

Number 19

WINTER 2020

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ROMANIAN MATHEMATICAL MAGAZINE

SOLUTIONS

Founding Editor
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Available online
www.ssmrmh.ro

ISSN-L 2501-0099

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JP.271. If $a, b, c > 0$; $abc = a + b + c + 2$ then:

$$(2a + 1)^2 + (2b + 1)^2 + (2c + 1)^2 \geq 25$$

Proposed by Marin Chirciu-Romania

Solution by proposer

$$a, b, c > 0; abc = a + b + c + 2 \Rightarrow \frac{1}{1+a} + \frac{1}{1+b} + \frac{1}{1+c} = 1$$

$$1 = \frac{1}{1+a} + \frac{1}{1+b} + \frac{1}{1+c} \stackrel{Am-Hm}{\geq} \frac{9}{3+a+b+c} \Rightarrow a+b+c \geq 6; \quad (1)$$

Equality if and only if $a = b = c = 2$.

$$abc = a + b + c + 2 \Rightarrow \frac{a}{1+a} + \frac{b}{1+b} + \frac{c}{1+c} = 2$$

$$2 = \sum \frac{a}{1+a} = \sum \frac{a^2}{a+a^2} \stackrel{Bergstrom}{\geq} \frac{(\sum a)^2}{\sum(a+a^2)} \stackrel{(1)}{\geq} \frac{36}{\sum(a+a^2)}$$

$$2 \geq \frac{36}{\sum(a+a^2)} \Rightarrow \sum(a+a^2) \geq 18 \Rightarrow \sum(2a+1)^2 \geq 25$$

Equality if only if $a = b = c = 2$

JP.272. If $a, b, c, \lambda > 0$, $a^2 + b^2 + c^2 = 1$ then:

$$1 \leq a\sqrt{1+\lambda bc} + b\sqrt{1+\lambda ca} + c\sqrt{1+\lambda ab} \leq \sqrt{3+\lambda}$$

Proposed by Hung Nguyen Viet-Vietnam

Solution 1 by Tran Hong-Dong Thap-Vietnam

$$1 \stackrel{(*)}{\leq} a\sqrt{1+\lambda bc} + b\sqrt{1+\lambda ca} + c\sqrt{1+\lambda ab} \stackrel{(**)}{\leq} \sqrt{3+\lambda}$$

Because: $a^2 + b^2 + c^2 = 1$, then:

$$(*) \Leftrightarrow 1 \leq \sum_{cyc} a(1+\lambda bc) + 2 \sum_{cyc} (ab\sqrt{(1+\lambda ca)(1+\lambda bc)}) \Leftrightarrow$$

$$1 \leq \left[\sum_{cyc} a(1+\lambda bc) + 2 \sum_{cyc} (ab\sqrt{(1+\lambda ca)(1+\lambda bc)}) \right]^2 \Leftrightarrow$$

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$$1 \leq \left(\sum_{cyc} a(1 + \lambda bc) \right)^2 + 4 \left(\sum_{cyc} a(1 + \lambda bc) \right) \left(\sum_{cyc} (ab \sqrt{(1 + \lambda ca)(1 + \lambda bc)}) \right) + \left(\sum_{cyc} (ab \sqrt{(1 + \lambda ca)(1 + \lambda bc)}) \right)^2$$

$$\text{Let: } \Omega = 4 \left(\sum_{cyc} a(1 + \lambda bc) \right) \left(\sum_{cyc} (ab \sqrt{(1 + \lambda ca)(1 + \lambda bc)}) \right) +$$

$$\left(\sum_{cyc} (ab \sqrt{(1 + \lambda ca)(1 + \lambda bc)}) \right)^2, \forall a, b, c, \lambda > 0$$

$$1 \leq (a + b + c + 3\lambda abc)^2 + \Omega \Leftrightarrow$$

$$1 \leq a^2 + b^2 + c^2 + 9(\lambda abc)^2 + 2(ab + bc + ca + 3\lambda abc(a + b + c)) + \Omega$$

$$\stackrel{a^2+b^2+c^2=1}{\Leftrightarrow} 0 \leq 9(\lambda abc)^2 + 2(ab + bc + ca + 3\lambda abc(a + b + c)) + \Omega$$

Which is clearly true because: $a, b, c, \lambda, \Omega > 0$. Now,

$$\begin{aligned} a\sqrt{1 + \lambda bc} + b\sqrt{1 + \lambda ca} + c\sqrt{1 + \lambda ab} &\stackrel{BCS}{\geq} \sqrt{a^2 + b^2 + c^2} \cdot \sqrt{(1 + \lambda bc) + (1 + \lambda ac) + (1 + \lambda ab)} \\ &\stackrel{a^2+b^2+c^2=1}{\cong} \sqrt{3 + \lambda(ab + bc + ca)} \stackrel{\sum ab \leq \sum a^2=1}{\geq} \sqrt{3 + \lambda \cdot 1} = \sqrt{3 + \lambda} \Rightarrow (**) \text{ Is true. Proved.} \end{aligned}$$

Solution 2 by Sanong Huayrerai-Nakon Pathom-Thailand

$$\begin{aligned} a\sqrt{1 + \lambda bc} + b\sqrt{1 + \lambda ca} + c\sqrt{1 + \lambda ab} &= \sqrt{a^2 + \lambda a^2 bc} + \sqrt{b^2 + \lambda b^2 ca} + \sqrt{c^2 + \lambda c^2 ab} \\ &\leq \sqrt{3(a^2 + b^2 + c^2) + \lambda(a^2 bc + b^2 ca + c^2 ab)} \leq \sqrt{3 + \lambda} \end{aligned}$$

$$\therefore a^2 + b^2 + c^2 = 1 \Rightarrow (a^2 + b^2 + c^2)^2 \geq 3(a^2 bc + b^2 ca + c^2 ab)$$

Because: $a^2 + b^2 + c^2 = 1$, consider

$$1 + \lambda bc \geq a^2; 1 + \lambda ca \geq b^2; 1 + \lambda ab \geq c^2 \text{ hence}$$

$$\sqrt{1 + \lambda bc} \geq a, \sqrt{1 + \lambda ca} \geq b, \sqrt{1 + \lambda ab} \geq c \text{ hence}$$

$$a\sqrt{1 + \lambda bc} \geq a^2, b\sqrt{1 + \lambda ca} \geq b^2, c\sqrt{1 + \lambda ab} \geq c^2 \Rightarrow$$

$$a\sqrt{1 + \lambda bc} + b\sqrt{1 + \lambda ca} + c\sqrt{1 + \lambda ab} \geq a^2 + b^2 + c^2 = 1$$

Therefore: $1 \leq a\sqrt{1 + \lambda bc} + b\sqrt{1 + \lambda ca} + c\sqrt{1 + \lambda ab} \leq \sqrt{3 + \lambda}$. Proved.

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JP.273 If $a, b, c > 0$ then:

$$\frac{a^3 + b^3 + c^3}{3abc} + \frac{ab + bc + ca}{a^2 + b^2 + c^2} \geq \frac{2(a^2 + b^2 + c^2)}{ab + bc + ca}$$

Proposed by Nguyen Viet Hung-Hanoi – Vietnam

Solution by Marin Chirciu-Romania

Adding $\frac{a^2+b^2+c^2}{ab+bc+ca}$ to both members, the inequality can be written:

$$\frac{a^2+b^3+c^3}{3abc} + \frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{a^2+b^2+c^2}{ab+bc+ca} \geq \frac{3(a^2+b^2+c^2)}{ab+bc+ca} \quad (1)$$

Using the means inequality, we obtain:

$$\frac{ab+bc+ca}{a^2+b^2+c^2} + \frac{a^2+b^2+c^2}{ab+bc+ca} \geq 2\sqrt{\frac{ab+bc+ca}{a^2+b^2+c^2} \cdot \frac{a^2+b^2+c^2}{ab+bc+ca}} = 2 \quad (2)$$

From (1) and (2) it suffices to prove that: $\frac{a^3+b^3+c^3}{3abc} + 2 \geq \frac{3(a^2+b^2+c^2)}{ab+bc+ca}$ (3)

Subtracting 3 from both members of inequality (3), we obtain:

$$\begin{aligned} \frac{a^3 + b^3 + c^3}{3abc} - 1 &\geq \frac{3(a^2 + b^2 + c^2)}{ab + bc + ca} - 3 \Leftrightarrow \frac{a^3 + b^3 + c^3 - 3abc}{3abc} \geq \\ &\geq \frac{3(a^2 + b^2 + c^2 - ab - bc - ca)}{ab + bc + ca} \Leftrightarrow \end{aligned}$$

$$\Leftrightarrow \frac{(a + b + c)(a^2 + b^2 + c^2 - ab - bc - ca)}{3abc} \geq \frac{3(a^2 + b^2 + c^2 - ab - bc - ca)}{ab + bc + ca} \Leftrightarrow$$

$$\Leftrightarrow (a^2 + b^2 + c^2 - ab - bc - ca)[(a + b + c)(ab + bc + ca) - 9abc] \geq 0, \text{ which}$$

follows from:

$$(a^2 + b^2 + c^2 - ab - bc - ca) \geq 0 \Leftrightarrow (a - b)^2 + (b - c)^2 + (c - a)^2 \geq 0$$

Obviously, with equality for $a = b = c$ and

$[(a + b + c)(ab + bc + ca) - 9abc] \geq 0$, true from means inequalities:

$$a + b + c \geq 3\sqrt[3]{abc} \text{ and } ab + bc + ca \geq 3\sqrt{(abc)^2}, \text{ wherefrom}$$

$$(a + b + c)(ab + bc + ca) \geq 9abc$$

Above we've used the identity:

$$a^3 + b^3 + c^3 - 3abc = (a + b + c)(a^2 + b^2 + c^2 - ab - bc - ca)$$

We deduce that the inequality from enunciation, with equality holds if and only if

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$$a = b = c.$$

JP.274. If $x, y, z \geq 0, x + y + z = 1; n \geq 2$ then:

$$(n + 1)(xy + yz + zx) \leq n(x^2 + y^2 + z^2) + 9xyz$$

Proposed by Marin Chirciu-Romania

Solution 1 by Tran Hong-Dong Thap-Vietnam

By Schur's inequality:

$$x^3 + y^3 + z^3 + 3xyz \geq xy(x + y) + yz(y + z) + zx(z + x) \Leftrightarrow$$

$$x^2 + y^2 + z^2 + \frac{9xyz}{x + y + z} \geq 2(xy + yz + zx) \quad (*)$$

Now, because: $x + y + z = 1$

$$\text{Inequality becomes as: } (n + 1)(xy + yz + zx) \leq n(x^2 + y^2 + z^2) + \frac{9xyz}{x+y+z} \Leftrightarrow$$

$$2(xy + yz + zx) + (n - 1)(xy + yz + zx) \leq$$

$$(n - 1)(x^2 + y^2 + z^2) + x^2 + y^2 + z^2 + \frac{9xyz}{x + y + z} \Leftrightarrow$$

$$(n - 1)(x^2 + y^2 + z^2 - xy - yz - zx) +$$

$$+ \left(x^2 + y^2 + z^2 + \frac{9xyz}{x+y+z} - 2(xy + yz + zx) \right) \geq 0$$

Which is true because: $n \geq 2 \Rightarrow n - 1 > 0, x^2 + y^2 + z^2 \geq xy + yz + zx$ and by ()*

Proved.

Solution 2 by Marian Dincă-Romania

$$\text{Let: } x = \frac{a}{a+b+c}, y = \frac{b}{a+b+c}, z = \frac{c}{a+b+c}$$

$$(n + 1)(ab + bc + ca)(a + b + c) \leq n(a^2 + b^2 + c^2)(a + b + c) + 9abc$$

$$\text{Let: } a + b + c = p, ab + bc + ca = q, abc = r$$

$$(n + 1)qp \leq n(p^2 - 2q)p + 9r$$

$$f(r) = n(p^2 - 2q)p + 9r - (n + 1)qp, 0 \leq r \leq \frac{pq}{9}$$

Because it is of the first degree in the variable r , it will be necessary and sufficient to:

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$$f\left(\frac{pq}{9}\right) \geq 0 \Leftrightarrow n(p^2 - 2q)p + 9r - (n+1)qp \geq 0 \Leftrightarrow np(p^2 - 2q) - npq \geq 0 \Leftrightarrow$$

$$np(p^2 - 2q - q) \geq 0 \Leftrightarrow np(p^2 - 3q) \geq 0, \text{ true.}$$

$$f(0) \geq 0 \text{ for } r = 0 \Rightarrow abc = 0$$

$$\text{Let: } c = 0 \Rightarrow p = a + b, q = ab \Rightarrow q \leq \frac{p^2}{4}$$

$$\begin{aligned} f(0) &= n(p^2 - 2q)p - (n+1)qp = n\left(p^2 - \frac{p^2}{2}\right)p - \frac{(n+1)p^3}{4} = \frac{np^3}{2} - \frac{(n+1)p^3}{4} \\ &= p^3\left(\frac{n-1}{4}\right) > 0 \end{aligned}$$

JP.275 If in $\triangle ABC$, $b^2 + c^2 = 3a^2$ then:

$$\frac{2}{h_a} \sqrt{\frac{bc}{5}} + \frac{w_b}{h_b} + \frac{w_c}{h_c} < 1 + \frac{r}{R}$$

Proposed by Daniel Sitaru-Romania

Solution by proposer

$$a^2 = b^2 + c^2 - 2bc \cos A = 3a^2 - 2bc \cos A$$

$$2bc \cos A = 2a^2 \Rightarrow bc \cos A = a^2$$

$$\cos A = \frac{a^2}{bc} < 1 \Rightarrow a^2 < bc \quad (1)$$

$$w_a^2 = \frac{4bcs(s-a)}{(b+c)^2} = \frac{4bc}{(b+c)^2} \cdot \frac{a+b+c}{2} \cdot \frac{b+c-a}{2} =$$

$$= \frac{bc}{(b+c)^2} ((b+c)^2 - a^2) = bc - \frac{bca^2}{(b+c)^2} =$$

$$= bc - \frac{bca^2}{b^2 + c^2 + 2bc} = bc - \frac{bca^2}{3a^2 + 2bc} = bc - \frac{bc}{3 + \frac{2bc}{a^2}} \stackrel{(1)}{>} bc - \frac{bc}{3 + \frac{2bc}{bc}} =$$

$$= bc - \frac{bc}{5} = \frac{4bc}{5} \Rightarrow w_a > 2 \sqrt{\frac{bc}{5}}$$

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$$\frac{2}{h_a} \sqrt{\frac{bc}{5}} + \frac{w_b}{h_b} + \frac{w_c}{h_c} < \frac{w_a}{h_a} + \frac{w_b}{h_b} + \frac{w_c}{h_c} \leq 1 + \frac{r}{R}$$

JP.276. In $\triangle ABC$ the following relationship holds:

$$\frac{3-n}{2} + \frac{nr}{2} \leq \frac{a^2}{b^2+c^2} + \frac{b^2}{c^2+a^2} + \frac{c^2}{a^2+b^2} \leq \frac{3R}{4r}; n \geq -1$$

Proposed by Marin Chirciu-Romania

Solution by proposer

$$\text{LHS: } \frac{a^2}{b^2+c^2} + \frac{b^2}{c^2+a^2} + \frac{c^2}{a^2+b^2} \geq \frac{3-n}{2} + \frac{nr}{2}, n \geq -1$$

$$\sum \frac{a^2}{b^2+c^2} = \sum \frac{a^4}{a^2(b^2+c^2)} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum a^2)^2}{2\sum b^2c^2} \stackrel{(1)}{\geq} \frac{R(3-n)+2nr}{2R}, \text{ where}$$

$$(1) \Leftrightarrow R(\sum a^2)^2 \geq 2(2R-r)\sum b^2c^2, \text{ true from relationship holds}$$

$$\sum a^2 = 2(s^2 - r^2 - 4Rr), \sum b^2c^2 = s^4 + s^2(2r^2 - 8Rr) + r^2(4R+r)^2$$

We must show that:

$$4R[s^4 - 2s^2(r^2 + 4Rr) + r^2(4R+r)^2] \geq [R(3-n) + 2nr][s^4 + s^2(2r^2 - 8Rr) + r^2(4R+r)^2] \\ s^2[s^2(R(n+1) - 2nr) - r(R^2(8+8n) + Rr(14-18n) + 4nr^2)] + \\ + r^2(4R+r)^2(R(n+1) - 2nr) \geq 0$$

We distinguish the cases:

Case 1) $[s^2(R(n+1) - 2nr) - r(R^2(8+8n) + Rr(14-18n) + 4nr^2)] \geq 0$ the inequality is obvious.

Case 2) $[s^2(R(n+1) - 2nr) - r(R^2(8+8n) + Rr(14-18n) + 4nr^2)] < 0$

the inequality becomes:

$$r^2(4R+r)^2 \geq s^2[r(R^2(8+8n) + Rr(14-18n) + 4nr^2) - s^2(R(n+1) - 2nr)] \text{ true}$$

from Blundon-Gerretsen inequality

$$16Rr - 5r^2 \leq s^2 \leq \frac{R(4R+r)^2}{2(2R-r)}$$

It's suffices to prove:

$$r^2(4R+r)^2 \geq \frac{R(4R+r)^2}{2(2R-r)} [r(R^2(8+8n) + Rr(14-18n) + 4nr^2) - (16Rr - 5r^2)(R(n+1) - 2nr)] \Leftrightarrow$$

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$$(8n + 8)R^3 - (15n + 15)R^2r - (4n + 2)Rr^2 + 4nr^3 \geq 0 \Leftrightarrow$$

$$(R - 2r)[(8n + 8)R^2 + (n + 1)Rr - 2nr^2] \geq 0 \text{ true from } R \geq 2r - \text{Euler and with}$$

$$n \geq -1 \text{ we obtain: } [(8n + 8)R^2 + (n + 1)Rr - 2nr^2] \geq 0$$

$$\frac{a^2}{b^2 + c^2} + \frac{b^2}{c^2 + a^2} + \frac{c^2}{a^2 + b^2} \leq \frac{3R}{4r}$$

$$\sum \frac{a^2}{b^2 + c^2} = \frac{2[s^4 - s^2(4Rr + 6r^2) + r^2(6R^2 + 4Rr + r^2)]}{(s^2 + r^2 + 2Rr)^2}$$

From $2(b^2 + c^2) \geq (b + c)^2 \Leftrightarrow (b - c)^2 \geq 0$ we get:

$$\sum \frac{a^2}{b^2 + c^2} \leq 2 \sum \frac{a^2}{(b + c)^2} = \frac{4[s^4 - s^2(4Rr + 6r^2) + r^2(6R^2 + 4Rr + r^2)]}{(s^2 + r^2 + 2Rr)^2}$$

It's suffices to prove that:

$$\frac{4[s^4 - s^2(4Rr + 6r^2) + r^2(6R^2 + 4Rr + r^2)]}{(s^2 + r^2 + 2Rr)^2} \leq \frac{3R}{4r} \Leftrightarrow$$

$$s^2[s^2(3R - 16r) + r(12R^2 + 70Rr + 96r^2)] + r^2(12R^3 - 84R^2r - 61Rr^2 - 16r^3) \geq 0$$

We distinguish the cases:

Case 1) If $3R - 16r \geq 0$, usig Gerretsen inequality $s^2 \geq 16Rr - 5r^2$

We must show that:

$$(16Rr - 5r^2)[(16Rr - 5r^2)(3R - 16r) + r(12R^2 + 70Rr + 96r^2)] + r^2(12R^3 - 84R^2r - 61Rr^2 - 16r^3) \geq 0 \Leftrightarrow$$

$$243R^3 - 900R^2r + 940Rr^2 - 224r^3 \geq 0 \Leftrightarrow$$

$$(R - 2r)(243R^2 - 414Rr + 112r^2) \geq 0 \text{ true from } R \geq 2r - \text{Euler.}$$

Case 2) If $3R - 16r < 0$, the inequality can be rewritten:

$$r^2(12R^3 - 84R^2r - 61Rr^2 - 16r^3) \geq s^2[s^2(16r - 3R) - r(12R^2 + 70Rr + 96r^2)]$$

$$\text{true from Gerretsen: } s^2 \leq 4R^2 + 4Rr + 3r^2.$$

$$\text{We must show that: } r^2(12R^3 - 84R^2r - 61Rr^2 - 16r^3) \geq$$

$$\geq (4R^2 + 4Rr + 3r^2)[(4R^2 + 4Rr + 3r^2)(16r - 3R) - r(12R^2 + 70Rr + 96r^2)]$$

$$\Leftrightarrow 12R^5 - 28R^4r - 22R^3r^2 + 21R^2r^3 + 44Rr^4 + 32r^5 \geq 0$$

$$\Leftrightarrow (R - 2r)^2(12R^3 + 20R^2r + 19Rr^2 + 8r^3) \geq 0.$$

Equality if and only if $R = 2r$.

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Equality if and only if the triangle is equilateral.

JP.277. In $\triangle ABC$ the following relationship holds:

$$1 \leq \left(\frac{a}{m_b + m_c}\right)^2 + \left(\frac{b}{m_c + m_a}\right)^2 + \left(\frac{c}{m_a + m_b}\right)^2 \leq \frac{R}{2r}$$

Proposed by Marin Chirciu-Romania

Solution by proposer

The $\triangle m_a m_b m_c$ it has the medians $\frac{3a}{4}, \frac{3b}{4}, \frac{3c}{4}$. We show that:

$$1 \leq \left(\frac{m_a}{\frac{3b}{4} + \frac{3c}{4}}\right)^2 + \left(\frac{m_b}{\frac{3c}{4} + \frac{3a}{4}}\right)^2 + \left(\frac{m_c}{\frac{3a}{4} + \frac{3b}{4}}\right)^2 \leq \frac{R}{2r} \leftrightarrow \frac{9}{16} \leq \sum \left(\frac{m_a}{b+c}\right)^2 \leq \frac{9R}{32r}$$

Lemma: In any $\triangle ABC$

$$\sum \left(\frac{m_a}{b+c}\right)^2 = \frac{15s^6 - s^4(52Rr + 15r^2) + s^2r^2(224R^2 + 432Rr + 85r^2) - 13r^3(4R + r)^3}{16s^2(s^2 + r^2 + 2Rr)^2}$$

Demonstration:

$$\sum \left(\frac{m_a}{b+c}\right)^2 = \frac{\sum m_a^2(a+b)^2(a+c)^2}{(a+b)^2(b+c)^2(c+a)^2}$$

$$\sum m_a^2(a+b)^2(a+c)^2 =$$

$$= \frac{15s^6 - s^4(52Rr + 15r^2) + s^2r^2(224R^2 + 432Rr + 85r^2) - 13r^3(4R + r)^3}{4}$$

$$\prod (b+c) = 2s(s^2 + r^2 + 2Rr)$$

$$\frac{15s^6 - s^4(52Rr + 15r^2) + s^2r^2(224R^2 + 432Rr + 85r^2) - 13r^3(4R + r)^3}{16s^2(s^2 + r^2 + 2Rr)^2} \geq \frac{9}{16}$$

$$\Leftrightarrow 6s^6 - s^4(88Rr + 33r^2) + s^2r^2(188R^2 + 396Rr + 76r^2) \geq 13r^3(4R + r)^3$$

$$\Leftrightarrow s^2[s^2(6s^2 - 88Rr - 33r^2) + r^2(188R^2 + 396Rr + 76r^2)] \geq 13r^3(4R + r)^3$$

from Gerretsen inequality: $s^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}$. We must show that:

$$\frac{r(4R+r)^2}{R+r} \cdot [(16Rr - 5r^2)(96Rr - 30r^2 - 88Rr - 33r^2) + r^2(188R^2 + 396Rr + 76r^2)] \geq 13r^3(4R + r)^3 \Leftrightarrow$$

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$$264R^2 - 717Rr + 378r^2 \geq 0 \Leftrightarrow (R - 2r)(264R - 189r) \geq 0 \text{ true from Euler } R \geq 2r$$

Using Lemma the inequality can be rewrite

$$\frac{15s^6 - s^4(52Rr + 15r^2) + s^2r^2(224R^2 + 432Rr + 85r^2) - 13r^3(4R + r)^3}{16s^2(s^2 + r^2 + 2Rr)^2} \leq \frac{9R}{32r} \Leftrightarrow$$

$$s^6(9R - 30r) + s^4(36R^2r + 122Rr^2 + 30r^3) + s^2r^2(36R^3 - 412R^2r - 855Rr^2 - 170r^3) + 26r^4(4R + r)^3 \geq 0 \Leftrightarrow$$

$$s^2[s^4(9R - 30r) + s^2(36R^2r + 122Rr^2 + 30r^3) + r^2(36R^3 - 412R^2r - 855Rr^2 - 170r^3)] + 26r^4(4R + r)^3 \geq 0$$

We have the cases:

Case 1) If $[s^4(9R - 30r) + s^2(36R^2r + 122Rr^2 + 30r^3) + r^2(36R^3 - 412R^2r - 855Rr^2 - 170r^3)] \geq 0$ **the inequality is obvious.**

Case 2) If $\left[\begin{matrix} s^4(9R - 30r) + s^2(36R^2r + 122Rr^2 + 30r^3) + \\ + r^2(36R^3 - 412R^2r - 855Rr^2 - 170r^3) \end{matrix} \right] < 0$ **we can write:**

$$26r^4(4R + r)^3 \geq s^2[s^4(30r - 9R) - s^2(36R^2r + 122Rr^2 + 30r^3) - r^2(36R^3 - 412R^2r - 855Rr^2 - 170r^3)]$$

$$\text{true from Blundon-Gerretsen: } 16Rr - 5r^2 \leq s^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^2$$

$$\text{We show that: } 26r^4(4R + r)^3 \geq \frac{R(4R+r)^2}{2(2R-r)} \cdot [(4R^2 + 4Rr + 3r^2)^2(30r - 9R)$$

$$- (16Rr - 5r^2)(36R^2r + 122Rr^2 + 30r^3) - r^2(36R^3 - 412R^2r - 855Rr^2 - 170r^3)]$$

$$72R^6 - 96R^5r + 6R^4r^2 + 188R^3r^3 - 60R^2r^4 - 347Rr^5 - 26r^6 \geq 0$$

$$(R - 2r)(72R^5 + 48R^4r + 102R^3r^2 + 392R^2r^3 + 180Rr^4 + 13r^5) \geq 0$$

true from $R \geq 2r$ - Euler.

