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In any ΔABC , the following relationship holds :

$$\sum_{\text{cyc}} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2}} + \frac{R^3}{r^3} \geq 8 + \max \left\{ \sum_{\text{cyc}} \sqrt{\frac{a}{b+c}}, \sum_{\text{cyc}} \sqrt{\frac{w_a^2}{w_b^2 + w_c^2}} \right\}$$

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$$\begin{aligned} \sum_{\text{cyc}} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2}} &\stackrel{\text{Panaïtopol}}{\geq} \sum_{\text{cyc}} \sqrt{\frac{4r^2}{R^2} \cdot \frac{h_a^2}{h_b^2 + h_c^2}} = \sum_{\text{cyc}} \sqrt{\frac{4r^2}{R^2} \cdot \frac{b^2 c^2}{a^2 (b^2 + c^2)}} \\ &\stackrel{\text{Bandila}}{\geq} \sum_{\text{cyc}} \sqrt{\frac{4r^2}{R^2} \cdot \frac{b^2 c^2}{a^2 \cdot \frac{R}{r} \cdot bc}} = \sum_{\text{cyc}} \sqrt{\frac{4r^3}{R^3} \cdot \frac{bc}{a^2}} \stackrel{\text{A-G}}{\geq} 3 \cdot \sqrt{\frac{4r^3}{R^3} \cdot \prod_{\text{cyc}} \frac{bc}{a^2}} \\ &\therefore \sum_{\text{cyc}} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2}} \geq 3 \cdot \sqrt{\frac{4r^3}{R^3}} \rightarrow (1) \end{aligned}$$

Now, via Power – Mean Inequality, $\left(\frac{\sum_{\text{cyc}} x^{2023}}{3} \right)^{\frac{1}{2023}} \leq \frac{\sum_{\text{cyc}} x}{3}$

$$\Rightarrow \sum_{\text{cyc}} x^{2023} \leq 3 \cdot \sqrt[2023]{\frac{\sum_{\text{cyc}} x}{3}} \rightarrow (i)$$

$$\begin{aligned} r_b + r_c &= s \left(\frac{\sin \frac{B}{2}}{\cos \frac{B}{2}} + \frac{\sin \frac{C}{2}}{\cos \frac{C}{2}} \right) = \frac{s \sin \left(\frac{B+C}{2} \right) \cos \frac{A}{2}}{\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}} = \frac{s \cos^2 \frac{A}{2}}{\left(\frac{s}{4R} \right)} = 4R \cos^2 \frac{A}{2} \\ \therefore r_b + r_c &\stackrel{(i)}{=} 4R \cos^2 \frac{A}{2} \end{aligned}$$

$$\begin{aligned} \text{Now, } (b+c)^2 &\stackrel{?}{\geq} 32Rr \cos^2 \frac{A}{2} \stackrel{\text{via (i)}}{=} 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right) \\ &= 8(s-a)(s-b)(s-c) \frac{a}{(s-b)(s-c)} = 4a(b+c-a) \end{aligned}$$

$$\Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow (b+c-2a)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore b+c \geq \sqrt{32Rr} \cdot \cos \frac{A}{2} \text{ and analogs} \rightarrow (ii)$$

We have: $\frac{w_a}{h_a} = \frac{2bc \cos \frac{A}{2} \cdot a}{2rs} \stackrel{\text{via (ii)}}{\leq} \frac{2 \cdot 4Rrs \cdot \cos \frac{A}{2}}{2rs \cdot 4 \cdot \sqrt{2Rr} \cdot \cos \frac{A}{2}} \Rightarrow w_a^2 \leq \frac{R}{2r} \cdot h_a^2$ and analogs

$$\begin{aligned} \Rightarrow \sum_{\text{cyc}} \sqrt{\frac{w_a^2}{w_b^2 + w_c^2}} &\stackrel{\text{via (i)}}{\leq} 3 \cdot \sqrt{\frac{\sum_{\text{cyc}} \frac{w_a^2}{w_b^2 + w_c^2}}{3}} \stackrel{\text{Reverse Bergstrom}}{\leq} 3 \cdot \sqrt{\frac{1}{12} \sum_{\text{cyc}} \left(\frac{w_a^2}{w_b^2} + \frac{w_a^2}{w_c^2} \right)} \\ &\leq 3 \cdot \sqrt{\frac{1}{12} \cdot \frac{R}{2r} \cdot \sum_{\text{cyc}} \left(\frac{h_a^2}{h_b^2} + \frac{h_a^2}{h_c^2} \right)} = 3 \cdot \sqrt{\frac{R}{24r} \sum_{\text{cyc}} \left(\frac{b^2}{c^2} + \frac{c^2}{b^2} \right)} \end{aligned}$$

