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JP.286. If $a, b, c > 0, ab + bc + ca = 3$ then:

$$\frac{(a^2 + b^2)(ab + 1)}{a + b} + \frac{(b^2 + c^2)(bc + 1)}{b + c} + \frac{(c^2 + a^2)(ca + 1)}{c + a} \geq 6$$

Proposed by Daniel Sitaru-Romania

Solution 1 by Daniel Văcaru-Romania

We have:

$$\begin{aligned} & \frac{(a^2 + b^2)(ab + 1)}{a + b} + \frac{(b^2 + c^2)(bc + 1)}{b + c} + \frac{(c^2 + a^2)(ca + 1)}{c + a} \geq 6 \\ \Leftrightarrow & \sum_{\text{cyc}} \frac{a^2 + b^2}{a + b} + \sum_{\text{cyc}} \frac{(a^2 + b^2)ab}{a + b} \geq 6 \end{aligned}$$

We have:

$$\frac{a^2 + b^2}{a + b} \geq \frac{a + b}{2} \Rightarrow \sum_{\text{cyc}} \frac{a^2 + b^2}{a + b} \geq a + b + c$$

On the other hand

$$\frac{(a^2 + b^2)ab}{a + b} \geq \frac{2a^2b^2}{a + b} \Rightarrow \sum_{\text{cyc}} \frac{(a^2 + b^2)ab}{a + b} \geq 2 \sum_{\text{cyc}} \frac{a^2b^2}{a + b} \geq 2 \frac{(\sum ab)^2}{\sum(a + b)} = \frac{9}{a + b + c}$$

It follows

$$\frac{(a^2 + b^2)(ab + 1)}{a + b} + \frac{(b^2 + c^2)(bc + 1)}{b + c} + \frac{(c^2 + a^2)(ca + 1)}{c + a} \geq a + b + c + \frac{9}{a + b + c}$$

Solution 2, generalizations and extensions by Marin Chirciu-Romania

Use inequality $x^2 + y^2 \geq \frac{(x+y)^2}{2} \Leftrightarrow (x-y)^2 \geq 0$, equality for $x = y$, we get:

$$M_s = \sum \frac{(b^2 + c^2)(bc + 1)}{b + c} \geq \sum \frac{\frac{(b+c)^2}{2}(bc + 1)}{b + c} = \sum \frac{(b+c)(bc + 1)}{2} \stackrel{(1)}{\geq} 6 = M_d,$$

where (1) $\Leftrightarrow \sum (b+c)(bc + 1) \geq 12$.

From $ab + bc + ca = 3$, and $a, b, c > 0$, we can let trigonometric substitutions:

$$a = \sqrt{3} \operatorname{tg} \frac{X}{2}, b = \sqrt{3} \operatorname{tg} \frac{Y}{2}, c = \sqrt{3} \operatorname{tg} \frac{Z}{2}, \text{ because:}$$

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$$ab+bc+ca=3 \Leftrightarrow \frac{a}{\sqrt{3}} \cdot \frac{b}{\sqrt{3}} + \frac{b}{\sqrt{3}} \cdot \frac{c}{\sqrt{3}} + \frac{c}{\sqrt{3}} \cdot \frac{a}{\sqrt{3}} = 1 \Leftrightarrow$$

$$\Leftrightarrow \operatorname{tg} \frac{X}{2} \operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + \operatorname{tg} \frac{Z}{2} \operatorname{tg} \frac{X}{2} = 1, (\text{true in any triangle } \triangle XYZ).$$

With substitutions $a = \sqrt{3} \operatorname{tg} \frac{X}{2}, b = \sqrt{3} \operatorname{tg} \frac{Y}{2}, c = \sqrt{3} \operatorname{tg} \frac{Z}{2},$

Inequality $\sum (b+c)(bc+1) \geq 12$ **becomes:**

$$\sum \left(\sqrt{3} \operatorname{tg} \frac{Y}{2} + \sqrt{3} \operatorname{tg} \frac{Z}{2} \right) \left(3 \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + 1 \right) \geq 12 \Leftrightarrow \sum \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) \left(3 \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + 1 \right) \geq 4\sqrt{3} \Leftrightarrow$$

$$\Leftrightarrow 3 \sum \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) + 2 \sum \operatorname{tg} \frac{X}{2} \geq 4\sqrt{3}, (2).$$

Following relationship holds in any triangle:

$$\sum \operatorname{tg} \frac{X}{2} = \frac{4R+r}{p} \text{ and } \prod \operatorname{tg} \frac{X}{2} = \frac{r}{p}, \text{ we get: } \sum \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) = \frac{2(2R-r)}{p},$$

and inequality (2) becomes:

$$3 \cdot \frac{2(2R-r)}{p} + 2 \cdot \frac{4R+r}{p} \geq 4\sqrt{3} \Leftrightarrow 5R-r \geq p\sqrt{3},$$

True, from Doucet inequality $4R+r \geq p\sqrt{3}.$

We must show that:

$$5R-r \geq 4R+r \Leftrightarrow R \geq 2r, (\text{Euler inequality}).$$

Equality if only if triangle is equilateral.

Remark:

Inequality can be extended:

1) If $a, b, c > 0$ such that $ab+bc+ca=3$ și $n \geq 0$. Prove:

$$\frac{(a^2+b^2)(ab+n)}{a+b} + \frac{(b^2+c^2)(bc+n)}{b+c} + \frac{(c^2+a^2)(ca+n)}{c+a} \geq 3(n+1).$$

Proposed by Marin Chirciu-Romania

Solution:

Applying inequality $x^2 + y^2 \geq \frac{(x+y)^2}{2} \Leftrightarrow (x-y)^2 \geq 0$, **equality for** $x = y$, **we get:**

$$M_s = \sum \frac{(b^2+c^2)(bc+n)}{b+c} \geq \sum \frac{\frac{(b+c)^2}{2}(bc+n)}{b+c} = \sum \frac{(b+c)(bc+n)}{2} \stackrel{(1)}{\geq} 3(n+1) = M_d,$$

where (1) $\Leftrightarrow \sum (b+c)(bc+n) \geq 6(n+1).$

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From $ab+bc+ca=3$, where $a,b,c>0$, we can let trigonometric substitutions:

$$a = \sqrt{3} \operatorname{tg} \frac{X}{2}, b = \sqrt{3} \operatorname{tg} \frac{Y}{2}, c = \sqrt{3} \operatorname{tg} \frac{Z}{2}, \text{ because:}$$

$$ab+bc+ca=3 \Leftrightarrow \frac{a}{\sqrt{3}} \cdot \frac{b}{\sqrt{3}} + \frac{b}{\sqrt{3}} \cdot \frac{c}{\sqrt{3}} + \frac{c}{\sqrt{3}} \cdot \frac{a}{\sqrt{3}} = 1 \Leftrightarrow$$

$$\Leftrightarrow \operatorname{tg} \frac{X}{2} \operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + \operatorname{tg} \frac{Z}{2} \operatorname{tg} \frac{X}{2} = 1, (\text{ true in any } \Delta XYZ).$$

With substitutions: $a = \sqrt{3} \operatorname{tg} \frac{X}{2}, b = \sqrt{3} \operatorname{tg} \frac{Y}{2}, c = \sqrt{3} \operatorname{tg} \frac{Z}{2}$, inequality

$$\sum (b+c)(bc+n) \geq 6(n+1)$$

becomes:

$$\sum \left(\sqrt{3} \operatorname{tg} \frac{Y}{2} + \sqrt{3} \operatorname{tg} \frac{Z}{2} \right) \left(3 \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + n \right) \geq 6(n+1) \Leftrightarrow$$

$$\Leftrightarrow \sum \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) \left(3 \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + n \right) \geq 2(n+1)\sqrt{3} \Leftrightarrow$$

$$\Leftrightarrow 3 \sum \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) + 2n \sum \operatorname{tg} \frac{X}{2} \geq 2(n+1)\sqrt{3}, (2).$$

In ΔXYZ following relationship holds:

$$\sum \operatorname{tg} \frac{X}{2} = \frac{4R+r}{p} \text{ si } \prod \operatorname{tg} \frac{X}{2} = \frac{r}{p}, \text{ we get } \sum \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) = \frac{2(2R-r)}{p}, \text{ and}$$

inequality (2) becomes:

$$3 \cdot \frac{2(2R-r)}{p} + 2n \cdot \frac{4R+r}{p} \geq 2(n+1)\sqrt{3} \Leftrightarrow 3(2R-r) + n(4R+r) \geq (n+1) \cdot p\sqrt{3},$$

True from Doucet inequality $4R+r \geq p\sqrt{3}$.

We must show that:

$$3(2R-r) + n(4R+r) \geq (n+1) \cdot (4R+r) \Leftrightarrow R \geq 2r, (\text{ Euler inequality}).$$

Equality if only if triangle is equilateral.

Note:

1). For $n=1$ we get Problem JP.286 proposed by Daniel Sitaru in RMM, Number 20, Spring Edition 2021.

2). For $n=0$ we get inequality:

2) If $a,b,c>0$ such that $ab+bc+ca=3$. Prove:

$$\frac{ab(a^2+b^2)}{a+b} + \frac{bc(b^2+c^2)}{b+c} + \frac{ca(c^2+a^2)}{c+a} \geq 3.$$

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Proposed by Marin Chirciu-Romania

Solution:

Applying inequality $x^2 + y^2 \geq \frac{(x+y)^2}{2} \Leftrightarrow (x-y)^2 \geq 0$, equality for $x = y$, we get:

$$M_s = \sum \frac{bc(b^2 + c^2)}{b+c} \geq \sum \frac{bc \cdot \frac{(b+c)^2}{2}}{b+c} = \sum \frac{bc(b+c)}{2} \stackrel{(1)}{\geq} 3 = M_d,$$

where (1) $\Leftrightarrow \sum bc(b+c) \geq 6$.

From $ab+bc+ca=3$, where $a, b, c > 0$, we can let trigonometric substitution:

$$a = \sqrt{3} \operatorname{tg} \frac{X}{2}, b = \sqrt{3} \operatorname{tg} \frac{Y}{2}, c = \sqrt{3} \operatorname{tg} \frac{Z}{2}, \text{ because:}$$

$$ab+bc+ca=3 \Leftrightarrow \frac{a}{\sqrt{3}} \cdot \frac{b}{\sqrt{3}} + \frac{b}{\sqrt{3}} \cdot \frac{c}{\sqrt{3}} + \frac{c}{\sqrt{3}} \cdot \frac{a}{\sqrt{3}} = 1 \Leftrightarrow$$

$$\Leftrightarrow \operatorname{tg} \frac{X}{2} \operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} + \operatorname{tg} \frac{Z}{2} \operatorname{tg} \frac{X}{2} = 1, (\text{ true in any } \Delta XYZ).$$

With $a = \sqrt{3} \operatorname{tg} \frac{X}{2}, b = \sqrt{3} \operatorname{tg} \frac{Y}{2}, c = \sqrt{3} \operatorname{tg} \frac{Z}{2}$, inequality $\sum bc(b+c) \geq 6$ becomes:

$$\sum 3 \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\sqrt{3} \operatorname{tg} \frac{Y}{2} + \sqrt{3} \operatorname{tg} \frac{Z}{2} \right) \geq 6 \Leftrightarrow \sum \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) \geq \frac{2\sqrt{3}}{3}, (2).$$

In ΔXYZ following relationship holds:

$$\sum \operatorname{tg} \frac{X}{2} = \frac{4R+r}{p} \text{ si } \prod \operatorname{tg} \frac{X}{2} = \frac{r}{p}, \text{ we get } \sum \operatorname{tg} \frac{Y}{2} \operatorname{tg} \frac{Z}{2} \left(\operatorname{tg} \frac{Y}{2} + \operatorname{tg} \frac{Z}{2} \right) = \frac{2(2R-r)}{p},$$

and inequality (2) becomes:

$$\frac{2(2R-r)}{p} \geq \frac{2\sqrt{3}}{3} \Leftrightarrow 3(2R-r) \geq p\sqrt{3}, \text{ true from Doucet inequality } 4R+r \geq p\sqrt{3}.$$

We must show that:

$$3(2R-r) \geq 4R+r \Leftrightarrow R \geq 2r, (\text{Euler inequality}).$$

Equality if only if triangle is equilateral.

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JP.287 If $x, y, z \in \left(0, \frac{\pi}{2}\right)$ then:

$$\left(\prod_{cyc} \log(1 + 2\sin^2 x)\right) \left(\prod_{cyc} \log(1 + 2\cos^2 x)\right) \leq \log^6 2$$

Proposed by Daniel Sitaru-Romania

Solution by Daniel Văcaru-Romania

With Am-Gm, we have:

$$\begin{aligned} \sqrt{\log(1 + 2\sin^2 x)\log(1 + 2\cos^2 x)} &\leq \frac{\log(1 + 2\sin^2 x) + \log(1 + 2\cos^2 x)}{2} \\ &= \frac{\log(3 + \sin^2 2x)}{2} \leq \log 2 \end{aligned}$$

Squaring this, we obtain $\log(1 + 2\sin^2 x)\log(1 + 2\cos^2 x) \leq \log^2 2, \forall x \in \left(0, \frac{\pi}{2}\right)$

Multiplying relations for $x, y, z \in \left(0, \frac{\pi}{2}\right)$ we obtain:

$$\left(\prod_{cyc} \log(1 + 2\sin^2 x)\right) \left(\prod_{cyc} \log(1 + 2\cos^2 x)\right) \leq 1$$

JP.288. Solve for real numbers:

$$2\sqrt{\frac{x-2}{x+3}} + \frac{x+4}{(\sqrt{x-2} + \sqrt{x+4})^2} = 1$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Miguel Velasquez Culque-Cajamarca-Peru

$$x \in [2, \infty)$$

$$2\sqrt{\frac{x-2}{x+3}} + \frac{x+4}{(\sqrt{x-2} + \sqrt{x+4})^2} = 1$$

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$$2\sqrt{\frac{x-2}{x+3}} = 1 - \frac{x+4}{(\sqrt{x-2} + \sqrt{x+4})^2}$$

$$2\sqrt{\frac{x-2}{x+3}} = 1^2 - \left(\frac{\sqrt{x+4}}{\sqrt{x-2} + \sqrt{x+4}}\right)^2$$

$$2\sqrt{\frac{x-2}{x+3}} = \left(1 + \frac{\sqrt{x+4}}{\sqrt{x-2} + \sqrt{x+4}}\right) \left(1 - \frac{\sqrt{x+4}}{\sqrt{x-2} + \sqrt{x+4}}\right)$$

$$2\sqrt{\frac{x-2}{x+3}} - \left(\frac{\sqrt{x-2} + 2\sqrt{x+4}}{\sqrt{x-2} + \sqrt{x+4}}\right) \left(\frac{\sqrt{x-2}}{\sqrt{x-2} + \sqrt{x+4}}\right) = 0$$

$$\sqrt{x-2} \left(\frac{2}{\sqrt{x+3}} - \frac{\sqrt{x-2} + 2\sqrt{x+4}}{(\sqrt{x-2} + \sqrt{x+4})^2}\right) = 0$$

$$\sqrt{x-2} = 0 \rightarrow x = 2$$

$$f(x) = \frac{2}{\sqrt{x+3}} - \frac{\sqrt{x-2} + 2\sqrt{x+4}}{(\sqrt{x-2} + \sqrt{x+4})^2} > 0; x \in [2, \infty)$$

$$f(2) = \frac{2}{\sqrt{2+3}} - \frac{\sqrt{2-2} + 2\sqrt{2+4}}{(\sqrt{2-2} + \sqrt{2+4})^2} \approx 0,07$$

$$f(3) = \frac{2}{\sqrt{3+3}} - \frac{\sqrt{3-2} + 2\sqrt{3+4}}{(\sqrt{3-2} + \sqrt{3+4})^2} \approx 0,34$$

Answer: $x = 2$.

