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If $a, b, c > 0$ and $abc = 1$ then:

$$\sum \sqrt{1 + 8a^2} \geq \frac{7}{3}(a + b + c) + 2$$

Proposed by Marin Chirciu-Romania

Solution by Tapas Das-India

$$1 + 8a^2 = 1 + a^2 + a^2 + a^2 + a^2 + a^2 + a^2 + a^2 \stackrel{CBS}{\geq} \frac{(1 + 8a)^2}{9} \quad (1)$$

$$\begin{aligned} \sum \sqrt{1 + 8a^2} &\stackrel{(1)}{\geq} \sum \frac{1 + 8a}{3} = \frac{8}{3}(a + b + c) + 1 = \\ &= \frac{7}{3}(a + b + c) + \frac{1}{3}(a + b + c) + 1 \geq \end{aligned}$$

$$\stackrel{AM-GM}{\geq} \frac{7}{3}(a + b + c) + \sqrt[3]{abc} + 1 = \frac{7}{3}(a + b + c) + 2 \quad (as \ abc = 1)$$

Equality for $a = b = c = 1$