Equality if and only if the triangle is equilateral.

JP.278. Solve for real numbers ($a \geq 0$; fixed):

$$\sqrt[3]{3x^2 - 3x + 1} + 4\sqrt[4]{4x^3 - 3x^4} = ax^5 + (1 - 5a)x + 4a + 4$$

Proposed by Marin Chirciu-Romania

Solution by Michael Stergiou-Greece

$$\sqrt[3]{3x^2 - 3x + 1} + 4\sqrt[4]{4x^3 - 3x^4} = ax^5 + (1 - 5a)x + 4a + 4 \quad (1)$$

$$ax^5 + a + a + a + a \geq 5 \cdot \sqrt[5]{a^5x^5} = 5ax$$

$$\text{So, RHS of (1)} \geq x + 4 \quad (2)$$

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$$\sqrt[3]{(3x^2 - 3x + 1) \cdot 1 \cdot 1} \stackrel{Am-Gm}{\geq} \frac{3x^2 - 3x + 1 + 1 + 1}{3} = x^2 - x + 1 \quad (3)$$

$$4\sqrt[4]{(4x^3 - 3x^4) \cdot 1 \cdot 1 \cdot 1} \stackrel{Am-Gm}{\geq} 4 \cdot \frac{4x^3 - 3x^4 + 1 + 1 + 1}{4} = 4x^3 - 3x^4 + 3 \quad (4)$$

Therefore LHS of (1) $\leq x^2 - x + 1 + 4x^3 - 3x^4 + 3$ while RHS of (1) $\geq x + 4$

$$\text{But: } x^2 - x + 1 + 4x^3 - 3x^4 + 3 - (x + 4) = -x(x - 1)^2(3x + 2) \leq 0$$

Hence we can have only equalities for $x=1$.

JP.279. RMM NUMBER 19 WINTER 2020

By Marin Chirciu – Romania

1) In ΔABC the following relationship holds:

$$\frac{1}{r_a(r_a + 2r_b)} + \frac{1}{r_b(r_b + 2r_c)} + \frac{1}{r_c(r_c + 2r_a)} \leq \frac{1}{9r^2}$$

Proposed by Nguyen Viet Hung –Hanoi- Vietnam

Solution:

Using means inequality, we obtain:

$$r_a + 2r_b = r_a + r_b + r_b \geq 3\sqrt[3]{\frac{S}{s-a} \cdot \frac{S}{s-b} \cdot \frac{S}{s-b}} = \frac{3S}{\sqrt[3]{(s-a)(s-b)(s-b)}}$$

$$\text{We obtain: } \frac{1}{r_a(r_a+2r_b)} \leq \frac{1}{r_a \frac{3S}{\sqrt[3]{(s-a)(s-b)(s-b)}}} = \frac{1}{s-a} \frac{1}{3S} = \frac{(s-a)\sqrt[3]{(s-a)(s-b)^2}}{3S^2}$$

$$\begin{aligned} \text{It follows: } M_s &= \sum \frac{1}{r_a(r_a+2r_b)} \leq \sum \frac{(s-a)\sqrt[3]{(s-a)(s-b)^2}}{3S^2} = \\ &= \frac{1}{3S^2} \sum (s-a) \sqrt[3]{(s-a)(s-b)^2} \stackrel{AM-GM}{\leq} \\ &\leq \frac{1}{3S^2} \sum (s-a) \cdot \frac{(s-a) + (s-b) + (s-b)}{3} = \frac{1}{9S^2} \sum (s-a) (3s - a - 2b) = \\ &= \frac{s^2}{9S^2} = \frac{s^2}{9s^2r^2} = \frac{1}{9r^2} = M_d, \text{ which follows from } \sum (s-a) (3s - a - 2b) = s^2 \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

Remark. Let's find an inequality having an opposite sense:

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2) In ΔABC the following relationship holds:

$$\frac{1}{r_a(r_a + 2r_b)} + \frac{1}{r_b(r_b + 2r_c)} + \frac{1}{r_c(r_c + 2r_a)} \geq \frac{9}{(4R + r)^2}$$

Marin Chirciu – Romania

Solution

Using Bergström's inequality we obtain:

$$M_s = \sum \frac{1}{r_a(r_a + 2r_b)} \geq \frac{9}{\sum r_a(r_a + 2r_b)} = \frac{9}{\sum(r_a^2 + 2r_a r_b)} = \frac{9}{(\sum r_a)^2} = \frac{9}{(4R + r)^2}$$

$$= M_d$$

Equality holds if and only if ΔABC is equilateral.

Remark.

We can write the double inequality:

3) In ΔABC the following relationship holds:

$$\frac{9}{(4R + r)^2} \leq \frac{1}{r_a(r_a + 2r_b)} + \frac{1}{r_b(r_b + 2r_c)} + \frac{1}{r_c(r_c + 2r_a)} \leq \frac{1}{9r^2}$$

Solution

See inequalities 1) and 2).

Equality holds if and only if ΔABC is equilateral.

Remark.

If we replace r_a with h_a we propose:

4) In ΔABC the following relationship holds:

$$\frac{9R^2}{4(R + r)^4} \leq \frac{1}{h_a(h_a + 2h_b)} + \frac{1}{h_b(h_b + 2h_c)} + \frac{1}{h_c(h_c + 2h_a)} \leq \frac{1}{9r^2}$$

Marin Chirciu – Romania

Solution

Left hand inequality: Using Bergström's inequality, we obtain:

$$\sum \frac{1}{h_a(h_a + 2h_b)} \geq \frac{9}{\sum h_a(h_a + h_b)} = \frac{9}{\sum(h_a^2 + 2h_a h_b)} = \frac{9}{(\sum h_a)^2} = \frac{9}{\left(\frac{s^2 + r^2 + 4Rr}{2R}\right)^2} =$$

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$$\begin{aligned}
 &= \frac{9 \cdot 4R^2}{(s^2 + r^2 + 4Rr)^2} \stackrel{\text{Bergstrom}}{\geq} \frac{9 \cdot 4R^2}{(4R^2 + 4Rr + 3r^2 + r^2 + 4Rr)^2} = \frac{36R^2}{(4R^2 + 8Rr + 4r^2)^2} = \\
 &= \frac{36R^2}{[4(R+r)^2]^2} = \frac{36R^2}{16(R+r)^4} = \frac{9R^2}{4(R+r)^4}
 \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

Right hand inequality: Using means inequality, we obtain:

$$h_a + 2h_b = h_a + h_b + h_c \geq 3 \sqrt[3]{\frac{2S}{a} \cdot \frac{2S}{b} \cdot \frac{2S}{b}} = \frac{3 \cdot 2S}{\sqrt[3]{abb^2}} = \frac{6S}{\sqrt[3]{ab^2}}$$

We obtain: $\frac{1}{h_a(h_a + 2h_b)} \leq \frac{1}{h_a \cdot \frac{6S}{\sqrt[3]{ab^2}}} = \frac{1}{a} \cdot \frac{\sqrt[3]{ab^2}}{6S} = \frac{a \sqrt[3]{ab^2}}{12S^2}$. It follows:

$$\begin{aligned}
 \sum \frac{1}{h_a(h_a + 2h_b)} &\leq \sum \frac{a \sqrt[3]{ab^2}}{12S^2} = \frac{1}{12S^2} \sum a \sqrt[3]{ab^2} \stackrel{AM-GM}{\leq} \frac{1}{12S^2} \sum a \cdot \frac{a + b + b}{3} = \\
 &= \frac{1}{36S^2} \sum a(a + 2b) = \frac{1}{36S^2} \sum (a^2 + 2ab) = \frac{1}{36S^2} (\sum a)^2 = \frac{1}{36S^2} \cdot 4s^2 = \frac{4s^2}{36s^2 r^2} = \frac{1}{9r^2}.
 \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

JP.280. RMM 19 WINTER EDITION 2020

By Marin Chirciu – Romania

1) In ΔABC :

$$\sqrt[3]{r_a^4 r_b^2} + \sqrt[3]{r_b^4 r_c^2} + \sqrt[3]{r_c^4 r_a^2} \leq \frac{(4R + r)^2}{3}$$

Proposed by Nguyen Viet Hung – Hanoi – Vietnam

Solution:

Using means inequality we obtain:

$$\sqrt[3]{r_a^4 r_b^2} = \sqrt[3]{r_a^2 \cdot r_a^2 \cdot r_b^2} \leq \frac{r_a^2 + r_a^2 + r_b^2}{3} = \frac{2r_a^2 + r_b^2}{3} \text{ and the analogs.}$$

$$\text{It follows } \sqrt[3]{r_a^4 r_b^2} + \sqrt[3]{r_b^4 r_c^2} + \sqrt[3]{r_c^4 r_a^2} \leq \frac{2r_a^2 + r_b^2}{3} + \frac{2r_b^2 + r_c^2}{3} + \frac{2r_c^2 + r_a^2}{3} = r_a^2 + r_b^2 + r_c^2$$

We have:

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$$\begin{aligned} r_a^2 + r_b^2 + r_c^2 &= \left(\sum r_a\right)^2 - 2\sum r_b r_c = (4R + r)^2 - 2s^2 \stackrel{(G)}{\leq} (4R + r)^2 - 2\frac{r(4R + r)^2}{R + r} = \\ &= (4R + r)^2 \left(1 - \frac{2r}{R+r}\right) = (4R + r)^2 \left(\frac{R-r}{R+r}\right), \text{ where (G) is Gerretsen's inequality} \\ s^2 &\geq 16Rr - 5r^2 \geq \frac{r(4R + r)^2}{R + r} \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

Remark. Let's find an inequality having an opposite sense.

2) In ΔABC

$$\sqrt[3]{r_a^4 r_b^2} + \sqrt[3]{r_b^4 r_c^2} + \sqrt[3]{r_c^4 r_a^2} \geq 27r^2$$

Solution

Using the means inequality we obtain:

$$\begin{aligned} \sqrt[3]{r_a^4 r_b^2} + \sqrt[3]{r_b^4 r_c^2} + \sqrt[3]{r_c^4 r_a^2} &\geq 3\sqrt[3]{\sqrt[3]{r_a^4 r_b^2} \cdot \sqrt[3]{r_b^4 r_c^2} \cdot \sqrt[3]{r_c^4 r_a^2}} = 3\sqrt[3]{\sqrt[3]{r_a^6 r_b^6 r_c^6}} = 3\sqrt[3]{r_a^2 r_b^2 r_c^2} = \\ &= 3\sqrt[3]{r^2 s^4} \stackrel{(M)}{\geq} 3\sqrt[3]{r^2 (27r^2)^2} = 3\sqrt[3]{9^3 r^6} = 27r^2, \text{ where (M) is Mitrinovic's inequality} \\ s &\geq 3r\sqrt{3} \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

Remark.

If we replace r_a with h_a we propose:

3) In ΔABC :

$$27r^2 \left(\frac{2r}{R}\right)^{\frac{2}{3}} \leq \sqrt[3]{h_a^4 h_b^2} + \sqrt[3]{h_b^4 h_c^2} + \sqrt[3]{h_c^4 h_a^2} \leq \frac{(4R + r)^2}{3}$$

Marin Chirciu-Romania

Solution

The right inequality: Using the means inequality we obtain:

$$\sqrt[3]{h_a^4 h_b^2} = \sqrt[3]{h_a^2 \cdot h_a^2 \cdot h_b^2} \leq \frac{h_a^2 + h_a^2 + h_b^2}{3} = \frac{2h_a^2 + h_b^2}{3} \text{ and the analogs.}$$

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It follows
$$\sqrt[3]{h_a^4 h_b^2} + \sqrt[3]{h_b^4 h_c^2} + \sqrt[3]{h_c^4 h_a^2} \leq \frac{2h_a^2 + h_b^2}{3} + \frac{2h_b^2 + h_c^2}{3} + \frac{2h_c^2 + h_a^2}{3} = h_a^2 + h_b^2 + h_c^2$$

We have:
$$h_a^2 + h_b^2 + h_c^2 = (\sum h_a)^2 - 2 \sum h_b h_c = \left(\frac{s^2 + r^2 + 4Rr}{2R}\right)^2 - 2 \cdot \frac{2rs^2}{R} = \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4Rr + r)^2}{4R^2}$$

We prove:
$$\frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4Rr + r)^2}{4R^2} \leq \frac{(4R+r)^2}{3} \Leftrightarrow$$

$$\Leftrightarrow 3s^2(s^2 + 2r^2 - 8Rr) + 3(4R + r)^2 \leq 4R^2(4R + r)^2, \text{ which follows from Blundon-}$$

Gerretsen's inequality $s^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^2$. It remains to prove that:

$$3 \cdot \frac{R(4R + r)^2}{2(2R - r)} (4R^2 + 4Rr + 3r^2 + 2r^2 - 8Rr) + 3r^2(4R + r)^2 \leq 4R^2(4R + r)^2 \Leftrightarrow$$

$$\Leftrightarrow 4R^3 + 4R^2r - 27Rr^2 + 6r^3 \geq 0 \Leftrightarrow (R - 2r)(4R^2 + 12Rr - 3r^2) \geq 0, \text{ obviously}$$

from Euler's inequality $R \geq 2r$.

Equality holds if and only if the triangle is equilateral.

The left hand inequality: Using the means inequality we obtain:

$$\begin{aligned} \sqrt[3]{h_a^4 h_b^2} + \sqrt[3]{h_b^4 h_c^2} + \sqrt[3]{h_c^4 h_a^2} &\geq 3 \sqrt[3]{\sqrt[3]{h_a^4 h_b^2} \cdot \sqrt[3]{h_b^4 h_c^2} \cdot \sqrt[3]{h_c^4 h_a^2}} = 3 \sqrt[3]{\sqrt[3]{h_a^6 h_b^6 h_c^6}} = \\ &= 3 \sqrt[3]{h_a^2 h_b^2 h_c^2} = 3 \sqrt[3]{\left(\frac{2r^2 s^2}{R}\right)^2} \stackrel{(M)}{\geq} 3 \sqrt[3]{\left(\frac{2r^2 \cdot 27r^2}{R}\right)^2} = 3 \sqrt[3]{9^3 r^6 \cdot \frac{4r^2}{R^2}} = 27r^2 \sqrt[3]{\frac{4r^2}{R^2}} = 27r^2 \left(\frac{2r}{R}\right)^{\frac{2}{3}} \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

Remark.

If we interchange r_a^2 with r_a , we propose:

4) In ΔABC :

$$9r \leq \sqrt[3]{r_a^2 r_b} + \sqrt[3]{r_b^2 r_c} + \sqrt[3]{r_c^2 r_a} \leq 4R + r$$

Marin Chirciu – Romania

Solution

Right hand inequality: Using means inequality:

$$\sqrt[3]{r_a^2 r_b} = \sqrt[3]{r_a \cdot r_a \cdot r_b} \leq \frac{r_a + r_a + r_b}{3} = \frac{2r_a + r_b}{3} \text{ and the analogs.}$$

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We obtain $\sqrt[3]{r_a^2 r_b} + \sqrt[3]{r_b^2 r_c} + \sqrt[3]{r_c^2 r_a} \leq \frac{2r_a+r_b}{3} + \frac{2r_b+r_c}{3} + \frac{2r_c+r_a}{3} = r_a + r_b + r_c = 4R + r$

Equality holds if and only if the triangle is equilateral.

The left hand inequality: Using the means inequality we obtain:

$$\sqrt[3]{r_a^2 r_b} + \sqrt[3]{r_b^2 r_c} + \sqrt[3]{r_c^2 r_a} \geq 3 \sqrt[3]{\sqrt[3]{r_a^2 r_b} \cdot \sqrt[3]{r_b^2 r_c} \cdot \sqrt[3]{r_c^2 r_a}} = 3 \sqrt[3]{\sqrt[3]{r_a^3 r_b^3 r_c^3}} = 3 \sqrt[3]{r_a r_b r_c} =$$

$$= 3 \sqrt[3]{rs^2} \stackrel{(M)}{\geq} 3 \sqrt[3]{r \cdot 27r^2} = 3 \sqrt[3]{27r^3} = 9r, \text{ where (M) is Mitrinovic's inequality}$$

$s \geq 3r\sqrt{3}$. Equality holds if and only if the triangle is equilateral.

Remark.

If we interchange h_a^2 in h_a we propose:

5) In ΔABC :

$$9r \left(\frac{2r}{R} \right)^{\frac{1}{3}} \leq \sqrt[3]{h_a^2 h_b} + \sqrt[3]{h_b^2 h_c} + \sqrt[3]{h_c^2 h_a} \leq \frac{2(R+r)^2}{R}$$

Marin Chircu – Romania

Solution

The right hand inequality: Using means inequality we obtain:

$$\sqrt[3]{h_a^2 h_b} = \sqrt[3]{h_a \cdot h_a \cdot h_b} \leq \frac{h_a+h_a+h_b}{3} = \frac{2h_a+h_b}{3} \text{ and the analogs.}$$

$$\text{We obtain } \sqrt[3]{h_a^2 h_b} + \sqrt[3]{h_b^2 h_c} + \sqrt[3]{h_c^2 h_a} \leq \frac{2h_a+h_b}{3} + \frac{2h_b+h_c}{3} + \frac{2h_c+h_a}{3} = h_a + h_b + h_c =$$

$$= \frac{s^2 + r^2 + 4Rr}{2R}$$

It remains to prove that: $\frac{s^2+r^2+4Rr}{2R} \leq \frac{2(R+r)^2}{R} \Leftrightarrow s^2 \leq 4R^2 + 4Rr + 3r^2$, (Gerretsen's

inequality). Equality holds if and only if the triangle is equilateral.

The left hand inequality: Using means inequality we obtain:

$$\sqrt[3]{h_a^2 h_b} + \sqrt[3]{h_b^2 h_c} + \sqrt[3]{h_c^2 h_a} \geq 3 \sqrt[3]{\sqrt[3]{h_a^2 h_b} \cdot \sqrt[3]{h_b^2 h_c} \cdot \sqrt[3]{h_c^2 h_a}} = 3 \sqrt[3]{\sqrt[3]{h_a^3 h_b^3 h_c^3}} =$$

$$3 \sqrt[3]{h_a h_b h_c} = 3 \sqrt[3]{\frac{2r^2 s^2}{R}} \stackrel{(M)}{\geq} 3 \sqrt[3]{\frac{2r^2 \cdot 27r^2}{R}} = 9r \sqrt[3]{\frac{2r}{R}} = 9r \left(\frac{2r}{R} \right)^{\frac{1}{3}},$$

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where (M) is Mitrinovic's inequality $p \geq 3r\sqrt{3}$

Equality holds if and only if the triangle is equilateral.

JP.281. ABOUT PROBLEM JP.281-RMM NUMBER 19 WINTER 2020

By Marin Chirciu – Romania

1) If $a, b, c > 0$; $abc = 1$ then:

$$\frac{(a+b)^2}{\sqrt{a^2+b^2}} + \frac{(b+c)^2}{\sqrt{b^2+c^2}} + \frac{(c+a)^2}{\sqrt{c^2+a^2}} \geq 6\sqrt{2}$$

Proposed by Nguyen Viet Hung-Hanoi – Vietnam

Solution

Inequality can be written: $\sum \frac{(a+b)^2}{\sqrt{2(a^2+b^2)}} \geq 6$, which follows from $\frac{(a+b)^2}{\sqrt{2(a^2+b^2)}} \geq 2\sqrt{ab} \Leftrightarrow$

$\Leftrightarrow \frac{(a+b)^4}{2(a^2+b^2)} \geq 4ab \Leftrightarrow a^4 - 4a^3b + 6a^2b^2 - 4ab^3 + b^4 \geq 0 \Leftrightarrow (a-b)^4 \geq 0$, obviously

with equality for $a = b$. We obtain:

$$\sum \frac{(a+b)^2}{\sqrt{2(a^2+b^2)}} \geq 2 \sum \sqrt{ab} \stackrel{AM-GM}{\geq} 2 \cdot 3 \sqrt[3]{\sqrt{ab} \cdot \sqrt{bc} \cdot \sqrt{ca}} = 6\sqrt[6]{abc} = 6$$

We deduce that the inequality from enunciation holds, with equality if and only if

$$a = b = c.$$

Remark: The inequality can be developed:

2) If $a, b, c > 0$; $abc = 1$ then:

$$\frac{(a+b)^3}{\sqrt{a^2+b^2}} + \frac{(b+c)^3}{\sqrt{b^2+c^2}} + \frac{(c+a)^3}{\sqrt{c^2+a^2}} \geq 12\sqrt{2}$$

Marin Chirciu – Romania

Solution

The inequality can be written: $\sum \frac{(a+b)^3}{\sqrt{2(a^2+b^2)}} \geq 12$, which follows from

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$$\frac{(a+b)^3}{\sqrt{2(a^2+b^2)}} \geq 4ab \Leftrightarrow$$

$$\Leftrightarrow \frac{(a+b)^6}{2(a^2+b^2)} \geq 16a^2b^2 \Leftrightarrow a^6 + 6a^5b - 17a^4b^2 + 20a^3b^3 - 17a^2b^4 + 6ab^5 + b^6 \geq 0$$

Dividing with a^3b^3 and grouping based on symmetry, wherefrom we obtain:

$$\left(\frac{a^3}{b^3} + \frac{b^3}{a^3}\right) + 6\left(\frac{a^2}{b^2} + \frac{b^2}{a^2}\right) - 17\left(\frac{a}{b} + \frac{b}{a}\right) + 20 \geq 0$$

We denote $\frac{a}{b} + \frac{b}{a} = t \geq 2$, wherefrom follows: $\frac{a^2}{b^2} + \frac{b^2}{a^2} = t^2 - 2$ and $\frac{a^3}{b^3} + \frac{b^3}{a^3} = t^3 - 3t$

The last inequality can be written: $t^3 - 3t + 6(t^2 - 2) - 17t + 20 \geq 0 \Leftrightarrow$

$$\Leftrightarrow t^3 + 6t^2 - 20t + 8 \geq 0 \Leftrightarrow (t-2)(t^2 + 8t - 4) \geq 0, \text{ true because } t \geq 2.$$

We obtain:

$$\sum \frac{(a+b)^3}{\sqrt{2(a^2+b^2)}} \geq 4 \sum ab \stackrel{AM-GM}{\geq} 4 \cdot 3\sqrt[3]{ab \cdot bc \cdot ca} = 12\sqrt[6]{(abc)^2} = 12$$

We deduce that the inequality from enunciation holds, with equality if and only if

$$a = b = c.$$

Remark.