Solution 2 by Orlando Irahola Ortega-La Paz-Bolivia

$$2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}} + 1\right)^2} = 1$$

$$\text{Let: } t^2 = \frac{x-4}{x+2} \rightarrow x = \frac{4t^2+2}{1-t^2}, \forall t \neq \pm 1 \rightarrow \exists x \in \mathbb{R}$$

$$2\sqrt{\frac{6t^2}{t^2+5}} = \frac{t^2+2t}{(t+1)^2} \rightarrow 2\sqrt{6t}(t+1)^2 = t(t+2)\sqrt{t^2+5} \rightarrow t = 0$$

$$\text{or } 2\sqrt{6}(t+1)^2 = (t+2)\sqrt{t^2+5}$$

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$$\text{If } t = 0 \rightarrow \frac{x-2}{x+4} = 0 \rightarrow x = 2.$$

$$\text{If } 2\sqrt{6}(t+1)^2 = (t+2)\sqrt{t^2+5} \rightarrow 24(t+1)^4 = (t^2+5)(t+2)^2 \xrightarrow{t+1=y \geq 1}$$

$$23y^4 - 3y^2 - 10y - 6 = 0$$

$$\text{How } y \geq 1 \rightarrow \nexists t \geq 0 \rightarrow \nexists x \in \mathbb{R}$$

$$S = \{2\}$$

Solution 3 by proposer

We have: $x \geq 2$

$$\text{Let (1): } 2\sqrt{\frac{x-2}{x+3}} + \frac{x+4}{(\sqrt{x-2}+\sqrt{x+4})^2} = 1 \Leftrightarrow 2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\frac{(\sqrt{x-2}+\sqrt{x+4})^2}{x+4}} = 1 \Leftrightarrow$$

$$2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}} + \sqrt{\frac{x+4}{x+4}}\right)^2} = 1 \Leftrightarrow$$

$$2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}} + 1\right)^2} = 1; (2)$$

Because $x \geq 2 > 0$ then $x-2 \geq 0$. Hence $0 < x+3 < x+4 \Rightarrow$

$$\frac{1}{x+3} > \frac{1}{x+4} > 0 \Rightarrow \frac{x-2}{x+3} \geq \frac{x-2}{x+4} \Rightarrow \sqrt{\frac{x-2}{x+3}} \geq \sqrt{\frac{x-2}{x+4}}$$

$$\Leftrightarrow 2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}} + 1\right)^2} \geq 2\sqrt{\frac{x-2}{x+4}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}} + 1\right)^2} \Leftrightarrow$$

$$2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}} + 1\right)^2} \geq 2t + \frac{1}{(t-1)^2}; \text{ let } t = \sqrt{\frac{x-2}{x+4}} \geq 0; (3)$$

By AM-GM inequality for three positive real numbers, we have:

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$$2t + \frac{1}{(t+1)^2} = (t+1) + (t+1) + \frac{1}{(t+1)^2} - 2 \geq 3 \sqrt[3]{(t+1)(t+1) \cdot \frac{1}{(t+1)^2}} - 2$$

$$= 3\sqrt[3]{1} - 2 = 1 \Rightarrow$$

$$2t + \frac{1}{(t-1)^2} \geq 1. \text{ Let with (3)} \Rightarrow 2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}}+1\right)^2} \geq 1; (4)$$

$$\text{Let (2),(4)} \Rightarrow 2\sqrt{\frac{x-2}{x+3}} + \frac{1}{\left(\sqrt{\frac{x-2}{x+4}}+1\right)^2} = 1 \text{ and equality occurs if } \begin{cases} x-2=0 \\ t+1 = \frac{1}{(t+1)^2} \end{cases} \Leftrightarrow$$

$$\begin{cases} x=2 \\ \sqrt{\frac{x-2}{x+4}} = 0 \end{cases} \Leftrightarrow x=2.$$

The solution of equation is $S = \{2\}$

JP.289. If $a, b, c > 0$; $abc(a+b+c) = 3$ then:

$$(a^5 - 2a + 4)(b^5 - 2b + 4)(c^5 - 2c + 4) \geq 9\sqrt{3(a^2 + b^2 + c^2)}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution by Rahim Shahbazov-Baku-Azerbaijan

Let's show that: $a^5 - 2a + 4 \geq a^3 + 2 \Rightarrow (a-1)^2(a^3 + 2a^2 + 2a + 2) \geq 0$ true, then

$$(a^3 + 2)(b^3 + 2)(c^3 + 2) =$$

$$= (a^3 + 1^3 + 1^3)(b^3 + 1^3 + 1^3)(c^3 + 1^3 + 1^3) \stackrel{\text{Holder}}{\geq} (a+b+c)^3$$

We have: $(a+b+c)^3 \geq 9\sqrt{3(a^2 + b^2 + c^2)}$ then

$$(a+b+c)^5 \geq 81abc(a^2 + b^2 + c^2) \therefore (x+y+z)^3 \geq 27xyz$$

We take $x = y = ab + bc + ca$ and $z = a^2 + b^2 + c^2$. We have:

$$(a+b+c)^6 \geq 27(ab+bc+ca)^2(a^2+b^2+c^2) \geq 81abc(a+b+c)(a^2+b^2+c^2)$$

$$\text{Then } (a+b+c)^5 \geq 81abc(a^2+b^2+c^2)$$

JP.290- RMM 20 NUMBER, SPRING EDITION 2021

1) JP.290. In $\triangle ABC$ the following relationship holds:

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$$\frac{w_b w_c}{w_a} + \frac{w_c w_a}{w_b} + \frac{w_a w_b}{w_c} \geq \frac{h_b h_c}{h_a} + \frac{h_c h_a}{h_b} + \frac{h_a h_b}{h_c}$$

Proposed by Hoang Le Nhat Tung, Hanoi, Vietnam

Solution by Marin Chirciu-Romania

Use inequality $\sum \frac{w_b w_c}{w_a} = 2 \cdot \frac{p^2(2R+r) + r^2(4R+r)}{p^2 + r^2 + 2Rr}$ and $\sum \frac{h_b h_c}{h_a} = \frac{p^2 - r^2 - 4Rr}{R}$, the

inequality can be write:

$$2 \cdot \frac{p^2(2R+r) + r^2(4R+r)}{p^2 + r^2 + 2Rr} \geq \frac{p^2 - r^2 - 4Rr}{R} \Leftrightarrow p^2(4R^2 + 4Rr - p^2) + r^2(4R+r)^2 \geq 0.$$

We distinct the case:

Case1). If $(4R^2 + 4Rr - p^2) \geq 0$, inequality is obvious.

Case 2). If $(4R^2 + 4Rr - p^2) < 0$, inequality can be rewrite:

$r^2(4R+r)^2 \geq p^2(p^2 - 4R^2 - 4Rr)$, true from Blundon-Gerretsen inequality:

$$p^2 \leq \frac{R(4R+r)^2}{2(2R-r)} \leq 4R^2 + 4Rr + 3r^2.$$

We must show that:

$$r^2(4R+r)^2 \geq \frac{R(4R+r)^2}{2(2R-r)}(4R^2 + 4Rr + 3r^2 - 4R^2 - 4Rr) \Leftrightarrow R \geq 2r, \text{ (Euler inequality).}$$

Equality if only if the triangle ie equilateral.

Remark:

Let's determine an inequality of the opposite direction for the sum: $\sum \frac{w_b w_c}{w_a}$.

2) In $\triangle ABC$ the following relationship holds:

$$\frac{w_b w_c}{w_a} + \frac{w_c w_a}{w_b} + \frac{w_a w_b}{w_c} \leq \frac{r_b r_c}{r_a} + \frac{r_c r_a}{r_b} + \frac{r_a r_b}{r_c}.$$

Proposed by Marin Chirciu- Romania

Solution by Marin Chirciu-Romania

Use inequality $\sum \frac{w_b w_c}{w_a} = 2 \cdot \frac{p^2(2R+r) + r^2(4R+r)}{p^2 + r^2 + 2Rr}$ and $\sum \frac{r_b r_c}{r_a} = \frac{p^2 - 2r^2 - 8Rr}{r}$, the

inequality can be write:

$$2 \cdot \frac{p^2(2R+r) + r^2(4R+r)}{p^2 + r^2 + 2Rr} \leq \frac{p^2 - 2r^2 - 8Rr}{r} \Leftrightarrow p^2(p^2 - 3r^2 - 10Rr) \geq 4r^2(4R^2 + 5Rr + r^2)$$

,from Gerretsen inequality: $p^2 \geq 16Rr - 5r^2$

We must show that:

$$(16Rr - 5r^2)(16Rr - 5r^2 - 3r^2 - 10Rr) \geq 4r^2(4R^2 + 5Rr + r^2) \Leftrightarrow$$

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$$40R^2 - 89Rr + 18r^2 \geq 0 \Leftrightarrow (R - 2r)(40R - 9r) \geq 0, \text{ true from Euler inequality } R \geq 2r.$$

Equality if only if the triangle is equilateral.

Remark: It can be doubled:

3) In $\triangle ABC$ the following relationship holds:

$$\frac{r_b r_c}{r_a} + \frac{r_c r_a}{r_b} + \frac{r_a r_b}{r_c} \geq \frac{w_b w_c}{w_a} + \frac{w_c w_a}{w_b} + \frac{w_a w_b}{w_c} \geq \frac{h_b h_c}{h_a} + \frac{h_c h_a}{h_b} + \frac{h_a h_b}{h_c}.$$

Proposed by Marin Chirciu- Romania

Solution by Marin Chirciu-Romania

See relation 1) and 2).

Equality if only if the triangle is equilateral.

Remark:

We can be write the sequences of the inequalities:

4) In $\triangle ABC$ the following relationship holds:

$$\frac{(2R - r)^2}{r} \geq \frac{r_b r_c}{r_a} + \frac{r_c r_a}{r_b} + \frac{r_a r_b}{r_c} \geq \frac{w_b w_c}{w_a} + \frac{w_c w_a}{w_b} + \frac{w_a w_b}{w_c} \geq \frac{h_b h_c}{h_a} + \frac{h_c h_a}{h_b} + \frac{h_a h_b}{h_c} \geq \frac{6r(2R - r)}{R}.$$

Proposed by Marin Chirciu- Romania

Solution by Marin Chirciu-Romania

See the double inequality 3), $\frac{(2R - r)^2}{r} \geq \sum \frac{r_b r_c}{r_a}$ și $\sum \frac{h_b h_c}{h_a} \geq \frac{6r(2R - r)}{R}$, which result from

the identities $\sum \frac{r_b r_c}{r_a} = \frac{p^2 - 2r^2 - 8Rr}{r}$, $\sum \frac{h_b h_c}{h_a} = \frac{p^2 - r^2 - 4Rr}{R}$ and the Gerretsen

$$\text{inequality: } 16Rr - 5r^2 \leq p^2 \leq 4R^2 + 4Rr + 3r^2.$$

Equality if only if the triangle is equilateral.

JP.291. Solve for real numbers:

$$\begin{cases} \frac{1}{\sqrt{a}} + \frac{1}{\sqrt{b}} + \frac{1}{\sqrt{c}} = 3 \\ \frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} = 3 \sqrt{\frac{a^3 + b^3 + c^3}{3}} \end{cases}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution by Rahim Shahbazov-Baku-Azerbaijan

Lemma: If $a, b, c > 0$ then

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$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3 \sqrt[4]{\frac{a^4 + b^4 + c^4}{3}} \geq 3 \sqrt[3]{\frac{a^3 + b^3 + c^3}{3}}$$

Proof:

$$\sum \frac{a^2}{b} = \sum \frac{a^4}{a^2 b} \stackrel{\text{Bergstrom}}{\geq} \frac{(a^2 + b^2 + c^2)^2}{a \cdot ab + b \cdot bc + c \cdot ca}$$

$$\stackrel{\text{BCS}}{\geq} \frac{(a^2 + b^2 + c^2)^2}{\sqrt{(a^2 + b^2 + c^2)((a^2 b^2 + b^2 c^2 + c^2 a^2))}} \geq 3 \sqrt[4]{\frac{a^4 + b^4 + c^4}{3}}$$

Then: $(a^2 + b^2 + c^2)^6 \geq 27(a^2 b^2 + b^2 c^2 + c^2 a^2)^2 (a^4 + b^4 + c^4)$

Let: $a^2 = x; b^2 = y; c^2 = z$ then

$(x + y + z)^6 \geq 27(xy + yz + zx)^2 (x^2 + y^2 + z^2)$ true by

$$(m + n + p)^3 \stackrel{\text{Am-Gm}}{\geq} 27mnp$$

We take: $m = x^2 + y^2 + z^2$ and $n = xy + yz + zx$ then:

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} = 3 \sqrt[3]{\frac{a^3 + b^3 + c^3}{3}} \Rightarrow a = b = c = 1.$$

$$S = \{(a, b, c) = (1, 1, 1)\}$$

JP.292. If $x, y, z > 0; a \geq 3; xy + yz + zx = 3$ then:

$$\frac{1}{a + x^2} + \frac{1}{a + y^2} + \frac{1}{a + z^2} \leq \frac{3}{a + 1}$$

Proposed by Marin Chirciu-Romania

Solution 1 by Daniel Văcaru-Romania

“Reversing” this inequality, we obtain:

$$-\sum_{\text{cyc}} \left(\frac{1}{x^2 + a} \right) \geq \frac{-3}{a + 1} \Rightarrow \sum_{\text{cyc}} \left(\frac{x^2}{x^2 + a} \right) \geq \frac{3}{a + 1}$$

By Bergstrom,

$$\sum_{\text{cyc}} \left(\frac{x^2}{x^2 + a} \right) \geq \frac{(x + y + z)^2}{x^2 + y^2 + z^2 + 3a} = \frac{x^2 + y^2 + z^2 + 6}{x^2 + y^2 + z^2 + a} \stackrel{(1)}{\geq} \frac{3}{a + 1}$$

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But (1) is equivalent to

$$a \sum x^2 + 6a + \sum x^2 + 6 \geq 3 \sum x^2 \geq +3a \Rightarrow (a - 2) \sum x^2 \geq 3(a - 2).$$

But $\sum x^2 \geq \sum xy = 3$, and together to this end our proof.

Solution 2 by Tran Hong-Dong Thap-Vietnam

$$a \geq 3; xy + yz + zx = 3;$$

$$\frac{1}{a+x^2} + \frac{1}{a+y^2} + \frac{1}{a+z^2} \leq \frac{3}{a+1}$$

$$\left(\frac{1}{a+x^2} - \frac{1}{a}\right) + \left(\frac{1}{a+y^2} - \frac{1}{a}\right) + \left(\frac{1}{a+z^2} - \frac{1}{a}\right) \leq \frac{3}{a+1} - \frac{3}{a}$$

$$\frac{x^2}{a+x^2} + \frac{y^2}{a+y^2} + \frac{z^2}{a+z^2} \stackrel{(*)}{\geq} \frac{3}{a+1}$$

$$LHS_{(*)} = \sum_{cyc} \frac{x^2}{a+x^2} \stackrel{BCS}{\geq} \frac{(x+y+z)^2}{3a+x^2+y^2+z^2} = \frac{x^2+y^2+z^2+6}{3a+x^2+y^2+z^2} \stackrel{(**)}{\geq} \frac{3}{a+1}$$

$$(**) \stackrel{\substack{t=x^2+y^2+z^2 \\ \geq xy+yz+zx=3}}{\iff} (a+1)(t+6) \geq 3(3a+t) \iff$$

$$at + 6a + t + 6 - 9a - 3t \geq 0 \iff at - 3a - 2t + 6 \geq 0 \iff$$

$$(a-2)(t-3) \geq 0$$

Which is clearly true, because: $a \geq 3 > 2 \Rightarrow (a-2) > 0$; $t \geq 3 \Rightarrow t-3 \geq 0$

*Then (**) is true, then (*) is true.*

JP.293. If $a, b, c \geq 0$; $a + b + c = 3$; $k \geq \frac{3}{2}$ then:

$$(k+a^2)(k+b^2)(k+c^2) \geq (k+1)^3$$

Proposed by Marin Chirciu-Romania

Solution by Michael Sterghiou-Greece

$$(k+a^2)(k+b^2)(k+c^2) \geq (k+1)^3 \quad (1)$$

Let: $(a+b+c, ab+bc+ca, abc) = (p, q, r)$; $p = 3$; $q \leq 3$; $r \leq 1$

$$\text{Let: } f(k) = (k+a^2)(k+b^2)(k+c^2) - (k+1)^3$$

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$\frac{df}{dk} = (a^2 + b^2 + c^2) \cdot 2k + a^2b^2 + b^2c^2 + c^2a^2 - 6k - 3$ which reduces to

$$q^2 - 6r + \underbrace{4(3-q)k}_{\geq 0} - 3 \stackrel{k \geq \frac{3}{2}}{\geq} \underbrace{q^2 - 6q - 6r + 15}_{f(q)} \geq 0$$

But: $f'(q) = 2(q - 3) \leq 0$ so, $f(q)$ –decreasing and

$$f(q) \geq f(3) = 6(1 - r) \text{ as } r \leq 1.$$

Hence $f(k)$ –increasing and $f(k) \geq f\left(\frac{3}{2}\right)$ which yields after some computation

$$3q^2 - 6q + 2r^2 - 18r + 16 \geq 0 \quad (2).$$

We will use V.Cîrtoaje theorem that with p, q fixed the product $abc = r$ get's maximal when $a = b$ assuming WLOG $a \leq b \leq c$ and minimal when $b = c$.

As (2) is a decreasing function of r ; $[2r^2 - 18r = 2r(r - 9) \leq 0]$

It suffices to prove (2) for maximal or when $a = b \leq 1 \leq c$.

