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In any ΔABC , the following relationship holds :

$$2 \sum_{\text{cyc}} \frac{m_a}{h_a} \geq \frac{2s}{\sqrt[3]{abc}} + \frac{1}{\sqrt[3]{h_a h_b h_c}} \sum_{\text{cyc}} h_a$$

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$$\begin{aligned} 2 \sum_{\text{cyc}} \frac{m_a}{h_a} - \frac{1}{\sqrt[3]{h_a h_b h_c}} \sum_{\text{cyc}} h_a &\stackrel{\text{Tereshin}}{\geq} 2 \sum_{\text{cyc}} \frac{b^2 + c^2}{4R \cdot \frac{bc}{2R}} - \frac{1}{\sqrt[3]{\frac{2r^2 s^2}{R}}} \cdot \frac{s^2 + 4Rr + r^2}{2R} \\ &\stackrel{\text{Gerretsen}}{\geq} \frac{(\sum_{\text{cyc}} a)(\sum_{\text{cyc}} ab) - 3abc}{abc} - \frac{1}{\sqrt[3]{\frac{r^2(27Rr + 5r(R-2r))}{R}}} \cdot \frac{s^2 + 4Rr + r^2}{2R} \\ &\stackrel{\text{Euler}}{\geq} \frac{2s(s^2 + 4Rr + r^2) - 12Rrs}{4Rrs} - \frac{1}{\sqrt[3]{\frac{r^2(27Rr)}{R}}} \cdot \frac{s^2 + 4Rr + r^2}{2R} \\ &= \frac{s^2 - 2Rr + r^2}{2Rr} - \frac{s^2 + 4Rr + r^2}{6Rr} = \frac{s^2 - 5Rr + r^2}{3Rr} \stackrel{?}{\geq} \frac{2s}{\sqrt[3]{abc}} = \frac{2s}{\sqrt[3]{4Rrs}} \\ &\Leftrightarrow \frac{(s^2 - 5Rr + r^2)^3}{27R^3 r^3} \stackrel{?}{\geq} \frac{8s^3}{4Rrs} \Leftrightarrow (s^2 - 5Rr + r^2)^3 - 54R^2 r^2 s^2 \stackrel{?}{\geq} 0 \quad (*) \end{aligned}$$

and $\because (s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (*), it suffices to prove :
LHS of (*) $\geq (s^2 - 16Rr + 5r^2)^3 \Leftrightarrow (33R - 12r)s^4 - rs^2(747R^2 - 450Rr + 72r^2)$

$$+ r^2(3971R^3 - 3765R^2r + 1185Rr^2 - 124r^3) \stackrel{(**)}{\geq} 0 \text{ and}$$

$\because (33R - 12r)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (**), it suffices
to prove : LHS of (**) $\geq (33R - 12r)(s^2 - 16Rr + 5r^2)^2$

$$\Leftrightarrow (309R^2 - 264Rr + 48r^2)s^2 \stackrel{(***)}{\geq} r(4477R^3 - 4587R^2r + 1560Rr^2 - 176r^3)$$

$$\text{Now, LHS of (***)} \stackrel{\text{Gerretsen}}{\geq} (309R^2 - 264Rr + 48r^2)(16Rr - 5r^2) \stackrel{?}{\geq}$$

$$r(4477R^3 - 4587R^2r + 1560Rr^2 - 176r^3) \Leftrightarrow 467t^3 - 1182t^2 + 528t - 64 \stackrel{?}{\geq} 0$$

$$\left(t = \frac{R}{r}\right) \Leftrightarrow (t - 2)(343t^2 + 124t(t - 2) + 32) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow (***) \Rightarrow (**) \Rightarrow (*) \text{ is true} \therefore 2 \sum_{\text{cyc}} \frac{m_a}{h_a} - \frac{1}{\sqrt[3]{h_a h_b h_c}} \sum_{\text{cyc}} h_a \geq \frac{2s}{\sqrt[3]{abc}} \Rightarrow$$

$$2 \sum_{\text{cyc}} \frac{m_a}{h_a} \geq \frac{2s}{\sqrt[3]{abc}} + \frac{1}{\sqrt[3]{h_a h_b h_c}} \sum_{\text{cyc}} h_a \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$