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If $a, b, c > 0, abc = 1, \lambda \geq 2$ then:

$$\sum_{cyc} \frac{1}{a^2 + \lambda} \leq \frac{3}{\lambda + 1}$$

Proposed by Marin Chirciu-Romania

Solution by Tapas Das-India

$$\sum a^2 \stackrel{AM-GM}{\geq} 3(abc)^{\frac{2}{3}} = 3 \quad (1),$$

since $abc = 1$ and

$$(a + b + c)^2 = \sum a^2 + 2 \sum ab \stackrel{AM-GM}{\geq} \sum a^2 + 6(abc)^{\frac{2}{3}} = \sum a^2 + 6 \quad (2)$$

$$\sum \frac{1}{a^2 + \lambda} = \frac{1}{\lambda} \sum \left(1 - \frac{a^2}{a^2 + \lambda} \right) = \frac{1}{\lambda} \left[3 - \sum \frac{a^2}{a^2 + \lambda} \right] \stackrel{CBS}{\leq}$$

$$\leq \frac{1}{\lambda} \left[3 - \frac{(a + b + c)^2}{\sum a^2 + 3\lambda} \right] \stackrel{(2)}{\leq} \frac{1}{\lambda} \left[3 - \frac{\sum a^2 + 6}{\sum a^2 + 3\lambda} \right] =$$

$$\leq \frac{1}{\lambda} \left[2 + 1 - \frac{\sum a^2 + 6}{\sum a^2 + 3\lambda} \right] = \frac{1}{\lambda} \left(2 + \frac{3\lambda - 6}{\sum a^2 + 3\lambda} \right) \stackrel{(1)}{\leq}$$

$$\leq \frac{1}{\lambda} \left(2 + \frac{3\lambda - 6}{3 + 3\lambda} \right) = \frac{1}{\lambda} \frac{9\lambda}{3 + 3\lambda} = \frac{3}{\lambda + 1}$$

Equality for $a = b = c = 1$