3},$$

so it suffices to prove that,

$$\frac{a}{b^2 + c^2} + \frac{b}{c^2 + a^2} + \frac{c}{a^2 + b^2} < \frac{8}{a + b + c}.$$

We have,

$$\begin{aligned} (a + b + c) \cdot \frac{a}{b^2 + c^2} &= \frac{a^2}{b^2 + c^2} + \frac{a(b + c)}{b^2 + c^2} \stackrel{CBS}{\geq} \frac{3a^2}{2(b^2 + c^2) + (b^2 + c^2)} + \frac{2a}{b + c} \\ &\stackrel{CBS}{\geq} \frac{3a^2}{(b + c)^2 + b^2 + c^2} + \frac{4a}{2(b + c)} \stackrel{b+c > a}{<} \frac{3a^2}{a^2 + b^2 + c^2} + \frac{4a}{a + b + c} \end{aligned}$$

Then,

$$(a + b + c) \left(\frac{a}{b^2 + c^2} + \frac{b}{c^2 + a^2} + \frac{c}{a^2 + b^2} \right) < \sum_{cyc} \left(\frac{3a^2}{a^2 + b^2 + c^2} + \frac{4a}{a + b + c} \right) = 3 + 4 < 8,$$

which completes the proof.

1121. In $\triangle ABC$ the following relationship holds:

$$\frac{32s^5 - a^5 - b^5 - c^5}{8s^3 - a^3 - b^3 - c^3} \geq 120r^2$$

Proposed by Daniel Sitaru-Romania

Solution 1 by George Florin Şerban-Romania

We use the formulas:

$$(a + b + c)^5 = 5(a + b)(b + c)(c + a) \left(\sum_{cyc} a^2 + \sum_{cyc} ab \right)$$

$$(a + b + c)^3 - a^3 - b^3 - c^3 = 3(a + b)(b + c)(c + a)$$

$$\frac{32s^5 - a^5 - b^5 - c^5}{8s^3 - a^3 - b^3 - c^3} = \frac{(a + b + c)^5 - a^5 - b^5 - c^5}{(a + b + c)^3 - a^3 - b^3 - c^3} =$$

$$= \frac{5(a + b)(b + c)(c + a)(\sum_{cyc} a^2 + \sum_{cyc} ab)}{3(a + b)(b + c)(c + a)} =$$

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$$\begin{aligned} &= \frac{5(\sum a^2 + \sum ab)}{3} = \frac{5(48Rr - 2r^2 - 8Rr + s^2 + r^2 + 4Rr)}{3} = \\ &= \frac{5(3s^2 - 4Rr - r^2)}{3} \end{aligned}$$

By Gerretsen's and Euler's inequalities, we have:

$$\begin{aligned} \frac{32s^5 - a^5 - b^5 - c^5}{8s^3 - a^3 - b^3 - c^3} &= \frac{5(3s^2 - 4Rr - r^2)}{3} \geq \frac{5(48Rr - 15r^2 - 4Rr - r^2)}{3} = \\ &= \frac{5(44Rr - 16r^2)}{3} = \frac{220Rr - 80r^2}{3} \geq \frac{440r^2 - 80r^2}{3} = \frac{360r^2}{2} = 120r^2. \end{aligned}$$

Therefore, $\frac{32s^5 - a^5 - b^5 - c^5}{8s^3 - a^3 - b^3 - c^3} \geq 120r^2$. Equality holds for $a = b = c$.

Solution 2 by Tapas Das-India

Let $x = a + b + c, y = ab + bc + ca, z = abc$.

$$\sum_{cyc} a^5 = x^5 - 5x^3y + 5xy^2 + 5x^2z - 5yz$$

$$\begin{aligned} (a + b + c)^5 - a^5 - b^5 - c^5 &= x^5 - (x^5 - 5x^3y + 5xy^2 + 5x^2z - 5yz) = \\ &= 5(x^3y - xy^2 - x^2z + yz) \end{aligned}$$

$$(a + b + c)^3 - a^3 - b^3 - c^3 = x^3 - (x^3 - 3xy + 3z) = 3(xy - z)$$

$$\frac{32s^5 - a^5 - b^5 - c^5}{8s^3 - a^3 - b^3 - c^3} = \frac{5}{3} \cdot \frac{x^3y - xy^2 - x^2z + yz}{xy - z} =$$

$$= \frac{5}{3} \cdot \frac{(xy - z)(x^2 - y)}{xy - z} = \frac{5}{3}(x^2 - y) = \frac{5}{3}[(a + b + c)^2 - (ab + bc + ca)] =$$

$$= \frac{5}{3}(a^2 + b^2 + c^2 + ab + bc + ca) \stackrel{AM-GM}{\geq} \frac{5}{3} \left[3(abc)^{\frac{2}{3}} + 3(abc)^{\frac{2}{3}} \right] = \frac{5}{3} \cdot 6(abc)^{\frac{2}{3}} =$$

$$= 10(4Rrs)^{\frac{2}{3}} = 10(4 \cdot 2r \cdot r \cdot 3\sqrt{3}r)^{\frac{2}{3}} = 10 \left(8r^3 \cdot 3^{\frac{3}{2}} \right)^{\frac{2}{3}} = 120r^2.$$

1122. Tom said : "In ΔABC , if $a + b > 3c$, then : $R < 4r$ "

and Fred said : "In ΔABC , if $a + b < 3c$, then : $R > 4r$ ".

Who is true and who is false and why ?

Proposed by Nguyen Van Canh-BenTre-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

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$$2 \cos^2 15^\circ - 1 = \frac{\sqrt{3}}{2} \Rightarrow \cos^2 15^\circ = \frac{4 + 2\sqrt{3}}{8} = \frac{(\sqrt{3} + 1)^2}{8}$$

$$\Rightarrow \cos 15^\circ = \frac{\sqrt{3} + 1}{2\sqrt{2}} \Rightarrow 1 - 2 \sin^2 7.5^\circ = \frac{\sqrt{3} + 1}{2\sqrt{2}} \Rightarrow 2 \sin^2 7.5^\circ = \frac{4 - \sqrt{6} - \sqrt{2}}{4}$$

$$\Rightarrow \sin 7.5^\circ \stackrel{(*)}{=} \frac{1}{2} \cdot \sqrt{\frac{4 - \sqrt{6} - \sqrt{2}}{2}} \text{ and } 1 - 2 \sin^2 15^\circ = \frac{\sqrt{3}}{2} \Rightarrow \sin^2 15^\circ = \frac{4 - 2\sqrt{3}}{8}$$

$$= \frac{(\sqrt{3} - 1)^2}{8} \Rightarrow \sin 15^\circ \stackrel{(**)}{=} \frac{\sqrt{3} - 1}{2\sqrt{2}}$$

Now, $a + b > 3c \Leftrightarrow 2s > 4c \Leftrightarrow 4R \cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2} > 8R \cos \frac{C}{2} \sin \frac{C}{2}$

$$\Leftrightarrow \cos \frac{A+B}{2} + \cos \frac{A-B}{2} > 4 \sin \frac{C}{2} \therefore a + b > 3c \Leftrightarrow \cos \frac{A-B}{2} > 3 \sin \frac{C}{2} \rightarrow (1)$$

Also, $R < 4r \Leftrightarrow R < 16R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \Leftrightarrow \frac{1}{8} < \sin \frac{C}{2} \left(\cos \frac{A-B}{2} - \cos \frac{A+B}{2} \right)$

$$\therefore R < 4r \Leftrightarrow \sin^2 \frac{C}{2} - \sin \frac{C}{2} \cdot \cos \frac{A-B}{2} + \frac{1}{8} < 0 \rightarrow (2)$$

Let $A = B$ and $C = 15^\circ$ and then, $\cos \frac{A-B}{2} = 1 > 3 * \frac{1}{2} \cdot \sqrt{\frac{4 - \sqrt{6} - \sqrt{2}}{2}}$

$\stackrel{\text{via } (*)}{=} 3 * \sin 7.5^\circ = 3 \sin \frac{C}{2} \stackrel{\text{via } (1)}{\Rightarrow} a + b > 3c$ and in order to prove $t^2 - t + \frac{1}{8} > 0$,

it suffices to prove : $t < \frac{1 - \sqrt{1 - 4 \cdot \frac{1}{8}}}{2} = \frac{1 - \frac{1}{\sqrt{2}}}{2} \therefore$ in order to prove :

$$\sin^2 7.5^\circ - \sin 7.5^\circ + \frac{1}{8} > 0, \text{ it suffices to prove : } \sin 7.5^\circ < \frac{1 - \frac{1}{\sqrt{2}}}{2}$$

$$\stackrel{\text{via } (*)}{\Leftrightarrow} \frac{1}{2} \cdot \sqrt{\frac{4 - \sqrt{6} - \sqrt{2}}{2}} < \frac{1 - \frac{1}{\sqrt{2}}}{2} \Leftrightarrow \frac{4 - \sqrt{6} - \sqrt{2}}{2} < \frac{3 - 2\sqrt{2}}{2}$$

$$\Leftrightarrow 1 + \sqrt{2} < \sqrt{6} \Leftrightarrow 3 + 2\sqrt{2} < 6 \Leftrightarrow 2\sqrt{2} < 3 \Leftrightarrow 8 < 9 \rightarrow \text{true}$$

$\therefore \sin^2 7.5^\circ - \sin 7.5^\circ + \frac{1}{8} > 0 \Rightarrow \sin^2 \frac{C}{2} - \sin \frac{C}{2} \cdot \cos \frac{A-B}{2} + \frac{1}{8} > 0 \stackrel{\text{via } (2)}{\Rightarrow} R > 4r$

\therefore in ΔABC , if $a + b > 3c$, then for $A = B$ and $C = 15^\circ$

(for such values, $a + b > 3c$ is preserved), we have $R > 4r$

\therefore in ΔABC , if $a + b > 3c$, then : $R < 4r$ isn't always true

\therefore Tom's assertion isn't always true

Again, let $A = B$ and $C = 105^\circ$ and then, $1 - 2 \sin^2 52.5^\circ = \cos 105^\circ = -\cos 75^\circ$

$$= -\sin 15^\circ \stackrel{\text{via } (**)}{=} -\frac{\sqrt{3} - 1}{2\sqrt{2}} \Rightarrow \sin^2 52.5^\circ = \frac{1 + \frac{\sqrt{3} - 1}{2\sqrt{2}}}{2} = \frac{4 + \sqrt{6} - \sqrt{2}}{8}$$

$$\Rightarrow \sin 52.5^\circ = \frac{1}{2} \cdot \sqrt{\frac{4 + \sqrt{6} - \sqrt{2}}{2}} \therefore \cos \frac{A-B}{2} = 1 < 3 * \frac{1}{2} \cdot \sqrt{\frac{4 + \sqrt{6} - \sqrt{2}}{2}}$$

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$$= 3 * \sin 52.5^\circ = 3 \sin \frac{C}{2} \stackrel{\text{via (1)}}{\Rightarrow} a + b < 3c \text{ and } \sin^2 52.5^\circ - \sin 52.5^\circ + \frac{1}{8} =$$

$$\frac{4 + \sqrt{6} - \sqrt{2}}{8} - \frac{1}{2} \cdot \sqrt{\frac{4 + \sqrt{6} - \sqrt{2}}{2}} + \frac{1}{8} \approx -0.0389438 < 0$$

$$\Rightarrow \sin^2 \frac{C}{2} - \sin \frac{C}{2} \cdot \cos \frac{A-B}{2} + \frac{1}{8} < 0 \stackrel{\text{via (2)}}{\Rightarrow} R < 4r$$

\therefore in ΔABC , if $a + b < 3c$, then for $A = B$ and $C = 105^\circ$
(for such values, $a + b < 3c$ is preserved), we have $R < 4r$

\therefore $\text{in } \Delta ABC, \text{ if } a + b < 3c, \text{ then : } R > 4r \text{ isn't always true}$

\therefore Fred's assertion isn't always true

\therefore $\text{Tom's as well as Fred's respective assertions aren't always true}$ (ans)

1123. In ΔABC , prove or disprove that :

$$\frac{(a^2 + b^2 + c^2)^4}{(ab + bc + ca)^3} + \frac{R^3}{8r} \geq r^2 + \sum_{\text{cyc}} \frac{a^8}{b^3 c^3}$$

Proposed by Nguyen Van Canh-BenTre-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

We shall prove that for right triangles with $\frac{R}{r} \geq 3$, holds :

$$\frac{(a^2 + b^2 + c^2)^4}{(ab + bc + ca)^3} + \frac{R^3}{8r} < r^2 + \sum_{\text{cyc}} \frac{a^8}{b^3 c^3}$$

$$\begin{aligned} \text{Now, } \sum_{\text{cyc}} \frac{a^8}{b^3 c^3} &= \frac{1}{128R^3 r^3 s^4} \cdot \left(\sum_{\text{cyc}} a^{11} \right) \left(\sum_{\text{cyc}} a \right)^{\text{CBS}} \geq \frac{1}{128R^3 r^3 s^4} \cdot \left(\sum_{\text{cyc}} a^6 \right)^2 \\ &\geq \frac{1}{128R^3 r^3 s^4} \left(\frac{1}{3} \left(\sum_{\text{cyc}} a^3 \right)^2 \right)^2 = \frac{16s^4 (s^2 - 6Rr - 3r^2)^4}{9 * 128R^3 r^3 s^4} = \frac{(s^2 - 6Rr - 3r^2)^4}{72R^3 r^3} \\ &\stackrel{?}{>} \frac{(a^2 + b^2 + c^2)^4}{(ab + bc + ca)^3} + \frac{R^3 - 8r^3}{8r} \\ &\Leftrightarrow \frac{((2R + r)^2 - 6Rr - 3r^2)^4}{72R^3 r^3} \stackrel{?}{>} \frac{16((2R + r)^2 - 4Rr - r^2)^4}{((2R + r)^2 + 4Rr + r^2)^3} + \frac{R^3 - 8r^3}{8r} \\ &\left(\because \Delta ABC \text{ is right } \Rightarrow \cos A \cos B \cos C = 0 \Rightarrow \frac{s^2 - (2R + r)^2}{4R^2} = 0 \Rightarrow s = 2R + r \right) \\ &\Leftrightarrow \frac{((2R + r)^2 - 6Rr - 3r^2)^4}{72R^3 r^3} \end{aligned}$$

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$$\begin{aligned}
 & \stackrel{?}{>} \frac{128r((2R+r)^2 - 4Rr - r^2)^4 + (R^3 - 8r^3)((2R+r)^2 + 4Rr + r^2)^3}{8r((2R+r)^2 + 4Rr + r^2)^3} \\
 \Leftrightarrow & 16384t^{14} + 65536t^{13} + 15808t^{12} - 519552t^{11} - 219744t^{10} + 223872t^9 \\
 & + 383696t^8 + 51104t^7 - 157000t^6 - 67712t^5 + 33664t^4 + 36928t^3 + 12800t^2 \\
 & + 2048t + 128 \stackrel{?}{>} 0 \left(t = \frac{R}{r} \right) \\
 & (t-3)(16384t^{13} + 114688t^{12} + 359872t^{11} + 560064t^{10} + 1460448t^9) \\
 & + (t-3)(4605216t^8 + 14199344t^7 + 42649136t^6 + 127790408t^5 + 383303512t^4) \\
 & + (t-3)(1149944200t^3 + 3449869528t^2 + 10349621384t + 31048866200) \\
 & + 93146598728 \rightarrow \text{true} \because t = \frac{R}{r} \geq 3 \therefore \text{for right triangles with } \frac{R}{r} \geq 3, \text{ holds :} \\
 \sum_{\text{cyc}} \frac{a^8}{b^3c^3} & > \frac{(a^2 + b^2 + c^2)^4}{(ab + bc + ca)^3} + \frac{R^3 - 8r^3}{8r} \Rightarrow \frac{(a^2 + b^2 + c^2)^4}{(ab + bc + ca)^3} + \frac{R^3}{8r} < r^2 + \sum_{\text{cyc}} \frac{a^8}{b^3c^3} \\
 \Rightarrow & \boxed{\frac{(a^2 + b^2 + c^2)^4}{(ab + bc + ca)^3} + \frac{R^3}{8r} \geq r^2 + \sum_{\text{cyc}} \frac{a^8}{b^3c^3} \text{ isn't true } \forall \Delta ABC}
 \end{aligned}$$

1124. In ΔABC the following relationship holds:

$$1008 + \frac{1}{\sin^4 \frac{A}{2}} + \frac{1}{\sin^4 \frac{B}{2}} + \frac{1}{\sin^4 \frac{C}{2}} \leq 1056 \left(\frac{R}{2r} \right)^4$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Let $x = \sin \frac{A}{2}$, $y = \sin \frac{B}{2}$, $z = \sin \frac{C}{2}$ and $t = xyz = \frac{r}{4R} \leq \frac{1}{8}$. The problem becomes,

$$1008 + \frac{1}{x^4} + \frac{1}{y^4} + \frac{1}{z^4} \leq \frac{33}{128t^4}.$$

Since $x^2 + y^2 + z^2 + 2xyz = 1$ then we have,

$$\begin{aligned}
 1008 + \frac{1}{x^4} + \frac{1}{y^4} + \frac{1}{z^4} &= 1008 + \frac{(x^2y^2 + y^2z^2 + z^2x^2)^2 - 2x^2y^2z^2(x^2 + y^2 + z^2)}{t^4} \\
 &\leq 1008 + \frac{\left(\frac{(x^2 + y^2 + z^2)^2}{3} \right)^2 - 2t^2(1-2t)}{t^4} = 1008 + \frac{(1-2t)^4 - 18t^2(1-2t)}{9t^4} \\
 &= \frac{33}{128t^4} - \frac{(1-8t)(169 + 2376t + 18240t^2 + 145408t^3)}{9t^4} \leq \frac{33}{128t^4},
 \end{aligned}$$

because $t \leq \frac{1}{8}$. So the proof is completed. Equality holds iff ΔABC is equilateral.

1125. In $\triangle ABC$ the following relationship holds:

$$\frac{b^2}{\sqrt{a}} + \frac{c^2}{\sqrt{b}} + \frac{a^2}{\sqrt{c}} \geq \frac{36r^2}{\sqrt[4]{3R^2}}$$

Proposed by Daniel Sitaru-Romania

Solution 1 by Tapas Das-India

$$\frac{b^2}{\sqrt{a}} + \frac{c^2}{\sqrt{b}} + \frac{a^2}{\sqrt{c}} \stackrel{AM-GM}{\geq} 3 \left[(abc)^2 \right]^{\frac{1}{3}} = 3\sqrt{abc}$$

$$\text{We need to show: } 3\sqrt{abc} \geq \frac{36r^2}{\sqrt[4]{3R^2}} \Leftrightarrow$$

$$3\sqrt{4RF} \cdot \sqrt{R} \cdot 3^{\frac{1}{4}} \geq 36r^2 \Leftrightarrow 2R\sqrt{rs} \cdot 3^{\frac{1}{4}} \geq 12r^2 \Leftrightarrow$$

$$2 \cdot 2r \sqrt{r3\sqrt{3r}} \cdot 3^{\frac{1}{4}} \geq 12r^2 \Leftrightarrow 4r^2 \cdot 3^{\frac{3}{4}} \cdot 3^{\frac{1}{4}} \geq 12r^2 \Leftrightarrow$$

$$12r^2 \geq 12r^2 \text{ (true!)}$$

Solution 2 by George Florin Şerban-Romania

Let be $f: (0, \infty) \rightarrow \mathbb{R}, f(x) = \sqrt{x}$ – concave function, then by Jensen's inequality:

$$\sqrt{a} + \sqrt{b} + \sqrt{c} \leq 3 \sqrt{\frac{a+b+c}{3}} = \sqrt{6s}$$

By Bergstrom's inequality:

$$\frac{b^2}{\sqrt{a}} + \frac{c^2}{\sqrt{b}} + \frac{a^2}{\sqrt{c}} \geq \frac{(\sum a)^2}{\sum \sqrt{a}} \geq \frac{4s^2}{\sqrt{6s}} = \frac{4s^2\sqrt{6s}}{6s} = \frac{2s\sqrt{6s}}{3} \geq \frac{36r^2}{\sqrt[4]{3R^2}} \Leftrightarrow$$

$$\frac{s\sqrt{6s}}{3} \geq \frac{18r^2}{\sqrt[4]{3R^2}} \Leftrightarrow \frac{s^4 \cdot 36r^2}{81} \geq \frac{18^4 r^8}{3R^2} \Leftrightarrow \frac{s^6}{27} \geq \frac{18^3 r^8}{2R^2}$$

By Mitrinovic's inequality:

$$\frac{s^6}{27} \geq \frac{(3\sqrt{3r})^6}{27} \geq \frac{18^3 r^8}{2R^2} \Leftrightarrow \frac{3^9 r^6}{3^3} \geq \frac{3^6 \cdot 4r^8}{R^2} \Leftrightarrow R^2 \geq 4r^2 \Leftrightarrow R \geq 2r \text{ (Euler).}$$

Equality holds for $a = b = c$.

$$\text{Therefore, } \frac{b^2}{\sqrt{a}} + \frac{c^2}{\sqrt{b}} + \frac{a^2}{\sqrt{c}} \geq \frac{36r^2}{\sqrt[4]{3R^2}}$$

1126. In $\triangle ABC$ the following relationship holds,

$$\sum_{cyc} \frac{\cos \frac{A}{2}}{\sin \frac{A}{4} + \cos \frac{A}{4}} \geq \frac{3\sqrt{2}r}{R}$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,
$$\frac{\cos \frac{A}{2}}{\sin \frac{A}{4} + \cos \frac{A}{4}} = \frac{\cos \frac{A}{2}}{\sqrt{2} \cos \left(\frac{\pi}{4} - \frac{A}{4} \right)} = \frac{\sin \frac{B+C}{2}}{\sqrt{2} \cos \frac{B+C}{4}} = \sqrt{2} \sin \frac{B+C}{4}.$$

Since $f(x) = \sin \frac{x}{2}$ is concave on $(0, \pi)$, then by Popoviciu's inequality, we have,

$$\sum_{cyc} \sin \frac{B+C}{4} = \sum_{cyc} f\left(\frac{B+C}{2}\right) \geq \frac{1}{2} \left(\sum_{cyc} f(A) + 3f\left(\frac{A+B+C}{3}\right) \right) = \frac{1}{2} \left(\sum_{cyc} \sin \frac{A}{2} + \frac{3}{2} \right)$$

$$\stackrel{AM-GM}{\geq} \frac{1}{2} \left(3^3 \sqrt[3]{\prod_{cyc} \sin \frac{A}{2}} + \frac{3}{2} \right) = \frac{3}{2} \left(\sqrt[3]{\frac{r}{4R}} + \frac{1}{2} \right) \stackrel{Euler}{\geq} \frac{3}{2} \left(\frac{r}{R} + \frac{r}{R} \right) = \frac{3r}{R}.$$

Which completes the proof. Equality holds iff $\triangle ABC$ is equilateral.

1127. In $\triangle ABC$ the following relationship holds:

$$\frac{1}{2} - \frac{r}{2R} - \frac{r^2}{4R^2} \leq \sum_{cyc} \sin^4 \frac{A}{2} \leq 1 - \frac{2r}{R} + \frac{3r^2}{4R^2}$$

Proposed by Marin Chirciu-Romania

Solution by George Florin Șerban-Romania

By Gerretsen inequality:

$$\begin{aligned} 4R^2 + 4Rr + 3r^2 &\geq s^2 \geq 16Rr - 5r^2 \\ -16Rr + 5r^2 &\geq -s^2 \geq -4R^2 - 4Rr - 3r^2 \\ 8R^2 + r^2 - 16Rr + 5r^2 &\geq 8R^2 + r^2 - s^2 \geq 8R^2 + r^2 - 4R^2 - 4Rr - 3r^2 \\ 4R^2 - 4Rr - 2r^2 &\leq 8R^2 + r^2 - s^2 \leq 8R^2 - 16Rr + 6r^2 \\ \frac{4R^2 - 4Rr - 2r^2}{8R^2} &\leq \frac{8R^2 + r^2 - s^2}{8R^2} \leq \frac{8R^2 - 16Rr + 6r^2}{8R^2} \\ \frac{1}{2} - \frac{r}{2R} - \frac{r^2}{4R^2} &\leq \frac{8R^2 + r^2 - s^2}{8R^2} \leq 1 - \frac{2r}{R} + \frac{3r^2}{4R^2} \end{aligned}$$

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$$\frac{1}{2} - \frac{r}{2R} - \frac{r^2}{4R^2} \leq \sum_{cyc} \sin^4 \frac{A}{2} \leq 1 - \frac{2r}{R} + \frac{3r^2}{4R^2}$$

Equality for $a = b = c$.

1128. If in $\triangle ABC$, $\sqrt[3]{\sin^2 A + \sin A + 6} + 4\sin^2 A + 4\sin A = 10$ and

$m(\sphericalangle B) = 2m(\sphericalangle C)$ then:

$$\frac{OI^2}{OI_a^2} = \frac{2 - \sqrt{3}}{4 + \sqrt{3}} \text{ and } \frac{r}{R} + \frac{R}{r} > 3$$

Proposed by Radu Diaconu-Romania

Solution by George Florin Șerban-Romania

$$\sin^2 A + \sin A = x, \sqrt[3]{x+6} = 10 - 4x, (10 - 4x)^3 = x + 6, 1000 - 1200x + 480x^2 - 64x^3 = x + 6,$$

$$64x^3 - 480x^2 + 1201x - 994 = 0, 64x^3 - 128x^2 - 352x^2 + 704x + 497x - 994 = 0,$$

$$64x^2(x-2) - 352x(x-2) + 497(x-2) = 0, (x-2)(64x^2 - 352x + 497) = 0. \text{ If}$$

$$64x^2 - 352x + 497 = 0, \Delta = 123904 - 127232 = -3328 < 0, \text{ false. If } x - 2 = 0, x = 2,$$

$$\sin^2 A + \sin A - 2 = 0, (\sin A - 1)(\sin A + 2) = 0. \text{ If } \sin A + 2 = 0, \sin A = -2, \text{ false. If}$$

$$\sin A - 1 = 0, \sin A = 1, m(\sphericalangle A) = 90^\circ, m(\sphericalangle B) + m(\sphericalangle C) = 90^\circ = 3m(\sphericalangle C),$$

$$m(\sphericalangle C) = 30^\circ, m(\sphericalangle B) = 60^\circ, BC = a, T.30^\circ \Rightarrow AB = c = \frac{a}{2}, \cos 30^\circ = \frac{\sqrt{3}}{2} = \frac{b}{a}, AC = b = \frac{a\sqrt{3}}{2}.$$

$$p = 2R + r, \frac{a + \frac{a\sqrt{3}}{2} + \frac{a}{2}}{2} = a + r, a + \frac{a\sqrt{3}}{2} + \frac{a}{2} = 2a + 2r, 3a + a\sqrt{3} = 4a + 4r, r = \frac{a\sqrt{3} - a}{4},$$

$$\frac{r}{R} + \frac{R}{r} = \frac{a(\sqrt{3} - 1)}{2a} + \frac{2a}{a(\sqrt{3} - 1)} = \frac{\sqrt{3} - 1}{2} + \frac{2}{\sqrt{3} - 1} = \frac{\sqrt{3} - 1}{2} + \sqrt{3} + 1 = \frac{3\sqrt{3} + 1}{2} > 3,$$

$$3\sqrt{3} > 5 \Rightarrow 27 > 25, \text{ true, then } \frac{r}{R} + \frac{R}{r} > 3. OI^2 = R^2 - 2Rr, OI_a^2 = R^2 + 2R \cdot r_a, \text{ Euler,}$$

$$r_a = \frac{S}{p-a} = \frac{bc}{-a+b+c} = \frac{\frac{a^2\sqrt{3}}{4}}{-a + \frac{a}{2} + \frac{a\sqrt{3}}{2}} = \frac{a^2\sqrt{3}}{4} \cdot \frac{2}{a\sqrt{3} - a} = \frac{a\sqrt{3}}{2(\sqrt{3} - 1)} = \frac{a\sqrt{3}(\sqrt{3} + 1)}{4} = \frac{a(3 + \sqrt{3})}{4},$$

$$\frac{OI^2}{OI_a^2} = \frac{R(R - 2r)}{R(R + 2r_a)} = \frac{R - 2r}{R + 2r_a} = \frac{\frac{a}{2} - \frac{a\sqrt{3} - a}{2}}{\frac{a}{2} + \frac{a(3 + \sqrt{3})}{2}} = \frac{a(2 - \sqrt{3})}{a(4 + \sqrt{3})} = \frac{2 - \sqrt{3}}{4 + \sqrt{3}}, \text{ true, then } \frac{OI^2}{OI_a^2} = \frac{2 - \sqrt{3}}{4 + \sqrt{3}}.$$

1129. If H – orthocenter in $\triangle ABC$, $AH = a'$, $BH = b'$, $CH = c'$ then:

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$$[ABC] = \frac{1}{4}(aa' + bb' + cc')$$

Proposed by Alpaslan Ceran-Turkiye

Solution by Daniel Sitaru-Romania

Let be AA', BB' –altitudes.

$$\sphericalangle B'BA = \frac{\pi}{2} - \sphericalangle C, \quad \cos\left(\frac{\pi}{2} - \sphericalangle C\right) = \frac{BA'}{BH} \Rightarrow BA' = BH \sin C$$

$$\triangle BHA' \sim \triangle AHB' \Rightarrow \frac{AH}{BH} = \frac{B'A}{A'B}$$

$$AH = \frac{BH \cdot B'A}{A'B} = \frac{BH \cdot c \cos A}{BH \cdot \sin C} = \frac{2R \sin C \cdot \cos A}{\sin C} = 2R \cos A$$

$$\begin{aligned} aa' + bb' + cc' &= a \cdot 2R \cos A + b \cdot 2R \cos B + c \cdot 2R \cos C = \\ &= 2R^2(2 \sin A \cos A + 2 \sin B \cos B + 2 \sin C \cos C) = \\ &= 2R^2(\sin 2A + \sin 2B + \sin 2C) = \end{aligned}$$

$$= 2R^2 \cdot 4 \sin A \sin B \sin C = 2R^2 \cdot 4 \cdot \frac{a}{2R} \cdot \frac{b}{2R} \cdot \sin C = 2 \cdot ab \sin C = 4F$$

$$[ABC] = \frac{1}{4}(aa' + bb' + cc')$$

1130. In $\triangle ABC$, G –centroid, the following relationship holds:

$$\frac{2F}{R^2} \leq \sum_{cyc} \sin(\sphericalangle BGC) \leq \frac{27R^2}{8F}$$

Proposed by Nguyen Van Canh-BenTre-Vietnam

Solution by Daniel Sitaru-Romania

Lemma 1

In $\triangle ABC$ the following relationship holds:

$$m_b m_c \leq \frac{2a^2 + bc}{4} \quad (1)$$

Proof:

$$m_b m_c \leq \frac{2a^2 + bc}{4} \Leftrightarrow 16m_b^2 m_c^2 \leq (2a^2 + bc)^2 \Leftrightarrow$$

$$(2a^2 + 2c^2 - b^2)(2a^2 + 2b^2 - c^2) \leq (2a^2 + bc)^2$$

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$$a^2b^2 + a^2c^2 + 2b^2c^2 - c^4 - b^4 - 2a^2bc \leq 0$$

$$a^2(b-c)^2 - (b-c)^2(b+c)^2 \leq 0$$

$$(b-c)^2(a+b+c)(b+c-a) \geq 0 \text{ (True)}$$

Equality holds for $b = c$.

Lemma 2

In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} m_b m_c \leq \frac{27R^2}{4} \quad (2)$$

Proof:

$$\begin{aligned} \sum_{cyc} m_b m_c &\stackrel{(1)}{\leq} \sum_{cyc} \frac{2a^2 + bc}{4} = \frac{1}{4} \left(2 \sum_{cyc} a^2 + \sum_{cyc} bc \right) = \\ &= \frac{1}{4} (2 \cdot 2(s^2 - r^2 - 4Rr) + s^2 + r^2 + 4Rr) = \frac{1}{4} (5s^2 - 3r^2 - 12Rr) \stackrel{GERRETSEN}{\leq} \\ &\leq \frac{1}{4} (5(4R^2 + 4r^2 + 3Rr) - 3r^2 - 12Rr) = 5R^2 + 2Rr + 3r^2 \stackrel{EULER}{\leq} \\ &\leq 5R^2 + 2R \cdot \frac{R}{2} + 3 \cdot \frac{R^2}{4} = \frac{27R^2}{4} \end{aligned}$$

Equality holds for $a = b = c$.

Back to the problem:

$$\begin{aligned} [BGC] &= \frac{F}{3} = \frac{1}{2} \cdot \frac{2}{3} m_b \cdot \frac{2}{3} m_c \cdot \sin(\sphericalangle BGC) \Rightarrow \sin(\sphericalangle BGC) = \frac{3F}{2m_b m_c} \\ \sum_{cyc} \sin(\sphericalangle BGC) &= \sum_{cyc} \frac{3F}{2m_b m_c} = \frac{3F}{2} \sum_{cyc} \frac{1}{m_b m_c} \leq \\ &\leq \frac{3F}{2} \sum_{cyc} \frac{1}{\sqrt{s(s-b)} \cdot \sqrt{s(s-c)}} = \frac{3F}{2} \cdot \frac{1}{F\sqrt{s}} \sum_{cyc} \sqrt{s-a} \stackrel{CBS}{\leq} \\ &\leq \frac{3}{2\sqrt{s}} \cdot \sqrt{(1+1+1)(s-a+s-b+s-c)} = \frac{3\sqrt{3}}{2} \leq \frac{27R^2}{8F} \Leftrightarrow \\ &\Leftrightarrow 12\sqrt{3}F \leq 27R^2 \end{aligned}$$

$$12\sqrt{3}F = 4\sqrt{3}rs \stackrel{EULER}{\leq} 12\sqrt{3} \cdot \frac{R}{2} \cdot s \stackrel{MITRINOVIC}{\leq} 6\sqrt{3} \cdot R \cdot \frac{3R\sqrt{3}}{2} = 27R^2$$

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$$\sum_{cyc} \sin(\sphericalangle BGC) = \sum_{cyc} \frac{3F}{2m_b m_c} = \frac{3F}{2} \sum_{cyc} \frac{1}{m_b m_c} \stackrel{BERGSTROM}{\geq}$$

$$\geq \frac{3F}{2} \cdot \frac{(1+1+1)^2}{m_a m_b + m_b m_c + m_c m_a} \stackrel{(2)}{\geq} \frac{3F}{2} \cdot \frac{9}{\frac{27R^2}{4}} = \frac{2F}{R^2}$$

Equality holds for $a = b = c$.

1131. In any ΔABC , the following relationship holds :

$$\sum_{cyc} \frac{\sqrt{m_a(r_b + r_c - h_a)}}{h_a} \geq \frac{1}{2} \sum_{cyc} \frac{b+c}{a}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} r_b + r_c &= s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}} + \frac{\sin \frac{C}{2}}{\cos \frac{C}{2}} \right) = \frac{s \sin \left(\frac{B+C}{2} \right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R} \right)} = 4R \cos^2 \frac{A}{2} \\ \therefore r_b + r_c &= 4R \cos^2 \frac{A}{2} \therefore r_b + r_c - h_a \stackrel{?}{\geq} \frac{b^2 + c^2}{4R} \Leftrightarrow 4R \cos^2 \frac{A}{2} \stackrel{?}{\geq} \frac{b^2 + c^2 + 2bc}{4R} \\ \Leftrightarrow 16R^2 \cos^2 \frac{A}{2} &\stackrel{?}{\geq} (b+c)^2 = 16R^2 \cos^2 \frac{A}{2} \cdot \cos^2 \frac{B-C}{2} \Leftrightarrow \cos^2 \frac{B-C}{2} \stackrel{?}{\leq} 1 \rightarrow \text{true} \\ \therefore \frac{\sqrt{m_a(r_b + r_c - h_a)}}{h_a} &\geq \frac{\sqrt{m_a \cdot \frac{b^2 + c^2}{4R}}}{h_a} \stackrel{\text{Tereshin}}{\geq} \frac{\sqrt{\frac{b^2 + c^2}{4R} \cdot \frac{b^2 + c^2}{4R}}}{\frac{bc}{2R}} \\ &\Rightarrow \frac{\sqrt{m_a(r_b + r_c - h_a)}}{h_a} \geq \frac{1}{2} \left(\frac{b}{c} + \frac{c}{b} \right) \text{ and analogs} \\ \therefore \sum_{cyc} \frac{\sqrt{m_a(r_b + r_c - h_a)}}{h_a} &\geq \frac{1}{2} \sum_{cyc} \left(\frac{b}{c} + \frac{c}{b} \right) = \frac{1}{2} \sum_{cyc} \frac{b+c}{a} \\ \therefore \text{in any } \Delta ABC, \sum_{cyc} \frac{\sqrt{m_a(r_b + r_c - h_a)}}{h_a} &\geq \frac{1}{2} \sum_{cyc} \frac{b+c}{a}, \\ &\text{"=" iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

1132. In any ΔABC , the following relationship holds :

$$\sum_{cyc} \frac{r_b r_c}{a^2} \geq \frac{r}{2R} + 2 \prod_{cyc} \frac{r_a}{w_a}$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned} \sum_{\text{cyc}} \frac{r_b r_c}{a^2} &\geq \frac{r}{2R} + 2 \prod_{\text{cyc}} \frac{r_a}{w_a} \Leftrightarrow \frac{s(s-a)b^2c^2}{16R^2r^2s^2} \geq \frac{r}{2R} + 2rs^2 \cdot \prod_{\text{cyc}} \frac{b+c}{2bc \cos \frac{A}{2}} \\ \Leftrightarrow \frac{s^2 \left((\sum_{\text{cyc}} ab)^2 - 2 \cdot 4Rrs \cdot 2s \right) - s \cdot 4Rrs \cdot \sum_{\text{cyc}} ab}{16R^2r^2s^2} &\geq \frac{r}{2R} + 2rs^2 \cdot \frac{2s(s^2 + 2Rr + r^2)}{8 \cdot 16R^2r^2s^2 \cdot \frac{s}{4R}} \\ \Leftrightarrow \frac{(s^2 + 4Rr + r^2)(s^2 + 4Rr + r^2 - 4Rr) - 16Rrs^2}{16R^2r^2} &\geq \frac{4r^2 + s^2 + 2Rr + r^2}{8R} \\ \Leftrightarrow s^4 - (14Rr - 2r^2)s^2 - r^2(4R^2 + 6Rr - r^2) &\stackrel{(*)}{\geq} 0 \\ \text{Now, LHS of } (*) &\stackrel{\text{Gerretsen}}{\geq} (2Rr - 3r^2)s^2 - r^2(4R^2 + 6Rr - r^2) \stackrel{?}{\geq} 0 \\ \Leftrightarrow (2R - 3r)s^2 - r(4R^2 + 6Rr - r^2) &\stackrel{?}{\geq} 0 \quad (***) \\ \text{Again, LHS of } (*) &\stackrel{\text{Gerretsen}}{\geq} (2R - 3r)(16Rr - 5r^2) - r(4R^2 + 6Rr - r^2) \\ &= 4(7R - 2r)(R - 2r) \stackrel{\text{Euler}}{\geq} 0 \Rightarrow (***) \Rightarrow (*) \text{ is true} \\ \therefore \text{ in any } \triangle ABC, \sum_{\text{cyc}} \frac{r_b r_c}{a^2} &\geq \frac{r}{2R} + 2 \prod_{\text{cyc}} \frac{r_a}{w_a}, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)} \end{aligned}$$

1133. In any acute $\triangle ABC$ with $a = \min\{a, b, c\}$, the following relationship holds :

$$\frac{w_a}{h_a} \cdot \sqrt{\frac{b+c}{b+c-a}} \leq \sqrt{2}$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\begin{aligned} \frac{w_a}{h_a} \sqrt{\frac{b+c}{b+c-a}} &= \frac{2\sqrt{bc \cdot s(s-a)}}{b+c} \cdot \frac{2R}{bc} \cdot \sqrt{\frac{b+c}{2(s-a)}} = \sqrt{\frac{8R^2s}{bc(b+c)}} = \sqrt{\frac{2Ra}{r(b+c)}} \stackrel{?}{\leq} \sqrt{2} \\ \Leftrightarrow \frac{R}{r} &\leq \frac{b+c}{a} \Leftrightarrow \frac{R+r}{r} \leq \frac{2s}{a} \Leftrightarrow a \cdot \frac{R+r}{R} \leq \frac{2F}{R} \Leftrightarrow a \sum_{\text{cyc}} \cos A \leq \sum_{\text{cyc}} a \cos A \\ \Leftrightarrow 0 &\leq (b-a) \cos B + (c-a) \cos C, \end{aligned}$$

which is true. So the proof is completed.