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Bandila $\leq 3 \cdot \sqrt[2023]{\frac{R}{24r} \sum_{cyc} \left(\frac{R^2}{r^2} - 2 \right)} \therefore \sum_{cyc} \sqrt[2023]{\frac{w_a^2}{w_b^2 + w_c^2}} \leq 3 \cdot \sqrt[2023]{\frac{R}{8r} \left(\frac{R^2}{r^2} - 2 \right)} \rightarrow (2)$

Also, $\sum_{cyc} \sqrt[2023]{\frac{a}{b+c}} \leq \sum_{cyc} \sqrt[2023]{\frac{4R \cos \frac{A}{2} \sin \frac{A}{2}}{4 \cdot \sqrt{2Rr} \cdot \cos \frac{A}{2}}} = \sqrt[2023]{\frac{R}{2r}} \cdot \sum_{cyc} \sqrt[2023]{\sin \frac{A}{2}}$

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 $\leq 3 \cdot \sqrt[2023]{\frac{R}{2r}} \cdot \sqrt[2023]{\frac{1}{2}}$

$\left(\therefore f(x) = \sqrt[2023]{\sin \frac{x}{2}} \forall x \in (0, \pi) \Rightarrow f''(x) = \frac{2022 + \sin^2 \frac{x}{2}}{16370116 \left(\sin \frac{x}{2} \right)^{\frac{4045}{2023}}} < 0 \right)$

$\therefore \sum_{cyc} \sqrt[2023]{\frac{a}{b+c}} \leq 3 \cdot \sqrt[2023]{\frac{R}{2r} \cdot \frac{1}{2}} \rightarrow (3) \therefore (1) \text{ and } (2) \Rightarrow \text{in order to prove :}$

$\sum_{cyc} \sqrt[2023]{\frac{m_a^2}{m_b^2 + m_c^2}} + \frac{R^3}{r^3} - 8 \geq \sum_{cyc} \sqrt[2023]{\frac{w_a^2}{w_b^2 + w_c^2}}$, it suffices to prove :

$3 \cdot \sqrt[2023]{\frac{4r^3}{R^3} + \frac{R^3}{r^3} - 8} \geq 3 \cdot \sqrt[2023]{\frac{R}{8r} \left(\frac{R^2}{r^2} - 2 \right)}$

$\Leftrightarrow t^3 - 8 + 3 \cdot \sqrt[2023]{\frac{4}{t^3} - 3} \cdot \sqrt[2023]{\frac{t}{8} (t^2 - 2)} \stackrel{(*)}{\geq} 0 \left(t = \frac{R}{r} \right)$

Let $F(t) = t^3 - 8 + 3 \cdot \sqrt[2023]{\frac{4}{t^3} - 3} \cdot \sqrt[2023]{\frac{t}{8} (t^2 - 2)} \forall t \geq 2$ and then :

$F'(t) = 3t^2 - \frac{6t^{\frac{2024}{2023}}}{2023 \cdot \sqrt[2023]{8} \cdot (t^2 - 2)^{\frac{2022}{2023}}} - \frac{3 \cdot \sqrt[2023]{t^2 - 2}}{2023 \cdot \sqrt[2023]{8} \cdot t^{\frac{2022}{2023}}} - \frac{9 \cdot \sqrt[2023]{4}}{2023 t^{\frac{2026}{2023}}} \rightarrow (7)$

Now, $t^2 (t^2 - 2)^{\frac{2022}{2023}} \cdot \sqrt[2023]{8} \stackrel{\text{Euler}}{\geq} t^2 \cdot 2^{\frac{2022}{2023}} \cdot 2023 \cdot 2^{\frac{3}{2023}}$

$= t^2 \cdot \left(2023 \cdot 2^{\frac{2025}{2023}} \right)^{t \geq 2} > \frac{6t^{\frac{2024}{2023}}}{t^{\frac{2022}{2023}} \cdot (6)} \Rightarrow t^2 > \frac{6t^{\frac{2024}{2023}}}{2023 \cdot \sqrt[2023]{8} \cdot (t^2 - 2)^{\frac{2022}{2023}}} \rightarrow (*)$

Again, $t^2 \cdot 2023 \cdot \sqrt[2023]{8} \cdot t^{\frac{2022}{2023}} = t^{\frac{6068}{2023}} \cdot (2023 \cdot \sqrt[2023]{8}) > \sqrt[2023]{t^2 - 2} \cdot (3)$

$\left(\therefore t^{\frac{6068}{2023}} > t^{\frac{2}{2023}} \Rightarrow t^{\frac{6068}{2023}} > \sqrt[2023]{t^2 - 2} \text{ and } 2023 \cdot \sqrt[2023]{8} > 3 \cdot 2023 \right)$

$\Rightarrow 2023 \cdot \sqrt[2023]{8} > 3$

$\Rightarrow t^2 > \frac{3 \cdot \sqrt[2023]{t^2 - 2}}{2023 \cdot \sqrt[2023]{8} \cdot t^{\frac{2022}{2023}}} \rightarrow (**)$

