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If $a, b, c > 0$, $a^2 + b^2 + c^2 = 3$, $\lambda \geq 0$ then:

$$\sum \frac{1}{a^2 + \lambda a + \lambda} \geq \frac{3}{2\lambda + 1}$$

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Solution by Tapas Das-India

$$a^2 + b^2 + c^2 = 3 \text{ or. } \frac{(a + b + c)^2}{3} \leq 3 (\text{CBS}) \text{ or } (a + b + c) \leq 3 \quad (1)$$

$$\begin{aligned} \sum \frac{1}{a^2 + \lambda a + \lambda} &\stackrel{\text{Bergstrom}}{\geq} \frac{(1+1+1)^2}{(\sum a^2) + \lambda(a+b+c) + 3\lambda} \stackrel{(1) \& a^2+b^2+c^2=3}{\geq} \\ &\geq \frac{9}{3 + 3\lambda + 3\lambda} = \frac{3}{2\lambda + 1} \end{aligned}$$

Equality holds for $a = b = c = 1$