

Prove that:

$$(x + y + z)(xAP^2 + yBP^2 + zCP^2) \geq yza^2 + zxb^2 + xyc^2 + (x + y + z)^2 h_p^2$$

for P a point in space,

h_p perpendicular from P on (ABC) , x, y, z real numbers, a, b, c sides of ΔABC

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Let M be the feet of the perpendicular from P to (ABC) .

$$\text{We have } (x\overrightarrow{AM} + y\overrightarrow{BM} + z\overrightarrow{CM})^2 \geq 0$$

$$\Leftrightarrow x^2 AM^2 + y^2 BM^2 + z^2 CM^2 + 2xy\overrightarrow{AM} \cdot \overrightarrow{BM} + 2yz\overrightarrow{BM} \cdot \overrightarrow{CM} + 2zx\overrightarrow{CM} \cdot \overrightarrow{AM} \geq 0.$$

Since $2\overrightarrow{BM} \cdot \overrightarrow{CM} = BM^2 + CM^2 - BC^2$ (and analogs), and

$$AM^2 = AP^2 - h_p^2 \text{ (and analogs), then}$$

$$x^2(AP^2 - h_p^2) + y^2(BP^2 - h_p^2) + z^2(CP^2 - h_p^2) + xy(AP^2 + BP^2 - 2h_p^2 - c^2) +$$

$$+yz(BP^2 + CP^2 - 2h_p^2 - a^2) + zx(CP^2 + AP^2 - 2h_p^2 - b^2) \geq 0$$

$$\Leftrightarrow (x + y + z)(xAP^2 + yBP^2 + zCP^2) \geq yza^2 + zxb^2 + xyc^2 + (x + y + z)^2 h_p^2,$$

as desired. Equality holds if and only if the barycentric coordinates of point M is (x, y, z) .