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Also, $t^2 \cdot 2023 t^{\frac{2026}{2023}} > 2023 > 9 \cdot \sqrt[2023]{4} \therefore t^2 > \frac{9 \cdot \sqrt[2023]{4}}{2023 t^{\frac{2026}{2023}}} \rightarrow (\dots)$

$\therefore (\bullet) + (\bullet\bullet) + (\dots) \Rightarrow$ LHS of (2) is true $\Rightarrow F'(t) > 0 \forall t \geq 2 \Rightarrow F(t)$ is \uparrow on $[2, \infty)$
 $\Rightarrow F(t) \geq F(2) = 0 \Rightarrow (*)$ is true

$$\therefore \sum_{\text{cyc}}^{2023} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2} + \frac{R^3}{r^3}} - 8 \stackrel{(\blacksquare)}{\geq} \sum_{\text{cyc}}^{2023} \sqrt{\frac{w_a^2}{w_b^2 + w_c^2}}$$

Again, (1) and (3) \Rightarrow in order to prove : $\sum_{\text{cyc}}^{2023} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2} + \frac{R^3}{r^3}} - 8$

$\geq \sum_{\text{cyc}}^{2023} \sqrt{\frac{a}{b+c}}$, it suffices to prove : $3 \cdot \sqrt{\frac{4r^3}{R^3} + \frac{R^3}{r^3}} - 8 \geq 3 \cdot \sqrt{\frac{R}{2r} \cdot \frac{1}{2}}$

$$\Leftrightarrow t^3 - 8 + 3 \cdot \sqrt{\frac{4}{t^3} - 3} \cdot \sqrt{\sqrt{t} \cdot \frac{1}{2}} \stackrel{(**)}{\geq} 0$$

Let $P(t) = t^3 - 8 + 3 \cdot \sqrt{\frac{4}{t^3} - 3} \cdot \sqrt{\sqrt{t} \cdot \frac{1}{2}} \forall t \geq 2$ and then :

$$P'(t) = 3t^2 - \frac{4049}{2023 \cdot 2^{\frac{4046}{2023}} \cdot t^{\frac{4045}{2023}}} - \frac{9 \cdot \sqrt[2023]{4}}{2023 \cdot t^{\frac{2026}{2023}}} \rightarrow (22)$$

Now, $t^2 \cdot 2023 \cdot 2^{\frac{4049}{4046}} \cdot t^{\frac{4045}{4046}} = t^{2 + \frac{4045}{4046}} \cdot (2023 \cdot 2^{\frac{4049}{4046}})^{t \geq 2} > 2023 \cdot 2^{\frac{4049}{4046}} > 3$

$$\Rightarrow t^2 > \frac{3}{2023 \cdot 2^{\frac{4049}{4046}} \cdot t^{\frac{4045}{4046}}} \rightarrow (\dots)$$

Also, $t^2 \cdot 2023 \cdot t^{\frac{2026}{2023}} = t^{2 + \frac{2026}{2023}} \cdot (2023)^{t \geq 2} > 2023 > 9 \cdot \sqrt[2023]{4} \Rightarrow t^2 > \frac{9 \cdot \sqrt[2023]{4}}{2023 \cdot t^{\frac{2026}{2023}}}$

$\rightarrow (\dots\dots) \therefore (\dots\dots) + (\dots\dots) \Rightarrow$ LHS of (22) is true $\Rightarrow P'(t) > 0 \forall t \geq 2$
 $\Rightarrow P(t)$ is \uparrow on $[2, \infty) \Rightarrow P(t) \geq P(2) = 0 \Rightarrow (**)$ is true

$$\therefore \sum_{\text{cyc}}^{2023} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2} + \frac{R^3}{r^3}} - 8 \stackrel{(\blacksquare\blacksquare)}{\geq} \sum_{\text{cyc}}^{2023} \sqrt{\frac{a}{b+c}} \therefore (\blacksquare)(\blacksquare\blacksquare) \Rightarrow$$

$$\sum_{\text{cyc}}^{2023} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2} + \frac{R^3}{r^3}} - 8 \geq \max \left\{ \sum_{\text{cyc}}^{2023} \sqrt{\frac{a}{b+c}}, \sum_{\text{cyc}}^{2023} \sqrt{\frac{w_a^2}{w_b^2 + w_c^2}} \right\}$$

$$\Rightarrow \sum_{\text{cyc}}^{2023} \sqrt{\frac{m_a^2}{m_b^2 + m_c^2} + \frac{R^3}{r^3}} \geq 8 + \max \left\{ \sum_{\text{cyc}}^{2023} \sqrt{\frac{a}{b+c}}, \sum_{\text{cyc}}^{2023} \sqrt{\frac{w_a^2}{w_b^2 + w_c^2}} \right\}$$

$\forall \Delta ABC, '' = ''$ iff ΔABC is equilateral (QED)