

**In any  $\Delta ABC$ , the following relationship holds :**

$$12 \leq \sum_{\text{cyc}} \frac{(h_a + h_b)(h_a + h_c)}{h_b h_c} \leq \frac{3R^2}{r^2}$$

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$$\begin{aligned} \sum_{\text{cyc}} \frac{(h_a + h_b)(h_a + h_c)}{h_b h_c} &= \sum_{\text{cyc}} \frac{(bc + ca)(bc + ab)}{ca \cdot ab} = \sum_{\text{cyc}} \frac{(a + b)(c + a)}{a^2} \\ &= \sum_{\text{cyc}} \frac{a^2 + \sum_{\text{cyc}} ab}{a^2} = 3 + \frac{1}{16R^2 r^2 s^2} \left( \sum_{\text{cyc}} ab \right) \left( \sum_{\text{cyc}} a^2 b^2 \right) \\ &\geq 3 + \frac{1}{48R^2 r^2 s^2} \left( \sum_{\text{cyc}} ab \right) \left( \sum_{\text{cyc}} ab \right)^2 \stackrel{\text{via } (*)}{\geq} 3 + \frac{24Rrs^2}{48R^2 r^2 s^2} (s^2 + 4Rr + r^2) \\ &= \frac{s^2 + 10Rr + r^2}{2Rr} \stackrel{\text{Gerretsen}}{\geq} \frac{16Rr - 5r^2 + 10Rr + r^2}{2Rr} = \frac{26Rr - 4r^2}{2Rr} \stackrel{\text{Euler}}{\geq} \frac{26Rr - 2Rr}{2Rr} \\ &= 12 \sum_{\text{cyc}} \frac{(h_a + h_b)(h_a + h_c)}{h_b h_c} \geq 12 \end{aligned}$$

$$\begin{aligned} \text{Again, } \sum_{\text{cyc}} \frac{(h_a + h_b)(h_a + h_c)}{h_b h_c} &= \sum_{\text{cyc}} \frac{(a + b)(c + a)}{a^2} \leq \sum_{\text{cyc}} \frac{(a + b)(c + a)}{4(s - b)(s - c)} \\ &= \frac{2s(s^2 + 2Rr + r^2)}{4r^2 s} \cdot \sum_{\text{cyc}} \frac{s - a}{(b + c)} = \frac{s^2 + 2Rr + r^2}{2r^2} \cdot \sum_{\text{cyc}} \frac{2s - a - s}{(b + c)} \\ &= \frac{s^2 + 2Rr + r^2}{2r^2} \cdot \left( 3 - s \sum_{\text{cyc}} \frac{1}{b + c} \right) \stackrel{\text{Bergstrom}}{\leq} \frac{s^2 + 2Rr + r^2}{2r^2} \cdot \left( 3 - \frac{9s}{4s} \right) \stackrel{\text{Gerretsen}}{\leq} \\ &\frac{4R^2 + 6Rr + 4r^2}{2r^2} \cdot \frac{3}{4} \stackrel{\text{Euler}}{\leq} \frac{4R^2 + 3R^2 + R^2}{2r^2} \cdot \frac{3}{4} \therefore \sum_{\text{cyc}} \frac{(h_a + h_b)(h_a + h_c)}{h_b h_c} \leq \frac{3R^2}{r^2} \\ \therefore 12 &\leq \sum_{\text{cyc}} \frac{(h_a + h_b)(h_a + h_c)}{h_b h_c} \leq \frac{3R^2}{r^2} \end{aligned}$$

$\forall \Delta ABC, "=" \text{ iff } \Delta ABC \text{ is equilateral (QED)}$