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In any ΔABC , the following relationship holds :

$$\frac{h_a^2(h_a^2 + w_b m_c)}{(w_b + m_c)^2} + \frac{w_b^2(w_b^2 + m_c h_a)}{(m_c + h_a)^2} + \frac{m_c^2(m_c^2 + h_a w_b)}{(h_a + w_b)^2} \geq \frac{27r^2}{2}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution 1 by Soumava Chakraborty-Kolkata-India

Let $h_a = x, w_b = y$ and $m_c = z$ and then :

$$\begin{aligned} & \frac{h_a^2(h_a^2 + w_b m_c)}{(w_b + m_c)^2} + \frac{w_b^2(w_b^2 + m_c h_a)}{(m_c + h_a)^2} + \frac{m_c^2(m_c^2 + h_a w_b)}{(h_a + w_b)^2} \\ &= \sum_{\text{cyc}} \frac{x^2(x^2 + yz)}{(y+z)^2} = \sum_{\text{cyc}} \frac{x^4}{(y+z)^2} + xyz \sum_{\text{cyc}} \frac{x}{(y+z)^2} \\ & \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \left(\sum_{\text{cyc}} x^2 \right) \left(\sum_{\text{cyc}} \frac{x^2}{(y+z)^2} \right) + \frac{xyz}{3} \left(\sum_{\text{cyc}} \frac{1}{y+z} \right) \left(\sum_{\text{cyc}} \frac{x}{y+z} \right) \\ & \left(\because \text{WLOG assuming } x \geq y \geq z \Rightarrow x^2 \geq y^2 \geq z^2, \frac{x^2}{(y+z)^2} \geq \frac{y^2}{(z+x)^2} \geq \frac{z^2}{(x+y)^2} \cdot \right. \\ & \quad \left. \frac{1}{y+z} \geq \frac{1}{z+x} \geq \frac{1}{x+y} \text{ and } \frac{x}{y+z} \geq \frac{y}{z+x} \geq \frac{z}{x+y} \right) \end{aligned}$$

$$\stackrel{\text{Nesbitt and Bergstrom}}{\geq} \frac{1}{3} \left(\sum_{\text{cyc}} x^2 \right) \frac{1}{3} \left(\sum_{\text{cyc}} \frac{x}{y+z} \right)^2 + \frac{xyz}{3} \cdot \frac{9}{2 \sum_{\text{cyc}} x} \cdot \frac{3}{2} \stackrel{\text{Nesbitt}}{\geq}$$

$$\frac{1}{9} \left(\sum_{\text{cyc}} x^2 \right) \cdot \frac{9}{4} + \frac{9xyz}{4 \sum_{\text{cyc}} x} \stackrel{?}{\geq} \frac{3}{2} \cdot \sqrt[3]{x^2 y^2 z^2} \Leftrightarrow \boxed{\frac{\sum_{\text{cyc}} x^2}{2} + \frac{9xyz}{2 \sum_{\text{cyc}} x} \stackrel{?}{\geq} 3 \cdot \sqrt[3]{x^2 y^2 z^2}}$$

Assigning $y+z = X, z+x = Y, x+y = Z \Rightarrow X+Y-Z = 2z > 0, Y+Z-X = 2x > 0$ and $Z+X-Y = 2y > 0 \Rightarrow X+Y > Z, Y+Z > X, Z+X > Y \Rightarrow X, Y, Z$ form sides of a triangle with semiperimeter, circumradius and inradius = s, R, r (say)

yielding $2 \sum_{\text{cyc}} x = \sum_{\text{cyc}} X = 2s \Rightarrow \sum_{\text{cyc}} x = s \rightarrow (1) \Rightarrow x = s - X, y = s - Y,$

$z = s - Z$ and such substitutions $\Rightarrow xyz = (s-X)(s-Y)(s-Z)$
 $\Rightarrow xyz = r^2 s \rightarrow (2); \sum_{\text{cyc}} xy = \sum_{\text{cyc}} (s-X)(s-Y) \Rightarrow \sum_{\text{cyc}} xy = 4Rr + r^2 \rightarrow (3)$

and $\sum_{\text{cyc}} x^2 = \left(\sum_{\text{cyc}} x \right)^2 - 2 \sum_{\text{cyc}} xy \stackrel{\text{via (1) and (3)}}{=} s^2 - 2(4Rr + r^2)$

$\Rightarrow \sum_{\text{cyc}} x^2 = s^2 - 8Rr - 2r^2 \rightarrow (4) \therefore \text{via (1), (2) and (4), (*)} \Leftrightarrow$

$$\frac{s^2 - 8Rr - 2r^2}{2} + \frac{9r^2 s}{2s} \geq 3 \cdot \sqrt[3]{r^4 s^2} \Leftrightarrow \boxed{(s^2 - 8Rr + 7r^2)^3 - 216r^4 s^2 \stackrel{(**)}{\geq} 0}$$