Now: $q = a^2 + 2ac = a^2 + 2a(3 - 2a), r = a^2(3 - 2a)$ and (2) becomes after computation and factoring:

$$(a - 1)^2(8a^4 - 8a^3 + 21a^2 - 22a + 16) \geq 0 \text{ with } 0 \leq a \leq 1.$$

It is easy to see that: $8a^4 - 8a^3 \geq -\frac{27}{32}$ and $21a^2 - 22a \geq -\frac{121}{21}$ hence

$$8a^4 - 8a^3 + 21a^2 - 22a + 16 > 0. \text{ Done!}$$

JP.294. If $a, b, c > 0; a + b + c = 3$ then:

$$\frac{a}{b(b+2c)^2} + \frac{b}{c(c+2a)^2} + \frac{c}{a(a+2b)^2} \geq \frac{9}{(\sqrt{a} + \sqrt{b} + \sqrt{c})^3}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Sanong Huayrerai-Nakon Pathom-Thailand

For $a, b, c \geq 0, a + b + c = 3$, we give: $a = x^2, b = y^2, c = z^2$ hence

$$x^2 + y^2 + z^2 = a + b + c = 3 \text{ and}$$

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$$\frac{a}{b(b+2c)^2} + \frac{b}{c(c+2a)^2} + \frac{c}{a(a+2b)^2} \geq \frac{9}{(\sqrt{a} + \sqrt{b} + \sqrt{c})^3} \Leftrightarrow$$

$$\frac{x^2}{y^2(y^2+2z^2)^2} + \frac{y^2}{z^2(z^2+2x^2)^2} + \frac{z^2}{x^2(x^2+2y^2)^2} \geq \frac{9}{(x+y+z)^3} \Leftrightarrow$$

$$\frac{x^4}{(y^2+2z^2)^2} + \frac{y^4}{(y^2+2z^2)^2} + \frac{z^4}{(y^2+2z^2)^2} \geq \frac{9}{(x+y+z)^3} \Leftrightarrow$$

$$\frac{\left(\frac{x^2}{y^2+2z^2} + \frac{y^2}{y^2+2z^2} + \frac{z^2}{y^2+2z^2}\right)^2}{x^2y^2 + y^2z^2 + x^2z^2} \geq \frac{9}{(x+y+z)^3} \Leftrightarrow$$

$$\left(\frac{(x^2+y^2+z^2)^2}{3(x^2y^2+y^2z^2+x^2z^2)}\right)^2 \geq \frac{9(x^2y^2+y^2z^2+x^2z^2)}{(x+y+z)^3} \stackrel{x^2+y^2+z^2=3}{\Leftrightarrow}$$

$$(x^2+y^2+z^2)^2(x+y+z)^3 \geq 9(x^2y^2+y^2z^2+x^2z^2)^3 \stackrel{x^2+y^2+z^2=3}{\Leftrightarrow}$$

$$(x+y+z)^3 \geq (x^2y^2+y^2z^2+x^2z^2)^3$$

$$x+y+z \geq x^2y^2+y^2z^2+x^2z^2 \text{ true for } x^2+y^2+z^2=3$$

Solution 2 by proposer

By Cauchy-Schwarz inequality we have:

$$\frac{a}{b(b+2c)^2} + \frac{b}{c(c+2a)^2} + \frac{c}{a(a+2b)^2} = \frac{\left(\frac{a}{b+2c}\right)^2}{ab} + \frac{\left(\frac{b}{c+2a}\right)^2}{bc} + \frac{\left(\frac{c}{a+2b}\right)^2}{ca} \geq$$

$$\geq \frac{\left(\frac{a}{b+2c} + \frac{b}{c+2a} + \frac{c}{a+2b}\right)^2}{ab+bc+ca} \Rightarrow$$

$$\frac{a}{b(b+2c)^2} + \frac{b}{c(c+2a)^2} + \frac{c}{a(a+2b)^2} \geq \frac{\left(\frac{a}{b+2c} + \frac{b}{c+2a} + \frac{c}{a+2b}\right)^2}{ab+bc+ca}; (1)$$

$$\frac{a}{b+2c} + \frac{b}{c+2a} + \frac{c}{a+2b} = \frac{a^2}{a(b+2c)} + \frac{b^2}{b(c+2a)} + \frac{c^2}{c(a+2b)} \geq$$

$$\geq \frac{(a+b+c)^2}{a(b+2c) + b(c+2a) + c(a+2b)} = \frac{(a+b+c)^2}{3(ab+bc+ca)} \geq$$

$$\geq \frac{3^2}{3(ab+bc+ca)} = \frac{3}{ab+bc+ca}; (2)$$

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From (1),(2) we have:

$$\frac{a}{b(b+2c)^2} + \frac{b}{c(c+2a)^2} + \frac{c}{a(a+2b)^2} \geq \frac{\left(\frac{3}{ab+bc+ca}\right)^2}{ab+bc+ca} = \frac{9}{(ab+bc+ca)^2}; \quad (3)$$

By Am-Gm inequality for three positive real numbers, we have:

$$\begin{aligned} & (\sqrt{a} + \sqrt{a} + a^2) + (\sqrt{b} + \sqrt{b} + b^2) + (\sqrt{c} + \sqrt{c} + c^2) \geq \\ & \geq 3^3 \sqrt[3]{\sqrt{a} \cdot \sqrt{a} \cdot a^2} + 3^3 \sqrt[3]{\sqrt{b} \cdot \sqrt{b} \cdot b^2} + 3^3 \sqrt[3]{\sqrt{c} \cdot \sqrt{c} \cdot c^2} \Rightarrow \\ & 2(\sqrt{a} + \sqrt{b} + \sqrt{c}) + a^2 + b^2 + c^2 \geq 3^3 \sqrt[3]{a^3} + 3^3 \sqrt[3]{b^3} + 3^3 \sqrt[3]{c^3} = 3(a+b+c) = \\ & \stackrel{a+b+c=3}{=} (a+b+c)^2 \Leftrightarrow \end{aligned}$$

$$2(\sqrt{a} + \sqrt{b} + \sqrt{c}) + a^2 + b^2 + c^2 \geq a^2 + b^2 + c^2 + 2(ab + bc + ca) \Leftrightarrow$$

$$2(\sqrt{a} + \sqrt{b} + \sqrt{c}) \geq 2(ab + bc + ca) \Leftrightarrow$$

$$ab + bc + ca \leq \sqrt{a} + \sqrt{b} + \sqrt{c}; \quad (4)$$

From (3),(4) we get:

$$\frac{a}{b(b+2c)^2} + \frac{b}{c(c+2a)^2} + \frac{c}{a(a+2b)^2} \geq \frac{9}{(\sqrt{a} + \sqrt{b} + \sqrt{c})^3}$$

$$\text{Equality occurs if } \begin{cases} a, b, c > 0; a + b + c = 3 \\ a = b = c \\ \sqrt{a} = a^2; \sqrt{b} = b^2; \sqrt{c} = c^2 \end{cases} \Leftrightarrow a = b = c = 1.$$

JP.295 Let a, b, c positive real numbers such that $a + b + c = 3$. Prove that:

$$\frac{a^2}{b(a+5c)^3} + \frac{b^2}{c(b+5a)^3} + \frac{c^2}{a(c+5b)^3} \geq \frac{1}{24(\sqrt{a} + \sqrt{b} + \sqrt{c})}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution by proposer

By Cauchy-Schwartz inequality we have:

$$\frac{a^2}{b(a+5c)^3} + \frac{b^2}{c(b+5a)^3} + \frac{c^2}{a(c+5b)^3} = \frac{\left(\frac{a}{a+5c}\right)^2}{b(a+5c)} + \frac{\left(\frac{b}{b+5a}\right)^2}{c(b+5a)} + \frac{\left(\frac{c}{c+5b}\right)^2}{a(c+5b)} \geq$$

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$$\geq \frac{\left(\frac{a}{a+5c} + \frac{b}{b+5a} + \frac{c}{c+5b}\right)^2}{b(a+5c) + c(b+5a) + a(c+5b)} \Rightarrow$$

$$\frac{a^2}{b(a+5c)^3} + \frac{b^2}{c(b+5a)^3} + \frac{c^2}{a(c+5b)^3} \geq \frac{\left(\frac{a}{a+5c} + \frac{b}{b+5a} + \frac{c}{c+5b}\right)^2}{6(ab+bc+ca)}; (1)$$

$$\frac{a}{a+5c} + \frac{b}{b+5a} + \frac{c}{c+5b} = \frac{a^2}{a^2+5ac} + \frac{b^2}{b^2+5ab} + \frac{c^2}{c^2+5bc} \geq$$

$$\geq \frac{(a+b+c)^2}{a^2+b^2+c^2+5(ab+bc+ca)} = \frac{(a+b+c)^2}{(a+b+c)^2+3(ab+bc+ca)} \geq$$

$$\geq \frac{(a+b+c)^2}{(a+b+c)^2+(a+b+c)^2} = \frac{1}{2}; (2)$$

Because $(x+y+z)^2 \geq 3(xy+yz+zx); \forall x, y, z \in \mathbb{R}$

From (1),(2) we have:

$$\frac{a^2}{b(a+5c)^3} + \frac{b^2}{c(b+5a)^3} + \frac{c^2}{a(c+5b)^3} \geq \frac{\left(\frac{1}{2}\right)^2}{6(ab+bc+ca)} = \frac{1}{24(ab+bc+ca)}; (3)$$

By Am-Gm inequality for three positive real numbers, we have:

$$(\sqrt{a} + \sqrt{a} + a^2) + (\sqrt{b} + \sqrt{b} + b^2) + (\sqrt{c} + \sqrt{c} + c^2) \geq$$

$$\geq 3\sqrt[3]{\sqrt{a} \cdot \sqrt{a} \cdot a^2} + 3\sqrt[3]{\sqrt{b} \cdot \sqrt{b} \cdot b^2} + 3\sqrt[3]{\sqrt{c} \cdot \sqrt{c} \cdot c^2} \Rightarrow$$

$$2(\sqrt{a} + \sqrt{b} + \sqrt{c}) + a^2 + b^2 + c^2 \geq 3\sqrt[3]{a^3} + 3\sqrt[3]{b^3} + 3\sqrt[3]{c^3} = 3(a+b+c) =$$

$$\stackrel{a+b+c=3}{=} (a+b+c)^2 \Leftrightarrow$$

$$2(\sqrt{a} + \sqrt{b} + \sqrt{c}) + a^2 + b^2 + c^2 \geq a^2 + b^2 + c^2 + 2(ab+bc+ca) \Leftrightarrow$$

$$2(\sqrt{a} + \sqrt{b} + \sqrt{c}) \geq 2(ab+bc+ca) \Leftrightarrow$$

$$ab+bc+ca \leq \sqrt{a} + \sqrt{b} + \sqrt{c}; (4)$$

From (3),(4) we get:

$$\frac{a^2}{b(a+5c)^3} + \frac{b^2}{c(b+5a)^3} + \frac{c^2}{a(c+5b)^3} \geq \frac{1}{24(\sqrt{a} + \sqrt{b} + \sqrt{c})}$$

$$\text{Equality occurs if } \begin{cases} a, b, c > 0; a+b+c=3 \\ a=b=c \\ \sqrt{a}=a^2; \sqrt{b}=b^2; \sqrt{c}=c^2 \end{cases} \Leftrightarrow a=b=c=1.$$

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JP.296. If $a, b, c > 0$; $abc = 1$; $n \geq 2$ then:

$$a + b + c + \frac{1}{n+a} + \frac{1}{n+b} + \frac{1}{n+c} \geq \frac{3(n+2)}{n+1}$$

Proposed by Marin Chirciu-Romania

Solution by Daniel Văcaru-Romania

Consider $f: (0, \infty) \rightarrow \mathbb{R}, f(t) = t + \frac{1}{n+t}, n \geq 2, f$ –concave.

$$\text{It follows that } a + b + c + \frac{1}{n+a} + \frac{1}{n+b} + \frac{1}{n+c} \geq 3 \left(\frac{a+b+c}{3} + \frac{1}{n+\frac{a+b+c}{3}} \right)$$

Let's prove that

$$\frac{a+b+c}{3} + \frac{1}{n+\frac{a+b+c}{3}} \geq \frac{3(n+2)}{n+1} \Leftrightarrow$$

$$\begin{aligned} n^2 \left(\frac{a+b+c}{3} \right) + n \left(\frac{a+b+c}{3} \right)^2 + n + n \left(\frac{a+b+c}{3} \right) + \left(\frac{a+b+c}{3} \right)^2 + 1 \\ \geq n^2 + 2n + n \left(\frac{a+b+c}{3} \right) + 2 \left(\frac{a+b+c}{3} \right) \Leftrightarrow \end{aligned}$$

$$(n^2 - 2) \left(\frac{a+b+c}{3} \right) + (n+1) \left(\frac{a+b+c}{3} \right)^2 + n + 1 \geq n^2 + 2$$

By Am-Gm, we have $\frac{a+b+c}{3} \geq 1$; (1). It follows:

$$(n^2 - 2) \left(\frac{a+b+c}{3} \right) + (n+1) \left(\frac{a+b+c}{3} \right)^2 + n + 1 \stackrel{(1)}{\geq} (n^2 - 2) + (n+1) + n + 1 = n^2 + 2n,$$

As desired.

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By Marin Chirciu, Octavian Stroe-Romania

1) If $a, b, c \geq 0, ab+bc+ca=3$ then find $\min \Omega(a, b, c)$,

$$\Omega(a, b, c) = \frac{1}{(a+b)^5} + \frac{1}{(b+c)^5} + \frac{1}{(c+a)^5}.$$

Proposed by Hoang Le Nhat Tung- Hanoi-Vietnam

Solution by Marin Chirciu and Octavian Stroe-Romania

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2) If $a, b, c \geq 0$, $ab + bc + ca = 3$ then find $\min f(a, b, c)$,

$$f(a, b, c) = \frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a}.$$

Demonstration:

We have $f(a, b, c) = \sum \frac{1}{b+c} = \frac{\sum (a+b)(a+c)}{\prod (b+c)} = \frac{(a+b+c)^2 + ab + bc + ca}{(a+b+c)(ab+bc+ca) - abc} =$
 $= \frac{(a+b+c)^2 + 3}{3(a+b+c) - abc} = \frac{x^2 + 3}{3x - abc} \stackrel{abc \geq 0}{\geq} \frac{x^2 + 3}{3x} = \frac{x}{3} + \frac{1}{x}, (1), \text{ then } x = a+b+c.$

Also $\sum \frac{a}{b+c} = \sum a \sum \frac{1}{b+c} - 3$ we get:

$$f(a, b, c) = \frac{1}{a+b+c} \left(3 + \sum \frac{a}{b+c} \right) \stackrel{\text{Bergstrom}}{\geq} \frac{1}{a+b+c} \left(3 + \frac{(a+b+c)^2}{2\sum bc} \right) = \frac{1}{x} \left(3 + \frac{x^2}{2 \cdot 3} \right) =$$

 $= \frac{x}{6} + \frac{3}{x}, (2).$

From: (1) + 3 · (2) we have: $4f(a, b, c) \geq \frac{5x}{6} + \frac{10}{x} \Leftrightarrow f(a, b, c) \geq \frac{5x}{24} + \frac{5}{2x}.$

We get $f(a, b, c) \geq \frac{5x}{24} + \frac{5}{2x} = \frac{5}{2} \left(\frac{x}{12} + \frac{1}{x} \right) \stackrel{\text{AM-GM}}{\geq} \frac{5}{2} \cdot 2 \sqrt{\frac{x}{12} \cdot \frac{1}{x}} = 5 \sqrt{\frac{1}{12}} = \frac{5}{2\sqrt{3}},$

Equality for $\frac{x}{12} = \frac{1}{x} \Leftrightarrow x^2 = 12 \Leftrightarrow x = 2\sqrt{3}.$

We deduce $\min f(a, b, c)$ is $\frac{5}{2\sqrt{3}}$ for $a+b+c = 2\sqrt{3}$, (for example $a = b = \sqrt{3}, c = 0$).

Using Lema and Hölder inequality we get:

$$\Omega(a, b, c) = \frac{1}{(a+b)^5} + \frac{1}{(b+c)^5} + \frac{1}{(c+a)^5} \geq \frac{\left(\sum \frac{1}{b+c} \right)^5}{3^4} \geq \frac{\left(\frac{5}{2\sqrt{3}} \right)^5}{3^4} = 3 \cdot \left(\frac{5}{6\sqrt{3}} \right)^5.$$

We deduce $\min \Omega(a, b, c)$ is $3 \cdot \left(\frac{5}{6\sqrt{3}} \right)^5$ for $a+b+c = 2\sqrt{3}$, (for example $a = b = \sqrt{3}, c = 0$).

Remark.

The problem can be developed:

3) If $a, b, c \geq 0$, $ab + bc + ca = 3$ then find $\min \Omega(a, b, c)$,

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$$\Omega(a, b, c) = \frac{1}{(a+b)^n} + \frac{1}{(b+c)^n} + \frac{1}{(c+a)^n}, \quad n \in \mathbf{N}^*.$$

Marin Chirciu and Octavian Stroe-Romania

Solution

Using Lema and Hölder inequality we get:

$$\Omega(a, b, c) = \frac{1}{(a+b)^n} + \frac{1}{(b+c)^n} + \frac{1}{(c+a)^n} \geq \frac{\left(\sum \frac{1}{b+c}\right)^n}{3^{n-1}} \geq \frac{\left(\frac{5}{2\sqrt{3}}\right)^n}{3^{n-1}} = 3 \cdot \left(\frac{5}{6\sqrt{3}}\right)^n.$$

We deduce $\min \Omega(a, b, c)$ is $3 \cdot \left(\frac{5}{6\sqrt{3}}\right)^n$ for $a+b+c = 2\sqrt{3}$, (for example $a=b=\sqrt{3}, c=0$).

Note:

For $n=5$ we find the Problem JP.297 from RMM number 20, Spring 2021, proposed by Hoang Le Nhat Tung, Hanoi, Vietnam.

For $n=1$ we get Lema.

JP.298 If $x, y, z \in \mathbb{R}$ such that:

$$\begin{cases} \tan x (\tan y + \tan z) = 5 \\ \tan z (\tan x + \tan y) = 9 \\ \tan y (\tan z + \tan x) = 8 \end{cases}$$

then find $\Omega = x + y + z$.

