

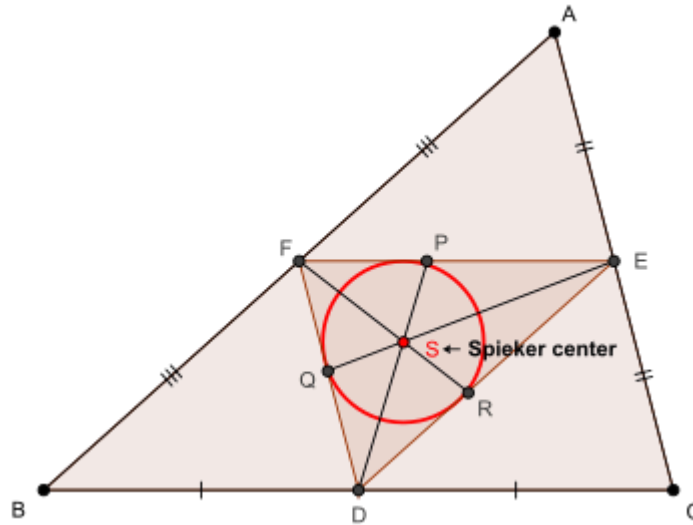
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In any ΔABC , the following relationship holds :

$$R \sum_{\text{cyc}} h_a \geq \frac{4}{3} \sin \omega \sum_{\text{cyc}} p_a w_a$$

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Let AS produced meet BC at X and $m(\angle BAX) = \alpha$ and $m(\angle CAX) = \beta$ (say)
and inradius of $\Delta DEF = r'$ (say)

$$\text{Now, } 16[DEF]^2 = 2 \sum \left(\frac{a^2}{4}\right) \left(\frac{b^2}{4}\right) - \sum \frac{a^4}{16} = \frac{1}{16} \left(2 \sum a^2 b^2 - \sum a^4\right) = \frac{16r^2 s^2}{16}$$

$$\Rightarrow [DEF] = \frac{rs}{4} \Rightarrow r' \left(\frac{\frac{a}{2} + \frac{b}{2} + \frac{c}{2}}{2}\right) = \frac{rs}{4} \Rightarrow r' = \frac{r}{2} \rightarrow (1)$$

$$\begin{aligned} \because \text{Spieker center is incenter of } \Delta DEF, \therefore m(\angle AFS) &= B + \frac{C}{2} = \frac{2B + C}{2} = \frac{B + \pi - A}{2} \\ &= \frac{\pi}{2} - \frac{A - B}{2} \text{ and } m(\angle AES) = C + \frac{B}{2} = \frac{\pi}{2} - \frac{A - C}{2} \rightarrow (2) \end{aligned}$$

Via (1), (2) and using cosine law on ΔAFS and ΔAES , we arrive at : $AS^2 =$

$$\frac{r^2}{4 \sin^2 \frac{C}{2}} + \frac{c^2}{4} - \left(\frac{2r}{2 \sin \frac{C}{2}}\right) \left(\frac{c}{2}\right) \sin \frac{A - B}{2} = \frac{r^2}{4 \sin^2 \frac{B}{2}} + \frac{b^2}{4} - \left(\frac{2r}{2 \sin \frac{B}{2}}\right) \left(\frac{b}{2}\right) \sin \frac{A - C}{2}$$

$$\begin{aligned} \Rightarrow 2AS^2 &\stackrel{(i)}{=} \frac{r^2}{4 \sin^2 \frac{C}{2}} + \frac{c^2}{4} - \left(\frac{2r}{2 \sin \frac{C}{2}}\right) \left(\frac{c}{2}\right) \sin \frac{A - B}{2} + \frac{r^2}{4 \sin^2 \frac{B}{2}} \\ &\quad + \frac{b^2}{4} - \left(\frac{2r}{2 \sin \frac{B}{2}}\right) \left(\frac{b}{2}\right) \sin \frac{A - C}{2} \end{aligned}$$

