

# ROMANIAN MATHEMATICAL MAGAZINE

**In any  $\Delta ABC$ , the following relationship holds :**

$$\frac{h_a + w_b}{m_a r_b} + \frac{h_b + w_c}{m_b r_c} + \frac{h_c + w_a}{m_c r_a} \geq \frac{8r}{R^2}$$

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$$\begin{aligned} & \frac{h_a + w_b}{m_a r_b} + \frac{h_b + w_c}{m_b r_c} + \frac{h_c + w_a}{m_c r_a} \geq \\ & \geq \frac{h_a}{m_a r_b} + \frac{h_b}{m_b r_c} + \frac{h_c}{m_c r_a} + \frac{h_b}{m_a r_b} + \frac{h_c}{m_b r_c} + \frac{h_a}{m_c r_a} \stackrel{A-G}{\geq} \\ & \geq 6 \sqrt[6]{\frac{(\prod_{cyc} h_a)^2}{(\prod_{cyc} m_a)^2 (\prod_{cyc} r_a)^2}} \stackrel{m_a m_b m_c \leq \frac{R s^2}{2}}{\geq} 6 \cdot \sqrt[3]{\frac{2r^2 s^2}{R \cdot \frac{R s^2}{2} \cdot r s^2}} \stackrel{\text{Mitrinovic}}{\geq} \\ & \geq 6 \cdot \sqrt[3]{\frac{2r^2 s^2}{R \cdot \frac{R s^2}{2} \cdot r \cdot \frac{27R^2}{4}}} = 2 \sqrt[3]{\frac{16r}{R^4}} \stackrel{?}{\geq} \frac{8r}{R^2} \\ \Leftrightarrow \frac{16r}{R^4} \stackrel{?}{\geq} \frac{64r^3}{R^6} & \Leftrightarrow R^2 \stackrel{?}{\geq} 4r^2 \rightarrow \text{true via Euler} \therefore \frac{h_a + w_b}{m_a r_b} + \frac{h_b + w_c}{m_b r_c} + \frac{h_c + w_a}{m_c r_a} \\ & \geq \frac{8r}{R^2} \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral} \end{aligned}$$

**Proof of  $m_a m_b m_c \leq \frac{R s^2}{2}$**

$$\begin{aligned} m_a^2 m_b^2 m_c^2 &= \frac{1}{64} (2b^2 + 2c^2 - a^2)(2c^2 + 2a^2 - b^2)(2a^2 + 2b^2 - c^2) \\ &= \frac{1}{64} \left( -4 \sum_{cyc} a^6 + 6 \left( \sum_{cyc} a^4 b^2 + \sum_{cyc} a^2 b^4 \right) + 3a^2 b^2 c^2 \right) \rightarrow (1) \\ \text{Now, } \sum_{cyc} a^6 &= \left( \sum_{cyc} a^2 \right)^3 - 3(a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \\ &= \left( \sum_{cyc} a^2 \right)^3 - 3 \left( 2a^2 b^2 c^2 + \sum_{cyc} \left( a^2 b^2 \left( \sum_{cyc} a^2 - c^2 \right) \right) \right) \\ &= \left( \sum_{cyc} a^2 \right)^3 + 3a^2 b^2 c^2 - 3 \left( \sum_{cyc} a^2 b^2 \right) \left( \sum_{cyc} a^2 \right) \end{aligned}$$

$$\therefore \sum_{\text{cyc}} a^6 = \left( \sum_{\text{cyc}} a^2 \right)^3 + 3a^2b^2c^2 - 3 \left( \sum_{\text{cyc}} a^2 b^2 \right) \left( \sum_{\text{cyc}} a^2 \right) \rightarrow (2)$$

$$\text{Also, } \sum_{\text{cyc}} a^4b^2 + \sum_{\text{cyc}} a^2b^4 = \sum_{\text{cyc}} \left( a^2b^2 \left( \sum_{\text{cyc}} a^2 - c^2 \right) \right) =$$

$$\left( \sum_{\text{cyc}} a^2 b^2 \right) \left( \sum_{\text{cyc}} a^2 \right) - 3a^2b^2c^2 \rightarrow (3) \therefore (1), (2), (3) \Rightarrow m_a^2 m_b^2 m_c^2$$

$$= \frac{1}{64} \left( -4 \left( \sum_{\text{cyc}} a^2 \right)^3 - 12a^2b^2c^2 + 12 \left( \sum_{\text{cyc}} a^2 b^2 \right) \left( \sum_{\text{cyc}} a^2 \right) \right. \\ \left. + 6 \left( \sum_{\text{cyc}} a^2 b^2 \right) \left( \sum_{\text{cyc}} a^2 \right) - 18a^2b^2c^2 + 3a^2b^2c^2 \right)$$

