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Prove that:

$$I = \int_0^1 \int_0^1 \int_0^1 \sum_{x,y,z} \sqrt{\frac{\sqrt{x}}{\sqrt{y} + \sqrt{z}}} dx dy dz = \frac{128}{35} (2 - \sqrt{2})$$

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Solution by Togrul Ehmedov-Azerbaijan

$$\begin{aligned} I &= \int_0^1 \int_0^1 \int_0^1 \left\{ \sqrt{\frac{\sqrt{x}}{\sqrt{y} + \sqrt{z}}} + \sqrt{\frac{\sqrt{y}}{\sqrt{x} + \sqrt{z}}} + \sqrt{\frac{\sqrt{z}}{\sqrt{x} + \sqrt{y}}} \right\} dx dy dz \\ &= \int_0^1 \int_0^1 \int_0^1 \sqrt{\frac{\sqrt{x}}{\sqrt{y} + \sqrt{z}}} dx dy dz + \int_0^1 \int_0^1 \int_0^1 \sqrt{\frac{\sqrt{y}}{\sqrt{x} + \sqrt{z}}} dx dy dz \\ &\quad + \int_0^1 \int_0^1 \int_0^1 \sqrt{\frac{\sqrt{z}}{\sqrt{x} + \sqrt{y}}} dx dy dz = 3 \int_0^1 \int_0^1 \int_0^1 \sqrt{\frac{\sqrt{x}}{\sqrt{y} + \sqrt{z}}} dx dy dz \\ &= \frac{12}{5} \int_0^1 \int_0^1 \frac{1}{\sqrt{\sqrt{y} + \sqrt{z}}} dy dz \end{aligned}$$

Let $\sqrt{\sqrt{y} + \sqrt{z}} = t$

$$\begin{aligned} I &= \frac{12}{5} \int_0^1 \int_{\sqrt{\sqrt{z}}}^{\sqrt{1+\sqrt{z}}} (4t^2 - 4\sqrt{z}) dt dz = \frac{48}{5} \int_0^1 \int_{\sqrt{\sqrt{z}}}^{\sqrt{1+\sqrt{z}}} t^2 dt dz - \frac{48}{5} \int_0^1 \int_{\sqrt{\sqrt{z}}}^{\sqrt{1+\sqrt{z}}} \sqrt{z} dt dz \\ &= \frac{48}{5} \left\{ \frac{16\sqrt{2} - 4}{35} \right\} - \frac{48}{5} \left\{ \frac{88\sqrt{2} - 92}{105} \right\} = \frac{128}{35} (2 - \sqrt{2}) \end{aligned}$$