

In any bicentric quadrilateral ABCD with sides a, b, c, d ,
the following relationship holds :

$$3R\sqrt{2} \cdot \min\left(\frac{1}{a^{-3} + b^{-3} + c^{-3}}, \frac{1}{a^{-3} + b^{-3} + d^{-3}}, \frac{1}{a^{-3} + c^{-3} + d^{-3}}, \frac{1}{b^{-3} + c^{-3} + d^{-3}}\right) \\ \leq F^2 \leq \frac{R\sqrt{2}}{3} \cdot \max(a^3 + b^3 + c^3, a^3 + b^3 + d^3, a^3 + c^3 + d^3, b^3 + c^3 + d^3)$$

Proposed by Emil C. Popa-Romania

Solution by Soumava Chakraborty-Kolkata-India

Via Brahmagupta and Parameshvara,

$$16F^2R^2 = (ac + bd)(ab + cd)(ad + bc)$$

$$\Rightarrow x \left(bd((a+c)^2 - 2ac) + ac((b+d)^2 - 2bd) \right) = 16R^2r^2s^2 \quad (x = ac + bd)$$

$$\Rightarrow x \left(bd(s^2 - 2ac) + ac(s^2 - 2bd) \right) = 16R^2r^2s^2 \Rightarrow x(s^2x - 4r^2s^2) = 16R^2r^2s^2$$

$$\Rightarrow x^2 - 4x \cdot r^2 - 16R^2r^2 = 0 \Rightarrow x = \frac{4r^2 \pm \sqrt{64R^2r^2 + 16r^4}}{2}$$

$$\Rightarrow ac + bd = 2r^2 + 2r \cdot \sqrt{4R^2 + r^2} \rightarrow (1)$$

Now, $(bs + ca)(as + bd)(ds + ca)(cs + bd)$

$$= s^3(a^2bc^2 + a^2c^2d + ab^2d^2 + b^2cd^2)$$

$$+ s^2(a^3c^3 + b^3d^3 + a^2b^2cd + a^2bcd^2 + ab^2c^2d + abc^2d^2)$$

$$+ sabcd(a^2c + ac^2 + b^2d + bd^2) + abcdr^2s^2 + abcds^4$$

$$\geq s^4(a^2c^2 + b^2d^2) + s^2abcd(ac + bd) + s^2abcd(as + cs) + sabcd(acs + bds)$$

$$+ abcdr^2s^2 + abcds^4 \stackrel{A-G}{\geq} 2s^4abcd + 2s^2abcd(ac + bd) + 2abcds^4 + abcdr^2s^2$$

$$= s^2abcd(4s^2 + 2(ac + bd) + r^2) \stackrel{\text{via (1)}}{=} r^2s^4(4s^2 + 2(2r^2 + 2r \cdot \sqrt{4R^2 + r^2}) + r^2) \Rightarrow$$

$$(bs + ca)(as + bd)(ds + ca)(cs + bd) \geq r^2s^4(4s^2 + 4r \cdot \sqrt{4R^2 + r^2} + 5r^2) \rightarrow (2)$$

We have : $m^4 =$

$$\left(\min\left(\frac{1}{a^{-3} + b^{-3} + c^{-3}}, \frac{1}{a^{-3} + b^{-3} + d^{-3}}, \frac{1}{a^{-3} + c^{-3} + d^{-3}}, \frac{1}{b^{-3} + c^{-3} + d^{-3}}\right) \right)^4 \\ \leq \frac{(a^3b^3c^3)(a^3b^3d^3)(a^3c^3d^3)(b^3c^3d^3)}{(a^3b^3 + b^3c^3 + c^3a^3)(a^3b^3 + b^3d^3 + d^3a^3)(a^3c^3 + c^3d^3 + d^3a^3)(b^3c^3 + c^3d^3 + b^3d^3)} \\ \stackrel{9^4 \cdot F^{18}}{\leq} \frac{(bs + ca)^3(as + bd)^3(ds + ca)^3(cs + bd)^3}{9^4 \cdot F^{18}}$$

$$\left(\begin{aligned} &\because a^3b^3 + b^3c^3 + c^3a^3 = c^3a^3 + b^3(c+a)(c^2 - ca + a^2) \\ &\geq c^3a^3 + \frac{b^3}{4}(c+a)^3 = c^3a^3 + \frac{b^3s^3}{8} + \frac{b^3s^3}{8} \stackrel{\text{Holder}}{\geq} \frac{\left(\frac{bs}{2} + \frac{bs}{2} + ca\right)^3}{9} \\ &\Rightarrow a^3b^3 + b^3c^3 + c^3a^3 \geq \frac{(bs + ca)^3}{9} \text{ analogs} \end{aligned} \right)$$

