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If $a, b, c > 0, a^2 + b^2 + c^2 = 3, \lambda \geq 0$ then

$$\sum \frac{1}{a + \lambda b} \geq \frac{1}{(\lambda + 1)(\sqrt{\lambda + 1})} \sum \sqrt{a^2 + \lambda b^2}$$

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$$(a + b + c)^2 \stackrel{CBS}{\leq} 3(a^2 + b^2 + c^2) = 9 \text{ (as } a^2 + b^2 + c^2 = 3) \text{ or}$$

$$(a + b + c) \leq 3 \text{ (1)}$$

$$R.H.S = \frac{1}{(\lambda + 1)(\sqrt{\lambda + 1})} \sum \sqrt{a^2 + \lambda b^2} \stackrel{CBS}{\leq}$$

$$\leq \frac{1}{(\lambda + 1)(\sqrt{\lambda + 1})} \sqrt{3(a^2 + \lambda b^2 + b^2 + \lambda c^2 + c^2 + \lambda a^2)} =$$

$$= \frac{1}{(\lambda + 1)(\sqrt{\lambda + 1})} \sqrt{3(\lambda + 1)(a^2 + b^2 + c^2)} = \frac{1}{(\lambda + 1)(\sqrt{\lambda + 1})} \sqrt{3(\lambda + 1)(3)}$$

$$= \frac{3}{\lambda + 1} \text{ (since } a^2 + b^2 + c^2 = 3) \text{ (2)}$$

$$L.H.S = \sum \frac{1}{a + \lambda b} = \sum \frac{1^2}{a + \lambda b} \stackrel{Bergstrom}{\geq} \frac{(1 + 1 + 1)^2}{(a + b + c)(\lambda + 1)} \geq$$

$$\stackrel{(1)}{\geq} \frac{9}{3(\lambda + 1)} = \frac{3}{\lambda + 1} \text{ (3)}$$

from (2) & (3) we can say $L.H.S \geq R.H.S$ or

$$\sum \frac{1}{a + \lambda b} \geq \frac{1}{(\lambda + 1)(\sqrt{\lambda + 1})} \sum \sqrt{a^2 + \lambda b^2}$$

Equality for $a = b = c = 1$