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In any \triangle ABC, the following relationship holds:

$$\sum_{cvc} \left(\left(\frac{1}{b} + \frac{1}{c}\right) h_{\alpha} \right) \leq 3\sqrt{3} \leq \sum_{cvc} \left(\left(\frac{1}{b} + \frac{1}{c}\right) r_{\alpha} \right)$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{split} \sum_{\text{cyc}} \left(\left(\frac{1}{b} + \frac{1}{c}\right) \mathbf{r}_{a} \right) &= \sum_{\text{cyc}} \left(\left(\sum_{\text{cyc}} \frac{1}{a} - \frac{1}{a}\right) \mathbf{r}_{a} \right) = \left(\sum_{\text{cyc}} \frac{1}{a}\right) \left(\sum_{\text{cyc}} \mathbf{r}_{a}\right) - \sum_{\text{cyc}} \frac{\mathbf{r}_{a}}{a} \\ &= \frac{(\mathbf{s}^{2} + 4\mathbf{R}\mathbf{r} + \mathbf{r}^{2})(4\mathbf{R} + \mathbf{r})}{4\mathbf{R}\mathbf{r}\mathbf{s}} - \sum_{\text{cyc}} \frac{\mathbf{s} \tan \frac{A}{2}}{4\mathbf{R} \tan \frac{A}{2} \cos^{2} \frac{A}{2}} \\ &= \frac{(\mathbf{s}^{2} + 4\mathbf{R}\mathbf{r} + \mathbf{r}^{2})(4\mathbf{R} + \mathbf{r})}{4\mathbf{R}\mathbf{r}\mathbf{s}} - \frac{\mathbf{s}}{4\mathbf{R}} \cdot \frac{\mathbf{s}^{2} + (4\mathbf{R} + \mathbf{r})^{2}}{\mathbf{s}^{2}} = \frac{4\mathbf{R}\mathbf{s}^{2}}{4\mathbf{R}\mathbf{r}\mathbf{s}} \\ &\Rightarrow \sum_{\text{cyc}} \left(\left(\frac{1}{b} + \frac{1}{c}\right) \mathbf{r}_{a} \right) = \frac{\mathbf{s}}{\mathbf{r}} \to \mathbf{1} \\ &\text{Now,} \sum_{\text{cyc}} \left(\left(\frac{1}{b} + \frac{1}{c}\right) \mathbf{h}_{a} \right) = \sum_{\text{cyc}} \left(\left(\frac{\mathbf{b} + \mathbf{c}}{\mathbf{b}\mathbf{c}}\right) \left(\frac{\mathbf{b}\mathbf{c}}{\mathbf{b}\mathbf{c}}\right) \right) = \frac{4\mathbf{s}}{2\mathbf{R}} \Rightarrow \sum_{\text{cyc}} \left(\left(\frac{1}{b} + \frac{1}{c}\right) \mathbf{h}_{a} \right) = \frac{2\mathbf{s}}{\mathbf{R}} \\ &\leq \mathbf{s} \cdot \mathbf{s} \\ &\leq \mathbf{s} \cdot \mathbf{s} \cdot$$