Proposed by Daniel Sitaru-Romania

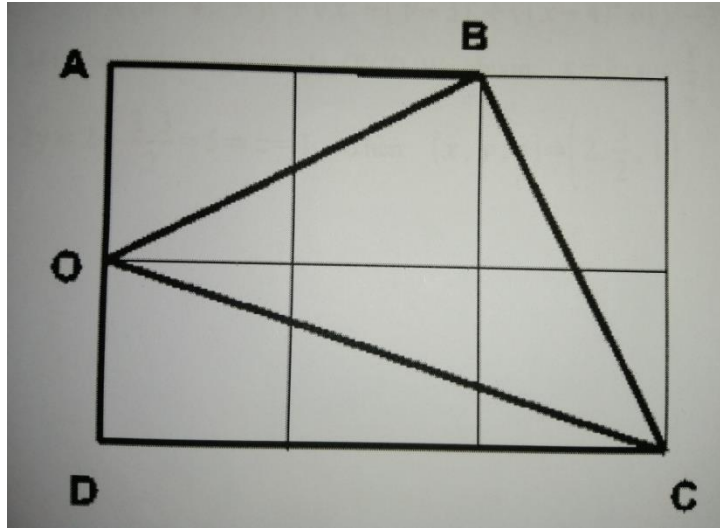
Solution by Daniel Văcaru-Romania

Solving system, we obtain $\tan x = 1; \tan y = 2; \tan z = 3$

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This figure shows that $\Omega = \tan^{-1}1 + \tan^{-1}2 + \tan^{-1}3 = \pi$, because

$$OB^2 = 5; BC^2 = 5; OC^2 = 10, \text{ showing that } \widehat{BOC} = \tan^{-1}1$$

JP.299 If $a, b, c > 0; abc = 4$ then:

$$\frac{2(a^5 + b^5) + c^5}{(a + b)^2} + \frac{2(b^5 + c^5) + a^5}{(b + c)^2} + \frac{2(c^5 + a^5) + b^5}{(c + a)^2} \geq 15$$

Proposed by Daniel Sitaru – Romania

Solution by proposer

$$3a^5 + b^5 + c^5 \stackrel{AM-GM}{\geq} 5 \cdot \sqrt[5]{(a^5)^3 b^5 c^5} = 5a^3 bc \quad (1)$$

$$a^5 + 3b^5 + c^5 \stackrel{AM-GM}{\geq} 5 \cdot \sqrt[5]{a^5 (b^5)^3 c^5} = 5ab^3 c \quad (2)$$

$$2a^5 + 2b^5 + c^5 \stackrel{AM-GM}{\geq} 5 \cdot \sqrt[5]{(a^5)^2 \cdot (b^5)^2 \cdot c^5} = 5a^2 b^2 c \quad (3)$$

$$2a^5 + 2b^5 + c^5 \stackrel{AM-GM}{\geq} 5 \cdot \sqrt[5]{(a^5)^2 \cdot (b^5) \cdot c^5} = 5a^2 b^2 c \quad (4)$$

By adding (1); (2); (3); (4):

$$8a^5 + 8b^5 + 4c^5 \geq 5abc(a^2 + 2ab + b^2)$$

$$2a^5 + 2b^5 + c^5 \geq \frac{5}{4} abc(a + b)^2, \quad \frac{2(a^5 + b^5) + c^5}{(a + b)^2} \geq \frac{5}{4} abc$$

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$$\sum_{cyc} \frac{2(a^5 + b^5) + c^5}{(a+b)^2} \geq \frac{5}{4} \sum_{cyc} abc = \frac{5}{4} \cdot 3abc = \frac{15}{4} \cdot 4 = 15$$

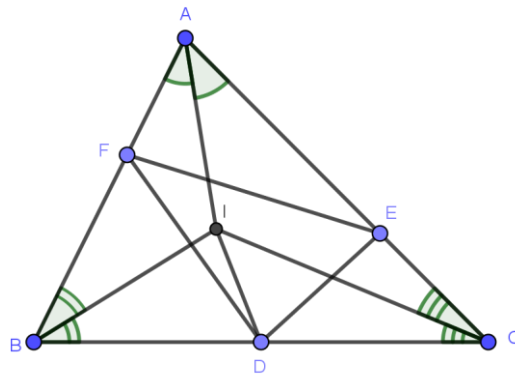
Equality holds for $a = b = c = \sqrt[3]{4}$

JP.300. In $\triangle ABC$, I - incenter, ID, IE, IF – symmedians in $\triangle BIC, \triangle CIA, \triangle AIB$, $D \in (BC), E \in (CA), F \in (AB)$. Prove that:

$$\frac{[DEF]}{[ABC]} \geq \frac{r^2}{2R^2 - Rr - 2r^2}$$

Proposed by Marian Ursărescu – Romania

Solution by Tran Hong-Dong Thap-Vietnam



In $\triangle IBC$:

$$\frac{DB}{DC} = \frac{IB^2}{IC^2} \Rightarrow \frac{DB}{BC} = \frac{IB^2}{IB^2 + IC^2}$$

$$\Rightarrow DB = \frac{IB^2}{IB^2 + IC^2} \cdot a; DC = \frac{IC^2}{IB^2 + IC^2} \cdot a$$

Similarly:

$$FA = \frac{IA^2}{IA^2 + IB^2} \cdot c; FB = \frac{IB^2}{IA^2 + IB^2}$$

$$EA = \frac{IA^2}{IA^2 + IC^2} \cdot b; EC = \frac{IC^2}{IA^2 + IC^2} \cdot b$$

$$\Rightarrow \Omega = [AFE] + [BFD] + [DCE]$$

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$$= \frac{1}{2} \cdot AF \cdot AE \cdot \sin A + \frac{1}{2} \cdot BF \cdot BD \cdot \sin B + \frac{1}{2} \cdot CD \cdot CE \cdot \sin C$$

$$= \frac{1}{2} \cdot \frac{IA^2 \cdot IA^2 \cdot bc \cdot \sin A}{(IA^2 + IB^2)(IA^2 + IC^2)} + \frac{1}{2} \cdot \frac{IB^2 \cdot IB^2 \cdot c \cdot a \cdot \sin B}{(IA^2 + IB^2)(IB^2 + IC^2)} + \frac{1}{2} \cdot \frac{IC^2 \cdot IC^2 \cdot ab \cdot \sin C}{(IB^2 + IC^2)(IA^2 + IC^2)}$$

$$= \left[\frac{IA^4}{(IA^2 + IB^2)(IA^2 + IC^2)} + \frac{IB^4}{(IB^2 + IA^2)(IB^2 + IC^2)} + \frac{IC^4}{(IC^2 + IB^2)(IC^2 + IA^2)} \right] \cdot [ABC]$$

$$\Rightarrow [EFD] = [ABC] - \Omega = \frac{(IA^2 + IB^2)(IB^2 + IC^2)(IC^2 + IA^2) - [IA^4(IB^2 + IC^2) + IB^4(IA^2 + IC^2) + IC^4(IA^2 + IB^2)]}{(IA^2 + IB^2)(IB^2 + IC^2)(IC^2 + IA^2)} \cdot [ABC]$$

$$= \frac{2(IA \cdot IB \cdot IC)^2}{(IA^2 + IB^2)(IB^2 + IC^2)(IC^2 + IA^2)} [ABC] = \frac{2 \left(\prod_{cyc} \sin \frac{A}{2} \right)^2}{\prod_{cyc} \left(\sin^2 \frac{A}{2} + \sin^2 \frac{B}{2} \right)} \cdot [ABC]$$

$$\prod \left(\sin^2 \frac{A}{2} + \sin^2 \frac{B}{2} \right) = \left(\sum_{cyc} \sin^2 \frac{A}{2} \right) \cdot \left(\sum_{cyc} \left(\sin \frac{A}{2} \sin \frac{B}{2} \right)^2 \right) - \prod_{cyc} \left(\sin \frac{A}{2} \right)^2$$

$$= \left(\frac{2R - r}{2R} \right) \cdot \left(\frac{s^2 + r^2 - 8Rr}{16R^2} \right) - \left(\frac{r}{4R} \right)^2$$

$$= \frac{(2R - r)(s^2 + r^2 - 8Rr) - 2Rr^2}{32R^3}$$

$$\Rightarrow \frac{[EFD]}{[ABC]} = \frac{2 \left(\frac{r}{4R} \right)^2}{\frac{(2R - r)(s^2 + r^2 - 8Rr) - 2Rr^2}{32R^3}} = \frac{4Rr^2}{(2R - r)(s^2 + r^2 - 8Rr) - 2Rr^2} \stackrel{(*)}{\geq} \frac{r^2}{2R^2 - Rr - 2r^2}$$

$$(*) \Leftrightarrow 4R(2R^2 - Rr - 2r^2) \geq (2R - r)(s^2 + r^2 - 8Rr) - 2Rr^2$$

But:

$$s^2 \leq 4R^2 + 4Rr + 3r^2 \Rightarrow (2R - r)(s^2 + r^2 - 8Rr) \leq (2R - r)(4R^2 + 4r^2 - 4Rr) - 2Rr^2$$

We need to prove:

$$4R(2R^2 - Rr - 2r^2) \geq 4(2R - r)(R^2 - Rr + r^2) - 2Rr^2$$

$$\Leftrightarrow 4R^3 - 2rR^2 - 4Rr^2 \geq 4R^3 - 4rR^2 + 4r^2R - 2rR^2 + 2Rr^2 - 2r^2 - Rr^2$$

$$\Leftrightarrow 4rR^2 \geq 9Rr^2 - 2r^3 \Leftrightarrow 4R^2 - 9Rr + 2r^2 \geq 0 \Leftrightarrow (R - 2r)(4R - r) \geq 0$$

$$\text{True because: } R \geq 2r \Rightarrow R - 2r \geq 0; 4R - r \geq 8r - r = 7r > 0$$

$\Rightarrow (*)$ is true \Rightarrow proved.

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SP.286. In ΔABC the following relationship holds:

$$\frac{\sqrt[4]{27}}{\sqrt{(n+1)R}} \leq \frac{1}{\sqrt{na+b}} + \frac{1}{\sqrt{nb+c}} + \frac{1}{\sqrt{nc+a}} \leq \frac{\sqrt[4]{27}}{\sqrt{(n+1)2r}}; n \in \mathbb{N}$$

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution by Tran Hong-Dong Thap-Vietnam

$$\text{Let: } \varphi(t) = \frac{1}{\sqrt{t}}; (t > 0); \varphi'(t) = -\frac{1}{2}t^{-\frac{3}{2}}; \varphi''(t) = \frac{3}{4}t^{-\frac{5}{2}} > 0, \forall t > 0$$

$$\text{Let: } \Omega = \frac{1}{\sqrt{na+b}} + \frac{1}{\sqrt{nb+c}} + \frac{1}{\sqrt{nc+a}}; (n \in \mathbb{N})$$

$$\Omega = \varphi(na+b) + \varphi(nb+c) + \varphi(nc+a) \stackrel{\text{Jensen}}{\geq} 3\varphi\left(\frac{(n+1)(a+b+c)}{3}\right)$$

$$= 3\varphi\left(\frac{2(n+1)s}{3}\right) = \frac{3}{\sqrt{\frac{2(n+1)s}{3}}} = \frac{3\sqrt{3}}{\sqrt{2(n+1)s}} \stackrel{(*)}{\geq} \frac{\sqrt[4]{27}}{\sqrt{(n+1)R}}$$

$$(*) \Leftrightarrow 3\sqrt{3}R \geq \sqrt{2s} \cdot \sqrt[4]{27} \Leftrightarrow 729R^2 \geq 4 \cdot 27s^2 \Leftrightarrow 27R^2 \geq 4s^2 \Leftrightarrow s \leq \frac{3\sqrt{3}}{2}R \Rightarrow (*) \text{ is}$$

true.

$$\Omega = \frac{1}{\sqrt{na+b}} + \frac{1}{\sqrt{nb+c}} + \frac{1}{\sqrt{nc+a}} \stackrel{\text{BCS}}{\leq} \sqrt{3} \cdot \sqrt{\frac{1}{na+b} + \frac{1}{nb+c} + \frac{1}{nc+a}}$$

$$= \sqrt{3} \cdot \sqrt{\frac{1}{\underbrace{a+a+\dots+a}_n + b} + \frac{1}{\underbrace{b+b+\dots+b}_n + c} + \frac{1}{\underbrace{c+c+\dots+c}_n + a}}$$

$$\stackrel{\text{BCS}}{\leq} \sqrt{3} \cdot \sqrt{\frac{1}{(n+1)^2} (n+1) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)} = \sqrt{3} \cdot \sqrt{\frac{(n+1)}{(n+1)^2} \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)}$$

$$= \sqrt{\frac{3}{n+1}} \cdot \sqrt{\frac{ab+bc+ca}{abc}} = \sqrt{\frac{3}{n+1}} \cdot \sqrt{\frac{s^2 + 4Rr + r^2}{4Rrs}} \stackrel{(**)}{\leq} \frac{\sqrt[4]{27}}{\sqrt{(n+1)2r}}$$

$$(**) \Leftrightarrow \sqrt{\frac{3}{2}} \cdot \sqrt{\frac{s^2 + 4Rr + r^2}{Rs}} \leq \sqrt[4]{27} \Leftrightarrow \frac{3}{2} \cdot \frac{s^2 + 4Rr + r^2}{Rs} \leq 3\sqrt{3}$$

$$s^2 + 4Rr + r^2 \leq 2Rs\sqrt{3}$$

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$$\text{But: } s \leq \frac{3\sqrt{3}}{2}R \Rightarrow s^2 \leq \frac{3\sqrt{3}}{2}sR \Rightarrow s^2 + 4Rr + r^2 \leq \frac{3\sqrt{3}}{2}sR + 4Rr + r^2 \stackrel{(1)}{\leq} 2Rs\sqrt{3}$$

$$(1) \Leftrightarrow \frac{3\sqrt{3}}{2}sR + 4Rr + r^2 \leq 2Rs\sqrt{3} \Leftrightarrow \frac{\sqrt{3}}{2}sR \geq 4Rr + r^2$$

$$\text{But: } s \geq 3\sqrt{3}r \Rightarrow \frac{\sqrt{3}}{2}sR \geq \frac{9Rr}{2}$$

$$\text{We need to prove: } \frac{9Rr}{2} \geq 4Rr + r^2 \Leftrightarrow 9Rr \geq 8Rr + 2r^2 \Leftrightarrow Rr \geq 2r^2 \Leftrightarrow R \geq 2r \text{ (Euler)}$$

\Rightarrow (1) is true. Proved.

SP.287. In $\triangle ABC$ the following relationship holds:

$$\frac{2}{(n+1)R} \leq \frac{1}{nm_a + m_b} + \frac{1}{nm_b + m_c} + \frac{1}{nm_c + m_a} \leq \frac{1}{(n+1)r}, n \in \mathbb{N}$$

Proposed by George Apostolopoulos-Greece

Solution 1 by Marian Ursărescu-Romania

From Bergstrom inequality, we have:

$$\frac{1}{nm_a + m_b} + \frac{1}{nm_b + m_c} + \frac{1}{nm_c + m_a} \geq \frac{(1+1+1)^2}{(n+1)(m_a + m_b + m_c)}$$

We must show:

$$\frac{9}{(n+1)(m_a + m_b + m_c)} \geq \frac{2}{(n+1)R} \Leftrightarrow m_a + m_b + m_c \leq \frac{9R}{2}; (1)$$

From Cauchy inequality, we have:

$$(m_a + m_b + m_c)^2 \leq 3(m_a^2 + m_b^2 + m_c^2) \text{ and}$$

$$m_a^2 + m_b^2 + m_c^2 = \frac{3}{4}(a^2 + b^2 + c^2) \Rightarrow$$

$$m_a^2 + m_b^2 + m_c^2 \leq \frac{9}{4}(a^2 + b^2 + c^2) \leq \frac{9}{4} \cdot 9R^2 = \frac{81R^2}{4} \Rightarrow$$

$$m_a + m_b + m_c \leq \frac{9R}{2} \Rightarrow (1) \text{ it's true.}$$

Again from Cauchy inequality, we have:

$$(m_a + m_a + \dots + m_a + m_b) \left(\frac{1}{m_a} + \frac{1}{m_a} + \dots + \frac{1}{m_a} + \frac{1}{m_b} \right) \geq (n+1)^2 \Rightarrow$$

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$$(nm_a + m_b) \left(\frac{n}{m_a} + \frac{1}{m_b} \right) \geq (n+1)^2 \Rightarrow$$

$$nm_a + m_b \geq \frac{(n+1)^2}{\frac{n}{m_a} + \frac{1}{m_b}} \Rightarrow \frac{1}{nm_a + m_b} \leq \frac{\frac{n}{m_a} + \frac{1}{m_b}}{(n+1)^2} \text{ and simillary}$$

$$\begin{aligned} & \frac{1}{nm_a + m_b} + \frac{1}{nm_b + m_c} + \frac{1}{nm_c + m_a} \leq \\ & \leq \frac{1}{(n+1)^2} \left(n \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) + \frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \\ & \frac{1}{nm_a + m_b} + \frac{1}{nm_b + m_c} + \frac{1}{nm_c + m_a} \leq \frac{1}{n+1} \left(\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \right) \end{aligned}$$

We must show that: $\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{1}{r}$; (2)

But $m_a \geq \sqrt{s(s-a)}$ and $r = \frac{s}{s}$; (3)

From (2), (3) we must show:

$$\frac{1}{\sqrt{s(s-a)}} + \frac{1}{\sqrt{s(s-b)}} + \frac{1}{\sqrt{s(s-c)}} \leq \frac{s}{s} = \frac{s}{\sqrt{s(s-a)(s-b)(s-c)}}$$

$$\frac{1}{\sqrt{s-a}} + \frac{1}{\sqrt{s-b}} + \frac{1}{\sqrt{s-c}} \leq \frac{s}{\sqrt{(s-a)(s-b)(s-c)}}$$

$$\sqrt{(s-a)(s-b)} + \sqrt{(s-b)(s-c)} + \sqrt{(s-c)(s-a)} \leq s; (4)$$

But $\sqrt{(s-a)(s-b)} \leq \frac{s-a+s-b}{2} = \frac{c}{2}$ and simillary, then

$$\sqrt{(s-a)(s-b)} + \sqrt{(s-b)(s-c)} + \sqrt{(s-c)(s-a)} \leq \frac{a+b+c}{2} = s$$

\Rightarrow (4) it's true.

Solution 2 by Marin Chirciu-Romania

Using Bergström Inequality, we get:

$$\sum_{cyc} \frac{1}{n \cdot m_a + m_b} \geq \frac{9}{\sum(n \cdot m_a + m_b)} = \frac{9}{(n+1) \sum m_a} \stackrel{(1)}{\geq} \frac{2}{(n+1)R}$$

where (1) $\Leftrightarrow \sum m_a \leq \frac{9R}{2}$, which result from

$$\sum m_a \leq 4R + r \leq \frac{9R}{2}.$$

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$\sum_{cyc} \frac{1}{n \cdot m_a + m_b} \leq \frac{1}{(n+1)r}$ **which result from**

$$(x_1 + x_2 + \dots + x_k) \left(\frac{1}{x_1} + \frac{1}{x_2} + \dots + \frac{1}{x_k} \right) \geq k^2$$

We obtain

$$n \cdot m_a + m_b = (m_a + m_a + \dots + m_a + m_b) \left(\frac{1}{m_a} + \frac{1}{m_a} + \dots + \frac{1}{m_a} + \frac{1}{m_b} \right) \geq (n+1)^2 \text{ where}$$

$$n \cdot m_a + m_b \geq \frac{(n+1)^2}{\frac{n+1}{m_a + m_b}} \Leftrightarrow \frac{1}{n \cdot m_a + m_b} \leq \frac{\frac{n+1}{m_a + m_b}}{(n+1)^2} \text{ and then result}$$

$$\begin{aligned} \sum_{cyc} \frac{1}{n \cdot m_a + m_b} &\leq \sum_{cyc} \frac{\frac{n}{m_a} + \frac{1}{m_b}}{(n+1)^2} = \frac{1}{(n+1)^2} \sum_{cyc} \left(\frac{n}{m_a} + \frac{1}{m_b} \right) = \frac{1}{(n+1)^2} \cdot (n+1) \sum_{cyc} \frac{1}{m_a} \\ &= \frac{1}{n+1} \sum_{cyc} \frac{1}{m_a} \stackrel{(2)}{\leq} \frac{1}{(n+1)} \cdot \frac{1}{r} \end{aligned}$$

Where (2) $\Leftrightarrow \sum_{cyc} \frac{1}{m_a} \leq \frac{1}{r}$ **which result from** $\sum_{cyc} \frac{1}{m_a} \leq \sum_{cyc} \frac{1}{h_a} = \frac{1}{r}$.

