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In $\Delta ABC, \Delta A'B'C'$ the following relationship holds:

$$(a + a')(b + b')(c + c') \geq 32\sqrt{RR'FF'} + 4(\sqrt{RF} - \sqrt{R'F'})^2$$

Proposed by Daniel Sitaru-Romania

Solution by Tapas Das-India

$$\begin{aligned} & (a + a')(b + b')(c + c') = \\ & = abc + a'b'c' + (a'bc + ab'c + abc' + a'b'c + ab'c' + a'bc') \geq \\ & \stackrel{AM-GM}{\geq} abc + a'b'c' + 6\sqrt[6]{a'bc \cdot ab'c \cdot abc' \cdot a'b'c \cdot ab'c' \cdot a'bc'} = \\ & = abc + a'b'c' + 6\sqrt{abc \cdot a'b'c'} = 4RF + 4R'F' + 6\sqrt{4RF \cdot 4R'F'} = \\ & = 4(\sqrt{RF} - \sqrt{R'F'})^2 + 8\sqrt{RR'FF'} + 24\sqrt{RR'FF'} = 32\sqrt{RR'FF'} + 4(\sqrt{RF} - \sqrt{R'F'})^2 \end{aligned}$$

Equality holds for $a = b = c = a' = b' = c'$.