The inequality can be generalized:

3) If $a, b, c > 0$; $abc = 1$ then:

$$\frac{(a+b)^n}{\sqrt{a^2+b^2}} + \frac{(b+c)^n}{\sqrt{b^2+c^2}} + \frac{(c+a)^n}{\sqrt{c^2+a^2}} \geq 3 \cdot 2^{n-1}\sqrt{2}, \text{ where } n \geq 2, n \in \mathbb{N}$$

Marin Chirciu – Romania

Solution

The inequality can be written: $\sum \frac{(a+b)^n}{\sqrt{2(a^2+b^2)}} \geq 3 \cdot 2^{n-1}$, which follows from

$$\frac{(a+b)^n}{\sqrt{2(a^2+b^2)}} \geq (2\sqrt{ab})^{n-1} \Leftrightarrow$$

$$\Leftrightarrow \frac{(a+b)^{2n}}{2(a^2+b^2)} \geq (4ab)^{n-1} \Leftrightarrow (a+b)^{2n} \geq 2(a^2+b^2)(4ab)^{n-1} \Leftrightarrow$$

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$[(a+b)^2]^n \geq 2(a^2+b^2)(4ab)^n \cdot \frac{1}{4ab} \Leftrightarrow \left[\frac{(a+b)^2}{4ab}\right]^n \geq \frac{a^2+b^2}{2ab}$, where we prove through
mathematical induction after $n \geq 2, n \in \mathbb{N}$.

Let be $P(n): \left[\frac{(a+b)^2}{4ab}\right]^n \geq \frac{a^2+b^2}{2ab}, n \geq 2, n \in \mathbb{N}$.

$$P(2): \left[\frac{(a+b)^2}{4ab}\right]^2 \geq \frac{a^2+b^2}{2ab} \Leftrightarrow \frac{(a+b)^4}{2(a^2+b^2)} \geq 4ab \Leftrightarrow$$

$$\Leftrightarrow a^4 - 4a^3b + 6a^2b^2 - 4ab^3 + b^4 \geq 0 \Leftrightarrow (a-b)^4 \geq 0, \text{ obviously with equality for } a = b.$$

$P(k) \Rightarrow P(k+1)$, where $k \geq 2, k \in \mathbb{N}$

We propose that $P(k): \left[\frac{(a+b)^2}{4ab}\right]^k \geq \frac{a^2+b^2}{2ab}; k \geq 2, k \in \mathbb{N}$, true and we prove that

$$P(k+1): \left[\frac{(a+b)^2}{4ab}\right]^{k+1} \geq \frac{a^2+b^2}{2ab} \text{ true.}$$

$$\text{Indeed: } \left[\frac{(a+b)^2}{4ab}\right]^{k+1} = \left[\frac{(a+b)^2}{4ab}\right]^k \cdot \frac{(a+b)^2}{4ab} \stackrel{P(k)}{\geq} \frac{a^2+b^2}{2ab} \cdot \frac{(a+b)^2}{4ab} \stackrel{(1)}{\geq} \frac{a^2+b^2}{2ab}, \text{ where } (1) \frac{(a+b)^2}{4ab} \geq 1 \Leftrightarrow$$

$$\Leftrightarrow (a-b)^4 \geq 0, \text{ obviously with equality for } a = b.$$

We obtain:

$$\sum \frac{(a+b)^n}{\sqrt{2(a^2+b^2)}} \geq \sum (2\sqrt{ab})^{n-1} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{(2\sqrt{ab})^{n-1} \cdot (2\sqrt{bc})^{n-1} \cdot (2\sqrt{ca})^{n-1}} =$$

$$= 3 \sqrt[3]{(8abc)^{n-1}} = 3 \sqrt[3]{8^{n-1}} = 3 \cdot 2^{n-1}$$

We deduce that the inequality from enunciation holds if and only if $a = b = c$.

Note.

For $n = 2$ we obtain Problem JP.281, RMM Number 19, Winter 2020, proposed by

Nguyen Viet Hung, Vietnam

4) If $a, b, c > 0; abc = 1$ then:

$$\frac{(a+b)^n}{\sqrt{a^2+b^2}} + \frac{(b+c)^n}{\sqrt{b^2+c^2}} + \frac{(c+a)^n}{\sqrt{c^2+a^2}} \geq 3 \cdot 2^{n-\frac{1}{2}}, \text{ where } n \geq 2, n \in \mathbb{N}$$

Proposed by Marin Chirciu – Romania

Solution

We reformulate the enunciation from 3)

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JP.282. If $a, b, c > 1$ then:

$$\log a \cdot \log b \cdot \log c \cdot (\log_a e + \log_b e + \log_c e)^2 \geq 3 \log(abc)$$

Proposed by Daniel Sitaru – Romania

Solution 1 by Florentin Vişescu – Romania

We denote $\ln a = x > 0$; $\ln b = y > 0$; $\ln c = z > 0$

$$xyz \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right)^2 \geq 3(x + y + z)$$

$$xyz \left(\frac{yz + xz + xy}{xyz} \right)^2 \geq 3(x + y + z)$$

$$\frac{(xy + xz + yz)^2}{xyz} \geq 3(x + y + z)$$

$$x^2y^2 + x^2z^2 + y^2z^2 + 2x^2yz + 2xy^2z + 2xyz^2 \geq 3x^2yz + 3xy^2z + 3xyz^2$$

$$x^2y^2 + x^2z^2 + y^2z^2 - x^2yz - xy^2z - xyz^2 \geq 0 \quad |2$$

$$(xy - xz)^2 + (xy - yz)^2 + (xz - yz)^2 \geq 0 \quad \text{True}$$

Solution 2 by Henry Ricardo-New York-USA

Setting $\log a = A, \log b = B, \log c = C$, and noting that $\log_r s = \frac{1}{\log_s r}$, we have:

$$\begin{aligned} \prod_{\text{cyclic}} \log a \cdot \left(\sum_{\text{cyclic}} \log_a e \right)^2 &= ABC \left(\frac{1}{A} + \frac{1}{B} + \frac{1}{C} \right) \left(\frac{1}{A} + \frac{1}{B} + \frac{1}{C} \right) \\ &= (AB + BC + CA) \left(\frac{1}{A} + \frac{1}{B} + \frac{1}{C} \right) = 2(A + B + C) + \sum_{\text{cyclic}} \frac{AB}{C} \geq 3(A + B + C) \\ &\Leftrightarrow \sum_{\text{cyclic}} \frac{AB}{C} \geq A + B + C \Leftrightarrow \sum_{\text{cyclic}} (AB)^2 \geq \sum_{\text{cyclic}} (AB)(BC), \end{aligned}$$

which is true by the AGM inequality. Equality holds if and only if $a = b = c$.

JP.283 If $a, b, c \in \mathbb{R}$ then:

$$2 \sum_{\text{cyc}} \sin^2 a + \sum_{\text{cyc}} \sin^2(a + b) \leq \frac{27}{4}$$

Proposed by Daniel Sitaru-Romania

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Solution 1 by Marian Ursărescu-Romania

We must show:

$$2 \sum_{cyc} (1 - \cos^2 a) + \sum_{cyc} (1 - \cos^2(a + b)) \leq \frac{27}{4}$$

$$6 - \sum_{cyc} \cos^2 a + 3 - \sum_{cyc} \cos^2(a + b) \leq \frac{27}{4}$$

$$2 \sum_{cyc} \cos^2 a + \sum_{cyc} \cos^2(a + b) \geq \frac{9}{4}$$

$$\cos^2 a + \cos^2 b + \cos^2(a + b) + \cos^2 b + \cos^2 c + \cos^2(b + c) + \cos^2 c + \cos^2 a + \cos^2(c + a) \geq \frac{9}{4} \dots (1)$$

$$\cos^2 a + \cos^2 b + \cos^2(a + b) = \frac{1 + \cos 2a}{2} + \cos^2 b + \frac{1 + \cos 2(a + b)}{2}$$

$$= 1 + \cos^2 b + \frac{\cos 2a + \cos 2(a + b)}{2} = 1 + \cos^2 b + \cos(2a + b) \cos b$$

$$= \left[\cos b + \frac{\cos(2a + b)}{2} \right]^2 + \frac{1}{4} - \frac{\cos^2(2a + b)}{4} + \frac{3}{4}$$

$$= \underbrace{\left[\cos b + \frac{\cos(2a + b)}{2} \right]^2}_{>0} + \underbrace{\frac{\sin^2(2a + b)}{4}}_{>0} + \frac{3}{4} \geq \frac{3}{4}$$

$$\cos^2 a + \cos^2 b + \cos^2(a + b) \geq \frac{3}{4}$$

and two similar relationship

$$2 \sum_{cyc} \sin^2 a + \sum_{cyc} \sin^2(a + b) \leq \frac{27}{4}$$

Solution 2 by Adrian Popa-Romania

$$\text{Firstly we show that: } \sin^2 a + \sin^2 b + \sin^2(a + b) \leq \frac{9}{4}$$

$$\therefore \left[\frac{1 - \cos 2a}{2} + \frac{1 - \cos 2b}{2} = 1 - \cos(a + b) \cos(a - b) \right]$$

$$1 - \cos(a + b) \cos(a - b) + 1 - \cos^2(a + b) \stackrel{?}{\leq} \frac{9}{4}$$

$$2 - \cos(a + b) \cos(a - b) - \cos^2(a + b) \leq 2 + |\cos(a + b) \cos(a - b)| - \cos^2(a + b) \leq \\ \leq 2 + |\cos(a + b)| - \cos^2(a + b)$$

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Denote: $|\cos(a + b)| = x$ and let: $f(x) = 2 + x - x^2$

$f'(x) = 1 - 2x; f'(x) = 0 \Leftrightarrow x = \frac{1}{2}; f_{max} = f\left(\frac{1}{2}\right) = \frac{9}{4}$. Then:

$$\sin^2 a + \sin^2 b + \sin^2(a + b) \leq \frac{9}{4}$$

$$\sin^2 a + \sin^2 c + \sin^2(a + c) \leq \frac{9}{4}$$

$$\sin^2 b + \sin^2 c + \sin^2(b + c) \leq \frac{9}{4}$$

So,

$$2 \sum_{cyc} \sin^2 a + \sum_{cyc} \sin^2(a + b) \leq \frac{27}{4}$$

JP.284. In acute $\triangle ABC$ the following relationship holds:

$$\frac{\sqrt{\sin 2A} + \sqrt{\sin 2B} + \sqrt{\sin 2C}}{\sqrt{\tan A} + \sqrt{\tan B} + \sqrt{\tan C}} \geq \sqrt{2\left(\frac{r}{R} + 1\right)^2 - 4}$$

Proposed by Marian Ursărescu-Romania

Solution by proposer

$$2(x + y) \geq (\sqrt{x} + \sqrt{y})^2, \forall x, y > 0$$

$$\text{Let: } x = \sin 2A + \sin 2B - \sin 2C; y = \sin 2A - \sin 2B + \sin 2C$$

$$4\sin 2A \geq (\sqrt{\sin 2A + \sin 2B - \sin 2C} + \sqrt{\sin 2A - \sin 2B + \sin 2C})^2$$

$$\sqrt{\sin 2A + \sin 2B - \sin 2C} + \sqrt{\sin 2A - \sin 2B + \sin 2C} \leq 2\sqrt{\sin 2A}$$

Analogous:

$$\sqrt{\sin 2A + \sin 2B - \sin 2C} + \sqrt{-\sin 2A + \sin 2B + \sin 2C} \leq 2\sqrt{\sin 2B}$$

$$\sqrt{\sin 2A - \sin 2B + \sin 2C} + \sqrt{-\sin 2A + \sin 2B + \sin 2C} \leq 2\sqrt{\sin 2C}$$

$$\sum \sqrt{\sin 2A + \sin 2B - \sin 2C} \leq \sqrt{\sin 2A} + \sqrt{\sin 2B} + \sqrt{\sin 2C}; \quad (1)$$

$$\begin{aligned} \text{But: } \sin 2A + \sin 2B - \sin 2C &= 2\sin(A + B)\cos(A - B) - 2\sin C \cos C \\ &= 2\sin C [\cos(A - B) - \cos C] = -4\sin C \sin\left(\frac{A - B + C}{2}\right) \sin\left(\frac{A - B - C}{2}\right) \end{aligned}$$

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$$= 4\cos A \cos B \sin C = 4\cos A \cos B \cos C \tan C = \frac{s^2 - (2R + r)^2}{R^2} \tan C; \quad (2)$$

From (1),(2) we have: $\sqrt{\frac{s^2 - (2R+r)^2}{R^2}} \sum \sqrt{\tan A} \leq \sum \sqrt{\sin 2A}$

$$\sqrt{\frac{s^2 - (2R + r)^2}{R^2}} \leq \frac{\sum \sqrt{\sin 2A}}{\sum \sqrt{\tan A}}; \quad (3)$$

$$\begin{aligned} \sqrt{\frac{s^2 - (2R + r)^2}{R^2}} &\stackrel{(*)}{\geq} \sqrt{\frac{2R^2 + 8Rr + 3r^2 - 4R^2 - 4Rr - r^2}{R^2}} = \\ &= \sqrt{\frac{2r^2 + 4Rr - 2R^2}{R^2}} = \sqrt{2\left(\frac{r}{R} + 1\right)^2 - 4} \end{aligned}$$

$$(*) : s^2 \geq 2R^2 + 8Rr + 3r^2; \quad (4)$$

From (3) and (4) we have:

$$\frac{\sqrt{\sin 2A} + \sqrt{\sin 2B} + \sqrt{\sin 2C}}{\sqrt{\tan A} + \sqrt{\tan B} + \sqrt{\tan C}} \geq \sqrt{2\left(\frac{r}{R} + 1\right)^2 - 4}$$

JP.285 In $\triangle ABC$ the following relationship holds:

$$\frac{m_a^2}{m_b} + \frac{m_b^2}{m_c} + \frac{m_c^2}{m_a} \geq s\sqrt{3}$$

Proposed by Marian Ursărescu-Romania

Solution by Rahim Shahbazov-Baku-Azerbaijan

$$\frac{m_a^2}{m_b} + \frac{m_b^2}{m_c} + \frac{m_c^2}{m_a} \geq s\sqrt{3} \dots (1)$$

Lemma: $x, y, z > 0$ then: $\frac{x^2}{y} + \frac{y^2}{z} + \frac{z^2}{x} \geq 3 \cdot \sqrt{\frac{x^2+y^2+z^2}{3}} \stackrel{(1)}{\Rightarrow}$

$$LHS \geq 3 \cdot \sqrt{\frac{m_a^2 + m_b^2 + m_c^2}{3}} \geq s\sqrt{3} \Rightarrow 3(a^2 + b^2 + c^2) \geq (a + b + c)^2$$

Prove lemma: $\frac{x^2}{y} + \frac{y^2}{z} + \frac{z^2}{x} \geq \frac{(x^2+y^2+z^2)^2}{x^2y+y^2z+z^2x}$

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$$\geq \frac{(x^2 + y^2 + z^2)^2}{\sqrt{(x^2 + y^2 + z^2)(x^2y^2 + y^2z^2 + z^2y^2)}} \geq 3 \cdot \sqrt{\frac{x^2 + y^2 + z^2}{3}} \Rightarrow$$

$$(x^2 + y^2 + z^2)^2 \geq x^2y^2 + y^2z^2 + z^2y^2$$

SP.271. If $a_1, a_2, \dots, a_n > 0$; $a_1 a_2 \cdot \dots \cdot a_n = 1$; $\lambda \geq \frac{1}{2}$ then:

$$\frac{1}{\lambda + a_1} + \frac{1}{\lambda + a_2} + \dots + \frac{1}{\lambda + a_n} \leq \frac{a_1 + a_2 + \dots + a_n}{\lambda + 1}$$

Proposed by Marin Chirciu-Romania

Solution by Michael Sterghiou-Greece

$$\frac{1}{\lambda + a_1} + \frac{1}{\lambda + a_2} + \dots + \frac{1}{\lambda + a_n} \leq \frac{a_1 + a_2 + \dots + a_n}{\lambda + 1} \quad (1)$$

Denote $S_n = \sum_{i=1}^n a_i$. For $n = 1$ we have equality.

For $n = 2 \stackrel{(1)}{\Rightarrow} \frac{1}{\lambda + a_1} + \frac{1}{\lambda + \frac{1}{a_1}} \leq \frac{a_1 + \frac{1}{a_1}}{\lambda + 1}$ which reduces to $-\frac{\lambda(a_1-1)^2(a_1^2 + \lambda a_1 + a_1 + 1)}{(1+\lambda)(\lambda+a_1)(\lambda a_1+1)} \leq 0$ so, for

$n = 2$, (1) holds. Assume that (1) holds for any n numbers (satisfying the conditions of the problem) such $a_1, a_2, \dots, a_{n-1}, \vartheta$ where $\vartheta = a_n a_{n+1}$.

Then $a_1 \cdot a_2 \cdot \dots \cdot a_{n-1} \cdot \vartheta = 1$ and by induction

$$\sum_{i=1}^n \frac{1}{a_i + \lambda} \leq \frac{S_{n-1} + \vartheta}{1 + \lambda} \quad (2)$$

Now, we have to prove that: $\sum_{i=1}^{n+1} \frac{1}{a_i + \lambda} \leq \frac{S_{n+1}}{1 + \lambda} = \frac{S_{n-1}}{1 + \lambda} + \frac{a_n + a_{n+1}}{1 + \lambda}$ (3).

From (2) $\left(\sum_{i=1}^{n-1} \frac{1}{a_i + \lambda}\right) + \frac{1}{\lambda + \vartheta} \leq \frac{S_{n-1} + \vartheta}{1 + \lambda}$ or $\sum_{i=1}^{n-1} \frac{1}{a_i + \lambda} \leq \frac{S_{n-1} + \vartheta}{1 + \lambda} - \frac{1}{\lambda + \vartheta}$

Because of this it suffices to show that: $\frac{S_{n-1} + \vartheta}{1 + \lambda} - \frac{1}{\lambda + \vartheta} + \frac{1}{a_n + \lambda} + \frac{1}{a_{n+1} + \lambda} \leq \frac{S_{n-1}}{1 + \lambda} + \frac{a_n + a_{n+1}}{1 + \lambda}$

Putting: $a_n = x, a_{n+1} = y, \vartheta = xy$ the last inequality becomes:

$$\frac{xy}{1 + \lambda} - \frac{1}{\lambda + xy} + \frac{1}{x + \lambda} + \frac{1}{y + \lambda} - \frac{x + y}{1 + \lambda} \leq 0 \text{ which reduces to:}$$

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$$\frac{(x-1)(y-1)[\lambda^3 + \lambda^2 xy + \lambda^2 x + \lambda^2 y + \lambda^2 + \lambda x^2 y + \lambda xy^2 + \lambda xy + x^2 y^2 - xy]}{(\lambda+1)(\lambda+x)(\lambda+y)(\lambda+xy)} \stackrel{(4)}{\geq} 0$$

The expression in [.] in the nominator of (4) is increasing function of λ and for $\lambda \geq \frac{1}{2}$ it is positive (obvious).

(4) holds if one of x, y is ≥ 1 and the other ≤ 1 .

We can clearly assume this as the inequality is cyclic and we cannot have all a_i greater then 1 or smaller then 1. This completes the proof. Done.

SP.272. RMM NUMBER 19 WINTER 2020

By Marin Chirciu – Romania

1) In ΔABC the following relationship holds:

$$\frac{3}{R} \leq \frac{r_b + r_c}{a^2} + \frac{r_c + r_a}{b^2} + \frac{r_a + r_b}{c^2} \leq \frac{3}{4r} \left(\frac{R^2}{r^2} - 2 \right)$$

Proposed by George Apostolopoulos-Messolonghi- Greece

Solution

We prove the following lemma:

Lemma:

2) In ΔABC the following relationship holds:

$$\frac{r_b + r_c}{a^2} + \frac{r_c + r_a}{b^2} + \frac{r_a + r_b}{c^2} = \frac{s^2 + r^2 - 8Rr}{4Rr^2}$$

Proof.

Using the formula $r_a = \frac{S}{s-a}$ we obtain:

$$\begin{aligned} \sum \frac{r_b + r_c}{a^2} &= \sum \frac{\frac{S}{s-b} + \frac{S}{s-c}}{a^2} = S \sum \frac{1}{a(s-b)(s-c)} = rs \cdot \frac{s^2 + r^2 - 8Rr}{4Rr^3 s} = \\ &= \frac{s^2 + r^2 - 8Rr}{4Rr^2} \end{aligned}$$

Which follows from the known identity in triangle:

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$$\sum \frac{1}{a(s-b)(s-c)} = \frac{s^2 + r^2 - 8Rr}{4Rr^3s}$$

Let's get back to the main problem.

The left hand – inequality: Using the Lemma the inequality can be written:

$$\frac{s^2 + r^2 - 8Rr}{4Rr^2} \geq \frac{3}{R} \Leftrightarrow s^2 \geq 8Rr + 11r^2, \text{ which follows from Gerretsen's inequality}$$

$s^2 \geq 16Rr - 5r^2$. It remains to prove that:

$$16Rr - 5r^2 \geq 8Rr + 11r^2 \Leftrightarrow R \geq 2r, \text{ (Euler's inequality).}$$

Equality holds if and only if ΔABC is equilateral.

The right hand inequality: Using the Lemma the inequality can be written:

$$\frac{s^2 + r^2 - 8Rr}{4Rr^2} \leq \frac{3}{4r} \left(\frac{R^2}{r^2} - 2 \right) \Leftrightarrow r(s^2 + r^2 - 8Rr) \leq 3R(R^2 - 2r^2)$$

which follows from Gerretsen's inequality $s^2 \leq 4R^2 + 4Rr + 3r^2$.

It remains to prove that:

$$r(4R^2 + 4Rr + 3r^2 + r^2 - 8Rr) \leq 3R(R^2 - 2r^2) \Leftrightarrow 3R^3 - 4R^2r - 2Rr^2 - 4r^3 \geq 0 \Leftrightarrow$$

Equality holds if and only if ΔABC is equilateral.

Remark.

The right-hand inequality can be strengthened:

3) In ΔABC the following relationship holds:

$$\frac{r_b + r_c}{a^2} + \frac{r_c + r_a}{b^2} + \frac{r_a + r_b}{c^2} \leq \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right)$$

Marin Chirciu – Romania

Solution

Using the Lemma the inequality can be written:

$$\frac{s^2 + r^2 - 8Rr}{4Rr^2} \leq \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right), \text{ which follows from Gerretsen's inequality:}$$

$$s^2 \leq 4R^2 + 4Rr + 3r^2$$

We obtain:

$$\frac{s^2 + r^2 - 8Rr}{4Rr^2} \leq \frac{4R^2 + 4Rr + 3r^2 + r^2 - 8Rr}{4Rr^2} = \frac{4R^2 - 4Rr + 4r^2}{4Rr^2} = \frac{R^2 - Rr + r^2}{Rr^2} =$$

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$$= \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right)$$

Equality holds if and only if ΔABC is equilateral.

Remark.

Inequality 3) is stronger than inequality 1) from the right.

4) In ΔABC the following relationship holds:

$$\frac{r_b + r_c}{a^2} + \frac{r_c + r_a}{b^2} + \frac{r_a + r_b}{c^2} \leq \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right) \leq \frac{3}{4r} \left(\frac{R^2}{r^2} - 2 \right)$$

Solution

$$\text{See 3) and } \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right) \leq \frac{3}{4r} \left(\frac{R^2}{r^2} - 2 \right) \Leftrightarrow 3R^3 - 4R^2r - 2Rr^2 - 4r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(3R^2 + 2Rr + 2r^2) \geq 0, \text{ obviously from Euler's inequality } R \geq 2r.$$

Equality holds if and only if ΔABC is equilateral.

Remark.

The inequalities can be written:

5) In ΔABC the following relationship holds:

$$\frac{3}{R} \leq \frac{r_b + r_c}{a^2} + \frac{r_c + r_a}{b^2} + \frac{r_a + r_b}{c^2} \leq \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right) \leq \frac{3}{4r} \left(\frac{R^2}{r^2} - 2 \right)$$

Solution

See inequalities 1) and 4).

Equality holds if and only if ΔABC is equilateral.

Remark

If we replace r_a with h_a we propose:

6) In ΔABC the following relationship holds:

$$\frac{3}{R} \leq \frac{h_b + h_c}{a^2} + \frac{h_c + h_a}{b^2} + \frac{h_a + h_b}{c^2} \leq \frac{1}{r} \left(\frac{r^2}{R^2} + \frac{r}{2R} + 1 \right)$$

Marin Chirciu – Romania

Solution

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We prove the following lemma:

Lemma

7) In ΔABC the following relationship holds:

$$\frac{h_b + h_c}{a^2} + \frac{h_c + h_a}{b^2} + \frac{h_a + h_b}{c^2} = \frac{s^2 + r^2 - 2Rr}{4R^2r}$$

Proof.

