

In any  $\Delta ABC$ , the following relationship holds :

$$\frac{4}{3R^2} \left(\frac{2r}{R}\right)^{10} \leq \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \leq \frac{1}{3r^2} \cdot \left(\frac{19683}{1024} \left(\frac{R}{r}\right)^{10} - 19682\right)$$

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$$\begin{aligned} & \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \leq \frac{m_a m_b}{h_a^2 h_b^2} + \frac{m_b m_c}{h_b^2 h_c^2} + \frac{m_c m_a}{h_c^2 h_a^2} \\ \stackrel{\text{Panaaitopol}}{\leq} & \left(\frac{R}{2r}\right)^2 \sum_{\text{cyc}} \frac{1}{h_b h_c} = \left(\frac{R}{2r}\right)^2 \sum_{\text{cyc}} \frac{4R^2 \cdot bc}{ca \cdot ab \cdot bc} \leq \left(\frac{R}{2r}\right)^2 \cdot \frac{4R^2}{16R^2 r^2 s^2} \cdot \sum_{\text{cyc}} a^2 \\ & \stackrel{\text{Leibnitz and Mitrinovic}}{\leq} \frac{R^2 \cdot 9R^2}{16r^4 \cdot 27r^2} \cdot \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \leq \frac{R^4}{48r^6} \rightarrow (1) \\ \text{Again, } & \frac{1}{3r^2} \cdot \left(\frac{19683}{1024} \left(\frac{R}{r}\right)^{10} - 19682\right) \stackrel{\text{Euler}}{\geq} \frac{1}{3r^2} \cdot \left(\frac{19683}{1024} \cdot 64 \cdot \left(\frac{R}{r}\right)^4 - 19682\right) \\ = & \frac{19683R^4 - 19682 \cdot 16r^4}{48r^6} \stackrel{?}{\geq} \frac{R^4}{48r^6} \Leftrightarrow 19682(R^4 - 16r^4) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \\ \therefore & \frac{1}{3r^2} \cdot \left(\frac{19683}{1024} \left(\frac{R}{r}\right)^{10} - 19682\right) \geq \frac{R^4}{48r^6} \stackrel{\text{via (1)}}{\geq} \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \\ \Rightarrow & \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \leq \frac{1}{3r^2} \cdot \left(\frac{19683}{1024} \left(\frac{R}{r}\right)^{10} - 19682\right) \\ \text{Also, } & \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \geq \frac{h_a h_b}{m_a^2 m_b^2} + \frac{h_b h_c}{m_b^2 m_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \stackrel{\text{Panaaitopol}}{\geq} \\ \frac{4r^2}{R^2} \cdot \sum_{\text{cyc}} \frac{1}{m_b m_c} & \stackrel{\text{Bergstrom}}{\geq} \frac{4r^2}{R^2} \cdot \frac{9}{\sum_{\text{cyc}} m_b m_c} \geq \frac{4r^2}{R^2} \cdot \frac{9}{\sum_{\text{cyc}} m_a^2} = \frac{4r^2}{R^2} \cdot \frac{9}{\frac{3}{4} \cdot \sum_{\text{cyc}} a^2} \\ & \stackrel{\text{Euler}}{\geq} \frac{4r^2}{R^2} \cdot \frac{9}{\frac{3}{4} \cdot 9R^2} = \frac{4}{3R^2} \cdot \left(\frac{2r}{R}\right)^2 \stackrel{\text{Euler}}{\geq} \frac{4}{3R^2} \cdot \left(\frac{2r}{R}\right)^2 \cdot \left(\frac{2r}{R}\right)^8 \\ \therefore & \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \geq \frac{4}{3R^2} \left(\frac{2r}{R}\right)^{10} \text{ and so,} \\ \frac{4}{3R^2} \left(\frac{2r}{R}\right)^{10} & \leq \frac{m_a m_b}{w_a^2 w_b^2} + \frac{w_b w_c}{h_b^2 h_c^2} + \frac{h_c h_a}{m_c^2 m_a^2} \leq \frac{1}{3r^2} \cdot \left(\frac{19683}{1024} \left(\frac{R}{r}\right)^{10} - 19682\right) \\ \forall \Delta ABC, " = " & \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$