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In any ΔABC , the following relationship holds :

$$\frac{18R^2}{s} \leq \sum_{\text{cyc}} \frac{a^3}{s(s-a)} \leq \frac{8(2R^3 - 7r^3)}{sr}$$

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 \sum_{\text{cyc}} \frac{a^3}{s(s-a)} &= \sum_{\text{cyc}} \frac{(s-(s-a))^3}{s(s-a)} = \\
 &= \sum_{\text{cyc}} \frac{s^3 - (s-a)^3 - 3s^2(s-a) + 3s(s-a)^2}{s(s-a)} = \\
 &= \frac{s^2(4Rr + r^2)}{r^2s} - \frac{1}{s} \cdot \left(\left(\sum_{\text{cyc}} (s-a) \right)^2 - 2 \sum_{\text{cyc}} (s-b)(s-c) \right) - 9s + 3 \sum_{\text{cyc}} (s-a) \\
 &= \frac{s(4R+r)}{r} - s + \frac{2(4Rr+r^2)}{s} - 6s \\
 \therefore \sum_{\text{cyc}} \frac{a^3}{s(s-a)} &= \frac{s^2(4R-6r) + r^2(8R+2r)}{rs} \rightarrow \textcircled{1}
 \end{aligned}$$

Via $\textcircled{1}$ and Gerretsen, $\sum_{\text{cyc}} \frac{a^3}{s(s-a)} \leq \frac{(4R-6r)(4R^2+4Rr+3r^2) + r^2(8R+2r)}{rs}$

$$\stackrel{?}{\leq} \frac{8(2R^3-7r^3)}{sr} \Leftrightarrow 4r(2R^2+Rr-10r^2) \stackrel{?}{\geq} 0 \Leftrightarrow 4r(R-2r)(2R+5r) \stackrel{?}{\geq} 0$$

\rightarrow true via Euler $\therefore \sum_{\text{cyc}} \frac{a^3}{s(s-a)} \leq \frac{8(2R^3-7r^3)}{sr}$

Via $\textcircled{1}$ and Gerretsen, $\sum_{\text{cyc}} \frac{a^3}{s(s-a)} \geq \frac{(4R-6r)(16Rr-5r^2) + r^2(8R+2r)}{rs}$

$$\stackrel{?}{\geq} \frac{18R^2}{s} \Leftrightarrow 23R^2 - 54Rr + 16r^2 \stackrel{?}{\geq} 0 \Leftrightarrow (R-2r)(23R-8r) \stackrel{?}{\geq} 0 \rightarrow$$
 true via Euler

$\therefore \sum_{\text{cyc}} \frac{a^3}{s(s-a)} \geq \frac{18R^2}{s}$ and so, $\frac{18R^2}{s} \leq \sum_{\text{cyc}} \frac{a^3}{s(s-a)} \leq \frac{8(2R^3-7r^3)}{sr}$

$\forall \Delta ABC, ''='' \text{ iff } \Delta ABC \text{ is equilateral (QED)}$