Using the formula $h_a = \frac{2S}{a}$ we obtain:

$$\begin{aligned} \sum \frac{h_b + h_c}{a^2} &= \sum \frac{\frac{2S}{b} + \frac{2S}{c}}{a^2} = \frac{2S}{abc} \sum \frac{b+c}{a} = \frac{2S}{4RS} \cdot \frac{s^2 + r^2 - 2Rr}{2Rr} = \\ &= \frac{s^2 + r^2 - 2Rr}{4R^2r} \end{aligned}$$

which follows from the known identity in triangle: $\sum \frac{b+c}{a} = \frac{s^2 + r^2 - 2Rr}{2Rr}$

Let's get back to the main problem.

The left hand inequality.

Using the Lemma the inequality can be written:

$$\frac{s^2 + r^2 - 2Rr}{4R^2r} \geq \frac{3}{R} \Leftrightarrow s^2 \geq 14Rr - r^2, \text{ which follows from Gerretsen's inequality}$$

$s^2 \geq 16Rr - 5r^2$. It remains to prove that:

$$16Rr - 5r^2 \geq 14Rr - r^2 \Leftrightarrow R \geq 2r, \text{ (Euler's inequality)}$$

Equality holds if and only if ΔABC is equilateral.

The right hand inequality.

Using the Lemma the inequality can be written:

$$\frac{s^2 + r^2 - 2Rr}{4R^2r} \leq \frac{1}{r} \left(\frac{r^2}{R^2} + \frac{r}{2R} + 1 \right)$$

which follows from Gerretsen's inequality $s^2 \leq 4R^2 + 4Rr + 3r^2$.

$$\begin{aligned} \text{We obtain: } \frac{s^2 + r^2 - 2Rr}{4R^2r} &\leq \frac{4R^2 + 4Rr + 3r^2 + r^2 - 2Rr}{4R^2r} = \frac{4R^2 + 2Rr + 4r^2}{4R^2r} = \frac{2R^2 + Rr + 2r^2}{2R^2r} = \\ &= \frac{1}{r} \left(\frac{r^2}{R^2} + \frac{r}{2R} + 1 \right) \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

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Remark.

Between the sums $\sum \frac{h_b + h_c}{a^2}$ and $\sum \frac{r_b + r_c}{a^2}$ we obtain the relationship:

8) In ΔABC the following relationship holds:

$$\sum \frac{h_b + h_c}{a^2} \leq \sum \frac{r_b + r_c}{a^2}$$

Marin Chirciu – Romania

Solution

Using the above Lemmas the inequality can be written:

$$\frac{s^2 + r^2 - 2Rr}{4R^2r} \leq \frac{s^2 + r^2 - 8Rr}{4Rr^2} \Leftrightarrow s^2(R - r) \geq r(8R^2 - 3Rr + r^2), \text{ which follows from}$$

Gerretsen's inequality $s^2 \geq 16Rr - 5r^2$. It remains to prove that:

$$(16Rr - 5r^2)(R - r) \geq r(8R^2 - 3Rr + r^2) \Leftrightarrow 4R^2 - 9Rr + 2r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(4R - r) \geq 0, \text{ obviously from Euler's inequality } R \geq 2r.$$

Equality holds if and only if ΔABC is equilateral.

Remark.

The following inequalities can be written:

9) In ΔABC the following relationship holds:

$$\frac{3}{R} \leq \sum \frac{h_b + h_c}{a^2} \leq \sum \frac{r_b + r_c}{a^2} \leq \frac{1}{R} \left(\frac{R^2}{r^2} - \frac{R}{r} + 1 \right)$$

Solution

See inequalities 1), 8) and 3).

Equality holds if and only if ΔABC is equilateral.

SP.273. If $x, y \in \mathbb{R}$ then:

$$\sin^4 x + \cos^4 x \sin^4 y + \cos^4 x \cos^4 y \geq \frac{1}{3}$$

When does the equality holds?

Proposed by Daniel Sitaru – Romania

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Solution 1 by Ravi Prakash-New Delhi-India

$$\frac{\sin^4 x + \cos^4 x \sin^4 y + \cos^4 x \cos^4 y}{3} \geq \left(\frac{\sin^2 x + \cos^2 x \sin^2 y + \cos^2 x \cos^2 y}{3} \right)^2$$

$$\begin{aligned} \text{But } \sin^2 x + \cos^2 x \sin^2 y + \cos^2 x \cos^2 y &= \sin^2 x + \cos^2 x (\sin^2 y + \cos^2 y) \\ &= \sin^2 x + \cos^2 x = 1 \end{aligned}$$

$$\text{Thus, } \sin^4 x + \cos^4 x \sin^4 y + \cos^4 x \cos^4 y \geq \frac{1}{3}$$

$$\text{Equality holds if } \sin^4 x = \cos^4 x \sin^4 y = \cos^4 x \cos^4 y$$

x is an odd multiple of $\frac{\pi}{2}$ it is not possible.

$$\therefore \cos^4 x \neq 0 \Rightarrow \sin^4 y = \cos^4 y \Rightarrow y = n\pi \pm \frac{\pi}{4}; n \in \mathbb{Z} \Rightarrow \tan^4 x = \frac{1}{4}$$

$$\Rightarrow x = m\pi \pm \tan^{-1}\left(\frac{1}{\sqrt{2}}\right), m \in \mathbb{Z}$$

$$\text{Thus, equality holds when } x = m\pi \pm \tan^{-1}\left(\frac{1}{\sqrt{2}}\right), y = n\pi \pm \frac{\pi}{4}, m, n \in \mathbb{Z}$$

Solution 2 by Marin Chirciu-Romania

$$\text{Using Bergström's inequality we obtain } \sin^4 y + \cos^4 y \geq \frac{(\sin^2 y + \cos^2 y)^2}{2} = \frac{1}{2},$$

with equality if and only if $\sin^2 y = \cos^2 y$. It follows:

$$M_s = \sin^4 x + \cos^4 x (\sin^4 y + \cos^4 y) \geq \sin^4 x + \cos^4 x \cdot \frac{1}{2} \stackrel{(1)}{\geq} \frac{1}{3} = M_d, \text{ where (1) } \Leftrightarrow$$

$$\Leftrightarrow 6 \sin^4 x + 3 \cos^4 x \geq 2 \Leftrightarrow 6 \sin^4 x + 3(1 - \sin^2 x)^2 \geq 2 \Leftrightarrow 9 \sin^4 x - 6 \sin^2 x + 1 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (3 \sin^2 x - 1)^2 \geq 0, \text{ obviously with equality if and only if } 3 \sin^2 x = 1.$$

We deduce that the inequality from enunciation holds, with equality if and only if

$$\sin^2 y = \cos^2 y \text{ and } 3 \sin^2 x = 1$$

SP.274 If in ΔABC ; $s = \frac{1}{2}$ then:

$$a \cdot e^{\frac{m_a}{a}} + b \cdot e^{\frac{m_b}{b}} + c \cdot e^{\frac{m_c}{c}} \geq e^{m_a + m_b + m_c}$$

Proposed by Daniel Sitaru – Romania

Solution by proposer

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Let be $f_1, f_2, f_3: (0, \infty) \rightarrow \mathbb{R}$

$$f_1(x) = ax \ln x - (a + m_a)x; f_2(x) = bx \ln x - (b + m_b)x$$

$$f_3(x) = cx \ln x - (c + m_c)x$$

$$f_1'(x) = a(\ln x + 1) - (a + m_a) = a \ln x - m_a$$

$$f_1'(x) = 0 \Rightarrow a \ln x = m_a \Rightarrow \ln x = \frac{m_a}{a}$$

$$\ln x = \ln e^{\frac{m_a}{a}} \Rightarrow x = e^{\frac{m_a}{a}}$$

$$\min f_1(x) = f_1\left(e^{\frac{m_a}{a}}\right) = a \cdot e^{\frac{m_a}{a}} \cdot \ln e^{\frac{m_a}{a}} - (a + m_a) \cdot e^{\frac{m_a}{a}} =$$

$$= m_a \cdot e^{\frac{m_a}{a}} - a e^{\frac{m_a}{a}} - m_a \cdot e^{\frac{m_a}{a}} = -a e^{\frac{m_a}{a}}$$

$$\text{Analogous: } \min f_2(x) = -b e^{\frac{m_b}{b}}; \min f_3(x) = -c e^{\frac{m_c}{c}}$$

$$f_1 + f_2 + f_3: (0, \infty) \rightarrow \mathbb{R}$$

$$(f_1 + f_2 + f_3)(x) = f_1(x) + f_2(x) + f_3(x)$$

$$\min(f_1 + f_2 + f_3)(x) = -(a + b + c) e^{\frac{m_a + m_b + m_c}{a + b + c}}$$

$$\min f_1(x) + \min f_2(x) + \min f_3(x) \leq \min(f_1 + f_2 + f_3)(x)$$

$$-a e^{\frac{m_a}{a}} - b e^{\frac{m_b}{b}} - c e^{\frac{m_c}{c}} \leq -(a + b + c) e^{\frac{m_a + m_b + m_c}{a + b + c}}$$

$$a e^{\frac{m_a}{a}} + b e^{\frac{m_b}{b}} + c e^{\frac{m_c}{c}} \geq (a + b + c) e^{\frac{m_a + m_b + m_c}{a + b + c}} =$$

$$= (2s) \cdot e^{\frac{m_a + m_b + m_c}{2s}} = \left(2 \cdot \frac{1}{2}\right) \cdot e^{2 \cdot \frac{1}{2}} = e^{m_a + m_b + m_c}$$

$$\text{Equality holds for } a = b = c = \frac{1}{6}.$$

SP.275. In $\triangle ABC$ the following relationship holds:

$$\left(\frac{a+b}{m_a+m_b}\right)^2 + \left(\frac{b+c}{m_b+m_c}\right)^2 + \left(\frac{c+a}{m_c+m_a}\right)^2 \geq 4$$

Proposed by Hung Nguyen Viet-Vietnam

Solution by proposer

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Lemma 1. In any $\triangle ABC$, then $(m_b + m_c)^2 \leq 2a^2 + \frac{(b+c)^2}{4}$

Proof. The desired inequality is equivalent to $4m_b m_c \leq 2a^2 + bc$

$$[2(c^2 + a^2) - b^2][2(a^2 + b^2) - c^2] \leq (2a^2 + bc)^2$$

$$4(a^2 + b^2)(a^2 + c^2) - 2b^2(a^2 + b^2) - 2c^2(c^2 + a^2) + b^2c^2 \leq 4a^4 + 2a^2bc + b^2c^2$$

$$2a^2b^2 + 2a^2c^2 + 4b^2c^2 - 2b^4 - 2c^4 \leq 2a^2bc$$

$$(ab - ac)^2 \leq (b^2 - c^2)^2$$

$$(a + b + c)(b + c - a)(b - c)^2 \geq 0$$

The last inequality is clearly true.

$$\begin{aligned} \sum_{cyc} \left(\frac{b+c}{m_b+m_c} \right)^2 &\geq \sum_{cyc} \frac{4(b+c)^2}{8a^2+(b+c)^2} \geq \frac{4[(b+c)^2+(c+a)^2+(a+b)^2]^2}{\sum_{cyc}[8a^2(b+c)^2+(b+c)^4]} \\ &= \frac{16(a^2+b^2+c^2+ab+bc+ca)^2}{2(a^4+b^4+c^4)+22(a^2b^2+b^2c^2+c^2a^2)+16abc(a+b+c)+\sum_{cyc}4bc(b^2+c^2)} \end{aligned}$$

Hence, it suffices to show that:

$$\begin{aligned} &2(a^2+b^2+c^2+ab+bc+ca)^2 \geq \\ &(a^4+b^4+c^4)+11(a^2b^2+b^2c^2+c^2a^2)+8abc(a+b+c)+\sum_{cyc}2bc(b^2+c^2) \end{aligned}$$

Or equivalent to

$$a^4+b^4+c^4+\sum_{cyc}2bc(b^2+c^2) \geq 5(a^2b^2+b^2c^2+c^2a^2)$$

$$a^4+b^4+c^4+\sum_{cyc}2bc(b-c)^2 \geq 5(a^2b^2+b^2c^2+c^2a^2)$$

The last inequality is true because

$$a^4+b^4+c^4 \geq a^2b^2+b^2c^2+c^2a^2$$

SP.276. If $x, y, z > 0; n \geq 1$ then:

$$\sum_{cyc} \frac{(nx+y)(nx+z)}{yz} \geq \frac{(n+1)^2}{2} \sum_{cyc} \frac{y+z}{x}$$

Proposed by Marin Chirciu-Romania

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Solution by George Florin Șerban-Romania

$$\sum_{cyc} \frac{(nx+y)(nx+z)}{yz} \geq \frac{(n+1)^2}{2} \sum_{cyc} \frac{y+z}{x}$$

$$\sum_{cyc} \left(\frac{n^2 x^2}{yz} + \frac{nxz}{yz} + \frac{nxy}{yz} + \frac{yz}{yz} \right) \geq \frac{n^2 + 2n + 1}{2} \sum_{cyc} \frac{y+z}{x}$$

$$n^2 \left(\frac{x^2}{yz} + \frac{y^2}{zx} + \frac{z^2}{xy} \right) + 3 \geq \frac{n^2 + 1}{2} \sum_{cyc} \frac{y+z}{x}, \frac{n^2(x^3 + y^3 + z^3)}{xyz} + 3 \geq \frac{n^2 + 1}{2} \sum_{cyc} \frac{y+z}{x}$$

$$n^2 \left(\frac{x^3 + y^3 + z^3}{xyz} - \frac{1}{2} \sum_{cyc} \frac{y+z}{x} \right) \geq \frac{1}{2} \sum_{cyc} \frac{y+z}{x} - 3$$

$$n^2 \left(\frac{x^3 + y^3 + z^3}{xyz} - \frac{1}{2} \sum_{cyc} \frac{y+z}{x} \right) \geq \frac{x^3 + y^3 + z^3}{xyz} - \frac{1}{2} \sum_{cyc} \frac{y+z}{x} \stackrel{?}{\geq} \frac{1}{2} \sum_{cyc} \frac{y+z}{x} - 3$$

Because: $x^3 + y^3 \geq xy(x+y) \Rightarrow \frac{x^3+y^3}{xyz} \geq \frac{xy(x+y)}{xyz} \Rightarrow \frac{x^3+y^3+z^3}{xyz} \geq \frac{1}{2} \sum_{cyc} \frac{y+z}{x} \Rightarrow$

$$\frac{x^3 + y^3 + z^3}{xyz} \geq \sum_{cyc} \frac{y+z}{x} - 3 \Rightarrow x^3 + y^3 + z^3 \geq \sum_{cyc} yz(y+z) - 3xyz \Rightarrow$$

$x^3 + y^3 + z^3 + 3xyz \geq x^2y + xy^2 + y^2z + yz^2 + z^2x + zx^2$ true by Schur's inequality.

SP.277. In ΔABC the following relationship holds:

$$27 \left(\frac{R}{2r} \right)^2 - \sum_{cyc} \left(\sqrt{\frac{\sin A}{\sin B}} + \sqrt{\frac{\sin A}{\sin C}} \right)^3 \geq 3$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution by proposer

Let a, b, c – be the lengths of sides of the ΔABC .

We know that: $\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \leq \frac{1}{4r^2}$ and $\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right)^2 \leq 3 \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \right)$ so

$$\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right)^2 \leq \frac{3}{4r^2}. \text{ We have } \frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} + \frac{2}{ab} + \frac{2}{bc} + \frac{2}{ca} \leq \frac{3}{4r^2}$$

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$$\frac{3}{4r^2} - \frac{1}{a^2} \geq \left(\frac{1}{b} + \frac{1}{c}\right)^2 + \frac{2}{a} \left(\frac{1}{b} + \frac{1}{c}\right) \xrightarrow{Am-Gm} \frac{3}{4r^2} - \frac{1}{a^2} \geq 2 \sqrt{\left(\frac{1}{b} + \frac{1}{c}\right)^2 \cdot \frac{2}{a} \left(\frac{1}{b} + \frac{1}{c}\right)}$$

$$\frac{3}{4r^2} - \frac{1}{a^2} \geq 2 \left(\frac{1}{b} + \frac{1}{c}\right) \sqrt{\frac{2}{a} \left(\frac{1}{b} + \frac{1}{c}\right)} \xrightarrow[\substack{2(x+y) \geq (\sqrt{x} + \sqrt{y})^2 \\ x, y > 0}]{}$$

$$\frac{3}{4r^2} - \frac{1}{a^2} \geq \frac{1}{\sqrt{a}} \left(\frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right)^2 \sqrt{\left(\frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right)^2} = \frac{1}{\sqrt{a}} \left(\frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right)^3$$

$$\text{So: } \frac{1}{a^2} + \frac{1}{\sqrt{a}} \left(\frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right)^3 \leq \frac{3}{4r^2} \text{ or}$$

$$1 + \sqrt{a^3} \left(\frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}}\right)^3 \leq \frac{3}{4r^2} \cdot a^2 \Leftrightarrow 1 + \left(\sqrt{\frac{a}{b}} + \sqrt{\frac{a}{c}}\right)^3 \leq \frac{3}{4r^2} \cdot a^2$$

$$\text{Similarly: } 1 + \left(\sqrt{\frac{b}{a}} + \sqrt{\frac{b}{c}}\right)^3 \leq \frac{3}{4r^2} \cdot b^2 \text{ and } 1 + \left(\sqrt{\frac{c}{a}} + \sqrt{\frac{c}{b}}\right)^3 \leq \frac{3}{4r^2} \cdot c^2$$

Add up these inequalities, we have

$$3 + \sum_{cyc} \left(\sqrt{\frac{a}{b}} + \sqrt{\frac{a}{c}}\right)^3 \leq \frac{3}{4r^2} \cdot (a^2 + b^2 + c^2)$$

We know that $a^2 + b^2 + c^2 \leq 9R^2$ and using the law of the sines, we get

$$3 + \sum_{cyc} \left(\sqrt{\frac{\sin A}{\sin B}} + \sqrt{\frac{\sin A}{\sin C}}\right)^3 \leq \frac{27R^2}{4r^2}$$

$$27 \left(\frac{R}{2r}\right)^2 - \sum_{cyc} \left(\sqrt{\frac{\sin A}{\sin B}} + \sqrt{\frac{\sin A}{\sin C}}\right)^3 \geq 3$$

SP.278. Let be $f: \left[\frac{\pi}{4}, \frac{3\pi}{4}\right] \rightarrow \mathbb{R}, f(x) = \frac{\cot^2 x - 2\cot x + n - 1}{\cot^2 x + 2\cot x + n + 1}; n \geq 2$. Find $\text{Im} f$.

Proposed by Marin Chirciu-Romania

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Solution by proposer

Denote $1 + \cot x = t$ we have $0 \leq t \leq 2$, $f(t) = \frac{t^2 - 4t + n + 2}{t^2 + n}$

We calculate: $f'(t) = \frac{4(t^2 - t - n)}{(t^2 + n)^2} \leq 0, \forall t \in [0, 2]$ and $f(0) = \frac{n+2}{n}$, $f(2) = \frac{n-2}{n+4}$ then

the function f – is strictly decreasing on $[0, 2]$, so

$$Imf = [f(2), f(0)] = \left[\frac{n-2}{n+4}, \frac{n+2}{n} \right]$$

We deduce that $Imf = \left[\frac{n-2}{n+4}, \frac{n+2}{n} \right]$ it is the function image

$$f: \left[\frac{\pi}{4}, \frac{3\pi}{4} \right] \rightarrow \mathbb{R}, f(x) = \frac{\cot^2 x - 2\cot x + n - 1}{\cot^2 x + 2\cot x + n + 1}$$

SP.279. If in $\triangle ABC$; ω – Brocard angle then the following relationship holds:

$$\frac{1}{2\sin\omega} \geq \sqrt{\frac{w_a w_b w_c}{h_a h_b h_c}} \geq \frac{2\cos\omega}{\sqrt{3}}$$

Proposed by Vasile Jigla-Romania

Solution by proposer

It is a known (and elementary) fact that in triangle $\cos \frac{B-C}{2} = \frac{h_a}{l_a}$; (1)

Suppose that the sides of the triangle ABC verify: $c \geq b \geq a$; (2)

Clearly the measures of the angles of the triangle verify $A \geq B \geq C$, which imply

$$\begin{aligned} \sin \frac{C-B}{2} \sin \frac{B-A}{2} &\geq 0. \text{ We have: } \frac{h_b}{w_b} = \cos \frac{C-A}{2} = \cos \left(\frac{C-B}{2} + \frac{B-A}{2} \right) \\ &= \cos \frac{C-B}{2} \cos \frac{B-A}{2} - \sin \frac{C-B}{2} \sin \frac{B-A}{2} \leq \cos \frac{C-B}{2} \cos \frac{B-A}{2} = \frac{h_a}{w_a} \cdot \frac{h_c}{w_c} \end{aligned}$$

Hence, under the hypothesis (1): $\frac{h_b}{w_b} \geq \frac{h_a}{w_a} \cdot \frac{h_c}{w_c}$; (3)

Let's now prove that: $\frac{1}{2\sin\omega} \geq \sqrt{\frac{R}{2r}}$

We'll use the formula $\sin\omega = \frac{S}{\sqrt{a^2b^2 + b^2c^2 + c^2a^2}}$, where S – is area of the given triangle.

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This is equivalent to: $\frac{1}{\sin^2 \omega} \geq \frac{2R}{r} \Leftrightarrow \frac{\sum a^2 b^2}{4S^2} \geq \frac{2R}{r} \Leftrightarrow \sum a^2 b^2 \geq 8Rrs^2$

$$\Leftrightarrow \sum a^2 b^2 \geq abc(a + b + c) \Leftrightarrow \sum (ab - bc)^2 \geq 0; (4)$$

On the other hand, it is a known fact that: $\frac{R}{2r} \geq \frac{1}{\cos^2 \frac{B-C}{2}}$ (see the problem 2382 from

“Crux mathematicorum”)

$$\xrightarrow{\text{by (1)}} \sqrt{\frac{R}{2r}} \geq \frac{w_a}{h_a}; (5)$$

From (3),(4) and (5), we obtain that: $\frac{1}{2\sin \omega} \geq \sqrt{\frac{R}{2r}} \geq \frac{w_b}{h_b} \geq \sqrt{\frac{w_a w_b w_c}{h_a h_b h_c}}$, and the first

inequality of the enunciation is proved.

