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In any ΔABC the following relationship holds :

$$12r^2 \leq \sum_{\text{cyc}} \frac{a^4}{4s(s-a)} \leq \frac{4(R^3 - 5r^3)}{r}$$

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$$\begin{aligned} \sum_{\text{cyc}} \frac{a^4}{s(s-a)} &= \sum_{\text{cyc}} \frac{(s-(s-a))^4}{s(s-a)} = \\ &= \sum_{\text{cyc}} \frac{s^4 + (s-a)^4 - 4s^3(s-a) - 4s(s-a)^3 + 6s^2(s-a)^2}{s(s-a)} \\ &= \frac{s^3(4Rr + r^2)}{r^2s} + \frac{1}{s} \cdot \left(\left(\sum_{\text{cyc}} (s-a) \right)^3 - 3abc \right) - 12s^2 \\ &\quad - 4 \left(\left(\sum_{\text{cyc}} (s-a) \right)^2 - 2 \sum_{\text{cyc}} (s-b)(s-c) \right) + 6s \cdot \sum_{\text{cyc}} (s-a) \\ &= \frac{s^2(4R+r)}{r} + s^2 - 12Rr - 12s^2 - 4s^2 + 8(4Rr + r^2) + 6s^2 \\ &= \frac{s^2(4R+r)}{r} - 9s^2 + 20Rr + 8r^2 \\ \therefore \sum_{\text{cyc}} \frac{a^4}{s(s-a)} &= \frac{s^2(4R-8r) + r^2(20R+8r)}{r} \rightarrow \textcircled{1} \end{aligned}$$

Via $\textcircled{1}$ and Gerretsen, $\sum_{\text{cyc}} \frac{a^4}{s(s-a)} \leq \frac{(4R-8r)(4R^2+4Rr+3r^2) + r^2(20R+8r)}{r}$

$$\stackrel{?}{\leq} \frac{16(R^3-5r^3)}{r} \Leftrightarrow 16r(R^2-4r^2) \stackrel{?}{\geq} 0 \rightarrow \text{true via Euler}$$

$$\therefore \sum_{\text{cyc}} \frac{a^4}{4s(s-a)} \leq \frac{4(R^3-5r^3)}{r}$$

Via $\textcircled{1}$ and Gerretsen, $\sum_{\text{cyc}} \frac{a^4}{s(s-a)} \geq \frac{(4R-8r)(16Rr-5r^2) + r^2(20R+8r)}{r}$

$$\stackrel{?}{\geq} 48r^2 \Leftrightarrow 64R(R-2r) \stackrel{?}{\geq} 0 \rightarrow \text{true via Euler} \therefore \sum_{\text{cyc}} \frac{a^4}{4s(s-a)} \geq 12r^2 \text{ and so,}$$

$$12r^2 \leq \sum_{\text{cyc}} \frac{a^4}{4s(s-a)} \leq \frac{4(R^3-5r^3)}{r} \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$