Solution 2 by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned}
 & \frac{w_a}{h_a} \cdot \sqrt{\frac{b+c}{b+c-a}} = \frac{2abc \cdot \cos \frac{A}{2}}{2rs(b+c)} \cdot \sqrt{\frac{b+c}{b+c-a}} \\
 &= \frac{4Rrs}{rs(b+c)} \cdot \sqrt{\frac{s(s-a)}{bc}} \cdot \sqrt{\frac{b+c}{2(s-a)}} \stackrel{?}{\leq} \sqrt{2} \Leftrightarrow \frac{16R^2}{(b+c)^2} \cdot \frac{sa}{4Rrs} \cdot \frac{b+c}{2} \stackrel{?}{\leq} 2 \\
 &\Leftrightarrow \frac{a}{b+c} \stackrel{?}{\leq} \frac{r}{R} \Leftrightarrow \frac{b+c}{a} \stackrel{?}{\geq} \frac{R}{r} = \frac{abcs}{4F^2} = \frac{2abc}{(b+c-a)(c+a-b)(a+b-c)} \\
 &\Leftrightarrow (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \stackrel{?}{\geq} 2a^2bc \\
 &\Leftrightarrow (ab+b^2-bc+ca+bc-c^2)(bc+ab-b^2+c^2+ca-bc-ca-a^2+ab) \stackrel{?}{\geq} 2a^2bc \\
 &\Leftrightarrow 2a^2b^2+2a^2bc+2ab(b^2-c^2)-(a^2+b^2-c^2)(ab+ac+b^2-c^2) \stackrel{?}{\geq} 2a^2bc \\
 &\Leftrightarrow 2a^2b^2-(a^2+b^2-c^2)(ab+ac)+2ab(b^2-c^2)-2ab(b^2-c^2) \cdot \cos C \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow 2a^2b^2-a^2(ab+ac)-(b^2-c^2)(ab+ac)+2ab(b^2-c^2) \cdot 2 \sin^2 \frac{C}{2} \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow a^2(2b^2-ab-ac)-(b^2-c^2)(ab+ac)+(b^2-c^2)(c^2-(a-b)^2) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow a^2(2b^2-ab-ac)+(b^2-c^2)(c^2-a^2-b^2+2ab-ab-ac) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow ((a^2-b^2+c^2)+(b^2-c^2))(2b^2-ab-ac) \\
 &\quad + (b^2-c^2)(c^2-a^2-b^2+ab-ac) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow (c^2+a^2-b^2)(2b^2-ab-ac)+(b^2-c^2)(b^2+c^2-a^2-2ac) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow (b^2-c^2)(b^2+c^2-2ac)-(b^2-c^2)(2b^2-ab-ac) \\
 &\quad + a^2(2b^2-ab-ac)-a^2(b^2-c^2) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow (b^2-c^2)((c^2-ca)-(b^2-ab))+a^2((c^2-ca)+(b^2-ab)) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow (c^2-ca)(b^2-c^2+a^2)+(b^2-ab)(a^2+c^2-b^2) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow c(c-a)(a^2+b^2-c^2)+b(b-a)(c^2+a^2-b^2) \stackrel{?}{\geq} 0 \\
 &\rightarrow \text{true} \because \Delta ABC \text{ being acute} \Rightarrow (a^2+b^2-c^2), (c^2+a^2-b^2) > 0 \text{ and} \\
 &a = \min\{a, b, c\} \Rightarrow a \leq b, c \Rightarrow (c-a), (b-a) \geq 0 \therefore \text{in any acute } \Delta ABC \\
 &\text{with } a = \min\{a, b, c\}, \frac{w_a}{h_a} \cdot \sqrt{\frac{b+c}{b+c-a}} \leq \sqrt{2}, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

1134. In any ΔABC , the following relationship holds :

$$\sum_{\text{cyc}} \sqrt{\frac{m_a}{h_a} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right)} \geq \frac{1}{2} \sum_{\text{cyc}} \frac{b+c}{a}$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Mohamed Amine Ben Ajiba-Tanger-Morocco

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Since, $m_a \geq \frac{b+c}{2} \cos \frac{A}{2}$, then, $\frac{m_a}{w_a} \geq \frac{b+c}{2} \cos \frac{A}{2} \cdot \frac{b+c}{2bc \cos \frac{A}{2}} = \frac{(b+c)^2}{4bc}$.

Also, by Tereshin and CBS inequalities, we have,

$$\frac{m_b m_c}{h_b h_c} \geq \frac{(c^2 + a^2)(a^2 + b^2)}{(4R)^2} \cdot \frac{(2R)^2}{ca \cdot ab} \geq \frac{(ca + ab)^2}{4a^2 bc} = \frac{(b+c)^2}{4bc}.$$

Using these results, we obtain,

$$\sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} \geq \frac{(b+c)^2}{4bc} \quad (\text{and analogs})$$

Now, let us prove that, in any $\triangle ABC$, $\frac{1}{\sin \omega} \geq \frac{b}{c} + \frac{c}{b}$ (1)

$$\begin{aligned} (1) &\Leftrightarrow 2bc\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2} \geq (b^2 + c^2)\sqrt{2(a^2 b^2 + b^2 c^2 + c^2 a^2) - (a^4 + b^4 + c^4)} \\ &\stackrel{\text{squaring}}{\Leftrightarrow} 4b^2 c^2 (a^2 b^2 + b^2 c^2 + c^2 a^2) \\ &\geq (2b^2 c^2 + b^4 + c^4)[2(a^2 b^2 + b^2 c^2 + c^2 a^2) - (a^4 + b^4 + c^4)] \\ &\Leftrightarrow 0 \geq -a^4(b^2 + c^2)^2 + 2(b^4 + c^4)(a^2 b^2 + c^2 a^2) - (b^4 + c^4)^2 \\ &= -[a^2(b^2 + c^2) - (b^4 + c^4)]^2, \end{aligned}$$

which is true.

Then,

$$\frac{2}{\sin \omega} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) \geq 2 \left(\frac{b}{c} + \frac{c}{b} \right) \left(\frac{(b+c)^2}{2bc} - 1 \right) = \left(\frac{b}{c} + \frac{c}{b} \right)^2 \quad (\text{and analogs})$$

Therefore,

$$\sum_{cyc} \sqrt{\frac{2}{\sin \omega} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right)} \geq \sum_{cyc} \left(\frac{b}{c} + \frac{c}{b} \right) = \sum_{cyc} \frac{b+c}{a}.$$

Solution 2 by Soumava Chakraborty-Kolkata-India

$$\sqrt{\frac{m_a}{h_a} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right)} \stackrel{\text{Lascu + Tereshin}}{\geq}$$

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$$\begin{aligned}
 & \sqrt{\frac{b^2 + c^2}{\frac{4R}{bc} \cdot \frac{2R}{2R}} \left(2 \sqrt{\frac{(b+c)^2 \cos \frac{A}{2} \cdot \frac{(c^2 + a^2)(a^2 + b^2)}{16R^2}}{2bc \cos \frac{A}{2} \cdot \frac{ca \cdot ab}{4R^2}} - 1 \right)} \stackrel{\text{CBS}}{\geq} \sqrt{\frac{b^2 + c^2}{2bc} \left(2 \sqrt{\frac{(b+c)^2 \cdot (ca + ab)^2}{16a^2 b^2 c^2}} - 1 \right)} \\
 &= \sqrt{\left(\frac{b^2 + c^2}{2bc} \right) \left(\frac{(b+c)^2}{2bc} - 1 \right)} = \sqrt{\left(\frac{b^2 + c^2}{2bc} \right) \left(\frac{b^2 + c^2}{2bc} \right)} \\
 &\therefore \frac{m_a}{h_a} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right) \geq \frac{b^2 + c^2}{2bc} \text{ and analogs} \\
 &\Rightarrow \sum_{\text{cyc}} \sqrt{\frac{m_a}{h_a} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right)} \geq \frac{1}{2} \sum_{\text{cyc}} \left(\frac{b}{c} + \frac{c}{b} \right) = \frac{1}{2} \sum_{\text{cyc}} \frac{b+c}{a} \\
 &\therefore \text{in any } \triangle ABC, \sum_{\text{cyc}} \sqrt{\frac{m_a}{h_a} \left(2 \sqrt{\frac{m_a m_b m_c}{w_a h_b h_c}} - 1 \right)} \geq \frac{1}{2} \sum_{\text{cyc}} \frac{b+c}{a}, \\
 &\quad \text{" = " iff } \triangle ABC \text{ is equilateral (QED)}
 \end{aligned}$$

1135. In $\triangle ABC$ the following relationship holds:

$$\sum_{\text{cyc}} \frac{r_b r_c}{a^2} \geq \frac{r}{2R} + \frac{2r_a r_b r_c}{w_a w_b w_c}$$

Proposed by Marin Chirciu-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Let $x = \frac{b+c}{a}$, $y = \frac{c+a}{b}$, $z = \frac{a+b}{c}$. We have, $xyz = x + y + z + 2$, and,

$$\bullet \sum_{\text{cyc}} \frac{r_b r_c}{a^2} = \sum_{\text{cyc}} \frac{s(s-a)}{a^2} = \sum_{\text{cyc}} \frac{(b+c)^2 - a^2}{4a^2} = \frac{x^2 + y^2 + z^2 - 3}{4}.$$

$$\begin{aligned}
 \bullet \frac{2r}{R} &= \frac{(b+c-a)(c+a-b)(a+b-c)}{abc} = (x-1)(y-1)(z-1) \\
 &= xyz - \sum_{\text{cyc}} xy + \sum_{\text{cyc}} x - 1
 \end{aligned}$$

$$= 2 \sum_{\text{cyc}} x + 1 - \sum_{\text{cyc}} xy.$$

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$$\bullet \frac{r_a r_b r_c}{w_a w_b w_c} = \frac{s^2 r \cdot \prod_{cyc} (b+c)}{8(abc)^2 \cdot \prod_{cyc} \cos \frac{A}{2}} = \frac{s^2 r}{8 \cdot 4Rsr \cdot \frac{s}{4R}} \cdot \prod_{cyc} \frac{b+c}{a} = \frac{xyz}{8} = \frac{x+y+z+2}{8}$$

So it suffices to prove that,

$$\sum_{cyc} x^2 - 3 \geq \left(2 \sum_{cyc} x + 1 - \sum_{cyc} xy \right) + \left(\sum_{cyc} x + 2 \right) \Leftrightarrow \frac{1}{2} \sum_{cyc} (x+y)^2 \geq 3 \sum_{cyc} x + 6,$$

Let $p = x + y + z = \sum_{cyc} \frac{b+c}{a} \stackrel{AM-GM}{\geq} 6$. We have,

$$\frac{1}{2} \sum_{cyc} (x+y)^2 \stackrel{CBS}{\geq} \frac{1}{2} \cdot \frac{(\sum_{cyc} (x+y))^2}{3} = \frac{2p^2}{3} = 3p + 6 + (p-6) \left(\frac{2p}{3} + 1 \right) \geq 3p + 6,$$

which completes the proof. Equality holds iff $\triangle ABC$ is equilateral.

1136. In any $\triangle ABC$, the following relationship holds :

$$\frac{a^3}{a^4 + b^4} + \frac{b^3}{b^4 + c^4} + \frac{c^3}{c^4 + a^4} < \frac{144\sqrt{3}(R^3 - 2Rr^2)}{s^4}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \frac{a^3}{a^4 + b^4} + \frac{b^3}{b^4 + c^4} + \frac{c^3}{c^4 + a^4} \stackrel{\text{Chebyshev}}{\leq} \sum_{cyc} \frac{2((a^3 + b^3) - b^3)}{(a+b)(a^3 + b^3)} \\ & = 2 \sum_{cyc} \frac{1}{a+b} - 2 \sum_{cyc} \frac{b^3}{(a+b)(a^3 + b^3)} < 2 \sum_{cyc} \frac{(b+c)(c+a)}{(a+b)(b+c)(c+a)} \\ & = \frac{\sum_{cyc} ab + (\sum_{cyc} a^2 + 2 \sum_{cyc} ab)}{s(s^2 + 2Rr + r^2)} = \frac{s^2 + 4Rr + r^2 + 4s^2}{s(s^2 + 2Rr + r^2)} \stackrel{?}{<} \frac{144\sqrt{3}(R^3 - 2Rr^2)}{s^4} \\ & \Leftrightarrow s \cdot s^2(5s^2 + 4Rr + r^2) \stackrel{?}{<} 144\sqrt{3}(R^3 - 2Rr^2)(s^2 + 2Rr + r^2) \end{aligned}$$

Now, LHS of (*) $\stackrel{\text{Mitrinovic} + \text{Gerretsen}}{\leq} \frac{3\sqrt{3}R}{2} (4R^2 + 4Rr + 3r^2)(5s^2 + 4Rr + r^2)$

$$\stackrel{?}{<} 144\sqrt{3}(R^3 - 2Rr^2)(s^2 + 2Rr + r^2)$$

$$\Leftrightarrow (76R^2 - 20Rr - 207r^2)s^2 + r(176R^3 + 76R^2r - 400Rr^2 - 195r^3) \stackrel{?}{>} 0$$

$$\because 76R^2 - 20Rr - 207r^2 = (R - 2r)(76R + 132r) + 57r^2 \stackrel{\text{Euler}}{\geq} 57r^2 > 0$$

$$\therefore \text{LHS of (**)} \stackrel{\text{Gerretsen}}{\geq} (76R^2 - 20Rr - 207r^2)(16Rr - 5r^2)$$

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$$+r(176R^3 + 76R^2r - 400Rr^2 - 195r^3) \stackrel{?}{>} 0 \Leftrightarrow 116t^3 - 52t^2 - 301t + 70 \stackrel{?}{>} 0$$

$$\left(t = \frac{R}{r}\right) \Leftrightarrow (t-2)(116t^2 + 180t + 59) + 188 \stackrel{?}{>} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$\Rightarrow (**)$ $\Rightarrow (*)$ is true \therefore in any ΔABC ,

$$\frac{a^3}{a^4 + b^4} + \frac{b^3}{b^4 + c^4} + \frac{c^3}{c^4 + a^4} < \frac{144\sqrt{3}(R^3 - 2Rr^2)}{s^4} \quad (\text{QED})$$

1137. In ΔABC , $I \rightarrow$ incenter, $r_A, r_B, r_C \rightarrow$ inradii of $\Delta BIC, \Delta CIA, \Delta AIB$ respectively.

$$\text{Prove that : } \frac{r_A + r_B + r_C}{r} \geq 3(2\sqrt{3} - 3)$$

Proposed by Mohamed Amine Ben Ajiba-Tanger-Morocco

Solution by Soumava Chakraborty-Kolkata-India

Let R_A, R_B, R_C be circumradii of $\Delta BIC, \Delta CIA, \Delta AIB$ respectively. Then :

$$2R_A \cdot \sin\left(180^\circ - \frac{B+C}{2}\right) = a \Rightarrow 2R_A \cos \frac{A}{2} = 4R \cos \frac{A}{2} \sin \frac{A}{2} \Rightarrow R_A = 2R \sin \frac{A}{2}$$

$$\Rightarrow r_A = 4 * 2R \sin \frac{A}{2} * \sin \frac{B}{4} * \sin \frac{C}{4} * \sin \frac{\pi+A}{4} \Rightarrow \frac{r_A}{r}$$

$$= \frac{4 * 2R \sin \frac{A}{2} * \sin \frac{B}{4} * \sin \frac{C}{4} * \sin \frac{\pi+A}{4}}{4R \sin \frac{A}{2} * \left(2 \sin \frac{B}{4} \cos \frac{B}{4}\right) * \left(2 \sin \frac{C}{4} \cos \frac{C}{4}\right)} \Rightarrow \frac{r_A}{r} = \frac{\sin \frac{\pi+A}{4}}{2 \cos \frac{B}{4} \cos \frac{C}{4}} \text{ and analogs}$$

$$\Rightarrow \frac{r_A + r_B + r_C}{r} \stackrel{A-G}{\geq} \frac{3}{2} \sqrt[3]{\prod_{\text{cyc}} \frac{\sin \frac{\pi+A}{4}}{\cos^2 \frac{A}{4}}} \stackrel{?}{\geq} 3(2\sqrt{3} - 3)$$

$$\Leftrightarrow \ln \sqrt[3]{\prod_{\text{cyc}} \frac{\sin \frac{\pi+A}{4}}{\cos^2 \frac{A}{4}}} \stackrel{?}{\geq} \ln(4\sqrt{3} - 6) \Leftrightarrow \sum_{\text{cyc}} \left(\ln \frac{\sin \frac{\pi+A}{4}}{\cos^2 \frac{A}{4}} \right) \stackrel{(*)}{\geq} 3 \cdot \ln(4\sqrt{3} - 6)$$

$$\text{Let } f(x) = \ln \frac{\sin \frac{\pi+x}{4}}{\cos^2 \frac{x}{4}} \quad \forall x \in (0, \pi) \text{ and then : } f''(x) = \frac{\sec^2 \frac{x}{4}}{8} - \frac{\operatorname{cosec}^2 \frac{x+\pi}{4}}{16}$$

$$= \frac{2 \left(\frac{1}{\sqrt{2}} \cdot \sin \frac{x}{4} + \frac{1}{\sqrt{2}} \cdot \cos \frac{x}{4} \right)^2 - \cos^2 \frac{x}{4}}{16 \cos^2 \frac{x}{4} * \sin^2 \frac{x+\pi}{4}} = \frac{\sin^2 \frac{x}{4} + \cos^2 \frac{x}{4} + 2 \sin \frac{x}{4} \cdot \cos \frac{x}{4} - \cos^2 \frac{x}{4}}{16 \cos^2 \frac{x}{4} * \sin^2 \frac{x+\pi}{4}}$$

$$= \frac{\sin^2 \frac{x}{4} + \sin \frac{x}{2}}{16 \cos^2 \frac{x}{4} * \sin^2 \frac{x+\pi}{4}} > 0 \Rightarrow f(x) \text{ is convex on } (0, \pi)$$

$$\therefore \sum_{\text{cyc}} \left(\ln \frac{\sin \frac{\pi+A}{4}}{\cos^2 \frac{A}{4}} \right) \stackrel{\text{Jensen}}{\geq} 3 \cdot \ln \frac{\sin \frac{\pi+\frac{\pi}{3}}{4}}{\cos^2 \frac{\frac{\pi}{3}}{4}} = 3 \cdot \ln \frac{2 \cdot \frac{\sqrt{3}}{2}}{1 + \cos \frac{\pi}{6}} = 3 \cdot \ln \frac{\sqrt{3}}{1 + \frac{\sqrt{3}}{2}}$$

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$$= 3 \cdot \ln \frac{2\sqrt{3}(2-\sqrt{3})}{(2-\sqrt{3})(2+\sqrt{3})} = 3 \cdot \ln(4\sqrt{3}-6) \Rightarrow (*) \text{ is true}$$

$$\therefore \frac{r_A + r_B + r_C}{r} \geq 3(2\sqrt{3}-3), " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

1138. Prove that in any acute triangle ABC the following relationships holds :

$$\frac{9F^2(s^2 + r^2 + 4Rr)^{n-1}}{4^{n-1}} \leq m_a^{2n}h_bh_c + m_b^{2n}h_ch_a + m_c^{2n}h_a h_b \leq 2^{2n-3} \cdot R^{2n+3} \cdot \frac{9}{r} \cdot \sum_{cyc} \cos^{4n} \frac{\hat{A}}{2},$$

where $n \in \mathbb{N}^*$.

Proposed by Radu Diaconu-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Hölder's inequality, we have,

$$\sum_{cyc} m_a^{2n}h_bh_c = (2F)^2 \cdot \sum_{cyc} \frac{m_a^{2n}}{bc} \geq 4F^2 \cdot \frac{(m_a^2 + m_b^2 + m_c^2)^n}{3^{n-2}(bc + ca + ab)} = \frac{4F^2}{3^{n-2}} \cdot \left(\frac{3}{4}\right)^n \cdot \frac{(a^2 + b^2 + c^2)^n}{ab + bc + ca}$$

$$\geq \frac{9F^2}{4^{n-1}} \cdot \frac{(ab + bc + ca)^n}{ab + bc + ca} = \frac{9F^2(s^2 + r^2 + 4Rr)^{n-1}}{4^{n-1}}.$$

Now, since ΔABC is acute then we have, $m_a \leq 2R \cos^2 \frac{\hat{A}}{2}$ (and analogs)

Also, if $a \geq b \geq c$ then we have, $m_a \leq m_b \leq m_c$ and

$h_bh_c \geq h_ch_a \geq h_a h_b$, so by Chebyshev's

inequality, we have,

$$\sum_{cyc} m_a^{2n}h_bh_c \leq \frac{1}{3} \cdot \sum_{cyc} h_bh_c \cdot \sum_{cyc} m_a^{2n} \leq \frac{1}{3} \cdot \frac{2s^2r}{R} \cdot \sum_{cyc} \left(2R \cos^2 \frac{\hat{A}}{2}\right)^{2n}$$

$$= 2^{2n-3} \cdot R^{2n+3} \cdot \frac{9}{r} \cdot \left(\frac{2s \cdot 2r}{3\sqrt{3}R^2}\right)^2 \cdot \sum_{cyc} \cos^{4n} \frac{\hat{A}}{2} \stackrel{\text{Mitrinovic \& Euler}}{\leq} 2^{2n-3} \cdot R^{2n+3} \cdot \frac{9}{r} \cdot \sum_{cyc} \cos^{4n} \frac{\hat{A}}{2},$$

which complete the proof. Equality holds iff ΔABC is equilateral.

1139. In any ΔABC , the following relationship holds :

$$\sum_{cyc} \frac{a^2}{a^2 + b^2} + \frac{R^4}{r^4} \geq 16 + \sum_{cyc} \frac{a^3}{a^3 + b^3}$$

Proposed by Nguyen Van Canh-Ben Tre-Vietnam

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \sum_{cyc} \frac{a^2}{a^2 + b^2} + \frac{R^4}{r^4} \geq 16 + \sum_{cyc} \frac{a^3}{a^3 + b^3} \Leftrightarrow \sum_{cyc} \frac{a^2}{a^2 + b^2} + \frac{R^4}{r^4} \geq \\ & 16 + \sum_{cyc} \frac{a^3 + b^3 - b^3}{a^3 + b^3} \Leftrightarrow \sum_{cyc} \frac{a^2}{a^2 + b^2} + \sum_{cyc} \frac{b^3}{a^3 + b^3} + \frac{R^4 - 19r^4}{r^4} \stackrel{(*)}{\geq} 0 \\ & \text{Now, } \sum_{cyc} \frac{a^2}{a^2 + b^2} + \sum_{cyc} \frac{b^3}{a^3 + b^3} = \sum_{cyc} \frac{a^3}{a^3 + ab^2} + \sum_{cyc} \frac{a^3}{a^3 + b^3} \\ & \stackrel{\text{Holder}}{\geq} \frac{8s^3}{3(\sum_{cyc} a^3 + \sum_{cyc} ab^2)} + \frac{8s^3}{3(\sum_{cyc} a^3 + \sum_{cyc} a^3)} \stackrel{\text{A-G}}{\geq} \frac{16s^3}{3(\sum_{cyc} a^3 + \sum_{cyc} a^3)} \\ & = \frac{16s^3}{3 \cdot 2s(s^2 - 6Rr - 3r^2)} \therefore \text{LHS of } (*) \geq \frac{4s^2}{3(s^2 - 6Rr - 3r^2)} + \frac{R^4 - 19r^4}{r^4} \stackrel{?}{\geq} 0 \\ & \Leftrightarrow (3R^4 - 53r^4)s^2 \stackrel{?}{\geq} 3(6Rr + 3r^2)(R^4 - 19r^4) \\ & \Leftrightarrow (3R^4 - 48r^4)s^2 - 5r^4s^2 \stackrel{?}{\geq} 3(6Rr + 3r^2)(R^4 - 19r^4) \quad (**) \\ & \text{Now, LHS of } (**) \stackrel{\text{Gerretsen}}{\geq} (3R^4 - 48r^4)(16Rr - 5r^2) - 5r^4(4R^2 + 4Rr + 3r^2) \\ & \stackrel{?}{\geq} 3(6Rr + 3r^2)(R^4 - 19r^4) \Leftrightarrow 15t^5 - 12t^4 - 10t^2 - 223t + 198 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right) \\ & \Leftrightarrow (t - 2)(15t^4 + 18t^3 + 36t^2 + 62t(t - 2) + 25) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (**). \\ & \Rightarrow (*) \text{ is true } \therefore \text{ in } \Delta ABC, \\ & \sum_{cyc} \frac{a^2}{a^2 + b^2} + \frac{R^4}{r^4} \geq 16 + \sum_{cyc} \frac{a^3}{a^3 + b^3}, \text{ " = " iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

The given inequality can be rewritten as follows :

$$\sum_{cyc} \frac{a^2}{a^2 + b^2} + \sum_{cyc} \frac{b^3}{a^3 + b^3} + \frac{R^4}{r^4} \geq 19 \quad (1)$$

By Hölder and Gerretsen inequalities, we have,

$$\begin{aligned} \text{LHS}_{(1)} & \geq \frac{(a + b + c)^2}{2(a^2 + b^2 + c^2)} + \frac{(a + b + c)^3}{\sum_{cyc}(a + b) \cdot \sum_{cyc}(a^2 - ab + b^2)} + \frac{R^4}{r^4} \\ & = \frac{s^2}{s^2 - r^2 - 4Rr} + \frac{2s^2}{3s^2 - 5(r^2 + 4Rr)} + \frac{R^4}{r^4} \geq \frac{16Rr - 5r^2}{4R^2 + 2r^2} + \frac{2(16Rr - 5r^2)}{12R^2 - 8Rr + 4r^2} + \frac{R^4}{r^4} \end{aligned}$$

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$$\begin{aligned} \stackrel{CBS \& Euler}{\geq} & \frac{4(16Rr - 5r^2)}{(4R^2 + 2r^2) + (6R^2 - 4Rr + 2r^2)} + \frac{8R}{r} = \frac{2(16Rr - 5r^2)}{5R^2 - 2Rr + 2r^2} + \frac{8R}{r} \\ & = 19 + \frac{(R - 2r)(40R^2 - 31Rr + 24r^2)}{(5R^2 - 2Rr + 2r^2)r} \stackrel{Euler}{\geq} 19 = RHS_{(2)}, \end{aligned}$$

which complete the proof. Equality holds iff $\triangle ABC$ is equilateral.

1140. In any $\triangle ABC$, the following relationship holds :

$$\sum_{cyc} \frac{1}{4 \tan^2 \frac{A}{2} - \tan \frac{B}{2} \tan \frac{C}{2} + 2} \geq 1$$

Proposed by Marin Chirciu-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} r_b + r_c &= s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}} + \frac{\sin \frac{C}{2}}{\cos \frac{C}{2}} \right) = \frac{s \sin \left(\frac{B+C}{2} \right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R} \right)} = 4R \cos^2 \frac{A}{2} \\ \therefore r_b + r_c &\stackrel{(i)}{=} 4R \cos^2 \frac{A}{2} \text{ and } \sum_{cyc} \frac{1}{4 \tan^2 \frac{A}{2} - \tan \frac{B}{2} \tan \frac{C}{2} + 2} \geq 1 \\ &\Leftrightarrow \sum_{cyc} \frac{s^2}{4r_a^2 - r_b r_c + 2s^2} \stackrel{(*)}{\geq} 1 \\ \text{Now, } \prod_{cyc} (4r_a^2 - r_b r_c + 2s^2) &= 63r_a^2 r_b^2 r_c^2 - 16 \sum_{cyc} r_a^3 r_b^3 + 32s^2 \sum_{cyc} r_a^2 r_b^2 \\ &+ 4r_a r_b r_c \sum_{cyc} r_a^3 - 8s^2 \sum_{cyc} \left(r_b r_c \left(\sum_{cyc} r_a^2 - r_a^2 \right) \right) - 4s^4 \sum_{cyc} r_b r_c + 2rs^4 \sum_{cyc} r_a \\ &+ 16s^4 \sum_{cyc} r_a^2 + 8s^6 = 63r^2 s^4 - 16 \left(\left(\sum_{cyc} r_b r_c \right)^3 - 3 \prod_{cyc} (r_a r_b + r_b r_c) \right) \\ &+ 32s^2 \left(\left(\sum_{cyc} r_b r_c \right)^2 - 2rs^2(4R + r) \right) + 4rs^2 \left(\left(\sum_{cyc} r_a \right)^3 - 3 \prod_{cyc} (r_b + r_c) \right) \\ &- 8s^2 \left(\sum_{cyc} r_b r_c \right) \left(\left(\sum_{cyc} r_b r_c \right)^2 - 2rs^2(4R + r) \right) + 8s^2 \cdot rs^2 \left(\sum_{cyc} r_a \right) - 4s^6 \end{aligned}$$

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$$\begin{aligned}
 & +2rs^4(4R+r) + 16s^4 \left(\left(\sum_{\text{cyc}} r_b r_c \right)^2 - 2rs^2(4R+r) \right) + 8s^6 \\
 \text{via (i) and analogs} & = 63r^2s^4 - 16 \left(s^6 - 3rs^2 \cdot 64R^3 \cdot \frac{s^2}{16R^2} \right) + 32s^2(s^4 - 2rs^2(4R+r)) \\
 & + 4rs^2 \left((4R+r)^3 - 3 \cdot 64R^3 \cdot \frac{s^2}{16R^2} \right) + 8s^4(s^4 - 2rs^2(4R+r)) \\
 & \quad + 8r(4R+r)s^4 + 2rs^4(4R+r) + 2s^6 \\
 \Rightarrow \prod_{\text{cyc}} (4r_a^2 - r_b r_c + 2s^2) & \stackrel{(*)}{=} s^2(4s^4 + (128R^2 - 8Rr + 17r^2)s^2 + 4r(4R+r)^3) \\
 \text{Again, } \sum_{\text{cyc}} (4r_b^2 - r_c r_a + 2s^2) & (4r_c^2 - r_a r_b + 2s^2) \\
 & = 16 \sum_{\text{cyc}} r_a^2 r_b^2 - 4 \sum_{\text{cyc}} \left(r_b r_c \left(\sum_{\text{cyc}} r_a^2 - r_a^2 \right) \right) + 16s^2 \sum_{\text{cyc}} r_a^2 \\
 & \quad + rs^2(4R+r) - 4s^2 \left(\sum_{\text{cyc}} r_b r_c \right) + 12s^4 \\
 & = 16 \left(\left(\sum_{\text{cyc}} r_b r_c \right)^2 - 2rs^2(4R+r) \right) - 4s^2((4R+r)^2 - 2s^2) + 4rs^2(4R+r) \\
 & \quad + 16s^2((4R+r)^2 - 2s^2) + rs^2(4R+r) - 4s^4 + 12s^4 \\
 \Rightarrow \sum_{\text{cyc}} (4r_b^2 - r_c r_a + 2s^2) & (4r_c^2 - r_a r_b + 2s^2) \stackrel{(**)}{=} s^2(192R^2 - 12Rr - 15r^2) \\
 \text{Now, } (*) \Leftrightarrow \frac{s^2 \cdot \sum_{\text{cyc}} (4r_b^2 - r_c r_a + 2s^2) & (4r_c^2 - r_a r_b + 2s^2)}{\prod_{\text{cyc}} (4r_a^2 - r_b r_c + 2s^2)} \\
 \text{via } (**), \Leftrightarrow \frac{s^4(192R^2 - 12Rr - 15r^2)}{s^2(4s^4 + (128R^2 - 8Rr + 17r^2)s^2 + 4r(4R+r)^3)} & \stackrel{?}{\geq} 1 \\
 \Leftrightarrow s^4 - s^2(16R^2 - Rr - 8r^2) + r(4R+r)^3 & \stackrel{?}{\leq} 0 \quad (***) \\
 \text{Now, LHS of } (*) \stackrel{\text{Gerretsen}}{\leq} s^2(4R^2 + 4Rr + 3r^2) - s^2(16R^2 - Rr - 8r^2) & \\
 + r(4R+r)^3 \stackrel{?}{\leq} 0 \Leftrightarrow (12R^2 - 5Rr - 11r^2)s^2 \stackrel{?}{\geq} r(4R+r)^3 & \quad (***) \\
 \text{Again, LHS of } (*) \stackrel{\text{Gerretsen}}{\geq} (12R^2 - 5Rr - 11r^2)(16Rr - 5r^2) \stackrel{?}{\geq} r(4R+r)^3 & \\
 \Leftrightarrow 128t^3 - 188t^2 - 163t + 54 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) & \\
 \Leftrightarrow (t-2)(128t^2 + 14(t-2) + 54t + 1) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (***) \Rightarrow (**) & \\
 \Rightarrow (*) \text{ is true} \Rightarrow \text{in any } \Delta ABC, &
 \end{aligned}$$

$$\sum_{\text{cyc}} \frac{1}{4 \tan^2 \frac{A}{2} - \tan \frac{B}{2} \tan \frac{C}{2} + 2} \geq 1, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Let $x := \tan \frac{B}{2} \tan \frac{C}{2}$, $y := \tan \frac{C}{2} \tan \frac{A}{2}$, $z := \tan \frac{A}{2} \tan \frac{B}{2}$. We have, $x + y + z = 1$ and,

$$\sum_{\text{cyc}} \frac{1}{4 \tan^2 \frac{A}{2} - \tan \frac{B}{2} \tan \frac{C}{2} + 2} = \sum_{\text{cyc}} \frac{1}{\frac{4yz}{x} - x + 2} = \sum_{\text{cyc}} \frac{x^2}{4xyz - x^3 + 2x^2}$$

$$\stackrel{CBS}{\geq} \frac{(x+y+z)^2}{\sum_{\text{cyc}} (4xyz - x^3 + 2x^2)} \stackrel{?}{\geq} 1 \Leftrightarrow 1 \geq 12xyz - (x^3 + y^3 + z^3) + 2(x^2 + y^2 + z^2)$$

$$\Leftrightarrow (x+y+z)^3 \geq 12xyz - (x^3 + y^3 + z^3) + 2(x+y+z)(x^2 + y^2 + z^2)$$

$$\Leftrightarrow x^2y + xy^2 + y^2z + yz^2 + z^2x + zx^2 - 6xyz \geq 0$$

$$\Leftrightarrow x(y-z)^2 + y(z-x)^2 + z(x-y)^2 \geq 0,$$

which is true. The proof is completed. Equality holds iff $x = y = z$
 $\Leftrightarrow \Delta ABC$ is equilateral.

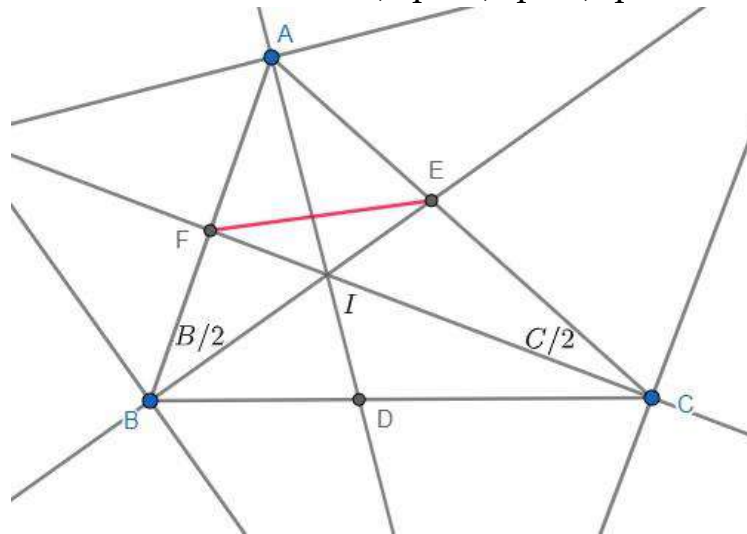
1141. In ΔABC , $AA_1, BB_1, CC_1 \rightarrow$ angle bisectors. Prove that :

$$\left(\frac{BC}{B_1C_1}\right)^2 + \left(\frac{CA}{C_1A_1}\right)^2 + \left(\frac{AB}{A_1B_1}\right)^2 \geq 12$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

For own convenience, $A_1 \equiv D, B_1 \equiv E, C_1 \equiv F$



Angle – bisector theorem $\Rightarrow \frac{AF}{BF} = \frac{b}{a} \Rightarrow \frac{AF + BF}{BF} = \frac{b + a}{a} \Rightarrow BF \stackrel{(i)}{=} \frac{ca}{a + b}$

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and also, angle – bisector theorem $\Rightarrow \frac{AE}{CE} = \frac{c}{a} \Rightarrow \frac{AE + CE}{CE} = \frac{c + a}{a} \Rightarrow CE \stackrel{(ii)}{=} \frac{ab}{c + a}$

Cosine law $\Rightarrow \left(BF^2 + w_b^2 - 2BF \cdot w_b \cdot \cos \frac{B}{2} \right) + \left(CE^2 + w_c^2 - 2CE \cdot w_c \cdot \cos \frac{C}{2} \right) = 2FE^2$

$$\stackrel{\text{via (i),(ii)}}{\Rightarrow} \frac{a^2b^2}{(c+a)^2} + \frac{4ca}{(c+a)^2} \cdot s(s-b) - 2 \cdot \frac{ca}{a+b} \cdot \frac{2ca}{c+a} \cdot \frac{s(s-b)}{ca} + \frac{c^2a^2}{(a+b)^2}$$

$$+ \frac{4ab}{(a+b)^2} \cdot s(s-c) - 2 \cdot \frac{ab}{c+a} \cdot \frac{2ab}{a+b} \cdot \frac{s(s-c)}{ab} = 2FE^2$$

$$\Rightarrow 2FE^2 = \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} + \frac{4ca}{c+a} \cdot s(s-b) \left(\frac{1}{c+a} - \frac{1}{a+b} \right)$$

$$+ \frac{4ab}{a+b} \cdot s(s-c) \left(\frac{1}{a+b} - \frac{1}{c+a} \right)$$

$$= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} + \frac{4as(b-c)}{(c+a)(a+b)} \cdot \left(\frac{c(s-b)}{c+a} - \frac{b(s-c)}{a+b} \right)$$

$$= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2}$$

$$+ \frac{4as(b-c)}{(c+a)^2(a+b)^2} \cdot (c(s-b)(s+s-c) - b(s-c)(s+s-b))$$

$$= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2}$$

$$+ \frac{4as(b-c)}{(c+a)^2(a+b)^2} \cdot (cs(s-b) - bs(s-c) + c(s-b)(s-c) - c(s-b)(s-c))$$

$$= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} - \frac{4as(b-c)^2}{(c+a)^2(a+b)^2} \cdot (s^2 + (s-b)(s-c))$$

$$= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} - \frac{4as(b-c)^2}{(c+a)^2(a+b)^2} \cdot (s^2 + s^2 - s(2s-a) + bc)$$

$$= \frac{a^2b^2}{(c+a)^2} + \frac{c^2a^2}{(a+b)^2} - \frac{4as(b-c)^2}{(c+a)^2(a+b)^2} \cdot (as + bc)$$

$$= \frac{a^2b^2 + c^2a^2 - a^2(b-c)^2(a+b+c)^2 - 2abc(a+b+c)(b-c)^2}{(c+a)^2(a+b)^2}$$

$$= \frac{2a^3bc(a+b+c) + 2a^2b^2c^2 - 2abc(a+b+c)(b-c)^2}{(c+a)^2(a+b)^2}$$

$$= \frac{2abc(a+b+c)(a^2 - (b-c)^2) + 2a^2b^2c^2}{(c+a)^2(a+b)^2}$$

$$\therefore FE^2 = \frac{abc(a+b+c) \left(a^2(b+c)^2 - (b^2 - c^2)^2 \right) + a^2b^2c^2(b+c)^2}{(c+a)^2(a+b)^2(b+c)^2}$$

$$= \frac{(b+c)^2(8Rrs^2 \cdot 4rr_a + 16R^2r^2s^2)}{(c+a)^2(a+b)^2(b+c)^2} \Rightarrow \left(\frac{BC}{B_1C_1} \right)^2 = \left(\frac{BC}{FE} \right)^2$$

$$= \frac{(c+a)^2(a+b)^2(b+c)^2}{16r^2s^2} \cdot \frac{a^2}{2Rr_a + R^2} \stackrel{\text{Cesaro}}{\geq} \frac{64 \cdot 16R^2r^2s^2}{16r^2s^2} \cdot \frac{a^2}{2Rr_a + R^2}$$

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$$\begin{aligned} \Rightarrow \left(\frac{BC}{B_1C_1}\right)^2 &\geq 64R^2 \cdot \frac{a^2}{2Rr_a + R^2} \text{ and analogs } \therefore \left(\frac{BC}{B_1C_1}\right)^2 + \left(\frac{CA}{C_1A_1}\right)^2 + \left(\frac{AB}{A_1B_1}\right)^2 \\ \stackrel{\text{Bergstrom}}{\geq} 64R^2 \cdot \frac{\left(\sum_{\text{cyc}} \frac{a}{b+c}\right)^2}{2R(\sum_{\text{cyc}} r_a) + 3R^2} &\stackrel{\text{Nesbitt}}{\geq} 64R^2 \cdot \frac{\frac{9}{4}}{2R(4R+r) + 3R^2} = \frac{144R^2}{11R^2 + 2Rr} \\ &\stackrel{\text{Euler}}{\geq} \frac{144R^2}{11R^2 + R^2} \therefore \left(\frac{BC}{B_1C_1}\right)^2 + \left(\frac{CA}{C_1A_1}\right)^2 + \left(\frac{AB}{A_1B_1}\right)^2 \geq 12, \\ &\text{"=" iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

1142.

Let ABC be the triangle in which $\begin{cases} \sqrt{4 \sin \hat{A} + \cos \hat{A}} + \sqrt{\sin \hat{A} - \cos \hat{A}} = 3 \\ 3 \sin \hat{A} + \sqrt{\sin \hat{A} - \cos \hat{A}} = 4 \end{cases}$.

Show that: $\frac{s^2}{h_a^2} + \frac{R^2}{r^2} + \frac{r^2}{R^2} > 7 + 2\sqrt{2}$

Proposed by Daniel Văcaru, Radu Diaconu-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

From the given condition, we have,

$$\sqrt{\sin \hat{A} - \cos \hat{A}} = 4 - 3 \sin \hat{A} \quad \text{and} \quad \sqrt{4 \sin \hat{A} + \cos \hat{A}} = 3 \sin \hat{A} - 1,$$

then,

$$5 \sin \hat{A} = \sqrt{\sin \hat{A} - \cos \hat{A}}^2 + \sqrt{4 \sin \hat{A} + \cos \hat{A}}^2 = (4 - 3 \sin \hat{A})^2 + (3 \sin \hat{A} - 1)^2$$

$$\Leftrightarrow 18 \sin^2 \hat{A} - 35 \sin \hat{A} + 17 = 0 \Leftrightarrow (1 - \sin \hat{A})(17 - 18 \sin \hat{A}) = 0 \Leftrightarrow$$

$$\sin \hat{A} = 1 \text{ or } \sin \hat{A} = \frac{17}{18}$$

If $\sin \hat{A} = \frac{17}{18}$, then we have,

$$\cos \hat{A} = \pm \frac{\sqrt{35}}{18}, \text{ but this pair does not satisfy the given condition.}$$

Then, $\sin \hat{A} = 1$, so the triangle ABC is right on A. In this case we have, $a = 2R$ and,

$$\frac{r}{4R} = \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} = \sin \frac{\pi}{4} \cdot \frac{1}{2} \left(\cos \frac{\hat{B} - \hat{C}}{2} - \cos \frac{\hat{B} + \hat{C}}{2} \right) \leq \frac{\sqrt{2}}{4} \left(1 - \frac{\sqrt{2}}{2} \right) = \frac{1}{4(\sqrt{2} + 1)}.$$

Then,

R M M

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$$\frac{R}{r} \geq \sqrt{2} + 1 > 2 \text{ and } \frac{s}{h_a} = \frac{a}{2r} = \frac{R}{r}.$$

Therefore,

$$\begin{aligned} \frac{s^2}{h_a^2} + \frac{R^2}{r^2} + \frac{r^2}{R^2} &= \frac{2R^2}{r^2} + \frac{r^2}{R^2} = \frac{R^2}{r^2} + \frac{3}{4} \cdot \frac{R^2}{r^2} + \left(\frac{R^2}{4r^2} + \frac{r^2}{R^2} \right) \stackrel{AM-GM}{\geq} \\ &\geq (\sqrt{2} + 1)^2 + \frac{3}{4} \cdot 2^2 + 1 = 7 + 2\sqrt{2}, \end{aligned}$$

as desired.

