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If $a, b, c > 0$, then : $\frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \leq \frac{3}{2} \cdot \frac{p}{q} \cdot \frac{1}{A}$, where :

$$A = 1 + \frac{1}{8pq} \sum_{\text{cyc}} c(a-b)^2, p = a+b+c, q = ab+bc+ca$$

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Assigning $b+c = x, c+a = y, a+b = z \Rightarrow x+y-z = 2c > 0, y+z-x = 2a > 0$ and $z+x-y = 2b > 0 \Rightarrow x+y > z, y+z > x, z+x > y \Rightarrow x, y, z$ form sides of a triangle with semiperimeter, circumradius and inradius = s, R, r (say)

$$\text{yielding } 2 \sum_{\text{cyc}} a = \sum_{\text{cyc}} x = 2s \Rightarrow \sum_{\text{cyc}} a = s \rightarrow (1) \Rightarrow a = s - x, b = s - y, c = s - z$$

$$\therefore abc = r^2s \rightarrow (2) \text{ and such substitutions } \Rightarrow \sum_{\text{cyc}} ab = \sum_{\text{cyc}} (s-x)(s-y)$$

$$\Rightarrow \sum_{\text{cyc}} ab = 4Rr + r^2 \rightarrow (3) \text{ and we have : } A = 1 + \frac{1}{8pq} \cdot \sum_{\text{cyc}} c(a-b)^2$$

$$= 1 + \frac{1}{8(\sum_{\text{cyc}} a)(\sum_{\text{cyc}} ab)} \cdot \sum_{\text{cyc}} (c(a^2 + b^2 - 2ab))$$

$$= 1 + \frac{1}{8(\sum_{\text{cyc}} a)(\sum_{\text{cyc}} ab)} \cdot \left(\sum_{\text{cyc}} \left(ab \left(\sum_{\text{cyc}} a - c \right) \right) - 6abc \right)$$

$$= 1 + \frac{(\sum_{\text{cyc}} a)(\sum_{\text{cyc}} ab) - 9abc}{8(\sum_{\text{cyc}} a)(\sum_{\text{cyc}} ab)} \stackrel{\text{via (1),(2) and (3)}}{=} 1 + \frac{s(4Rr + r^2) - 9r^2s}{8s(4Rr + r^2)}$$

$$\Rightarrow A = \frac{9R}{2(4R+r)} \therefore \frac{3}{2} \cdot \frac{p}{q} \cdot \frac{1}{A} - \left(\frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \right) \stackrel{\text{via (1) and (3)}}{=}$$

$$\frac{3}{2} \cdot \frac{s}{4Rr + r^2} \cdot \frac{2(4R+r)}{9R} - \left(\sum_{\text{cyc}} \frac{1}{x} \right) = \frac{s}{3Rr} - \frac{s^2 + 4Rr + r^2}{4Rrs} \stackrel{?}{\geq} 0$$

$$\Leftrightarrow s^2 - 12Rr - 3r^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \because s^2 - 12Rr - 3r^2$$

$$= s^2 - 16Rr + 5r^2 + 4r(R-2r) \stackrel{\substack{\text{Gerretsen} \\ \text{and} \\ \text{Euler}}}{\geq} 0 \therefore \frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} \leq \frac{3}{2} \cdot \frac{p}{q} \cdot \frac{1}{A} \quad \forall a, b, c > 0, " = " \text{ iff } a = b = c \text{ (QED)}$$