

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\sum h_a \sum \frac{1}{r_a} \leq \sum r_a \sum \frac{1}{h_a}$$

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Solution by Tapas Das-India

$$\text{We know that } \sum \frac{1}{h_a} = \sum \frac{1}{r_a} = \frac{1}{r} \quad (1)$$

We need to show

$$\sum h_a \sum \frac{1}{r_a} \leq \sum r_a \sum \frac{1}{h_a} \text{ or, } \sum h_a \stackrel{(1)}{\leq} \sum r_a$$

$$\text{or } \sum m_a \stackrel{m_a \geq h_a}{\leq} .4R + r$$

(which is true by Leunberger inequality)

Equality holds for equilateral triangle