1143. In any ΔABC , the following relationship holds :

$$\sum_{cyc} \sqrt{a} \left(\sqrt{a + |b - c|} - \sqrt{a - |b - c|} \right) \geq 2(\max\{a, b, c\} - \min\{a, b, c\})$$

Proposed by Hasan Mammadov-Azerbaijan

Solution 1 by Soumava Chakraborty-Kolkata-India,

$$\begin{aligned} &\sqrt{a} \left(\sqrt{a + |b - c|} - \sqrt{a - |b - c|} \right) \stackrel{?}{\geq} |b - c| \\ &\Leftrightarrow \sqrt{a^2 + a \cdot |b - c|} - \sqrt{a^2 - a \cdot |b - c|} \stackrel{?}{\geq} |b - c| \\ &\Leftrightarrow a^2 + a \cdot |b - c| + a^2 - a \cdot |b - c| - 2\sqrt{a^4 - a^2(b - c)^2} \stackrel{?}{\geq} (b - c)^2 \\ &\Leftrightarrow a^2 + a^2 - (b - c)^2 - 2a \cdot \sqrt{a^2 - (b - c)^2} \stackrel{?}{\geq} 0 \Leftrightarrow \left(a - \sqrt{a^2 - (b - c)^2} \right)^2 \stackrel{?}{\geq} 0 \\ &\rightarrow \text{true} \therefore \sqrt{a} \left(\sqrt{a + |b - c|} - \sqrt{a - |b - c|} \right) \geq |b - c| \text{ and analogs} \\ &\Rightarrow \sum_{cyc} \sqrt{a} \left(\sqrt{a + |b - c|} - \sqrt{a - |b - c|} \right) \stackrel{(*)}{\geq} |b - c| + |c - a| + |a - b| \\ &\boxed{\text{Case (*)}} \ a \geq b \geq c \therefore \frac{1}{2} (|b - c| + |c - a| + |a - b|) = \frac{1}{2} (b - c + a - c + a - b) \\ &\quad = a - c = \max\{a, b, c\} - \min\{a, b, c\} \\ &\boxed{\text{Case (**)}} \ a \geq c \geq b \therefore \frac{1}{2} (|b - c| + |c - a| + |a - b|) = \frac{1}{2} (c - b + a - c + a - b) \\ &\quad = a - b = \max\{a, b, c\} - \min\{a, b, c\} \\ &\boxed{\text{Case (***)}} \ b \geq c \geq a \therefore \frac{1}{2} (|b - c| + |c - a| + |a - b|) \\ &= \frac{1}{2} (b - c + c - a + b - a) = b - a = \max\{a, b, c\} - \min\{a, b, c\} \\ &\boxed{\text{Case (****)}} \ b \geq a \geq c \therefore \frac{1}{2} (|b - c| + |c - a| + |a - b|) \\ &= \frac{1}{2} (b - c + a - c + b - a) = b - c = \max\{a, b, c\} - \min\{a, b, c\} \\ &\boxed{\text{Case (*****)}} \ c \geq a \geq b \therefore \frac{1}{2} (|b - c| + |c - a| + |a - b|) \end{aligned}$$

R M M

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$$\begin{aligned}
 &= \frac{1}{2}(c - b + c - a + a - b) = c - b = \max\{a, b, c\} - \min\{a, b, c\} \\
 &\quad \boxed{\text{Case (*****)}} \quad c \geq b \geq a \therefore \frac{1}{2}(|b - c| + |c - a| + |a - b|) \\
 &= \frac{1}{2}(c - b + c - a + b - a) = c - a = \max\{a, b, c\} - \min\{a, b, c\} \\
 \therefore &\text{ combining all 6 cases, we conclude : } \frac{1}{2}(|b - c| + |c - a| + |a - b|) \\
 &\quad = \max\{a, b, c\} - \min\{a, b, c\} \\
 &\quad \Rightarrow |b - c| + |c - a| + |a - b| \stackrel{(\bullet\bullet)}{=} 2(\max\{a, b, c\} - \min\{a, b, c\}) \\
 \therefore (\bullet)(\bullet\bullet) &\Rightarrow \sum_{\text{cyc}} \sqrt{a} (\sqrt{a + |b - c|} - \sqrt{a - |b - c|}) \geq 2(\max\{a, b, c\} - \min\{a, b, c\}), \\
 &\quad " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\begin{aligned}
 \sum_{\text{cyc}} \sqrt{a} (\sqrt{a + |b - c|} - \sqrt{a - |b - c|}) &= \sum_{\text{cyc}} \frac{2\sqrt{a}|b - c|}{\sqrt{a + |b - c|} + \sqrt{a - |b - c|}} \\
 &\stackrel{CBS}{\geq} \sum_{\text{cyc}} \frac{2\sqrt{a}|b - c|}{\sqrt{2[(a + |b - c|) + (a - |b - c|)]}} = \sum_{\text{cyc}} |b - c|.
 \end{aligned}$$

WLOG, we may assume that $a \geq b \geq c$. We have,

$$\begin{aligned}
 |a - b| + |b - c| + |c - a| &= (a - b) + (b - c) + (a - c) = 2(a - c) \\
 &= 2(\max(a, b, c) - \min(a, b, c)).
 \end{aligned}$$

$$\sum_{\text{cyc}} \sqrt{a} (\sqrt{a + |b - c|} - \sqrt{a - |b - c|}) \geq 2(\max(a, b, c) - \min(a, b, c)).$$

Equality holds iff ΔABC is equilateral.

1144. In any ΔABC , the following relationship holds :

$$\frac{r_a^4}{m_a^3} + \frac{r_b^4}{m_b^3} + \frac{r_c^4}{m_c^3} \geq \frac{36r^4}{R^3 - 4r^3}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution 1 by Soumava Chakraborty-Kolkata-India

$$m_a^2 m_b^2 m_c^2 = \frac{1}{64} (2b^2 + 2c^2 - a^2)(2c^2 + 2a^2 - b^2)(2a^2 + 2b^2 - c^2)$$

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$$\begin{aligned}
 & \stackrel{(1)}{=} \frac{1}{64} \left\{ -4 \sum_{\text{cyc}} a^6 + 6 \left(\sum_{\text{cyc}} a^4 b^2 + \sum_{\text{cyc}} a^2 b^4 \right) + 3a^2 b^2 c^2 \right\} \\
 & \text{Now, } \sum_{\text{cyc}} a^6 = \left(\sum_{\text{cyc}} a^2 \right)^3 - 3(a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \\
 & = \left(\sum_{\text{cyc}} a^2 \right)^3 - 3 \left(2a^2 b^2 c^2 + \sum_{\text{cyc}} \left(a^2 b^2 \left(\sum_{\text{cyc}} a^2 - c^2 \right) \right) \right) \\
 & = \left(\sum_{\text{cyc}} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) \\
 & \therefore \sum_{\text{cyc}} a^6 \stackrel{(2)}{=} \left(\sum_{\text{cyc}} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) \\
 & \quad \sum_{\text{cyc}} a^4 b^2 + \sum_{\text{cyc}} a^2 b^4 = \sum_{\text{cyc}} \left(a^2 b^2 \left(\sum_{\text{cyc}} a^2 - c^2 \right) \right) \\
 & \quad \stackrel{(3)}{=} \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) - 3a^2 b^2 c^2 \\
 & \quad \therefore (1), (2), (3) \Rightarrow m_a^2 m_b^2 m_c^2 \\
 & = \frac{1}{64} \left(-4 \left(\sum_{\text{cyc}} a^2 \right)^3 - 12a^2 b^2 c^2 + 12 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) + 6 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) \right. \\
 & \quad \left. - 18a^2 b^2 c^2 + 3a^2 b^2 c^2 \right) \\
 & = \frac{1}{64} \left(-4 \left(\sum_{\text{cyc}} a^2 \right)^3 + 18 \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} a^2 \right) - 27a^2 b^2 c^2 \right) \\
 & = \frac{1}{64} \left(-4 \left(\sum_{\text{cyc}} a^2 \right)^3 + 18 \left(\left(\sum_{\text{cyc}} ab \right)^2 - 16Rrs^2 \right) \left(\sum_{\text{cyc}} a^2 \right) - 27a^2 b^2 c^2 \right) \\
 & = \frac{1}{64} \left\{ -32(s^2 - 4Rr - r^2)^3 + 36(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2)^2 \right. \\
 & \quad \left. - 576Rrs^2(s^2 - 4Rr - r^2) - 432R^2 r^2 s^2 \right\} \\
 & = \frac{1}{16} \left\{ s^6 - s^4(12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3 \right\}
 \end{aligned}$$

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$$\leq \frac{R^2 s^4}{4} \Leftrightarrow s^6 - s^4(4R^2 + 12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3 \stackrel{(*)}{\leq} 0$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\leq} -s^4(8Rr - 36r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3 \stackrel{?}{\leq} 0$

$$\Leftrightarrow s^4(8R - 16r) + s^2(60R^2 r + 120Rr^2 + 33r^3) + r^2(4R + r)^3 \stackrel{?}{\geq} 20rs^4 \quad (**)$$

Now, LHS of (**) $\stackrel{\text{Gerretsen}}{\geq} s^2(16Rr - 5r^2)(8R - 16r) \stackrel{(\blacksquare)}{+} s^2(60R^2 r + 120Rr^2 + 33r^3) + r^2(4R + r)^3$ and

RHS of (**) $\stackrel{\text{Gerretsen}}{\leq} 20rs^2(4R^2 + 4Rr + 3r^2) \stackrel{(\blacksquare\blacksquare)}{}$

(\blacksquare), (\blacksquare\blacksquare) \Rightarrow in order to prove (**), it suffices to prove :

$$s^2(16Rr - 5r^2)(8R - 16r) + s^2(60R^2 r + 120Rr^2 + 33r^3) + r^2(4R + r)^3 \geq 20rs^2(4R^2 + 4Rr + 3r^2)$$

$$\Leftrightarrow s^2(108R^2 - 256Rr + 53r^2) + r(4R + r)^3 \geq 0$$

$$\Leftrightarrow s^2(108R^2 - 256Rr + 80r^2) + r(4R + r)^3 \stackrel{(***)}{\geq} 27r^2 s^2$$

Now, LHS of (***) $\stackrel{\text{Gerretsen}}{\geq} (108R^2 - 256Rr + 80r^2)(16Rr - 5r^2) + r(4R + r)^3$

and RHS of (***) $\stackrel{\text{Gerretsen}}{\leq} 27r^2(4R^2 + 4Rr + 3r^2) \stackrel{(\blacksquare\blacksquare\blacksquare)}{}$

(\blacksquare\blacksquare\blacksquare), (\blacksquare\blacksquare\blacksquare\blacksquare) \Rightarrow in order to prove (***), it suffices to prove :

$$(108R^2 - 256Rr + 80r^2)(16Rr - 5r^2) + r(4R + r)^3 \geq 27r^2(4R^2 + 4Rr + 3r^2)$$

$$\Leftrightarrow 224t^3 - 587t^2 + 308t - 60 \geq 0 \quad \left(\text{where } t = \frac{R}{r}\right)$$

$$\Leftrightarrow (t - 2)\{(t - 2)(224t + 309) + 648\} \geq 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (6) \Rightarrow (5) \Rightarrow (4)$$

$$\text{is true} \Rightarrow m_a^2 m_b^2 m_c^2 \leq \frac{R^2 s^4}{4} \Rightarrow m_a m_b m_c \leq \frac{Rs^2}{2} \Rightarrow \frac{r_a^4}{m_a^3} + \frac{r_b^4}{m_b^3} + \frac{r_c^4}{m_c^3} \stackrel{A-G}{\geq} 3 \cdot \sqrt[3]{\prod_{\text{cyc}} \frac{r_a^4}{m_a^3}}$$

$$= 3 \cdot \sqrt[3]{\frac{r^4 s^8}{(m_a m_b m_c)^3}} \geq 3 \cdot \sqrt[3]{\frac{8r^4 s^8}{R^3 s^6}} \stackrel{?}{\geq} \frac{36r^4}{R^3 - 4r^3} \Leftrightarrow s^2(R^3 - 4r^3)^3 \stackrel{?}{\geq} 216R^3 r^8 \quad (*)$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\geq} (16Rr - 5r^2)(R^3 - 4r^3)^3 \stackrel{?}{\geq} 216R^3 r^8$

$$\Leftrightarrow 16t^{10} - 5t^9 - 192t^7 + 60t^6 + 768t^4 - 456t^3 - 1024t + 320 \geq 0 \quad \left(t = \frac{R}{r}\right)$$

$$\Leftrightarrow (t - 2)\left((t - 2)(16t^8 + 59t^7 + 172t^6 + 260t^5 + 412t^4 + 608t^3 + 1552t^2 + 3320t + 7072) + 13984\right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true}$$

$$\Rightarrow \text{in any } \Delta ABC, \frac{r_a^4}{m_a^3} + \frac{r_b^4}{m_b^3} + \frac{r_c^4}{m_c^3} \geq \frac{36r^4}{R^3 - 4r^3}, \text{ " = " iff } \Delta ABC \text{ is equilateral (QED)}$$

R M M

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Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\begin{aligned} \frac{r_a^4}{m_a^3} + \frac{r_b^4}{m_b^3} + \frac{r_c^4}{m_c^3} &\stackrel{\text{Radon}}{\geq} \frac{(r_a + r_b + r_c)^4}{(m_a + m_b + m_c)^3} \stackrel{\text{Leuenbeger}}{\geq} \frac{(4R + r)^4}{(4R + r)^3} = \frac{(4R + r)(R^3 - 4r^3)}{R^3 - 4r^3} \\ &\stackrel{\text{Euler}}{\geq} \frac{(4 \cdot 2r + r)((2r)^3 - 4r^3)}{R^3 - 4r^3} = \frac{36r^4}{R^3 - 4r^3}, \end{aligned}$$

as desired. Equality holds if and only ΔABC is equilateral.

1145. If $x, y, z \in \mathbb{R}, x + y + z = 0, xy \geq 0$, then in acute ΔABC ,

the following relationship holds :

$$\frac{xy}{\sec^2 A} + \frac{yz}{\sec^2 B} + \frac{zx}{\sec^2 C} \geq xy + yz + zx$$

Proposed by George Apostolopoulos-Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} &\frac{xy}{\sec^2 A} + \frac{yz}{\sec^2 B} + \frac{zx}{\sec^2 C} \geq xy + yz + zx \\ \Leftrightarrow &xy \cdot \cos^2 A + yz \cdot \cos^2 B + zx \cdot \cos^2 C \geq xy + yz + zx \\ \Leftrightarrow &xy \cdot \sin^2 A + yz \cdot \sin^2 B + zx \cdot \sin^2 C \leq 0 \\ \Leftrightarrow &xy \cdot \sin^2 A + (-x - y)(y(1 - \cos^2 B) + z(1 - \cos^2 C)) \leq 0 \\ \Leftrightarrow &xy \cdot \sin^2 A - (x + y)^2 + x(x + y) \cos^2 C + y(x + y) \cos^2 B \leq 0 \\ \Leftrightarrow &xy - (x + y)^2 + x^2 \cos^2 C + y^2 \cos^2 B + xy(\cos^2 B + \cos^2 C - \cos^2 A) \leq 0 \Leftrightarrow \\ &xy - (x + y)^2 + x^2 + y^2 - x^2 \sin^2 C - y^2 \sin^2 B + xy \left(\sum_{\text{cyc}} \cos^2 A - 2 \cos^2 A \right) \leq 0 \\ \Leftrightarrow &-xy - x^2 \sin^2 C - y^2 \sin^2 B + xy \left(\frac{1}{2} \sum_{\text{cyc}} (1 + \cos 2A) - 2 \cos^2 A \right) \leq 0 \\ \Leftrightarrow &-xy - x^2 \sin^2 C - y^2 \sin^2 B + xy \left(\frac{1}{2} \left(3 - 1 - 4 \prod_{\text{cyc}} \cos A \right) - 2 \cos^2 A \right) \leq 0 \\ \Leftrightarrow &-x^2 \sin^2 C - y^2 \sin^2 B + xy \left(-1 + 1 - 2 \prod_{\text{cyc}} \cos A - 2 \cos^2 A \right) \leq 0 \\ \Leftrightarrow &\boxed{-x^2 \sin^2 C - y^2 \sin^2 B + xy \left(-2 \prod_{\text{cyc}} \cos A - 2 \cos^2 A \right) \leq 0} \rightarrow \text{true} \because xy \geq 0 \end{aligned}$$

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$$\text{and } \Delta ABC \text{ being acute} \Rightarrow \prod_{\text{cyc}} \cos A > 0 \Rightarrow -2 \prod_{\text{cyc}} \cos A - 2 \cos^2 A \leq 0$$

$$\therefore \frac{xy}{\sec^2 A} + \frac{yz}{\sec^2 B} + \frac{zx}{\sec^2 C} \geq xy + yz + zx \quad \forall x, y, z \in \mathbb{R}, x + y + z = 0, xy \geq 0$$

and \forall acute ΔABC , " = " iff $x = y = z = 0$ (QED)

1146. In ΔABC the following relationship holds:

$$e^{-\frac{2a}{b+c}} + e^{-\frac{2b}{c+a}} + e^{-\frac{2c}{a+b}} > 1$$

Proposed by Pavlos Trifon-Greece

Solution 1 by Christos Tsifakis-Greece

Let be $f: [0, 1) \rightarrow \mathbb{R}, f(x) = 1 + x + xe^{2x} - e^{2x} \Rightarrow f''(x) = 4xe^{2x} \geq 0$

f' – increasing on $[0, 1), f'(x) = 1 - e^{2x} + 2xe^{2x} \Rightarrow f'(x) \geq f'(0) = 0$

f – increasing on $[0, 1) \Rightarrow f(x) \geq f(0) = 0 \Rightarrow 1 + x + xe^{2x} - e^{2x} \geq 0$

$$e^{2x} \leq \frac{1+x}{1-x}, \forall x \in [0, 1) \Rightarrow e^x \leq \frac{2+x}{2-x}, \forall x \in [0, 2) \Rightarrow e^{-x} \leq \frac{2-x}{2+x} \quad (1)$$

$$a < b + c \Rightarrow \frac{a}{b+c} < 1 \Rightarrow \frac{2a}{b+c} < 2 \stackrel{(1)}{\Rightarrow} e^{-\frac{2a}{b+c}} \leq \frac{2 - \frac{2a}{b+c}}{2 + \frac{2a}{b+c}} = \frac{b+c-a}{a+b+c}$$

$$\sum_{\text{cyc}} e^{-\frac{2a}{b+c}} \leq \sum_{\text{cyc}} \frac{b+c-a}{a+b+c} = \frac{1}{a+b+c} \sum_{\text{cyc}} (b+c-a) = \frac{a+b+c}{a+b+c} = 1$$

Solution 2 by Michael Sterghiou-Greece

Let be $f: (0, \infty) \rightarrow \mathbb{R}, f(x) = e^{-\frac{2x}{p-x}}, a + b + c = p$.

$$f''(x) = \frac{4pxe^{-\frac{2x}{p-x}}}{(p-x)^4} > 0 \Rightarrow f \text{ –convex. By Jensen's inequality:}$$

$$\sum_{\text{cyc}} e^{-\frac{2a}{b+c}} = \sum_{\text{cyc}} e^{-\frac{2a}{p-a}} \geq 3e^{p-\frac{2p}{3}} = \frac{3}{e} > 1$$

1147. Find all values of $k \geq 0$ such that:

R M M

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$$(k+1) \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \geq k \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \right) + 3, \quad \forall \Delta ABC.$$

Proposed by Nguyen Van Canh-Ben Tre-Vietnam

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

The given inequality is equivalent to,

$$\begin{aligned} \frac{a}{b} + \frac{b}{c} + \frac{c}{a} - 3 &\geq -k \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} - \frac{b}{a} - \frac{c}{b} - \frac{a}{c} \right) = -k \cdot \frac{(a-b)(b-c)(c-a)}{abc} \\ \Leftrightarrow ab^2 + bc^2 + ca^2 - 3abc &\geq -k(a-b)(b-c)(c-a) \end{aligned}$$

By Ravi's substitution, there are $x, y, z > 0$ such that, $a = y + z$, $b = z + x$, $c = x + y$.

The last inequality becomes,

$$x^3 + y^3 + z^3 - xy^2 - yz^2 - zx^2 \geq k(x-y)(y-z)(z-x) \quad (1)$$

Let $z \rightarrow 0$, the inequality becomes, $x^3 + y^3 - xy^2 \geq kxy(y-x)$.

This one is true if $x \geq y$. Assume now that $x < y$ and let $t = \frac{x}{y} \in (0, 1)$.

The last inequality becomes, $k \leq \frac{t^3 - t + 1}{t(1-t)} = f(t)$, $t \in (0, 1)$.

$$\begin{aligned} \text{We have, } f'(t) &= \frac{-t^4 + 2t^3 - t^2 + 2t - 1}{t^2(1-t)^2} = \frac{-[t^2 - (1 + \sqrt{2})t + 1][t^2 + (\sqrt{2} - 1)t + 1]}{t^2(1-t)^2} \\ &= \frac{-[2t - (1 + \sqrt{2} - \sqrt{2\sqrt{2} - 1})](2t - 1 - \sqrt{2} - \sqrt{2\sqrt{2} - 1})[t^2 + (\sqrt{2} - 1)t + 1]}{4t^2(1-t)^2}. \end{aligned}$$

So f is decreasing on $(0, t_0]$ and increasing on $[t_0, 1)$, where $t_0 = \frac{1 + \sqrt{2} - \sqrt{2\sqrt{2} - 1}}{2}$.

Thus, $k \leq \min_{0 < t < 1} \{f(t)\} = f(t_0) = k_0 \approx 2,48$.

So it suffices to prove the inequality (1) for $k = k_0$.

WLOG, we may assume that $z = \min\{x, y, z\}$. By AM – GM inequality, we have,

$$LHS_{(1)} \geq 0,$$

and if $x \geq y$ then we have, $RHS_{(1)} \leq 0 \leq LHS_{(1)}$.

Assume now that $y \geq x \geq z$ and let $y = u + z$, $x = v + z$, where $u \geq v \geq 0$.

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The inequality (1) is successively equivalent to,

$$(v+z)^3 + (u+z)^3 + z^3 - (v+z)(u+z)^2 - (u+z)z^2 - z(v+z)^2 \geq k_0 uv(u-v)$$

$$\Leftrightarrow 2(u^2 - uv + v^2)z + u^3 + v^3 - u^2v \geq k_0 uv(u-v).$$

This one is true for $u = 0, v = 0$ and for $u = v$, and it is equivalent, in the other cases, to

$$2(u^2 - uv + v^2)z + uv(u-v) \left(f\left(\frac{v}{u}\right) - k_0 \right) \geq 0,$$

which is true because, $u^2 - uv + v^2, u - v > 0$ and $f\left(\frac{v}{u}\right) \geq \min_{0 < t < 1} \{f(t)\} = k_0$.

Therefore, $0 \leq k \leq k_0 \approx 2,48$.

1148. In $\triangle ABC$ the following relationship holds :

$$\sum_{cyc} \sqrt{\frac{m_b^4 + 4m_b^2(m_b + m_c)(m_c + m_a) + m_c^4}{b^4 + c^4}} < \frac{81R^2}{s^2}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\sum_{cyc} \sqrt{\frac{m_b^4 + 4m_b^2(m_b + m_c)(m_c + m_a) + m_c^4}{b^4 + c^4}} < \frac{81R^2}{s^2} \quad (1)$$

We have,

$$b^4 + c^4 \stackrel{Jensen}{\geq} 2 \left(\frac{b+c}{2} \right)^4 = \frac{(s+(s-a))^4}{8} \stackrel{s > a}{>} \frac{s^4}{8}.$$

Then,

$$\begin{aligned} LHS_{(1)} &< \sum_{cyc} \sqrt{\frac{8(m_b^4 + 4m_b^2(m_b + m_c)(m_c + m_a) + m_c^4)}{s^4}} \\ &\stackrel{CBS}{\leq} \frac{2}{s^2} \sqrt{6 \sum_{cyc} [m_b^4 + 4m_b^2(m_b + m_c)(m_c + m_a) + m_c^4]} \\ &= \frac{2}{s^2} \sqrt{6 \sum_{cyc} (2m_a^4 + 4m_b^2m_c^2 + 4m_b^2(m_am_b + m_bm_c + m_cm_a))} \end{aligned}$$

$$\begin{aligned}
 &= \frac{4}{s^2} \sqrt{3 \left[\left(\sum_{cyc} m_a^2 \right)^2 + 2 \left(\sum_{cyc} m_a^2 \right) \left(\sum_{cyc} m_b m_c \right) \right]} \leq \frac{4 \times 3}{s^2} \cdot \sum_{cyc} m_a^2 = \frac{12}{s^2} \cdot \frac{3}{4} \sum_{cyc} a^2 \stackrel{\text{Leibniz}}{\leq} \frac{9}{s^2} \cdot 9R^2 \\
 &= \frac{81R^2}{s^2}, \text{ as desired.}
 \end{aligned}$$

1149. In $\triangle ABC$ the following relationship holds :

$$\frac{m_a^4}{w_a^3} + \frac{m_b^4}{w_b^3} + \frac{m_c^4}{w_c^3} \geq \frac{\sqrt{3}s^4}{2s^3 - 81\sqrt{3}r^3}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

By CBS inequality, we have,

$$\frac{m_a^4}{w_a^3} + \frac{m_b^4}{w_b^3} + \frac{m_c^4}{w_c^3} \geq \frac{(m_a^2 + m_b^2 + m_c^2)^2}{w_a^3 + w_b^3 + w_c^3},$$

and since $w_a \leq \sqrt{s(s-a)} \leq m_a$ (and analogs), then we have,

$$\bullet m_a^2 + m_b^2 + m_c^2 \geq s(s-a) + s(s-b) + s(s-c) = s^2.$$

$$\bullet w_a^3 + w_b^3 + w_c^3 \leq \sqrt{s(s-a)}^3 + \sqrt{s(s-b)}^3 + \sqrt{s(s-c)}^3$$

$$\begin{aligned}
 &\stackrel{AM-GM}{\leq} s \left(\frac{s(s-a) + 3(s-a)^2}{2\sqrt{3}} + \frac{s(s-b) + 3(s-b)^2}{2\sqrt{3}} + \frac{s(s-c) + 3(s-c)^2}{2\sqrt{3}} \right) \\
 &= s \cdot \frac{12s^2 - 7s(a+b+c) + 3(a^2 + b^2 + c^2)}{2\sqrt{3}} = s \cdot \frac{12s^2 - 7s \cdot 2s + 3 \cdot 2(s^2 - r^2 - 4Rr)}{2\sqrt{3}} \\
 &= \frac{2s^3 - 3sr(4R+r)}{\sqrt{3}} \stackrel{\text{Mitrinovic \& Euler}}{\leq} \frac{2s^3 - 3 \cdot 3\sqrt{3}r \cdot r(4 \cdot 2r + r)}{\sqrt{3}} = \frac{2s^3 - 81\sqrt{3}r^3}{\sqrt{3}}.
 \end{aligned}$$

Therefore,

$$\frac{m_a^4}{w_a^3} + \frac{m_b^4}{w_b^3} + \frac{m_c^4}{w_c^3} \geq \frac{\sqrt{3}s^4}{2s^3 - 81\sqrt{3}r^3}.$$

Equality holds if and only if $\triangle ABC$ is equilateral.

1150. In $\triangle ABC$ the following relationship holds:

$$h_a h_b h_c \leq \frac{1}{8} (h_a + h_b)(h_b + h_c)(h_c + h_a) \leq m_a m_b m_c$$

Proposed by Daniel Sitaru-Romania

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Solution 1 by Tapas Das-India

$$\begin{aligned} \frac{1}{8}(h_a + h_b)(h_b + h_c)(h_c + h_a) &= F^3 \prod_{cyc} \left(\frac{1}{a} + \frac{1}{b} \right) = \frac{F^3}{a^2 b^2 c^2} \prod_{cyc} (a + b) = \\ &= \frac{F^3}{16R^2 F^2} ((a + b + c)(ab + bc + ca) - abc) = \\ &= \frac{F}{16R^2} (2s(s^2 + r^2 + 4Rr) - 4Rrs) = \frac{rs \cdot 2s}{16R^2} (s^2 + r^2 + 2Rr) \end{aligned}$$

$$h_a h_b h_c = \frac{8F^3}{abc} = \frac{8F^3}{4RF} = \frac{2F^2}{R} = \frac{2r^2 s^2}{R}$$

$$\frac{rs \cdot 2s}{16R^2} (s^2 + r^2 + 2Rr) \geq \frac{2r^2 s^2}{R}$$

$$s^2 + r^2 + 2Rr \geq 16Rr \Leftrightarrow s^2 + r^2 - 14Rr \geq 0$$

$$s^2 + r^2 - 14Rr \stackrel{\text{GERRETSEN}}{\geq} 16Rr - 5r^2 + r^2 - 14Rr =$$

$$2Rr - 4r^2 \geq 0 \Leftrightarrow 2R(R - 2r) \geq 0$$

Lemma:

$$m_a \geq \sqrt{r_b r_c}$$

Proof:

$$m_a \geq \sqrt{r_b r_c} \Leftrightarrow m_a^2 \geq \frac{F}{s-b} \cdot \frac{F}{s-c}, \quad \frac{2b^2 + 2c^2 - a^2}{4} \geq \frac{s(s-a)(s-b)(s-c)}{(s-b)(s-c)}$$

$$\frac{2b^2 + 2c^2 - a^2}{4} \geq s(s-a), \quad \frac{2b^2 + 2c^2 - a^2}{4} \geq \frac{b+c+a}{2} \cdot \frac{b+c-a}{2}$$

$$2b^2 + 2c^2 - a^2 \geq (b+c)^2 - a^2, \quad (b-c)^2 \geq 0$$

By Lemma:

$$m_a m_b m_c \geq \prod_{cyc} \sqrt{r_b r_c} = s^2 r, \quad \frac{rs \cdot 2s}{16R^2} (s^2 + r^2 + 2Rr) \leq s^2 r$$

$$s^2 + r^2 + 2Rr \leq 8R^2$$

$$s^2 + r^2 + 2Rr \stackrel{\text{GERRETSEN}}{\leq} 4R^2 + 4Rr + 3r^2 + r^2 + 2Rr \leq 8R^2 \Leftrightarrow$$

$$4R^2 - 6Rr - 4r^2 \geq 0 \Leftrightarrow 2(R - 2r)(2R + r) \geq 0$$

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Equality holds for $a = b = c$.

Solution 2 by Ertan Yildirim-Turkiye

$$\begin{aligned} \frac{1}{8}(h_a + h_b)(h_b + h_c)(h_c + h_a) &\stackrel{\text{CESARO}}{\geq} \frac{1}{8} \cdot 8h_a h_b h_c = h_a h_b h_c \\ \prod_{cyc} m_a &\stackrel{\text{TERESHIN}}{\geq} \prod_{cyc} \frac{b^2 + c^2}{4R} \geq \prod_{cyc} \frac{(b+c)^2}{8R} = \prod_{cyc} \frac{b+c}{4a} \cdot \frac{a(b+c)}{2R} = \\ &= \prod_{cyc} \frac{b+c}{4a} \cdot \left(\frac{ab}{2R} + \frac{ac}{2R}\right) = \prod_{cyc} \frac{b+c}{4a} \cdot \left(\frac{ab}{2R} + \frac{ac}{2R}\right) = \\ &= \prod_{cyc} \frac{b+c}{4a} \cdot (h_b + h_c) \stackrel{\text{AM-GM}}{\geq} \prod_{cyc} \frac{2\sqrt{bc}}{4a} \cdot (h_b + h_c) = \\ &= \frac{8abc}{64abc} (h_a + h_b)(h_b + h_c)(h_c + h_a) = \frac{1}{8} (h_a + h_b)(h_b + h_c)(h_c + h_a) \end{aligned}$$

Equality holds for $a = b = c$.

Solution 3 by Hikmat Mammadov-Azerbaijan

$$\frac{1}{8}(h_a + h_b)(h_b + h_c)(h_c + h_a) \stackrel{\text{CESARO}}{\geq} \frac{1}{8} \cdot 8h_a h_b h_c = h_a h_b h_c$$

$$m_a \geq \sqrt{s(s-a)} \Rightarrow \prod_{cyc} m_a \geq \prod_{cyc} \sqrt{s(s-a)} = sF$$

We will prove that:

$$\frac{1}{8}(h_a + h_b)(h_b + h_c)(h_c + h_a) \leq sF$$

$$\begin{aligned} \frac{1}{8} \prod_{cyc} (h_a + h_b) &= \frac{8F^3}{8} \prod_{cyc} \left(\frac{1}{a} + \frac{1}{b}\right) = \frac{F^3}{a^2 b^2 c^2} \prod_{cyc} (a+b) = \\ &= \frac{F^3}{16R^2 F^2} \prod_{cyc} (2R \sin A + 2R \sin B) = \frac{F}{16R^2} \cdot 8R^3 \prod_{cyc} (\sin A + \sin B) = \\ &= \frac{FR}{2} \prod_{cyc} 2 \sin \frac{A+B}{2} \cos \frac{A-B}{2} \leq 4RF \prod_{cyc} \sin \frac{A+B}{2} = \end{aligned}$$

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$$= abc \prod_{cyc} \sin \frac{\pi - C}{2} = abc \prod_{cyc} \cos \frac{C}{2} = abc \prod_{cyc} \sqrt{\frac{s(s-c)}{ab}} = abc \cdot \frac{sF}{abc} = sF$$

Equality holds for $a = b = c$.

1151. If $M \in \text{Int}(\Delta ABC)$, $x = MA$, $y = MB$, $z = MC$ then:

$$\frac{x}{\sqrt{yz}} \cdot a + \frac{y}{\sqrt{zx}} \cdot b + \frac{z}{\sqrt{xy}} \cdot c \geq 2 \cdot \sqrt[4]{27} \cdot \sqrt{F}$$

Proposed by D.M.Băţineţu-Giurgiu, Florică Anastase-Romania

Solution by Tapas Das-India

$$\begin{aligned} & \frac{x}{\sqrt{yz}} \cdot a + \frac{y}{\sqrt{zx}} \cdot b + \frac{z}{\sqrt{xy}} \cdot c \stackrel{AM-GM}{\geq} \\ & \geq 3 \cdot \sqrt[3]{\frac{x}{\sqrt{yz}} \cdot a \cdot \frac{y}{\sqrt{zx}} \cdot b \cdot \frac{z}{\sqrt{xy}} \cdot c} = 3\sqrt[3]{abc} = 3 \cdot \sqrt[6]{(abc)^2} \stackrel{CARLITZ}{\geq} \\ & \geq 3 \cdot \sqrt[6]{\left(\frac{4F}{\sqrt{3}}\right)^3} = 3 \sqrt[4]{\frac{4F}{\sqrt{3}}} = 3^{\frac{3}{4}} \cdot 2 \cdot \sqrt{F} = 2 \cdot \sqrt[4]{27} \cdot \sqrt{F} \end{aligned}$$

Equality holds for $x = y = z$, $a = b = c$.

1152. In ΔABC , AM , BN , CP – medians, I – incenter. Prove that:

$$a \cdot IM^2 + b \cdot IN^2 + c \cdot IP^2 \geq \frac{abc}{4}$$

Proposed by Daniel Sitaru-Romania

Solution by George Florin Şerban-Romania

ΔBIC , T.median,

$$\begin{aligned} MI^2 &= \frac{BI^2 + CI^2}{2} - \frac{a^2}{4} = \frac{\frac{r^2}{\sin^2 \frac{B}{2}} + \frac{r^2}{\sin^2 \frac{C}{2}}}{2} - \frac{a^2}{4} = \frac{r^2 ac}{2(p-a)(p-c)} + \frac{r^2 ab}{2(p-a)(p-b)} - \frac{a^2}{4}, \\ \sum_{cyc} a \cdot IM^2 &= p \sum_{cyc} a^2 - \frac{1}{2} \sum_{cyc} a^3 - \frac{abc}{p} \sum_{cyc} a - \frac{1}{4} \sum_{cyc} a^3 = p \sum_{cyc} a^2 - 2abc - \frac{3}{4} \sum_{cyc} a^3 \geq \frac{abc}{4}, \\ 4p \sum_{cyc} a^2 - 8abc - 3 \sum_{cyc} a^3 &\geq abc, \quad 4p(2p^2 - 2r^2 - 8Rr) - 9 \cdot 4Rpr - 6p(p^2 - 3r^2 - 6Rr) \geq 0, \\ p(8p^2 - 8r^2 - 32Rr - 36Rr - 6p^2 + 18r^2 + 36Rr) &\geq 0, \quad p(2p^2 - 32Rr + 10r^2) \geq 0, \\ p(2p^2 - 32Rr + 10r^2) &\geq 0, \quad p(p^2 - 16Rr + 5r^2) \geq 0, \text{ true, because } p > 0 \text{ and Gerretsen} \end{aligned}$$

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inequality, $p^2 \geq 16Rr - 5r^2 \Rightarrow p^2 - 16Rr + 5r^2 \geq 0$, then $a \cdot IM^2 + b \cdot IN^2 + c \cdot IP^2 \geq \frac{abc}{4}$.

Equality for $a = b = c$.

1153. In any ΔABC , the following relationship holds :

$$\sum_{\text{cyc}} \frac{m_a^2}{bcr_a} \leq \frac{R}{2r} \sum_{\text{cyc}} \frac{m_a^2}{bch_a}$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{m_a^2}{bcr_a} &= \sum_{\text{cyc}} \frac{am_a^2(s-a)}{4Rrs \cdot rs} \\ &= \frac{1}{16Rr^2s^2} \left(s \sum_{\text{cyc}} (a(4s(s-a) + (b-c)^2)) - \sum_{\text{cyc}} (a^2(4s(s-a) + (b-c)^2)) \right) \\ &= \frac{4s^2 \sum_{\text{cyc}} a(s-a) + s \sum_{\text{cyc}} a(b^2 + c^2 - 2bc) - 4s \sum_{\text{cyc}} a^2(s-a) - \sum_{\text{cyc}} a^2(b^2 + c^2 - 2bc)}{16Rr^2s^2} \\ &= \frac{4s^2(s(2s) - 2(s^2 - 4Rr - r^2)) + s(2s(s^2 + 4Rr + r^2) - 3 \cdot 4Rrs - 6 \cdot 4Rrs)}{16Rr^2s^2} \\ &+ \frac{-4s(2s(s^2 - 4Rr - r^2) - 2s(s^2 - 6Rr - 3r^2)) - 2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) + 2 \cdot 4Rrs(2s)}{16Rr^2s^2} \\ &= \frac{(10R - 5r)s^2 - r(4R + r)^2}{8Rrs^2} \therefore \sum_{\text{cyc}} \frac{m_a^2}{bcr_a} \stackrel{(i)}{=} \frac{16Rr^2s^2}{8Rrs^2} \frac{(10R - 5r)s^2 - r(4R + r)^2}{8Rrs^2} \\ \text{Again, } \frac{R}{2r} \sum_{\text{cyc}} \frac{m_a^2}{bch_a} &= \frac{R}{2r} \sum_{\text{cyc}} \frac{a^2m_a^2}{4Rrs \cdot 2rs} = \frac{1}{64r^3s^2} \sum_{\text{cyc}} (a^2(4s(s-a) + (b-c)^2)) \\ &= \frac{4s(2s(s^2 - 4Rr - r^2) - 2s(s^2 - 6Rr - 3r^2)) + 2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 2 \cdot 4Rrs(2s)}{64r^3s^2} \\ &= \frac{s^4 - (8Rr - 10r^2)s^2 + r^2(4R + r)^2}{64r^3s^2} \\ &\therefore \frac{R}{2r} \sum_{\text{cyc}} \frac{m_a^2}{bch_a} \stackrel{(ii)}{=} \frac{s^4 - (8Rr - 10r^2)s^2 + r^2(4R + r)^2}{64r^3s^2} \\ &\therefore (i), (ii) \Rightarrow \sum_{\text{cyc}} \frac{m_a^2}{bcr_a} \leq \frac{R}{2r} \sum_{\text{cyc}} \frac{m_a^2}{bch_a} \\ &\Leftrightarrow \frac{s^4 - (8Rr - 10r^2)s^2 + r^2(4R + r)^2}{64r^3s^2} \geq \frac{(10R - 5r)s^2 - r(4R + r)^2}{8Rrs^2} \stackrel{(*)}{=} \\ &\Leftrightarrow Rs^4 - rs^2(8R^2 + 30Rr - 20r^2) + r^2(16R^3 + 72R^2r + 33Rr^2 + 4r^3) \geq 0 \\ \text{Now, LHS of } (*) &\stackrel{\text{Gerretsen}}{\geq} Rs^2(16Rr - 5r^2) - rs^2(8R^2 + 30Rr - 20r^2) \\ &+ r^2(16R^3 + 72R^2r + 33Rr^2 + 4r^3) \stackrel{?}{\geq} 0 \end{aligned}$$

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$$\Leftrightarrow (8R^2 - 35Rr + 20r^2)s^2 + r(16R^3 + 72R^2r + 33Rr^2 + 4r^3) \stackrel{?}{\underset{(**)}{\geq}} 0$$

Case 1 $8R^2 - 35Rr + 20r^2 \geq 0$ and then : LHS of (**)
 $\geq r(16R^3 + 72R^2r + 33Rr^2 + 4r^3) > 0 \Rightarrow (**)$ is true (strict inequality)

Case 2 $8R^2 - 35Rr + 20r^2 < 0$ and then : LHS of (**)
 $= -\left(-\left(8R^2 - 35Rr + 20r^2\right)\right)s^2 + r(16R^3 + 72R^2r + 33Rr^2 + 4r^3)$

$$\stackrel{\text{Gerretsen}}{\geq} -\left(-\left(8R^2 - 35Rr + 20r^2\right)\right)(4R^2 + 4Rr + 3r^2) + r(16R^3 + 72R^2r + 33Rr^2 + 4r^3) \stackrel{?}{\geq} 0 \Leftrightarrow 8t^4 - 23t^3 + 9t^2 + 2t + 16 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r}\right)$$

$$\Leftrightarrow (t - 2) \left((t - 2)(8t^2 + 9t + 13) + 18 \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (**)$$

is true \therefore in any ΔABC , $\sum_{\text{cyc}} \frac{m_a^2}{bcr_a} \leq \frac{R}{2r} \sum_{\text{cyc}} \frac{m_a^2}{bch_a}$, " = " iff ΔABC is equilateral (QED)

1154. If ω – Brocard's angle in ΔABC then,

$$\max \left\{ \frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c} \right\} \geq \frac{1}{2 \sin \omega}$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

WLOG, we may assume that, $a \geq b \geq c$. We have

$$\begin{aligned} \left(\frac{m_a}{h_a}\right)^2 - \left(\frac{m_b}{h_b}\right)^2 &= \frac{a^2(2b^2 + 2c^2 - a^2) - b^2(2c^2 + 2a^2 - b^2)}{16F^2} = \\ &= \frac{(a^2 - b^2)(2c^2 - a^2 - b^2)}{16F^2} \leq 0 \end{aligned}$$

Similarly, we have

$$\left(\frac{m_b}{h_b}\right)^2 - \left(\frac{m_c}{h_c}\right)^2 = \frac{(b^2 - c^2)(2a^2 - b^2 - c^2)}{16F^2} \geq 0.$$

Then, $\max \left\{ \frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c} \right\} = \frac{m_b}{h_b}$, and it suffices to prove that, $\frac{m_b}{h_b} \geq \frac{1}{2 \sin \omega}$.

$$\frac{m_b}{h_b} \stackrel{?}{\geq} \frac{1}{2 \sin \omega} \Leftrightarrow \frac{b\sqrt{2c^2 + 2a^2 - b^2}}{4F} \geq \frac{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}{4F}$$

squaring

$$\Leftrightarrow a^2b^2 + b^2c^2 - c^2a^2 - b^4 \geq 0 \Leftrightarrow (a^2 - b^2)(b^2 - c^2) \geq 0,$$

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which is true and the proof is complete. Equality holds iff $\triangle ABC$ is equilateral.

