

In any ΔABC , the following relationship holds :

$$\sqrt[3]{\frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3} + \frac{R^3 - 8r^3}{r^3}} \geq \frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^4}{b^4 + c^4}$$

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$$\begin{aligned} \frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^4}{b^4 + c^4} &\stackrel{\text{A-G}}{\leq} \frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^4}{bc(b^2 + c^2)} = \frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^2 (\sum_{\text{cyc}} a^2 - (b^2 + c^2))}{bc(b^2 + c^2)} \\ &= \frac{2}{3} \cdot \left(\left(\sum_{\text{cyc}} a^2 \right) \left(\sum_{\text{cyc}} \frac{a^2}{bc(b^2 + c^2)} \right) - \frac{1}{4Rrs} \cdot \sum_{\text{cyc}} a^3 \right) \\ &\stackrel{\text{A-G}}{\leq} \frac{2}{3} \cdot \left((s^2 - 4Rr - r^2) \left(\sum_{\text{cyc}} \frac{a^2}{b^2 c^2} \right) - \frac{2s(s^2 - 6Rr - 3r^2)}{4Rrs} \right) \\ &= \frac{2}{3} \cdot \left(\left(\frac{s^2 - 4Rr - r^2}{16R^2 r^2 s^2} \right) \left(2 \sum_{\text{cyc}} a^2 b^2 - 16r^2 s^2 \right) - \frac{s^2 - 6Rr - 3r^2}{2Rr} \right) \\ &\stackrel{\text{Goldstone}}{\leq} \frac{2}{3} \cdot \left(\left(\frac{s^2 - 4Rr - r^2}{16R^2 r^2 s^2} \right) (8R^2 s^2 - 16r^2 s^2) - \frac{s^2 - 6Rr - 3r^2}{2Rr} \right) \\ &= \frac{1}{3} \cdot \left(\frac{(s^2 - 4Rr - r^2)(R^2 - 2r^2) - Rr(s^2 - 6Rr - 3r^2)}{R^2 r^2} \right) \\ &= \frac{(R^2 - Rr - 2r^2)s^2 - (4Rr + r^2)(R^2 - 2r^2) + Rr(6Rr + 3r^2)}{3R^2 r^2} \\ &\stackrel{\text{Gerretsen}}{\leq} \frac{(R^2 - Rr - 2r^2)(4R^2 + 4Rr + 3r^2) - (4Rr + r^2)(R^2 - 2r^2) + Rr(6Rr + 3r^2)}{3R^2 r^2} \\ &\quad \left(\because R^2 - Rr - 2r^2 = (R - 2r)(R + r) \stackrel{\text{Euler}}{\geq} 0 \right) \stackrel{?}{\leq} \frac{R^3 - 7r^3}{r^3} \\ &\quad \Leftrightarrow 3t^5 - 4t^4 + 4t^3 - 17t^2 + 4 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right) \\ &\quad \Leftrightarrow (t - 2) \left(3t^4 + 2t^3 + 7t^2 + \frac{t(t - 2) + t^2 - 4}{2} \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \\ &\quad \therefore \frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^4}{b^4 + c^4} \leq \frac{R^3 - 7r^3}{r^3} \rightarrow (1) \end{aligned}$$

Now, $\sqrt[3]{\frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3}} \stackrel{\text{Nesbitt}}{\geq} \sqrt[3]{\frac{2}{3} \cdot \frac{3}{2}} = 1 \therefore \sqrt[3]{\frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^3}{b^3 + c^3} + \frac{R^3 - 8r^3}{r^3}} \geq \frac{R^3 - 7r^3}{r^3}$

via (1) $\frac{2}{3} \cdot \sum_{\text{cyc}} \frac{a^4}{b^4 + c^4} \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$