$$\begin{aligned} &\leq \frac{9^4 \cdot F^{18}}{r^6 s^{12} (4s^2 + 4r \cdot \sqrt{4R^2 + r^2} + 5r^2)^3} \stackrel{?}{\leq} \left(\frac{F^2}{3R\sqrt{2}} \right)^4 = \frac{F^8}{81R^4 \cdot 4} \\ &\Leftrightarrow \frac{9^6 \cdot r^{10} s^{10}}{r^6 s^{12} (4s^2 + 4r \cdot \sqrt{4R^2 + r^2} + 5r^2)^3} \stackrel{?}{\leq} \frac{1}{4R^4} \\ &\Leftrightarrow s^2 (4s^2 + 4r \cdot \sqrt{4R^2 + r^2} + 5r^2)^3 \stackrel{?}{\geq} 9^6 \cdot 4R^4 r^4 \quad (*) \end{aligned}$$

Now, via Blundon – Eddy, LHS of (*) \geq

$$\begin{aligned} &8r(\sqrt{4R^2 + r^2} - r)(4 \cdot 8r(\sqrt{4R^2 + r^2} - r) + 4r \cdot \sqrt{4R^2 + r^2} + 5r^2)^3 \stackrel{?}{\geq} 9^6 \cdot 4R^4 r^4 \\ &\Leftrightarrow 2(4R^2 + r^2)(256R^2 + 172r^2) + 2r(192R^2 r + 75r^3 + 96r(4R^2 + r^2)) - 729R^4 \\ &\quad \stackrel{?}{\geq} 2r \cdot \sqrt{4R^2 + r^2} \cdot (256R^2 + 172r^2 + 192R^2 + 75r^2 + 96(4R^2 + r^2)) \\ &\Leftrightarrow (1319R^4 + 3040R^2 r^2 + 686r^4)^2 \stackrel{?}{\geq} (2r \cdot \sqrt{4R^2 + r^2} \cdot (832R^2 + 343r^2))^2 \\ &\Leftrightarrow 1739761t^3 - 3056064t^2 - 849660t + 5488 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R^2}{r^2} \right) \\ &\Leftrightarrow (t - 2)(1739761t^2 + 422086t + 1372(t - 2)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{L. Fejes Toth}}{\geq} 2 \\ &\Rightarrow (*) \text{ is true} \Rightarrow m^4 \leq \left(\frac{F^2}{3R\sqrt{2}} \right)^4 \end{aligned}$$

$$\therefore 3R\sqrt{2} \cdot \min \left(\frac{1}{a^{-3} + b^{-3} + c^{-3}}, \frac{1}{a^{-3} + b^{-3} + d^{-3}}, \frac{1}{a^{-3} + c^{-3} + d^{-3}}, \frac{1}{b^{-3} + c^{-3} + d^{-3}} \right) \leq F^2$$

$$\begin{aligned} \text{Also, } &\frac{R\sqrt{2}}{3} \cdot \max(a^3 + b^3 + c^3, a^3 + b^3 + d^3, a^3 + c^3 + d^3, b^3 + c^3 + d^3) \geq \\ &\frac{R\sqrt{2}}{4 \cdot 3} (a^3 + b^3 + c^3 + a^3 + b^3 + d^3 + a^3 + c^3 + d^3 + b^3 + c^3 + d^3) \stackrel{A-G}{\geq} \\ &\frac{R\sqrt{2}}{4} (abc + abd + acd + bcd) = \frac{R\sqrt{2}}{4} (acs + bds) \stackrel{A-G}{\geq} \frac{Rs\sqrt{2}}{4} \cdot 2\sqrt{acbd} = \\ &\frac{Rrs^2}{\sqrt{2}} \stackrel{?}{\geq} F^2 = r^2 s^2 \Leftrightarrow R \stackrel{?}{\geq} \sqrt{2}r \rightarrow \text{true via L. Fejes Toth} \end{aligned}$$

$$\therefore F^2 \leq \frac{R\sqrt{2}}{3} \cdot \max(a^3 + b^3 + c^3, a^3 + b^3 + d^3, a^3 + c^3 + d^3, b^3 + c^3 + d^3) \quad (\text{QED})$$