1155. In any $\triangle ABC$, the following relationship holds :

$$\sqrt[3]{\frac{w_a^3 + 2w_a w_b (w_a + w_b) + w_b^3}{a^3 + b^3}} + \sqrt[3]{\frac{w_b^3 + 2w_b w_c (w_b + w_c) + w_c^3}{b^3 + c^3}} + \sqrt[3]{\frac{w_c^3 + 2w_c w_a (w_c + w_a) + w_a^3}{c^3 + a^3}} < \frac{9\sqrt[3]{3}R}{s}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \sqrt[3]{\frac{w_a^3 + 2w_a w_b (w_a + w_b) + w_b^3}{a^3 + b^3}} + \sqrt[3]{\frac{w_b^3 + 2w_b w_c (w_b + w_c) + w_c^3}{b^3 + c^3}} \\ & \quad + \sqrt[3]{\frac{w_c^3 + 2w_c w_a (w_c + w_a) + w_a^3}{c^3 + a^3}} \\ &= \sum_{\text{cyc}} \sqrt[3]{\frac{(w_b + w_c)(w_b^2 - w_b w_c + w_c^2) + 2w_b w_c (w_b + w_c)}{b^3 + c^3}} \\ &= \sum_{\text{cyc}} \sqrt[3]{\frac{(w_b + w_c)(w_b^2 + w_b w_c + w_c^2)}{b^3 + c^3}} \leq \sum_{\text{cyc}} \sqrt[3]{\frac{(w_b + w_c)(w_b^2 + w_b w_c + w_c^2)}{\frac{(b+c)^3}{4}}} \\ &< \sqrt[3]{4} \cdot \sum_{\text{cyc}} \sqrt[3]{\frac{(w_b + w_c)(w_b + w_c)^2}{(b+c)^3}} = \sqrt[3]{4} \cdot \sum_{\text{cyc}} \frac{w_b + w_c}{b+c} \\ &\leq \sqrt[3]{4} \cdot \sqrt{s} \cdot \sum_{\text{cyc}} \frac{\sqrt{s-b} + \sqrt{s-c}}{b+c} \stackrel{\text{CBS}}{\leq} \sqrt[3]{4} \cdot \sqrt{2} \cdot \sqrt{s} \cdot \sum_{\text{cyc}} \frac{\sqrt{s-b} + \sqrt{s-c}}{b+c} \\ &= \sqrt[3]{4} \cdot \sqrt{2} \cdot \sqrt{s} \cdot \sum_{\text{cyc}} \left(\sqrt{\frac{a}{b+c}} \cdot \sqrt{\frac{1}{b+c}} \right) \stackrel{\text{CBS}}{\leq} \sqrt[3]{4} \cdot \sqrt{2} \cdot \sqrt{s} \cdot \sqrt{\sum_{\text{cyc}} \frac{a}{b+c}} \cdot \sqrt{\sum_{\text{cyc}} \frac{1}{b+c}} \\ &= \sqrt[3]{4} \cdot \sqrt{2} \cdot \sqrt{s} \cdot \sqrt{\frac{\sum_{\text{cyc}} (a(c+a)(a+b))}{\prod_{\text{cyc}} (b+c)}} \cdot \sqrt{\frac{\sum_{\text{cyc}} ((c+a)(a+b))}{\prod_{\text{cyc}} (b+c)}} \\ &= \frac{\sqrt[3]{4} \cdot \sqrt{2} \cdot \sqrt{s}}{2s(s^2 + 2Rr + r^2)} \cdot \sqrt{\left(\sum_{\text{cyc}} a \right) \left(\sum_{\text{cyc}} ab \right) + \sum_{\text{cyc}} a^3} \cdot \sqrt{\left(\sum_{\text{cyc}} a^2 + 2 \sum_{\text{cyc}} ab \right) + \sum_{\text{cyc}} ab} \\ &= \frac{\sqrt[3]{4} \cdot \sqrt{2} \cdot \sqrt{s}}{2s(s^2 + 2Rr + r^2)} \cdot \sqrt{2s(s^2 + 4Rr + r^2) + 2s(s^2 - 6Rr - 3r^2)} \cdot \sqrt{5s^2 + 4Rr + r^2} \end{aligned}$$

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$$= \frac{\sqrt[3]{4} \cdot \sqrt{2}}{s^2 + 2Rr + r^2} \cdot \sqrt{s^2 - Rr - r^2} \cdot \sqrt{5s^2 + 4Rr + r^2} \stackrel{?}{<} \frac{9\sqrt[3]{3}R}{s}$$

$$\Leftrightarrow \frac{s}{R} \cdot \frac{\sqrt{s^2 - Rr - r^2} \cdot \sqrt{5s^2 + 4Rr + r^2}}{s^2 + 2Rr + r^2} \stackrel{?}{<} \frac{9\sqrt[3]{3}}{\sqrt[3]{4} \cdot \sqrt{2}} \approx 5.7820423$$

\therefore in order to prove (*), it suffices to prove :

$$\frac{s}{R} \cdot \frac{\sqrt{s^2 - Rr - r^2} \cdot \sqrt{5s^2 + 4Rr + r^2}}{s^2 + 2Rr + r^2} < \frac{23}{4}$$

$$\Leftrightarrow 16s^2(s^2 - Rr - r^2)(5s^2 + 4Rr + r^2) < 529R^2(s^2 + 2Rr + r^2)^2$$

$$\Leftrightarrow 80s^6 - (529R^2 + 16Rr + 64r^2)s^4 - rs^2(2116R^3 + 1122R^2r + 80Rr^2 + 16r^3)$$

$$- R^2r^2(2116R^2 + 2116Rr + 529r^2) \stackrel{(**)}{<} 0$$

Now, LHS of (**)

$$\stackrel{\text{Gerretsen}}{\leq} \left(80(4R^2 + 4Rr + 3r^2) - (529R^2 + 16Rr + 64r^2) \right) s^4 - rs^2(2116R^3 + 1122R^2r + 80Rr^2 + 16r^3)$$

$$- R^2r^2(2116R^2 + 2116Rr + 529r^2) \stackrel{?}{<} 0$$

$$\Leftrightarrow (209R^2 - 304Rr - 176r^2)s^4 + rs^2(2116R^3 + 1122R^2r + 80Rr^2 + 16r^3)$$

$$+ R^2r^2(2116R^2 + 2116Rr + 529r^2) \stackrel{?}{>} 0$$

$$\Leftrightarrow ((R - 2r)(209R + 114r) + 52r^2)s^4 + rs^2(2116R^3 + 1122R^2r + 80Rr^2 + 16r^3)$$

$$+ R^2r^2(2116R^2 + 2116Rr + 529r^2) \stackrel{?}{>} 0 \rightarrow \text{true} \because R - 2r \stackrel{\text{Euler}}{\geq} 0$$

$\Rightarrow (**)$ $\Rightarrow (*)$ is true \therefore in any ΔABC ,

$$\sqrt[3]{\frac{w_a^3 + 2w_a w_b (w_a + w_b) + w_b^3}{a^3 + b^3}} + \sqrt[3]{\frac{w_b^3 + 2w_b w_c (w_b + w_c) + w_c^3}{b^3 + c^3}}$$

$$+ \sqrt[3]{\frac{w_c^3 + 2w_c w_a (w_c + w_a) + w_a^3}{c^3 + a^3}} < \frac{9\sqrt[3]{3}R}{s} \quad (\text{QED})$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Hölder's inequality, we have

$$LHS_{(1)} \leq \sqrt[3]{\sum_{cyc} [w_b^3 + 2w_b w_c (w_b + w_c) + w_c^3]} \cdot \sum_{cyc} \frac{1}{b+c} \cdot \sum_{cyc} \frac{1}{b^2 - bc + c^2}$$

Also, we have

$$\sum_{cyc} [w_b^3 + 2w_b w_c (w_b + w_c) + w_c^3] = 2 \sum_{cyc} w_a^3 + 2 \sum_{cyc} w_b w_c (w_b + w_c) = 2 \sum_{cyc} w_a \cdot \sum_{cyc} w_a^2$$

$$\stackrel{CBS}{\geq} 2 \sqrt[3]{3 \left(\sum_{cyc} w_a^2 \right)^3} \stackrel{w_a \leq \sqrt{s(s-a)}}{\geq} 2 \sqrt[3]{3 \left(\sum_{cyc} s(s-a) \right)^3} = 2\sqrt{3}s^3 \stackrel{\text{Mitrinovic}}{\geq}$$

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$$\leq 2\sqrt{3} \left(\frac{3\sqrt{3}R}{2} \right)^3 = \frac{243R^3}{4},$$

and since $b + c = s + (s - a) \stackrel{s > a}{>} s$, then we have

$$\sum_{cyc} \frac{1}{b+c} < \sum_{cyc} \frac{1}{s} = \frac{3}{s} \quad \text{and} \quad \sum_{cyc} \frac{1}{b^2 - bc + c^2} \stackrel{AM-GM}{\geq} \sum_{cyc} \frac{4}{(b+c)^2} < \sum_{cyc} \frac{4}{s^2} = \frac{12}{s^2}.$$

Therefore,

$$\sum_{cyc} \sqrt[3]{\frac{w_b^3 + 2w_b w_c (w_b + w_c) + w_c^3}{b^3 + c^3}} < \sqrt[3]{\frac{243R^3}{4} \cdot \frac{3}{s} \cdot \frac{12}{s^2}} = \frac{9\sqrt{3}R}{s}.$$

1156. AD, BE, CF – internal bisectors in $\triangle ABC$,

R_A, R_B, R_C – circumradii of $\triangle AEF, \triangle BFD, \triangle CDE$. Prove that

$$\frac{BC}{R_A} + \frac{CA}{R_B} + \frac{AB}{R_C} \geq 12\sqrt{3} \cdot \frac{r}{R}$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Let $a = BC, b = CA, c = AB$

be the side lengths of the triangle ABC . From the angle bisector theorem in triangle ABC , it follows that

$$AE = \frac{bc}{c+a} \quad \text{and} \quad AF = \frac{bc}{a+b}.$$

By the law of cosines in triangle AEF we have

$$\begin{aligned} EF^2 &= AE^2 + AF^2 - 2AE \cdot AF \cdot \cos A \\ &= \left(\frac{bc}{c+a} \right)^2 + \left(\frac{bc}{a+b} \right)^2 - 2 \left(\frac{bc}{a+c} \right) \left(\frac{bc}{a+b} \right) \cdot \frac{b^2 + c^2 - a^2}{2bc} \\ &= \frac{bc[bc(a+b)^2 + bc(c+a)^2 - (b^2 + c^2 - a^2)(c+a)(a+b)]}{(c+a)^2(a+b)^2} \\ &= \frac{bc[a^2(c+a)(a+b) + bc(b^2 + c^2) + 2abc(a+b+c) - (b^2 + c^2)[bc + a(a+b+c)]]}{(c+a)^2(a+b)^2} \\ &= \frac{bc[a^2(c+a)(a+b) - a(a+b+c)(b-c)^2]}{(c+a)^2(a+b)^2} \leq \frac{a^2 bc}{(c+a)(a+b)} \leq \end{aligned}$$

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$$\leq \frac{a^2 bc}{2\sqrt{ca} \cdot 2\sqrt{ab}} = \frac{\sqrt{a^2 bc}}{4},$$

where we have used

the AM – GM inequality in the last step. Thus, in $\triangle AEF$, we have,

$$R_A = \frac{EF}{2 \sin \widehat{EAF}} \leq \frac{\sqrt[4]{a^2 bc}}{4 \sin A} = \frac{R^4 \sqrt{a^2 bc}}{2a} = \frac{R^4}{2} \sqrt{\frac{bc}{a^2}} \quad (\text{and analogs})$$

$$\text{Then, } R_A R_B R_C \leq \frac{R^4}{2} \sqrt{\frac{bc}{a^2}} \cdot \frac{R^4}{2} \sqrt{\frac{ca}{b^2}} \cdot \frac{R^4}{2} \sqrt{\frac{ab}{c^2}} = \left(\frac{R}{2}\right)^3.$$

Euler & Mitrinovic

$$\text{Also, we have, } abc = 4Rsr \stackrel{\text{Euler}}{\geq} 4 \cdot 2r \cdot 3\sqrt{3}r \cdot r = (2\sqrt{3}r)^3.$$

Therefore, by the AM – GM inequality, we have,

$$\frac{BC}{R_A} + \frac{CA}{R_B} + \frac{AB}{R_C} \geq 3 \sqrt[3]{\frac{abc}{R_A R_B R_C}} \geq 3 \cdot \frac{2\sqrt{3}r}{\frac{R}{2}} = 12\sqrt{3} \cdot \frac{r}{R},$$

as desired. Equality holds if and only if the triangle ABC is equilateral.

1157. In any $\triangle ABC$, the following relationship holds :

$$\frac{ab(a^2 + b^2)}{a + b} + \frac{bc(b^2 + c^2)}{b + c} + \frac{ca(c^2 + a^2)}{c + a} < \frac{54R^4}{s}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \frac{ab(a^2 + b^2)}{a + b} + \frac{bc(b^2 + c^2)}{b + c} + \frac{ca(c^2 + a^2)}{c + a} \stackrel{\text{G-H}}{\leq} \sum_{\text{cyc}} \left(\frac{\sqrt{ab}}{2} \cdot (a^2 + b^2) \right) \\ &= \frac{1}{2} \cdot \sum_{\text{cyc}} \left(\sqrt{ab(a^2 + b^2)} \cdot \sqrt{a^2 + b^2} \right) \stackrel{\text{CBS}}{\leq} \frac{1}{2} \cdot \sqrt{\sum_{\text{cyc}} ab(a^2 + b^2)} \cdot \sqrt{\sum_{\text{cyc}} (a^2 + b^2)} \\ &= \frac{1}{2} \cdot \sqrt{\sum_{\text{cyc}} \left(ab \left(\sum_{\text{cyc}} a^2 - c^2 \right) \right)} \cdot \sqrt{2 \sum_{\text{cyc}} a^2} \\ &= \frac{1}{2} \cdot \sqrt{\left(\sum_{\text{cyc}} ab \right) \left(\sum_{\text{cyc}} a^2 \right) - abc \sum_{\text{cyc}} a} \cdot \sqrt{2 \sum_{\text{cyc}} a^2} \end{aligned}$$

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$$\begin{aligned}
 &< \frac{1}{2} \cdot \sqrt{\left(\sum_{\text{cyc}} a^2\right)\left(\sum_{\text{cyc}} a^2\right)} \cdot \sqrt{2 \sum_{\text{cyc}} a^2} \stackrel{\text{Leibnitz}}{\leq} \frac{1}{2} \cdot \sqrt{2 \cdot 729R^6} = \frac{27R^3 \cdot s}{\sqrt{2}s} \\
 &\stackrel{\text{Mitrinovic}}{\leq} \frac{27R^3 \cdot 3\sqrt{3}R}{2\sqrt{2}s} \approx 49.602 \cdot \frac{R^4}{s} < \frac{54R^4}{s} \therefore \text{in any } \Delta ABC, \\
 &\frac{ab(a^2 + b^2)}{a + b} + \frac{bc(b^2 + c^2)}{b + c} + \frac{ca(c^2 + a^2)}{c + a} < \frac{54R^4}{s} \quad (\text{QED})
 \end{aligned}$$

1158. If ω – Brocard's angle in ΔABC , $M \in \text{Int}(\Delta ABC)$ then :

$$\frac{MA}{h_b} + \frac{MB}{h_c} + \frac{MC}{h_a} \geq \frac{1}{\sin \omega}$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Lemma : (*G. Bennett's inequality*) If $P, M \in \text{Int}(\Delta ABC)$, then :

$$a \cdot PA \cdot MA + b \cdot PB \cdot MB + c \cdot PC \cdot MC \geq abc \quad [1]$$

For $P \equiv \Omega$, where Ω is the first Brocard's point, we have

$$a \cdot \Omega A \cdot MA + b \cdot \Omega B \cdot MB + c \cdot \Omega C \cdot MC \geq abc,$$

with, $\Omega A = b \cdot \frac{\sin \omega}{\sin A} = bc \cdot \frac{\sin \omega}{h_b}$ (and analogs). Then,

$$\frac{MA}{h_b} + \frac{MB}{h_c} + \frac{MC}{h_a} \geq \frac{1}{\sin \omega}.$$

References : [1] 584 G. Bennett – *Multiple Triangle Inequalities*.

(see also, Bogdan Fuștei – *About Nagel's and Gergonnes's cevian (IX)*
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1159. In ΔABC the following relationship holds :

$$\frac{(a^2 + b^2 + c^2)^3}{192R^3 F^3} + \frac{R^3}{r^6} \geq \frac{8}{r^3} + 3 \left(\frac{1}{a^3} + \frac{1}{b^3} + \frac{1}{c^3} \right)$$

Proposed by Nguyen Van Canh-Ben Tre-Vietnam

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Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Leuenberger, Steinig and AM – GM inequalities, we have,

$$\begin{aligned} \frac{1}{a^3} + \frac{1}{b^3} + \frac{1}{c^3} &= \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2}\right) - \frac{1}{a} \left(\frac{1}{b^2} + \frac{1}{c^2}\right) - \frac{1}{b} \left(\frac{1}{c^2} + \frac{1}{a^2}\right) - \frac{1}{c} \left(\frac{1}{a^2} + \frac{1}{b^2}\right) \\ &\leq \frac{\sqrt{3}}{2r} \cdot \frac{1}{4r^2} - \frac{6}{abc} = \frac{\sqrt{3}}{8r^3} - \frac{3}{2sRr} \stackrel{\text{Mitrinovic}}{\geq} \frac{\sqrt{3}}{8r^3} - \frac{3}{3\sqrt{3}R \cdot Rr} = \frac{\sqrt{3}}{8r^3} - \frac{\sqrt{3}}{3R^2r}. \end{aligned}$$

By Ionescu–Weitzenbock inequality, we have, $a^2 + b^2 + c^2 \geq 4\sqrt{3}F$.
So it suffices to prove that,

$$\begin{aligned} \frac{\sqrt{3}}{R^3} + \frac{R^3}{r^6} &\geq \frac{8}{r^3} + 3 \left(\frac{\sqrt{3}}{8r^3} - \frac{\sqrt{3}}{3R^2r} \right) \Leftrightarrow \frac{R^3 - 8r^3}{r^6} \geq \frac{\sqrt{3}(3R^3 - 8Rr^2 - 8r^3)}{8R^3r^3} \\ &\Leftrightarrow (R - 2r)[8R^3(R^2 + 2Rr + 4r^2) - \sqrt{3}r^3(3R^2 + 6Rr + 4r^2)] \geq 0, \end{aligned}$$

which is true by Euler inequality, $R \geq 2r$, and,

$$8R^3(R^2 + 2Rr + 4r^2) \geq 64r^3(R^2 + 2Rr + 4r^2) > \sqrt{3}r^3(3R^2 + 6Rr + 4r^2).$$

So the proof is completed. Equality holds iff $\triangle ABC$ is equilateral.

1160. In $\triangle ABC$ holds:

$$\frac{27R}{4p} \leq \sum_{cyc} \frac{m_a^2}{ar_a} \leq \frac{27R^5}{64pr^4}$$

Proposed by Marin Chirciu-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\sum_{cyc} \frac{m_a^2}{ar_a} \stackrel{m_a \geq \sqrt{p(p-a)}}{\geq} \sum_{cyc} \frac{p(p-a)^2}{aF} \stackrel{CBS}{\geq} \frac{(\sum_{cyc} p(p-a))^2}{r(a+b+c)} = \frac{p}{2r} \stackrel{\text{Cosnita-Turtoiu}}{\geq} \frac{27R}{4p}.$$

$$\begin{aligned} \text{Also, } \sum_{cyc} \frac{m_a^2}{ar_a} &= \sum_{cyc} \frac{(p-a)[2(a^2 + b^2 + c^2) - 3a^2]}{4Fa} \\ &= \frac{a^2 + b^2 + c^2}{2F} \cdot \sum_{cyc} \frac{p-a}{a} - \frac{3}{4F} \sum_{cyc} a(p-a) \\ &= \frac{p^2 - r^2 - 4Rr}{F} \cdot \frac{p^2 + r^2 - 8Rr}{4Rr} - \frac{3}{4F} \cdot 2r(4R + r) \end{aligned}$$

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$$\stackrel{\text{Gerretsen}}{\geq} \frac{2(2R^2 + r^2) \cdot 4(R^2 - Rr + r^2)}{4FRr} - \frac{3r(4R + r)}{2F}$$

$$= \frac{8R^4 - 8R^3r - 7Rr^3 + 4r^4}{2pRr^2} \stackrel{?}{\geq} \frac{27R^5}{64pr^4}$$

$$\Leftrightarrow 27R^6 - 256R^4r^2 + 256R^3r^3 + 224Rr^5 - 128r^6 \geq 0$$

$$\Leftrightarrow (R - 2r)[(R - 2r)(27R^4 + 108R^3r + 68R^2r^2 + 96Rr^3 + 112r^4) + 288r^4] \geq 0,$$

which is true by Euler's inequality, $R \geq 2r$.

The proof is completed. Equality holds iff $\triangle ABC$ is equilateral.

1161.

Prove that in any triangle ABC are true the following inequalities:

$$\sum_{cyc} a \cdot \sum_{cyc} \frac{a}{b+c} \leq \frac{3}{2} \sum_{cyc} \frac{a^2}{b},$$

$$\sum_{cyc} \frac{a^2}{b} \geq \frac{2}{3} \sum_{cyc} a \cdot \sum_{cyc} \frac{a}{b+c} + \sum_{cyc} ab \cdot \sum_{cyc} \frac{(a-b)^2}{3b(a+c)(b+c)}$$

Proposed by Neculai Stanciu-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,

$$\begin{aligned} & \cdot \sum_{cyc} \frac{a^2}{b} - \sum_{cyc} a = \sum_{cyc} \left(\frac{a^2}{b} - 2a + b \right) = \sum_{cyc} \frac{(a-b)^2}{b}. \\ & \cdot \sum_{cyc} \frac{a}{b+c} - \frac{3}{2} = \sum_{cyc} \left(\frac{a}{b+c} - \frac{1}{2} \right) = \sum_{cyc} \left(\frac{a-b}{2(b+c)} - \frac{c-a}{2(b+c)} \right) \\ & = \sum_{cyc} \left(\frac{a-b}{2(b+c)} - \frac{a-b}{2(c+a)} \right) = \sum_{cyc} \frac{(a-b)^2}{2(a+c)(b+c)}. \end{aligned}$$

Then,

$$\begin{aligned} \frac{3}{2} \sum_{cyc} \frac{a^2}{b} - \sum_{cyc} a \cdot \sum_{cyc} \frac{a}{b+c} &= \frac{3}{2} \left(\sum_{cyc} \frac{a^2}{b} - \sum_{cyc} a \right) - \sum_{cyc} a \cdot \left(\sum_{cyc} \frac{a}{b+c} - \frac{3}{2} \right) \\ &= \frac{3}{2} \sum_{cyc} \frac{(a-b)^2}{b} - \sum_{cyc} a \cdot \sum_{cyc} \frac{(a-b)^2}{2(a+c)(b+c)} \\ &= \sum_{cyc} \frac{[3(a+c)(b+c) - b(a+b+c)](a-b)^2}{2b(a+c)(b+c)} \\ &= \sum_{cyc} \frac{[3c^2 + ab + bc + 3ca + b(a-b+c)](a-b)^2}{2b(a+c)(b+c)} \geq 0, \end{aligned}$$

thus, $\frac{3}{2} \sum_{cyc} \frac{a^2}{b} \geq \sum_{cyc} a \cdot \sum_{cyc} \frac{a}{b+c}$, is true in any triangle ABC .

Using the last relation, we have,

$$\begin{aligned} \sum_{cyc} \frac{a^2}{b} - \frac{2}{3} \sum_{cyc} a \cdot \sum_{cyc} \frac{a}{b+c} &= \frac{2}{3} \sum_{cyc} \frac{[3c^2 + ab + bc + 3ca + b(a-b+c)](a-b)^2}{2b(a+c)(b+c)} \\ &\geq \sum_{cyc} \frac{(ab+bc+ca)(a-b)^2}{3b(a+c)(b+c)} = \sum_{cyc} ab \cdot \sum_{cyc} \frac{(a-b)^2}{3b(a+c)(b+c)}, \end{aligned}$$

thus,

$$\sum_{cyc} \frac{a^2}{b} \geq \frac{2}{3} \sum_{cyc} a \cdot \sum_{cyc} \frac{a}{b+c} + \sum_{cyc} ab \cdot \sum_{cyc} \frac{(a-b)^2}{3b(a+c)(b+c)},$$

is true in any triangle ABC .

1162. If ω - Brocard's angle in ΔABC then

$$\prod_{cyc} \left(\frac{1}{\sin \omega} - 2 \cos A \right) \geq 1$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly, we will prove that,

$$\frac{1}{\sin \omega} \geq \frac{b^2 + c^2}{bc}, \quad \forall \Delta ABC \tag{1}$$

Since $\sin \omega = \frac{2F}{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}$ and

$4F = \sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}$, then,

$$\begin{aligned} (1) &\Leftrightarrow \frac{2bc\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}{(b^2 + c^2)\sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}} \\ &\geq \frac{2bc\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}{(b^2 + c^2)\sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}} \end{aligned}$$

squaring

$$\begin{aligned} &\Leftrightarrow \frac{4b^2c^2(a^2b^2 + b^2c^2 + c^2a^2)}{(2b^2c^2 + b^4 + c^4)[2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)]} \\ &\Leftrightarrow 0 \geq -a^4(b^2 + c^2)^2 + 2(b^4 + c^4)(a^2b^2 + c^2a^2) - (b^4 + c^4)^2 \\ &= -[a^2(b^2 + c^2) - (b^4 + c^4)]^2, \end{aligned}$$

which is true. Using this result we have,

$$\frac{1}{\sin \omega} - 2 \cos A \geq \frac{b^2 + c^2}{bc} - \frac{b^2 + c^2 - a^2}{bc} = \frac{a^2}{bc} \quad (\text{and analogs})$$

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Therefore,

$$\prod_{cyc} \left(\frac{1}{\sin \omega} - 2 \cos A \right) \geq \prod_{cyc} \frac{a^2}{bc} = 1.$$

Equality holds iff ΔABC is equilateral.

1163.

In any ΔABC with $\omega \rightarrow$ Brocard's angle, the following relationship holds :

$$5 + \frac{2}{\sin \omega} \geq \frac{h_a + h_b + h_c}{r}$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} 5 + \frac{2}{\sin \omega} \geq \frac{h_a + h_b + h_c}{r} &\Leftrightarrow \frac{\sqrt{\sum_{cyc} a^2 b^2}}{rs} \geq \frac{s^2 + 4Rr + r^2}{2Rr} - 5 \\ &\Leftrightarrow \frac{(s^2 + 4Rr + r^2)^2 - 16Rrs^2}{r^2 s^2} \geq \frac{(s^2 - 6Rr + r^2)^2}{4R^2 r^2} \\ &\Leftrightarrow s^6 - (4R^2 + 12Rr - 2r^2)s^4 + rs^2(32R^3 + 28R^2r - 12Rr^2 + r^3) \\ &\quad - 4R^2 r^2 (4R + r)^2 \stackrel{(*)}{\leq} 0 \\ \text{Now, Rouché} &\Rightarrow s^2 - (m - n) \geq 0 \text{ and } s^2 - (m + n) \leq 0, \text{ where} \\ m &= 2R^2 + 10Rr - r^2 \text{ and } n = 2(R - 2r) \cdot \sqrt{R^2 - 2Rr} \\ &\therefore (s^2 - (m + n))(s^2 - (m - n)) \leq 0 \\ &\Rightarrow s^4 - s^2(2m) + m^2 - n^2 \leq 0 \Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3 \leq 0 \\ &\Rightarrow s^6 - (4R^2 + 20Rr - 2r^2)s^4 + rs^2(4R + r)^3 \leq 0 \\ &\Rightarrow \text{in order to prove } (*), \text{ it suffices to show :} \\ \text{LHS of } (*) &\leq s^6 - (4R^2 + 20Rr - 2r^2)s^4 + rs^2(4R + r)^3 \\ &\Leftrightarrow 2s^4 - s^2(8R^2 + 5Rr + 6r^2) - Rr(4R + r)^2 \stackrel{(**)}{\leq} 0 \\ \text{Now, LHS of } (**) &\stackrel{\text{Gerretsen}}{\leq} s^2(8R^2 + 8Rr + 6r^2) - s^2(8R^2 + 5Rr + 6r^2) \\ &\quad - Rr(4R + r)^2 \stackrel{?}{\leq} 0 \Leftrightarrow 3s^2 \stackrel{?}{\leq} 16R^2 + 8Rr + r^2 \\ &\Leftrightarrow 3s^2 - (12R^2 + 12Rr + 9r^2) - 4(R - 2r)(R + r) \stackrel{?}{\leq} 0 \\ &\rightarrow \text{true} \because 3s^2 - (12R^2 + 12Rr + 9r^2) \stackrel{\text{Gerretsen}}{\leq} 0 \text{ and } -4(R - 2r)(R + r) \stackrel{\text{Euler}}{\leq} 0 \\ &\Rightarrow (**) \Rightarrow (*) \text{ is true} \therefore 5 + \frac{2}{\sin \omega} \geq \frac{h_a + h_b + h_c}{r}, \\ &\quad \text{"=" iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly we will prove that,

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$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \frac{1}{\sin \omega}.$$

WLOG, we may assume that $c = \min\{a, b, c\}$. If $a \geq b \geq c$. We have

$$\left(1 + \frac{c}{a} + \frac{a}{c}\right) - \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) = \frac{(a-b)(b-c)}{bc} \geq 0 \Rightarrow \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \frac{c}{a} + \frac{a}{c}.$$

Similarly, if $b \geq a \geq c$ then we have, $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \frac{b}{c} + \frac{c}{b}$.

Thus, $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \max\left\{\frac{a}{b} + \frac{b}{a}, \frac{b}{c} + \frac{c}{b}, \frac{c}{a} + \frac{a}{c}\right\}$.

So it suffices to prove that, in any $\triangle ABC$, we have, $\frac{b}{c} + \frac{c}{b} \leq \frac{1}{\sin \omega}$ (1)

Since $\sin \omega = \frac{2F}{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}$ and $4F$

$$= \sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}, \text{ then,}$$

$$(1) \Leftrightarrow 2bc\sqrt{a^2b^2 + b^2c^2 + c^2a^2}$$

$$\geq (b^2 + c^2)\sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}$$

squaring

$$\begin{aligned} & \Leftrightarrow 4b^2c^2(a^2b^2 + b^2c^2 + c^2a^2) \\ & \geq (2b^2c^2 + b^4 + c^4)[2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)] \\ \Leftrightarrow 0 & \geq -a^4(b^2 + c^2)^2 + 2(b^4 + c^4)(a^2b^2 + c^2a^2) - (b^4 + c^4)^2 \\ & = -[a^2(b^2 + c^2) - (b^4 + c^4)]^2, \end{aligned}$$

which is true, and the proof is complete.

Using this result we have

$$\begin{aligned} 5 + \frac{2}{\sin \omega} &= 3 + 2\left(1 + \frac{1}{\sin \omega}\right) \geq 3 + \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) + \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right) \\ &= (a + b + c)\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) = \frac{h_a + h_b + h_c}{r}, \end{aligned}$$

as desired. Equality holds iff $\triangle ABC$ is equilateral.

1164.

In any $\triangle ABC$ with $\omega \rightarrow$ Brocard's angle, the following relationship holds :

$$\frac{1}{\sin \omega} \geq \max\left(2 + \frac{(a-c)^2}{ab + bc + ca}, 2 + \frac{(m_a - m_c)^2}{m_a m_b + m_b m_c + m_c m_a}\right)$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{\sum_{\text{cyc}} a^2 b^2}{4F^2} &\stackrel{?}{\geq} \frac{(c^2 + a^2)^2}{c^2 a^2} \Leftrightarrow \frac{\sum_{\text{cyc}} a^4 + 16F^2}{8F^2} \stackrel{?}{\geq} \frac{c^4 + a^4 + 2c^2 a^2}{c^2 a^2} \\ &\Leftrightarrow \frac{\sum_{\text{cyc}} a^4}{8F^2} \stackrel{?}{\geq} \frac{c^4 + a^4}{c^2 a^2} \Leftrightarrow \frac{\sum_{\text{cyc}} a^4}{c^4 + a^4} \stackrel{?}{\geq} \frac{8F^2}{c^2 a^2} \\ &\Leftrightarrow \frac{\sum_{\text{cyc}} a^4 - (c^4 + a^4)}{c^4 + a^4} \stackrel{?}{\geq} \frac{2a^2 b^2 + 2b^2 c^2 - (\sum_{\text{cyc}} a^4)}{2c^2 a^2} \end{aligned}$$

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$$\Leftrightarrow \frac{b^4}{c^4 + a^4} + \frac{b^4}{2c^2a^2} + \frac{c^4 + a^4}{2c^2a^2} \stackrel{?}{\geq} \frac{b^2(c^2 + a^2)}{c^2a^2}$$

$$\Leftrightarrow \frac{b^4(c^2 + a^2)^2}{2c^2a^2(c^4 + a^4)} + \frac{c^4 + a^4}{2c^2a^2} \stackrel{?}{\geq} \frac{b^2(c^2 + a^2)}{c^2a^2}$$

$$\Leftrightarrow b^4(c^2 + a^2)^2 + (c^4 + a^4)^2 \stackrel{?}{\geq} 2b^2(c^2 + a^2)(c^4 + a^4) \rightarrow \text{true via AM - GM}$$

$$\therefore \frac{\sum_{\text{cyc}} a^2 b^2}{4F^2} \geq \frac{(c^2 + a^2)^2}{c^2 a^2} \Rightarrow \frac{\sqrt{\sum_{\text{cyc}} a^2 b^2}}{2F} \geq \frac{c}{a} + \frac{a}{c} \Rightarrow \frac{1}{\sin \omega} \geq \frac{c^2 + a^2}{ca}$$

$$= \frac{2ca + c^2 + a^2 - 2ca}{ca} = 2 + \frac{(a - c)^2}{ca} \geq 2 + \frac{(a - c)^2}{ab + bc + ca}$$

$$\therefore \frac{1}{\sin \omega} \stackrel{(*)}{\geq} 2 + \frac{(a - c)^2}{ab + bc + ca} \stackrel{(*)}{\Rightarrow} \frac{\sqrt{\sum_{\text{cyc}} a^2 b^2}}{2F} \geq 2 + \frac{(a - c)^2}{ab + bc + ca}$$

implementing which on a triangle with sides $\frac{2m_a}{3}, \frac{2m_b}{3}, \frac{2m_c}{3}$

whose area as a consequence of basic computation $= \frac{F}{3}$,

we arrive at :

$$\frac{\sqrt{\frac{16}{81} \cdot \sum_{\text{cyc}} m_a^2 m_b^2}}{\frac{2F}{3}} \geq 2 + \frac{\frac{4}{9}(m_a - m_c)^2}{m_a m_b + m_b m_c + m_c m_a}$$

$$\Rightarrow \frac{\sqrt{\frac{16}{81} \cdot \frac{9}{16} \sum_{\text{cyc}} a^2 b^2}}{\frac{2F}{3}} \geq 2 + \frac{(m_a - m_c)^2}{m_a m_b + m_b m_c + m_c m_a}$$

$$\Rightarrow \frac{1}{\sin \omega} \stackrel{(**)}{\geq} 2 + \frac{(m_a - m_c)^2}{m_a m_b + m_b m_c + m_c m_a} \therefore (*), (**)$$

$$\frac{1}{\sin \omega} \geq \max \left(2 + \frac{(a - c)^2}{ab + bc + ca}, 2 + \frac{(m_a - m_c)^2}{m_a m_b + m_b m_c + m_c m_a} \right) \text{ (QED)}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly we will prove that, in any $\triangle ABC$, we have

$$\frac{1}{\sin \omega} \geq \frac{c}{a} + \frac{a}{c} \quad (1)$$

Since $\sin \omega = \frac{2F}{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}}$ and $4F = \sqrt{2(a^2 b^2 + b^2 c^2 + c^2 a^2) - (a^4 + b^4 + c^4)}$, then,

$$(1) \Leftrightarrow 2ca \sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2} \geq (c^2 + a^2) \sqrt{2(a^2 b^2 + b^2 c^2 + c^2 a^2) - (a^4 + b^4 + c^4)}$$

squaring

$$\Leftrightarrow 4c^2 a^2 (a^2 b^2 + b^2 c^2 + c^2 a^2) \geq (2c^2 a^2 + c^4 + a^4) [2(a^2 b^2 + b^2 c^2 + c^2 a^2) - (a^4 + b^4 + c^4)]$$

$$\Leftrightarrow 0 \geq -b^4 (c^2 + a^2)^2 + 2(c^4 + a^4)(a^2 b^2 + b^2 c^2) - (c^4 + a^4)^2$$

$$= -[b^2 (c^2 + a^2) - (c^4 + a^4)]^2,$$

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which is true, and the proof of (1) is complete.

Using this result, we have

$$\frac{1}{\sin \omega} \geq \frac{c}{a} + \frac{a}{c} = 2 + \frac{(c-a)^2}{ca} \geq 2 + \frac{(c-a)^2}{ab+bc+ca} \quad (2)$$

Now, since m_a, m_b, m_c can be the sides of triangle with, area $F_m = \frac{3F}{4}$, and,

$$m_a^2 m_b^2 + m_b^2 m_c^2 + m_c^2 m_a^2 = \frac{9}{16} (a^2 b^2 + b^2 c^2 + c^2 a^2), \text{ then,}$$

$$\sin \omega_m = \frac{2F_m}{\sqrt{m_a^2 m_b^2 + m_b^2 m_c^2 + m_c^2 m_a^2}} = \frac{2F}{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}} = \sin \omega.$$

Using (2) in $\Delta m_a m_b m_c$, we get,

$$\frac{1}{\sin \omega} = \frac{1}{\sin \omega_m} \geq 2 + \frac{(m_c - m_a)^2}{m_a m_b + m_b m_c + m_c m_a}.$$

Therefore,

$$\frac{1}{\sin \omega} \geq \max \left\{ 2 + \frac{(c-a)^2}{ab+bc+ca}, 2 + \frac{(m_c - m_a)^2}{m_a m_b + m_b m_c + m_c m_a} \right\}$$

1165.

