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In $\triangle ABC$ the following relationship holds:

$$2 \left(\frac{2m_b m_c}{h_b h_c} - 1 \right) \left(\frac{r_b}{r_c} + \frac{r_c}{r_b} \right) \geq \left(\frac{b}{c} + \frac{c}{b} \right)^2$$

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By Tereshin and CBS inequalities, we have

$$m_b m_c \geq \frac{(c^2 + a^2)(a^2 + b^2)}{(4R)^2} \geq \frac{(ca + ab)^2}{(4R)^2} = \frac{a^2(b + c)^2}{(4R)^2}$$

and since $h_a = \frac{bc}{2R}$ (and analogs), then

$$\frac{2m_b m_c}{h_b h_c} - 1 \geq \frac{a^2(b + c)^2}{8R^2} \cdot \frac{4R^2}{a^2 bc} - 1 = \frac{(b + c)^2}{2bc} - 1 = \frac{1}{2} \left(\frac{b}{c} + \frac{c}{b} \right).$$

Now, we have

$$\begin{aligned} \left(\frac{r_b}{r_c} + \frac{r_c}{r_b} \right) - \left(\frac{b}{c} + \frac{c}{b} \right) &= \left(\frac{s-c}{s-b} - \frac{c}{b} \right) - \left(\frac{b}{c} - \frac{s-b}{s-c} \right) = \frac{s(b-c)}{b(s-b)} - \frac{s(b-c)}{c(s-c)} = \frac{s(s-a)(b-c)^2}{bc(s-b)(s-c)} \geq 0, \\ &\Rightarrow \frac{r_b}{r_c} + \frac{r_c}{r_b} \geq \frac{b}{c} + \frac{c}{b}. \end{aligned}$$

Therefore

$$2 \left(\frac{2m_b m_c}{h_b h_c} - 1 \right) \left(\frac{r_b}{r_c} + \frac{r_c}{r_b} \right) \geq \left(\frac{b}{c} + \frac{c}{b} \right)^2.$$

Equality holds iff $\triangle ABC$ is equilateral.