

ROMANIAN MATHEMATICAL MAGAZINE

In any ΔABC , the following relationships hold :

$$\sqrt{r_b r_c} \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq \csc \frac{A}{2} \text{ and } \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq 2 \left(\frac{1}{h_b} + \frac{1}{h_c} \right)$$

Proposed by Bogdan Fuștei-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sqrt{r_b r_c} \left(\frac{1}{m_b} + \frac{1}{m_c} \right) &\stackrel{\text{Lascu + A-G}}{\leq} \sqrt{s(s-a)} \left(\frac{1}{\sqrt{s(s-b)}} + \frac{1}{\sqrt{s(s-c)}} \right) \stackrel{?}{\leq} \csc \frac{A}{2} \\ &\Leftrightarrow \sqrt{\frac{s-a}{s-b}} + \sqrt{\frac{s-a}{s-c}} \stackrel{?}{\leq} \frac{\sqrt{bc}}{\sqrt{(s-b)(s-c)}} \\ &\Leftrightarrow \sqrt{(s-a)(s-c)} + \sqrt{(s-a)(s-b)} \stackrel{?}{\leq} \sqrt{bc} \Leftrightarrow \sqrt{xz} + \sqrt{xy} \stackrel{?}{\leq} \sqrt{(z+x)(x+y)} \stackrel{(*)}{=} \\ &\left(\text{where } s-a = x, s-b = y, s-c = z \Rightarrow s = x+y+z \Rightarrow a = y+z, b = z+x, \right. \\ &\quad \left. c = x+y \right) \end{aligned}$$

Now, $(z+x)(x+y) \stackrel{\text{Reverse CBS}}{\geq} (\sqrt{xz} + \sqrt{xy})^2 \Rightarrow (*) \text{ is true}$

$$\begin{aligned} \therefore \boxed{\sqrt{r_b r_c} \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq \csc \frac{A}{2}} &\Rightarrow \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{\sqrt{bc}}{\sqrt{(s-b)(s-c)} \cdot \sqrt{s(s-a)}} \\ &\Rightarrow \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{\sqrt{bc}}{F} \rightarrow (1) \end{aligned}$$

$$\text{Now, } \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq 2 \left(\frac{1}{h_b} + \frac{1}{h_c} \right) \Leftrightarrow \left(\frac{b+c}{\sqrt{bc}} \right) \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq 2 \cdot \frac{b+c}{2F}$$

$$\Leftrightarrow \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{\sqrt{bc}}{F} \rightarrow \text{true via (1)} \therefore \boxed{\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq 2 \left(\frac{1}{h_b} + \frac{1}{h_c} \right)}$$

$$\therefore \sqrt{r_b r_c} \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq \csc \frac{A}{2} \text{ and } \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq 2 \left(\frac{1}{h_b} + \frac{1}{h_c} \right),$$

" = " iff ΔABC is equilateral (QED)

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

By Tereshin and CBS inequalities, we have

$$\sqrt{m_b m_c} \geq \sqrt{\frac{(c^2 + a^2)(a^2 + b^2)}{4R \cdot 4R}} \geq \frac{ac + ab}{4R} = \frac{abc}{4R} \left(\frac{1}{b} + \frac{1}{c} \right) = F \left(\frac{1}{b} + \frac{1}{c} \right).$$

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We know that m_a, m_b, m_c can be the sides of a triangle with area F'

$$= \frac{3F}{4} \text{ and medians } m'_a = \frac{3a}{4}$$

$m'_b = \frac{3b}{4}, m'_c = \frac{3c}{4}$. By using the last inequality in this triangle, we have

$$\sqrt{m'_b m'_c} \geq F' \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \Rightarrow \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{\sqrt{bc}}{F}.$$

Using this result, we have

$$\sqrt{r_b r_c} \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq \sqrt{\frac{F^2}{(s-b)(s-b)}} \cdot \frac{\sqrt{bc}}{F} = \csc \frac{A}{2},$$

$$\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \left(\frac{1}{m_b} + \frac{1}{m_c} \right) \leq \frac{b+c}{\sqrt{bc}} \cdot \frac{\sqrt{bc}}{F} = 2 \left(\frac{1}{h_b} + \frac{1}{h_c} \right),$$

as desired. Equality holds iff ΔABC is equilateral.