In any ΔABC with $\omega \rightarrow$ Brocard's angle, the following relationship holds :

$$\frac{1}{\sin \omega} \geq \frac{a+b}{c+b} + \frac{c+b}{a+b} \text{ and } \frac{1}{\sin \omega} \geq \frac{m_a + m_b}{m_c + m_b} + \frac{m_c + m_b}{m_a + m_b}$$

Proposed by Bogdan Fuştei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{\sum_{\text{cyc}} a^2 b^2}{4F^2} &\stackrel{?}{\geq} \frac{(c^2 + a^2)^2}{c^2 a^2} \Leftrightarrow \frac{\sum_{\text{cyc}} a^4 + 16F^2}{8F^2} \stackrel{?}{\geq} \frac{c^4 + a^4 + 2c^2 a^2}{c^2 a^2} \\ &\Leftrightarrow \frac{\sum_{\text{cyc}} a^4}{8F^2} \stackrel{?}{\geq} \frac{c^4 + a^4}{c^2 a^2} \Leftrightarrow \frac{\sum_{\text{cyc}} a^4}{c^4 + a^4} \stackrel{?}{\geq} \frac{8F^2}{c^2 a^2} \\ &\Leftrightarrow \frac{\sum_{\text{cyc}} a^4 - (c^4 + a^4)}{c^4 + a^4} \stackrel{?}{\geq} \frac{2a^2 b^2 + 2b^2 c^2 - (\sum_{\text{cyc}} a^4)}{2c^2 a^2} \\ &\Leftrightarrow \frac{b^4}{c^4 + a^4} + \frac{b^4}{2c^2 a^2} + \frac{c^4 + a^4}{2c^2 a^2} \stackrel{?}{\geq} \frac{b^2(c^2 + a^2)}{c^2 a^2} \\ &\Leftrightarrow \frac{b^4(c^2 + a^2)^2}{2c^2 a^2(c^4 + a^4)} + \frac{c^4 + a^4}{2c^2 a^2} \stackrel{?}{\geq} \frac{b^2(c^2 + a^2)}{c^2 a^2} \\ &\Leftrightarrow b^4(c^2 + a^2)^2 + (c^4 + a^4)^2 \stackrel{?}{\geq} 2b^2(c^2 + a^2)(c^4 + a^4) \rightarrow \text{true via AM - GM} \end{aligned}$$

$$\begin{aligned} \therefore \frac{\sum_{\text{cyc}} a^2 b^2}{4F^2} &\geq \frac{(c^2 + a^2)^2}{c^2 a^2} \Rightarrow \frac{\sqrt{\sum_{\text{cyc}} a^2 b^2}}{2F} \geq \frac{c}{a} + \frac{a}{c} \Rightarrow \frac{1}{\sin \omega} \stackrel{(*)}{\geq} \frac{c}{a} + \frac{a}{c} \\ \text{Now, } \frac{c}{a} + \frac{a}{c} &\stackrel{?}{\geq} \frac{a+b}{c+b} + \frac{c+b}{a+b} \Leftrightarrow c \left(\frac{1}{a} - \frac{1}{a+b} \right) + a \left(\frac{1}{c} - \frac{1}{b+c} \right) \stackrel{?}{\geq} b \left(\frac{1}{b+c} + \frac{1}{a+b} \right) \\ &\Leftrightarrow \frac{c}{a(a+b)} + \frac{a}{c(b+c)} \stackrel{?}{\geq} \frac{1}{b+c} + \frac{1}{a+b} \Leftrightarrow \frac{1}{a+b} \cdot \frac{1}{a} - \frac{1}{b+c} \cdot \frac{1}{c} \stackrel{?}{\geq} 0 \end{aligned}$$

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$$\Leftrightarrow (c-a) \left(\frac{1}{a(a+b)} - \frac{1}{c(b+c)} \right) \stackrel{?}{\geq} 0 \Leftrightarrow \frac{(c-a)((c-a)(c+a) + b(c-a))}{ac(a+b)(b+c)} \stackrel{?}{\geq} 0$$

$$\Leftrightarrow \frac{(c-a)^2(a+b+c)}{ac(a+b)(b+c)} \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore \frac{c}{a} + \frac{a}{c} \stackrel{(**)}{\geq} \frac{a+b}{c+b} + \frac{c+b}{a+b}$$

$$\therefore (*), (**) \Rightarrow \boxed{\frac{1}{\sin \omega} \geq \frac{a+b}{c+b} + \frac{c+b}{a+b}} \therefore \frac{\sqrt{\sum_{cyc} a^2 b^2}}{2F} \geq \frac{a+b}{c+b} + \frac{c+b}{a+b}$$

implementing which on a triangle with sides $\frac{2m_a}{3}, \frac{2m_b}{3}, \frac{2m_c}{3}$

whose area as a consequence of basic computation $= \frac{F}{3}$, we arrive at :

$$\frac{\sqrt{\frac{16}{81} \cdot \sum_{cyc} m_a^2 m_b^2}}{\frac{2F}{3}} \geq \frac{\frac{2}{3}(m_a + m_b)}{\frac{2}{3}(m_c + m_b)} + \frac{\frac{2}{3}(m_c + m_b)}{\frac{2}{3}(m_a + m_b)}$$

$$\Rightarrow \frac{\sqrt{\frac{16}{81} \cdot \frac{9}{16} \sum_{cyc} a^2 b^2}}{\frac{2F}{3}} \geq \frac{m_a + m_b}{m_c + m_b} + \frac{m_c + m_b}{m_a + m_b} \Rightarrow \frac{\sqrt{\sum_{cyc} a^2 b^2}}{2F} \geq \frac{m_a + m_b}{m_c + m_b} + \frac{m_c + m_b}{m_a + m_b}$$

$$\Rightarrow \boxed{\frac{1}{\sin \omega} \geq \frac{m_a + m_b}{m_c + m_b} + \frac{m_c + m_b}{m_a + m_b}} \quad (\text{QED})$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\frac{a+b}{b+c} + \frac{b+c}{a+b} \stackrel{HM-AM}{\geq} \frac{a+b}{4} \cdot \left(\frac{1}{b} + \frac{1}{c} \right) + \frac{b+c}{4} \cdot \left(\frac{1}{a} + \frac{1}{b} \right) = \frac{1}{4} \left(2 + \sum_{cyc} \left(\frac{a}{b} + \frac{b}{a} \right) \right)$$

$$\stackrel{AM-GM}{\geq} \frac{1}{4} \left(\frac{1}{3} \sum_{cyc} \left(\frac{a}{b} + \frac{b}{a} \right) + \sum_{cyc} \left(\frac{a}{b} + \frac{b}{a} \right) \right)$$

$$= \frac{1}{3abc} \sum_{cyc} bc(b+c) \stackrel{CBS}{\geq} \frac{1}{12RF} \sqrt{\sum_{cyc} b^2 c^2 \cdot \sum_{cyc} (b+c)^2}$$

$$= \frac{1}{6R \sin \omega} \cdot \sqrt{2 \sum_{cyc} a^2 + 2 \sum_{cyc} bc} \stackrel{Leibniz}{\geq} \frac{1}{6R \sin \omega} \cdot \sqrt{4 \cdot 9R^2} = \frac{1}{\sin \omega}$$

Now, since m_a, m_b, m_c can be the sides of triangle with, area $F_m = \frac{3F}{4}$, and,

$$m_a^2 m_b^2 + m_b^2 m_c^2 + m_c^2 m_a^2 = \frac{9}{16} (a^2 b^2 + b^2 c^2 + c^2 a^2), \text{ then,}$$

$$\sin \omega_m = \frac{2F_m}{\sqrt{m_a^2 m_b^2 + m_b^2 m_c^2 + m_c^2 m_a^2}} = \frac{2F}{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}} = \sin \omega.$$

Using the first result in $\Delta m_a m_b m_c$, we have

$$\frac{1}{\sin \omega} = \frac{1}{\sin \omega_m} \geq \frac{m_a + m_b}{m_b + m_c} + \frac{m_b + m_c}{m_a + m_b}.$$

So the proof is complete.

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1166. **If in ΔABC , AM, BN, CP – medians, I – incenter, then:**

$$\frac{a \cdot IM}{\sin \frac{A}{2}} + \frac{b \cdot IN}{\sin \frac{B}{2}} + \frac{c \cdot IP}{\sin \frac{C}{2}} \geq \frac{abc}{2r}$$

Proposed by Daniel Sitaru-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly, we will prove that, for any arbitrary point Q in the plane of ΔABC , we have

$$QA \cdot \cos \frac{A}{2} + QB \cdot \cos \frac{B}{2} + QC \cdot \cos \frac{C}{2} \geq s \quad (1)$$

Lemma : (Bottema's inequality, see [1, pp. 118, Theorem 12.56])

Let a', b', c' denote the sides of $\Delta A'B'C'$ and F' denote its area. Then

$$(a' \cdot QA + b' \cdot QB + c' \cdot QC)^2 \geq \frac{1}{2} \sum_{cyc} a'^2 (b^2 + c^2 - a^2) + 8FF'$$

Let $a' = \cos \frac{A}{2}, b' = \cos \frac{B}{2}, c' = \cos \frac{C}{2}$.

$$\begin{aligned} \text{Since, } (a' + b')^2 &= \frac{1 + \cos A}{2} + \frac{1 + \cos B}{2} + 2 \cos \frac{A}{2} \cdot \cos \frac{B}{2} \geq 1 + \frac{\cos A + \cos B}{2} \\ &= 1 + \sin \frac{C}{2} \cdot \cos \left(\frac{A-B}{2} \right) \geq 1 > c'^2 \Rightarrow a' + b' > c' \text{ (and analogs)} \end{aligned}$$

then a', b', c' can be the sides of a triangle with area F' such that:

$$\begin{aligned} 16F'^2 &= 2 \sum_{cyc} \cos^2 \frac{A}{2} \cos^2 \frac{B}{2} - \sum_{cyc} \cos^4 \frac{A}{2} \\ &= 4 \sum_{cyc} \cos^2 \frac{A}{2} \cos^2 \frac{B}{2} - \left(\cos^2 \frac{A}{2} + \cos^2 \frac{B}{2} + \cos^2 \frac{C}{2} \right)^2 \\ &= 4 \cdot \frac{s^2 + (4R+r)^2}{16R^2} - \left(\frac{4R+r}{2R} \right)^2 = \frac{s^2}{4R^2} \Rightarrow F' = \frac{s}{8R}. \end{aligned}$$

Also, we have

$$\begin{aligned} \sum_{cyc} a'^2 (b^2 + c^2 - a^2) &= \sum_{cyc} \cos^2 \frac{A}{2} \cdot 2bc \cos A = 2s \sum_{cyc} (s-a) \cos A \\ &= 2s^2 \sum \cos A - 2s \sum a \cos A = 2s^2 \left(1 + \frac{r}{R} \right) - 2s \cdot \frac{2sr}{R} = 2s^2 \left(1 - \frac{r}{R} \right). \end{aligned}$$

$$\text{Then, } QA \cdot \cos \frac{A}{2} + QB \cdot \cos \frac{B}{2} + QC \cdot \cos \frac{C}{2} \geq \sqrt{\frac{1}{2} \cdot 2s^2 \left(1 - \frac{r}{R} \right) + 8sr \cdot \frac{s}{8R}} = s.$$

Using now this inequality in ΔMNP with $Q \equiv I$, we have

$$IM \cdot \cos \frac{\angle PMN}{2} + IN \cdot \cos \frac{\angle MNP}{2} + IP \cdot \cos \frac{\angle NPM}{2} \geq \frac{MN + NP + PM}{2},$$

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with, $\angle PMN = A$ and $NP = \frac{a}{2}$ (and analogs), then

$$IM \cdot \cos \frac{A}{2} + IN \cdot \cos \frac{B}{2} + IP \cdot \cos \frac{C}{2} \geq \frac{a+b+c}{4} = \frac{s}{2},$$

and since $\cos \frac{A}{2} = \frac{a}{4R \sin \frac{A}{2}}$ (and analogs), then

$$\frac{a \cdot IM}{\sin \frac{A}{2}} + \frac{b \cdot IN}{\sin \frac{B}{2}} + \frac{c \cdot IP}{\sin \frac{C}{2}} \geq 2Rs = \frac{abc}{2r}.$$

Equality holds iff ΔABC is equilateral.

Reference :

[1] O. BOTTEMA, R. Ž. DJORDEVIĆ, R. R. JANIĆ, D. S. MITRINOVIĆ AND P. M. VASIĆ ,
Geometric Inequalities,
Wolters – Noordhoff Publishing, Groningen, The Netherlands, (1969).

1167.

In any ΔABC with $\omega \rightarrow$ Brocard's angle, the following relationship holds :

$$\frac{1}{\sin \omega} \geq 2 + \frac{2(n_b + m_b - g_b - s_b)^2}{9R(h_a + h_b + h_c)}$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{\sum_{\text{cyc}} a^2 b^2}{4F^2} &\stackrel{?}{\geq} \frac{(c^2 + a^2)^2}{c^2 a^2} \Leftrightarrow \frac{\sum_{\text{cyc}} a^4 + 16F^2}{8F^2} \stackrel{?}{\geq} \frac{c^4 + a^4 + 2c^2 a^2}{c^2 a^2} \\ &\Leftrightarrow \frac{\sum_{\text{cyc}} a^4}{8F^2} \stackrel{?}{\geq} \frac{c^4 + a^4}{c^2 a^2} \Leftrightarrow \frac{\sum_{\text{cyc}} a^4}{c^4 + a^4} \stackrel{?}{\geq} \frac{8F^2}{c^2 a^2} \\ &\Leftrightarrow \frac{\sum_{\text{cyc}} a^4 - (c^4 + a^4)}{c^4 + a^4} \stackrel{?}{\geq} \frac{2a^2 b^2 + 2b^2 c^2 - (\sum_{\text{cyc}} a^4)}{2c^2 a^2} \\ &\Leftrightarrow \frac{b^4}{c^4 + a^4} + \frac{b^4}{2c^2 a^2} + \frac{c^4 + a^4}{2c^2 a^2} \stackrel{?}{\geq} \frac{b^2(c^2 + a^2)}{c^2 a^2} \\ &\Leftrightarrow \frac{b^4(c^2 + a^2)^2}{2c^2 a^2(c^4 + a^4)} + \frac{c^4 + a^4}{2c^2 a^2} \stackrel{?}{\geq} \frac{b^2(c^2 + a^2)}{c^2 a^2} \\ &\Leftrightarrow b^4(c^2 + a^2)^2 + (c^4 + a^4)^2 \stackrel{?}{\geq} 2b^2(c^2 + a^2)(c^4 + a^4) \rightarrow \text{true via AM - GM} \\ \therefore \frac{\sum_{\text{cyc}} a^2 b^2}{4F^2} &\geq \frac{(c^2 + a^2)^2}{c^2 a^2} \Rightarrow \frac{\sqrt{\sum_{\text{cyc}} a^2 b^2}}{2F} \geq \frac{c}{a} + \frac{a}{c} \Rightarrow \frac{1}{\sin \omega} \geq \frac{c}{a} + \frac{a}{c} \end{aligned}$$

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$$= \frac{c^2 + a^2 - 2ca + 2ca}{ca} = 2 + \frac{(c-a)^2}{ca} \geq 2 + \frac{(c-a)^2}{\sum_{cyc} ab}$$

$$\Rightarrow \frac{1}{\sin \omega} \stackrel{(*)}{\geq} 2 + \frac{(c-a)^2}{2R(h_a + h_b + h_c)}$$

$$\text{Now, } 4m_a^2 \cdot (b-c)^2 \stackrel{?}{<} (b^2 + c^2)^2$$

$$\Leftrightarrow 4((b-c)^2 + (b+c)^2 - a^2) \cdot (b-c)^2 \stackrel{?}{<} ((b-c)^2 + (b+c)^2)^2$$

$$\Leftrightarrow 4(b-c)^4 + 4(b^2 - c^2)^2 - 4a^2(b-c)^2 \stackrel{?}{<} (b-c)^4 + (b+c)^4 + 2(b^2 - c^2)^2$$

$$\Leftrightarrow 3(b-c)^4 + 2(b^2 - c^2)^2 \stackrel{?}{<} (b+c)^4 + 4a^2(b-c)^2$$

$\because a^2 > (b-c)^2 \therefore$ in order to prove $(*)$, it suffices to prove :

$$(b+c)^4 + 4(b-c)^4 > 3(b-c)^4 + 2(b^2 - c^2)^2$$

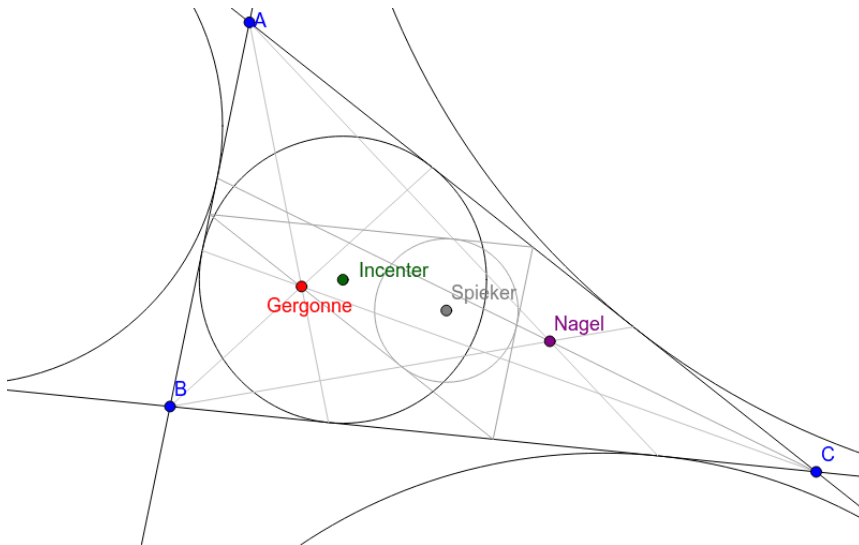
$$\Leftrightarrow (b+c)^4 + (b-c)^4 - 2(b+c)^2(b-c)^2 > 0$$

$$\Leftrightarrow ((b+c)^2 - (b-c)^2)^2 > 0 \rightarrow \text{true} \Rightarrow (*) \text{ is true } \therefore 4m_a^2 \cdot (b-c)^2 \stackrel{(*)}{<} (b^2 + c^2)^2$$

$$\text{Now, } m_a - s_a = m_a - \frac{2bc}{b^2 + c^2} \cdot m_a = \frac{(b-c)^2}{b^2 + c^2} \cdot m_a \stackrel{?}{\leq} \frac{|b-c|}{2}$$

$$\Leftrightarrow \frac{(b-c)^4}{(b^2 + c^2)^2} \cdot 4m_a^2 \stackrel{?}{\leq} (b-c)^2 \Leftrightarrow 4m_a^2 \cdot (b-c)^2 \stackrel{?}{<} (b^2 + c^2)^2 (\because (b-c)^2 \geq 0)$$

$$\rightarrow \text{true via } (\bullet) \Rightarrow m_b - s_b \leq \frac{|c-a|}{2} \rightarrow (1)$$



Let $Ge \equiv$ Gergonne point, $Na \equiv$ Nagel point, $\overrightarrow{AGe} \cap \overrightarrow{BC} = \{D_1\}$, $\overrightarrow{ANa} \cap \overrightarrow{BC} = \{D_2\}$

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and assume $b > c$; Now, $BD_1 = s - b$, $BD_2 = s - c$, $CD_1 = s - c$, $CD_2 = s - b$

$\therefore D_1D_2 = BD_2 - BD_1 = CD_1 - CD_2 = b - c$ and assuming $c > b$, we get :

$D_1D_2 = c - b \therefore$ combining both cases, we obtain : $D_1D_2 = |b - c|$

and via triangle inequality, $AD_1 + D_1D_2 \geq AD_2 \Rightarrow g_a + |b - c| \geq n_a$

$$\Rightarrow n_b - g_b \leq |c - a| \rightarrow (2) \therefore (1), (2) \Rightarrow n_b + m_b - g_b - s_b \leq \frac{3|c - a|}{2}$$

$$\Rightarrow (c - a)^2 \stackrel{(**)}{\geq} \frac{4(n_b + m_b - g_b - s_b)^2}{9} \therefore (*), (**) \Rightarrow \frac{1}{\sin \omega}$$

$$\geq 2 + \frac{4(n_b + m_b - g_b - s_b)^2}{2R(h_a + h_b + h_c)} \Rightarrow \frac{1}{\sin \omega} \geq 2 + \frac{2(n_b + m_b - g_b - s_b)^2}{9R(h_a + h_b + h_c)} \quad (\text{QED})$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly, we will prove that, $n_b + m_b - g_b - s_b \leq \frac{3}{2}|c - a|$ (1)

We have, $n_b^2 = s(s - b) + \frac{s(c - a)^2}{b}$ and $g_b^2 = s(s - b) - \frac{(s - b)(c - a)^2}{b}$, then

$$(n_b g_b)^2 = (s(s - b))^2 + s(s - b) \left(1 - \frac{(c - a)^2}{b^2}\right) (c - a)^2 \stackrel{b > |c - a|}{\geq} (s(s - b))^2 \Rightarrow n_b g_b$$

$\geq s(s - b)$
 $\Rightarrow (n_b - g_b)^2 = (n_b^2 + g_b^2) - 2n_b g_b \leq (2s(s - b) + (c - a)^2) - 2s(s - b) = (c - a)^2$,
 then, $n_b - g_b \leq |c - a|$. Also, we have

$$m_b - s_b = \left(1 - \frac{2ca}{c^2 + a^2}\right) m_b = \frac{(c - a)^2}{c^2 + a^2} \cdot \frac{\sqrt{(c + a)^2 - (b^2 - (c - a)^2)}}{2} \stackrel{b > |c - a|}{\geq} \frac{(c - a)^2(c + a)}{2(c^2 + a^2)}$$

$$= \frac{|c^2 - a^2||c - a|}{2(c^2 + a^2)} \leq \frac{1}{2}|c - a| \Rightarrow m_b - s_b \leq \frac{1}{2}|c - a|.$$

Thus, $n_b + m_b - g_b - s_b = (n_b - g_b) + (m_b - s_b) \leq |c - a| + \frac{1}{2}|c - a| = \frac{3}{2}|c - a|$.

Now, we will prove that, $\frac{1}{2R} \geq \frac{c}{a} + \frac{a}{c}$ (2)

Since $\sin \omega = \frac{2F}{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}$ and $4F$

$$= \sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}, \text{ then,}$$

$$(2) \Leftrightarrow 2ca\sqrt{a^2b^2 + b^2c^2 + c^2a^2} \geq (c^2 + a^2)\sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}$$

$$\stackrel{\text{squaring}}{\Leftrightarrow} 4c^2a^2(a^2b^2 + b^2c^2 + c^2a^2) \geq (2c^2a^2 + c^4 + a^4)[2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)]$$

$$\Leftrightarrow 0 \geq -b^4(c^2 + a^2)^2 + 2(c^4 + a^4)(a^2b^2 + b^2c^2) - (c^4 + a^4)^2$$

$$= -[b^2(c^2 + a^2) - (c^4 + a^4)]^2,$$

which is true, and the proof of (2) is complete.

From (1) and (2), we get

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$$\frac{1}{\sin \omega} \geq \frac{c}{a} + \frac{a}{c} = 2 + \frac{(c-a)^2}{ca} \geq 2 + \frac{4(n_b + m_b - g_b - s_b)^2}{9(ab + bc + ca)} = 2 + \frac{2(n_b + m_b - g_b - s_b)^2}{9R(h_a + h_b + h_c)}.$$

1168. If ω – Brocard's angle in $\triangle ABC$ then,

$$\frac{1}{r} \sum_{cyc} m_a \geq \frac{3}{\sin \omega} + \sum_{cyc} \frac{m_a}{h_a}, \quad 3 \sum_{cyc} \frac{m_a}{r_a} \geq \frac{3}{\sin \omega} + \sum_{cyc} \frac{m_a}{h_a}$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly, we will prove that, in $\triangle ABC$

$$bm_a + cm_b + am_c \geq \frac{3}{2} \sqrt{a^2b^2 + b^2c^2 + c^2a^2}.$$

We have,

$$4bm_a = \sqrt{4b^2(2b^2 + 2c^2 - a^2)} \\ = \sqrt{(3b^2 + c^2 - a^2)^2 + 2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)},$$

$$\text{then, } bm_a = \frac{\sqrt{(3b^2 + c^2 - a^2)^2 + 16F^2}}{4} \quad (\text{and analogs}).$$

By Minkowski's inequality, we have

$$\sum_{cyc} bm_a = \frac{1}{4} \sum_{cyc} \sqrt{(3b^2 + c^2 - a^2)^2 + 16F^2} \geq \frac{1}{4} \sqrt{\left[\sum_{cyc} (3b^2 + c^2 - a^2) \right]^2 + 9 \cdot 16F^2} \\ = \frac{3}{4} \sqrt{(a^2 + b^2 + c^2)^2 + 16F^2} = \frac{3}{2} \sqrt{a^2b^2 + b^2c^2 + c^2a^2}.$$

$$\text{Similarly, we have, } \sum_{cyc} cm_a \geq \frac{3}{2} \sqrt{a^2b^2 + b^2c^2 + c^2a^2},$$

$$\text{then, } \sum_{cyc} (b+c)m_a \geq 3\sqrt{a^2b^2 + b^2c^2 + c^2a^2} = \frac{6F}{\sin \omega}.$$

Now, if $a \leq b \leq c$ then we have, $m_a \geq m_b \geq m_c$ and

$$\frac{1}{r_a} \geq \frac{1}{r_b} \geq \frac{1}{r_c}, \text{ so by Chebyshev's inequality,}$$

we have

$$3 \sum_{cyc} \frac{m_a}{r_a} \geq \sum_{cyc} \frac{1}{r_a} \cdot \sum_{cyc} m_a = \frac{1}{r} \sum_{cyc} m_a = \frac{a+b+c}{2F} \sum_{cyc} m_a = \frac{1}{2F} \sum_{cyc} (b+c)m_a + \sum_{cyc} \frac{m_a}{h_a} \\ \geq \frac{1}{2F} \cdot \frac{6F}{\sin \omega} + \sum_{cyc} \frac{m_a}{h_a} = \frac{3}{\sin \omega} + \sum_{cyc} \frac{m_a}{h_a},$$

which completes the proof. Equality holds iff $\triangle ABC$ is equilateral.

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1169. If ω – Brocard's angle in $\triangle ABC$ then,

$$1 + \frac{1}{\sin \omega} \geq \max \left\{ \sum_{cyc} \frac{a}{c}, \sum_{cyc} \frac{m_a}{m_c} \right\}, \quad 2 + \frac{2}{\sin \omega} \geq \max \left\{ \sum_{cyc} \frac{b+c}{a}, \sum_{cyc} \frac{m_b+m_c}{m_a} \right\}$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Firstly, we will prove that,

$$\frac{a}{c} + \frac{b}{a} + \frac{c}{b} \leq 1 + \max \left\{ \frac{a}{b} + \frac{b}{a}, \frac{b}{c} + \frac{c}{b}, \frac{c}{a} + \frac{a}{c} \right\} \quad (1)$$

WLOG, we may assume that $c = \min\{a, b, c\}$. If $a \geq b \geq c$. We have

$$1 + \frac{c}{a} + \frac{a}{c} - \left(\frac{a}{c} + \frac{b}{a} + \frac{c}{b} \right) = \frac{(a-b)(b-c)}{ab} \geq 0,$$

then

$$\frac{a}{c} + \frac{b}{a} + \frac{c}{b} \leq 1 + \frac{c}{a} + \frac{a}{c} \leq 1 + \max \left\{ \frac{a}{b} + \frac{b}{a}, \frac{b}{c} + \frac{c}{b}, \frac{c}{a} + \frac{a}{c} \right\}.$$

Similarly, if $b \geq a \geq c$ then we have,

$$\frac{a}{c} + \frac{b}{a} + \frac{c}{b} \leq 1 + \frac{b}{c} + \frac{c}{b} \leq 1 + \max \left\{ \frac{a}{b} + \frac{b}{a}, \frac{b}{c} + \frac{c}{b}, \frac{c}{a} + \frac{a}{c} \right\}.$$

which completes the proof of (1).

Now, we will prove that, in any $\triangle ABC$, we have,

$$\frac{b}{c} + \frac{c}{b} \leq \frac{1}{\sin \omega} \quad (2)$$

Since $\sin \omega = \frac{2F}{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}$ and

$$4F = \sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}, \text{ then,}$$

$$\begin{aligned} (2) &\Leftrightarrow 2bc\sqrt{a^2b^2 + b^2c^2 + c^2a^2} \\ &\geq (b^2 + c^2)\sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)} \\ &\quad \text{squaring} \\ &\Leftrightarrow 4b^2c^2(a^2b^2 + b^2c^2 + c^2a^2) \\ &\geq (2b^2c^2 + b^4 + c^4)[2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)] \\ &\Leftrightarrow 0 \geq -a^4(b^2 + c^2)^2 + 2(b^4 + c^4)(a^2b^2 + c^2a^2) - (b^4 + c^4)^2 \\ &= -[a^2(b^2 + c^2) - (b^4 + c^4)]^2, \end{aligned}$$

which is true, and the proof of (2) is complete.

From (1) and (2), we get

$$\frac{a}{c} + \frac{b}{a} + \frac{c}{b} \leq 1 + \max \left\{ \frac{a}{b} + \frac{b}{a}, \frac{b}{c} + \frac{c}{b}, \frac{c}{a} + \frac{a}{c} \right\} \leq 1 + \frac{1}{\sin \omega} \quad (3)$$

Now, since m_a, m_b, m_c can be the sides of triangle with, area $F_m = \frac{3F}{4}$, and,

$$m_a^2 m_b^2 + m_b^2 m_c^2 + m_c^2 m_a^2 = \frac{9}{16}(a^2b^2 + b^2c^2 + c^2a^2), \text{ then,}$$

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$$\sin \omega_m = \frac{2F_m}{\sqrt{m_a^2 m_b^2 + m_b^2 m_c^2 + m_c^2 m_a^2}} = \frac{2F}{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}} = \sin \omega.$$

Using (3) in $\Delta m_a m_b m_c$, we get,

$$\frac{m_a}{m_c} + \frac{m_a}{m_c} + \frac{m_a}{m_c} \leq 1 + \frac{1}{\sin \omega_m} = 1 + \frac{1}{\sin \omega}.$$

Therefore,

$$\max \left\{ \frac{a}{c} + \frac{b}{a} + \frac{c}{b}, \frac{m_a}{m_c} + \frac{m_a}{m_c} + \frac{m_a}{m_c} \right\} \leq 1 + \frac{1}{\sin \omega}.$$

Similarly, we have,

$$\frac{c}{a} + \frac{a}{b} + \frac{b}{c} \leq 1 + \frac{1}{\sin \omega} \quad \text{and} \quad \frac{m_c}{m_a} + \frac{m_a}{m_b} + \frac{m_b}{m_c} \leq 1 + \frac{1}{\sin \omega}.$$

Then,

$$\frac{b+c}{a} + \frac{c+a}{b} + \frac{a+b}{c} \leq 2 \left(1 + \frac{1}{\sin \omega} \right) \quad \text{and} \\ \frac{m_b + m_c}{m_a} + \frac{m_c + m_a}{m_b} + \frac{m_a + m_b}{m_c} \leq 2 \left(1 + \frac{1}{\sin \omega} \right).$$

Therefore,

$$\max \left\{ \frac{b+c}{a} + \frac{c+a}{b} + \frac{a+b}{c}, \frac{m_b + m_c}{m_a} + \frac{m_c + m_a}{m_b} + \frac{m_a + m_b}{m_c} \right\} \leq 2 + \frac{2}{\sin \omega}.$$

1170. If ω – Brocard's angle in ΔABC then,

$$2R + 5r \geq 5r + 4r \cdot \max \left\{ \frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c} \right\} \geq 5r + \frac{2r}{\sin \omega} \geq h_a + h_b + h_c$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Panaitopol's inequality, we have, $\frac{m_a}{h_a} \leq \frac{R}{2r}$ (and analogs) \Rightarrow

$$\max \left\{ \frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c} \right\} \leq \frac{R}{2r} \quad (1)$$

Now, we will prove that, $\max \left\{ \frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c} \right\} \geq \frac{1}{2 \sin \omega}$ (2)

WLOG, we may assume that, $a \geq b \geq c$. We have

$$\left(\frac{m_a}{h_a} \right)^2 - \left(\frac{m_b}{h_b} \right)^2 = \frac{a^2(2b^2 + 2c^2 - a^2) - b^2(2c^2 + 2a^2 - b^2)}{16F^2} \\ = \frac{(a^2 - b^2)(2c^2 - a^2 - b^2)}{16F^2} \leq 0.$$

Similarly, we have, $\left(\frac{m_b}{h_b}\right)^2 - \left(\frac{m_c}{h_c}\right)^2 = \frac{(b^2 - c^2)(2a^2 - b^2 - c^2)}{16F^2} \geq 0$.

Then, $\max\left\{\frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c}\right\} = \frac{m_b}{h_b}$, and it suffices to prove that, $\frac{m_b}{h_b} \geq \frac{1}{2 \sin \omega}$.

$$\frac{m_b}{h_b} \stackrel{?}{\geq} \frac{1}{2 \sin \omega} \Leftrightarrow \frac{b\sqrt{2c^2 + 2a^2 - b^2}}{4F} \geq \frac{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}{4F}$$

squaring

$$\Leftrightarrow a^2b^2 + b^2c^2 - c^2a^2 - b^4 \geq 0 \Leftrightarrow (a^2 - b^2)(b^2 - c^2) \geq 0,$$

which is true and the proof of (2) is complete.

In this part, we will prove that, $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \frac{1}{\sin \omega}$ (3)

WLOG, we may assume that $c = \min\{a, b, c\}$. If $a \geq b \geq c$. We have

$$1 + \frac{c}{a} + \frac{a}{c} - \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) = \frac{(a-b)(b-c)}{bc} \geq 0 \Rightarrow \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \frac{c}{a} + \frac{a}{c}.$$

Similarly, if $b \geq a \geq c$ then we have, $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \frac{b}{c} + \frac{c}{b}$.

Then, $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \leq 1 + \max\left\{\frac{a}{b} + \frac{b}{a}, \frac{b}{c} + \frac{c}{b}, \frac{c}{a} + \frac{a}{c}\right\}$.

So it suffices to prove that, in any $\triangle ABC$, we have, $\frac{b}{c} + \frac{c}{b} \leq \frac{1}{\sin \omega}$ (i)

Since $\sin \omega = \frac{2F}{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}$ and $4F = \sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)}$, then,

$$\begin{aligned} (i) &\Leftrightarrow 2bc\sqrt{a^2b^2 + b^2c^2 + c^2a^2} \\ &\geq (b^2 + c^2)\sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)} \\ &\stackrel{\text{squaring}}{\Leftrightarrow} 4b^2c^2(a^2b^2 + b^2c^2 + c^2a^2) \\ &\geq (2b^2c^2 + b^4 + c^4)[2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)] \\ &\Leftrightarrow 0 \geq -a^4(b^2 + c^2)^2 + 2(b^4 + c^4)(a^2b^2 + c^2a^2) - (b^4 + c^4)^2 \\ &= -[a^2(b^2 + c^2) - (b^4 + c^4)]^2, \end{aligned}$$

which is true, and the proof of (3) is complete.

From (1), (2) and (3), we have

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$$2R + 5r = 5r + 4r \cdot \frac{R}{2r} \stackrel{(1)}{\geq} 5r + 4r \cdot \max\left\{\frac{m_a}{h_a}, \frac{m_b}{h_b}, \frac{m_c}{h_c}\right\} \stackrel{(2)}{\geq} 5r + \frac{2r}{\sin \omega}$$

$$= 3r + r \cdot 2 \left(1 + \frac{1}{\sin \omega}\right)$$

$$\stackrel{(3)}{\geq} 3r + r \cdot \left[\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right) + \left(\frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right)\right] = r(a + b + c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) = h_a + h_b + h_c.$$

So the proof is done. Equality holds iff ΔABC is equilateral.

1171. If $\lambda > 0$ then in ΔABC the following relationship holds:

$$\frac{a}{b + c\lambda} + \frac{b}{c + a\lambda} + \frac{c}{a + b\lambda} \geq \frac{12}{1 + \lambda} \cdot \frac{r^2}{R^2}$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\frac{a}{b + c\lambda} + \frac{b}{c + a\lambda} + \frac{c}{a + b\lambda} = \frac{a^2}{ab + ac\lambda} + \frac{b^2}{bc + ba\lambda} + \frac{c^2}{ca + cb\lambda} \geq$$

$$\stackrel{\text{BERGSTROM}}{\geq} \frac{(a + b + c)^2}{(1 + \lambda)(ab + bc + ca)} = \frac{4s^2}{(1 + \lambda)(s^2 + r^2 + 4Rr)}$$

$$\frac{4s^2}{(1 + \lambda)(s^2 + r^2 + 4Rr)} \geq \frac{12}{1 + \lambda} \cdot \frac{r^2}{R^2} \Leftrightarrow$$

$$\Leftrightarrow \frac{s^2}{s^2 + r^2 + 4Rr} \geq \frac{3r^2}{R^2} \Leftrightarrow s^2 R^2 \geq 3r^2(s^2 + r^2 + 4Rr) \Leftrightarrow$$

$$\Leftrightarrow s^2(R^2 - 3r^2) \geq 3r^4 + 12Rr^3 \text{ --to prove}$$

$$\stackrel{\text{MITRINOVIC}}{s^2(R^2 - 3r^2)} \geq 27r^2(R^2 - 3r^2) \geq 3r^4 + 12Rr^3 \Leftrightarrow$$

$$\Leftrightarrow 9r^2(R^2 - 3r^2) \geq r^4 + 4Rr^3 \Leftrightarrow 9(R^2 - 3r^2) \geq r^2 + 4Rr \Leftrightarrow$$

$$\Leftrightarrow 9R^2 - 28r^2 - 4Rr \geq 0 \Leftrightarrow (R - 2r)(9R + 14r) \geq 0$$

Equality holds for $a = b = c$.

1172. In any ΔABC the following relationship holds :

$$\frac{b^2 + c^2}{a^2} \cdot \cos A + \frac{c^2 + a^2}{b^2} \cdot \cos B + \frac{a^2 + b^2}{c^2} \cdot \cos C \geq 24 \left(\frac{r}{R}\right)^2 - 3$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned}
 & \frac{b^2 + c^2}{a^2} \cdot \cos A + \frac{c^2 + a^2}{b^2} \cdot \cos B + \frac{a^2 + b^2}{c^2} \cdot \cos C \\
 = & \sum_{\text{cyc}} \left(\frac{2bc \cos A + a^2}{a^2} \cdot \cos A \right) = \sum_{\text{cyc}} \frac{2bc \cdot \cos^2 A}{a^2} + \sum_{\text{cyc}} \cos A \\
 = & \sum_{\text{cyc}} \frac{2bc \cdot (1 - \sin^2 A)}{a^2} + \frac{R+r}{R} = \sum_{\text{cyc}} \frac{2bc}{a^2} - \sum_{\text{cyc}} \frac{2bc \cdot a^2}{4R^2 \cdot a^2} + \frac{R+r}{R} \\
 \geq & \stackrel{A-G}{\geq} 6^3 \sqrt{\prod_{\text{cyc}} \frac{bc}{a^2}} + \frac{R+r}{R} - \frac{s^2 + 4Rr + r^2}{2R^2} \stackrel{?}{\geq} 24 \left(\frac{r}{R}\right)^2 - 3 \\
 \Leftrightarrow & \frac{10R+r}{R} \stackrel{?}{\geq} \frac{s^2 + 4Rr + 49r^2}{2R^2} \Leftrightarrow s^2 \stackrel{?}{\underset{(*)}{\leq}} 20R^2 - 2Rr - 49r^2 \\
 \text{Now, LHS of } (*) & \stackrel{\text{Gerretsen}}{\leq} 4R^2 + 4Rr + 3r^2 \stackrel{?}{\leq} 20R^2 - 2Rr - 49r^2 \\
 \Leftrightarrow 8R^2 - 3Rr - 26r^2 & \stackrel{?}{\geq} 0 \Leftrightarrow (R-2r)(8R+13r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \\
 \Rightarrow (*) \text{ is true} & \Rightarrow \text{in any } \triangle ABC, \frac{b^2 + c^2}{a^2} \cdot \cos A + \frac{c^2 + a^2}{b^2} \cdot \cos B + \frac{a^2 + b^2}{c^2} \cdot \cos C \\
 & \geq 24 \left(\frac{r}{R}\right)^2 - 3, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)}
 \end{aligned}$$

1173. In $\triangle ABC$ the following relationship holds:

$$\frac{a^3}{\lambda b + \mu c} + \frac{b^3}{\lambda c + \mu a} + \frac{c^3}{\lambda a + \mu b} \geq \frac{36r^2}{\lambda + \mu}$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\begin{aligned}
 & \frac{a^3}{\lambda b + \mu c} + \frac{b^3}{\lambda c + \mu a} + \frac{c^3}{\lambda a + \mu b} = \\
 = & \frac{a^4}{\lambda ab + \mu ac} + \frac{b^4}{\lambda bc + \mu ba} + \frac{c^4}{\lambda ca + \mu cb} \stackrel{\text{HOLDER}}{\geq} \\
 \geq & \frac{(a+b+c)^4}{9(\lambda + \mu)(ab + bc + ca)} = \frac{16s^4}{9(\lambda + \mu)(s^2 + r^2 + 4Rr)} \geq \frac{36r^2}{\lambda + \mu} \Leftrightarrow \\
 \Leftrightarrow 16s^4 & \geq 36r^2 \cdot 9(s^2 + r^2 + 4Rr) \Leftrightarrow \\
 \Leftrightarrow 4s^4 - 81s^2r^2 & \geq 81r^2(r^2 + 4Rr) \\
 4s^4 - 81s^2r^2 = s^2(4s^2 - 81r^2) & \stackrel{\text{MITRINOVIC}}{\geq} \\
 \geq 27r^2(4s^2 - 81r^2) & \geq 81r^2(r^2 + 4Rr) \Leftrightarrow \\
 4s^2 - 81r^2 \geq 3(r^2 + 4Rr) & \Leftrightarrow 4s^2 \geq 84r^2 + 12Rr
 \end{aligned}$$

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$$4s^2 \stackrel{\text{GERRETSEN}}{\geq} 4(16Rr - 5r^2) \geq 84r^2 + 12Rr \Leftrightarrow$$

$$64Rr - 12Rr \geq 84r^2 + 20r^2 \Leftrightarrow 52Rr \geq 104r^2 \Leftrightarrow R \stackrel{\text{EULER}}{\geq} 2r$$

1174. In ΔABC the following relationship holds:

$$\left(\frac{m_a^5}{m_b + m_c}\right)^2 + \left(\frac{m_b^5}{m_c + m_a}\right)^2 + \left(\frac{m_c^5}{m_a + m_b}\right)^2 \geq \frac{3^9 \cdot r^8}{4}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Daniel Sitaru-Romania

$$\sum_{cyc} \left(\frac{m_a^5}{m_b + m_c}\right)^2 = \sum_{cyc} \frac{m_a^{10}}{(m_b + m_c)^2} \geq \sum_{cyc} \frac{m_a^{10}}{2(m_b^2 + m_c^2)} =$$

$$= \frac{1}{2} \sum_{cyc} \frac{(m_a^2)^5}{m_b^2 + m_c^2} \stackrel{\text{HOLDER}}{\geq} \frac{1}{2} \cdot \frac{(m_a^2 + m_b^2 + m_c^2)^5}{27 \cdot 2(m_a^2 + m_b^2 + m_c^2)} =$$

$$= \frac{1}{4 \cdot 27} \cdot (m_a^2 + m_b^2 + m_c^2)^4 = \frac{1}{4 \cdot 27} \cdot \frac{3^4}{4^4} \cdot (a^2 + b^2 + c^2)^4 \geq$$

$$\stackrel{\text{IONESCU-WEITZENBOCK}}{\geq} \frac{3}{4^5} \cdot (4\sqrt{3}F)^4 = \frac{3}{4} \cdot (\sqrt{3}rs)^4 \geq \frac{3}{4} \cdot (\sqrt{3}r \cdot 3\sqrt{3}r)^4 = \frac{3^9 \cdot r^8}{4}$$

Equality holds for: $a = b = c$.