The proof of the second inequality of the enunciation: We'll use

$$\cos \omega = \frac{a^2 + b^2 + c^2}{2\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}}$$

With the formulas: $w_a = \frac{2\sqrt{bcs(s-a)}}{b+c}$, $h_a = \frac{2S}{a}$ we can easily see that:

$$\frac{w_a w_b w_c}{h_a h_b h_c} = \frac{a^2 b^2 c^2 (a + b + c)}{2S^2 (a + b)(b + c)(c + a)}$$

The inequality becomes equivalent to:

$$\frac{a^2 b^2 c^2 (a + b + c)}{2S^2 (a + b)(b + c)(c + a)} \geq \frac{(a^2 + b^2 + c^2)^2}{3(a^2 b^2 + b^2 c^2 + c^2 a^2)}$$

Putting $x = s - a, y = s - b, z = s - c$, the inequality becomes equivalent to:

$$\begin{aligned} & 3 \left(\sum (x + y)^2 (y + z)^2 \right) \prod (x + y)^2 \geq xyz \left(\sum (x + y)^2 \right)^2 \prod (2x + y + z) \Leftrightarrow \\ & 3 \sum x^8 y^2 + 3 \sum x^8 z^2 + 12 \sum x^7 y^3 + 12 \sum x^7 z^3 + 24 \sum x^6 y^4 + 24 \sum x^6 z^4 + \\ & + 30 \sum x^5 y^5 + 22 \sum x^5 y^4 z + 22 \sum x^5 y z^4 \geq 2 \sum x^8 y z + 8 \sum x^7 y^2 z + \\ & + 8 \sum x^7 y z^2 + 40 \sum x^6 y^2 z^2 + 32 \sum x^5 y^3 z^2 + 32 \sum x^5 y^2 z^3 + \\ & + 14 \sum x^4 y^4 z^2 + 16 \sum x^4 y^3 z^3, (x, y, z \geq 0), \end{aligned}$$

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Which immediately result by adding the following inequalities, that are simple applications of the Am-Gm inequality and of the Murihead's lemma:

$$\begin{aligned} \sum x^8 y^2 + \sum x^8 z^2 &\geq 2 \sum x^8 yz \\ 8 \sum x^7 y^3 + 8 \sum x^7 z^3 &\geq 8 \sum x^7 y^2 z + 8 \sum x^7 yz^2 \\ 2 \sum x^8 y^2 &\geq 2 \sum x^6 y^2 z^2 \\ 2 \sum x^8 z^2 &\geq 2 \sum x^6 y^2 z^2 \\ 4 \sum x^7 y^3 &\geq 4 \sum x^6 y^2 z^2 \\ 4 \sum x^7 z^3 &\geq 4 \sum x^6 y^2 z^2 \\ 14 \sum x^6 y^4 + 14 \sum x^6 z^4 &\geq 28 \sum x^6 y^2 z^2 \\ 10 \sum x^6 y^4 + 10 \sum x^6 z^4 &\geq 10 \sum x^5 y^3 z^2 + 10 \sum x^5 y^2 z^3 \\ 22 \sum x^5 y^4 z + 22 \sum x^5 yz^4 &\geq 22 \sum x^5 y^3 z^2 + 22 \sum x^5 y^2 z^3 \\ 14 \sum x^5 y^5 &\geq 14 \sum x^4 y^4 z^2, \\ 16 \sum x^5 y^5 &\geq 16 \sum x^4 y^3 z^3 \end{aligned}$$

SP.280 If $x, y, z \geq 0$; $\{x\}^9 + \{y\}^9 + \{z\}^9 = \frac{1}{64}$ then:

$$x^7 \cdot [x] \cdot \{x\} + y^7 \cdot [y] \cdot \{y\} + z^7 \cdot [z] \cdot \{z\} < 64([\{x\}^9 + \{y\}^9 + \{z\}^9] + 1$$

$$\{x\} = x - [x]; [*] - \text{great integer function}$$

Proposed by Daniel Sitaru – Romania

Solution 1 by proposer

$$\begin{aligned} \frac{[x]^9 + \{x\}^9}{[x] \cdot \{x\}} &= \frac{[x]^8}{[x]} + \frac{\{x\}^8}{[x]} \stackrel{\text{BERGSTROM}}{\geq} \frac{([x]^4 + \{x\}^4)^2}{\{x\} + [x]} \geq \\ &\geq \frac{1}{x} \cdot \left(\frac{([x]^2 + \{x\}^2)^2}{2} \right)^2 = \frac{1}{4x} ([x]^2 + \{x\}^2)^4 \geq \end{aligned}$$

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$$\geq \frac{1}{4x} \left(\left(\frac{[x] + \{x\}}{2} \right)^2 \right)^4 = \frac{x^8}{16 \cdot 4x} = \frac{x^7}{64}$$

$$64([x]^9 + \{x\}^9) \geq x^7 \cdot [x] \cdot \{x\}; x \geq 0$$

$$x^7 \cdot [x] \cdot \{x\} \leq 64([x]^9 + \{x\}^9) \quad (1)$$

Analogous:

$$y^7 \cdot [y] \cdot \{y\} \leq 64([y]^9 + \{y\}^9) \quad (2)$$

$$z^7 \cdot [z] \cdot \{z\} \leq 64([z]^9 + \{z\}^9) \quad (3)$$

By adding (1); (2); (3):

$$x^7 \cdot [x] \cdot \{x\} + y^7 \cdot [y] \cdot \{y\} + z^7 \cdot [z] \cdot \{z\} \leq$$

$$\leq 64([x]^9 + [y]^9 + [z]^9) + 64(\{x\}^9 + \{y\}^9 + \{z\}^9) = 64([x]^9 + [y]^9 + [z]^9) + 1$$

Inequality is strict because (1); (2); (3) are equalities only for $x = y = z = 0$ and in

$$\text{our case } \{x\}^9 + \{y\}^9 + \{z\}^9 = \frac{1}{64} \neq 0$$

Solution 2 by Tran Hong-Dong Thap-Vietnam

Since $x, y, z \geq 0 \Rightarrow [x], [y], [z] \geq 0$ and $0 \leq \{x\}, \{y\}, \{z\} < 1$

$$\text{Because: } \{x\}^6 + \{y\}^6 + \{z\}^6 = \frac{1}{64} \rightarrow 1 = 64(\{x\}^6 + \{y\}^6 + \{z\}^6)$$

$$\text{RHS} = 64([x]^9 + \{x\}^9 + [y]^9 + \{y\}^9 + [z]^9 + \{z\}^9)$$

$$\text{Now: } x^7 \cdot [x] \cdot \{x\} \stackrel{Am-Gm}{\leq} x^7 \cdot \frac{([x] + \{x\})^2}{4} = x^7 \cdot \frac{x^2}{4} = \frac{x^9}{4}$$

$$\text{Analogous: } y^7 \cdot [y] \cdot \{y\} \leq \frac{y^9}{4} \text{ and } z^7 \cdot [z] \cdot \{z\} \leq \frac{z^9}{4}$$

$$\text{LHS} = x^9 \cdot [x] \cdot \{x\} + y^9 \cdot [y] \cdot \{y\} + z^9 \cdot [z] \cdot \{z\} \leq \frac{x^9 + y^9 + z^9}{4}$$

$$= \frac{([x] + \{x\})^9 + ([y] + \{y\})^9 + ([z] + \{z\})^9}{4}$$

$$= \frac{2^8}{4} ([x]^9 + \{x\}^9 + [y]^9 + \{y\}^9 + [z]^9 + \{z\}^9)$$

$$= 64([x]^9 + \{x\}^9 + [y]^9 + \{y\}^9 + [z]^9 + \{z\}^9)$$

Proved.

Note: For all $\alpha, \beta > 0$ we have: $\alpha^9 + \beta^9 \geq \frac{(\alpha + \beta)^9}{2^8}$

Equality $\Leftrightarrow [x] = \{x\} = [y] = \{y\} = [z] = \{z\} = 0$

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$$s^2 \leq 27R^2 \cdot s^2 \geq \frac{27}{4} \cdot r^2, R \geq 2r; (5)$$

From (1)+(2)+(3)+(4)+(5) proved.

SP.283. Find $x, y > 0$ such that:

$$\sqrt{\frac{x}{y}} + \sqrt[3]{\frac{3}{x}} + \sqrt[5]{\frac{y}{3}} = \frac{10}{\sqrt[10]{337500}}$$

Proposed by Daniel Sitaru-Romania

Solution by Tran Hong-Dong Thap-Vietnam

$$\begin{aligned} \sqrt{\frac{x}{y}} + \sqrt[3]{\frac{3}{x}} + \sqrt[5]{\frac{y}{3}} &= \sqrt{\frac{x}{y}} + \frac{3}{\sqrt[3]{9 \cdot 3x}} + \frac{5\sqrt[5]{3^4 \cdot y}}{15} \\ &= \frac{1}{2}\sqrt{\frac{x}{y}} + \frac{1}{2}\sqrt{\frac{x}{y}} + \frac{1}{\sqrt[3]{9 \cdot 3x}} + \frac{1}{\sqrt[3]{9 \cdot 3x}} + \frac{1}{\sqrt[3]{9 \cdot 3x}} + \frac{5\sqrt[5]{3^4}}{15} \cdot \sqrt[5]{y} + \frac{5\sqrt[5]{3^4}}{15} \cdot \sqrt[5]{y} + \frac{5\sqrt[5]{3^4}}{15} \cdot \sqrt[5]{y} + \frac{5\sqrt[5]{3^4}}{15} \cdot \sqrt[5]{y} + \frac{5\sqrt[5]{3^4}}{15} \cdot \sqrt[5]{y} \end{aligned}$$

$$\begin{aligned} \text{Am} - \text{Gm} \\ \geq 10 \cdot \sqrt[10]{\left(\frac{1}{2}\right)^2 \left(\frac{1}{\sqrt[3]{9}}\right)^3 \left(\frac{5\sqrt[5]{3^4}}{15}\right)^5} &= \frac{10}{\sqrt[10]{337500}} \end{aligned}$$

$$\text{Equality for: } \frac{1}{2}\sqrt{\frac{x}{y}} = \frac{1}{\sqrt[3]{9x}} = \frac{\sqrt[5]{81y}}{15}$$

$$\frac{\sqrt{x}}{2\sqrt{y}} = \frac{1}{\sqrt[3]{9x}} \Leftrightarrow \sqrt{x} \cdot \sqrt[3]{9x} = 2\sqrt{y} \Leftrightarrow x^5 = \frac{64}{81}y^3 \dots (1)$$

$$\frac{1}{\sqrt[3]{9x}} = \frac{\sqrt[5]{81y}}{15} \Leftrightarrow (9x)^5 \cdot (81y)^3 = 45^{15} \Rightarrow y = \sqrt[6]{\frac{9^4 \cdot 5^{15}}{64}} \Rightarrow x = \sqrt[10]{64 \cdot 5^{15}}$$

$$\text{Answer: } (x; y) = \left(\sqrt[10]{64 \cdot 5^{15}}; \sqrt[6]{\frac{9^4 \cdot 5^{15}}{64}} \right)$$

SP.284. RMM WINTER EDITION 2020

By Marin Chirciu – Romania

1) In ΔABC the following relationship holds:

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$$\frac{1}{3R^2} \leq \frac{1}{(r_a + r_b)^2} + \frac{1}{(r_b + r_c)^2} + \frac{1}{(r_c + r_a)^2} \leq \frac{16R^2 - 3r^2}{12r^4}$$

Proposed by George Apostolopoulos-Messolonghi- Greece

Solution.

The left hand inequality.

Using means inequality and $\prod(r_b + r_c) = 4Rs^2$ we obtain:

$$\sum \frac{1}{(r_b + r_c)^2} \geq 3 \sqrt[3]{\prod \frac{1}{(r_b + r_c)^2}} = 3 \sqrt[3]{\prod \frac{1}{(4Rrs^2)^2}} \stackrel{(1)}{\geq} \frac{1}{3R^2}$$

where (1) $\Leftrightarrow 9R^2 \geq \sqrt[3]{(4Rs^2)^2} \Leftrightarrow (3R)^3 \geq 4Rs^2 \Leftrightarrow 27R^2 \geq 4s^2$, obviously from Mitrinovic's inequality $s \leq \frac{3R\sqrt{3}}{2}$. Equality holds if and only if ΔABC is equilateral.

The right-hand inequality. We prove the strongest inequality:

2) In ΔABC the following relationship holds:

$$\sum \frac{1}{(r_b + r_c)^2} \leq \frac{1}{12r^2}$$

We have
$$\sum \frac{1}{(r_b + r_c)^2} \leq \sum \frac{1}{4r_b r_c} = \frac{\sum r_a}{4 \prod r_a} = \frac{4R+r}{4rs^2} \stackrel{(2)}{\leq} \frac{1}{12r^2}$$

where (2) $\Leftrightarrow s^2 \geq 3r(4R + r)$, which follows from Gerretsen's inequality

$s^2 \geq 16Rr - 5r^2$. It remains to prove that:

$$16Rr - 5r^2 \geq 3r(4R + r) \Leftrightarrow R \geq 2r, \text{ (Euler's inequality).}$$

Equality holds if and only if ΔABC is equilateral.

Let's get back to solving the right-hand inequality:

Using 2) it suffices to prove that:

$$\frac{1}{12r^2} \leq \frac{16R^2 - 3r^2}{12r^4} \Leftrightarrow R^2 \geq 4r^2 \Leftrightarrow R \geq 2r, \text{ (Euler's inequality)}$$

Equality hold if and only if ΔABC is equilateral.

Remark.

The double inequality can be written:

3) In ΔABC the following relationship holds:

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$$\frac{1}{3R^2} \leq \sum \frac{1}{(r_b + r_c)^2} \leq \frac{1}{12r^2}$$

Solution.

See 1) the left hand and 2).

Equality holds if and only if ΔABC is equilateral.

Remark.

If we replace r_a with h_a we propose:

4) In ΔABC the following relationship holds:

$$\frac{1}{3R^2} \leq \sum \frac{1}{(h_b + h_c)^2} \leq \frac{1}{12r^2}$$

Marin Chirciu – Romania

Solution

The left-hand inequality.

Using the means inequality and $\prod (h_b + h_c) = \frac{rs^2(s^2 + r^2 + 2Rr)}{R}$ we obtain:

$$\begin{aligned} \sum \frac{1}{(h_b + h_c)^2} &\geq 3 \sqrt[3]{\prod \frac{1}{(h_b + h_c)^2}} = 3 \sqrt[3]{\frac{1}{\left(\frac{rs^2(s^2 + r^2 + 2Rr)}{R^2}\right)^2}} = \\ &= 3 \sqrt[3]{\frac{R^4}{r^2 s^4 (s^2 + r^2 + 2Rr)^2}} \stackrel{(1)}{\geq} \frac{1}{3R^2} \end{aligned}$$

where (1) $\Leftrightarrow 9R^3 \cdot \sqrt[3]{R} \geq \sqrt[3]{r^2 s^4 (s^2 + r^2 + 2Rr)^2} \Leftrightarrow (3R)^3 \cdot R^2 \geq rs^2(s^2 + r^2 + 2Rr) \Leftrightarrow$
 $\Leftrightarrow 27R^5 \geq rs^2(s^2 + r^2 + 2Rr)$, which follows from Mitrinovic's inequality $s^2 \leq \frac{27R^2}{4}$

and Gerretsen's inequality $s^2 \leq 4R^2 + 4Rr + 3r^2$. It remains to prove that:

$$\begin{aligned} 27R^5 \geq r \cdot \frac{27R^2}{4} (4R^2 + 4Rr + 3r^2 + r^2 + 2Rr) &\Leftrightarrow 2R^3 - 2R^2r - 3Rr^2 - 2r^3 \geq 0 \Leftrightarrow \\ &\Leftrightarrow (R - 2r)(2R^2 + 2Rr + r^2) \geq 0, \text{ true from Euler's inequality } R \geq 2r. \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

The right-hand inequality.

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$$\text{We have } \sum \frac{1}{(h_b+h_c)^2} \leq \sum \frac{1}{4h_b h_c} = \frac{\sum h_a}{4 \prod h_a} = \frac{\frac{s^2+r^2+4Rr}{2R}}{4 \cdot \frac{2r^2 s^2}{R}} = \frac{s^2+r^2+4Rr}{16r^2 s^2} \stackrel{(2)}{\leq} \frac{1}{12r^2}$$

where (2) $\Leftrightarrow s^2 \geq 3r(4R+r)$, which follows from Gerretsen's inequality

$s^2 \geq 16Rr - 5r^2$. It remains to prove that:

$$16Rr - 5r^2 \geq 3r(4R+r) \Leftrightarrow R \geq 2r, \text{ (Euler's inequality).}$$

Equality holds if and only if ΔABC is equilateral.

SP.285. RMM NUMBER 19 WINTER 2020

By Marin Chirciu – Romania

1) In ΔABC :

$$\frac{3r}{R} \leq \frac{h_a}{r_b+r_c} + \frac{h_b}{r_c+r_a} + \frac{h_c}{r_a+r_b} \leq \frac{3}{2}$$

Proposed by George Apostolopoulos-Messolonghi- Greece

Proof.

We prove the following lemma:

Lemma.

2) In ΔABC :

$$\frac{h_a}{r_b+r_c} + \frac{h_b}{r_c+r_a} + \frac{h_c}{r_a+r_b} = \frac{s^4 + s^2(2r^2 - 4Rr) + r(4R+r)^3}{8R^2 s^2}$$

Proof.

Using the following formulas $h_a = \frac{2S}{a}$ and $r_a = \frac{S}{s-a}$ we obtain:

$$\begin{aligned} \sum \frac{h_a}{r_a+r_c} &= \sum \frac{\frac{2S}{a}}{\frac{S}{s-b} + \frac{S}{s-c}} = 2 \sum \frac{(s-b)(s-c)}{a^2} = \\ &= 2 \cdot \frac{s^4 + s^2(2r^2 - 4Rr) + r(4R+r)^3}{16R^2 s^2} = \\ &= \frac{s^4 + s^2(2r^2 - 4Rr) + r(4R+r)^3}{8R^2 s^2}, \text{ which follows from the known identity in triangle:} \end{aligned}$$

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$$\frac{(s-b)(s-c)}{a^2} = \frac{s^4 + s^2(2r^2 - 4Rr) + r(4R+r)^3}{16R^2s^2}$$

Let's get back to the main problem:

Left hand inequality: Using the lemma the inequality can be written:

$$\frac{s^4 + s^2(2r^2 - 4Rr) + r(4R+r)^3}{8R^2s^2} \geq \frac{3r}{R} \Leftrightarrow s^2(s^2 + 2r^2 - 28Rr) + r(4R+r)^3 \geq 0$$

We distinguish the following cases:

Case 1). If $(s^2 + 2r^2 - 28Rr) \geq 0$, the inequality is obvious.

Case 2). If $(s^2 + 2r^2 - 28Rr) < 0$, the inequality can be rewritten:

$$r(4R+r)^3 \geq s^2(28Rr - 2r^2 - s^2), \text{ which follows from Blundon's - Gerretsen's inequality:}$$

$$16Rr - 5r^2 \leq s^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^2. \text{ It remains to prove that:}$$

$$r(4R+r)^3 \geq \frac{R(4R+r)^2}{2(2R-r)} (28Rr - 2r^2 - 16Rr + 5r^2) \Leftrightarrow 4R^2 - 7Rr - 2r^2 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r)(4R+r) \geq 0, \text{ obviously from Euler's inequality } R \geq 2r.$$

Equality holds if and only if ΔABC is equilateral.

The right-hand inequality can be written:

$$\frac{s^4 + s^2(2r^2 - 4Rr) + r(4R+r)^3}{8R^2s^2} \leq \frac{3}{2} \Leftrightarrow s^2(12R^2 + 4Rr - 2r^2 - s^2) \geq r(4R+r)^3,$$

Which follows from Gerretsen's inequality:

$$4R^2 + 4Rr + 3r^2 \geq s^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}$$

It remains to prove that:

$$\frac{r(4R+r)^2}{R+r} (12R^2 + 4Rr - 2r^2 - 4R^2 - 4Rr - 3r^2) \geq r(4R+r)^3 \Leftrightarrow$$

$$4R^2 - 5Rr - 6r^2 \geq 0 \Leftrightarrow (R-2r)(4R+3r) \geq 0, \text{ obviously from Euler's inequality}$$

$R \geq 2r$. Equality holds if and only if the triangle ABC is equilateral.

Remark.

The double inequality 1) can be strengthened:

3) In ΔABC :

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$$\frac{7}{2} \cdot \frac{r}{R} - \frac{7}{8} \left(\frac{r}{R}\right)^2 + \frac{1}{4} \left(\frac{r}{R}\right)^3 \leq \frac{h_a}{r_b + r_c} + \frac{h_a}{r_c + r_a} + \frac{h_b}{r_a + r_b} \leq 1 + \frac{5}{8} \cdot \frac{r}{R} + \frac{3}{4} \left(\frac{r}{R}\right)^2$$

Marin Chirciu – Romania

Solution.

The left hand inequality.

Using Lemma and Blundon-Gerretsen's inequality:

$$16Rr - 5r^2 \leq s^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^2 \text{ we obtain:}$$

$$\begin{aligned} \frac{s^4 + s^2(2r^2 - 4Rr) + r(4R + r)^3}{8R^2s^2} &= \frac{1}{8R^2} \left[s^2 + 2r^2 - 4Rr + \frac{r(4R + r)^3}{s^2} \right] \geq \\ &\geq \frac{1}{8R^2} \left[16Rr - 5r^2 + 2r^2 - 4Rr + \frac{r(4R + r)^3}{\frac{R(4R + r)^2}{2(2R - r)}} \right] = \frac{r(28R^2 - 7Rr - 2r^2)}{8R^3} = \\ &= \frac{7}{2} \cdot \frac{r}{R} - \frac{7}{8} \left(\frac{r}{R}\right)^2 + \frac{1}{4} \left(\frac{r}{R}\right)^3 \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

The right hand inequality:

$$\text{Using Lemma and Gerretsen's inequality: } 4R^2 + 4Rr + 3r^2 \geq s^2 \geq 16Rr - 5r^2 \geq$$

$$\frac{r(4R+r)^2}{R+r} \text{ we obtain:}$$

$$\begin{aligned} \frac{s^4 + s^2(2r^2 - 4Rr) + r(4R + r)^3}{8R^2s^2} &= \frac{1}{8R^2} \left[s^2 + 2r^2 - 4Rr + \frac{r(4R + r)^3}{s^2} \right] \leq \\ &\leq \frac{1}{8R^2} \left[4R^2 + 4Rr + 3r^2 + 2r^2 - 4Rr + \frac{r(4R + r)^3}{\frac{r(4R + r)^2}{R + r}} \right] = \\ &= \frac{8R^2 + 5Rr + 6r^2}{8R^2} = 1 + \frac{5}{8} \cdot \frac{r}{R} + \frac{3}{4} \left(\frac{r}{R}\right)^2 \end{aligned}$$

Equality holds if and only if ΔABC is equilateral.

Remark.

The double inequality 3) is stronger than the double inequality 1)

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4) In ΔABC :

$$\frac{3r}{R} \leq \frac{7}{2} \cdot \frac{r}{R} - \frac{7}{8} \left(\frac{r}{R}\right)^2 + \frac{1}{4} \left(\frac{r}{R}\right)^3 \leq \frac{h_a}{r_b+r_c} + \frac{h_b}{r_c+r_a} + \frac{h_c}{r_a+r_b} \leq 1 + \frac{5}{8} \cdot \frac{r}{R} + \frac{3}{4} \left(\frac{r}{R}\right)^2 \leq \frac{3}{2}$$

Proof.

See 3) and Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

Remark.

If we interchange r_a with h_a we propose:

5) In ΔABC :

$$\frac{3r}{R} \leq \frac{r_a}{h_b+h_c} + \frac{r_b}{h_c+h_a} + \frac{r_c}{h_a+h_b} \leq \frac{3R}{4r}$$

Marin Chirciu – Romania

Proof.

We prove the following lemma:

Lemma.

6) In ΔABC :

$$\frac{r_a}{h_b+h_c} + \frac{r_b}{h_c+h_a} + \frac{r_c}{h_a+h_b} = \frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R+r)^3}{4s^2(s^2 + r^2 + 2Rr)}$$

Proof.

Using the following formulas $h_a = \frac{2S}{a}$ and $r_a = \frac{S}{s-a}$ we obtain:

$$\sum \frac{r_a}{h_b+h_c} = \sum \frac{\frac{S}{s-a}}{\frac{2S}{b} + \frac{2S}{c}} = \frac{1}{2} \cdot \frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R+r)^3}{2s^2(s^2 + r^2 + 2Rr)} = \frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R+r)^3}{4s^2(s^2 + r^2 + 2Rr)}, \text{ which follows from the following identity:}$$

$$\sum \frac{bc}{(s-a)(b+c)} = \frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R+r)^3}{2s^2(s^2 + r^2 + 2Rr)}, \text{ true from the following identities known in}$$

triangle: $\prod(s-a) = r^2s \cdot \prod(b+c) = 2s(s^2 + r^2 + 2Rr)$ and

$$\sum bc(a+b)(a+c)(s-b)(s-c) = r^2[s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R+r)^3]$$

Let's get back to the main problem:

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The left hand identity: Using Lemma the inequality can be written:

$$\frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R + r)^3}{4s^2(s^2 + r^2 + 2Rr)} \geq \frac{3r}{R} \Leftrightarrow$$

$$\Leftrightarrow s^2[s^2(R - 12r) + 2(16R^3 + 2R^2r - 11Rr^2 - 6r^3)] + Rr(4R + r)^3 \geq 0$$

We distinguish the following cases:

Case 1). If $[s^2(R - 12r) + 2(16R^3 + 2R^2r - 11Rr^2 - 6r^3)] \geq 0$, the inequality is obvious.