$$\begin{aligned}
 & \text{Again, } \left(\frac{2r}{2\sin\frac{C}{2}} \right) \left(\frac{c}{2} \right) \sin\frac{A-B}{2} + \left(\frac{2r}{2\sin\frac{B}{2}} \right) \left(\frac{b}{2} \right) \sin\frac{A-C}{2} \\
 &= \frac{r}{2} \left(4R\cos\frac{C}{2} \sin\frac{A-B}{2} + 4R\cos\frac{B}{2} \sin\frac{A-C}{2} \right) \\
 &= Rr \left(2\sin\frac{A+B}{2} \sin\frac{A-B}{2} + 2\sin\frac{A+C}{2} \sin\frac{A-C}{2} \right) \\
 &= Rr \left(1 - 2\sin^2\frac{B}{2} + 1 - 2\sin^2\frac{C}{2} - 2 \left(1 - 2\sin^2\frac{A}{2} \right) \right) \\
 &= 2Rr \left(\frac{2a(s-b)(s-c) - b(s-c)(s-a) - c(s-a)(s-b)}{abc} \right) \\
 &= \frac{Rr}{8Rs} (2a^3 + (b+c)a^2 - 2a(b^2+c^2) - (b+c)(b-c)^2) \\
 &= \frac{4(b+c)bc\sin^2\frac{A}{2} - 2a \cdot 2bcc\cos A}{8s} = \frac{bc \left((2s-a)\sin^2\frac{A}{2} - a \left(1 - 2\sin^2\frac{A}{2} \right) \right)}{2s} \\
 &= \frac{bc \left((2s+a)\sin^2\frac{A}{2} - a \right)}{2s} = \frac{(2s+a)(s-b)(s-c)}{2s} - 2Rr \\
 &\Rightarrow - \left(\frac{2r}{2\sin\frac{C}{2}} \right) \left(\frac{c}{2} \right) \sin\frac{A-B}{2} - \left(\frac{2r}{2\sin\frac{B}{2}} \right) \left(\frac{b}{2} \right) \sin\frac{A-C}{2} \\
 &\quad \stackrel{(*)}{=} \frac{-(2s+a)(s-b)(s-c)}{2s} + 2Rr
 \end{aligned}$$

$$\begin{aligned}
 & \text{Also, } \frac{r^2}{4\sin^2\frac{B}{2}} + \frac{r^2}{4\sin^2\frac{C}{2}} = \frac{r^2}{4} \left(\frac{ca}{(s-c)(s-a)} + \frac{ab}{(s-a)(s-b)} \right) \\
 &= \frac{r^2}{4r^2s} (ca(s-b) + ab(s-c)) = \frac{ab+ca}{4} - 2Rr \stackrel{(**)}{=} \frac{r^2}{4\sin^2\frac{B}{2}} + \frac{r^2}{4\sin^2\frac{C}{2}} \\
 & \text{(i), (*), (**)} \Rightarrow 2AS^2 = \frac{b^2+c^2+ab+ca}{4} - \frac{(2s+a)(s-b)(s-c)}{2s} \\
 &= \frac{(a+b+c)(b^2+c^2+ab+ca) - (2a+b+c)(c+a-b)(a+b-c)}{4s} \\
 &= \frac{b^3+c^3-abc+a(2b^2+2c^2-a^2)}{4s} \Rightarrow 2AS^2 \stackrel{(ii)}{=} \frac{b^3+c^3-abc+a(4m_a^2)}{4s}
 \end{aligned}$$

$$\begin{aligned}
 & \text{Via sine law on } \triangle AFS, \frac{r}{2\sin\frac{C}{2}\sin\alpha} = \frac{AS}{\cos\frac{A-B}{2}} = \frac{cAS}{(a+b)\sin\frac{C}{2}} \\
 & \Rightarrow c\sin\alpha \stackrel{(***)}{=} \frac{r(a+b)}{2AS} \text{ and via sine law on } \triangle AES, b\sin\beta \stackrel{(***)}{=} \frac{r(a+c)}{2AS}
 \end{aligned}$$

$$\begin{aligned}
 & \text{Now, } [BAX] + [BAX] = [ABC] \Rightarrow \frac{1}{2}p_a c\sin\alpha + \frac{1}{2}p_a b\sin\beta \\
 &= rs \stackrel{\text{via (***) and (***)}}{\Rightarrow} \frac{p_a(a+b+a+c)}{4AS} = s \Rightarrow p_a = \frac{4s}{2s+a} AS
 \end{aligned}$$

$$\begin{aligned}
 & \Rightarrow p_a^2 - m_a^2 = \frac{2s}{(2s+a)^2} (b^3+c^3-abc+a(4m_a^2)) - m_a^2 \\
 &= \frac{2s}{(2s+a)^2} (b^3+c^3-abc) - \left(1 - \frac{8sa}{(2s+a)^2} \right) m_a^2
 \end{aligned}$$

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$$\begin{aligned}
 &= \frac{4(a+b+c)(b^3+c^3-abc) - (2b^2+2c^2-a^2)(b+c)^2}{4(2s+a)^2} \\
 &= \frac{a^2(b-c)^2 + 4a(b+c)(b-c)^2 + 2(b^2-c^2)^2}{4(2s+a)^2} \\
 &= \frac{(b-c)^2}{4(2s+a)^2} \left((a^2+2a(b+c)+(b+c)^2) + ((b+c)^2+2a(b+c)+a^2) - a^2 \right) \\
 &= \frac{(b-c)^2}{4(2s+a)^2} (2(a+b+c)^2 - a^2) = \frac{(b-c)^2(8s^2-a^2)}{4(2s+a)^2} \\
 \therefore p_a^2 - m_a^2 &\stackrel{(*)}{=} \frac{(b-c)^2(8s^2-a^2)}{4(2s+a)^2}
 \end{aligned}$$