1175. If $\lambda, \mu > 0$ then in ΔABC the following relationship holds:

$$\frac{\lambda a^3 + \mu b^3}{\lambda a + \mu b} + \frac{\lambda b^3 + \mu c^3}{\lambda b + \mu c} + \frac{\lambda c^3 + \mu a^3}{\lambda c + \mu a} \geq \frac{18(\sqrt{\lambda} + \sqrt{\mu})^2}{\lambda + \mu} \cdot r^2$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\sum_{cyc} \frac{\lambda a^3 + \mu b^3}{\lambda a + \mu b} = \lambda \sum_{cyc} \frac{a^3}{\lambda a + \mu b} + \mu \sum_{cyc} \frac{b^3}{\lambda a + \mu b} \stackrel{\text{HOLDER}}{\geq}$$

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$$\begin{aligned} &\geq \lambda \cdot \frac{(a+b+c)^3}{3(\lambda+\mu)(a+b+c)} + \mu \cdot \frac{(a+b+c)^3}{3(\lambda+\mu)(a+b+c)} = \\ &= \left(\frac{\lambda}{3(\lambda+\mu)} + \frac{\mu}{3(\lambda+\mu)} \right) \cdot (a+b+c)^2 = \frac{1}{3} \cdot 4s^2 \stackrel{\text{MITRINOVIC}}{\geq} \\ &\geq \frac{4}{3} \cdot 27r^2 \end{aligned}$$

Remains to prove:

$$\frac{4}{3} \cdot 27r^2 \geq \frac{18(\sqrt{\lambda} + \sqrt{\mu})^2}{\lambda + \mu} \cdot r^2 \Leftrightarrow 2 \geq \frac{(\sqrt{\lambda} + \sqrt{\mu})^2}{\lambda + \mu} \Leftrightarrow (\sqrt{\lambda} - \sqrt{\mu})^2 \geq 0$$

Equality holds for $\lambda = \mu$ and $a = b = c$.

1176. In $\triangle ABC$ the following relationship holds :

$$\frac{r_a^{10}}{r_a^3 + r_b^3} + \frac{r_b^{10}}{r_b^3 + r_a^3} + \frac{r_c^{10}}{r_c^3 + r_a^3} \geq \frac{3(3r)^7}{2}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\begin{aligned} \sum_{\text{cyc}} \frac{r_a^{10}}{r_a^3 + r_b^3} &= \sum_{\text{cyc}} \frac{r_a^{14}}{r_a^7 + r_a^4 r_b^3} \stackrel{\text{AM-GM}}{\geq} \sum_{\text{cyc}} \frac{r_a^{14}}{r_a^7 + \frac{4r_a^7 + 3r_b^7}{7}} \stackrel{\text{CBS}}{\geq} \frac{(r_a^7 + r_b^7 + r_c^7)^2}{2(r_a^7 + r_b^7 + r_c^7)} \\ &= \frac{r_a^7 + r_b^7 + r_c^7}{2} \stackrel{\text{AM-GM}}{\geq} \frac{3\sqrt[3]{(r_a r_b r_c)^7}}{2} = \frac{3\sqrt[3]{(s^2 r)^7}}{2} \stackrel{\text{Mitrinovic}}{\geq} \frac{3\sqrt[3]{(27r^2 \cdot r)^7}}{2} = \frac{3(3r)^7}{2}. \end{aligned}$$

Equality holds iff $\triangle ABC$ is equilateral.

1177. In any $\triangle ABC$, the following relationship holds :

$$3 \leq \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cdot \cos A \leq 3 \left(\frac{R}{2r} \right)^5$$

Proposed by Marin Chirciu-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cdot \cos A &= \sum_{\text{cyc}} \left(\frac{2bc \cos A + a^2}{a^2} \cdot \cos A \right) \\ &= \sum_{\text{cyc}} \frac{2bc \cdot \cos^2 A}{a^2} + \sum_{\text{cyc}} \cos A = \sum_{\text{cyc}} \frac{2bc \cdot (1 - \sin^2 A)}{a^2} + \frac{R+r}{R} \end{aligned}$$

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$$\begin{aligned}
 &= \sum_{\text{cyc}} \frac{2bc}{a^2} - \sum_{\text{cyc}} \frac{2bc \cdot a^2}{4R^2 \cdot a^2} + \frac{R+r}{R} \stackrel{A-G}{\leq} \sum_{\text{cyc}} \frac{b^2 + c^2 + a^2 - a^2}{a^2} - \frac{s^2 + 4Rr + r^2}{2R^2} + \frac{R+r}{R} \\
 &= \left(\sum_{\text{cyc}} a^2 \right) \left(\sum_{\text{cyc}} \frac{1}{a^2} \right) - 3 - \frac{s^2 + 4Rr + r^2}{2R^2} + \frac{R+r}{R} \\
 &= \frac{(s^2 - 4Rr - r^2) \left((s^2 + 4Rr + r^2)^2 - 16Rrs^2 \right)}{8R^2 r^2 s^2} - 3 + \frac{2R^2 - 2Rr - r^2 - s^2}{2R^2} \\
 &= \frac{(s^2 - 4Rr - r^2) \left((s^2 + 4Rr + r^2)^2 - 16Rrs^2 \right) - 24R^2 r^2 s^2 + 4r^2 s^2 (2R^2 - 2Rr - r^2 - s^2)}{8R^2 r^2 s^2} \\
 &\stackrel{?}{\leq} 3 \left(\frac{R}{2r} \right)^5 \Leftrightarrow 4r^3 s^6 - r^4 s^4 (48R + 12r) - s^2 (3R^7 - 128R^2 r^5 + 20r^7) \\
 &\quad - 4r^6 (4R + r)^3 \stackrel{?}{\leq} 0 \quad (*) \\
 &\text{Now, LHS of } (*) \stackrel{\text{Gerretsen}}{\leq} 4r^3 s^4 (4R^2 + 4Rr + 3r^2 - r(12R + 3r)) \\
 &\quad - s^2 (3R^7 - 128R^2 r^5 + 20r^7) - 4r^6 (4R + r)^3 \stackrel{?}{\leq} 0 \\
 &\Leftrightarrow 4r^3 s^4 (4R^2 - 8Rr) - s^2 (3R^7 - 128R^2 r^5 + 20r^7) - 4r^6 (4R + r)^3 \stackrel{?}{\leq} 0 \quad (**), \\
 &\quad \text{Again, LHS of } (**), \stackrel{\text{Gerretsen}}{\leq} \\
 &\quad (4r^3 (4R^2 - 8Rr) (4R^2 + 4Rr + 3r^2) - (3R^7 - 128R^2 r^5 + 20r^7)) s^2 \\
 &\quad - 4r^6 (4R + r)^3 \stackrel{?}{\leq} 0 \\
 &\Leftrightarrow (3R^7 - 64R^4 r^3 + 64R^3 r^4 - 48R^2 r^5 + 96Rr^5 + 20r^7) s^2 + 4r^6 (4R + r)^3 \stackrel{?}{\leq} 0 \quad (***) \\
 &\quad \boxed{\text{Case 1}} \quad 3R^7 - 64R^4 r^3 + 64R^3 r^4 - 48R^2 r^5 + 96Rr^5 + 20r^7 \geq 0 \text{ and then :} \\
 &\quad \text{LHS of } (***) \geq 4r^6 (4R + r)^3 > 0 \Rightarrow (***) \text{ is true (strict inequality)} \\
 &\quad \boxed{\text{Case 2}} \quad 3R^7 - 64R^4 r^3 + 64R^3 r^4 - 48R^2 r^5 + 96Rr^5 + 20r^7 < 0 \text{ and then :} \\
 &\quad \text{LHS of } (***) = - \left(- (3R^7 - 64R^4 r^3 + 64R^3 r^4 - 48R^2 r^5 + 96Rr^5 + 20r^7) \right) s^2 \\
 &\quad + 4r^6 (4R + r)^3 \stackrel{\text{Gerretsen}}{\geq} \\
 &\quad - \left(- (3R^7 - 64R^4 r^3 + 64R^3 r^4 - 48R^2 r^5 + 96Rr^5 + 20r^7) \right) (4R^2 + 4Rr + 3r^2) \\
 &\quad + 4r^6 (4R + r)^3 \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow 12t^9 + 12t^8 + 9t^7 - 256t^6 - 128t^4 + 640t^3 + 512t^2 + 416t + 64 \geq 0 \quad \left(t = \frac{R}{r} \right) \\
 &\Leftrightarrow (t-2) \left((t-2)(12t^7 + 60t^6 + 201t^5 + 308t^4 + 428t^3 + 352t^2 + 336t + 448) \right. \\
 &\quad \left. + 864 \right) \stackrel{?}{\geq} 0 \\
 &\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (***) \text{ is true and combining cases 1 and 2, } (***) \Rightarrow (**), \\
 &\Rightarrow (*) \Rightarrow \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cdot \cos A \leq 3 \left(\frac{R}{2r} \right)^5 \text{ is true } \forall \Delta ABC
 \end{aligned}$$

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$$\begin{aligned}
 \text{Also, } \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cdot \cos A &= \sum_{\text{cyc}} \frac{2bc}{a^2} - \sum_{\text{cyc}} \frac{2bc \cdot a^2}{4R^2 \cdot a^2} + \frac{R+r}{R} \\
 &\stackrel{\text{A-G}}{\geq} 6^3 \sqrt[3]{\prod_{\text{cyc}} \frac{bc}{a^2}} + \frac{R+r}{R} - \frac{s^2 + 4Rr + r^2}{2R^2} \stackrel{?}{\geq} 3 \\
 \Leftrightarrow \frac{6R^2 + 2R(R+r) - s^2 - 4Rr - r^2}{2R^2} &\stackrel{?}{\geq} 0 \Leftrightarrow s^2 \stackrel{?}{\leq} 8R^2 - 2Rr - r^2 \\
 \Leftrightarrow s^2 - (4R^2 + 4Rr + 3r^2) - 2(2R+r)(R-2r) &\stackrel{?}{\leq} 0 \rightarrow \text{true} \\
 \therefore s^2 - (4R^2 + 4Rr + 3r^2) &\stackrel{\text{Gerretsen}}{\leq} 0 \text{ and } -2(2R+r)(R-2r) \stackrel{\text{Euler}}{\leq} 0 \\
 \therefore \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cdot \cos A &\geq 3 \forall \Delta ABC \therefore \text{in any } \Delta ABC, \\
 3 \leq \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cdot \cos A &\leq 3 \left(\frac{R}{2r}\right)^5, \text{ '' ='' iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\begin{aligned}
 \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cos A &= \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \left(\frac{b}{2c} + \frac{c}{2b} - \frac{a^2}{2bc} \right) \stackrel{\text{AM-GM}}{\geq} \sum_{\text{cyc}} \left(\frac{b^2}{a^2} + \frac{c^2}{a^2} \right) \left(1 - \frac{a^2}{2bc} \right) \\
 &= \sum_{\text{cyc}} \left(\frac{b^2}{c^2} + \frac{c^2}{b^2} - \frac{b}{2c} - \frac{c}{2b} \right) = \sum_{\text{cyc}} \left[\left(\frac{b}{c} + \frac{c}{b} - 2 \right) \left(\frac{b}{c} + \frac{c}{b} + \frac{3}{2} \right) + 1 \right] \stackrel{\text{AM-GM}}{\geq} \sum_{\text{cyc}} 1 = 3.
 \end{aligned}$$

Now, we have

$$\begin{aligned}
 \sum_{\text{cyc}} \frac{\cos A}{a^2} &= \frac{\sum_{\text{cyc}} bc(b^2 + c^2 - a^2)}{2a^2 b^2 c^2} = \frac{(\sum_{\text{cyc}} bc)(\sum_{\text{cyc}} a^2) - 2abc \sum_{\text{cyc}} a}{2(abc)^2} \\
 &= \frac{(s^2 + r^2 + 4Rr) \cdot 2(s^2 - r^2 - 4Rr) - 2 \cdot 4Rsr \cdot 2s}{2(4Rsr)^2} = \frac{s^4 - r^2(4R+r)^2 - 8s^2 Rr}{16s^2 R^2 r^2} \\
 &= \frac{1}{16R^2 r^2} \left(s^2 - 8Rr - \frac{r^2(4R+r)^2}{s^2} \right) \stackrel{\text{Gerretsen \& Doucet}}{\geq} \frac{1}{16R^2 r^2} (4R^2 - 4Rr + 3r^2 - 3r^2) = \frac{R-r}{4Rr^2} \\
 \Rightarrow \sum_{\text{cyc}} \frac{b^2 + c^2}{a^2} \cos A &= \sum_{\text{cyc}} a^2 \cdot \sum_{\text{cyc}} \frac{\cos A}{a^2} - \sum_{\text{cyc}} \cos A \stackrel{\text{Leibniz}}{\geq} 9R^2 \cdot \frac{R-r}{4Rr^2} - \left(1 + \frac{r}{R} \right) \\
 &\stackrel{x:=\frac{R}{2r}}{=} 9x^2 - \frac{9}{2}x - 1 - \frac{1}{2x} \\
 &= 3x^5 - \frac{(x-1)}{2x} [(x-1)(6x^4 + 12x^3 + 18x^2 + 6x + 3) + 2] \stackrel{\text{Euler}}{\geq} 3x^5.
 \end{aligned}$$

So the proof is complete. Equality holds iff ΔABC is equilateral.

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1178. In any ΔABC , the following relationships holds :

$$11. \min \left\{ \sum_{\text{cyc}} \frac{a}{b}, \sum_{\text{cyc}} \frac{b}{a} \right\} + \frac{R^{20}}{r^{20}} \geq 2^{20} + 11. \max \left\{ \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}}, \sum_{\text{cyc}} \sqrt[3]{\frac{a^3 + b^3}{b^3 + c^3}} \right\}$$

$$\text{and } \sqrt[3]{(a+b)(b+c)(c+a)} + \frac{R^4}{r^3} \geq 16r + \frac{2(a+b+c)}{3}$$

Proposed by Nguyen Van Canh-BenTre-Vietnam

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{R^{20}}{r^{20}} - 2^{20} &= \left(\frac{R^4}{r^4} - 2^4 \right) \left(\frac{R^{16}}{r^{16}} + 2^4 \cdot \frac{R^{12}}{r^{12}} + 2^8 \cdot \frac{R^8}{r^8} + 2^{12} \cdot \frac{R^4}{r^4} + 2^{16} \right) \\ &\Rightarrow \frac{R^{20}}{r^{20}} - 2^{20} - \left(\frac{R^4}{r^4} - 2^4 \right) \\ &= \left(\frac{R^4}{r^4} - 2^4 \right) \left(\frac{R^{16}}{r^{16}} + 2^4 \cdot \frac{R^{12}}{r^{12}} + 2^8 \cdot \frac{R^8}{r^8} + 2^{12} \cdot \frac{R^4}{r^4} + 2^{16} - 1 \right) \stackrel{\text{Euler}}{\geq} 0 \\ &\Rightarrow \frac{R^4}{r^4} - 2^4 \stackrel{(*)}{\leq} \frac{R^{20}}{r^{20}} - 2^{20} \end{aligned}$$

Now, $2(a^2 - ab + b^2)^2 - (a^4 + b^4) = (a - b)^4 \geq 0$

$$\Rightarrow a^4 + b^4 \leq 2(a^2 - ab + b^2)^2 \Rightarrow \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \leq \sqrt[4]{\frac{4(a^2 - ab + b^2)^2}{(b^2 + c^2)^2}}$$

$$= \sqrt{\frac{2(a^2 - ab + b^2)}{b^2 + c^2}} \stackrel{\text{A-G}}{\leq} \sqrt{\frac{a^2 - ab + b^2}{bc}} \Rightarrow \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \leq \sqrt{\frac{a^2 - ab + b^2}{bc}}$$

and analogs $\Rightarrow \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \leq \sum_{\text{cyc}} \sqrt{\frac{a^2 - ab + b^2}{bc}}$

$$\stackrel{\text{CBS}}{\leq} \sqrt{\sum_{\text{cyc}} (a^2 - ab + b^2)} \cdot \sqrt{\sum_{\text{cyc}} \frac{1}{bc}} = \sqrt{\frac{3s^2 - 20Rr - 5r^2}{2Rr}}$$

$$\stackrel{\text{Gerretsen}}{\leq} \sqrt{\frac{6R^2 - 4Rr + 2r^2}{Rr}}$$

$$\Rightarrow 11. \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \leq 11. \sqrt{\frac{6R^2 - 4Rr + 2r^2}{Rr}} \stackrel{?}{\leq} \frac{R^4}{r^4} - 16 + 33$$

$$\Leftrightarrow \frac{(R^4 + 17r^4)^2}{r^8} \stackrel{?}{\geq} \frac{121(6R^2 - 4Rr + 2r^2)}{Rr}$$

$$\Leftrightarrow t^9 + 34t^5 - 726t^2 + 773t - 242 \geq 0 \left(t = \frac{R}{r} \right)$$

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$$\Leftrightarrow (t-2)(t^8 + 2t^7 + 4t^6 + 8t^5 + 50t^4 + 100t^3 + 37t^2 + 163t(t-2) + 121) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow 11 \cdot \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \leq 11 \cdot 3 + \frac{R^4}{r^4} - 16 \stackrel{\text{via A-G and } (*)}{\leq}$$

$$11 \cdot \sum_{\text{cyc}} \frac{a}{b}, 11 \cdot \sum_{\text{cyc}} \frac{b}{a} + \frac{R^{20}}{r^{20}} - 2^{20}$$

$$\Rightarrow 11 \cdot \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \leq 11 \cdot \min \left\{ \sum_{\text{cyc}} \frac{a}{b}, \sum_{\text{cyc}} \frac{b}{a} \right\} + \frac{R^{20}}{r^{20}} - 2^{20}$$

$$\Rightarrow 11 \cdot \min \left\{ \sum_{\text{cyc}} \frac{a}{b}, \sum_{\text{cyc}} \frac{b}{a} \right\} + \frac{R^{20}}{r^{20}} \geq 2^{20} + 11 \cdot \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \rightarrow (1)$$

$$\Leftrightarrow \frac{1}{abc} \cdot \sum_{\text{cyc}} a^2 b \stackrel{?}{\geq} \frac{1}{(a+b)(b+c)(c+a)} \cdot \sum_{\text{cyc}} (a+b)(b+c)^2$$

$$\Leftrightarrow \sum_{\text{cyc}} a^4 b^2 + \sum_{\text{cyc}} a^3 b^3 \stackrel{?}{\geq} 3a^2 b^2 c^2 + abc \left(\sum_{\text{cyc}} a^2 b \right)$$

Indeed, $\sum_{\text{cyc}} x^3 \stackrel{\text{A-G}}{\geq} \sum_{\text{cyc}} xy^2$ and choosing $x = ab, y = bc, z = ca$, we arrive at :

$$\sum_{\text{cyc}} a^3 b^3 \geq abc \left(\sum_{\text{cyc}} a^2 b \right) \text{ and also, } \sum_{\text{cyc}} a^4 b^2 \stackrel{\text{A-G}}{\geq} 3a^2 b^2 c^2 \Rightarrow (i) \text{ is true}$$

$$\therefore \frac{a+b}{b+c} + \frac{b+c}{c+a} + \frac{c+a}{a+b} \stackrel{(**)}{\leq} \frac{a}{c} + \frac{b}{a} + \frac{c}{b}$$

$$\text{Again, } \sum_{\text{cyc}} \sqrt[3]{\frac{a^3 + b^3}{b^3 + c^3}} = \sum_{\text{cyc}} \sqrt[3]{\frac{a+b}{b+c} \cdot \frac{a^2 - ab + b^2}{b^2 - bc + c^2}} \cdot 1$$

$$\stackrel{\text{A-G}}{\leq} \frac{1}{3} \left(\sum_{\text{cyc}} \frac{a+b}{b+c} + \sum_{\text{cyc}} \frac{a^2 - ab + b^2}{b^2 - bc + c^2} + 3 \right) \stackrel{\text{via A-G and } (**)}{\leq}$$

$$\frac{1}{3} \left(\sum_{\text{cyc}} \frac{a}{c} + \sum_{\text{cyc}} \frac{a^2 - ab + b^2}{bc} + 3 \right) = \frac{1}{3} \left(\frac{\sum_{\text{cyc}} a^3}{4Rr} + \sum_{\text{cyc}} \frac{b}{c} + 3 \right)$$

$$\leq \frac{1}{3} \left(\frac{s^2 - 6Rr - 3r^2}{2Rr} + \sqrt{\sum_{\text{cyc}} a^2} \cdot \sqrt{\sum_{\text{cyc}} \frac{1}{a^2}} + 3 \right)$$

$$\stackrel{\text{Leibnitz and Goldstone}}{\leq} \frac{1}{3} \left(\frac{s^2 - 6Rr - 3r^2}{2Rr} + \sqrt{9R^2} \cdot \sqrt{\frac{1}{4r^2} + 3} \right)$$

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$$\Rightarrow 11. \sum_{\text{cyc}} \sqrt[3]{\frac{a^3 + b^3}{b^3 + c^3}} \leq \frac{11(s^2 + 3R^2 - 3r^2)}{6Rr} \stackrel{\text{Gerretsen}}{\leq} \frac{11(7R + 4r)}{6r}$$

$$\stackrel{?}{\leq} \frac{R^4}{r^4} - 16 + 33 \Leftrightarrow 6t^4 - 77t + 58 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow (t-2)(6t^3 + 12t^2 + 15(t-2) + 9t + 1) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow 11. \sum_{\text{cyc}} \sqrt[3]{\frac{a^3 + b^3}{b^3 + c^3}} \leq 11.3 + \frac{R^4}{r^4} - 16 \leq \quad \text{via A-G and } (*)$$

$$11. \sum_{\text{cyc}} \frac{a}{b}, 11. \sum_{\text{cyc}} \frac{b}{a} + \frac{R^{20}}{r^{20}} - 2^{20}$$

$$\Rightarrow 11. \min \left\{ \sum_{\text{cyc}} \frac{a}{b}, \sum_{\text{cyc}} \frac{b}{a} \right\} + \frac{R^{20}}{r^{20}} \geq 2^{20} + 11. \sum_{\text{cyc}} \sqrt[3]{\frac{a^3 + b^3}{b^3 + c^3}} \rightarrow (2) \because (1), (2) \Rightarrow$$

$$11. \min \left\{ \sum_{\text{cyc}} \frac{a}{b}, \sum_{\text{cyc}} \frac{b}{a} \right\} + \frac{R^{20}}{r^{20}} \geq 2^{20} + 11. \max \left\{ \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}}, \sum_{\text{cyc}} \sqrt[3]{\frac{a^3 + b^3}{b^3 + c^3}} \right\}$$

$$\text{Also, } \sqrt[3]{(a+b)(b+c)(c+a)} \stackrel{\text{G-H}}{\geq} \frac{3(a+b)(b+c)(c+a)}{\sum_{\text{cyc}} (a+b)(b+c)}$$

$$= \frac{6s(s^2 + 2Rr + r^2)}{5s^2 + 4Rr + r^2} \stackrel{?}{\geq} 16r - \frac{R^4}{r^3} + \frac{2(a+b+c)}{3}$$

$$\Leftrightarrow \frac{R^4 - 16r^4}{r^3} \stackrel{?}{\geq} \frac{2s(s^2 - 10Rr - 7r^2)}{3(5s^2 + 4Rr + r^2)} \quad (*)$$

$$\because \frac{2s(s^2 - 10Rr - 7r^2)}{3(5s^2 + 4Rr + r^2)} \stackrel{\text{Mitrinovic}}{\leq} \frac{3\sqrt{3}R(s^2 - 10Rr - 7r^2)}{3(5s^2 + 4Rr + r^2)} \stackrel{3\sqrt{3} < \frac{26}{5}}{\leq} \frac{26R(s^2 - 10Rr - 7r^2)}{15(5s^2 + 4Rr + r^2)}$$

$$\therefore \text{in order to prove } (*), \text{ it suffices to prove: } \frac{R^4 - 16r^4}{r^3} \geq \frac{26R(s^2 - 10Rr - 7r^2)}{15(5s^2 + 4Rr + r^2)}$$

$$\Leftrightarrow 315t^5 - 90t^4 - 26t^3 + 39t^2 - 5014t + 1440 \geq 0$$

$$\Leftrightarrow (t-2)(315t^4 + 540t^3 + 1054t^2 + 1787t + 360(t-2)) \geq 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow (*) \text{ is true } \therefore \sqrt[3]{(a+b)(b+c)(c+a)} + \frac{R^4}{r^3} \geq 16r + \frac{2(a+b+c)}{3},$$

equalities iff ΔABC is equilateral (QED)

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\begin{aligned} & \sum_{\text{cyc}} \sqrt[4]{\frac{a^4 + b^4}{b^4 + c^4}} \stackrel{\text{AM-GM}}{\geq} \sum_{\text{cyc}} \frac{1}{4} \left(\frac{a^4 + b^4}{2a^2b^2} + 2 \times \frac{2ab}{\sqrt{2(b^4 + c^4)}} + 1 \right) \stackrel{\text{AM-GM}}{\geq} \frac{1}{8} \sum_{\text{cyc}} \left(\frac{a^2}{b^2} + \frac{b^2}{a^2} \right) \\ & \quad + \sum_{\text{cyc}} \frac{ab}{2bc} + \frac{3}{4} \end{aligned}$$

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$$\begin{aligned}
 &= \frac{1}{8} \sum_{cyc} a^2 \cdot \sum_{cyc} \frac{1}{a^2} + \frac{1}{2} \sum_{cyc} \frac{a}{c} + \frac{3}{8} \stackrel{\text{Leibniz,Steinig \& Bandila}}{\geq} \frac{1}{8} \cdot 9R^2 \cdot \frac{1}{4r^2} + \frac{1}{2} \cdot \frac{3R}{2r} \\
 &+ \frac{3}{8} \stackrel{\text{Euler}}{\geq} \frac{9R^2}{32r^2} \cdot \left(\frac{R}{2r}\right)^{18} + \frac{3R}{4r} \cdot \left(\frac{R}{2r}\right)^{19} + \frac{3}{8} \cdot \left(\frac{R}{2r}\right)^{20} = 3 \left(\frac{R}{2r}\right)^{20} \\
 \bullet \sum_{cyc} \sqrt[3]{\frac{a^3+b^3}{b^3+c^3}} &\stackrel{\text{AM-GM}}{\geq} \sum_{cyc} \frac{1}{3} \left(\frac{a+b}{2c} + \frac{a^2-ab+b^2}{ab} + \frac{2abc}{b^3+c^3} \right) \stackrel{\text{AM-GM}}{\geq} \frac{1}{2} \sum_{cyc} \left(\frac{a}{b} + \frac{b}{a} \right) \\
 &+ \sum_{cyc} \frac{2abc}{3bc(b+c)} \\
 &-1 \stackrel{\text{HM-AM}}{\geq} \frac{1}{2} \sum_{cyc} \left(\frac{a}{b} + \frac{b}{a} \right) + \sum_{cyc} \frac{a}{6} \left(\frac{1}{b} + \frac{1}{c} \right) - 1 \\
 &= \frac{2}{3} \sum_{cyc} \left(\frac{a}{b} + \frac{b}{a} \right) - 1 \stackrel{\text{Bandila}}{\geq} \frac{2}{3} \sum_{cyc} \frac{R}{r} - 1 \\
 &= \frac{2R}{r} - 1 \stackrel{\text{AM-GM}}{\geq} \frac{R}{r} + \frac{R^2}{4r^2} \stackrel{\text{Euler}}{\geq} \frac{R}{r} \cdot \left(\frac{R}{2r}\right)^{19} + \frac{R^2}{4r^2} \cdot \left(\frac{R}{2r}\right)^{18} = 3 \left(\frac{R}{2r}\right)^{20} \\
 \Rightarrow 11. \max \left\{ \sum_{cyc} \frac{a}{b}, \sum_{cyc} \frac{b}{a} \right\} &+ \frac{R^{20}}{r^{20}} \stackrel{\text{AM-GM}}{\geq} 33 + \frac{R^{20}}{r^{20}} = 2^{20} - (2^{20} - 33) + \frac{R^{20}}{r^{20}} \\
 &\stackrel{\text{Euler}}{\geq} 2^{20} - (2^{20} - 33) \left(\frac{R}{2r}\right)^{20} + \frac{R^{20}}{r^{20}} = 2^{20} + 11 \cdot 3 \left(\frac{R}{2r}\right)^{20} \\
 &\geq 2^{20} + 11 \cdot \max \left\{ \sum_{cyc} \sqrt[4]{\frac{a^4+b^4}{b^4+c^4}}, \sum_{cyc} \sqrt[3]{\frac{a^3+b^3}{b^3+c^3}} \right\} \\
 \bullet \sqrt[3]{(a+b)(b+c)(c+a)} &+ \frac{R^4}{r^3} \stackrel{\text{Cesaro}}{\geq} \sqrt[3]{8abc} + \frac{R^4}{r^3} = 2\sqrt[3]{4Rsr} + \frac{R^4}{r^3} \\
 &\stackrel{\text{Euler \& Mitrinovic}}{\geq} 2\sqrt[3]{4 \cdot 2r \cdot 3\sqrt{3}r \cdot r} + \frac{(2r)^3 \cdot 2s}{3\sqrt{3}r^3} = 4\sqrt{3}r + \frac{4(4\sqrt{3}-3)s}{9} + \frac{4s}{3} \\
 &\stackrel{\text{Euler}}{\geq} 4\sqrt{3}r + \frac{4(4\sqrt{3}-3) \cdot 3\sqrt{3}r}{9} + \frac{4s}{3} = 16r + \frac{2(a+b+c)}{3}.
 \end{aligned}$$

1179. In $\triangle ABC$, $R \in (AB)$, $P \in (BC)$, $Q \in (CA)$, $AR = 3$, $RB = 1$, $BP = 6$,

$PC = 2$, $CQ = 5$, $QA = 4$. Prove that:

$$PQ + QR + RP > \frac{21}{2}$$

Proposed by Daniel Sitaru – Romania

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Solution 1 by Adrian Popa-Romania

$$\begin{aligned}
 AC^2 &= AB^2 + BC^2 - 2AB \cdot BC \cdot \cos B \\
 81 &= 16 + 64 - 2 \cdot 4 \cdot 8 \cdot \cos B \Rightarrow \cos B = -\frac{1}{64} \\
 \Delta RBP: RP^2 &= RB^2 + BP^2 - 2RB \cdot BP \cdot \cos B = \\
 &= 1 + 36 - 2 \cdot 1 \cdot 6 \cdot \left(-\frac{1}{64}\right) = 37 + \frac{3}{16} \Rightarrow RP > 6 \\
 BC^2 &= AB^2 + AC^2 - 2AB \cdot AC \cdot \cos A \\
 64 &= 16 + 81 - 2 \cdot 4 \cdot 9 \cdot \cos A \Rightarrow \cos A = \frac{33}{72} = \frac{11}{24} \\
 \Delta ARQ: RQ^2 &= AR^2 + AQ^2 - 2AR \cdot AQ \cdot \cos A = \\
 &= 9 + 16 - 2 \cdot 3 \cdot 4 \cdot \frac{11}{24} = 25 - 11 = 14 \Rightarrow RQ > 3 \\
 AB^2 &= AC^2 + CB^2 - 2AC \cdot BC \cdot \cos C \\
 16 &= 81 + 64 - 2 \cdot 9 \cdot 8 \cdot \cos C \Rightarrow \cos C = \frac{129}{144} = \frac{43}{46} \\
 \Delta PQC: PQ^2 &= QC^2 + PC^2 - 2QC \cdot PC \cdot \cos C = \\
 &= 25 + 4 - 2 \cdot 5 \cdot 2 \cdot \frac{43}{46} = 10,3 \dots \Rightarrow PQ > 3 \\
 \text{So, } RP + RQ + PQ &> 6 + 3 + 3 = 12 > \frac{21}{2}
 \end{aligned}$$

Solution 2 by Khaled Abd Imouti-Damascus-Syria

$$\begin{aligned}
 \cos A &= \frac{16 + 81 - 64}{2 \cdot 4 \cdot 9} = \frac{33}{8 \cdot 9} = \frac{11}{24} \\
 (RQ)^2 &= 9 + 16 - 2 \cdot 3 \cdot 4 \cdot \frac{11}{24} = 9 + 16 - 11 = 14, \quad RQ = \sqrt{14} \\
 \cos B &= \frac{16 + 64 - 81}{2 \cdot 4 \cdot 8} = -\frac{1}{64} \\
 (RP)^2 &= 1 + 36 + 2(1)(6) \cdot \frac{1}{64} = 37 + \frac{3}{16} = \frac{595}{16}, \quad RP = \frac{\sqrt{595}}{4} \\
 \cos C &= \frac{8 + 84 - 16}{2 \cdot 9 \cdot 8} = \frac{129}{2 \cdot 9 \cdot 8} = \frac{43}{48} \\
 (PQ)^2 &= 29 + 4 - 2 \cdot 10 \cdot \frac{43}{48} \\
 (PQ)^2 &= 29 - \frac{215}{12} = \frac{133}{12}, \quad PQ = \frac{\sqrt{133}}{\sqrt{12}} \\
 \sqrt{14} + \frac{\sqrt{595}}{4} + \sqrt{\frac{133}{12}} &> \frac{21}{2} \text{ is true.}
 \end{aligned}$$

1180. In $\triangle ABC$ the following relationship holds:

$$\sqrt{\frac{r_a + r_b + r_c}{h_a + h_b + h_c}} \left(\sqrt{\frac{2(a+c) - b}{2(a+b) - c}} + \sqrt{\frac{2(a+b) - c}{2(a+c) - b}} \right) \leq \sqrt{\frac{2R}{r}}$$

Proposed by Bogdan Fuștei-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

Lemma : In $\triangle ABC$, we have

$$\frac{b}{c} + \frac{c}{b} \leq \frac{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}{2F} \quad (*)$$

Proof : Since $16F^2 = 2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)$, then we have

$$(*) \Leftrightarrow (b^2 + c^2) \sqrt{2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)} \leq 2bc \sqrt{a^2b^2 + b^2c^2 + c^2a^2}$$

squaring

$$\begin{aligned} &\Leftrightarrow (2b^2c^2 + b^4 + c^4)[2(a^2b^2 + b^2c^2 + c^2a^2) - (a^4 + b^4 + c^4)] \\ &\leq 4b^2c^2(a^2b^2 + b^2c^2 + c^2a^2) \\ &\Leftrightarrow -a^4(b^2 + c^2)^2 + 2(b^4 + c^4)(a^2b^2 + c^2a^2) - (b^4 + c^4)^2 \\ &= -[a^2(b^2 + c^2) - (b^4 + c^4)]^2 \leq 0, \end{aligned}$$

which is true and the proof of the lemma is complete.

Now, since $\sqrt{a}, \sqrt{b}, \sqrt{c}$ can be the sides of triangle with area F' ,

$$F' = \frac{1}{4} \cdot \sqrt{2(ab + bc + ca) - (a^2 + b^2 + c^2)} = \frac{\sqrt{4r(4R + r)}}{4} = \frac{\sqrt{r(r_a + r_b + r_c)}}{2},$$

then $m_{\sqrt{a}}, m_{\sqrt{b}}, m_{\sqrt{c}}$ can be the sides of triangle with, area $F_m = \frac{3F'}{4}$

$$= \frac{3}{8} \sqrt{r(r_a + r_b + r_c)},$$

$$m_{\sqrt{a}} = \frac{\sqrt{2(b+c) - a}}{2}, \quad m_{\sqrt{b}} = \frac{\sqrt{2(a+c) - b}}{2}, \quad m_{\sqrt{c}} = \frac{\sqrt{2(a+b) - c}}{2}, \quad \text{and,}$$

$$m_{\sqrt{a}}^2 m_{\sqrt{b}}^2 + m_{\sqrt{b}}^2 m_{\sqrt{c}}^2 + m_{\sqrt{c}}^2 m_{\sqrt{a}}^2 = \frac{9}{16} (ab + bc + ca) = \frac{9R}{8} (h_a + h_b + h_c).$$

Using the lemma in $\triangle m_{\sqrt{a}} m_{\sqrt{b}} m_{\sqrt{c}}$, we obtain

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$$\frac{m_{\sqrt{b}}}{m_{\sqrt{c}}} + \frac{m_{\sqrt{c}}}{m_{\sqrt{b}}} \leq \frac{\sqrt{m_{\sqrt{a}}^2 m_{\sqrt{b}}^2 + m_{\sqrt{b}}^2 m_{\sqrt{c}}^2 + m_{\sqrt{c}}^2 m_{\sqrt{a}}^2}}{2F_m} = \sqrt{\frac{2R(h_a + h_b + h_c)}{r(r_a + r_b + r_c)}}.$$

Therefore,

$$\sqrt{\frac{r_a + r_b + r_c}{h_a + h_b + h_c}} \left(\sqrt{\frac{2(a+c)-b}{2(a+b)-c}} + \sqrt{\frac{2(a+b)-c}{2(a+c)-b}} \right) \leq \sqrt{\frac{2R}{r}}.$$

1181. In $\triangle ABC$ the following relationship holds:

$$\frac{\lambda a + \mu r_a}{h_a} + \frac{\lambda b + \mu r_b}{h_b} + \frac{\lambda c + \mu r_c}{h_c} \geq 2\sqrt{3}\lambda + 3\mu$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\begin{aligned} & \frac{\lambda a + \mu r_a}{h_a} + \frac{\lambda b + \mu r_b}{h_b} + \frac{\lambda c + \mu r_c}{h_c} = \\ & = \lambda \sum_{cyc} \frac{a}{h_a} + \mu \sum_{cyc} \frac{r_a}{h_a} = \lambda \sum_{cyc} \frac{a}{2F} + \mu \sum_{cyc} \frac{F}{2F} = \\ & = \frac{\lambda}{2F} (a^2 + b^2 + c^2) + \frac{\mu}{2} \cdot \sum_{cyc} \frac{a}{s-a} = \\ & = \frac{\lambda}{2F} (a^2 + b^2 + c^2) + \frac{\mu}{2} \cdot \frac{2(2R-r)}{r} \stackrel{\text{IONESCU-WEITZENBOCK}}{\geq} \\ & \geq \frac{\lambda}{2F} \cdot 4\sqrt{3}F + \mu \left(2 \cdot \frac{R}{r} - 1 \right) \stackrel{\text{EULER}}{\geq} \frac{\lambda}{2} \cdot 4\sqrt{3} + \mu(2 \cdot 2 - 1) = 2\sqrt{3}\lambda + 3\mu \end{aligned}$$

Equality holds for: $a = b = c$.

1182. If $\lambda > 0$ then in $\triangle ABC$ the following relationship holds:

$$\frac{a + b\lambda}{c} + \frac{b + c\lambda}{a} + \frac{c + a\lambda}{b} \geq \frac{6r(1 + \lambda)}{R}$$

Proposed by Mehmet Şahin-Ankara-Turkiye

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Solution by Daniel Sitaru-Romania

$$\begin{aligned}
 & \frac{a+b\lambda}{c} + \frac{b+c\lambda}{a} + \frac{c+a\lambda}{b} = \\
 & = \sum_{cyc} \frac{a}{c} + \lambda \sum_{cyc} \frac{b}{c} = \sum_{cyc} \frac{a^2}{ac} + \lambda \sum_{cyc} \frac{b^2}{bc} \stackrel{\text{BERGSTROM}}{\geq} \\
 & \geq \frac{(a+b+c)^2}{ab+bc+ca} + \lambda \cdot \frac{(a+b+c)^2}{ab+bc+ca} = \\
 & = (1+\lambda) \cdot \frac{(a+b+c)^2}{ab+bc+ca} = \frac{4s^2(1+\lambda)}{s^2+r^2+4Rr} \geq \frac{6r(1+\lambda)}{R} \Leftrightarrow \\
 & \Leftrightarrow \frac{2s^2}{s^2+r^2+4Rr} \geq \frac{3r}{R} \Leftrightarrow 2s^2R \geq 3r(s^2+r^2+4Rr) \Leftrightarrow \\
 & \Leftrightarrow s^2(3R-r) \geq 3r^3+4Rr^3 \\
 & \stackrel{\text{MITRINOVIC}}{\geq} 27r^2(3R-r) \geq 3r^3+4Rr^3 \Leftrightarrow \\
 & 9(2R-3r) \geq r+4R \Leftrightarrow 14R \geq 28r \Leftrightarrow R \geq 2r \text{ (Euler)} \\
 & \text{Equality holds for } a=b=c.
 \end{aligned}$$

1183. In $\triangle ABC$ the following relationship holds:

$$\frac{(r_a^5+r_b^5)^2}{r_c^3} + \frac{(r_b^5+r_c^5)^2}{r_a^3} + \frac{(r_c^5+r_a^5)^2}{r_b^3} \geq 4 \cdot 3^8 \cdot r^7$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Daniel Sitaru-Romania

$$\begin{aligned}
 & \frac{(r_a^5+r_b^5)^2}{r_c^3} + \frac{(r_b^5+r_c^5)^2}{r_a^3} + \frac{(r_c^5+r_a^5)^2}{r_b^3} \stackrel{\text{AM-GM}}{\geq} \\
 & \geq \frac{4r_a^5r_b^5}{r_c^3} + \frac{4r_b^5r_c^5}{r_a^3} + \frac{4r_c^5r_a^5}{r_b^3} \stackrel{\text{AM-GM}}{\geq} 12^3 \sqrt[3]{\frac{(r_a r_b r_c)^{10}}{(r_a r_b r_c)^3}} = 12^3 \sqrt[3]{(r_a r_b r_c)^7} = \\
 & = 12^3 \sqrt[3]{(rs^2)^7} \stackrel{\text{MITRINOVIC}}{\geq} 12^3 \sqrt[3]{(r \cdot 27r^2)^7} = \\
 & = 4 \cdot 3^3 \sqrt[3]{3^{21} \cdot r^{21}} = 4 \cdot 3 \cdot 3^7 \cdot r^7 = 4 \cdot 3^8 \cdot r^7
 \end{aligned}$$

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Equality holds for $a = b = c$.