Equality holds if and only if the triangle is equilateral.

Remark.

In same class of the problems:

1) In ΔABC the following relationship holds:

$$\frac{2}{(n+1)R} \leq \sum_{cyc} \frac{1}{n \cdot h_a + h_b} \leq \frac{1}{(n+1)r}, n \in \mathbb{N}$$

Proposed by Marin Chirciu-Romania

Solution by proposer

Using Bergström Inequality, we get:

$$\sum_{cyc} \frac{1}{n \cdot h_a + h_b} \geq \frac{9}{\sum n \cdot h_a + h_b} = \frac{9}{(n+1) \sum h_a} \stackrel{(1)}{\geq} \frac{2}{(n+1)R}$$

where (1) $\Leftrightarrow \sum h_a \leq \frac{9R}{2}$ **which result from**

$$\sum h_a \leq \sum m_a \leq 4R + r \leq \frac{9R}{2}$$

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$$\sum_{cyc} \frac{1}{n \cdot h_a + h_b} \leq \frac{1}{(n+1)r} \text{ which result from}$$

$$(x_1 + x_2 + \dots + x_k) \left(\frac{1}{x_1} + \frac{1}{x_2} + \dots + \frac{1}{x_k} \right) \geq k^2$$

We obtain

$$n \cdot h_a + h_b = (h_a + h_a + \dots + h_a + h_b) \left(\frac{1}{h_a} + \frac{1}{h_a} + \dots + \frac{1}{h_a} + \frac{1}{h_b} \right) \geq (n+1)^2 \text{ where}$$

$$n \cdot h_a + h_b \geq \frac{(n+1)^2}{\frac{n+1}{h_a} + \frac{1}{h_b}} \Leftrightarrow \frac{1}{n \cdot h_a + h_b} \leq \frac{\frac{n+1}{h_a} + \frac{1}{h_b}}{(n+1)^2} \text{ and then result}$$

$$\begin{aligned} \sum_{cyc} \frac{1}{n \cdot h_a + h_b} &\leq \sum_{cyc} \frac{\frac{n}{h_a} + \frac{1}{h_b}}{(n+1)^2} = \frac{1}{(n+1)^2} \sum_{cyc} \left(\frac{n}{h_a} + \frac{1}{h_b} \right) = \frac{1}{(n+1)^2} \cdot (n+1) \sum_{cyc} \frac{1}{h_a} \\ &= \frac{1}{n+1} \sum_{cyc} \frac{1}{h_a} \stackrel{(2)}{\leq} \frac{1}{(n+1)} \cdot \frac{1}{r} \end{aligned}$$

$$\text{Where (2)} \Leftrightarrow \sum_{cyc} \frac{1}{h_a} = \frac{1}{r}.$$

Equality holds of and only if the triagle is equilateral.

2) In ΔABC the following relationship holds:

$$\frac{2}{(n+1)R} \leq \sum_{cyc} \frac{1}{n \cdot w_a + w_b} \leq \frac{1}{(n+1)r}, n \in \mathbb{N}$$

Proposed by Marin Chirciu-Romania

Solution by proposer

Using Bergström Inequality, we get:

$$\sum_{cyc} \frac{1}{n \cdot w_a + w_b} \geq \frac{9}{\sum (n \cdot w_a + w_b)} = \frac{9}{(n+1) \sum w_a} \stackrel{(1)}{\geq} \frac{2}{(n+1)R}$$

where (1) $\Leftrightarrow \sum w_a \leq \frac{9R}{2}$ which result from

$$\sum w_a \leq \sum m_a \leq 4R + r \leq \frac{9R}{2}$$

$$\sum_{cyc} \frac{1}{n \cdot w_a + w_b} \leq \frac{1}{(n+1)r} \text{ which result from}$$

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$$(x_1 + x_2 + \dots + x_k) \left(\frac{1}{x_1} + \frac{1}{x_2} + \dots + \frac{1}{x_k} \right) \geq k^2$$

We obtain

$$n \cdot w_a + w_b = (w_a + w_a + \dots + w_a + w_b) \left(\frac{1}{w_a} + \frac{1}{w_a} + \dots + \frac{1}{w_a} + \frac{1}{w_b} \right) \geq (n+1)^2 \text{ where}$$

$$n \cdot w_a + w_b \geq \frac{(n+1)^2}{\frac{n}{w_a} + \frac{1}{w_b}} \Leftrightarrow \frac{1}{n \cdot w_a + w_b} \leq \frac{\frac{n}{w_a} + \frac{1}{w_b}}{(n+1)^2} \text{ and then result}$$

$$\begin{aligned} \sum_{cyc} \frac{1}{n \cdot w_a + w_b} &\leq \sum_{cyc} \frac{\frac{n}{w_a} + \frac{1}{w_b}}{(n+1)^2} = \frac{1}{(n+1)^2} \sum_{cyc} \left(\frac{n}{w_a} + \frac{1}{w_b} \right) = \frac{1}{(n+1)^2} \cdot (n+1) \sum_{cyc} \frac{1}{w_a} \\ &= \frac{1}{n+1} \sum_{cyc} \frac{1}{w_a} \stackrel{(2)}{\leq} \frac{1}{(n+1)} \cdot \frac{1}{r} \end{aligned}$$

$$\text{Where (2)} \Leftrightarrow \sum_{cyc} \frac{1}{w_a} \leq \frac{1}{r} \text{ which result from } \sum_{cyc} \frac{1}{w_a} \leq \sum_{cyc} \frac{1}{h_a} = \frac{1}{r}.$$

Equality holds if and only if the triangle is equilateral.

In ΔABC the following relationship holds:

$$\frac{2}{(n+1)R} \leq \sum_{cyc} \frac{1}{n \cdot r_a + r_b} \leq \frac{1}{(n+1)r}, n \in \mathbb{N}$$

Proposed by Marin Chirciu-Romania

Solution by proposer

Using Bergström Inequality, we get:

$$\sum_{cyc} \frac{1}{n \cdot r_a + r_b} \geq \frac{9}{\sum (n \cdot r_a + r_b)} = \frac{9}{(n+1) \sum r_a} \stackrel{(1)}{\geq} \frac{2}{(n+1)R}$$

$$\text{where (1)} \Leftrightarrow \sum r_a \leq \frac{9R}{2} \text{ which result from}$$

$$\sum r_a \leq \sum m_a \leq 4R + r \leq \frac{9R}{2}$$

$$\sum_{cyc} \frac{1}{n \cdot r_a + r_b} \leq \frac{1}{(n+1)r} \text{ which result from}$$

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$$(x_1 + x_2 + \dots + x_k) \left(\frac{1}{x_1} + \frac{1}{x_2} + \dots + \frac{1}{x_k} \right) \geq k^2$$

We obtain

$$n \cdot r_a + r_b = (r_a + r_a + \dots + r_a + r_b) \left(\frac{1}{r_a} + \frac{1}{r_a} + \dots + \frac{1}{r_a} + \frac{1}{r_b} \right) \geq (n+1)^2 \text{ where}$$

$$n \cdot r_a + r_b \geq \frac{(n+1)^2}{\frac{n+1}{r_a+r_b}} \Leftrightarrow \frac{1}{n \cdot r_a + r_b} \leq \frac{\frac{n+1}{r_a+r_b}}{(n+1)^2} \text{ and then result}$$

$$\begin{aligned} \sum_{cyc} \frac{1}{n \cdot r_a + r_b} &\leq \sum_{cyc} \frac{\frac{n}{r_a} + \frac{1}{r_b}}{(n+1)^2} = \frac{1}{(n+1)^2} \sum_{cyc} \left(\frac{n}{r_a} + \frac{1}{r_b} \right) = \frac{1}{(n+1)^2} \cdot (n+1) \sum_{cyc} \frac{1}{r_a} \\ &= \frac{1}{n+1} \sum_{cyc} \frac{1}{r_a} \stackrel{(2)}{=} \frac{1}{(n+1)} \cdot \frac{1}{r} \end{aligned}$$

$$\text{Where (2)} \Leftrightarrow \sum_{cyc} \frac{1}{r_a} = \frac{1}{r}$$

Equality holds if and only if the triangle is equilateral.

SP.288. Let $a, b, c > 0, a + b + c = 3$. Find $\min(\Omega)$

$$\Omega = \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \sqrt[3]{\frac{ab}{a^2 - ab + b^2}} + \sqrt[3]{\frac{bc}{b^2 - bc + c^2}} + \sqrt[3]{\frac{ca}{c^2 - ca + a^2}}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Tran Hong-Dong Thap-Vietnam

For $a, b > 0$ we have:

$$\begin{aligned} \sqrt[3]{\frac{ab}{a^2 - ab + b^2}} &= \sqrt[3]{1 \cdot 1 \cdot \frac{ab}{a^2 - ab + b^2}} \stackrel{Gm-Hm}{\geq} \frac{3}{\frac{1}{1} + \frac{1}{1} + \frac{1}{\frac{ab}{a^2 - ab + b^2}}} = \\ &= \frac{3}{1 + 1 + \frac{1}{\frac{ab}{a^2 - ab + b^2}}} = \frac{3ab}{2ab + a^2 - ab + b^2} = \frac{3ab}{a^2 + ab + b^2}; (1) \end{aligned}$$

$$\text{Similary: } \sqrt[3]{\frac{bc}{b^2 - bc + c^2}} \geq \frac{3bc}{b^2 + bc + c^2}; (2) \text{ and } \sqrt[3]{\frac{ca}{c^2 - ca + a^2}} \geq \frac{3ca}{c^2 + ca + a^2}; (3)$$

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From (1),(2),(3) we have:

$$\begin{aligned} \sum_{cyc}^3 \sqrt{\frac{ab}{a^2 - ab + b^2}} &\geq 3 \left(\frac{ab}{a^2 + ab + b^2} + \frac{bc}{b^2 + bc + c^2} + \frac{ca}{c^2 + ca + a^2} \right) = \\ &= 3abc \left(\frac{1}{a^2c + abc + b^2c} + \frac{1}{b^2a + abc + c^2a} + \frac{1}{bc^2 + abc + ba^2} \right) \stackrel{\text{Bergström}}{\geq} \\ &\geq 3abc \cdot \frac{(1+1+1)^2}{ab(a+b) + bc(b+c) + ca(c+a) + 3abc} = \frac{9 \cdot 3abc}{(a+b+c)(ab+bc+ca)} = \\ &\stackrel{a+b+c=3}{=} \frac{9abc}{ab+bc+ca} = \frac{9}{\frac{1}{a} + \frac{1}{b} + \frac{1}{c}}. \text{ Hence,} \end{aligned}$$

$$\begin{aligned} \Omega &= \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \sum_{cyc}^3 \sqrt{\frac{ab}{a^2 - ab + b^2}} \geq \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{9}{\frac{1}{a} + \frac{1}{b} + \frac{1}{c}} \stackrel{\text{Am-Gm}}{\geq} \\ &\geq 2 \sqrt{\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \cdot \frac{9}{\frac{1}{a} + \frac{1}{b} + \frac{1}{c}}} = 2\sqrt{9} = 6 \Rightarrow \Omega \geq 6 \end{aligned}$$

$$\min(\Omega) = 6 \Leftrightarrow a = b = c = 1.$$

Solution 2 by Sanong Huayrerai-Nakon Pathom-Thailand

For $x \in \mathbb{R}, x \geq 2$ we have: $x + 1 + \sqrt[3]{\frac{27}{x-1}} \geq 6 \Leftrightarrow (x+1)\sqrt[3]{x-1} + 3 \geq 6\sqrt[3]{x-1} \Leftrightarrow \stackrel{a=\sqrt[3]{x-1}}{a^3+2}a + 3 \geq 6a$

$$(a^3 + 2)a + 3 \geq 6a \Leftrightarrow a^4 + 2a + 3 \geq 6a \Leftrightarrow a^4 + 3 \geq 4a \Leftrightarrow a^3 \cdot a + 1 + 2 \geq 4a$$

$$a^3 + a + 2 \geq 4a \Leftrightarrow a^3 + 2 \geq 3a \Leftrightarrow a^2 \cdot a + 1 + 1 \geq 3a \Leftrightarrow a^2 + a + 1 \geq 3a \Leftrightarrow$$

$$a^2 + 1 \geq 2a \Leftrightarrow a \cdot a + 1 \geq 2a \text{ true.}$$

Hence for $a, b, c > 0, a + b + c = 3$ we give $a = \frac{3x}{x+y+z}; b = \frac{3y}{x+y+z}; c = \frac{3z}{x+y+z}$. Hence,

$$\begin{aligned} \Omega &= \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \sqrt[3]{\frac{ab}{a^2 - ab + b^2}} + \sqrt[3]{\frac{bc}{b^2 - bc + c^2}} + \sqrt[3]{\frac{ca}{c^2 - ca + a^2}} = \\ &\frac{1}{3} \left(\frac{x}{y} + \frac{y}{x} + 1 \right) + \sqrt[3]{\frac{27}{\frac{x}{y} + \frac{y}{x} - 1}} + \frac{1}{3} \left(\frac{y}{z} + \frac{z}{y} + 1 \right) + \sqrt[3]{\frac{27}{\frac{y}{z} + \frac{z}{y} - 1}} + \frac{1}{3} \left(\frac{z}{x} + \frac{x}{z} + 1 \right) \\ &\quad + \sqrt[3]{\frac{27}{\frac{z}{x} + \frac{x}{z} - 1}} \geq 6 \end{aligned}$$

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$$\frac{x}{y} + \frac{y}{x} + 1 + \sqrt[3]{\frac{27}{\frac{x}{y} + \frac{y}{x} - 1}} + \frac{y}{z} + \frac{z}{y} + 1 + \sqrt[3]{\frac{27}{\frac{y}{z} + \frac{z}{y} - 1}} + \frac{x}{z} + \frac{z}{x} + 1 + \sqrt[3]{\frac{27}{\frac{x}{z} + \frac{z}{x} - 1}} \geq 18$$

$$\text{Because: } \frac{x}{y} + \frac{y}{x} \geq 2; \frac{y}{z} + \frac{z}{y} \geq 2; \frac{x}{z} + \frac{z}{x} \geq 2$$

$$\text{Hence, } \Omega \geq 6 \Rightarrow \min(\Omega) = 6 \Leftrightarrow a = b = c = 1.$$

Solution 3 by proposer

Using Am-Gm inequality for three positive real numbers, we have:

$$\begin{aligned} a^2 + ab + b^2 &= (a^2 - ab + b^2) + ab + ab \geq 3\sqrt[3]{(a^2 - ab + b^2) \cdot ab \cdot ab} \\ &= 3\sqrt[3]{(ab)^2(a^2 - ab + b^2)} \Rightarrow \end{aligned}$$

$$\sqrt[3]{ab}(a^2 + ab + b^2) \geq 3ab\sqrt[3]{(a^2 - ab + b^2)} \Leftrightarrow$$

$$\sqrt[3]{\frac{ab}{a^2 - ab + b^2}} \geq \frac{3ab}{a^2 + ab + b^2}$$

$$\text{Similary: } \sqrt[3]{\frac{bc}{b^2 - bc + c^2}} \geq \frac{3bc}{b^2 + bc + c^2} \text{ and } \sqrt[3]{\frac{ca}{c^2 - ca + a^2}} \geq \frac{3ca}{c^2 + ca + a^2}$$

$$\begin{aligned} &\sqrt[3]{\frac{ab}{a^2 - ab + b^2}} + \sqrt[3]{\frac{bc}{b^2 - bc + c^2}} + \sqrt[3]{\frac{ca}{c^2 - ca + a^2}} \geq \\ &\geq \frac{3ab}{a^2 + ab + b^2} + \frac{3bc}{b^2 + bc + c^2} + \frac{3ca}{c^2 + ca + a^2}; (1) \end{aligned}$$

Other, because $a + b + c = 3$ then

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} = \frac{1}{3} \cdot 3 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) = \frac{1}{3} (a + b + c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \Leftrightarrow$$

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} = \frac{1}{3} \left(\frac{a}{b} + \frac{b}{a} + 1 + \frac{b}{c} + \frac{c}{b} + 1 + \frac{a}{c} + \frac{c}{a} + 1 \right) =$$

$$= \frac{1}{3} \left(\frac{a^2 + ab + b^2}{ab} + \frac{b^2 + bc + c^2}{bc} + \frac{c^2 + ca + a^2}{ca} \right) \Leftrightarrow$$

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} = \frac{a^2 + ab + b^2}{3ab} + \frac{b^2 + bc + c^2}{3bc} + \frac{c^2 + ca + a^2}{3ca}; (2)$$

Let (1), (2) with Am-GM inequality, we get:

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$$\begin{aligned} \Omega &= \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \sqrt[3]{\frac{ab}{a^2 - ab + b^2}} + \sqrt[3]{\frac{bc}{b^2 - bc + c^2}} + \sqrt[3]{\frac{ca}{c^2 - ca + a^2}} \geq \\ &\geq \frac{a^2 + ab + b^2}{3ab} + \frac{3ab}{a^2 + ab + b^2} + \frac{b^2 + bc + c^2}{3bc} + \frac{3bc}{b^2 + bc + c^2} + \frac{c^2 + ca + a^2}{3ca} \\ &\quad + \frac{3ca}{c^2 + ca + a^2} \geq \\ &\geq 2\sqrt{\frac{a^2 + ab + b^2}{3ab} \cdot \frac{3ab}{a^2 + ab + b^2}} + 2\sqrt{\frac{b^2 + bc + c^2}{3bc} \cdot \frac{3bc}{b^2 + bc + c^2}} \\ &\quad + 2\sqrt{\frac{c^2 + ca + a^2}{3ca} \cdot \frac{3ca}{c^2 + ca + a^2}} = 2\sqrt{1} + 2\sqrt{1} + 2\sqrt{1} = 6 \end{aligned}$$

$$\Omega \geq 6 \Rightarrow \min(\Omega) = 6$$

$$\text{Equality holds if } \begin{cases} a, b, c > 0; a + b + c = 3 \\ a = b = c \end{cases} \Leftrightarrow a = b = c = 1.$$