Now, $p_a^2 w_a^2 \stackrel{?}{\leq} m_a^4 \Leftrightarrow \frac{p_a^2}{m_a^2} - 1 \stackrel{?}{\leq} \frac{m_a^2}{w_a^2} - 1 \Leftrightarrow$ via (*)

$$\frac{(b-c)^2(8s^2-a^2)}{4(2s+a)^2 m_a^2} \stackrel{?}{\leq} \frac{s(s-a) + \frac{(b-c)^2}{4} - \left(s(s-a) - \frac{s(s-a)(b-c)^2}{(b+c)^2} \right)}{w_a^2}$$

(■)

$$= \frac{(b-c)^2(4s(s-a) + (b+c)^2)}{4(b+c)^2 w_a^2} \quad \text{and } \because (b-c)^2 \geq 0 \text{ and } w_a^2 \leq m_a^2$$

\therefore in order to prove (■), it suffices to prove: $\frac{8s^2-a^2}{(2s+a)^2} < \frac{4s(s-a) + (b+c)^2}{(b+c)^2}$

$$\begin{aligned}
 \Leftrightarrow \frac{8s^2-a^2}{(2s+a)^2} &< \frac{4s(s-a) + (2s-a)^2}{(2s-a)^2} \Leftrightarrow \frac{8s^2-a^2}{(2s+a)^2} < \frac{8s^2-8sa+a^2}{(2s-a)^2} \\
 &\Leftrightarrow (8s^2-8sa+a^2)(2s+a)^2 > (8s^2-a^2)(2s-a)^2 \\
 \Leftrightarrow 16s^3 - 12s^2a - 4sa^2 + a^3 > 0 &\Leftrightarrow 12s^2(s-a) + 4s(s-a)(s+a) + a^3 > 0 \\
 \rightarrow \text{true } \because s-a > 0 &\therefore p_a^2 w_a^2 \leq m_a^4 \Rightarrow p_a w_a \leq m_a^2 \text{ and analogs}
 \end{aligned}$$

$$\begin{aligned}
 &\Rightarrow \frac{4}{3} \sin \omega \cdot \sum_{\text{cyc}} p_a w_a \leq \frac{4}{3} \cdot \frac{2rs}{\sqrt{\sum_{\text{cyc}} a^2 b^2}} \cdot \sum_{\text{cyc}} m_a^2 \\
 &= \frac{4}{3} \cdot \frac{2rs}{\sqrt{\sum_{\text{cyc}} a^2 b^2}} \cdot \frac{3}{4} \cdot 2(s^2 - 4Rr - r^2) \stackrel{?}{\leq} R \cdot \sum_{\text{cyc}} h_a = \frac{\sum_{\text{cyc}} ab}{2}
 \end{aligned}$$

$$\begin{aligned}
 &\Leftrightarrow \frac{1}{4} \left(\sum_{\text{cyc}} ab \right)^2 \stackrel{?}{\geq} \frac{16r^2 s^2 (s^2 - 4Rr - r^2)^2}{\sum_{\text{cyc}} a^2 b^2} \\
 &\Leftrightarrow \left(\sum_{\text{cyc}} a^2 b^2 \right) \left(\sum_{\text{cyc}} ab \right)^2 \stackrel{?}{\geq} 64r^2 s^2 (s^2 - 4Rr - r^2)^2 \quad \text{(□)}
 \end{aligned}$$

Now, $\sum_{\text{cyc}} a^2 b^2 \geq \frac{1}{3} \left(\sum_{\text{cyc}} ab \right)^2 \geq 8Rrs^2 \Rightarrow \text{LHS of (□)} \geq$

$$\begin{aligned}
 &8Rrs^2 (s^2 + 4Rr + r^2)^2 \stackrel{?}{\geq} 64r^2 s^2 (s^2 - 4Rr - r^2)^2 \\
 &\Leftrightarrow (R-2r)s^4 - 6rs^4 + rs^2(8R^2 + 66Rr + 16r^2) \\
 &\quad + r^2(16R^3 - 120R^2r - 63Rr^2 - 8r^3) \stackrel{?}{\geq} 0 \quad \text{(□□)}
 \end{aligned}$$

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Again, LHS of (22) $\stackrel{\text{Gerretsen}}{\geq} \left(\frac{(R-2r)(16Rr-5r^2) - 6r(4R^2+4Rr+3r^2)}{+r(8R^2+66Rr+16r^2)} \right) s^2$
 $+r^2(16R^3-120R^2r-63Rr^2-8r^3) = r^2(5R+8r)s^2$
 $+r^2(16R^3-120R^2r-63Rr^2-8r^3) \stackrel{\text{Gerretsen}}{\geq} r^2(5R+8r)(16Rr-5r^2)$
 $+r^2(16R^3-120R^2r-63Rr^2-8r^3) \stackrel{?}{\geq} 0 \Leftrightarrow 2t^3-5t^2+5t-6 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$
 $\Leftrightarrow (t-2)(2t^2-t+3) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (22) \Rightarrow (2) \text{ is true} \Rightarrow$
 $R \cdot \sum_{\text{cyc}} h_a \geq \frac{4}{3} \sin \omega \cdot \sum_{\text{cyc}} p_a w_a \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$