1184. In $\triangle ABC$ the following relationship holds:

$$36\sqrt{2} \cdot r^2 \leq a\sqrt{b^2 + c^2} + b\sqrt{c^2 + a^2} + c\sqrt{a^2 + b^2} \leq 9\sqrt{2} \cdot R^2$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\begin{aligned} & a\sqrt{b^2 + c^2} + b\sqrt{c^2 + a^2} + c\sqrt{a^2 + b^2} \stackrel{CBS}{\leq} \\ & \leq \sqrt{\sum_{cyc} a^2 \cdot \sum_{cyc} (b^2 + c^2)} = \sqrt{2 \cdot \sum_{cyc} a^2 \cdot \sum_{cyc} a^2} = \sqrt{2} \cdot \sum_{cyc} a^2 \leq \\ & \stackrel{LEIBNIZ}{\leq} \sqrt{2} \cdot 9R^2 = 9\sqrt{2} \cdot R^2 \\ & a\sqrt{b^2 + c^2} + b\sqrt{c^2 + a^2} + c\sqrt{a^2 + b^2} \stackrel{AM-GM}{\geq} \\ & \geq \sum_{cyc} a\sqrt{2bc} = \sqrt{2} \cdot \sum_{cyc} \sqrt{a^2bc} = \sqrt{2} \cdot \sqrt{abc} \cdot \sum_{cyc} \sqrt{a} \stackrel{AM-GM}{\geq} \\ & \geq \sqrt{2} \cdot \sqrt{abc} \cdot 3\sqrt[3]{\sqrt{abc}} = 3\sqrt{2} \cdot \sqrt[6]{(abc)^4} = 3\sqrt{2} \cdot \sqrt[3]{(abc)^2} = \\ & = 3\sqrt{2} \cdot \sqrt[3]{(4Rrs)^2} \stackrel{EULER}{\geq} 3\sqrt{2} \cdot \sqrt[3]{(4 \cdot 2r \cdot rs)^2} \stackrel{MITRINOVIC}{\geq} \\ & = 3\sqrt{2} \cdot \sqrt[3]{(4 \cdot 2r \cdot r \cdot 3\sqrt{3}r)^2} = 3\sqrt{2} \cdot \sqrt[3]{(2 \cdot \sqrt{3}r)^6} = 3\sqrt{2} \cdot (2 \cdot \sqrt{3}r)^2 = 36\sqrt{2} \cdot r^2 \end{aligned}$$

1185. In $\triangle ABC$ the following relationship holds:

$$\frac{\lambda m_a + \mu m_b}{a + b} + \frac{\lambda m_b + \mu m_c}{b + c} + \frac{\lambda m_c + \mu m_a}{c + a} \geq 3\sqrt{3}(\lambda + \mu) \cdot \frac{r^2}{R^2}$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\begin{aligned} & \frac{\lambda m_a + \mu m_b}{a + b} + \frac{\lambda m_b + \mu m_c}{b + c} + \frac{\lambda m_c + \mu m_a}{c + a} = \\ & = \lambda \sum_{cyc} \frac{m_a}{a + b} + \mu \sum_{cyc} \frac{m_b}{a + b} \stackrel{TERESHIN}{\geq} \lambda \sum_{cyc} \frac{b^2 + c^2}{a + b} + \mu \sum_{cyc} \frac{c^2 + a^2}{a + b} = \end{aligned}$$

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$$\begin{aligned}
 &= \frac{\lambda}{4R} \left(\sum_{cyc} \frac{b^2}{a+b} + \sum_{cyc} \frac{b^2}{a+b} \right) + \frac{\mu}{4R} \left(\sum_{cyc} \frac{c^2}{a+b} + \sum_{cyc} \frac{a^2}{a+b} \right) \geq \\
 &\stackrel{\text{BERGSTROM}}{\geq} \frac{2\lambda}{4R} \cdot \frac{(a+b+c)^2}{2(a+b+c)} + \frac{2\mu}{4R} \cdot \frac{(a+b+c)^2}{2(a+b+c)} = \\
 &= \frac{(\lambda + \mu)}{4R} \cdot (a+b+c) = \frac{(\lambda + \mu)}{4R} \cdot 2s = \frac{(\lambda + \mu)}{R} \cdot \frac{1}{2} \cdot s \stackrel{\text{EULER}}{\geq} \frac{(\lambda + \mu)}{R} \cdot \frac{r}{R} \cdot s \stackrel{\text{MITRINOVIC}}{\geq} \\
 &\geq \frac{(\lambda + \mu)}{R} \cdot \frac{r}{R} \cdot 3\sqrt{3}r = 3\sqrt{3}(\lambda + \mu) \cdot \frac{r^2}{R^2}
 \end{aligned}$$

Equality holds for $a = b = c$.

1186. If $\lambda, \mu > 0$ then in $\triangle ABC$ the following relationship holds:

$$\frac{a}{\lambda h_b + \mu h_c} + \frac{b}{\lambda h_c + \mu h_a} + \frac{c}{\lambda h_a + \mu h_b} \geq \frac{2\sqrt{3}}{\lambda + \mu}$$

Proposed by Mehmet Şahin-Ankara-Turkiye

Solution by Daniel Sitaru-Romania

$$\begin{aligned}
 &\frac{a}{\lambda h_b + \mu h_c} + \frac{b}{\lambda h_c + \mu h_a} + \frac{c}{\lambda h_a + \mu h_b} = \\
 &= \sum_{cyc} \frac{a}{\lambda \cdot \frac{2F}{b} + \mu \cdot \frac{2F}{c}} = \frac{1}{2F} \sum_{cyc} \frac{abc}{\lambda c + \mu b} = \frac{abc}{2F} \sum_{cyc} \frac{1}{\lambda c + \mu b} \geq \\
 &\stackrel{\text{BERGSTROM}}{\geq} \frac{4RF}{2F} \cdot \frac{(1+1+1)^2}{(\lambda + \mu)(a+b+c)} = 2R \cdot \frac{9}{(\lambda + \mu) \cdot 2s} = \\
 &= \frac{9R}{(\lambda + \mu) \cdot s} \stackrel{\text{MITRINOVIC}}{\geq} \frac{9R}{(\lambda + \mu) \cdot \frac{3\sqrt{3}}{2}} \cdot R = \frac{2\sqrt{3}}{\lambda + \mu}
 \end{aligned}$$

Equality holds for: $a = b = c$.

1187. If $a = \min\{a, b, c\}$, then in acute $\triangle ABC$, the following relationship holds :

$$\frac{1}{r} \sum_{cyc} AI \geq \sqrt{2 \left(\frac{n_b}{h_c} + \frac{n_c}{h_b} \right)} + \sqrt{\frac{2(n_b + h_b)}{r_b}} + \sqrt{\frac{2(n_c + h_c)}{r_c}}$$

Proposed by Bogdan Fuştei-Romania

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Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 & \text{Stewart's theorem} \Rightarrow b^2(s-c) + c^2(s-b) = an_a^2 + a(s-b)(s-c) \\
 \Rightarrow & s(b^2 + c^2) - bc(2s-a) = an_a^2 + a(s^2 - s(2s-a) + bc) \Rightarrow s(b^2 + c^2) - 2sbc \\
 & = an_a^2 + a(as - s^2) \Rightarrow s(b^2 + c^2 - a^2 - 2bc) = an_a^2 - as^2 \\
 & \Rightarrow an_a^2 = as^2 + s(2bccosA - 2bc) = as^2 - 4sbcsin^2 \frac{A}{2} \\
 = & as^2 - \frac{4sbc(s-b)(s-c)(s-a)}{bc(s-a)} = as^2 - \frac{4\Delta^2}{s-a} = as^2 - 2a \left(\frac{2\Delta}{a} \right) \left(\frac{\Delta}{s-a} \right) \\
 & = as^2 - 2ah_a r_a \therefore n_a^2 = s^2 - 2r_a h_a \therefore a^2 n_a^2 \stackrel{?}{\leq} 4(R-r)^2 s^2 \\
 \Leftrightarrow & a^2(s^2 - 2h_a r_a) \stackrel{?}{\leq} 4(R-r)^2 s^2 \Leftrightarrow (4R^2 \sin^2 A) s^2 - 4rs \left(4R \sin \frac{A}{2} \cos \frac{A}{2} \right) \left(\tan \frac{A}{2} \right) \\
 & \stackrel{?}{\leq} 4(R^2 - 2Rr + r^2) s^2 \Leftrightarrow R^2(1 - \sin^2 A) - 2Rr \left(1 - 2\sin^2 \frac{A}{2} \right) + r^2 \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & R^2 \cos^2 A - 2Rr \cos A + r^2 \stackrel{?}{\geq} 0 \Leftrightarrow (R \cos A - r)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore an_a \leq 2Rs - 2rs \\
 \Rightarrow & \frac{n_a}{h_a} \leq \frac{2Rs}{a \left(\frac{2rs}{a} \right)} - \frac{2rs}{a \left(\frac{2rs}{a} \right)} \Rightarrow \frac{n_a}{h_a} \leq \frac{R}{r} - 1 \text{ and analogs} \therefore \\
 & \frac{n_b}{h_c} + \frac{n_c}{h_b} \leq \left(\frac{R}{r} - 1 \right) \left(\frac{h_b}{h_c} + \frac{h_c}{h_b} \right) = \left(\frac{R}{r} - 1 \right) \left(\frac{a(b^2 + c^2)}{4Rrs} \right) \\
 \stackrel{\text{Tereshin}}{\leq} & \left(\frac{R}{r} - 1 \right) \frac{a \cdot 4Rm_a}{4Rrs} \stackrel{?}{\leq} \frac{2m_a}{r_a} = \frac{(b+c-a)m_a}{rs} \Leftrightarrow \frac{R}{r} - 1 \stackrel{?}{\leq} \frac{b+c-a}{a} \\
 \Leftrightarrow & \frac{b+c}{a} \stackrel{?}{\geq} \frac{R}{r} = \frac{abc}{4F^2} = \frac{2abc}{(b+c-a)(c+a-b)(a+b-c)} \\
 \Leftrightarrow & (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \stackrel{?}{\geq} 2a^2bc \\
 \Leftrightarrow & (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \stackrel{?}{\geq} 2a^2bc \\
 \Leftrightarrow & (ab + b^2 - bc + ca + bc - c^2)(bc + ab - b^2 + c^2 + ca - bc - ca - a^2 + ab) \stackrel{?}{\geq} \\
 & 2a^2bc \Leftrightarrow 2a^2b^2 + 2a^2bc + 2ab(b^2 - c^2) - (a^2 + b^2 - c^2)(ab + ac + b^2 - c^2) \\
 & \stackrel{?}{\geq} 2a^2bc \\
 \Leftrightarrow & 2a^2b^2 - (a^2 + b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) - 2ab(b^2 - c^2) \cdot \cos C \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & 2a^2b^2 - a^2(ab + ac) - (b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) \cdot 2 \sin^2 \frac{C}{2} \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & a^2(2b^2 - ab - ac) - (b^2 - c^2)(ab + ac) + (b^2 - c^2)(c^2 - (a-b)^2) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & a^2(2b^2 - ab - ac) + (b^2 - c^2)(c^2 - a^2 - b^2 + 2ab - ab - ac) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & \left((a^2 - b^2 + c^2) + (b^2 - c^2) \right) (2b^2 - ab - ac) \\
 & + (b^2 - c^2)(c^2 - a^2 - b^2 + ab - ac) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & (c^2 + a^2 - b^2)(2b^2 - ab - ac) + (b^2 - c^2)(b^2 + c^2 - a^2 - 2ac) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & (b^2 - c^2)(b^2 + c^2 - 2ac) - (b^2 - c^2)(2b^2 - ab - ac) \\
 & + a^2(2b^2 - ab - ac) - a^2(b^2 - c^2) \stackrel{?}{\geq} 0
 \end{aligned}$$

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$$\Leftrightarrow (b^2 - c^2)((c^2 - ca) - (b^2 - ab)) + a^2((c^2 - ca) + (b^2 - ab)) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow (c^2 - ca)(b^2 - c^2 + a^2) + (b^2 - ab)(a^2 + c^2 - b^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow c(c - a)(a^2 + b^2 - c^2) + b(b - a)(c^2 + a^2 - b^2) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because \Delta ABC \text{ being acute} \Rightarrow (a^2 + b^2 - c^2), (c^2 + a^2 - b^2) > 0$$

$$\text{and } a = \min\{a, b, c\} \Rightarrow (c - a), (b - a) \geq 0$$

$$\therefore \sqrt{2\left(\frac{n_b}{h_c} + \frac{n_c}{h_b}\right)} \leq \sqrt{\frac{4m_a}{r_a}} \stackrel{\text{Panaïtopol}}{\leq} \sqrt{\frac{2R}{r} \cdot \frac{h_a}{r_a}} = \sqrt{\frac{2R}{r} \cdot \frac{2rs}{4Rs \cos^2 \frac{A}{2} \tan^2 \frac{A}{2}}}$$

$$\Rightarrow \sqrt{2\left(\frac{n_b}{h_c} + \frac{n_c}{h_b}\right)} \leq \frac{1}{\sin \frac{A}{2}} \Rightarrow \sqrt{2\left(\frac{n_b}{h_c} + \frac{n_c}{h_b}\right)} + \sqrt{\frac{2(n_b + h_b)}{r_b}} + \sqrt{\frac{2(n_c + h_c)}{r_c}}$$

$$\stackrel{\text{via (1)}}{\leq} \frac{1}{\sin \frac{A}{2}} + \sqrt{\frac{2R}{r} \cdot \frac{h_b}{r_b}} + \sqrt{\frac{2R}{r} \cdot \frac{h_c}{r_c}} = \frac{1}{\sin \frac{A}{2}} + \frac{1}{\sin \frac{B}{2}} + \frac{1}{\sin \frac{C}{2}} = \frac{1}{r} \sum_{\text{cyc}} AI$$

$$\Rightarrow \frac{1}{r} \sum_{\text{cyc}} AI \geq \sqrt{2\left(\frac{n_b}{h_c} + \frac{n_c}{h_b}\right)} + \sqrt{\frac{2(n_b + h_b)}{r_b}} + \sqrt{\frac{2(n_c + h_c)}{r_c}}$$

in acute ΔABC with $a = \min\{a, b, c\}$ (QED)

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have,
$$n_a^2 = s(s - a) + \frac{s(b - c)^2}{a} = s^2 - \frac{s[a^2 - (b - c)^2]}{a}$$

$$= s^2 - \frac{4s(s - b)(s - c)}{a}$$

$$= s^2 - \frac{4s \cdot sr^2}{a(s - a)} = s^2 - 2h_a r_a, \text{ and } r_a = s \tan \frac{A}{2}.$$

Then,

$$n_a \stackrel{AM-GM}{\geq} \frac{n_a^2 + r_a^2}{2r_a} = \frac{s^2 \left(1 + \tan^2 \frac{A}{2}\right) - 2h_a r_a}{2r_a} = \frac{s \sec^2 \frac{A}{2}}{2 \tan \frac{A}{2}} - h_a =$$

$$\frac{s}{\sin A} - h_a = \left(\frac{R}{r} - 1\right) h_a.$$

Using this result, we have

$$\frac{2(n_b + h_b)}{r_b} \leq \frac{2R h_b}{r r_b} = \frac{4RF}{rs \tan \frac{B}{2} \cdot 2R \sin B} = \frac{1}{\sin^2 \frac{B}{2}} = \left(\frac{BI}{r}\right)^2 \text{ and } \frac{2(n_c + h_c)}{r_c} \leq \left(\frac{CI}{r}\right)^2.$$

Now, we have

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$$\begin{aligned} \frac{n_a^2 - n_b^2}{s} &= \left(s - a + \frac{(b-c)^2}{a} \right) - \left(s - b + \frac{(c-a)^2}{b} \right) \\ &= b - a + \frac{b(b-c)^2 - a(c-a)^2}{ab} \\ &= b - a + \frac{(b-a)(b^2 + ab + a^2 - 2ca - 2bc + c^2)}{ab} = \frac{(b-a)(a+b-c)^2}{ab} \geq 0, \end{aligned}$$

then $n_a \geq n_b$. Similarly, we have, $n_a \geq n_c$, then

$$\begin{aligned} 2 \left(\frac{n_b}{h_c} + \frac{n_c}{h_b} \right) &\leq 2 \left(\frac{1}{h_c} + \frac{1}{h_b} \right) n_a \leq \frac{b+c}{F} \cdot \left(\frac{R}{r} - 1 \right) h_a \stackrel{?}{\leq} \left(\frac{AI}{r} \right)^2 \Leftrightarrow \\ &\frac{2(R-r)(b+c)}{ra} \leq \frac{bc}{(s-b)(s-c)} \\ \Leftrightarrow (R-r)(2s-a) &\leq \frac{r \cdot 4Rsr \cdot (s-a)}{2sr^2} = 2R(s-a) \Leftrightarrow a(R+r) \leq 2sr \\ \Leftrightarrow a \sum_{cyc} \cos A &\leq \sum_{cyc} a \cos A \Leftrightarrow 0 \leq (b-a) \cos B + (c-a) \cos C, \end{aligned}$$

which is true. Therefore,

$$\sqrt{2 \left(\frac{n_b}{h_c} + \frac{n_c}{h_b} \right)} + \sqrt{\frac{2(n_b + h_b)}{r_b}} + \sqrt{\frac{2(n_c + h_c)}{r_c}} \leq \frac{AI}{r} + \frac{BI}{r} + \frac{CI}{r} = \frac{1}{r} \sum_{cyc} AI.$$

1188.

If $a = \min\{a, b, c\}$, then in acute ΔABC , the following relationship holds :

$$\frac{2m_a}{r_a} \geq \frac{n_b}{h_c} + \frac{n_c}{h_b}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{Stewart's theorem} &\Rightarrow b^2(s-c) + c^2(s-b) = an_a^2 + a(s-b)(s-c) \\ \Rightarrow s(b^2 + c^2) - bc(2s-a) &= an_a^2 + a(s^2 - s(2s-a) + bc) \Rightarrow s(b^2 + c^2) - 2sbc \\ &= an_a^2 + a(as - s^2) \Rightarrow s(b^2 + c^2 - a^2 - 2bc) = an_a^2 - as^2 \\ &\Rightarrow an_a^2 = as^2 + s(2bccosA - 2bc) = as^2 - 4sbcsin^2 \frac{A}{2} \\ &= as^2 - \frac{4sbc(s-b)(s-c)(s-a)}{bc(s-a)} = as^2 - \frac{4\Delta^2}{s-a} = as^2 - 2a \left(\frac{2\Delta}{a} \right) \left(\frac{\Delta}{s-a} \right) \\ &= as^2 - 2ah_a r_a \therefore n_a^2 = s^2 - 2r_a h_a \therefore a^2 n_a^2 \stackrel{?}{\leq} 4(R-r)^2 s^2 \end{aligned}$$

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$$\begin{aligned} &\Leftrightarrow a^2(s^2 - 2h_a r_a) \stackrel{?}{\leq} 4(R-r)^2 s^2 \Leftrightarrow (4R^2 \sin^2 A) s^2 - 4rs \left(4R \sin \frac{A}{2} \cos \frac{A}{2} \right) \left(\tan \frac{A}{2} \right) \\ &\stackrel{?}{\leq} 4(R^2 - 2Rr + r^2) s^2 \Leftrightarrow R^2(1 - \sin^2 A) - 2Rr \left(1 - 2\sin^2 \frac{A}{2} \right) + r^2 \stackrel{?}{\geq} 0 \\ &\Leftrightarrow R^2 \cos^2 A - 2Rr \cos A + r^2 \stackrel{?}{\geq} 0 \Leftrightarrow (R \cos A - r)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore a n_a \leq 2Rs - 2rs \\ &\Rightarrow \frac{n_a}{h_a} \leq \frac{2Rs}{a \left(\frac{2rs}{a} \right)} - \frac{2rs}{a \left(\frac{2rs}{a} \right)} \Rightarrow \frac{n_a}{h_a} \leq \frac{R}{r} - 1 \text{ and analogs } \therefore \\ &\frac{n_b}{h_c} + \frac{n_c}{h_b} \leq \left(\frac{R}{r} - 1 \right) \left(\frac{h_b}{h_c} + \frac{h_c}{h_b} \right) = \left(\frac{R}{r} - 1 \right) \left(\frac{a(b^2 + c^2)}{4Rrs} \right) \\ &\stackrel{\text{Tereshin}}{\leq} \left(\frac{R}{r} - 1 \right) \frac{a \cdot 4Rm_a}{4Rrs} \stackrel{?}{\leq} \frac{2m_a}{r_a} = \frac{(b+c-a)m_a}{rs} \Leftrightarrow \frac{R}{r} - 1 \stackrel{?}{\leq} \frac{b+c-a}{a} \\ &\Leftrightarrow \frac{b+c}{a} \stackrel{?}{\geq} \frac{R}{r} = \frac{abc}{4F^2} = \frac{2abc}{(b+c-a)(c+a-b)(a+b-c)} \\ &\Leftrightarrow (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \stackrel{?}{\geq} 2a^2bc \\ &\Leftrightarrow (b+c)(a+b-c) \cdot (b+c-a)(c+a-b) \stackrel{?}{\geq} 2a^2bc \\ &\Leftrightarrow (ab + b^2 - bc + ca + bc - c^2)(bc + ab - b^2 + c^2 + ca - bc - ca - a^2 + ab) \stackrel{?}{\geq} \\ &2a^2bc \Leftrightarrow 2a^2b^2 + 2a^2bc + 2ab(b^2 - c^2) - (a^2 + b^2 - c^2)(ab + ac + b^2 - c^2) \\ &\stackrel{?}{\geq} 2a^2bc \\ &\Leftrightarrow 2a^2b^2 - (a^2 + b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) - 2ab(b^2 - c^2) \cdot \cos C \stackrel{?}{\geq} 0 \\ &\Leftrightarrow 2a^2b^2 - a^2(ab + ac) - (b^2 - c^2)(ab + ac) + 2ab(b^2 - c^2) \cdot 2 \sin^2 \frac{C}{2} \stackrel{?}{\geq} 0 \\ &\Leftrightarrow a^2(2b^2 - ab - ac) - (b^2 - c^2)(ab + ac) + (b^2 - c^2)(c^2 - (a-b)^2) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow a^2(2b^2 - ab - ac) + (b^2 - c^2)(c^2 - a^2 - b^2 + 2ab - ab - ac) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow \left((a^2 - b^2 + c^2) + (b^2 - c^2) \right) (2b^2 - ab - ac) \\ &\quad + (b^2 - c^2)(c^2 - a^2 - b^2 + ab - ac) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow (c^2 + a^2 - b^2)(2b^2 - ab - ac) + (b^2 - c^2)(b^2 + c^2 - a^2 - 2ac) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow (b^2 - c^2)(b^2 + c^2 - 2ac) - (b^2 - c^2)(2b^2 - ab - ac) \\ &\quad + a^2(2b^2 - ab - ac) - a^2(b^2 - c^2) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow (b^2 - c^2) \left((c^2 - ca) - (b^2 - ab) \right) + a^2 \left((c^2 - ca) + (b^2 - ab) \right) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow (c^2 - ca)(b^2 - c^2 + a^2) + (b^2 - ab)(a^2 + c^2 - b^2) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow c(c-a)(a^2 + b^2 - c^2) + b(b-a)(c^2 + a^2 - b^2) \stackrel{?}{\geq} 0 \\ &\rightarrow \text{true} \therefore \Delta ABC \text{ being acute} \Rightarrow (a^2 + b^2 - c^2), (c^2 + a^2 - b^2) > 0 \\ &\quad \text{and } a = \min\{a, b, c\} \Rightarrow (c-a), (b-a) \geq 0 \\ &\therefore \frac{2m_a}{r_a} \geq \frac{n_b}{h_c} + \frac{n_c}{h_b} \text{ in acute } \Delta ABC \text{ with } a = \min\{a, b, c\} \text{ (QED)} \end{aligned}$$

1189.

In any ΔABC with $I \rightarrow$ incenter, the following relationship holds :

$$IA^4 + IB^4 + IC^4 \geq \frac{(a^2 + b^2 + c^2)^2}{27}$$

Proposed by Daniel Sitaru-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} AI^2 &= bc - 4Rr \Leftrightarrow \left(\frac{r}{\left(\frac{r}{4R}\right)} \sin \frac{B}{2} \sin \frac{C}{2} \right)^2 \\ &= 16R^2 \sin \frac{B}{2} \sin \frac{C}{2} \cos \frac{B}{2} \cos \frac{C}{2} - 16R^2 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \Leftrightarrow \sin \frac{B}{2} \sin \frac{C}{2} \\ &= \cos \frac{B}{2} \cos \frac{C}{2} - \sin \frac{A}{2} \Leftrightarrow \cos \frac{B+C}{2} = \sin \frac{A}{2} \rightarrow \text{true} \therefore AI^2 = bc - 4Rr \text{ and analogs} \\ \therefore IA^4 + IB^4 + IC^4 &= \sum_{\text{cyc}} (bc - 4Rr)^2 = \sum_{\text{cyc}} a^2 b^2 + 48R^2 r^2 - 8Rr \sum_{\text{cyc}} ab \\ &= (s^2 + 4Rr + r^2)^2 - 16Rrs^2 + 48R^2 r^2 - 8Rr(s^2 + 4Rr + r^2) \\ \therefore IA^4 + IB^4 + IC^4 &\geq \frac{(a^2 + b^2 + c^2)^2}{27} \\ \Leftrightarrow 27 \left((s^2 + 4Rr + r^2)^2 - 16Rrs^2 + 48R^2 r^2 - 8Rr(s^2 + 4Rr + r^2) \right) \\ &\geq 4(s^2 - 4Rr - r^2)^2 \\ \Leftrightarrow 23s^4 - (400Rr - 62r^2)s^2 + r^2(800R^2 - 32Rr + 23r^2) &\stackrel{(*)}{\geq} 0 \text{ and} \\ \therefore 23(s^2 - 16Rr + 5r^2)^2 &\stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (*), \text{ it suffices to prove :} \\ 23s^4 - (400Rr - 62r^2)s^2 + r^2(800R^2 - 32Rr + 23r^2) &\geq 23(s^2 - 16Rr + 5r^2)^2 \\ \Leftrightarrow (42R - 21r)s^2 &\stackrel{(**)}{\geq} r(636R^2 - 456Rr + 69r^2) \\ \text{Now, LHS of } (**) &\stackrel{\text{Gerretsen}}{\geq} (42R - 21r)(16Rr - 5r^2) \stackrel{?}{\geq} r(636R^2 - 456Rr + 69r^2) \\ \Leftrightarrow 18r(2R^2 - 5Rr + 2r^2) &\stackrel{?}{\geq} 0 \Leftrightarrow 18r(2R - r)(R - 2r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore R \stackrel{\text{Euler}}{\geq} 2r \\ \Rightarrow (***) \Rightarrow (*) &\text{ is true} \therefore \text{in any } \Delta ABC, \\ IA^4 + IB^4 + IC^4 &\geq \frac{(a^2 + b^2 + c^2)^2}{27}, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

1190. If $\lambda, \mu > 0$ the in ΔABC the following relationship holds:

$$\frac{a + m_a}{\lambda b + \mu c} + \frac{b + m_b}{\lambda c + \mu a} + \frac{c + m_c}{\lambda a + \mu b} \geq \frac{12 + 6\sqrt{3}}{\lambda + \mu} \cdot \left(\frac{r}{R}\right)^2$$

Proposed by Mehmet Şahin-Ankara-Turkiye

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Solution by Daniel Sitaru-Romania

$$\begin{aligned}
 \frac{a+m_a}{\lambda b+\mu c}+\frac{b+m_b}{\lambda c+\mu a}+\frac{c+m_c}{\lambda a+\mu b} &= \sum_{cyc} \frac{a}{\lambda b+\mu c}+\sum_{cyc} \frac{m_a}{\lambda b+\mu c} \geq \\
 &\stackrel{\text{TERESHIN}}{\geq} \sum_{cyc} \frac{a^2}{\lambda ab+\mu ac}+\sum_{cyc} \frac{b^2+c^2}{\lambda b+\mu c} \stackrel{\text{BERGSTROM}}{\geq} \\
 &\geq \frac{(a+b+c)^2}{(\lambda+\mu)(ab+bc+ca)}+\frac{1}{4R}\left(\sum_{cyc} \frac{b^2}{\lambda b+\mu c}+\sum_{cyc} \frac{c^2}{\lambda b+\mu c}\right) \stackrel{\text{BERGSTROM}}{\geq} \\
 &\geq \frac{4s^2}{(\lambda+\mu)(s^2+r^2+4Rr)}+\frac{1}{2R} \cdot \frac{(a+b+c)^2}{(\lambda+\mu)(a+b+c)} \stackrel{\text{EULER}}{\geq} \\
 &\geq \frac{4s^2}{(\lambda+\mu)\left(s^2+\frac{R^2}{4}+4R \cdot \frac{R}{2}\right)}+\frac{2s}{2R(\lambda+\mu)} \stackrel{\text{MITRINOVIC}}{\geq} \\
 &\geq \frac{4(3\sqrt{3}r)^2}{(\lambda+\mu)\left(\frac{27R^2}{4}+\frac{R^2}{4}+4R \cdot \frac{R}{2}\right)}+\frac{2 \cdot 3\sqrt{3}r}{2R(\lambda+\mu)} = \\
 &= \frac{4 \cdot 27r^2}{9R^2(\lambda+\mu)}+\frac{6\sqrt{3}r}{R(\lambda+\mu)} \cdot \frac{1}{2} \stackrel{\text{EULER}}{\geq} \frac{12}{\lambda+\mu} \cdot \left(\frac{r}{R}\right)^2+\frac{6\sqrt{3}}{\lambda+\mu} \cdot \left(\frac{r}{R}\right)^2 = \frac{12+6\sqrt{3}}{\lambda+\mu} \cdot \left(\frac{r}{R}\right)^2
 \end{aligned}$$

Equality holds for: $a = b = c$.

1191. In any ΔABC , the following relationship holds $\forall k \in \mathbb{N}$:

$$\sum_{cyc} \left(\frac{r_a^k}{r_b+r_c}\right)^2 \geq \frac{3}{4} \left(\frac{9R^2}{4}\right)^{k-1}$$

Proposed by Marin Chirciu-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 r_b+r_c &= s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}}+\frac{\sin \frac{C}{2}}{\cos \frac{C}{2}}\right) = \frac{s \sin \left(\frac{B+C}{2}\right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R}\right)} = 4R \cos^2 \frac{A}{2} \\
 \therefore r_b+r_c &\stackrel{(i)}{=} 4R \cos^2 \frac{A}{2}
 \end{aligned}$$

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$$\boxed{\text{Case 1}} \quad k = 0 \therefore \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c} \right)^2 \geq \frac{3}{4} \left(\frac{9R^2}{4} \right)^{k-1} \Leftrightarrow \sum_{\text{cyc}} \frac{1}{(r_b + r_c)^2} \geq \frac{1}{3R^2} \quad \text{via (i)} \Leftrightarrow$$

$$\frac{1}{16R^2} \sum_{\text{cyc}} \sec^4 \frac{A}{2} \geq \frac{1}{3R^2} \Leftrightarrow \sum_{\text{cyc}} \sec^4 \frac{A}{2} \geq \frac{16}{3} \rightarrow \text{true} \therefore f(x) = \sec^4 \frac{x}{2}$$

$$\forall x \in (0, \pi) \text{ is convex since } f''(x) = 4\sec^4 \frac{x}{2} \tan^2 \frac{x}{2} + \sec^6 \frac{x}{2} > 0$$

$$\Rightarrow \sum_{\text{cyc}} \sec^4 \frac{A}{2} \stackrel{\text{Jensen}}{\geq} 3\sec^4 \frac{\pi}{6} = \frac{3 \cdot 16}{9} = \frac{16}{3}$$

$$\Rightarrow \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c} \right)^2 \geq \frac{3}{4} \left(\frac{9R^2}{4} \right)^{k-1} \quad \text{is true for } k = 0$$

$$\boxed{\text{Case 2}} \quad k = 1 \therefore \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c} \right)^2 \geq \frac{3}{4} \left(\frac{9R^2}{4} \right)^{k-1} \Leftrightarrow \sum_{\text{cyc}} \left(\frac{r_a}{r_b + r_c} \right)^2 \geq \frac{3}{4} \rightarrow \text{true}$$

$$\therefore \sum_{\text{cyc}} \left(\frac{r_a}{r_b + r_c} \right)^2 \geq \frac{1}{3} \left(\sum_{\text{cyc}} \frac{r_a}{r_b + r_c} \right)^2 \stackrel{\text{Nesbitt}}{\geq} \frac{1}{3} \cdot \frac{9}{4} = \frac{3}{4}$$

$$\Rightarrow \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c} \right)^2 \geq \frac{3}{4} \left(\frac{9R^2}{4} \right)^{k-1} \quad \text{is true for } k = 1$$

$$\boxed{\text{Case 3}} \quad k \in \mathbb{N} - \{0, 1\} \therefore \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c} \right)^2 \geq \frac{3}{4} \left(\frac{9R^2}{4} \right)^{k-1}$$

$$\Leftrightarrow \sum_{\text{cyc}} \left(r_a^{2k} \cdot \frac{\sec^4 \frac{A}{2}}{16R^2} \right) \geq \frac{3}{4} \cdot \frac{4}{9R^2} \cdot \left(\frac{9R^2}{4} \right)^k$$

$$\Leftrightarrow \frac{3}{16} \cdot \sum_{\text{cyc}} \left(r_a^{2k} \left(1 + 2\tan^2 \frac{A}{2} + \tan^4 \frac{A}{2} \right) \right) \geq \left(\frac{9R^2}{4} \right)^k$$

$$\Leftrightarrow \frac{3}{16} \cdot \left(\sum_{\text{cyc}} r_a^{2k} + \frac{2}{s^2} \cdot \sum_{\text{cyc}} r_a^{2k+2} + \frac{1}{s^4} \cdot \sum_{\text{cyc}} r_a^{2k+4} \right) \stackrel{(*)}{\geq} \left(\frac{9R^2}{4} \right)^k$$

$$\text{Now, } \sum_{\text{cyc}} r_a^{2k} + \frac{2}{s^2} \cdot \sum_{\text{cyc}} r_a^{2k+2} + \frac{1}{s^4} \cdot \sum_{\text{cyc}} r_a^{2k+4}$$

$$\stackrel{\text{Chebyshev}}{\geq} \sum_{\text{cyc}} r_a^{2k} + \frac{2}{3s^2} \cdot \sum_{\text{cyc}} r_a^2 \cdot \sum_{\text{cyc}} r_a^{2k} + \frac{1}{3s^4} \cdot \sum_{\text{cyc}} r_a^4 \cdot \sum_{\text{cyc}} r_a^{2k}$$

$$\geq \left(\sum_{\text{cyc}} r_a^{2k} \right) \left(1 + \frac{2}{3s^2} \cdot \sum_{\text{cyc}} r_a r_b + \frac{1}{9s^4} \cdot \left(\sum_{\text{cyc}} r_a^2 \right)^2 \right)$$

$$\stackrel{\text{Repeated Chebyshev}}{\geq} \frac{1}{3^{k-1}} \cdot \left(\sum_{\text{cyc}} r_a^2 \right)^k \left(1 + \frac{2}{3} + \frac{1}{9s^4} \cdot \left(\sum_{\text{cyc}} r_a r_b \right)^2 \right)$$

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$$\begin{aligned}
 &= \left(3 + 2 + \frac{1}{3}\right) \left(\frac{\sum_{\text{cyc}} r_a^2}{3}\right)^k = \frac{16}{3} \cdot \left(\frac{\sum_{\text{cyc}} r_a^2}{3}\right)^k \\
 \Rightarrow \text{LHS of } (*) &\geq \left(\frac{\sum_{\text{cyc}} r_a^2}{3}\right)^k \stackrel{?}{\geq} \left(\frac{9R^2}{4}\right)^k \Leftrightarrow \left(\frac{4 \sum_{\text{cyc}} r_a^2}{27R^2}\right)^k \stackrel{?}{\geq} 1 \\
 \text{Again, } 4 \sum_{\text{cyc}} r_a^2 - 27R^2 &= 4(4R + r)^2 - 27R^2 - 8s^2 \stackrel{\text{Gerretsen}}{\geq} \\
 4(4R + r)^2 - 27R^2 - 8(4R^2 + 4Rr + 3r^2) &= 5(R^2 - 4r^2) \stackrel{\text{Euler}}{\geq} 0 \\
 \Rightarrow \frac{4 \sum_{\text{cyc}} r_a^2}{27R^2} &\geq 1 \Rightarrow \left(\frac{4 \sum_{\text{cyc}} r_a^2}{27R^2}\right)^k \geq 1 \quad (\because k \in \mathbb{N} - \{0, 1\}) \Rightarrow (**) \Rightarrow (*) \text{ is true} \\
 \Rightarrow \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c}\right)^2 &\geq \frac{3}{4} \left(\frac{9R^2}{4}\right)^{k-1} \text{ is true } \forall k \in \mathbb{N} - \{0, 1\} \\
 \therefore \text{ combining all cases, } \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c}\right)^2 &\geq \frac{3}{4} \left(\frac{9R^2}{4}\right)^{k-1} \quad \forall k \in \mathbb{N} \text{ (QED)}
 \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Hölder's inequality, we have

$$\begin{aligned}
 \sum_{\text{cyc}} \left(\frac{r_a^k}{r_b + r_c}\right)^2 &= \sum_{\text{cyc}} \frac{(r_a^2)^{k+1}}{(r_a r_b + r_c r_a)^2} \geq \frac{(r_a^2 + r_b^2 + r_c^2)^{k+1}}{3^{k-2} \cdot [2(r_a r_b + r_b r_c + r_c r_a)]^2} \\
 &\geq \frac{(r_a^2 + r_b^2 + r_c^2)^{k-1}}{4 \cdot 3^{k-2}}.
 \end{aligned}$$

So it suffices to prove that

$$r_a^2 + r_b^2 + r_c^2 \geq \frac{27R^2}{4}.$$

By Gerretsen and Euler inequalities, we have

$$\begin{aligned}
 r_a^2 + r_b^2 + r_c^2 &= (4R + r)^2 - 2s^2 \geq (4R + r)^2 - 2(4R^2 + 4Rr + 3r^2) \\
 &= \frac{27R^2}{4} + 5 \left(\frac{R^2}{4} - r^2\right) \geq \frac{27R^2}{4}.
 \end{aligned}$$

So the proof is complete. Equality holds iff $\triangle ABC$ is equilateral.

