

In $\triangle ABC$ the following relationship holds:

$$\frac{r_a}{h_a^2} + \frac{r_b}{h_b^2} + \frac{r_c}{h_c^2} \geq \frac{4r}{R^2}$$

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$$\begin{aligned} \frac{r_a}{h_a^2} + \frac{r_b}{h_b^2} + \frac{r_c}{h_c^2} &= \frac{\frac{F}{s-a}}{\left(\frac{2F}{a}\right)^2} + \frac{\frac{F}{s-b}}{\left(\frac{2F}{b}\right)^2} + \frac{\frac{F}{s-c}}{\left(\frac{2F}{c}\right)^2} = \\ &= \frac{1}{4F} \left(\frac{a^2}{s-a} + \frac{b^2}{s-b} + \frac{c^2}{s-c} \right) \stackrel{\text{BERGSTROM}}{\geq} \\ &\geq \frac{1}{4F} \cdot \frac{(a+b+c)^2}{s-a+s-b+s-c} = \frac{1}{4F} \cdot \frac{4s^2}{s} = \frac{1}{4rs} \cdot \frac{4s^2}{s} = \frac{1}{r} = \\ &= \frac{R^2}{R^2r} = \frac{R \cdot R}{R^2r} \stackrel{\text{EULER}}{\geq} \frac{2r \cdot 2r}{R^2r} = \frac{4r}{R^2} \end{aligned}$$

Equality holds for $a = b = c$.