SP.289. If $x, y, z > 0; x + y + z = 1$ then in $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{1}{x \sin A + y \sin B + z \sin C} \leq \sum_{cyc} \frac{1}{\sin A + \sin B - \sin C}$$

Proposed by George Apostolopoulos-Greece

Solution by Marian Ursărescu-Romania

$$\text{From sine law: } \frac{a}{\sin A} = 2R \Rightarrow \sin A = \frac{a}{2R}$$

We must show that:

$$\sum_{cyc} \frac{1}{xa + yb + zc} \leq \sum_{cyc} \frac{1}{a + b - c}; \quad (1)$$

From Cauchy inequality, we have:

$$(xa + yb + zc) \left(\frac{x}{a} + \frac{y}{b} + \frac{z}{c} \right) \geq (x + y + z)^2 = 1 \Rightarrow$$

$$xa + yb + zc \geq \frac{1}{\frac{x}{a} + \frac{y}{b} + \frac{z}{c}} \Rightarrow \frac{1}{xa + yb + zc} \leq \frac{x}{a} + \frac{y}{b} + \frac{z}{c} \text{ and simillary (2)}$$

From (1), (2) we must show:

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$$\sum_{cyc} \left(\frac{x}{a} + \frac{y}{b} + \frac{z}{c} \right) \leq \sum_{cyc} \frac{1}{a+b-c} \Leftrightarrow$$

$$(x+y+z) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \leq \frac{1}{a+b-c} + \frac{1}{a-b+c} + \frac{1}{-a+b+c} \Leftrightarrow$$

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \leq \frac{1}{a+b-c} + \frac{1}{a-b+c} + \frac{1}{-a+b+c}; (3)$$

$$\text{Let: } \begin{cases} -a+b+c=x \\ a-b+c=y \\ a+b-c=z \end{cases} \Rightarrow \begin{cases} a=\frac{y+z}{2} \\ b=\frac{x+z}{2} \\ c=\frac{x+y}{2} \end{cases}; (4)$$

From (3),(4) we must show:

$$\frac{2}{x+y} + \frac{2}{x+z} + \frac{2}{y+z} \leq \frac{1}{x} + \frac{1}{y} + \frac{1}{z}; (5)$$

$$\text{But: } \frac{1}{x+y} \leq \frac{1}{4} \left(\frac{1}{x} + \frac{1}{y} \right); \frac{1}{y+z} \leq \frac{1}{4} \left(\frac{1}{y} + \frac{1}{z} \right); \frac{1}{x+z} \leq \frac{1}{4} \left(\frac{1}{x} + \frac{1}{z} \right) \Rightarrow$$

$$\frac{1}{x+y} + \frac{1}{y+z} + \frac{1}{z+x} \leq \frac{1}{2} \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z} \right) \Rightarrow (5) \text{ it's true. Proved.}$$

SP.290. If $x, y, z > 0$; $x + y + z = 3$ then prove:

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + 12 \geq 5(xy + yz + zx)$$

When the equality occurs if and if?

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Tran Hong-Dong Thap-Vietnam

For all $x > 0$ we have:

$$\sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + x^3 + x^3 + x^3 + 1 \stackrel{AGM}{\geq} 10 \sqrt[10]{x^{10}} = 10x \Rightarrow$$

$$6\sqrt[6]{x} + 3x^3 + 1 \geq 10x \Rightarrow 6\sqrt[6]{x} \geq 10x - 3x^3 - 1 \text{ simillary:}$$

$$6\sqrt[6]{y} \geq 10y - 3y^3 - 1 \text{ and } 6\sqrt[6]{z} \geq 10z - 3z^3 - 1.$$

$$6(\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z}) \geq 10(x+y+z) - 3(x^3 + y^3 + z^3) - 3 \stackrel{x+y+z=3}{=} =$$

$$= 10 \cdot 3 - 3(x^3 + y^3 + z^3) - 3 = 27 - 3(x^3 + y^3 + z^3); (1)$$

More, from $x, y, z > 0$; $x + y + z = 3 \Rightarrow 0 < x, y, z < 3 \Rightarrow x - 3 < 0, y - 3 < 0,$

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$z - 3 < 0$. *We have:*

$$(x - 3)(x - 1)^2 + (y - 3)(y - 1)^2 + (z - 3)(z - 1)^2 \leq 0 \Leftrightarrow$$

$$\sum_{cyc} [(x - 3)(x^2 - 2x + 1)] \leq 0 \Leftrightarrow \sum_{cyc} (x^3 - 5x^2 + 7x - 3) \leq 0 \Leftrightarrow$$

$$\sum_{cyc} x^3 - 5 \sum_{cyc} x^2 + 7 \sum_{cyc} x - 9 \leq 0 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5(x^2 + y^2 + z^2) - 7(x + y + z) + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5[(x + y + z)^2 - 2(xy + yz + zx)] - 7(x + y + z) + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5(x + y + z)^2 - 10(xy + yz + zx) - 7\left(\frac{x + y + z}{3}\right) + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5 \cdot 3^2 - 10(xy + yz + zx) - 7 \cdot 3 + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 33 - 10(xy + yz + zx) \Leftrightarrow$$

$$27 - 3(x^3 + y^3 + z^3) \geq 27[33 - 10(xy + yz + zx)] = 30(xy + yz + zx) - 72; (2)$$

From (1),(2) we have:

$$6(\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z}) \geq 30(xy + yz + zx) - 72$$

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + 12 \geq 5(xy + yz + zx)$$

Equality holds if $x = y = z = 1$. Proved.

Solution 2 by Dimitris Skouteris-Greece

Writing $xy + yz + zx = \frac{1}{2}(9 - x^2 - y^2 - z^2)$ the inequality becomes:

$$\sum_{cyc} \left(\sqrt[6]{x} + \frac{5}{2}x^2 \right) \geq \frac{21}{2}$$

Now, from weighted Am-Gm, we have: $\sqrt[6]{x} + \frac{5}{2}x^2 \geq \frac{7}{2}x^{\frac{31}{21}}$ and, from the power inequality,

$$\frac{1}{3} \sum_{cyc} x^{\frac{31}{21}} \geq \left(\frac{1}{3} \sum_{cyc} x \right)^{\frac{31}{21}} = 1$$

Whence the result, with equality for $x = y = z = 1$. Proved.

Solution 3 by Marin Chirciu-Romania

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From $x + y + z = 3$ we have: $xy + yz + zx = \frac{1}{2}(9 - x^2 - y^2 - z^2)$.

The inequality becomes:

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} \geq 5 \cdot \frac{1}{2}(9 - x^2 - y^2 - z^2) \Leftrightarrow$$

$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + \frac{5}{2}x^2 + \frac{5}{2}y^2 + \frac{5}{2}z^2 \geq \frac{21}{2}$; (*) which result from weighted Am-Gm:

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + \frac{5}{2}x^2 + \frac{5}{2}y^2 + \frac{5}{2}z^2 = x^{\frac{1}{6}} + y^{\frac{1}{6}} + z^{\frac{1}{6}} + \frac{5}{2}x^2 + \frac{5}{2}y^2 + \frac{5}{2}z^2 =$$

$$= \sum_{cyc} \left(x^{\frac{1}{6}} + \frac{5}{2}x^2 \right) \geq \sum_{cyc} \left(1 + \frac{5}{2} \right) x^{1+\frac{5}{2}} = \sum_{cyc} \frac{7}{2} x^{\frac{13}{2}} = \frac{7}{2} \sum_{cyc} x^{\frac{13}{2}}; (1)$$

From Jensen inequality, we have $\frac{x^r + y^r + z^r}{3} \geq \left(\frac{x+y+z}{3} \right)^r$ with $r = \frac{13}{2}$ therefore

$$\frac{\sum x^{\frac{13}{2}}}{3} \geq \left(\frac{\sum x}{3} \right)^{\frac{13}{2}} = \left(\frac{3}{3} \right)^{\frac{13}{2}} = 1 \Rightarrow \sum x^{\frac{13}{2}} \geq 3; (2)$$

From (1),(2) we have:

$$Lhs_{(*)} = \sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + \frac{5}{2}x^2 + \frac{5}{2}y^2 + \frac{5}{2}z^2 \stackrel{(1)}{\geq} \frac{7}{2} \sum x^{\frac{13}{2}} \stackrel{(2)}{\geq} \frac{7}{2} \cdot 3 = \frac{21}{2} = Rhs_{(*)}$$

Equality holds if and only if $x = y = z = 1$.

Remark.

The problem it can be developed.

1) If $x, y, z > 0$ such that $x + y + z = 3$ and $n \geq 0$ then

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + 3n \geq (n+1)(xy + yz + zx)$$

Proposed by Marin Chirciu-Romania

Solution by proposer

Using $x + y + z = 3$ we have $xy + yz + zx = \frac{1}{2}(9 - x^2 - y^2 - z^2)$.

The inequality becomes:

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + 3n \geq (n+1) \cdot \frac{1}{2}(9 - x^2 - y^2 - z^2) \Leftrightarrow$$

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$$\sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + \frac{n+1}{2} \cdot x^2 + \frac{n+1}{2} \cdot y^2 + \frac{n+1}{2} \cdot z^2 \geq \frac{3n+9}{2}; (*)$$

Which result from weighted Am-Gm:

$$\begin{aligned} & \sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + \frac{n+1}{2} \cdot x^2 + \frac{n+1}{2} \cdot y^2 + \frac{n+1}{2} \cdot z^2 = \\ & = x^{\frac{1}{6}} + y^{\frac{1}{6}} + z^{\frac{1}{6}} + \frac{n+1}{2} \cdot x^2 + \frac{n+1}{2} \cdot y^2 + \frac{n+1}{2} \cdot z^2 = \sum_{cyc} \left(x^{\frac{1}{6}} + \frac{n+1}{2} \cdot x^2 \right) \geq \\ & \geq \sum_{cyc} \left(1 + \frac{n+1}{2} \right) x^{1+\frac{n+1}{2}} = \sum_{cyc} \frac{n+3}{2} \cdot x^{\frac{13}{2}} = \frac{n+3}{2} \sum_{cyc} x^{\frac{13}{2}}; (1) \end{aligned}$$

From Jensen Inequality, we have: $\frac{x^r+y^r+z^r}{3} \geq \left(\frac{x+y+z}{3}\right)^{\frac{1}{r}}$ with $r = \frac{13}{3n+9}$ therefore:

$$\frac{\sum x^{\frac{13}{2}}}{3} \geq \left(\frac{\sum x}{3}\right)^{\frac{3n+9}{13}} = \left(\frac{3}{3}\right)^{\frac{3n+9}{13}} = 1 \Rightarrow \sum x^{\frac{13}{2}} \geq 3; (2)$$

From (1),(2) we have:

$$\begin{aligned} Lhs_{(*)} & = \sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + \frac{n+1}{2} x^2 + \frac{n+1}{2} y^2 + \frac{n+1}{2} z^2 \stackrel{(1)}{\geq} \frac{n+3}{2} \sum x^{\frac{13}{2}} \stackrel{(2)}{\geq} \\ & \geq \frac{n+3}{2} \cdot 3 = \frac{3n+9}{2} = Rhs_{(*)} \end{aligned}$$

Equality holds if and only if $x = y = z = 1$.

Note.

For $n = 4$ we get the Problem SP.290 from 20-RMM Spring Edition 2021, Proposed by

Hoang Le Nhat Tung- Hanoi- Vietnam.

2) If $x, y, z > 0$ such that $x + y + z = 3, n \in \mathbb{N}, n \geq 2$ and $\lambda \geq 0$ then

$$\sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + 3\lambda \geq (\lambda + 1)(xy + yz + zx)$$

Proposed by Marin Chirciu-Romania

Solution by proposer

$$\text{Using } x + y + z = 3 \text{ we have } xy + yz + zx = \frac{1}{2}(9 - x^2 - y^2 - z^2).$$

The inequality becomes:

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$$\sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + 3\lambda \geq (\lambda + 1) \cdot \frac{1}{2} (9 - x^2 - y^2 - z^2)$$

$$\sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + \frac{\lambda + 1}{2} x^2 + \frac{\lambda + 1}{2} y^2 + \frac{\lambda + 1}{2} z^2 \geq \frac{3\lambda + 9}{2}; (*)$$

Which result from weighted Am-Gm:

$$\begin{aligned} & \sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + \frac{\lambda + 1}{2} x^2 + \frac{\lambda + 1}{2} y^2 + \frac{\lambda + 1}{2} z^2 = \\ & = x^{\frac{1}{n}} + y^{\frac{1}{n}} + z^{\frac{1}{n}} + \frac{\lambda + 1}{2} x^2 + \frac{\lambda + 1}{2} y^2 + \frac{\lambda + 1}{2} z^2 = \sum_{cyc} \left(x^{\frac{1}{n}} + \frac{\lambda + 1}{2} x^2 \right) \geq \\ & \geq \sum_{cyc} \left(1 + \frac{\lambda + 1}{2} \right) x^{1 + \frac{\frac{1}{n} + 2}{\lambda + 1}} = \sum_{cyc} \frac{\lambda + 3}{2} x^{\frac{2n+1}{3\lambda+9}} = \frac{\lambda + 3}{2} \sum_{cyc} x^{\frac{2n+1}{3\lambda+9}}; (1). \end{aligned}$$

From Jensen Inequality, we have:

$$\begin{aligned} & \frac{x^r + y^r + z^r}{3} \geq \left(\frac{x+y+z}{3} \right)^{\frac{1}{r}} \text{ with } r = \frac{2n+1}{3\lambda+9}, \text{ therefore:} \\ & \frac{\sum x^{\frac{2n+1}{3\lambda+9}}}{3} \geq \left(\frac{\sum x}{3} \right)^{\frac{3\lambda+9}{2n+1}} = \left(\frac{3}{3} \right)^{\frac{3\lambda+9}{2n+1}} = 1 \Rightarrow \sum x^{\frac{2n+1}{3\lambda+9}} \geq 3; (2) \end{aligned}$$

From (1), (2) we get:

$$\begin{aligned} Lhs_{(*)} & = \sqrt[n]{x} + \sqrt[n]{y} + \sqrt[n]{z} + \frac{\lambda + 1}{2} x^2 + \frac{\lambda + 1}{2} y^2 + \frac{\lambda + 1}{2} z^2 \stackrel{(1)}{\geq} \frac{\lambda + 3}{2} \sum x^{\frac{2n+1}{3\lambda+9}} \stackrel{(2)}{\geq} \\ & \geq \frac{3\lambda + 9}{2} = Rhd_{(*)} \end{aligned}$$

Equality holds if and only if $x = y = z = 1$.

Note.

For $n = 6, \lambda = 4$ we get the Problem SP.290 from 20-RMM Spring Edition 2021, Proposed by Hoang Le Nhat Tung- Hanoi-Vietnam.

Solution 4 by proposer

For all $x > 0$ we have:

$$\begin{aligned} & \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + \sqrt[6]{x} + x^3 + x^3 + x^3 + 1 \stackrel{AGM}{\geq} 10 \sqrt[10]{x^{10}} = 10x \Rightarrow \\ & 6\sqrt[6]{x} + 3x^3 + 1 \geq 10x \Rightarrow 6\sqrt[6]{x} \geq 10x - 3x^3 - 1 \text{ simillary:} \end{aligned}$$

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$6\sqrt[6]{y} \geq 10y - 3y^3 - 1$ and $6\sqrt[6]{z} \geq 10z - 3z^3 - 1$. Hence,

$$\begin{aligned} 6(\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z}) &\geq 10(x + y + z) - 3(x^3 + y^3 + z^3) - 3 \stackrel{x+y+z=3}{=} \\ &= 10 \cdot 3 - 3(x^3 + y^3 + z^3) - 3 = 27 - 3(x^3 + y^3 + z^3) \\ 6(\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z}) &\geq 27 - 3(x^3 + y^3 + z^3); (1) \end{aligned}$$

Other, because $\begin{cases} x, y, z > 0 \\ x + y + z = 3 \end{cases} \Rightarrow 0 < x, y, z < 3 \Rightarrow x - 3 < 0; y - 3 < 0; z - 3 < 0$

$$(x - 3)(x - 1)^2 + (y - 3)(y - 1)^2 + (z - 3)(z - 1)^2 \leq 0 \Leftrightarrow$$

$$\sum_{cyc} [(x - 3)(x^2 - 2x + 1)] \leq 0 \Leftrightarrow \sum_{cyc} (x^3 - 5x^2 + 7x - 3) \leq 0 \Leftrightarrow$$

$$\sum_{cyc} x^3 - 5 \sum_{cyc} x^2 + 7 \sum_{cyc} x - 9 \leq 0 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5(x^2 + y^2 + z^2) - 7(x + y + z) + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5[(x + y + z)^2 - 2(xy + yz + zx)] - 7(x + y + z) + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5(x + y + z)^2 - 10(xy + yz + zx) - 7\left(\frac{x + y + z}{3}\right) + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 5 \cdot 3^2 - 10(xy + yz + zx) - 7 \cdot 3 + 9 \Leftrightarrow$$

$$x^3 + y^3 + z^3 \leq 33 - 10(xy + yz + zx) \Leftrightarrow$$

$$27 - 3(x^3 + y^3 + z^3) \geq 27[33 - 10(xy + yz + zx)] = 30(xy + yz + zx) - 72; (2)$$

From (1),(2) we have:

$$6(\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z}) \geq 30(xy + yz + zx) - 72$$

$$\sqrt[6]{x} + \sqrt[6]{y} + \sqrt[6]{z} + 12 \geq 5(xy + yz + zx)$$

Equality holds if $x = y = z = 1$. Proved.