1192. In any $\triangle ABC$, the following relationship holds :

$$\sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{R^{2022}}{r^{2022}} \geq 2^{2022} + \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3}$$

Proposed by Nguyen Van Canh-Ben Tre-Vietnam

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{R^4}{r^4} \stackrel{?}{\geq} 2^4 + \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3} \\ \Leftrightarrow & \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{R^4 - 16r^4}{r^4} \stackrel{?}{\geq} \sum_{\text{cyc}} \frac{\sum_{\text{cyc}} a^3 - (b^3 + c^3)}{b^3 + c^3} \\ \Leftrightarrow & 3 + \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{R^4 - 16r^4}{r^4} \stackrel{?}{\geq} \left(\sum_{\text{cyc}} a^3 \right) \left(\sum_{\text{cyc}} \frac{1}{b^3 + c^3} \right) \\ \text{Now, } & \left(\sum_{\text{cyc}} a^3 \right) \left(\sum_{\text{cyc}} \frac{1}{b^3 + c^3} \right) \stackrel{\text{A-G}}{\leq} \frac{2s(s^2 - 6Rr - 3r^2)}{2} \cdot \sum_{\text{cyc}} \frac{1}{bc\sqrt{bc}} \\ & \stackrel{\text{CBS}}{\leq} s(s^2 - 6Rr - 3r^2) \cdot \sqrt{\sum_{\text{cyc}} \frac{1}{b^2 c^2}} \cdot \sqrt{\sum_{\text{cyc}} \frac{1}{bc}} \\ & = \frac{s(s^2 - 6Rr - 3r^2)}{4Rrs} \cdot \sqrt{2(s^2 - 4Rr - r^2) \cdot \frac{2s}{4Rrs}} \\ & \stackrel{\text{Gerretsen}}{\leq} \frac{4R^2 + 4Rr + 3r^2 - 6Rr - 3r^2}{4Rr} \cdot \sqrt{\frac{4R^2 + 4Rr + 3r^2 - 4Rr - r^2}{Rr}} \\ \Rightarrow \text{RHS of } (*) & \stackrel{(\circ)}{\leq} \frac{2R - r}{2r} \cdot \sqrt{\frac{4R^2 + 2r^2}{Rr}} \text{ and via Nesbitt, LHS of } (*) \geq \frac{9}{2} + \frac{R^4 - 16r^4}{r^4} \\ \Rightarrow \text{LHS of } (*) & \stackrel{(\bullet\bullet)}{\geq} \frac{2R^4 - 23r^4}{2r^4} \therefore (\circ), (\bullet\bullet) \Rightarrow \text{in order to prove } (*), \\ \text{it suffices to prove : } & \frac{2R^4 - 23r^4}{2r^4} \geq \frac{2R - r}{2r} \cdot \sqrt{\frac{4R^2 + 2r^2}{Rr}} \\ \Leftrightarrow & \frac{(2R^4 - 23r^4)^2}{r^8} \geq \frac{4R^2 + 2r^2}{Rr} \cdot \frac{(2R - r)^2}{r^2} \\ \Leftrightarrow & R(2R^4 - 23r^4)^2 \geq (r^5)(4R^2 + 2r^2)(2R - r)^2 \\ \Leftrightarrow & 4t^9 - 92t^5 - 16t^4 + 16t^3 - 12t^2 + 537t - 2 \geq 0 \left(t = \frac{R}{r} \right) \\ \Leftrightarrow & (t - 2) \left((t - 2)(4t^7 + 16t^6 + 48t^5 + 128t^4 + 228t^3 + 384t^2 + 640t + 1012) + 2025 \right) \\ & \geq 0 \\ \rightarrow \text{true } \because t & \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true } \Rightarrow \frac{R^4 - 16r^4}{r^4} \stackrel{(\blacksquare)}{\geq} \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3} - \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \\ \text{Again, } \forall n \in \mathbb{N} \text{ with } n & \geq 5, \frac{R^n - (2r)^n}{r^n} \stackrel{?}{\geq} \frac{R^4 - 16r^4}{r^4} \Leftrightarrow \\ (R - 2r)(R^{n-1} + R^{n-2} \cdot (2r) & + \dots + R^3(2r)^{n-4} + R^2(2r)^{n-3} + R(2r)^{n-2} + (2r)^{n-1}) \\ & \stackrel{?}{\geq} (R - 2r)(r^{n-4})(R^3 + R^2(2r) + R(2r)^2 + (2r)^3) \end{aligned}$$

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$$\begin{aligned} &\Leftrightarrow (R - 2r) \left(R^{n-1} + R^{n-2} \cdot (2r) + \dots \right. \\ &\quad \left. + (2^{n-4} - 1) \left(R^3(r^{n-4}) + 2R^2(r^{n-3}) + 4R(r^{n-2}) + 8(r^{n-1}) \right) \right) \geq 0 \\ &\rightarrow \text{true} \because n \geq 5 \text{ and } \because R - 2r \stackrel{\text{Euler}}{\geq} 0 \therefore \frac{R^n - (2r)^n}{r^n} \geq \frac{R^4 - 16r^4}{r^4} \\ &\stackrel{\text{via } (\blacksquare)}{\geq} \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3} - \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \therefore \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{R^n}{r^n} \geq 2^n + \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3} \\ &\forall n \in \mathbb{N} \text{ with } n \geq 5 \text{ and choosing } n = 2022, \text{ in any } \triangle ABC, \\ &\sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} + \frac{R^{2022}}{r^{2022}} \geq 2^{2022} + \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3}, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)} \end{aligned}$$

1193. In any $\triangle ABC$ with $r \geq \frac{1}{3}$, the following relationship holds :

$$\frac{(r_a^5 - 2r_a r_b + r_b^5)^2}{r_a^3 + r_b^3} + \frac{(r_b^5 - 2r_b r_c + r_c^5)^2}{r_b^3 + r_c^3} + \frac{(r_c^5 - 2r_c r_a + r_a^5)^2}{r_c^3 + r_a^3} \geq \frac{144r^4(27r^3 - 1)^2}{9R^3 - 64r^3}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} r_b + r_c &= s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}} + \frac{\sin \frac{C}{2}}{\cos \frac{C}{2}} \right) = \frac{s \sin \left(\frac{B+C}{2} \right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R} \right)} = 4R \cos^2 \frac{A}{2} \\ &\therefore r_b + r_c \stackrel{(i)}{=} 4R \cos^2 \frac{A}{2} \\ &\frac{(r_a^5 - 2r_a r_b + r_b^5)^2}{r_a^3 + r_b^3} + \frac{(r_b^5 - 2r_b r_c + r_c^5)^2}{r_b^3 + r_c^3} + \frac{(r_c^5 - 2r_c r_a + r_a^5)^2}{r_c^3 + r_a^3} \\ &= \sum_{\text{cyc}} \frac{|r_a^5 - 2r_a r_b + r_b^5|^2}{r_a^3 + r_b^3} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} |r_a^5 - 2r_a r_b + r_b^5|)^2}{\sum_{\text{cyc}} (r_a^3 + r_b^3)} \\ &\geq \frac{|r_a^5 - 2r_a r_b + r_b^5 + r_b^5 - 2r_b r_c + r_c^5 + r_c^5 - 2r_c r_a + r_a^5|^2}{2 \sum_{\text{cyc}} r_a^3} \\ &(\because |x| + |y| + |z| \geq |x + y + z|) \Rightarrow \text{LHS} \stackrel{(*)}{\geq} \frac{2(\sum_{\text{cyc}} r_a^5 - \sum_{\text{cyc}} r_a r_b)^2}{\sum_{\text{cyc}} r_a^3} \\ \text{Now, } \sum_{\text{cyc}} r_a^5 - \sum_{\text{cyc}} r_a r_b &\stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \left(\sum_{\text{cyc}} r_a^3 \right) \left(\sum_{\text{cyc}} r_a^2 \right) \stackrel{\text{Holder}}{\geq} \frac{1}{27} \left(\sum_{\text{cyc}} r_a \right)^3 \cdot \left(\sum_{\text{cyc}} r_a^2 \right) \\ &\geq \frac{1}{27} \left(\sum_{\text{cyc}} r_a \right)^3 \cdot \left(\sum_{\text{cyc}} r_a r_b \right) \Rightarrow \sum_{\text{cyc}} r_a^5 - \sum_{\text{cyc}} r_a r_b \geq \frac{(\sum_{\text{cyc}} r_a)^3 - 27}{27} \cdot s^2 \end{aligned}$$

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$$\begin{aligned} &\Rightarrow \sum_{\text{cyc}} r_a^5 - \sum_{\text{cyc}} r_a r_b \stackrel{(\bullet\bullet)}{\geq} \frac{((4R+r)-3)((4R+r)^2+9+3(4R+r))}{27} \cdot s^2 \\ &\quad \text{Again, } (4R+r)-3 \stackrel{\text{Euler}}{\geq} 9r-3 = 9\left(r-\frac{1}{3}\right) \geq 0 \\ &\Rightarrow \frac{((4R+r)-3)((4R+r)^2+9+3(4R+r))}{27} \cdot s^2 \\ &\quad \geq \frac{(3r-1)((4R+r)^2+9+3(4R+r))}{9} \cdot s^2 \\ &\stackrel{\text{via } (\bullet\bullet)}{\Rightarrow} \sum_{\text{cyc}} r_a^5 - \sum_{\text{cyc}} r_a r_b \geq \frac{(3r-1)((4R+r)^2+9+3(4R+r))}{9} \cdot s^2 \geq 0 \stackrel{\text{via } (\bullet)}{\Rightarrow} \text{LHS} \\ &\geq \frac{2s^4(3r-1)^2((4R+r)^2+9+3(4R+r))^2}{81 \sum_{\text{cyc}} r_a^3} \stackrel{\text{Euler}}{\geq} \frac{2s^4(3r-1)^2((9r)^2+9+3(9r))^2}{81 \sum_{\text{cyc}} r_a^3} \\ &= \frac{2s^4(3r-1)^2(9r^2+1+3r)^2}{81 \sum_{\text{cyc}} r_a^3} = \frac{2s^4(27r^3-1)^2}{\sum_{\text{cyc}} r_a^3} \stackrel{?}{\geq} \frac{144r^4(27r^3-1)^2}{9R^3-64r^3} \\ &\Leftrightarrow s^4(9R^3-64r^3) \stackrel{?}{\geq} 72r^4 \left(\left(\sum_{\text{cyc}} r_a \right)^3 - 3 \prod_{\text{cyc}} (r_b+r_c) \right) \\ &\stackrel{\text{via } (i)}{=} 72r^4 \left((4R+r)^3 - 3 \cdot 64R^3 \cdot \frac{s^2}{16R^2} \right) \\ &\Leftrightarrow s^4(9R^3-64r^3) + 72r^4 \cdot 12Rs^2 \stackrel{?}{\underset{(*)}{\geq}} 72r^4(4R+r)^3 \\ &\quad \text{Now, } 2s^2 \stackrel{\text{Gerretsen}}{\geq} 27Rr+5r(R-2r) \stackrel{\text{Euler}}{\geq} 27Rr \\ &\Rightarrow \text{LHS of } (*) \geq \left((9R^3-64r^3) \cdot \frac{27Rr}{2} + 72 \cdot 12Rr^4 \right) s^2 \\ &\stackrel{\text{Gerretsen}}{\geq} \left((9R^3-64r^3) \cdot \frac{27Rr}{2} + 72 \cdot 12Rr^4 \right) (16Rr-5r^2) \stackrel{?}{\geq} 72r^4(4R+r)^3 \\ &\Leftrightarrow 432t^5 - 135t^4 - 1024t^3 - 768t^2 - 192t - 16 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \\ &\Leftrightarrow (t-2)(432t^4 + 729t^3 + 434t^2 + 100t + 8) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \\ &\Rightarrow (*) \text{ is true } \Rightarrow \text{in any } \Delta ABC \text{ with } r \geq \frac{1}{3}, \\ &\sum_{\text{cyc}} \frac{(r_a^5 - 2r_a r_b + r_b^5)^2}{r_a^3 + r_b^3} \geq \frac{144r^4(27r^3-1)^2}{9R^3-64r^3}, \text{ " = " iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

$$\sum_{\text{cyc}} \frac{(r_b^5 - 2r_b r_c + r_c^5)^2}{r_b^3 + r_c^3} \stackrel{\text{CBS}}{\geq} \frac{(\sum_{\text{cyc}} (r_b^5 - 2r_b r_c + r_c^5))^2}{\sum_{\text{cyc}} (r_b^3 + r_c^3)} = \frac{2(\sum_{\text{cyc}} r_a^5 - \sum_{\text{cyc}} r_b r_c)^2}{\sum_{\text{cyc}} r_a^3}$$

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and,
$$r_a^3 + r_b^3 + r_c^3 \stackrel{\substack{AM-GM \\ Euler \& Mitrinovic}}{\geq} (r_a + r_b + r_c)^3 - 24r_a r_b r_c = (4R + r)^2 - 24s^2 r$$

$$\stackrel{\substack{AM-GM \\ Euler \& Mitrinovic}}{\geq} \left(\frac{9R}{2}\right)^3 - 24 \cdot 27r^2 \cdot r = \frac{81(9R^3 - 64r^3)}{8}.$$

and,
$$\sum_{cyc} r_a^5 - \sum_{cyc} r_b r_c \stackrel{AM-GM}{\geq} 3^3 \sqrt{(r_a r_b r_c)^5} - s^2 = 3^3 \sqrt{(s^2 r)^5} - s^2 = s^2 (3^3 \sqrt{s^4 r^5} - 1)$$

$$\stackrel{Mitrinovic}{\geq} s^2 (27r^3 - 1) \stackrel{Mitrinovic}{\geq} 27r^2 (27r^3 - 1) \geq 0.$$

Using these results we have

$$\sum_{cyc} \frac{(r_b^5 - 2r_b r_c + r_c^5)^2}{r_b^3 + r_c^3} \geq \frac{16[27r^2(27r^3 - 1)]^2}{81(9R^3 - 64r^3)} = \frac{144r^4(27r^3 - 1)^2}{9R^3 - 64r^3}.$$

Equality holds iff $\triangle ABC$ is equilateral.

1194. In $\triangle ABC$ the following relationship holds :

$$\left(\sum_{cyc} a^2 m_b \right) \left(\sum_{cyc} a^2 m_c \right) \geq \left(\sum_{cyc} m_a m_b \right) \left(\sum_{cyc} a^2 b^2 \right)$$

Proposed by Daniel Sitaru-Romania

Solution by Mohamed Amine Ben Ajiba-Tanger-Morocco

The given inequality is successively equivalent to

$$\sum_{cyc} a^4 m_b m_c + \sum_{cyc} b^2 c^2 m_a^2 \geq \sum_{cyc} a^2 (b^2 + c^2) m_b m_c$$

$$\Leftrightarrow \sum_{cyc} (a^2 - b^2)(a^2 - c^2) m_b m_c + \sum_{cyc} b^2 c^2 m_a^2 - \sum_{cyc} b^2 c^2 m_b m_c \geq 0.$$

The inequality is symmetrical, WLOG we may assume that

$$a \geq b \geq c. \text{ We have } m_a \leq m_b \leq m_c,$$

$$a^2 - c^2 \geq b^2 - c^2, \text{ and, } (c^2 - a^2)(c^2 - b^2) m_a m_b \geq 0, \text{ then}$$

$$\sum_{cyc} (a^2 - b^2)(a^2 - c^2) m_b m_c \geq (a^2 - b^2)(b^2 - c^2) m_b m_c + (b^2 - a^2)(b^2 - c^2) m_c m_a$$

$$= (a^2 - b^2)(b^2 - c^2)(m_b - m_a) m_c \geq 0.$$

Since $b^2 c^2 \leq c^2 a^2 \leq a^2 b^2$, $m_b m_c \geq m_c m_a \geq m_a m_b$
then by Chebyshev's inequality, we have

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$$\sum_{cyc} b^2 c^2 m_b m_c \leq \frac{1}{3} \sum_{cyc} b^2 c^2 \cdot \sum_{cyc} m_b m_c \leq \frac{1}{3} \sum_{cyc} b^2 c^2 \cdot \sum_{cyc} m_a^2 \leq \sum_{cyc} b^2 c^2 m_a^2.$$

Adding these two results yields the desired inequality.
Equality holds iff $\triangle ABC$ is equilateral.

1195. In any $\triangle ABC$, the following relationship holds :

$$\frac{8(2Rr - r^2)^2}{R} \leq \sum_{cyc} AI^2 \cdot h_a \leq 8 \left(R^3 - R^2 r + \frac{r^4}{R} \right)$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} AI^2 &= bc - 4Rr \Leftrightarrow \left(\frac{r}{\frac{r}{4R}} \sin \frac{B}{2} \sin \frac{C}{2} \right)^2 \\ &= 16R^2 \sin \frac{B}{2} \sin \frac{C}{2} \cos \frac{B}{2} \cos \frac{C}{2} - 16R^2 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \\ \Leftrightarrow \sin \frac{B}{2} \sin \frac{C}{2} &= \cos \frac{B}{2} \cos \frac{C}{2} - \sin \frac{A}{2} \Leftrightarrow \cos \frac{B+C}{2} = \sin \frac{A}{2} \rightarrow \text{true} \\ \therefore AI^2 = bc - 4Rr \text{ and analogs } \therefore \sum_{cyc} AI^2 \cdot h_a &= \frac{1}{2R} \cdot \sum_{cyc} (bc - 4Rr) \cdot bc \\ &= \frac{(\sum_{cyc} ab)^2 - 4Rr \sum_{cyc} ab - 16Rrs^2}{2R} = \frac{(s^2 + 4Rr + r^2)(s^2 + r^2) - 16Rrs^2}{2R} \\ \therefore \sum_{cyc} AI^2 \cdot h_a &\stackrel{(*)}{=} \frac{s^4 - (12Rr - 2r^2)s^2 + r^3(4R + r)}{2R} \\ \therefore \sum_{cyc} AI^2 \cdot h_a &\leq 8 \left(R^3 - R^2 r + \frac{r^4}{R} \right) \\ \Leftrightarrow \frac{s^4 - (12Rr - 2r^2)s^2 + r^3(4R + r)}{2R} &\leq \frac{8(R^4 - R^3 r + r^4)}{R} \\ \Leftrightarrow s^4 - (12Rr - 2r^2)s^2 + r^3(4R + r) &\stackrel{(*)}{\leq} 16(R^4 - R^3 r + r^4) \\ \text{Now, LHS of } (*) &\stackrel{\text{Gerretsen}}{\leq} (4R^2 - 8Rr + 5r^2)s^2 + r^3(4R + r) \\ \stackrel{\text{Gerretsen}}{\leq} (4R^2 - 8Rr + 5r^2)(4R^2 + 4Rr + 3r^2) + r^3(4R + r) &= 16(R^4 - R^3 r + r^4) \\ \Rightarrow (*) \text{ is true } \therefore \sum_{cyc} AI^2 \cdot h_a &\leq 8 \left(R^3 - R^2 r + \frac{r^4}{R} \right) \\ \text{Again, } \frac{8(2Rr - r^2)^2}{R} &\leq \sum_{cyc} AI^2 \cdot h_a \\ \Leftrightarrow \frac{s^4 - (12Rr - 2r^2)s^2 + r^3(4R + r)}{2R} &\geq \frac{8(2Rr - r^2)^2}{R} \end{aligned}$$

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$$\Leftrightarrow s^4 - (12Rr - 2r^2)s^2 + r^3(4R + r) \stackrel{(**)}{\geq} 16(2Rr - r^2)^2$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\geq} (4Rr - 3r^2)s^2 + r^3(4R + r)$

$$\stackrel{\text{Gerretsen}}{\geq} (4Rr - 3r^2)(16Rr - 5r^2) + r^3(4R + r) = 16(2Rr - r^2)^2$$

$$\Rightarrow (**) \text{ is true } \therefore \frac{8(2Rr - r^2)^2}{R} \leq \sum_{\text{cyc}} AI^2 \cdot h_a \text{ (QED)}$$

1196. In any ΔABC , the following relationship holds :

$$\frac{h_a^2}{r_a} + \frac{h_b^2}{r_b} + \frac{h_c^2}{r_c} \leq \frac{9R^3}{8r^2}$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\frac{h_a^2}{r_a} + \frac{h_b^2}{r_b} + \frac{h_c^2}{r_c} = \sum_{\text{cyc}} \frac{b^2 c^2 (s-a)}{4R^2 r s}$$

$$= \frac{(s^2 + 4Rr + r^2)^2 - 16Rrs^2 - 4Rr(s^2 + 4Rr + r^2)}{4R^2 r}$$

$$= \frac{(s^2 + 4Rr + r^2)(s^2 + r^2) - 16Rrs^2}{4R^2 r} \leq \frac{9R^3}{8r^2}$$

$$\Leftrightarrow 2rs^4 - r^2 s^2 (24R - 4r) - 9R^5 + 8Rr^4 + 2r^5 \stackrel{(*)}{\leq} 0$$

Now, LHS of (*) $\stackrel{\text{Gerretsen}}{\leq} (2r(4R^2 + 4Rr + 3r^2) - r^2(24R - 4r))s^2 - 9R^5 + 8Rr^4$

$$+ 2r^5 = r(8R^2 - 16Rr + 10r^2)s^2 - 9R^5 + 8Rr^4 + 2r^5$$

$$\stackrel{\text{Gerretsen}}{\leq} r(8R^2 - 16Rr + 10r^2)(4R^2 + 4Rr + 3r^2) - 9R^5 + 8Rr^4 + 2r^5 \stackrel{?}{\leq} 0$$

$$\Leftrightarrow 9t^5 - 32t^4 + 32t^3 - 32 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2)(7t^3(t-2) + 2t^4 + 4t^2 + 8t + 16) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true } \therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true } \Rightarrow \text{in any } \Delta ABC,$$

$$\frac{h_a^2}{r_a} + \frac{h_b^2}{r_b} + \frac{h_c^2}{r_c} \leq \frac{9R^3}{8r^2}, \text{'' ='' iff } \Delta ABC \text{ is equilateral (QED)}$$

1197. In any ΔABC , the following relationship holds :

$$\left(\frac{w_a^5 + w_b^5}{w_b + w_c} \right)^2 + \left(\frac{w_b^5 + w_c^5}{w_c + w_a} \right)^2 + \left(\frac{w_c^5 + w_a^5}{w_a + w_b} \right)^2 \geq \frac{4 \cdot 3^9 \cdot r^{10}}{R^2}$$

Proposed by Zaza Mzhavanadze-Georgia

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Solution 1 by Soumava Chakraborty-Kolkata-India

$$r_b + r_c = s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}} + \frac{\sin \frac{C}{2}}{\cos \frac{C}{2}} \right) = \frac{s \sin \left(\frac{B+C}{2} \right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R} \right)} = 4R \cos^2 \frac{A}{2}$$

$$\therefore r_b + r_c \stackrel{(i)}{=} 4R \cos^2 \frac{A}{2}$$

Now, $(b+c)^2 \geq 32Rr \cos^2 \frac{A}{2} \stackrel{\text{via (i)}}{=} 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right)$

$$= 8(s-a)(s-b)(s-c) \frac{a}{(s-b)(s-c)} = 4a(b+c-a)$$

$$\Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \geq 0 \Leftrightarrow (b+c-2a)^2 \geq 0 \rightarrow \text{true}$$

$$\therefore b+c \geq \sqrt{32Rr} \cdot \cos \frac{A}{2} \Rightarrow \frac{w_a}{h_a} \leq \frac{2abc \cos \frac{A}{2}}{\sqrt{32Rr} \cdot \cos \frac{A}{2} \cdot 2rs} = \frac{4R}{\sqrt{32Rr}}$$

$$\Rightarrow w_a \leq \sqrt{\frac{R}{2r}} \cdot h_a \text{ and analogs} \Rightarrow (w_b + w_c)^2 \leq \frac{R}{2r} \cdot (h_b + h_c)^2 = \frac{R}{2r} \cdot \frac{4r^2 s^2 (b+c)^2}{b^2 c^2}$$

and power – mean inequality $\Rightarrow \sqrt[5]{\frac{w_a^5 + w_b^5}{2}} \geq \sqrt{\frac{w_a^2 + w_b^2}{2}}$

$$\Rightarrow (w_a^5 + w_b^5)^2 \geq \frac{1}{8} (w_a^2 + w_b^2)^5$$

$$\Rightarrow \left(\frac{w_a^5 + w_b^5}{w_b + w_c} \right)^2 \geq \frac{1}{8} (w_a^2 + w_b^2)^5 \cdot \frac{2r}{R} \cdot \frac{16R^2 r^2 s^2}{4r^2 s^2 a^2 (b+c)^2} \text{ and analogs}$$

$$\Rightarrow \left(\frac{w_a^5 + w_b^5}{w_b + w_c} \right)^2 + \left(\frac{w_b^5 + w_c^5}{w_c + w_a} \right)^2 + \left(\frac{w_c^5 + w_a^5}{w_a + w_b} \right)^2$$

$$\geq Rr \cdot \sum_{\text{cyc}} \frac{(w_a^2 + w_b^2)^5}{(\sqrt{a(b+c)})^4} \stackrel{\text{Radon}}{\geq} \frac{32Rr (\sum_{\text{cyc}} w_a^2)^5}{(\sum_{\text{cyc}} \sqrt{a(b+c)})^4} \stackrel{\text{CBS}}{\geq} \frac{32Rr (\sum_{\text{cyc}} w_a^2) (\sum_{\text{cyc}} h_a^2)^4}{\left(\left(\sqrt{\sum_{\text{cyc}} a} \right) \left(\sqrt{\sum_{\text{cyc}} (b+c)} \right) \right)^4}$$

$$\geq \frac{32Rr (\sum_{\text{cyc}} w_a^2) \left(\frac{1}{3} (\sum_{\text{cyc}} h_a)^2 \right)^4 \stackrel{\sum_{\text{cyc}} h_a \geq 9r}{\geq}}{\left(\sum_{\text{cyc}} a \right)^2 \cdot \left(\sum_{\text{cyc}} (b+c) \right)^2} \stackrel{\text{CBS}}{\geq} \frac{32Rr (\sum_{\text{cyc}} w_a^2) \cdot 3^{12} \cdot r^8}{4s^2 \cdot 16s^2} \stackrel{?}{\geq} \frac{4 \cdot 3^9 \cdot r^{10}}{R^2}$$

$$\Leftrightarrow 27R^3 \left(\sum_{\text{cyc}} w_a^2 \right) \stackrel{(*)}{\geq} 8rs^4$$

Now, $AI^2 = bc - 4Rr \Leftrightarrow \left(\frac{r}{\left(\frac{r}{4R} \right)} \sin \frac{B}{2} \sin \frac{C}{2} \right)^2$

$$= 16R^2 \sin \frac{B}{2} \sin \frac{C}{2} \cos \frac{B}{2} \cos \frac{C}{2} - 16R^2 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}$$

$$\Leftrightarrow \sin \frac{B}{2} \sin \frac{C}{2} = \cos \frac{B}{2} \cos \frac{C}{2} - \sin \frac{A}{2} \Leftrightarrow \cos \frac{B+C}{2} = \sin \frac{A}{2} \rightarrow \text{true}$$

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$$\therefore AI^2 = bc - 4Rr \text{ and analogs} \rightarrow (1)$$

$$\text{Again, } \frac{2bc \cdot \cos \frac{A}{2}}{b+c} \stackrel{?}{\geq} \frac{r \left(\sin \frac{A}{2} + 1 \right)}{\sin \frac{A}{2}} \Leftrightarrow \frac{a}{2R} \cdot \frac{bc}{b+c} \stackrel{?}{\geq} r \left(\sin \frac{A}{2} + 1 \right)$$

$$\Leftrightarrow \frac{4Rrs}{2R(b+c)} \stackrel{?}{\geq} r \left(\sin \frac{A}{2} + 1 \right) \Leftrightarrow \frac{a+b+c}{b+c} \stackrel{?}{\geq} \sin \frac{A}{2} + 1$$

$$\Leftrightarrow \frac{4R \cos \frac{A}{2} \sin \frac{A}{2}}{\sin \frac{A}{2}} \stackrel{?}{\geq} 4R \cos \frac{A}{2} \Rightarrow \text{true} \because 0 < \cos \frac{B-C}{2} \leq 1$$

$$\Rightarrow w_a^2 \geq AI^2 + 2r \cdot AI + r^2 \stackrel{\text{via (1)}}{=} bc - 4Rr + 2r \cdot AI + r^2 \text{ and analogs}$$

$$\Rightarrow \sum_{\text{cyc}} w_a^2 \geq s^2 + 4Rr + r^2 - 12Rr + 2r^2 \cdot \sum_{\text{cyc}} \frac{1}{\sin \frac{A}{2}} + 3r^2$$

$$\stackrel{\text{Jensen}}{\geq} s^2 - 8Rr + 16r^2 \text{ and } \stackrel{\text{Mitrinovic}}{27R^2} \geq 4s^2$$

$$\Rightarrow 27R^3 \left(\sum_{\text{cyc}} w_a^2 \right) \geq 4Rs^2 (s^2 - 8Rr + 16r^2) \stackrel{?}{\geq} 8rs^4 \Leftrightarrow (R-2r)s^2 \stackrel{?}{\geq} 8Rr(R-2r)$$

$$\Leftrightarrow (R-2r)(s^2 - 16Rr + 5r^2 + 8r(R-2r) + 11r^2) \stackrel{?}{\geq} 0$$

\rightarrow true via Gerretsen and Euler $\Rightarrow (*)$ is true

$$\therefore \text{ in any } \triangle ABC, \left(\frac{w_a^5 + w_b^5}{w_b + w_c} \right)^2 + \left(\frac{w_b^5 + w_c^5}{w_c + w_a} \right)^2 + \left(\frac{w_c^5 + w_a^5}{w_a + w_b} \right)^2 \geq \frac{4 \cdot 3^9 \cdot r^{10}}{R^2},$$

"=" iff $\triangle ABC$ is equilateral (QED)

Solution 2 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{a}{(b+c)^2} &= \sum_{\text{cyc}} \frac{(a-2s)+2s}{(b+c)^2} = 2s \frac{\sum_{\text{cyc}} (c+a)^2 (a+b)^2}{\prod_{\text{cyc}} (b+c)^2} - \sum_{\text{cyc}} \frac{1}{b+c} \\ &= \frac{(\sum_{\text{cyc}} (c+a)(a+b))^2 - 2 \cdot 2s(s^2 + 2Rr + r^2)(4s)}{2s(s^2 + 2Rr + r^2)^2} - \frac{\sum_{\text{cyc}} (c+a)(a+b)}{2s(s^2 + 2Rr + r^2)} \\ &= \frac{((\sum_{\text{cyc}} a^2 + 2 \sum_{\text{cyc}} ab) + \sum_{\text{cyc}} ab)^2 - 16s^2(s^2 + 2Rr + r^2) - (s^2 + 2Rr + r^2)(5s^2 + 4Rr + r^2)}{2s(s^2 + 2Rr + r^2)^2} \\ \Rightarrow \sum_{\text{cyc}} \frac{a}{(b+c)^2} &\stackrel{(*)}{=} \frac{(5s^2 + 4Rr + r^2)^2 - 16s^2(s^2 + 2Rr + r^2) - (s^2 + 2Rr + r^2)(5s^2 + 4Rr + r^2)}{2s(s^2 + 2Rr + r^2)^2} \end{aligned}$$

$$\text{Also, } r_b + r_c = s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}} + \frac{\sin \frac{C}{2}}{\cos \frac{C}{2}} \right) = \frac{s \sin \left(\frac{B+C}{2} \right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R} \right)} = 4R \cos^2 \frac{A}{2}$$

$$\therefore r_b + r_c \stackrel{(i)}{=} 4R \cos^2 \frac{A}{2}$$

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$$\begin{aligned} \text{Now, } (b+c)^2 &\geq 32Rr \cos^2 \frac{A}{2} \stackrel{\text{via (i)}}{=} 8r(r_b+r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right) \\ &= 8(s-a)(s-b)(s-c) \frac{a}{(s-b)(s-c)} = 4a(b+c-a) \end{aligned}$$

$$\Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \geq 0 \Leftrightarrow (b+c-2a)^2 \geq 0 \rightarrow \text{true}$$

$$\therefore b+c \geq \sqrt{32Rr} \cos \frac{A}{2} \Rightarrow \frac{w_a}{h_a} \leq \frac{2abc \cos \frac{A}{2}}{\sqrt{32Rr} \cos \frac{A}{2} \cdot 2rs} = \frac{4R}{\sqrt{32Rr}}$$

$$\Rightarrow w_a \leq \sqrt{\frac{R}{2r}} \cdot h_a \text{ and analogs} \Rightarrow (w_b+w_c)^2 \leq \frac{R}{2r} \cdot (h_b+h_c)^2 = \frac{R}{2r} \cdot \frac{4r^2 s^2 (b+c)^2}{b^2 c^2}$$

$$\text{and power - mean inequality} \Rightarrow \sqrt[5]{\frac{w_a^5+w_b^5}{2}} \geq \sqrt{\frac{w_a^2+w_b^2}{2}}$$

$$\Rightarrow (w_a^5+w_b^5)^2 \geq \frac{1}{8} (w_a^2+w_b^2)^5$$

$$\Rightarrow \left(\frac{w_a^5+w_b^5}{w_b+w_c} \right)^2 \geq \frac{1}{8} (w_a^2+w_b^2)^5 \cdot \frac{2r}{R} \cdot \frac{16R^2 r^2 s^2}{4r^2 s^2 a^2 (b+c)^2} \text{ and analogs}$$

$$\Rightarrow \left(\frac{w_a^5+w_b^5}{w_b+w_c} \right)^2 + \left(\frac{w_b^5+w_c^5}{w_c+w_a} \right)^2 + \left(\frac{w_c^5+w_a^5}{w_a+w_b} \right)^2$$

$$\geq Rr \cdot \sum_{\text{cyc}} \frac{(w_a^2+w_b^2)^5}{(\sqrt{a(b+c)})^4} \stackrel{\text{Radon}}{\geq} \frac{32Rr(\sum_{\text{cyc}} w_a^2)^5}{(\sum_{\text{cyc}} \sqrt{a(b+c)})^4} \stackrel{\text{CBS}}{\geq} \frac{32Rr(\sum_{\text{cyc}} w_a^2)(\sum_{\text{cyc}} h_a^2)^4}{(\sqrt{3} \cdot \sqrt{2 \sum_{\text{cyc}} ab})^4}$$

$$\geq \frac{32Rr(\sum_{\text{cyc}} w_a^2) \left(\frac{1}{3} (\sum_{\text{cyc}} h_a)^2 \right)^4}{(\sqrt{3} \cdot \sqrt{2 \sum_{\text{cyc}} a^2})^4} \stackrel{\sum_{\text{cyc}} h_a \geq 9r}{\geq} \stackrel{\text{Leibnitz}}{\geq} \frac{32Rr(\sum_{\text{cyc}} w_a^2) \cdot 3^{12} \cdot r^8}{9 \cdot 4 \cdot 81R^4} \stackrel{?}{\geq} \frac{4 \cdot 3^9 \cdot r^{10}}{R^2}$$

$$\Leftrightarrow 2 \sum_{\text{cyc}} w_a^2 \stackrel{?}{\geq} 27Rr \Leftrightarrow 2 \sum_{\text{cyc}} \left(bc - \frac{a^2 bc}{(b+c)^2} \right) \stackrel{?}{\geq} 27Rr$$

$$\stackrel{\text{via (*)}}{\Leftrightarrow} 2(s^2 + 4Rr + r^2)$$

$$+4Rr \cdot \frac{(s^2 + 2Rr + r^2)(5s^2 + 4Rr + r^2) + 16s^2(s^2 + 2Rr + r^2) - (5s^2 + 4Rr + r^2)^2}{(s^2 + 2Rr + r^2)^2} \stackrel{?}{\geq} 27Rr$$

$$\Leftrightarrow 2s^6 - (27Rr - 6r^2)s^4 - r^2 s^2 (44R^2 - 26Rr - 6r^2)$$

$$- r^3 (108R^3 + 76R^2 r + 11Rr^2 - 2r^3) \stackrel{?}{\geq} 0$$

$$\text{Now, LHS of (*)} \stackrel{\text{Gerretsen}}{\geq} (5Rr - 4r^2)s^4 - r^2 s^2 (44R^2 - 26Rr - 6r^2) - r^3 (108R^3 + 76R^2 r + 11Rr^2 - 2r^3)$$

$$\stackrel{\text{Gerretsen}}{\geq} \left((5Rr - 4r^2)(16Rr - 5r^2) - r^2 (44R^2 - 26Rr - 6r^2) \right) s^2$$

$$- r^3 (108R^3 + 76R^2 r + 11Rr^2 - 2r^3) = r^2 (36R^2 - 63Rr + 26r^2) s^2 - r^3 (108R^3 + 76R^2 r + 11Rr^2 - 2r^3)$$

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$$\begin{aligned}
 & \stackrel{\text{Gerretsen}}{\geq} r^2(36R^2 - 63Rr + 26r^2)(16Rr - 5r^2) \\
 & - r^3(108R^3 + 76R^2r + 11Rr^2 - 2r^3) \stackrel{?}{\geq} 0 \\
 & \Leftrightarrow 117t^3 - 316t^2 + 180t - 32 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right) \\
 & \Leftrightarrow (t-2)(76t^2 + 41t(t-2) + 16) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true} \\
 & \therefore \text{ in any } \triangle ABC, \left(\frac{w_a^5 + w_b^5}{w_b + w_c}\right)^2 + \left(\frac{w_b^5 + w_c^5}{w_c + w_a}\right)^2 + \left(\frac{w_c^5 + w_a^5}{w_a + w_b}\right)^2 \geq \frac{4 \cdot 3^9 \cdot r^{10}}{R^2}, \\
 & \text{"="} \text{ iff } \triangle ABC \text{ is equilateral (QED)}
 \end{aligned}$$

1198. In $\triangle ABC$ the following relationship holds:

$$\sqrt[3]{(a+b)(b+c)(c+a)} \geq 4\sqrt{3}r$$

Proposed by Daniel Sitaru-Romania

Solution 1 by Adrian Popa-Romania

$$\begin{aligned}
 \sqrt[3]{(a+b)(b+c)(c+a)} & \stackrel{\text{HOLDER}}{\geq} \sqrt[3]{(\sqrt[3]{abc} + \sqrt[3]{abc})^3} = 2\sqrt[3]{abc} \\
 2\sqrt[3]{abc} \geq 4\sqrt{3}r & \Leftrightarrow \sqrt[3]{4Rrs} \geq 2\sqrt{3}r \Leftrightarrow 4Rrs \geq 24\sqrt{3}r^3 \Leftrightarrow \\
 & \Leftrightarrow Rs \geq 6\sqrt{3}r^2 \\
 & \stackrel{\text{EULER}}{Rs} \stackrel{\text{MITRINOVIC}}{\geq} 2rs \stackrel{\text{MITRINOVIC}}{\geq} 6\sqrt{3}r^2
 \end{aligned}$$

Equality holds for $a = b = c$.

Solution 2 by Tapas Das-India

$$\begin{aligned}
 (a+b)(b+c)(c+a) & \stackrel{\text{AM-GM}}{\geq} 8(abc)^2 \\
 \sqrt[3]{(a+b)(b+c)(c+a)} & \geq \sqrt[3]{8(abc)^2} = 2\sqrt[3]{(abc)^2} \stackrel{\text{CARLITZ}}{\geq} \\
 & \geq 2\left(\frac{4F}{\sqrt{3}}\right)^{\frac{1}{3}} = \frac{2\sqrt{3}}{3} \cdot F = \frac{2\sqrt{3}}{3} \cdot rs \stackrel{\text{MITRINOVIC}}{\geq} \\
 & \geq \frac{2\sqrt{3}}{3} \cdot r \cdot 3\sqrt{3}r = 6\sqrt{3}r^2
 \end{aligned}$$

Equality holds for $a = b = c$.

Solution 3 by Hikmat Mammadov-Azerbaijan

$$a = x + y, b = y + z, c = z + x, x, y, z > 0, r = \sqrt{\frac{xyz}{x + y + z}}$$

We must prove that:

$$(x + y + z)^3(2x + y + z)^2(x + 2y + z)^2(x + y + 2z)^2 \geq 4^6 \cdot 3^3 \cdot (xyz)^3$$

$$\begin{aligned}
 (x + y + z)^3 & \stackrel{\text{AM-GM}}{\geq} (3\sqrt[3]{xyz})^3 = 27xyz \\
 (2x + y + z)^2 & \stackrel{\text{AM-GM}}{\geq} (4\sqrt{x^2yz})^2
 \end{aligned}$$

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$$(x + 2y + z)^2 \stackrel{AM-GM}{\geq} (4\sqrt[4]{xy^2z})^2$$

$$(x + y + 2z)^2 \stackrel{AM-GM}{\geq} (4\sqrt[4]{xyz^2})^2$$

By multiplying:

$$(x + y + z)^3 (2x + y + z)^2 (x + 2y + z)^2 (x + y + 2z)^2 \geq$$

$$\geq 27xyz \cdot (4\sqrt[4]{x^2yz})^2 \cdot (4\sqrt[4]{xy^2z})^2 \cdot (4\sqrt[4]{xyz^2})^2 = 4^6 \cdot 3^3 \cdot (xyz)^3$$

Equality holds for $a = b = c$.

Solution 4 by George Florin Șerban-Romania

$$\sqrt[3]{(a+b)(b+c)(c+a)} \geq 4\sqrt{3}r$$

$$(a+b)(b+c)(c+a) \geq 64 \cdot 3\sqrt{3}r^3$$

$$2s(s^2 + r^2 + 2Rr) \geq 64 \cdot 3\sqrt{3}r^3 \text{ (to prove)}$$

$$\stackrel{GERRETSEN}{\geq} 2s(16Rr - 5r^2 + r^2 + 2Rr) \geq$$

$$\stackrel{MITRINOVIC}{\geq} 2 \cdot 3\sqrt{3}r(18Rr - 4r^2) \geq 64 \cdot 3\sqrt{3}r^3 \Leftrightarrow$$

$$\Leftrightarrow 18Rr - 4r^2 \geq 32r^2 \Leftrightarrow 18Rr \geq 36r^2 \Leftrightarrow R \geq 2r \text{ (EULER)}$$

Equality holds for $a = b = c$.

1199. In acute $\triangle ABC$ the following relationship holds:

$$\frac{1}{m_a^5} + \frac{1}{m_b^5} + \frac{1}{m_c^5} \geq \frac{2^{12}r^7}{81R^{12}}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Daniel Sitaru-Romania

Lemma:

In acute $\triangle ABC$ the following relationship holds:

$$m_a + m_b + m_c \leq \frac{9R}{2}$$

Proof:

O –circumcenter, $AM = m_a$ –median. In $\triangle AOM$:

$$AM \leq AO + OM$$

$$m_a \leq R + R\cos A = R \left(1 + 2\cos^2 \frac{A}{2} - 1 \right) = 2R\cos^2 \frac{A}{2} = \frac{2Rs(s-a)}{bc}$$

$$m_a + m_b + m_c \leq \sum_{cyc} \frac{2Rs(s-a)}{bc} = \frac{2Rs}{abc} \sum_{cyc} a(s-a) =$$

$$= \frac{2Rs}{abc} \cdot 2r(4R+r) = \frac{4Rrs}{4Rrs} \cdot (4R+r) \stackrel{EULER}{\leq} 4R + \frac{R}{2} = \frac{9R}{2}$$

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Back to the problem:

$$\begin{aligned} \frac{1}{m_a^5} + \frac{1}{m_b^5} + \frac{1}{m_c^5} &= \frac{1^6}{m_a^5} + \frac{1^6}{m_b^5} + \frac{1^6}{m_c^5} \stackrel{RADON}{\geq} \frac{(1+1+1)^6}{(m_a+m_b+m_c)^5} = \\ &= \frac{3^6}{(m_a+m_b+m_c)^5} \stackrel{LEMMA}{\geq} \frac{3^6}{\left(\frac{9R}{2}\right)^5} = \frac{3^6 \cdot 2^5}{3^{10} \cdot R^5} = \frac{2^5}{81R^5} = \\ &= \frac{2^{12}}{81R^5} \cdot \left(\frac{1}{2}\right)^7 \stackrel{EULER}{\geq} \frac{2^{12}}{81R^5} \cdot \left(\frac{r}{R}\right)^7 = \frac{2^{12}r^7}{81R^{12}} \end{aligned}$$

Equality holds for: $a = b = c$.

1200. In any $\triangle ABC$, the following relationship holds :

$$\frac{a}{b} \cdot \sqrt{\cot \frac{A}{2} + \frac{b}{c}} \cdot \sqrt{\cot \frac{B}{2} + \frac{c}{a}} \cdot \sqrt{\cot \frac{C}{2}} \leq 3\sqrt[4]{3} \cdot \frac{R}{2r}$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{a}{b} \cdot \sqrt{\cot \frac{A}{2} + \frac{b}{c}} \cdot \sqrt{\cot \frac{B}{2} + \frac{c}{a}} \cdot \sqrt{\cot \frac{C}{2}} &= \sum_{\text{cyc}} \left(a \cdot \sqrt{\cot \frac{A}{2}} \right) \left(\frac{1}{b} \right) \\ &\stackrel{\text{CBS}}{\leq} \sqrt{\sum_{\text{cyc}} \frac{a^2 s}{r_a}} \cdot \sqrt{\sum_{\text{cyc}} \frac{1}{a^2}} = \sqrt{\frac{s}{rs} \cdot \sum_{\text{cyc}} a^2 (s-a)} \cdot \sqrt{\frac{\sum_{\text{cyc}} a^2 b^2}{16R^2 r^2 s^2}} \\ &\stackrel{\text{Goldstone}}{\leq} \sqrt{\frac{2s(s^2 - 4Rr - r^2) - 2s(s^2 - 6Rr - 3r^2)}{r}} \cdot \sqrt{\frac{4R^2 s^2}{16R^2 r^2 s^2}} = \sqrt{\frac{2s(2R + 2r)}{4r^2}} \\ &\stackrel{\text{Mitrinovic + Euler}}{\leq} \sqrt{\frac{3\sqrt{3}R(2R + R)}{4r^2}} = 3\sqrt[4]{3} \cdot \frac{R}{2r}, " = " \text{ iff } a = b = c \text{ (QED)} \end{aligned}$$

Solution 2 by George Florin Şerban-Romania

$$\sum_{\text{cyc}} \frac{a}{b} \sqrt{\cot \frac{A}{2}} = \sum_{\text{cyc}} \frac{\sin A}{\sin B} \sqrt{\frac{1 + \cos A}{\sin A}} = \sum_{\text{cyc}} \frac{\sqrt{(\sin A)(1 + \cos A)}}{\sin B} \leq \sqrt{\left(\sum_{\text{cyc}} (\sin A)(1 + \cos A)\right) \sum_{\text{cyc}} \frac{1}{\sin^2 B}} =$$

(C.B.S inequality)

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$$= \sqrt{\left(\sum_{\text{cyc}} \sin A + \frac{1}{2} \sum_{\text{cyc}} \sin 2A\right) \cdot 4R^2 \sum_{\text{cyc}} \frac{1}{b^2}} \leq \sqrt{\left(\frac{p}{R} + \frac{pr}{R^2}\right) \cdot 4R^2 \cdot \frac{1}{4r^2}} = \sqrt{\frac{p(R+r)}{r^2}} \leq \text{(Mitrinovic$$

$$\text{inequality)} \leq \sqrt{\frac{3\sqrt{3}R(R+r)}{2r^2}} \leq 3\sqrt[4]{3} \cdot \frac{R}{2r}, \text{ then } \frac{27R^2(R+r)^2}{4r^4} \leq 243 \cdot \frac{R^4}{16r^4}, 9R^2 \geq 4(R+r)^2,$$

$$3R \geq 2R + 2r, R \geq 2r, \text{ true, Euler inequality, then } \sum_{\text{cyc}} \frac{a}{b} \sqrt{\cot \frac{A}{2}} \leq 3\sqrt[4]{3} \cdot \frac{R}{2r}.$$

Equality is if $a = b = c$.

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It's nice to be important but more important it's to be nice.

At this paper works a TEAM.

This is RMM TEAM.

To be continued!

Daniel Sitaru