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In $\triangle ABC$ the following relationship holds:

$$\sum \left(a^{8n} + \frac{1}{a^{4n}} \right) \geq 6 \left(\frac{4F}{\sqrt{3}} \right)^n, n \in \mathbb{N}$$

Proposed by Marin Chirciu-Romania

Solution by Tapas Das-India

$$\begin{aligned} \sum \left(a^{8n} + \frac{1}{a^{4n}} \right) &\stackrel{AM-GM}{\geq} \sum 2 \sqrt{a^{8n} \cdot \frac{1}{a^{4n}}} = 2 \sum a^{2n} \stackrel{AM-GM}{\geq} \\ &\geq 6 \sqrt[3]{((abc)^2)^n} \stackrel{Carlitz}{\geq} 6 \left(\left(\frac{4F}{\sqrt{3}} \right)^3 \right)^{\frac{n}{3}} = 6 \left(\frac{4F}{\sqrt{3}} \right)^n \end{aligned}$$

Equality holds for $a = b = c$