

ROMANIAN MATHEMATICAL MAGAZINE

If $x, y, z > 0, x + y + z = 1$ then:
 $\sqrt{x + yz} + \sqrt{y + xz} + \sqrt{z + xy} \leq 2$

Proposed by Shirvan Tahirov-Azerbaijan

Solution 1 by Bui Hong Suc-Vietnam

$$\begin{aligned}
 LHS &= \sqrt{x + yz} + \sqrt{y + xz} + \sqrt{z + xy} \stackrel{x+y+z=1}{=} \\
 &= \sqrt{x(x + y + z) + yz} + \sqrt{y(x + y + z) + xz} + \sqrt{z(x + y + z) + xy} \\
 &= \sqrt{x^2 + xy + xz + yz} + \sqrt{y^2 + xy + xz + yz} + \sqrt{z^2 + xz + xy + yz} \\
 &= \sqrt{x(x + z) + y(x + z)} + \sqrt{x(y + z) + y(y + z)} + \sqrt{x(y + z) + z(y + z)} \\
 &= \sqrt{(x + z)(x + y)} + \sqrt{(y + z)(x + y)} + \sqrt{(y + z)(x + z)} \\
 &\stackrel{AM-GM}{=} \frac{2x + y + z}{2} + \frac{2y + x + z}{2} + \frac{2z + x + y}{2} = 2(x + y + z) = 2 \cdot 1 = 2 = RHS \\
 \text{Hence : } &\sqrt{x + yz} + \sqrt{y + xz} + \sqrt{z + xy} \leq 2, =iff : x = y = z = \frac{1}{3}
 \end{aligned}$$

Solution 2 by Sakirin Ly-Cambodia

Method 1 : using AM – GM

$$\begin{aligned}
 \text{we - get : } &\sqrt{\frac{4}{9}S} = \sqrt{\frac{4}{9}(x + yz)} + \sqrt{\frac{4}{9}(y + zx)} + \sqrt{\frac{4}{9}(z + xy)} \\
 \frac{2}{3}S &\leq \frac{\frac{4}{9} + (x + yz)}{2} + \frac{\frac{4}{9} + (y + zx)}{2} + \frac{\frac{4}{9} + (z + xy)}{2} \\
 \frac{2}{3}S &\leq \frac{\frac{4}{3} + (x + y + z) + (xy + yz + zx)}{2} \leq \frac{\frac{4}{3} + 1 + \frac{(x+y+z)^2}{3}}{2} = \frac{\frac{5}{3} + 1}{2} = \frac{4}{3} \\
 \rightarrow S &\leq \frac{4}{3} \cdot \frac{3}{2} = 2 \rightarrow S \leq 2 \text{ (Equalities - when : } x = y = z = \frac{1}{3}\text{)}
 \end{aligned}$$

Method2 : using C – B – S

$$\begin{aligned}
 S^2 &= (\sqrt{x + yz} + \sqrt{y + xz} + \sqrt{z + xy})^2 \leq (1 + 1 + 1)(x + y + z + xy + yz + zx) \\
 &\leq 3 \left(1 + \frac{(x + y + z)^2}{3} \right) \rightarrow S^2 \leq 3 \cdot \frac{4}{3} = 4 \Rightarrow S \leq 2 \\
 \text{(Equalities - when : } &x = y = z = \frac{1}{3}\text{)}
 \end{aligned}$$

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Solution 3 by Samed Ahmedov-Azerbaijan

$$\begin{aligned}x &= 1 - (y + z) \Rightarrow \sqrt{x + yz} = \sqrt{1 - (y + z) + yz} \\ &= \sqrt{(1 - y)(1 - z)} \stackrel{AM-GM}{\geq} \frac{2 - (y + z)}{2}\end{aligned}$$

$$\text{also } \sqrt{y + xz} = \sqrt{(1 - x)(1 - z)} \leq \frac{2 - (x + z)}{2}$$

$$\sqrt{z + xy} = \sqrt{(1 - x)(1 - y)} \leq \frac{2 - (x + y)}{2}$$

$$\sqrt{x + yz} + \sqrt{y + xz} + \sqrt{z + xy} \leq \frac{6 - 2(x + y + z)}{2} = \frac{4}{2} = 2$$

$$\text{Equalities - when : } x = y = z = \frac{1}{3}$$