SP.291. In acute $\triangle ABC$, let h_1, h_2, h_3 be the altitudes of orthic triangle.

Prove that:

$$\frac{F^4}{sR^2} \leq \frac{\pi^3}{486\sqrt{3}} \left(\sum_{cyc} h_1 \cdot r_a \right) \left(\sum_{cyc} \frac{h_a^3}{\mu^3(A)} \right)$$

Proposed by Radu Diaconu-Romania

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Solution by Adrian Popa-Romania

$$\text{Let be } h_a < h_b < h_c \Rightarrow \hat{A} > \hat{B} > \hat{C} \Rightarrow \frac{1}{\hat{A}} < \frac{1}{\hat{B}} < \frac{1}{\hat{C}} \Rightarrow \begin{cases} h_a^3 < h_b^3 < h_c^3 \\ \left(\frac{1}{\hat{A}}\right)^3 < \left(\frac{1}{\hat{B}}\right)^3 < \left(\frac{1}{\hat{C}}\right)^3 \end{cases}$$

From Chebyshev's inequality, we have:

$$3 \sum_{cyc} \frac{h_a^3}{\mu^3(A)} \geq \sum_{cyc} h_a^3 \sum_{cyc} \frac{1}{\mu^3(A)} \stackrel{\text{Radon}}{\geq} \left(\left(\frac{2F}{a}\right)^3 + \left(\frac{2F}{b}\right)^3 + \left(\frac{2F}{c}\right)^3 \right) \left(\frac{(1+1+1)^4}{(A+B+C)^3} \right) =$$

$$= 8F^3 \left(\frac{1}{a^3} + \frac{1}{b^3} + \frac{1}{c^3} \right) \cdot \frac{81}{\pi^3} \stackrel{\text{Radon}}{\geq} 8F^3 \cdot \frac{(1+1+1)^4}{(a+b+c)^3} \cdot \frac{81}{\pi^3} = \frac{8F^3 \cdot 81^2}{8s^3 \cdot \pi^3} = \frac{81^2 \cdot F^3}{s^3 \cdot \pi^3}$$

$$\sum_{cyc} h_a r_a = \sum_{cyc} \frac{2F}{a} \cdot \frac{F}{s-a} = 2F^2 \sum_{cyc} \frac{1}{as-a^2} \stackrel{\text{Radon}}{\geq} 2F^2 \cdot \frac{(1+1+1)^2}{2s^2 - a^2 - b^2 - c^2} =$$

$$= \frac{18F^2}{8Rr+2r^2} = \frac{9F^2}{4Rr+r^2}. \text{ Now,}$$

$$\frac{\pi^3}{486\sqrt{3}} \cdot \frac{81 \cdot 27 \cdot F^3}{s^3 \cdot \pi^3} \cdot \frac{9F^2}{4Rr+r^2} \stackrel{(1)}{\geq} \frac{F^4}{sR^2}$$

$$(1) \Leftrightarrow 815 \cdot sR^2 \geq 3\sqrt{3}s^3(4Rr+r^2) \Leftrightarrow 81s^2rR^2 \geq 3\sqrt{3}s^3(4Rr+r^2) \Leftrightarrow$$

$$\begin{cases} 27rR^2 \geq \sqrt{3}s(4Rr+r^2) \\ s < \frac{3\sqrt{3}}{2}R \end{cases} \Rightarrow 27rR^2 \geq \sqrt{3} \cdot \frac{3\sqrt{3}}{2}R(4Rr+r^2)$$

$$\Leftrightarrow 54rR^2 \geq 9R(4Rr+r^2) \Leftrightarrow 6rR^2 \geq 4rR + Rr^2 \Leftrightarrow R \geq 2r(\text{Euler}).$$

SP.292. Let $ABCD$ be a tangential quadrilateral circumscribed to a circle with radii $r = 1$. Prove that:

$$[ABCD] \cdot \sum_{cyc} \mu(A) \sqrt{\mu(A) + \mu(B) + \mu(C)} \leq 2\pi \sqrt{\frac{3\pi}{2}} \left(\sum_{cyc} \cot \frac{A}{2} \right)$$

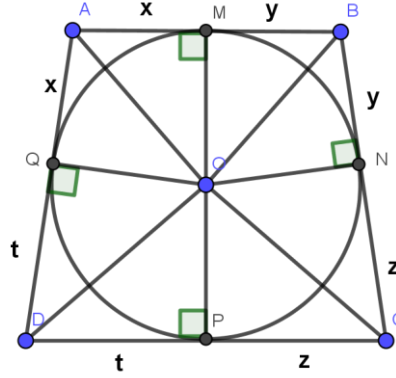
Proposed by Radu Diaconu – Romania

Solution by Șerban George Florin – Romania

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$$\mu(A) \leq \mu(B) \leq \mu(C) \leq \mu(D)$$

$$\Rightarrow 360^\circ - \mu(\hat{A}) \geq 360^\circ - \mu(\hat{B}) \geq 360^\circ - \mu(\hat{C}) \geq 360^\circ - \mu(\hat{D})$$

$$\begin{aligned} \mu(\hat{B}) + \mu(\hat{C}) + \mu(\hat{D}) &\geq \mu(\hat{A}) + \mu(\hat{C}) + \mu(\hat{D}) \geq \mu(\hat{A}) + \mu(\hat{B}) + \mu(\hat{D}) \geq \\ &\geq \mu(\hat{A}) + \mu(\hat{B}) + \mu(\hat{C}) \end{aligned}$$

Applying Cebyshev's inequality:

$$\sum_{cyc} \mu(A) \cdot \sqrt{\mu(A) + \mu(B) + \mu(C)} \leq \frac{1}{4} \left(\sum_{cyc} \mu(A) \right) \cdot \left(\sum_{cyc} \sqrt{\mu(A) + \mu(B) + \mu(C)} \right)$$

$$= \frac{2\pi}{3} \sum_{cyc} \sqrt{2\pi - \mu(A)} \stackrel{\text{Jensen}}{\leq} \frac{2\pi}{4} \cdot 4 \sqrt{\frac{3\pi}{2}} = 2\pi \sqrt{\frac{3\pi}{2}}$$

$$f: (0, 2\pi) \rightarrow \mathbb{R}, f(x) = \sqrt{2\pi - x} = (2\pi - x)^{\frac{1}{2}}$$

$$f'(x) = \frac{1}{2} (2\pi - x)^{-\frac{1}{2}} (-1) = -\frac{1}{2} (2\pi - x)^{-\frac{1}{2}}$$

$$f''(x) = -\frac{1}{4} (2\pi - x)^{-\frac{3}{2}} < 0 \Rightarrow f \text{ concave.}$$

$$\Rightarrow f\left(\frac{A+B+C+D}{4}\right) \geq \frac{\sum f(A)}{4} \Rightarrow \sum_{cyc} f(A) \leq 4f\left(\frac{A+B+C+D}{4}\right) = 4f\left(\frac{2A}{4}\right) =$$

$$= 4f\left(\frac{D}{2}\right) = 4 \sqrt{2\pi - \frac{D}{2}} = 4 \sqrt{\frac{3D}{2}}$$

$$AM = AQ = x, MB = BM = y, CN = CP = z, DQ = DP = t$$

$$\Rightarrow \Delta AMO, \text{ right-angled, } \cot \frac{A}{2} = \frac{AM}{OM} = AM = x$$

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$$\Rightarrow \sum_{cyc} \cot \frac{A}{2} = x + y + z + t = \frac{P_{ABCD}}{2}, OM = ON = OP = OQ = r = 1$$

$$S_{ABCD} = [ABCD] = S_{AOB} + S_{BOC} + S_{DOC} + S_{AOD} = \frac{AB \cdot OM}{2} + \frac{BC \cdot OM}{2} + \frac{OP + DC}{2} + \frac{OQ \cdot AD}{2} = \frac{P_{ABCD}}{2}$$

$$\begin{aligned} \Rightarrow [ABCD] \cdot \sum_{cyc} \mu(A) \sqrt{\mu(D) + \mu(B) + \mu(C)} &\leq \frac{P_{ABCD}}{2} \cdot 2\pi \sqrt{\frac{3\pi}{2}} = \\ &= 2\pi \sqrt{\frac{3\pi}{2}} \left(\sum_{cyc} \cot \frac{A}{2} \right), \text{ true} \end{aligned}$$

SP.293. If $0 < a \leq b < e$; $0 \leq x \leq y \leq z$; $x + y + z = 3$ then:

$$(x-1) \left(\frac{2ab}{a+b} \right)^{\frac{a+b}{2ab}} + (y-1) (\sqrt{ab})^{\frac{1}{ab}} + (z-1) \left(\frac{a+b}{2} \right)^{\frac{2}{a+b}} \geq 0$$

Proposed by Daniel Sitaru-Romania

Solution by George Florin Şerban-Romania

$$a \leq \frac{2ab}{a+b} \leq b \Rightarrow a + b \leq 2b \Rightarrow a \leq b \text{ true.}$$

$$a \leq \sqrt{ab} \leq b \Rightarrow a^2 \leq ab \leq b^2 \Rightarrow a \leq b \text{ true.}$$

$$a \leq \frac{a+b}{2} \leq b \Rightarrow 2a \leq a+b \leq 2b \text{ true.}$$

Let be the function $f: (0, e] \rightarrow \mathbb{R}, f(x) = \frac{\log x}{x}, f'(x) = \frac{1-\log x}{x^2}$

$$f'(x) = 0 \Leftrightarrow \log x = 1 \Leftrightarrow x = e$$

If $x \leq e, g(x) = \log x$ -increasing, then $1 - \log x \geq 0 \Rightarrow$

f -increasing on $(0, e]$

$$\left(\frac{2ab}{a+b} \right)^{\frac{a+b}{2ab}} \leq (\sqrt{ab})^{\frac{1}{ab}} \leq \left(\frac{a+b}{2} \right)^{\frac{2}{a+b}} \Leftrightarrow$$

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$$\log \left(\frac{2ab}{a+b} \right)^{\frac{a+b}{2ab}} \leq \log (\sqrt{ab})^{\frac{1}{ab}} \leq \log \left(\frac{a+b}{2} \right)^{\frac{2}{a+b}} \Leftrightarrow$$

$$\frac{\log \left(\frac{2ab}{a+b} \right)}{\frac{2ab}{a+b}} \leq \frac{\log (\sqrt{ab})}{\sqrt{ab}} \leq \frac{\log \left(\frac{a+b}{2} \right)}{\frac{a+b}{2}} \Leftrightarrow$$

$$\frac{2ab}{a+b} \leq \sqrt{ab} \leq \frac{a+b}{2} \quad (Hm - Gm - Am)$$

$$x \leq y \leq z \Rightarrow x - 1 \leq y - 1 \leq z - 1$$

Applying Cebyshev's inequality, we have:

$$\begin{aligned} & (x-1) \left(\frac{2ab}{a+b} \right)^{\frac{a+b}{2ab}} + (y-1) (\sqrt{ab})^{\frac{1}{ab}} + (z-1) \left(\frac{a+b}{2} \right)^{\frac{2}{a+b}} \geq \\ & \geq \frac{1}{3} \underbrace{(x-1 + y-1 + z-1)}_{=0} \left[\left(\frac{2ab}{a+b} \right)^{\frac{a+b}{2ab}} + (\sqrt{ab})^{\frac{1}{ab}} + \left(\frac{a+b}{2} \right)^{\frac{2}{a+b}} \right] \geq 0. \text{ Proved.} \end{aligned}$$

SP.294. If $a, b, c > 0, a + b + c = 3$. Then prove:

$$\frac{a^2}{\sqrt[3]{4(b^6 + 1) + 4b}} + \frac{b^2}{\sqrt[3]{4(c^6 + 1) + 4c}} + \frac{c^2}{\sqrt[3]{4(a^6 + 1) + 4a}} \geq \frac{1}{2}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Tran Hong-Dong Thap-Vietnam

$$\text{For } x, y > 0 \text{ we have: } 4(x^6 + y^6) \leq (3x^2 - 4xy + 3y^2)^3 \Leftrightarrow$$

$$(x - y)^4 (23x^2 - 16xy + 23y^2) \geq 0 \Leftrightarrow (x - y)^4 [23(x - y)^2 + 3xy] \geq 0 \text{ (true).}$$

$$\text{Now, choose: } x = a; y = 1 \Rightarrow 4(a^6 + 1) \leq (3a^2 - 4a + 3)^3;$$

$$\text{Similarly: } 4(b^6 + 1) \leq (3b^2 - 4b + 3)^3 \text{ and } 4(c^6 + 1) \leq (3c^2 - 4c + 3)^3 \Rightarrow$$

$$\Omega = \sum_{cyc} \frac{a^2}{\sqrt[3]{4(b^6 + 1) + 4b}} \geq \sum_{cyc} \frac{a^2}{3b^2 - 4b + 3 + 4b} = \sum_{cyc} \frac{a^2}{3b^2 + 3} = \frac{1}{3} \sum_{cyc} \frac{(a^2)^2}{a^2 b^2 + a^2} \geq$$

$$\begin{aligned} & \geq \frac{1}{3} \cdot \frac{(\sum a^2)^2}{\sum a^2 + \sum a^2 b^2} \stackrel{(*)}{\geq} \frac{1}{2} \end{aligned}$$

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$$(*) \Leftrightarrow 2 \left(\sum a^4 + 2 \sum a^2 b^2 \right) \geq 3 \left(\sum a^2 + \sum a^2 b^2 \right) \Leftrightarrow$$

$$2 \sum a^4 + \sum a^2 b^2 \geq 3 \sum a^2 = \frac{1}{3} \cdot 9 \left(\sum a^2 \right)^{a+b+c=3} \stackrel{(\sum a)^2 \sum a^2}{=} \frac{(\sum a)^2 \sum a^2}{3}; (1)$$

$$\text{But: } a^2 + b^2 + c^2 \stackrel{\text{Bergström}}{\geq} \frac{(a+b+c)^2}{3} \Rightarrow \frac{(\sum a)^2 \sum a^2}{3} \leq (\sum a^2)^2; (2)$$

From (1),(2) we need to prove:

$$2 \sum a^4 + \sum a^2 b^2 \geq \sum a^4 + 2 \sum a^2 b^2 \Leftrightarrow \sum a^4 \geq \sum a^2 b^2$$

Which is true, because: $X^2 + Y^2 + Z^2 \geq XY + YZ + ZX$

Chose: $X = a^2; Y = b^2; Z = c^2 \Rightarrow (*)$ is true. *Proved.*

Solution 2 by proposer

By Am-Gm inequality, we have: $\sqrt[3]{4(b^6 + 1)} = \sqrt[3]{4(b^2 + 1)(b^4 - b^2 + 1)} =$

$$= 2 \sqrt[3]{\frac{b^2 + 1}{2} (2 - \sqrt{3})(b^2 + b\sqrt{3} + 1)(2 + \sqrt{3})(b^2 - b\sqrt{3} + 1)} \leq$$

$$\leq 2 \cdot \frac{\frac{b^2 + 1}{2} + (2 - \sqrt{3})(b^2 + b\sqrt{3} + 1) + (2 + \sqrt{3})(b^2 - b\sqrt{3} + 1)}{3} = 3b^2 - 4b + 3$$

$$\Rightarrow \sqrt[3]{4(b^6 + 1)} + 4b \leq 3(b^2 + 1) \Leftrightarrow \frac{1}{\sqrt[3]{4(b^6 + 1)} + 4b} \geq \frac{1}{3(b^2 + 1)} \Leftrightarrow$$

$$\frac{a^2}{\sqrt[3]{4(b^6+1)+4b}} \geq \frac{a^2}{3(b^2+1)}. \text{ Similarly:}$$

$$\frac{b^2}{\sqrt[3]{4(c^6 + 1)} + 4c} \geq \frac{b^2}{3(c^2 + 1)}; \frac{c^2}{\sqrt[3]{4(a^6 + 1)} + 4a} \geq \frac{c^2}{3(a^2 + 1)}$$

Therefore: $\frac{a^2}{\sqrt[3]{4(b^6+1)+4b}} + \frac{b^2}{\sqrt[3]{4(c^6+1)+4c}} + \frac{c^2}{\sqrt[3]{4(a^6+1)+4a}} \geq$

$$\geq \frac{1}{3} \left(\frac{a^2}{b^2 + 1} + \frac{b^2}{c^2 + 1} + \frac{c^2}{a^2 + 1} \right); (1)$$

Other $\frac{a^2}{b^2+1} + \frac{b^2}{c^2+1} + \frac{c^2}{a^2+1} =$

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$$\begin{aligned}
 &= \frac{a^2(1+b^2) - a^2b^2}{b^2+1} + \frac{b^2(1+c^2) - b^2c^2}{c^2+1} + \frac{c^2(1+a^2) - c^2a^2}{a^2+1} \geq \\
 &\geq (a^2 + b^2 + c^2) - \frac{a^2b^2}{2b} - \frac{b^2c^2}{2c} - \frac{c^2a^2}{2a} = \\
 &= (a^2 + b^2 + c^2) - \frac{1}{2}(a^2b + b^2c + c^2a) \stackrel{\text{Chebyshev's}}{\geq} \\
 &\geq a^2 + b^2 + c^2 - \frac{1}{2} \cdot \frac{(a+b+c)(a^2+b^2+c^2)}{3} \\
 &\geq a^2 + b^2 + c^2 - \frac{1}{2}(a^2 + b^2 + c^2) = \frac{a^2 + b^2 + c^2}{2} \\
 \Rightarrow \frac{a^2}{b^2+1} + \frac{b^2}{c^2+1} + \frac{c^2}{a^2+1} &\geq \frac{a^2 + b^2 + c^2}{2} \stackrel{QAM}{\geq} \frac{(a+b+c)^2}{2} = \frac{(a+b+c)^2}{6} = \frac{3}{2}; (2)
 \end{aligned}$$

For (1),(2) we have:

$$\frac{a^2}{\sqrt[3]{4(b^6+1)+4b}} + \frac{b^2}{\sqrt[3]{4(c^6+1)+4c}} + \frac{c^2}{\sqrt[3]{4(a^6+1)+4a}} \geq \frac{3}{2} \cdot \frac{1}{3} \geq \frac{1}{2}$$

Equality occurs if $a = b = c = 1$.