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and $\because (s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (**), it suffices to prove :

$$\begin{aligned} & (s^2 - 8Rr + 7r^2)^3 - 216r^4s^2 \geq (s^2 - 16Rr + 5r^2)^3 \\ \Leftrightarrow & (24Rr + 6r^2)s^4 - r^2s^2(576R^2 - 144Rr + 144r^2) \\ & + r^3(3584R^3 - 2496R^2r + 24Rr^2 + 218r^3) \stackrel{(***)}{\geq} 0 \text{ and} \end{aligned}$$

$\therefore (24Rr + 6r^2)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (**), it suffices to prove : LHS of (***) $\geq (24Rr + 6r^2)(s^2 - 16Rr + 5r^2)^2$

$$\Leftrightarrow \boxed{(48R^2 + 24Rr - 51r^2)s^2 \stackrel{(***)}{\geq} r(640R^3 + 48R^2r - 96Rr^2 - 17r^3)}$$

Now, LHS of (***) $\stackrel{\text{Gerretsen}}{\geq} (48R^2 + 24Rr - 51r^2)(16Rr - 5r^2) \stackrel{?}{\geq} r(640R^3 + 48R^2r - 96Rr^2 - 17r^3) \Leftrightarrow 16t^3 + 12t^2 - 105t + 34 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$

$\Leftrightarrow (t - 2)(16t^2 + 44t - 17) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (***) \Rightarrow (***) \Rightarrow (**)$

$\Rightarrow (*)$ is true $\therefore \frac{h_a^2(h_a^2 + w_b m_c)}{(w_b + m_c)^2} + \frac{w_b^2(w_b^2 + m_c h_a)}{(m_c + h_a)^2} + \frac{m_c^2(m_c^2 + h_a w_b)}{(h_a + w_b)^2}$

$$\geq \frac{3}{2} \cdot \sqrt[3]{h_a^2 w_b^2 m_c^2} \geq \frac{3}{2} \cdot \sqrt[3]{h_a^2 h_b^2 h_c^2} = \frac{3}{2} \cdot \left(\sqrt[3]{\frac{2r^2 s^2}{R}} \right)^2 \stackrel{\text{Gerretsen}}{\geq}$$

$$\frac{3}{2} \cdot \left(\sqrt[3]{\frac{r^2 \cdot (27Rr + 5r(R - 2r))}{R}} \right)^2 \stackrel{\text{Euler}}{\geq} \frac{3}{2} \cdot \left(\sqrt[3]{\frac{r^2 \cdot 27Rr}{R}} \right)^2$$

$$\therefore \frac{h_a^2(h_a^2 + w_b m_c)}{(w_b + m_c)^2} + \frac{w_b^2(w_b^2 + m_c h_a)}{(m_c + h_a)^2} + \frac{m_c^2(m_c^2 + h_a w_b)}{(h_a + w_b)^2} \geq \frac{27r^2}{2},$$

$\forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

Let $x, y, z > 0$. We have

$$\begin{aligned} & \sum_{cyc} \frac{x^2(x^2 + yz)}{(y + z)^2} \\ &= \sum_{cyc} \frac{(x^2)^3}{(xy + zx)^2} + xyz \cdot \sum_{cyc} \frac{x^3}{(xy + zx)^2} \stackrel{\text{Hölder}}{\geq} \frac{(\sum_{cyc} x^2)^3}{4(\sum_{cyc} yz)^2} \\ &+ xyz \cdot \frac{(\sum_{cyc} x)^3}{4(\sum_{cyc} yz)^2} \\ & \stackrel{\sum_{cyc} x^2 \geq \sum_{cyc} yz}{\geq} \frac{\sum_{cyc} yz}{4} + \frac{3xyz \sum_{cyc} x}{4 \sum_{cyc} yz} \stackrel{\text{AM-GM}}{\geq} \frac{1}{2} \sqrt{3xyz(x + y + z)}. \end{aligned}$$

Setting $x = h_a, y = w_b, z = m_c$, we obtain

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$$\frac{h_a^2(h_a^2 + w_b m_c)}{(w_b + m_c)^2} + \frac{w_b^2(w_b^2 + m_c h_a)}{(m_c + h_a)^2} + \frac{m_c^2(m_c^2 + h_a w_b)}{(h_a + w_b)^2}$$

$$\geq \frac{1}{2} \sqrt{3h_a w_b m_c (h_a + w_b + m_c)}$$

$$\stackrel{\substack{w_b \geq h_b \\ m_c \geq h_c}}{\{V\}} \frac{3}{2} \sqrt{h_a h_b h_c \cdot \frac{h_a + h_b + h_c}{3}} \stackrel{\substack{GM-HM \\ \{V\} \\ AM-HM}}{\{V\}} \frac{3}{2} \left(\frac{3}{\frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c}} \right)^2 = \frac{3}{2} \left(\frac{3}{\frac{1}{r}} \right)^2 = \frac{27r^2}{2},$$

as desired. Equality holds iff $\triangle ABC$ is equilateral.