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In any ΔABC , the following relationship holds :

$$\frac{27r}{2Rp} \leq \sum_{cyc} \frac{\sin^3 B + \sin^3 C}{r_a} \leq \frac{27R^2}{16r^2p}$$

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For own convenience, $s \equiv p$

$$\begin{aligned} \sum_{cyc} a^4 &= 2 \sum_{cyc} a^2 b^2 - 16r^2 s^2 = 2(s^2 + 4Rr + r^2)^2 - 32Rrs^2 - 16r^2 s^2 \\ &= 2s^4 - (16Rr + 12r^2)s^2 + 2r^2(4R + r)^2 \stackrel{\text{Gerretsen}}{\leq} (8R^2 + 8Rr + 6r^2)s^2 \\ &\quad - (16Rr + 12r^2)s^2 + 2r^2(4R + r)^2 = (8R^2 - 8Rr - 6r^2)s^2 + 2r^2(4R + r)^2 \\ &\stackrel{\text{Gerretsen}}{\leq} (8R^2 - 8Rr - 6r^2)(4R^2 + 4Rr + 3r^2) + 2r^2(4R + r)^2 \stackrel{?}{\leq} 54R^3(R - r) \\ &\Leftrightarrow 11t^4 - 27t^3 + 16t + 8 \geq 0 \left(t = \frac{R}{r} \right) \\ &\Leftrightarrow (t - 2) \left((t - 2)(11t^2 + 17t + 24) + 44 \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \\ \Rightarrow \sum_{cyc} a^4 &\leq 54R^3(R - r) \text{ and } \sum_{cyc} \frac{\sin^3 B + \sin^3 C}{r_a} = \frac{1}{8R^3rs} \cdot \sum_{cyc} ((b^3 + c^3)(s - a)) \\ &= \frac{1}{8R^3rs} \cdot \sum_{cyc} \left(\left(\sum_{cyc} a^3 - a^3 \right) (s - a) \right) \\ &= \frac{1}{8R^3rs} \cdot \left(\left(\sum_{cyc} a^3 \right) \left(\sum_{cyc} (s - a) \right) - s \sum_{cyc} a^3 + \sum_{cyc} a^4 \right) \leq \frac{54R^3(R - r)}{8R^3rs} \stackrel{?}{\leq} \frac{27R^2}{16r^2s} \\ &\Leftrightarrow R^2 \stackrel{?}{\geq} 4r(R - r) \Leftrightarrow (R - 2r)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore \sum_{cyc} \frac{\sin^3 B + \sin^3 C}{r_a} \leq \frac{27R^2}{16r^2p} \\ \text{Again, } \sum_{cyc} \frac{\sin^3 B + \sin^3 C}{r_a} &= \frac{1}{8R^3rs} \cdot \sum_{cyc} ((b^3 + c^3)(s - a)) \\ &= \frac{1}{8R^3rs} \cdot \sum_{cyc} \left(\left(\sum_{cyc} a^3 - a^3 \right) (s - a) \right) \\ &= \frac{1}{8R^3rs} \cdot \left(\left(\sum_{cyc} a^3 \right) \left(\sum_{cyc} (s - a) \right) - s \sum_{cyc} a^3 + \sum_{cyc} a^4 \right) = \frac{1}{8R^3rs} \cdot \sum_{cyc} a^4 \end{aligned}$$

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$$\begin{aligned} &\geq \frac{1}{8R^3rs} \cdot \frac{1}{3} \left(\sum_{\text{cyc}} a^2 \right)^2 \geq \frac{1}{8R^3rs} \cdot \frac{1}{3} \left(\frac{1}{3} \left(\sum_{\text{cyc}} a \right)^2 \right)^2 = \frac{1}{8R^3rs} \cdot \frac{1}{3} \left(\frac{4s^2}{3} \right)^2 \\ &\stackrel{\text{Gerretsen + Euler}}{\geq} \frac{1}{8R^3rs} \cdot \frac{1}{3} \left(\frac{2 \cdot 27Rr}{3} \right)^2 = \frac{108R^2r^2}{8R^3rs} = \frac{27r}{2Rs} \therefore \sum_{\text{cyc}} \frac{\sin^3 B + \sin^3 C}{r_a} \geq \frac{27r}{2Rp} \\ &\therefore \frac{27r}{2Rp} \leq \sum_{\text{cyc}} \frac{\sin^3 B + \sin^3 C}{r_a} \leq \frac{27R^2}{16r^2p} \forall \Delta ABC, '' = '' \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$