Case 2). If $[s^2(R - 12r) + 2(16R^3 + 2R^2r - 11Rr^2 - 6r^3)] < 0$, the inequality can be written:

$$Rr(4R + r)^3 \geq s^2[s^2(12r - R) - 2(16R^3 + 2R^2r - 11Rr^3 - 6r^3)]$$

which follows from Blundon-Gerretsen's inequality:

$$s^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^3. \text{ It remains to prove that:}$$

$$Rr(4R + r)^3 \geq \frac{R(4R + r)^2}{2(2R - r)} [(4R^2 + 4Rr + 3r^2)(12r - R) - 2(16R^3 + 2R^2r - 11Rr^2 - 6r^3)] \Leftrightarrow$$

$$\Leftrightarrow 36R^3 - 24R^2r - 71Rr^2 - 50r^3 \geq 0 \Leftrightarrow (R - 2r)(36R^2 + 48Rr + 25r^2) \geq 0$$

obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

The right hand inequality: Using Lemma the inequality can be written:

$$\frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R + r)^3}{4s^2(s^2 + r^2 + 2Rr)} \leq \frac{3R}{4r} \Leftrightarrow$$

$$\Leftrightarrow s^2[s^2(3R - r) - r(26R^2 + Rr + 2r^2)] \geq Rr(4R + r)^3$$

$$\text{which follows from Gerretsen's inequality } s^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}$$

It remains to prove that:

$$\frac{r(4R + r)^2}{R + r} [(16Rr - 5r^2)(3R - r) - r(26R^2 + Rr + 2r^2)] \geq Rr(4R + r)^3 \Leftrightarrow$$

$$\Leftrightarrow 18R^2 - 37Rr + 2r^2 \geq 0 \Leftrightarrow (R - 2r)(18R - r) \geq 0, \text{ obviously from Euler's}$$

inequality $R \geq 2r$. Equality holds if and only if ΔABC is equilateral.

Remark.

Between the sums $\sum \frac{h_a}{r_b+r_c}$ and $\sum \frac{r_a}{h_b+h_c}$ the following relationship exists:

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7) In ΔABC :

$$\sum \frac{h_a}{r_b + r_c} \leq \sum \frac{r_a}{h_b + h_c}$$

Solution.

Using the above Lemmas the inequality can be written:

$$\frac{s^4 + s^2(2r^2 - 4Rr) + r(4R + r)^3}{8R^2s^2} \leq \frac{s^4 + s^2(32R^2 + 4Rr + 2r^2) + r(4R + r)^3}{4s^2(s^2 + r^2 + 2Rr)} \Leftrightarrow$$

$$\Leftrightarrow s^2[s^2(2R^2 + 2Rr - 3r^2 - s^2) + (64R^4 - 56R^3r - 36R^2r^2 - 12Rr^3 - 3r^4)] +$$

$$+ r(4R + r)^3(2R^2 - 2Rr - r^2) \geq 0$$

We distinguish the following cases:

Case 1). If $s^2[s^2(2R^2 + 2Rr - 3r^2 - s^2) + (64R^4 - 56R^3r - 36R^2r^2 - 12Rr^3 - 3r^4)] \geq 0$ the inequality is obvious.

Case 2). If $s^2[s^2(2R^2 + 2Rr - 3r^2 - s^2) + (64R^4 - 56R^3r - 36R^2r^2 - 12Rr^3 - 3r^4)] < 0$ the inequality can be written:

$$r(4R + r)^3(2R^2 - 2Rr - r^2) \geq$$

$$\geq s^2[s^2(s^2 + 3r^2 - 2Rr - 2R^2) - (64R^4 - 56R^3r - 36R^2r^2 - 12Rr^3 - 3r^4)]$$

which follows from Blundon-Gerretsen's inequality:

$s^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^2$. It remains to prove that:

$$r(4R + r)^3(2R^2 - 2Rr - r^2) \geq \frac{R(4R + r)^2}{2(2R - r)}$$

$$[(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 3r^2 - 2Rr - 2R^2) - (64R^4 - 56R^3r - 36R^2r^2 - 12Rr^3 - 3r^4)]$$

$$\Leftrightarrow 56R^5 - 40R^4r - 114R^3r^2 - 54R^2r^3 - 13Rr^4 + 2r^5 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(56R^4 + 72R^3r + 30R^2r^2 + 6Rr^3 - r^4) \geq 0$$

Obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

Remark.

We can write the following inequalities:

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8) In ΔABC :

$$\frac{3r}{R} \leq \sum \frac{h_a}{r_b + r_c} \leq \sum \frac{r_a}{h_b + h_c} \leq \frac{3R}{4r}$$

Solution.

See inequalities 1), 7) and 5).

Equality holds if and only if ΔABC is equilateral.

UP.271 If $0 < a \leq b < \frac{\pi}{4}$ then:

$$\int_a^b \int_a^b \int_a^b \left(\cos\left(\frac{\pi}{4} - x\right) \cos\left(\frac{\pi}{4} - y\right) \cos\left(\frac{\pi}{4} - z\right) \right) dx dy dz \geq \sin^3(b + a) \cdot \sin^3(b - a)$$

Proposed by Daniel Sitaru-Romania

Solution by Tran Hong-Dong Thap-Vietnam

$$\begin{aligned} & \int_a^b \int_a^b \int_a^b \left(\cos\left(\frac{\pi}{4} - x\right) \cos\left(\frac{\pi}{4} - y\right) \cos\left(\frac{\pi}{4} - z\right) \right) dx dy dz \\ &= \left(\int_a^b \cos\left(\frac{\pi}{4} - x\right) dx \right) \left(\int_a^b \cos\left(\frac{\pi}{4} - y\right) dy \right) \left(\int_a^b \cos\left(\frac{\pi}{4} - z\right) dz \right) \\ &= \left(\int_a^b \cos\left(\frac{\pi}{4} - x\right) dx \right)^3 = \left(\sin\left(b - \frac{\pi}{4}\right) - \sin\left(a - \frac{\pi}{4}\right) \right)^3 \\ &= \left(2\cos\left(\frac{b+a}{2} - \frac{\pi}{4}\right) \sin\left(\frac{b-a}{2}\right) \right)^3 \\ &= \left(2\sqrt{2} \left(\cos\left(\frac{b+a}{2}\right) + \sin\left(\frac{b+a}{2}\right) \right) \sin\left(\frac{b-a}{2}\right) \right)^3 \\ &\stackrel{AM-GM}{\geq} \left(4\sqrt{2} \sqrt{\cos\left(\frac{b+a}{2}\right) \sin\left(\frac{b+a}{2}\right)} \cdot \sin\left(\frac{b-a}{2}\right) \right)^3 \end{aligned}$$

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$$\geq \left(4\sqrt{\sin(a+b)} \cdot \sin\left(\frac{b-a}{2}\right) \right)^3 \stackrel{(1)}{\geq} \sin^3(a+b)\sin^3(b-a)$$

$$= \sin^3(a+b) \left(2\sin\left(\frac{b-a}{2}\right) \cos\left(\frac{b+a}{2}\right) \right)^3$$

$$(1) \Leftrightarrow 4^3 \sin(a+b) \cdot \sqrt{\sin(a+b)} \cdot \sin^3\left(\frac{b-a}{2}\right)$$

$$\geq 8 \cdot \sin^3(a+b) \cdot \sin^3\left(\frac{b-a}{2}\right) \cos^3\left(\frac{b+a}{2}\right)$$

$$\Leftrightarrow 8 \cdot \sin(a+b) \cdot \sqrt{\sin(a+b)} \cdot \sin^3\left(\frac{b-a}{2}\right) \cdot \left(8 - \sin(a+b) \cdot \sqrt{\sin(a+b)} \cdot \cos^3\left(\frac{b+a}{2}\right) \right) \geq 0 \quad (2)$$

$$\text{Because: } 0 < a \leq b < \frac{\pi}{4} \Rightarrow 0 < a+b \leq \frac{\pi}{2}; 0 \leq \frac{b-a}{4} < \frac{\pi}{4}; 0 < \frac{a+b}{2} < \frac{\pi}{2}$$

$$\Rightarrow 0 < \sin(a+b); \cos(a+b) < 1; \sin\left(\frac{b-a}{2}\right) \geq 0$$

$$\Rightarrow 8\sin(a+b) \cdot \sqrt{\sin(a+b)} \cdot \cos^3\left(\frac{b+a}{2}\right) < 1 < 8$$

Hence (2) is true then (1) is true.

UP.272. Prove without softs:

$$\int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{4}} \left(\tan(\sqrt[3]{xyz}) \right)^3 dx dy dz < \frac{\log^3 2}{8}$$

Proposed by Florentin Vişescu-Romania

Solution by Adrian Popa-Romania

$$f(x) = \tan x \Rightarrow f'(x) = 1 + \tan^2 x > 0; \forall x \in \left(0, \frac{\pi}{4}\right) \Rightarrow f \text{ - increasing}$$

$$f''(x) = 2\tan x(1 + \tan^2 x) > 0, \forall x \in \left(0, \frac{\pi}{4}\right) \Rightarrow f \text{ - concave.}$$

$$\tan(\sqrt[3]{xyz}) \stackrel{Am-Gm}{\geq} \tan\left(\frac{x+y+z}{3}\right) \stackrel{Jensen}{\geq} \frac{\tan x + \tan y + \tan z}{3}$$

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$$\int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{4}} (\tan(\sqrt[3]{xyz}))^3 dx dy dz < \int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{4}} \int_0^{\frac{\pi}{4}} \left(\frac{\tan x + \tan y + \tan z}{3} \right)^3 dx dy dz$$

$$< \left(3 \int_0^{\frac{\pi}{4}} \frac{\tan x}{3} dx \right)^3 = \left(\int_0^{\frac{\pi}{4}} \tan x dx \right)^3 = \left(-\log(\cos x) \Big|_0^{\frac{\pi}{4}} \right)^3 = \frac{\log^3 2}{8}$$

UP.273. In acute $\triangle ABC$ the following relationship holds:

$$\tan(\sqrt{AB}) + \tan(\sqrt{BC}) + \tan(\sqrt{CA}) \leq \tan A + \tan B + \tan C$$

Proposed by Florentin Vişescu-Romania

Solution 1 by George Florin Şerban-Romania

$$f: \left(0, \frac{\pi}{2}\right) \rightarrow \mathbb{R}, f(x) = \tan x, f'(x) = \frac{1}{\cos^2 x} > 0 \Rightarrow f \text{ -increasing.}$$

$$\sum_{cyc} \tan(\sqrt{AB}) \leq \sum_{cyc} \tan\left(\frac{A+B}{2}\right) = \sum_{cyc} \tan\left(\frac{\pi}{2} - \frac{C}{2}\right) = \sum_{cyc} \cot \frac{C}{2} = \frac{s}{r} \stackrel{?}{\leq} \sum_{cyc} \tan A =$$

$$\prod_{cyc} \tan A = \frac{2rs}{s^2 - (2R+r)^2} \Rightarrow s^2 - (2R+r)^2 \leq 2r^2 \Leftrightarrow s^2 \leq (2R+r)^2 + 2r^2 \Rightarrow s^2 \leq$$

$$4R^2 + 4Rr + 3r^2 \text{ - true from Gerretsen inequality.}$$

Solution 2 by Sanong Huayrerai-Nakon Pathom-Thailand

In acute $\triangle ABC$ and $x \rightarrow \tan x$ is increasing function, hence

$$\sqrt{AB} + \sqrt{BC} + \sqrt{CA} \leq \frac{A+B}{2} + \frac{B+C}{2} + \frac{C+A}{2} \text{ then}$$

$$\tan(\sqrt{AB}) + \tan(\sqrt{BC}) + \tan(\sqrt{CA}) \leq \tan\left(\frac{A+B}{2}\right) + \tan\left(\frac{B+C}{2}\right) + \tan\left(\frac{C+A}{2}\right) \leq \tan A + \tan B + \tan C$$

Remark: for $0 < x, y < \frac{\pi}{2}$, we have

$$\tan\left(\frac{x}{2} + \frac{y}{2}\right) = \frac{\tan \frac{x}{2} + \tan \frac{y}{2}}{1 - \tan \frac{x}{2} \cdot \tan \frac{y}{2}} = \frac{\frac{\sin x}{1 + \cos x} + \frac{\sin y}{1 + \cos y}}{1 - \frac{\sin x}{1 + \cos x} \cdot \frac{\sin y}{1 + \cos y}} =$$

$$= \frac{\sin x + \sin y + \sin x \cos y + \sin y \cos x}{1 + \cos x + \cos y + \cos x \cos y - \sin x \sin y} \leq \frac{1}{2} \left(\frac{\sin x}{\cos x} + \frac{\sin y}{\cos y} \right); (*)$$

$$2(\sin x \cos x \cos y + \sin y \cos x \cos y + \sin x \cos x \cos^2 y + \sin y \cos y \cos^2 x \leq$$

$$\leq \sin x \cos y + \sin y \cos x + \sin x \cos^2 y + \sin y \cos^2 x + \sin x \cos x \cos y +$$

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$$+ \sin x \cos x \cos y + \sin x \cos x \cos^2 y + \sin y \cos y \cos^2 x - \\ - \sin^2 x \sin y \cos y - \sin^2 y \sin x \cos x$$

Hence

$$\sin x \cos x \cos y + \sin y \cos y \cos^2 x + \sin x \cos x \cos^2 y + \sin y \cos y \cos^2 x + \\ + \sin^2 x \sin y \cos y + \sin^2 y \sin x \cos x \leq \sin x \cos y + \sin y \cos x + \sin x \cos^2 y + \sin y \cos^2 x$$

$$\text{It's true, because } \sin x \cos x \cos^2 y + \sin^2 x \sin y \cos y \leq \sin x \cos x \\ \sin y \cos y \cos^2 x + \sin^2 y \sin x \cos x \leq \sin y \cos x$$

$$\text{And } 0 < x, y < \frac{\pi}{2}, (\sin x \cos y - \sin y \cos x)(\cos y - \cos x) \geq 0$$

Hence

$$\sin x \cos^2 y - \sin x \cos x \cos y - \sin y \cos x \cos y + \cos^2 x \sin y \geq 0 \\ \sin x \cos^2 y + \sin y \cos^2 x \geq \sin x \cos x \cos y + \sin y \cos x \cos y$$

Therefore it's true.

Solution 3 by Marian Voinea-Romania

$$\tan(\sqrt{AB}) + \tan(\sqrt{BC}) + \tan(\sqrt{CA}) \stackrel{Am-Gm}{\leq} \tan\left(\frac{A+B}{2}\right) + \tan\left(\frac{B+C}{2}\right) + \tan\left(\frac{C+A}{2}\right) \\ \stackrel{\tan\text{-concave}}{\leq} \frac{\tan A + \tan B}{2} + \frac{\tan B + \tan C}{2} + \frac{\tan C + \tan A}{2} = \tan A + \tan B + \tan C \\ \text{Equality for } A = B = C = \frac{\pi}{3}$$

UP.274. $\omega_n = 1 - \frac{\binom{n}{1}}{3} + \frac{\binom{n}{2}}{5} - \dots + \frac{(-1)^n \binom{n}{n}}{2n+1}$, $n \in \mathbb{N}$. Find:

$$\Omega = \lim_{n \rightarrow \infty} \left(1 + \frac{\sqrt[n]{\omega_n}}{n!} \right)^{\frac{n!}{e^n}}$$

Proposed by Florică Anastase-Romania

Solution by proposer

$$(1 - x^2)^n = \binom{n}{0} - \binom{n}{1} x^2 + \binom{n}{2} x^4 - \dots + (-1)^n \binom{n}{n} x^{2n}$$

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$$\begin{aligned}
 I_n &= \int_0^1 (1-x^2)^n \cdot x' dx = (1-x^2)^n \cdot x \Big|_0^1 + 2n \int_0^1 (1-x^2)^{n-1} \cdot x^2 dx = \\
 &= -2n \int_0^1 (1-x^2-1)(1-x^2)^{n-1} dx = -2n \int_0^1 (1-x^2)^n dx + 2n \int_0^1 (1-x^2)^{n-1} dx = \\
 &= -2nI_n + 2nI_{n-1} \Rightarrow I_n = \frac{2^{2n} \cdot (n!)^2}{(2n+1)!}
 \end{aligned}$$

$$\lim_{n \rightarrow \infty} \sqrt[n]{\omega_n} = \lim_{n \rightarrow \infty} \sqrt[n]{\frac{2^{2n} \cdot (n!)^2}{(2n+1)!}} \stackrel{C-D/Alembert}{=} \lim_{n \rightarrow \infty} \frac{2^{2(n+1)} \cdot ((n+1)!)^2}{(2n+3)!} \cdot \frac{(2n+1)!}{2^{2n} \cdot (n!)^2} = 1 \Rightarrow$$

$$\Omega = \lim_{n \rightarrow \infty} \left(1 + \frac{\sqrt[n]{\omega_n}}{n!} \right)^{n!} = e^{\lim_{n \rightarrow \infty} \frac{\sqrt[n]{\omega_n} \cdot n!}{n!}} = e^0 = 1$$

UP.275. Find:

$$\Omega = \lim_{n \rightarrow \infty} \left(\frac{1}{n^8} \sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \sum_{l=1}^k (ijkl) \right)$$

Proposed by Daniel Sitaru – Romania

Solution by Ravi Prakash-New Delhi-India

We first note that if $k \in \mathbb{N}$,

$$\sum_{r=1}^n r^k = \frac{1}{k+1} n^{k+1} + o(n^k)$$

$$\text{For } k = 1, \sum_{r=1}^n r = \frac{1}{2} n^2 + \frac{1}{2} n$$

Assume

$$\sum_{r=1}^n r^k = \frac{1}{k+1} n^{k+1} + o(n^k)$$

For all $k \in \mathbb{N}$ with $1 \leq k \leq m$ where $m \in \mathbb{N}, m \geq 1$

For $m+1$, we note

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$$(x + 1)^{m+2} - x^{m+2} = (m + 2)x^{m+1} + 0(x^m) \Rightarrow \sum_{x=1}^n [(x + 1)^{m+2} - x^{m+2}]$$

$\Rightarrow (n + 1)^{m+2} - 1 = (m + 2) \sum_{x=1}^n x^{m+1} + a$ *polynomial of degree (m + 1) with rational coefficients.*

$$\Rightarrow \sum_{x=1}^n x^{m+1} = \frac{1}{m + 2} (n + 1)^{m+2} + a$$

polynomial of degree (m + 1) with rational coefficients. Now,

$$\sum_{l=1}^k (l) = \frac{1}{2} k(k + 1) \Rightarrow \sum_{k=1}^j k \sum_{l=1}^k l = \frac{1}{2} \sum_{k=1}^j (k^3 + k^2)$$

$$= \frac{1}{8} j^4 + a \text{ polynomial of degree 3 in } j$$

$$\Rightarrow \sum_{j=1}^i j \sum_{k=1}^j k \sum_{l=1}^k l = \sum_{j=1}^i j \left(\frac{1}{8} j^4 + a \text{ polynomial of degree 3 in } j \right)$$

$$= \frac{1}{48} i^6 + a \text{ polynomial of degree 5 in } i$$

$$\Rightarrow \sum_{i=1}^n i \sum_{j=1}^i j \sum_{k=1}^j k \sum_{l=1}^k l = \sum_{i=1}^n \left(\frac{1}{48} i^7 + a \text{ polynomial of degree 6 in } i \right)$$

$$= \frac{1}{384} n^8 + a \text{ polynomial of degree 7 in } n.$$

$$\therefore \lim_{n \rightarrow \infty} \frac{1}{n^8} \sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \sum_{l=1}^k (ijkl)$$

$$= \lim_{n \rightarrow \infty} \left(\frac{1}{384} + a \text{ polynomial of degree 7 in } \frac{1}{n} \right) = \frac{1}{384}$$

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UP.276. Find:

$$\Omega = \lim_{n \rightarrow \infty} \left(\sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \sum_{l=1}^k \left(\frac{1}{2^{i+j+k+l}} \right) \right)$$

Proposed by Daniel Sitaru – Romania

Solution 1 by Naren Bhandari-Bajura-Nepal

$$\begin{aligned} & \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \sum_{l=1}^k \frac{1}{2^{i+j+k+l}} = \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \left(\frac{1}{2^{i+j}} \sum_{k=1}^j \sum_{l=1}^k \frac{1}{2^{l+k}} \right) \\ &= \lim_{n \rightarrow \infty} \sum_{i=1}^{\infty} \sum_{i=1}^{\infty} \left(\frac{1}{2^{i+j}} \sum_{l=1}^j \frac{1}{2^l} \left(\sum_{k=1}^j \frac{1}{2^k} - \sum_{k=1}^{l-1} \frac{1}{2^k} \right) \right) = \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \left(\frac{1}{2^{i+j}} \sum_{l=1}^j \frac{1}{2^l} \left(2^l - \frac{1}{2^j} \right) \right) \\ &= \lim_{n \rightarrow \infty} \sum_{i=1}^n \frac{1}{2^i} \left(\sum_{j=1}^i \sum_{l=1}^j \frac{2}{2^j 4^l} - \sum_{j=1}^i \sum_{l=1}^j \frac{1}{2^l 4^j} \right) \\ &= \lim_{n \rightarrow \infty} \sum_{i=1}^n \frac{1}{2^i} \left(\sum_{l=1}^i \frac{2}{4^l} \left(\sum_{j=1}^i \frac{1}{2^j} - \sum_{j=1}^{l-1} \frac{1}{2^j} \right) - \left(\sum_{l=1}^i \frac{1}{2^l} \left(\sum_{j=1}^i \frac{1}{4^j} - \sum_{j=1}^{l-1} \frac{1}{4^j} \right) \right) \right) \\ &= \lim_{n \rightarrow \infty} \sum_{i=1}^n \frac{1}{2^i} \left(\sum_{l=1}^i \frac{2}{4^l} \left(1 - \frac{1}{2^i} - 1 + \frac{1}{2^{l-1}} \right) - \left(\sum_{l=1}^i \frac{1}{2^l} \left(\frac{1}{3} - \frac{1}{3 \cdot 4^i} - \frac{1}{3} + \frac{4}{3 \cdot 4^{l-1}} \right) \right) \right) \\ &= \lim_{n \rightarrow \infty} \sum_{i=1}^n \frac{1}{2^i} \left(\sum_{l=1}^i \frac{4}{8^l} - \sum_{l=1}^i \frac{2}{2^i \cdot 4^l} - \sum_{l=1}^i \frac{16}{3 \cdot 8^l} + \sum_{l=1}^i \frac{1}{3 \cdot 2^l \cdot 4^i} \right) \\ &= \lim_{n \rightarrow \infty} \left(\sum_{l=1}^n \frac{4}{8^l} \left(\sum_{i=1}^n \frac{1}{2^i} - \sum_{i=1}^{l-1} \frac{1}{2^i} \right) - \sum_{l=1}^n \frac{2}{4^l} \left(\sum_{i=1}^n \frac{1}{4^i} - \sum_{i=1}^{l-1} \frac{1}{4^i} \right) - \right. \\ & \quad \left. - \sum_{l=1}^n \frac{16}{3 \cdot 8^l} \left(\sum_{i=1}^n \frac{1}{2^i} - \sum_{i=1}^{l-1} \frac{1}{2^i} \right) + \sum_{l=1}^n \frac{1}{3 \cdot 2^l} \left(\sum_{i=1}^n \frac{1}{8^i} - \sum_{i=1}^{l-1} \frac{1}{8^i} \right) \right) \end{aligned}$$

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$$= \lim_{n \rightarrow \infty} \sum_{l=1}^n \left(\frac{16}{16^l} - \frac{8}{3 \cdot 16^l} - \frac{32}{3 \cdot 16^l} + \frac{8}{21 \cdot 16^l} \right) = \frac{64}{21 \times 15} = \frac{64}{315}$$

