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In $\triangle ABC$ the following relationship holds:

$$\sum \sqrt[3]{\frac{3r}{r_a}} \geq \frac{16r}{R} - 5$$

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Solution by Tapas Das-India

$$\begin{aligned} \sqrt[3]{\frac{3r}{r_a}} &= \sqrt[3]{\frac{3r}{r_a}} \cdot 1 \cdot 1 \stackrel{GM \geq HM}{\geq} \frac{3}{\frac{1}{\frac{3r}{r_a}} + \frac{1}{1} + \frac{1}{1}} = \frac{3}{\frac{r_a}{3r} + 2} \quad (1) \\ \sum \sqrt[3]{\frac{3r}{r_a}} &\stackrel{(1)}{\geq} \sum \frac{3}{\frac{r_a}{3r} + 2} = 3 \sum \frac{1^2}{\frac{r_a}{3r} + 2} \stackrel{Bergstrom}{\geq} \frac{3(1+1+1)^2}{\frac{1}{3r}(r_a+r_b+r_c) + 6} = \\ &= \frac{27}{\frac{4R+r}{3r} + 6} = \frac{81r}{4R+r+18r} = \frac{81r}{4R+19r} \stackrel{EULER}{\geq} \frac{81r}{4R + \frac{19R}{2}} = \\ &= 81r \cdot \frac{2}{27R} = \frac{6r}{R} = \frac{16r}{R} - \frac{10r}{R} \stackrel{EULER}{\geq} \frac{16r}{R} - 10 \cdot \frac{1}{2} = \frac{16r}{R} - 5 \end{aligned}$$

Equality holds for the equilateral triangle.