ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\frac{n_a g_a}{m_a} + \frac{n_b g_b}{m_b} + \frac{n_c g_c}{m_c} \ge \frac{18r^2}{R}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Tapas Das-India

$$m_a^2 = s(s-a) + \frac{1}{4}(b-c)^2 \ and \ n_a^2 = s(s-a) + \frac{s(b-c)^2}{a} \\ \begin{bmatrix} Reference: Bogdan \ Fustei \ Mohamed \ Amine \ Ben \ Ajiba \\ ABOUT \ NAGEL'S \ GERGONNE'S CEVIANS \end{bmatrix}$$

$$\begin{split} n_a^2 - m_a^2 &= (b-c)^2 \left(\frac{s}{a} - \frac{1}{4}\right) = \frac{(b-c)^2 (4s-a)}{4a} \geq 0 \\ so \ n_a &\geq m_a \ or \frac{n_a}{m_a} \geq 1 \quad (1) \\ \frac{n_a g_a}{m_a} + \frac{n_b g_b}{m_b} + \frac{n_c g_c}{m_c} \stackrel{(1)}{\geq} g_a + g_b + g_c \geq h_a + h_b + h_c \stackrel{AM-HM}{\geq} \\ &\geq \frac{9}{\sum \frac{1}{h_a}} = \frac{9}{\frac{1}{r}} = 9r = \frac{9r^2}{r} \stackrel{Euler}{\geq} \frac{18r^2}{R} \\ &\qquad \qquad Equality \ holds \ for \ a = b = c \end{split}$$