Solution 2 by Ravi Prakash-New Delhi-India

$$\begin{aligned} & \sum_{l=1}^k \frac{1}{2^l} = 1 - \frac{1}{2^k} \\ \Rightarrow & \sum_{k=1}^j \frac{1}{2^k} \sum_{l=1}^k \frac{1}{2^l} = \sum_{k=1}^j \left(\frac{1}{2^k} - \frac{1}{2^{2k}} \right) = 1 - \frac{1}{2^j} - \frac{1}{3} \left(1 - \frac{1}{2^{2j}} \right) \\ = & \frac{2}{3} - \frac{1}{2^j} + \frac{1}{3} \cdot \frac{1}{2^{2j}} \Rightarrow \sum_{j=1}^i \frac{1}{2^j} \sum_{k=1}^j \frac{1}{2^k} \sum_{l=1}^k \frac{1}{2^l} = \sum_{j=1}^i \frac{1}{2^j} \left(\frac{2}{3} - \frac{1}{2^j} + \frac{1}{3} \cdot \frac{1}{2^{2j}} \right) \\ = & \frac{2}{3} \left(1 - \frac{1}{2^i} \right) - \frac{1}{3} \left(1 - \frac{1}{2^{2i}} \right) + \frac{1}{3} \left(\frac{1}{7} \right) \left(1 - \frac{1}{2^{3i}} \right) \\ = & \frac{8}{21} - \frac{2}{3} \cdot \frac{1}{2^i} + \frac{1}{3} \cdot \frac{1}{2^{2i}} - \frac{1}{21} \cdot \frac{1}{2^{3i}} \Rightarrow \sum_{i=1}^n \frac{1}{2^i} \sum_{j=1}^i \frac{1}{2^j} \sum_{k=1}^j \frac{1}{2^k} \sum_{l=1}^k \frac{1}{2^l} \\ = & \frac{8}{21} \left(1 - \frac{1}{2^n} \right) - \frac{2}{3} \cdot \frac{1}{3} \left(1 - \frac{1}{2^{2n}} \right) + \frac{1}{3} \left(\frac{1}{7} \right) \left(1 - \frac{1}{2^{3n}} \right) - \frac{1}{21} \cdot \frac{1}{15} \left(1 - \frac{1}{2^{4n}} \right) \\ \Rightarrow & \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \sum_{l=1}^k \frac{1}{2^i 2^j 2^k 2^l} = \frac{8}{21} - \frac{2}{9} + \frac{1}{21} - \frac{1}{315} = \frac{64}{315} \end{aligned}$$

Solution 3 by Kartick Chandra Betal-India

$$\begin{aligned} \Omega &= \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \sum_{l=1}^k \frac{1}{2^{i+j+k+l}} = \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \sum_{k=1}^j \frac{1}{2^{i+j+k}} \cdot \frac{1}{2} \left(\frac{1 - \frac{1}{2^k}}{\frac{1}{2}} \right) \\ = & \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \frac{1}{2^{i+j}} \sum_{k=1}^j \left\{ \frac{1}{2^k} - \frac{1}{2^{2k}} \right\} = \lim_{n \rightarrow \infty} \sum_{i=1}^n \sum_{j=1}^i \frac{1}{2^{i+j}} \left\{ \left(1 - \frac{1}{2^j} \right) - \frac{1}{4} \left(1 - \frac{1}{4^j} \right) \right\} \\ = & \lim_{n \rightarrow \infty} \sum_{i=1}^n \frac{1}{2^i} \sum_{j=1}^i \left\{ \frac{2}{3} \cdot \frac{1}{2^j} - \frac{1}{2^{2j}} + \frac{1}{3 \cdot 2^{3j}} \right\} \\ = & \lim_{n \rightarrow \infty} \sum_{i=1}^n \frac{1}{2^i} \left\{ \frac{2}{3} \left(1 - \frac{1}{2^i} \right) - \frac{1}{3} \left(1 - \frac{1}{4^i} \right) + \frac{1}{3} \cdot \frac{1}{7} \left(1 - \frac{1}{8^i} \right) \right\} \end{aligned}$$

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$$\begin{aligned}
 &= \sum_{i=1}^{\infty} \left\{ \left(\frac{2}{3} - \frac{1}{3} + \frac{1}{21} \right) \frac{1}{2^i} - \frac{2}{3} \cdot \frac{1}{2^{2i}} + \frac{1}{3} \cdot \frac{1}{2^{3i}} - \frac{1}{21} \cdot \frac{1}{2^{4i}} \right\} \\
 &= \frac{8}{21} \cdot 1 - \frac{2}{3} \cdot \frac{1}{3} + \frac{1}{3} \cdot \frac{1}{7} - \frac{1}{21} \cdot \frac{1}{15} \\
 &= \frac{8}{21} - \frac{2}{9} + \frac{1}{21} - \frac{1}{315} = \frac{120 - 70 + 15 - 1}{3 \cdot 7 \cdot 5 \cdot 3} = \frac{135 - 71}{315} = \frac{64}{315}
 \end{aligned}$$

UP.281. If $(a_n)_{n \geq 1} \subset (0, \infty)$; $\lim_{n \rightarrow \infty} \left(\frac{a_{n+1}}{n^2 \cdot a_n} \right) = a > 0$; $x_1 = a_1$;

$$x_2 = a_1 \cdot \sqrt{a_2}; \quad x_3 = a_1 \cdot \sqrt{a_2} \cdot \sqrt[3]{a_3}; \quad x_n = a_1 \cdot \sqrt{a_2} \cdot \sqrt[3]{a_3} \cdot \dots \cdot \sqrt[n]{a_n}$$

then find:

$$\Omega = \lim_{n \rightarrow \infty} \left(\frac{(n+1)^3}{\sqrt[n+1]{x_{n+1}}} - \frac{n^3}{\sqrt[n]{x_n}} \right)$$

Proposed by D.M.Bătinețu-Giurgiu, Daniel Sitaru-Romania

Solution 1 by Adrian Popa-Romania

If $(y_n)_{n \geq 1}$ – is sequence of real numbers such that:

$$i) \lim_{n \rightarrow \infty} \frac{y_{n+1}}{y_n} = 1$$

$$ii) \lim_{n \rightarrow \infty} \frac{y_n}{n} = \alpha \in (0, \infty)$$

$$iii) \lim_{n \rightarrow \infty} \left(\frac{y_{n+1}}{y_n} \right)^n = \beta \in (0, \infty) \text{ then}$$

$$\lim_{n \rightarrow \infty} (y_{n+1} - y_n) = \alpha \log \beta$$

$$\text{Let } y_n = \frac{n^3}{\sqrt[n]{x_n}}$$

$$\begin{aligned}
 \lim_{n \rightarrow \infty} \frac{y_n}{n} &= \lim_{n \rightarrow \infty} \frac{n^2}{\sqrt[n]{x_n}} = \lim_{n \rightarrow \infty} \sqrt[n]{\frac{n^{2n}}{x_n}} = \lim_{n \rightarrow \infty} \frac{(n+1)^{2n+2}}{x_{n+1}} \cdot \frac{x_n}{n^{2n}} \\
 &= \lim_{n \rightarrow \infty} \frac{(n+1)^{2n}}{n^{2n}} \cdot \frac{(n+1)^2 x_n}{x_{n+1}} = \lim_{n \rightarrow \infty} \left(1 + \frac{1}{n} \right)^{2n} \cdot \frac{(n+1)^2}{\sqrt[n+1]{a_{n+1}}}
 \end{aligned}$$

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$$\begin{aligned}
 &= e^2 \cdot \lim_{n \rightarrow \infty} \sqrt[n+1]{\frac{(n+1)^{2n+2}}{a_{n+1}}} = e^2 \cdot \lim_{n \rightarrow \infty} \sqrt[n]{\frac{n^{2n}}{a_n}} = e^2 \cdot \lim_{n \rightarrow \infty} \frac{(n+1)^{2n+2}}{a_{n+1}} \cdot \frac{a_n}{n^{2n}} \\
 &= e^2 \cdot \lim_{n \rightarrow \infty} \frac{(n+1)^{2n+2}}{n^{2n}} \cdot \underbrace{\frac{(n+1)^2}{n^2}}_{\rightarrow 1} \cdot \underbrace{\frac{n^2 \cdot a_n}{a_{n+1}}}_{\rightarrow \frac{1}{a}} = e^2 \cdot e^2 \cdot \frac{1}{a} = \frac{e^4}{a} > 0
 \end{aligned}$$

$$\lim_{n \rightarrow \infty} \frac{y_{n+1}}{y_n} = \lim_{n \rightarrow \infty} \frac{(n+1)^3}{n^{3\sqrt[n+1]{x_{n+1}}}} \cdot \frac{\sqrt[n]{x_n}}{n^3} = \lim_{n \rightarrow \infty} \frac{(n+1)^2}{n^{2\sqrt[n+1]{x_{n+1}}}} \cdot \frac{\sqrt[n]{x_n}}{n^2} \cdot \frac{n+1}{n} = 1$$

$$\lim_{n \rightarrow \infty} \left(\frac{y_{n+1}}{y_n} \right)^n = \lim_{n \rightarrow \infty} \left(\frac{\frac{(n+1)^3}{n^{3\sqrt[n+1]{x_{n+1}}}}}{\frac{\sqrt[n]{x_n}}{n^3}} \right)^n = \lim_{n \rightarrow \infty} \left(\frac{n+1}{n} \right)^{3n} \cdot \frac{x_n}{x_{n+1}^{\frac{n}{n+1}}} = e^3 \cdot \lim_{n \rightarrow \infty} \frac{x_{n+1}}{x_n} \cdot x_{n+1}^{\frac{1}{n+1}}$$

$$= e^3 \cdot \lim_{n \rightarrow \infty} \sqrt[n+1]{\frac{x_{n+1}}{a_{n+1}}} = e^3 \cdot \lim_{n \rightarrow \infty} \sqrt[n]{\frac{x_n}{a_n}} = e^3 \cdot \lim_{n \rightarrow \infty} \frac{\sqrt[n]{x_n}}{n^2} \cdot \frac{n^2}{\sqrt[n]{a_n}} = e > 0$$

$$\text{So, } \Omega = \frac{e^4}{a} \cdot \log e = \frac{e^4}{a}$$

Solution 2 by Marian Ursărescu-Romania

$$\Omega = \lim_{n \rightarrow \infty} \frac{n^3}{n\sqrt[n]{x_n}} \left(\frac{(n+1)^3}{n^{3\sqrt[n+1]{x_{n+1}}}} \cdot \frac{\sqrt[n]{x_n}}{n^3} - 1 \right) = \lim_{n \rightarrow \infty} \frac{n^2}{n\sqrt[n]{x_n}} \cdot n \left(\left(\frac{n+1}{n} \right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}} - 1 \right); \quad (1)$$

$$\lim_{n \rightarrow \infty} \frac{n^2}{n\sqrt[n]{x_n}} = \lim_{n \rightarrow \infty} \sqrt[n]{\frac{n^{2n}}{x_n}} \stackrel{C.D'A}{=} \lim_{n \rightarrow \infty} \frac{(n+1)^{2n+2}}{x_{n+1}} \cdot \frac{x_n}{n^{2n}} = \lim_{n \rightarrow \infty} \left(\frac{n+1}{n} \right)^{2n} \cdot \frac{x_n}{x_{n+1}} (n+1)^2$$

$$= e^2 \cdot \lim_{n \rightarrow \infty} \frac{(n+1)^2}{n^{2\sqrt[n+1]{a_{n+1}}}} = e^2 \cdot \lim_{n \rightarrow \infty} \frac{n^2}{n\sqrt[n]{a_n}} = e^2 \cdot \lim_{n \rightarrow \infty} \sqrt[n]{\frac{n^{2n}}{a_n}} \stackrel{C.D'A}{=} e^2 \cdot \lim_{n \rightarrow \infty} \frac{(n+1)^{2n+2}}{a_{n+1}} \cdot \frac{a_n}{n^{2n}}$$

$$= e^2 \cdot \lim_{n \rightarrow \infty} \left(\frac{n+1}{n} \right)^{2n} \cdot \frac{(n+1)^2 a_n}{a_{n+1}} = e^2 \cdot e^2 \cdot \frac{1}{a} = \frac{e^4}{a}; \quad (2)$$

$$\lim_{n \rightarrow \infty} n \left(\left(\frac{n+1}{n} \right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}} - 1 \right) = \lim_{n \rightarrow \infty} n \cdot \left(e^{\log \left(\left(\frac{n+1}{n} \right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}} \right)} - 1 \right)$$

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$$\begin{aligned}
 & n \cdot \left(e^{\log\left(\left(\frac{n+1}{n}\right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}}\right)} - 1 \right) \\
 = & \lim_{n \rightarrow \infty} \frac{e^{\log\left(\left(\frac{n+1}{n}\right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}}\right)} - 1}{e^{\log\left(\left(\frac{n+1}{n}\right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}}\right)}} \cdot e^{\log\left(\left(\frac{n+1}{n}\right)^3 \frac{\sqrt[n]{x_n}}{\sqrt[n+1]{x_{n+1}}}\right)} \\
 = & \lim_{n \rightarrow \infty} \left(\frac{n+1}{n}\right)^{3n} \frac{x_n}{\sqrt[n+1]{x_{n+1}^n}} = \log \left(\lim_{n \rightarrow \infty} \left(\left(1 + \frac{1}{n}\right)^{3n} \cdot \frac{x_n}{x_{n+1}} \cdot \sqrt[n+1]{x_{n+1}} \right) \right) \\
 = & \log \left(\lim_{n \rightarrow \infty} \left(\left(1 + \frac{1}{n}\right)^{3n} \cdot \frac{\sqrt[n+1]{x_{n+1}}}{\sqrt[n+1]{a_{n+1}}} \right) \right) = \log \left(\lim_{n \rightarrow \infty} \left(\left(1 + \frac{1}{n}\right)^{3n} \cdot \frac{\sqrt[n]{x_n}}{\sqrt[n]{a_n}} \right) \right) \\
 = & \log \left(\lim_{n \rightarrow \infty} \left(\left(1 + \frac{1}{n}\right)^{3n} \cdot \frac{\sqrt[n]{x_n}}{n^2} \cdot \frac{n^2}{\sqrt[n]{a_n}} \right) \right) = \log \left(e^3 \cdot \frac{e^2}{a} \cdot \frac{a}{e^4} \right) = \log e = 1; \quad (3)
 \end{aligned}$$

From (1),(2),(3) we have: $\Omega = \frac{e^4}{a} \cdot \log e = \frac{e^4}{a}$

UP.279. Let $a \in \mathbb{R}_+^*$, $f, \Gamma: \mathbb{R}_+^* \rightarrow \mathbb{R}_+^*$, $\lim_{x \rightarrow \infty} \frac{f(x+1)x^a}{f(x)} = b \in \mathbb{R}_+^*$ then exists

$\lim_{x \rightarrow \infty} (f(x))^{\frac{1}{x}} \cdot x^a$ and find

$$\lim_{x \rightarrow \infty} \left(\left((\Gamma(x+2))^{\frac{a}{x+1}} - (\Gamma(x+1))^{\frac{a}{x}} \right) \cdot x (f(x))^{\frac{1}{x}} \right)$$

Proposed by D.M.Bătinețu Giurgiu, Neculai Stanciu-Romania

Solution by proposers

$$\lim_{x \rightarrow \infty} \frac{(\Gamma(x+1))^{\frac{1}{x}}}{x} = \lim_{n \rightarrow \infty} \frac{(\Gamma(n+1))^{\frac{1}{n}}}{n} = \lim_{n \rightarrow \infty} \frac{n!}{n^n} \stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \frac{(n+1)!}{(n+1)^{n+1}} \cdot \frac{n^n}{n!} = \lim_{n \rightarrow \infty} \left(\frac{n}{n+1}\right)^n = \frac{1}{e}$$

$$\begin{aligned}
 \lim_{x \rightarrow \infty} (f(x))^{\frac{1}{x}} \cdot x^a &= \lim_{n \rightarrow \infty} \left(\sqrt[n]{f(n)} \cdot n^a \right) \\
 &= \lim_{n \rightarrow \infty} \frac{\sqrt[n]{f(n)} \cdot n^{na}}{n^{na}} \stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \frac{f(n+1)(n+1)^{(n+1)a}}{f(n)n^{na}} =
 \end{aligned}$$

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$$\lim_{n \rightarrow \infty} \frac{f(n+1)n^a}{f(n)} \cdot \left(\frac{n+1}{n}\right)^{a(n+1)} = b \cdot e^a$$

$$\text{Let } u(x) = \left(\frac{(\Gamma(x+2))^{\frac{1}{x+1}}}{(\Gamma(x+1))^{\frac{1}{x}}}\right)^a \text{ then } \lim_{x \rightarrow \infty} u(x) = 1 \text{ and } \lim_{x \rightarrow \infty} \frac{u(x)-1}{\log u(x)} = 1$$

$$\lim_{x \rightarrow \infty} (u(x))^x = \lim_{x \rightarrow \infty} \left(\frac{\Gamma(x+2)}{\Gamma(x+1)} \cdot \frac{1}{(\Gamma(x+2))^{\frac{1}{x+1}}}\right)^a = \lim_{x \rightarrow \infty} \left(\frac{x+1}{(\Gamma(x+2))^{\frac{1}{x+1}}}\right)^a = e^a$$

$$\beta(x) = \left((\Gamma(x+2))^{\frac{a}{x+1}} - (\Gamma(x+1))^{\frac{a}{x}}\right) \cdot x(f(x))^{\frac{1}{x}}$$

$$= (\Gamma(x+1))^{\frac{a}{x}} \cdot (u(x) - 1) \cdot x^{1-a} \cdot (f(x))^{\frac{1}{x}} \cdot x^a$$

$$= \left(\frac{(\Gamma(x+1))^{\frac{1}{x}}}{x}\right)^a \cdot \frac{u(x) - 1}{\log u(x)} \cdot (f(x))^{\frac{1}{x}} \cdot x^a \cdot \log(u(x))^x$$

$$\lim_{x \rightarrow \infty} \beta(x) = \left(\frac{1}{e}\right)^a \cdot 1 \cdot b \cdot e^a \cdot \log e^a = ab$$

UP.284 Let a, b, c be the lengths of the sides of a triangle ABC with inradius r , circumradius R and area F . Prove that:

$$\frac{F}{12R^2(R-r)} \leq \sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b+c)} \leq \frac{\sqrt{3}}{16r}$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution by proposer

For the right inequality, we have:

$$2a^2 + b^2 + c^2 = (a^2 + b^2) + (a^2 + c^2) \geq \frac{(a+b)^2}{2} + \frac{(a+c)^2}{2} \geq (a+b)(b+c)$$

$$\text{So, } (2a^2 + b^2 + c^2)(b+c) \geq (a+b)(b+c)(c+a) \geq 8abc.$$

$$\text{Now } \sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b+c)} \leq \frac{1}{8} \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right).$$

$$\text{We know that: } \frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \leq \frac{1}{4r} \text{ and } \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)^2 \leq 3 \left(\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2}\right), \text{ so}$$

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$$\sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b + c)} \leq \frac{1}{8} \cdot \sqrt{3} \cdot \sqrt{\frac{1}{4r^2}} = \frac{\sqrt{3}}{16r}$$

For the left inequality, we have

$$\sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b + c)} = \sum_{cyc} abc \cdot \frac{1}{(2a^2 + b^2 + c^2)(bc + c^2)}$$

Now, using the Cauchy-Schwartz inequality, we get

$$\begin{aligned} \sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b + c)} &= \sum_{cyc} abc \cdot \frac{1}{(2a^2 + b^2 + c^2)(bc + c^2)} \\ &\geq abc \cdot \frac{(1 + 1 + 1)^2}{2abc(a + b + c) + 3(a^2b^2 + b^2c^2 + c^2a^2) + ab(a^2 + b^2) + bc(b^2 + c^2) + ca(c^2 + a^2) + a^4 + b^4 + c^4} \\ &\geq \frac{9abc}{2abc(a + b + c) + 3(a^4 + b^4 + c^4) + (ab(a^2 + b^2) + bc(b^2 + c^2) + ca(c^2 + a^2)) + a^4 + b^4 + c^4} \end{aligned}$$

Now, we will prove that

$$2abc \leq ab(a^2 + b^2) + bc(b^2 + c^2) + ca(c^2 + a^2) \leq 2(a^4 + b^4 + c^4)$$

We have:

$$\begin{aligned} &2(a^4 + b^4 + c^4) - ab(a^2 + b^2) - bc(b^2 + c^2) - ca(c^2 + a^2) = \\ &= (a^2 + b^2)^2 - ab(a^2 + b^2) - 2a^2b^2 + (b^2 + c^2)^2 + bc(b^2 + c^2) - 2b^2c^2 + \\ &\quad + (c^2 + a^2)^2 + ca(c^2 + a^2) - 2c^2a^2 = \\ &= (a^2 + b^2 - 2ab)(a^2 + b^2 + ab) + (b^2 + c^2 - 2bc)(b^2 + c^2 + bc) + \\ &\quad + (c^2 + a^2 - 2ca)(c^2 + a^2 + ca) = (a - b)^2(a^2 + b^2 + ab) + \\ &\quad + (b - c)^2(b^2 + c^2 + bc) + (c - a)^2(c^2 + a^2 + ca) \geq 0 \end{aligned}$$

Also, we have: $a^2 + b^2 \geq 2ab$; $b^2 + c^2 \geq 2bc$; $c^2 + a^2 \geq 2ca$, so

$$ab(a^2 + b^2) + bc(b^2 + c^2) + ca(c^2 + a^2) \geq 2a^2b^2 + 2b^2c^2 + 2c^2a^2.$$

Now, we have $a^2b^2 + b^2c^2 \geq 2ab^2c$; $b^2c^2 + c^2a^2 \geq 2abc^2$; $c^2a^2 + a^2b^2 \geq 2a^2bc$

$$\text{So, } 2a^2b^2 + 2b^2c^2 + 2c^2a^2 \geq 2a^2bc + 2ab^2c + 2abc^2 = 2abc(a + b + c)$$

We have:

$$\sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b + c)} \geq \frac{9abc}{2(a^4 + b^4 + c^4) + 3(a^4 + b^4 + c^4) + 2(a^4 + b^4 + c^4) + a^4 + b^4 + c^4} = \frac{9abc}{8(a^4 + b^4 + c^4)}$$

Now, we will prove that: $a^4 + b^4 + c^4 \leq 54R^3(R - r)$

$$\text{It is well known that: } a^4 + b^4 + c^4 = 2(a^2b^2 + 2b^2c^2 + 2c^2a^2) - 16F^2$$

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So, $a^4 + b^4 + c^4 = 2 \left((ab + bc + ca)^2 - 2abc(a + b + c) \right) - 16F^2$.

Now, $ab + bc + ca = s^2 + r^2 + 4Rr$ so that, with a short calculation,

$$a^4 + b^4 + c^4 = 2(s^4 - 2rs^2(4R + 3r) + r^2(4R + r)^2)$$

and the inequality becomes:

$$s^4 - 2r(4R + 3r)s^2 + r^2(4R + r)^2 - 27R^3(R - r) \leq 0$$

The left hand side is a quadratic in s^2 which writes as $(s^2 - \alpha)(s^2 - \beta)$ with

$$\alpha = r(4R + 3r) - \sqrt{\delta}, \beta = r(4R + 3r) + \sqrt{\delta}, \text{ the number } \delta \text{ being}$$

$$8r^3(2R + r) + 27R^3(R - r)$$

The inequality $\alpha \leq s^2$ follows from Gerretsen's inequality $16Rr - 5r^2 \leq s^2$ since

$$\alpha \leq 3r^2 + 4Rr \leq 16Rr - 5r^2 \leq s^2.$$

As for the inequality $s^2 \leq \beta$, using Gerretsen's second inequality

$$s^2 \leq 4R^2 + 3r^2 + 4Rr, \text{ we see that it is sufficient to prove } 4R^2 \leq \sqrt{\delta} \text{ or}$$

$$8r^4 + 16Rr^3 - 27R^3r + 11R^4 \geq 0$$

But, setting $x = \frac{R}{2r} \geq 1$ (Euler) this rewrites as $22x^4 - 27x^3 + 4x + 1 \geq 0$, that is

$$(x - 1) \left(11x^3 + (x - 1)(11x^2 + 6x + 1) \right) \geq 0$$

So, the later inequality holds and we are done.

Equality holds when the triangle is equilateral.