$$= \frac{1}{64} \left( -4 \left( \sum_{\text{cyc}} a^2 \right)^3 + 18 \left( \sum_{\text{cyc}} a^2 b^2 \right) \left( \sum_{\text{cyc}} a^2 \right) - 27a^2b^2c^2 \right)$$

$$= \frac{1}{64} \left( -4 \left( \sum_{\text{cyc}} a^2 \right)^3 + 18 \left( \left( \sum_{\text{cyc}} ab \right)^2 - 16Rrs^2 \right) \left( \sum_{\text{cyc}} a^2 \right) - 27a^2b^2c^2 \right)$$

$$= \frac{1}{64} \left( -32(s^2 - 4Rr - r^2)^3 + 36(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2)^2 \right. \\ \left. - 576Rrs^2(s^2 - 4Rr - r^2) - 432R^2r^2s^2 \right)$$

$$= \frac{1}{16} (s^6 - s^4(12Rr - 33r^2) - s^2(60R^2r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3)$$

$$\leq \frac{R^2s^4}{4} \Leftrightarrow$$

$$s^6 - s^4(4R^2 + 12Rr - 33r^2) - s^2(60R^2r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3 \stackrel{(*)}{\leq} 0$$

Now, LHS of  $(\bullet)$   $\stackrel{\text{Gerretsen}}{\leq} -s^4(8Rr - 36r^2) - s^2(60R^2r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3 \stackrel{?}{\leq} 0$

$$\Leftrightarrow s^4(8R - 16r) + s^2(60R^2r + 120Rr^2 + 33r^3) + r^2(4R + r)^3 \stackrel{?}{\stackrel{(\bullet\bullet)}{\geq}} 20rs^4$$

Now, LHS of  $(\bullet\bullet)$   $\stackrel{\text{Gerretsen}}{\geq} \underbrace{s^2(16Rr - 5r^2)(8R - 16r)}_{(*)}$

$+ s^2(60R^2r + 120Rr^2 + 33r^3) + r^2(4R + r)^3$  and

# ROMANIAN MATHEMATICAL MAGAZINE

RHS of  $(\bullet\bullet) \underbrace{\leq}_{(**) \text{ Gerretsen}} 20rs^2(4R^2 + 4Rr + 3r^2)$

$(*)$ ,  $(**)$   $\Rightarrow$  in order to prove  $(\bullet\bullet)$ , it suffices to prove :

$$s^2(16Rr - 5r^2)(8R - 16r) + s^2(60R^2r + 120Rr^2 + 33r^3) + r^2(4R + r)^3 \geq 20rs^2(4R^2 + 4Rr + 3r^2)$$

$$\Leftrightarrow s^2(108R^2 - 256Rr + 53r^2) + r(4R + r)^3 \geq 0$$

$$\Leftrightarrow s^2(108R^2 - 256Rr + 80r^2) + r(4R + r)^3 \stackrel{(\bullet\bullet\bullet)}{\geq} 27r^2s^2$$

Now, LHS of  $(\bullet\bullet\bullet) \underbrace{\geq}_{(***) \text{ Gerretsen}} (108R^2 - 256Rr + 80r^2)(16Rr - 5r^2) + r(4R + r)^3$

and RHS of  $(\bullet\bullet\bullet) \underbrace{\leq}_{(****) \text{ Gerretsen}} 27r^2(4R^2 + 4Rr + 3r^2)$

$(***)$ ,  $(****)$   $\Rightarrow$  in order to prove  $(\bullet\bullet\bullet)$ , it suffices to prove :

$$(108R^2 - 256Rr + 80r^2)(16Rr - 5r^2) + r(4R + r)^3 \geq 27r^2(4R^2 + 4Rr + 3r^2)$$

$$\Leftrightarrow 224t^3 - 587t^2 + 308t - 60 \geq 0 \quad \left( \text{where } t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t - 2)((t - 2)(224t + 309) + 648) \geq 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (\bullet\bullet\bullet) \Rightarrow (\bullet\bullet)$$

$$\Rightarrow (\bullet) \text{ is true} \Rightarrow m_a^2 m_b^2 m_c^2 \leq \frac{R^2 s^4}{4} \Rightarrow m_a m_b m_c \leq \frac{Rs^2}{2} \text{ (QED)}$$