So, $\sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b+c)} \geq \frac{9abc}{8 \cdot 54R^3(R-r)}$ and we know that $abc = 4RF$ then

$$\sum_{cyc} \frac{ab}{(2a^2 + b^2 + c^2)(b+c)} \geq \frac{F}{12R^2(R-r)}$$

UP.277. Find:

$$\Omega = \lim_{n \rightarrow \infty} \left(\frac{\sum_{1 \leq i < j < k \leq n} \left(\frac{1}{\sqrt[3]{(ijk)^2}} \right)}{e^{H_n}} \right)$$

Proposed by Marian Ursărescu-Romania

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Solution by Mokhtar Khassani-Mostaganem-Algerie

$$\begin{aligned} \Omega &= \lim_{n \rightarrow \infty} \left(\frac{\sum_{1 \leq i < j < k \leq n} \left(\frac{1}{\sqrt[3]{(ijk)^2}} \right)}{e^{H_n}} \right) = \lim_{n \rightarrow \infty} \frac{\frac{1}{n^2} \cdot \sum_{1 \leq i < j < k \leq n} \left(\frac{1}{\sqrt[3]{\left(\frac{ijk}{n^3}\right)^2}} \right)}{n e^{H_n - \log n}} \\ &= e^{-\gamma} \lim_{n \rightarrow \infty} \frac{1}{n^2} \cdot \sum_{1 \leq i < j < k \leq n} \left(\frac{1}{\sqrt[3]{\left(\frac{ijk}{n^3}\right)^2}} \right) = e^{-\gamma} \int_0^1 \int_x^1 \int_y^1 \frac{1}{\sqrt[3]{(xyz)^2}} dx dy dz \\ &= e^{-\gamma} \int_0^1 \int_x^1 \frac{3(1-y)}{\sqrt[3]{(xy)^2}} dy dx = e^{-\gamma} \int_0^1 \int_x^1 \frac{9}{2} \frac{(\sqrt[3]{x^2} - 18\sqrt[3]{x} + 1)}{\sqrt[3]{x^2}} dy dx = \frac{9}{2} e^{-\gamma} \end{aligned}$$

UP.282. If $m, p, r, s, t \geq 0$; $(a_n)_{n \geq 1}$; $(b_n)_{n \geq 1}$; $(c_n)_{n \geq 1} \subset (0, \infty)$;

$$\lim_{n \rightarrow \infty} \left(\frac{a_{n+1}}{a_n \cdot n^r} \right) = a > 0; \lim_{n \rightarrow \infty} \left(\frac{b_{n+1}}{b_n \cdot n^s} \right) = b > 0; \lim_{n \rightarrow \infty} \left(\frac{c_{n+1} - c_n}{n^t} \right) = c > 0$$

then:

$$\lim_{n \rightarrow \infty} \left(\frac{c_{n+1} \cdot \sqrt[n+1]{a_{n+1}^m \cdot b_{n+1}^p} - c_n \cdot \sqrt[n]{a_n^m \cdot b_n^p}}{(n+1)^{mr+ps+t}} - \frac{c_n \cdot \sqrt[n]{a_n^m \cdot b_n^p}}{n^{mr+ps+t}} \right) = \frac{a^m \cdot b^p \cdot c}{(t+1) \cdot e^{mr+ps}}$$

Proposed by D.M.Bătinețu-Giurgiu, Neculai Stanciu-Romania

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Solution by Soumitra Mandal-Chandar Nagore-India

$$\lim_{n \rightarrow \infty} \frac{c_n}{n^{t+1}} \stackrel{L.C-S}{\cong} \lim_{n \rightarrow \infty} \frac{c_{n+1} - c_n}{(n+1)^{t+1} - n^{t+1}} = \lim_{n \rightarrow \infty} \left(\frac{c_{n+1} - c_n}{n^t} \cdot \frac{1}{\frac{(1 + \frac{1}{n})^{t+1} - 1}{\frac{1}{n}}} \right) = \frac{c}{t+1}$$

$$\lim_{n \rightarrow \infty} \frac{\sqrt[n]{a_n}}{n^r} \stackrel{C.D'A}{\cong} \lim_{n \rightarrow \infty} \frac{a_{n+1}}{n^r \cdot a_n} \cdot \frac{1}{(1 + \frac{1}{n})^{nr}} = \frac{a}{e^r}$$

$$\lim_{n \rightarrow \infty} \left(\frac{n(c_{n+1} - c_n)}{c_n} \right) = \lim_{n \rightarrow \infty} \left(\frac{c_{n+1} - c_n}{n^t} \cdot \frac{n^{t+1}}{c_n} \right) \stackrel{L.C-S}{\cong} c \lim_{n \rightarrow \infty} \frac{n^t}{c_{n+1} - c_n} \cdot \frac{(1 + \frac{1}{n})^{t+1} - 1}{\frac{1}{n}} = t+1$$

$$\lim_{n \rightarrow \infty} \frac{\sqrt[n]{b_n}}{n^s} \stackrel{C.D'A}{\cong} \lim_{n \rightarrow \infty} \frac{b_{n+1}}{n^s \cdot b_n} \cdot \frac{1}{(1 + \frac{1}{n})^{ns}} = \frac{b}{e^s}$$

$$\text{Let: } u_n = \frac{c_{n+1} \cdot \sqrt[n+1]{a_{n+1}^m \cdot b_{n+1}^p}}{(n+1)^{mr+ps+t}} \text{ for all } n \in \mathbb{N}$$

$$\frac{c_n \cdot \sqrt[n]{a_n^m \cdot b_n^p}}{n^{mr+ps+t}}$$

$$\therefore \lim_{n \rightarrow \infty} u_n = 1 \text{ hence for all } n \rightarrow \infty, \frac{u_n - 1}{\log(u_n)} \rightarrow 1$$

$$\therefore \lim_{n \rightarrow \infty} u_n^n =$$

$$= \lim_{n \rightarrow \infty} \left[\left(\frac{c_{n+1} - c_n}{c_n} + 1 \right)^{\frac{c_n}{c_{n+1} - c_n} \cdot \frac{n(c_{n+1} - c_n)}{c_n}} \cdot \left(\frac{a_{n+1}}{a_n \cdot n^r} \right)^m \cdot \left(\frac{b_{n+1}}{b_n \cdot n^s} \right)^p \cdot \frac{n^{mr+sp}}{\sqrt[n+1]{a_{n+1}^m \cdot b_{n+1}^p}} \cdot \frac{1}{(1 + \frac{1}{n})^{nt}} \cdot \frac{1}{(1 + \frac{1}{n})^{n(mr+sp)}} \right] =$$

$$= e^{t+1} \cdot a^m \cdot b^p \cdot \left(\frac{e^r}{a} \right)^m \cdot \left(\frac{e^s}{b} \right)^p \cdot \frac{1}{e^{t+mr+sp}} = e$$

$$\lim_{n \rightarrow \infty} \left(\frac{c_{n+1} \cdot \sqrt[n+1]{a_{n+1}^m \cdot b_{n+1}^p}}{(n+1)^{mr+ps+t}} - \frac{c_n \cdot \sqrt[n]{a_n^m \cdot b_n^p}}{n^{mr+ps+t}} \right) =$$

$$= \lim_{n \rightarrow \infty} \frac{c_n \cdot \sqrt[n]{a_n^m \cdot b_n^p}}{n^{mr+ps+t}} \cdot \frac{u_n - 1}{\log(u_n)} \cdot \log(u_n^n) = \frac{a^m \cdot b^p \cdot c}{(t+1) \cdot e^{mr+ps}}$$

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UP.280. Let a, b, c be sides in $\triangle ABC$, $(x_n)_{n \geq 1}$, $(y_n)_{n \geq 1}$, $(z_n)_{n \geq 1}$ sequences of positive numbers such that:

$$\lim_{n \rightarrow \infty} (x_{n+1} - x_n) = c, \lim_{n \rightarrow \infty} \frac{y_{n+1}}{ny_n} = b, \lim_{n \rightarrow \infty} \frac{z_{n+1}}{nz_n} = c.$$

Prove that:

$$\lim_{n \rightarrow \infty} \left(\frac{x_n \cdot \sqrt[n]{y_n} + e \cdot \sqrt[n]{y_n z_n} + x_n \cdot \sqrt[n]{z_n}}{n^2} \right) \geq \frac{4\sqrt{3}F}{e}$$

Proposed by D.M.Bătinețu-Giurgiu and Neculai Stanciu-Romania

Solution by Marian Ursărescu-Romania

$$\lim_{n \rightarrow \infty} \left(\frac{x_n \cdot \sqrt[n]{y_n}}{n^2} \right) = \lim_{n \rightarrow \infty} \left(\frac{x_n}{n} \cdot \frac{\sqrt[n]{y_n}}{n} \right) \quad (1)$$

$$\lim_{n \rightarrow \infty} \frac{x_n}{n} \stackrel{LC-S}{\hat{=}} \lim_{n \rightarrow \infty} \frac{x_{n+1} - x_n}{n+1 - n} = a \quad (2)$$

$$\lim_{n \rightarrow \infty} \frac{\sqrt[n]{y_n}}{n} = \lim_{n \rightarrow \infty} \frac{\sqrt[n]{y_n}}{\sqrt[n]{n^n}} \stackrel{C-D'A}{\hat{=}} \lim_{n \rightarrow \infty} \frac{y_{n+1}}{(n+1)^{n+1}} \cdot \frac{n^n}{y_n} = \lim_{n \rightarrow \infty} \frac{y_{n+1}}{ny_n} \cdot \left(\frac{n}{n+1} \right)^n \cdot \frac{n}{n+1} = \frac{b}{e} \quad (3)$$

$$\text{From (1)+(2)+(3) we have: } \lim_{n \rightarrow \infty} \left(\frac{x_n \cdot \sqrt[n]{y_n}}{n^2} \right) = \frac{ab}{e} \quad (4)$$

$$\text{Similarly: } \lim_{n \rightarrow \infty} \left(\frac{x_n \cdot \sqrt[n]{z_n}}{n^2} \right) = \frac{ac}{e} \quad (5)$$

$$\lim_{n \rightarrow \infty} \left(\frac{e \cdot \sqrt[n]{y_n z_n}}{n^2} \right) = \lim_{n \rightarrow \infty} \frac{\sqrt[n]{y_n}}{\sqrt[n]{n^n}} \cdot \frac{\sqrt[n]{z_n}}{\sqrt[n]{n^n}} = \frac{bc}{e} \quad (6)$$

$$\text{From (4)+(5)+(6) we must show: } \frac{ab+bc+ca}{e} \geq \frac{4\sqrt{3}F}{e} \Leftrightarrow ab + bc + ca \geq 4\sqrt{3}F,$$

true it's Gordon inequality.

UP.278 If $a, b \in \mathbb{R}$ then:

$$\int_a^b \int_a^b (\cos x \cos y \cos(x+y)) dx dy + \frac{1}{8}(b-a)^2 \geq 0$$

Proposed by Daniel Sitaru – Romania

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Solution by proposer:

$$\text{We start from: } \left(\cos x + \frac{1}{2}(\cos(x+2y)) \right)^2 + \frac{1}{4}\sin^2(x+2y) \geq 0$$

$$\cos^2 x + \cos x \cos(x+2y) + \frac{1}{4}\cos^2(x+2y) + \frac{1}{4}\sin^2(x+2y) \geq 0$$

$$\cos^2 x + \cos x \cos(x+2y) \geq -\frac{1}{4}$$

$$2\cos^2 x + 2\cos x \cos(x+2y) \geq -\frac{1}{2}$$

$$2\cos^2 x + \cos 2y + \cos(2x+2y) \geq -\frac{1}{2}$$

$$2\cos^2 x - 1 + \cos^2 y + \cos(2x+2y) \geq -\frac{3}{2}$$

$$\cos 2x + \cos 2y + \cos(2x+2y) \geq -\frac{3}{2}$$

$$2\cos(x+y)\cos(x-y) + 2\cos^2(x+y) - 1 \geq -\frac{3}{2}$$

$$2\cos(x+y)(\cos(x-y) + \cos(x+y)) \geq -\frac{1}{2}$$

$$\cos(x+y) \cdot 2\cos x \cos y \geq -\frac{1}{4}$$

$$8\cos x \cos y \cos(x+y) + 1 \geq 0$$

$$\cos x \cos y \cos(x+y) + \frac{1}{8} \geq 0$$

$$\int_a^b \int_a^b \cos x \cos y \cos(x+y) dx dy + \frac{1}{8}(b-a)^2 \geq 0$$

UP.283.RMM WINTER EDITION 2020

By Marin Chirciu – Romania

1) In ΔABC :

$$\frac{r}{4R^4} \leq \frac{h_a}{a^2(b+c)^2} + \frac{h_b}{b^2(c+a)^2} + \frac{h_c}{c^2(a+b)^2} \leq \frac{1}{64r^3}$$

Proposed by George Apostolopoulos-Messolonghi- Greece

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Solution

The left hand inequality: Using the means inequality we obtain:

$$\begin{aligned} \sum \frac{h_a}{a^2(b+c)^2} &\geq 3 \sqrt[3]{\prod \frac{h_a}{a^2(b+c)^2}} = 3 \sqrt[3]{\frac{\frac{2r^2s^2}{R}}{16R^2r^2s^2 \cdot 4s^2(s^2+r^2+2Rr)^2}} = \\ &= \frac{3}{\sqrt[3]{32R^3 \cdot s^2(s^2+r^2+2Rr)^2}} \stackrel{(1)}{\geq} \frac{r}{4R^4}, \text{ where (1) } \Leftrightarrow \frac{27}{32R^3 \cdot s^2(s^2+r^2+2Rr)^2} \geq \frac{r^3}{64R^{12}} \Leftrightarrow \end{aligned}$$

$\Leftrightarrow 54R^9 \geq r^3s^2(s^2+r^2+2Rr)^2$, which follows from Mitrinovic's inequality

$s^2 \leq \frac{27R^2}{4}$ and Gerretsen $s^2 \leq 4R^2 + 4Rr + 3r^2$. It remains to prove that:

$$54R^9 \geq r^3 \frac{27R^2}{4} (4R^2 + 4Rr + 3r^2 + r^2 + 2Rr)^2 \Leftrightarrow 2R^7 \geq r^3(2R^2 + 3Rr + 2r^2)^2 \Leftrightarrow$$

$$\Leftrightarrow 2R^7 - 4R^4r^3 - 12R^3r^4 - 17R^2r^5 - 12Rr^6 - 4r^7 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r)(2R^6 + 4R^5r + 8R^4r^2 + 12R^3r^3 + 12R^2r^4 + 7Rr^5 + 2r^6) \geq 0$$

obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

The right hand inequality:

$$\begin{aligned} \text{We have: } \sum \frac{h_a}{a^2(b+c)^2} &\leq \sum \frac{h_a}{a^2 \cdot 4bc} \leq \frac{1}{4abc} \sum \frac{h_a}{a} = \frac{1}{4 \cdot 4Rrs} \cdot \frac{s^4 + s^2(2r^2 - 4Rr) + r^2(4Rr + r)^2}{8R^2rs} = \\ &= \frac{s^4 + s^2(2r^2 - 4Rr) + r^2(4Rr + r)^2}{128R^3r^2s^2} \stackrel{(2)}{\leq} \frac{1}{64r^3} \end{aligned}$$

where (2) $\Leftrightarrow s^4 + s^2(2r^2 - 4Rr) + r^2(4Rr + r)^2 \leq 2R^3s^2$, which follows from

Gerretsen's inequality $s^2 \geq 16Rr - 5r^2$. It remains to prove that:

$$s^4 + s^2(2r^2 - 4Rr) + r^2(4Rr + r)^2 \leq 2R^3(16Rr - 5r^2)$$

$$\Leftrightarrow s^2(s^2 + 2r^2 - 8Rr) + r^2(4Rr + r)^2 \leq 2R^3(16Rr - 5r^2), \text{ true from Gerretsen's}$$

inequality $s^2 \leq 4R^2 + 4Rr + 3r^2$. It suffices to prove that:

$$(4R^2 + 4Rr + 3r^2)(4R^2 + 4Rr + 3r^2 + 2r^2 - 8Rr) + r^2(4Rr + r)^2 \leq 2R^3(16Rr - 5r^2) \Leftrightarrow$$

$$\Leftrightarrow 8R^4 - 5R^3r - 16R^2r^2 - 8Rr^3 - 8r^4 \geq 0 \Leftrightarrow (R-2r)(8R^3 + 11R^2r + 6Rr^2 + 4r^4) \geq 0$$

obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

Remark.

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If we change h_a with r_a we propose:

2) In ΔABC :

$$\frac{r}{4R^4} \leq \frac{r_a}{a^2(b+c)^2} + \frac{r_b}{b^2(c+a)^2} + \frac{r_c}{c^2(a+b)^2} \leq \frac{1}{64r^3}$$

Marin Chirciu – Romania

Solution.

The left hand inequality:

Using means inequality we obtain:

$$\begin{aligned} \sum \frac{r_a}{a^2(b+c)^2} &\geq 3^3 \sqrt[3]{\prod \frac{r_a}{a^2(b+c)^2}} = 3^3 \sqrt[3]{\frac{rs^2}{16R^2r^2s^2 \cdot 4s^2(s^2+r^2+2Rr)^2}} = \\ &= \frac{3}{\sqrt[3]{64R^2r \cdot s^2(s^2+r^2+2Rr)^2}} \stackrel{(1)}{\geq} \frac{r}{4R^4}, \text{ where (1)} \Leftrightarrow \frac{27}{64R^2r \cdot s^2(s^2+r^2+2Rr)^2} \geq \frac{r^3}{64R^{12}} \Leftrightarrow \end{aligned}$$

$\Leftrightarrow 27R^{10} \geq r^4 s^2 (s^2 + r^2 + 2Rr)^2$, which follows from Mitrinovic's inequality

$s^2 \leq \frac{27R^2}{4}$ and Gerretsen $s^2 \leq 4R^2 + 4Rr + 3r^2$. It remains to prove that:

$$27R^{10} \geq r^4 \cdot \frac{27R^2}{4} (s^2 + r^2 + 2Rr)^2 \Leftrightarrow R^8 \geq r^4 (2R^2 + 3Rr + 2r^2)^2 \Leftrightarrow$$

$$\Leftrightarrow R^8 - 4R^4r^4 - 12R^3r^5 - 17R^2r^6 - 12Rr^7 - 4r^8 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(R^7 + 2R^6r + 4R^5r^2 + 8R^4r^3 + 12R^3r^4 + 12R^2r^5 + 7Rr^6 + 2r^7) \geq 0$$

obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

The right hand inequality

$$\begin{aligned} \text{We have } \sum \frac{r_a}{a^2(b+c)^2} &\leq \sum \frac{r_a}{a^2 \cdot 4bc} \leq \frac{1}{4abc} \sum \frac{r_a}{a} = \frac{1}{4 \cdot 4Rrs} \cdot \frac{s^2 + (4R+r)^2}{4Rs} = \\ &= \frac{s^2 + (4R+r)^2}{64R^2rs^2} \stackrel{(2)}{\leq} \frac{1}{64r^3} \end{aligned}$$

where (2) $\Leftrightarrow r^2(4R+r)^2 \leq s^2(R^2 - r^2)$, which follows from Gerretsen's inequality

$$s^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}. \text{ It remains to prove that:}$$

$$r^2(4R+r)^2 \leq \frac{r(4R+r)^2}{R+r} (R^2 - r^2) \Leftrightarrow R^2 - Rr - 2r^2 \geq 0 \Leftrightarrow (R - 2r)(R + r) \geq 0$$

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obviously from Euler's inequality $R \geq 2r$.

Equality holds if and only if ΔABC is equilateral.

UP.285. RMM NUMBER 19 WINTER 2020

By Marin Chirciu – Romania

1) In ΔABC the following relationship holds:

$$\left(\frac{15}{2} - \frac{3R^2}{4r^2}\right)R \leq \frac{w_a^2}{h_a} + \frac{w_b^2}{h_b} + \frac{w_c^2}{h_c} \leq \frac{9R}{2}$$

By George Apostolopoulos-Messolonghi– Greece

Solution

We prove the strongest inequality:

2) In ΔABC the following relationship holds:

$$\left(10 - \frac{2r}{R}\right)r \leq \frac{w_a^2}{h_a} + \frac{w_b^2}{h_b} + \frac{w_c^2}{h_c} \leq 4R + r$$

Marin Chirciu – Romania

Solution

The left hand inequality: Using inequality $w_a \geq h_a$ we obtain:

$$\sum \frac{w_a^2}{h_a} \geq \sum \frac{h_a^2}{h_a} = \sum h_a = \frac{s^2 + r^2 + 4Rr}{2R} \stackrel{\text{Gerretsen}}{\geq} \frac{16Rr - 5r^2 + r^2 + 4Rr}{2R} \geq r \left(10 - \frac{2r}{R}\right)$$

$$\text{We prove that } r \left(10 - \frac{2r}{R}\right) \geq \left(\frac{15}{2} - \frac{3R^2}{4r^2}\right)R \Leftrightarrow 3R^4 - 30R^2r^2 + 40Rr^3 - 8r^4 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R - 2r)(3R^3 + 6R^2r - 18Rr^2 + 4r^3) \geq 0, \text{ obvious from Euler's inequality}$$

$R \geq 2r$. Equality holds if and only if ΔABC is equilateral.

The right hand inequality.

Using the formula $h_a = \frac{2S}{a}$ and the inequality $w_a^2 \leq s(s-a)$ we obtain:

$$\sum \frac{w_a^2}{h_a} \leq \sum \frac{s(s-a)}{\frac{2S}{a}} = \frac{s}{2S} \sum a(s-a) = \frac{1}{2r} \cdot 2r(4R + r) = 4R + r$$

Above we've used the known identity in triangle $\sum a(s-a) = 2r(4R + r)$

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Remark.

We prove that inequality 2) is stronger than inequality 1).

3) In ΔABC the following relationship holds:

$$\left(\frac{15}{2} - \frac{3R^2}{4r^2}\right)R \leq \left(10 - \frac{2r}{R}\right)r \leq \frac{w_a^2}{h_a} + \frac{w_b^2}{h_b} + \frac{w_c^2}{h_c} \leq 4R + r \leq \frac{9R}{2}$$

Solution

See inequality 2) and for the left hand inequality we prove that:

$$\begin{aligned} r\left(10 - \frac{2r}{R}\right) &\geq \left(\frac{15}{2} - \frac{3R^2}{4r^2}\right)R \Leftrightarrow 3R^4 - 30R^2r^2 + 40Rr^3 - 8r^4 \geq 0 \Leftrightarrow \\ \Leftrightarrow (R - 2r)(3R^3 + 6R^2r - 18Rr^2 + 4r^3) &\geq 0, \text{ obviously from Euler's inequality} \\ R &\geq 2r. \end{aligned}$$

For the right hand inequality we prove that $4R + r \leq \frac{9R}{2} \Leftrightarrow R \geq 2r$, (Euler's inequality)

Remark.

If we change h_a with r_a we propose:

4) In ΔABC the following relationship holds:

$$\frac{18r^2}{R} \leq \frac{w_a^2}{r_a} + \frac{w_b^2}{r_b} + \frac{w_c^2}{r_c} \leq \frac{(2R - r)^2}{r}$$

Marin Chirciu – Romania

Solution

Using inequality $w_a \geq h_a$ we obtain:

$$\begin{aligned} \sum \frac{w_a^2}{r_a} &\geq \sum \frac{h_a^2}{r_a} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum h_a)^2}{\sum r_a} \stackrel{(1)}{\geq} \frac{3 \sum h_b h_c}{\sum r_a} \stackrel{(3)}{=} \frac{3 \cdot \frac{2s^2r}{R}}{4R + r} = \\ &= \frac{6s^2r}{R(4R + r)} \stackrel{(4)}{\geq} \frac{6r \cdot \frac{r(4R + r)^2}{R + r}}{R(4R + r)} = \end{aligned}$$

$$\frac{6r^2(4R+r)}{r(R+r)} = \frac{6r^2}{R} \cdot \frac{4R+r}{R+r} \stackrel{(5)}{\geq} \frac{6r^2}{R} \cdot 3 = \frac{18r^2}{R}, \text{ where (1) it follows from inequality}$$

$(x + y + z)^2 \geq 3(xy + yz + zx)$, (2) it follows from the known identities in triangle

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$\sum h_b h_c = \frac{2s^2 r}{R}$ and $\sum r_a = 4R + r$, (4) it follows from Gerretsen

$$s^2 \geq 16Rr - 5r^2 \geq \frac{r(4R+r)^2}{R+r}, \text{ and (5) } \frac{4R+r}{R+r} \geq 3 \Leftrightarrow R \geq 2r, \text{ (Euler's inequality)}$$

Equality holds if and only if ΔABC is equilateral.

The right hand inequality

Using the formula $h_a = \frac{s}{s-a}$ and inequality $w_a^2 \leq s(s-a)$ we obtain:

$$\begin{aligned} \sum \frac{w_a^2}{r_a} &\leq \sum \frac{s(s-a)}{\frac{s}{s-a}} = \frac{s}{s} \sum (s-a)^2 = \frac{1}{r} (s^2 - 2r^2 - 8Rr) \\ &\leq \frac{4R^2 + 4Rr + 3r^2 - 2r^2 - 8Rr}{r} = \\ &= \frac{4R^2 - 4Rr + r^2}{r} = \frac{(2R-r)^2}{r} \end{aligned}$$

Above we've used the known identity in triangle $\sum (s-a)^2 = s^2 - 2r^2 - 8Rr$.

Equality holds if and only if ΔABC is equilateral.

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It's nice to be important but more important it's to be nice.

At this paper works a TEAM.

This is RMM TEAM.

To be continued!

Daniel Sitaru