SP.295. In $\triangle ABC$ the following relationship holds:

$$(a+2r)(b+2r)(c+2r) \geq 2R^3(3\sqrt{3}+5)$$

Proposed by Florentin Vişescu-Romania

Solution 1 by Daniel Văcaru-Romania

$$\text{We have: } (a+2r)(b+2r)(c+2r) = 8R^3 \prod_{cyc} \left(\sin A + \frac{r}{R} \right) \quad (1)$$

Consider the function $f: (0, \pi) \rightarrow \mathbb{R}, f(x) = \log \left(\sin x + \frac{r}{R} \right)$.

We obtain second derivate as $f''(x) = \frac{-1 + \frac{r}{R} \sin x}{(\sin x + \frac{r}{R})^2} \leq 0, \forall x \in (0, \pi)$

Then $\sum_{cyc} \log \left(\sin x + \frac{r}{R} \right) \leq 3 \log \left(\sin \left(\frac{\sum A}{3} \right) + \frac{r}{R} \right) \Rightarrow$

$$\left(\prod_{cyc} \left(\sin A + \frac{r}{R} \right) \right) \leq \left(\frac{\sqrt{3}}{2} + \frac{r}{R} \right)^3 \leq \frac{(\sqrt{3}+1)^3}{8} = \frac{2(3\sqrt{3}+5)}{8}$$

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From (1) we obtain

$$(a+2r)(b+2r)(c+2r) = 8R^3 \prod_{cyc} \left(\sin A + \frac{r}{R} \right) \leq \frac{8R^3 \cdot 2(3\sqrt{3}+5)}{8} = 2R^3(3\sqrt{3}+5)$$

Solution 2 by Marin Chirciu-Romania

Lema:

1) In $\triangle ABC$ we have $(a+2r)(b+2r)(c+2r) = 2r[p^2 + 2p(R+2r) + r(4R+5r)]$.

Demonstration:

We have:

$$\begin{aligned} \prod(a+2r) &= abc + 4r^2 \sum a + 2r \sum bc + 8r^3 = 4Rrp + 4r^2 \cdot 2p + 2r(p^2 + r^2 + 4Rr) + 8r^3 = \\ &= 2r[p^2 + 2p(R+2r) + r(4R+5r)], \end{aligned}$$

Then $abc = 4Rrp$, $\sum a = 2p$, $\sum bc = p^2 + r^2 + 4Rr$.

Using lema Lema the inequality can be rewrite

$$2r[p^2 + 2p(R+2r) + r(4R+5r)] \leq 2R^3(5+3\sqrt{3}), \text{ from Gerretsen inequality}$$

$$p^2 \leq 4R^2 + 4Rr + 3r^2 \text{ and Doucet inequality } p\sqrt{3} \leq 4R+r.$$

We must show that:

$$2r \left[4R^2 + 4Rr + 3r^2 + 2 \cdot \frac{4R+r}{\sqrt{3}}(R+2r) + r(4R+5r) \right] \leq 2R^3(5+3\sqrt{3}) \Leftrightarrow$$

$$\Leftrightarrow \frac{2r}{\sqrt{3}} \left[(8+4\sqrt{3})R^2 + (18+8\sqrt{3})Rr + (4+8\sqrt{3})r^2 \right] \leq 2R^3(5+3\sqrt{3}) \Leftrightarrow$$

$$\Leftrightarrow R^3(9+5\sqrt{3}) - (8+4\sqrt{3})R^2r - (18+8\sqrt{3})Rr^2 - (4+8\sqrt{3})r^3 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow (R-2r) \left[(9+5\sqrt{3})R^2 + (10+6\sqrt{3})Rr + (2+4\sqrt{3})r^2 \right] \geq 0,$$

True from Euler $R \geq 2r$.

Equality if only if the triangle is equilateral.

Remark

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Let's determine an opposite inequality.

2) In $\triangle ABC$ the following relationship holds

3)

$$(a+2r)(b+2r)(c+2r) \geq 16r^3(5+3\sqrt{3}).$$

Proposed by Marin Chirciu-Romania

Using lema we can rewrite

$$2r[p^2 + 2p(R+2r) + r(4R+5r)] \geq 16r^3(5+3\sqrt{3}), \text{ true from Gerretsen } p^2 \geq 16Rr - 5r^2 \text{ and Mitrinović } p \geq 3r\sqrt{3}.$$

We must show:

$$2r[16Rr - 5r^2 + 2 \cdot 3r\sqrt{3}(R+2r) + r(4R+5r)] \geq 16r^3(5+3\sqrt{3}) \Leftrightarrow$$

$$\Leftrightarrow R(5+3\sqrt{3}) \geq 2r(5+3\sqrt{3}), \text{ true from Euler } R \geq 2r.$$

Equality if only if the triangle is equilateral.

Remark

4) In $\triangle ABC$ the following relationship holds

$$16r^3(5+3\sqrt{3}) \leq (a+2r)(b+2r)(c+2r) \leq 2R^3(5+3\sqrt{3}).$$

Proposed by Marin Chirciu-Romania

Solution:

See the relation 1) and 2).

Equality if only if the triangle is equilateral.

SP.296. In acute $\triangle ABC$, H – orthocenter, O – circumcenter, I – incenter the following relationship holds:

$$\sum_{cyc} \left(\frac{(r_a + AH)^2}{\mu(A) + r_a \cos A} \right) \geq \frac{36(4OI^2 + 12Rr + r^2)}{4\pi + 9R}$$

Proposed by Radu Diaconu-Romania

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Solution by Daniel Văcaru-Romania

We know that in acute triangle $r_a + AH = 2R + r$. On the other hand,
 $4OI^2 + 12Rr + r^2 = 4R^2 - 8Rr + 12Rr + r^2 = (2R + r)^2$. We obtain:

$$\sum_{cyc} \left(\frac{(r_a + AH)^2}{\mu(A) + r_a \cos A} \right) = (2R + r)^2 \sum_{cyc} \left(\frac{1}{\mu(A) + r_a \cos A} \right)$$

$$\stackrel{\text{Bergstrom}}{\geq} (2R + r)^2 \frac{9}{\sum \mu(A) + \sum r_a \cos A} = \frac{9(2R + r)^2}{\pi + \sum r_a \cos A}$$

We have $\sum r_a \cos A = \sum r_a \left(2\cos^2 \frac{A}{2} - 1 \right) = 2 \sum r_a \cos^2 \frac{A}{2} - \sum r_a = \frac{s^2}{R} - 4R - r$.

We intend to prove that: $\frac{s^2}{R} - 4R - r \leq \frac{9R}{4} \Leftrightarrow \frac{s^2}{R} - r \leq \frac{25R}{4}$. With Gerretsen,

$$s^2 \leq 4R^2 + 4Rr + 3r^2 \Rightarrow 4R^2 + 3Rr + 3r^2 \leq \frac{25R^2}{4}$$

$$\Rightarrow 3R^2 \geq 4Rr + 4r^2 \Rightarrow 3 \left(\frac{R}{r} \right)^2 - 4 \left(\frac{R}{r} \right) - 4 \geq 0$$

But we obtain $\Delta = 64$ and $\frac{R}{r} = 2$ or $\frac{R}{r} = -\frac{2}{3}$.

It's clearly that: $3 \left(\frac{R}{r} \right)^2 - 4 \left(\frac{R}{r} \right) - 4 \geq 0$. We have

$$\sum_{cyc} \left(\frac{(r_a + AH)^2}{\mu(A) + r_a \cos A} \right) \geq \frac{(2R + r)^2}{\pi + \sum r_a \cos A} \geq \frac{9(2R + r)^2}{\pi + \frac{9R}{4}} = \frac{36(2R + r)^2}{4\pi + 9R}$$

$$= \frac{36(4OI^2 + 12Rr + r^2)}{4\pi + 9R}$$

SP.297 If $a, b, c > 0$ such that $a + b + c = 3$. Prove that:

$$\frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} + \frac{b}{7ca + \sqrt[3]{4(c^6 + a^6)}} + \frac{c}{7ab + \sqrt[3]{4(a^6 + b^6)}} + \frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{7}{12}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Tran Hong-Dong Thap-Vietnam

For $a, b > 0$ we have $4(a^6 + b^6) \leq (3a^2 - 4ab + 3b^2)^3 \Leftrightarrow$

$(a - b)^4(23a^2 - 16ab + 23b^2) \geq 0$ (true) $\forall a, b > 0$. Equality $\Leftrightarrow a = b$.

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Similary: $4(a^6 + c^6) \leq (3a^2 - 4ac + 3c^2)^3$ and $4(c^6 + b^6) \leq (3c^2 - 4cb + 3b^2)^3$
 $\Rightarrow \Omega_1 = \sum_{cyc} \frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} \geq \sum_{cyc} \frac{a}{3b^2 - 4bc + 3c^2 + 7bc} = \sum_{cyc} \frac{a}{3(b^2 + bc + c^2)} = \Omega_2$

$$\Phi = \sum_{cyc} \frac{a}{(b^2 + bc + c^2)} = \sum_{cyc} \frac{a^2}{a(b^2 + bc + c^2)} \stackrel{\text{Bergstrom}}{\geq} \frac{(a+b+c)^2}{ab(a+b) + bc(b+c) + ca(c+a) + 3abc} = \frac{(a+b+c)^2}{(a+b+c)(ab+bc+ca)} = \frac{a+b+c}{ab+bc+ca} = \frac{3}{ab+bc+ca} \Rightarrow \Omega_2 \geq \frac{1}{3} \cdot \Phi = \frac{1}{ab+bc+ca} \Rightarrow$$

$$\Omega_1 = \sum_{cyc} \frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} \geq \Omega_2 \geq \frac{1}{ab+bc+ca}; (1)$$

$$\sqrt[3]{a} + \sqrt[3]{a} + \sqrt[3]{a} + a^2 + a^2 \stackrel{AGM}{\geq} 5 \sqrt[5]{(\sqrt[3]{a})^3 \cdot a^2 \cdot a^2} = 5 \sqrt[5]{a^5} = 5a$$

$$\Rightarrow 3\sqrt[3]{a} + 2a^2 \geq 5a \Rightarrow 3\sqrt[3]{a} \geq 5a - 2a^2$$

Similary: $3\sqrt[3]{b} \geq 5b - 2b^2$ and $3\sqrt[3]{c} \geq 5c - 2c^2 \Rightarrow$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}) \geq 5(a+b+c) - 2(a^2 + b^2 + c^2) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}) \geq 15 - 2(a^2 + b^2 + c^2); (a+b+c=3) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1) \geq 18 - 2(a^2 + b^2 + c^2) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1) \geq 2(a+b+c)^2 - 2(a^2 + b^2 + c^2) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1) \geq 2(a^2 + b^2 + c^2 + 2ab + 2bc + 2ca) - 2(a^2 + b^2 + c^2)$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}) \geq 4(ab + bc + ca) - 3 \Leftrightarrow$$

$$\frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{4(ab + bc + ca) - 3}{36} \Leftrightarrow \frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{ab + bc + ca}{9} - \frac{1}{12}; (2)$$

From (1),(2) we have:

$$\sum_{cyc} \frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} + \frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{1}{ab + bc + ca} + \frac{ab + bc + ca}{9} - \frac{1}{12} \stackrel{AGM}{\geq}$$

$$\geq 2 \sqrt{\frac{1}{ab + bc + ca} \cdot \frac{ab + bc + ca}{9}} - \frac{1}{12} = \frac{2}{3} - \frac{1}{12} = \frac{7}{12}$$

Proved. Equality if $a = b = c = 1$.

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Solution 2 by proposer

$$\begin{aligned} \text{We have: } b^6 + c^6 &= (b^2 + c^2)(b^4 - b^2c^2 + c^4) = (b^2 + c^2) \left((b^2 + c^2)^2 - (bc\sqrt{3})^2 \right) = \\ &= (b^2 + c^2)(b^2 - bc\sqrt{3} + c^2)(b^2 + bc\sqrt{3} + c^2) \end{aligned}$$

By inequality Am-Gm for three positive real numbers:

$$\begin{aligned} \sqrt[3]{4(b^6 + c^6)} &= \sqrt[3]{(b^2 + c^2)2(2 + \sqrt[3]{3})(b^2 - bc\sqrt{3} + c^2)2(2 - \sqrt[3]{3})(b^2 + bc\sqrt{3} + c^2)} \leq \\ &\leq \frac{(b^2 + c^2) + 2(2 + \sqrt[3]{3})(b^2 - bc\sqrt{3} + c^2) + 2(2 - \sqrt[3]{3})(b^2 + bc\sqrt{3} + c^2)}{3} = \end{aligned}$$

$$= \frac{9b^2 - 12bc + 9c^2}{3} \Leftrightarrow \frac{1}{7bc + \sqrt[3]{4(b^6 + c^6)}} \geq \frac{1}{3(b^2 + bc + c^2)}$$

$$\Leftrightarrow \frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} \geq \frac{a}{3(b^2 + bc + c^2)}; (2)$$

$$\text{Similar: } \frac{b}{7ac + \sqrt[3]{4(a^6 + c^6)}} \geq \frac{b}{3(a^2 + ac + c^2)}; (3)$$

$$\frac{c}{7ab + \sqrt[3]{4(a^6 + b^6)}} \geq \frac{c}{3(a^2 + ab + b^2)}; (4)$$

For (2),(3),(4) we have:

$$\begin{aligned} \sum_{cyc} \frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} &\geq \sum_{cyc} \frac{a}{3(b^2 + bc + c^2)} = \frac{1}{3} \sum_{cyc} \frac{a}{b^2 + bc + c^2} = \\ &= \frac{1}{3} \sum_{cyc} \frac{a^2}{a(b^2 + bc + c^2)} \stackrel{\text{Bergstrom}}{\geq} \frac{1}{3} \cdot \frac{(a+b+c)^2}{\sum a(b^2 + bc + c^2)} = \\ &= \frac{1}{3} \cdot \frac{(a+b+c)^2}{ab(a+b) + bc(b+c) + ca(c+a) + 3abc} = \frac{1}{3} \cdot \frac{(a+b+c)^2}{(a+b+c)(ab+bc+ca)} = \\ &= \frac{1}{3} \cdot \frac{a+b+c}{ab+bc+ca} \stackrel{a+b+c=3}{=} \frac{1}{ab+bc+ca}; (5) \end{aligned}$$

$$\sqrt[3]{a} + \sqrt[3]{a} + \sqrt[3]{a} + a^2 + a^2 \stackrel{AGM}{\geq} 5 \sqrt[5]{(\sqrt[3]{a})^3 \cdot a^2 \cdot a^2} = 5 \sqrt[5]{a^5} = 5a \Rightarrow$$

$$3\sqrt[3]{a} + 2a^2 \geq 5a \Rightarrow 3\sqrt[3]{a} \geq 5a - 2a^2. \text{ Similar:}$$

$$3\sqrt[3]{b} \geq 5b - 2b^2 \text{ and } 3\sqrt[3]{c} \geq 5c - 2c^2 \Rightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}) \geq 5(a+b+c) - 2(a^2 + b^2 + c^2) \Leftrightarrow$$

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$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}) \geq 15 - 2(a^2 + b^2 + c^2); (a + b + c = 3) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1) \geq 18 - 2(a^2 + b^2 + c^2) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1) \geq 2(a + b + c)^2 - 2(a^2 + b^2 + c^2) \Leftrightarrow$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1) \geq 2(a^2 + b^2 + c^2 + 2ab + 2bc + 2ca) - 2(a^2 + b^2 + c^2)$$

$$3(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}) \geq 4(ab + bc + ca) - 3 \Leftrightarrow$$

$$\frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{4(ab + bc + ca) - 3}{36} \Leftrightarrow \frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{ab + bc + ca}{9} - \frac{1}{12}; (6)$$

From (1),(2) we have:

$$\sum_{cyc} \frac{a}{7bc + \sqrt[3]{4(b^6 + c^6)}} + \frac{\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c}}{12} \geq \frac{1}{ab + bc + ca} + \frac{ab + bc + ca}{9} - \frac{1}{12} \stackrel{AGM}{\geq}$$

$$\geq 2 \sqrt{\frac{1}{ab + bc + ca} \cdot \frac{ab + bc + ca}{9}} - \frac{1}{12} = \frac{2}{3} - \frac{1}{12} = \frac{7}{12}$$

$$\text{Proved.Equality if } \begin{cases} a, b, c > 0, a + b + c = 3 \\ a = b = c \\ \frac{1}{a^2 + ab + b^2} = \frac{1}{b^2 + bc + c^2} = \frac{1}{c^2 + ca + a^2} \Leftrightarrow a = b = c = 1. \\ \frac{1}{ab + bc + ca} = \frac{ab + bc + ca}{9} \end{cases}$$

SP.298. Find without softs:

$$\Omega = \int_0^{\frac{\pi}{4}} \left(\log(\cos 2x) + \left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) \right) dx$$

Proposed by Pedro Pantoja-Natal-Brazil

Solution 1 by Tobi Joshua-Nigeria

$$\begin{aligned} I &= \int_0^{\frac{\pi}{4}} \left(\log(\cos 2x) + \left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) \right) dx \\ &= \int_0^{\frac{\pi}{4}} \log(\cos 2x) dx + \int_0^{\frac{\pi}{4}} \left(\frac{\cos x - \sin x}{\cos x + \sin x} \right) \log(\sin x + \cos x) dx \end{aligned}$$

$$\begin{aligned}
 &= \frac{1}{2} \int_0^{\frac{\pi}{2}} \log(\cos 2x) dx + 2 \int_0^{\frac{\pi}{4}} \left(\frac{\log(\cos x + \sin x)}{\cos x + \sin x} \right) d(\cos x + \sin x) \\
 &= \frac{1}{2} \left[\frac{\partial}{\partial s} \right]_{s=0} \int_0^{\frac{\pi}{2}} \cos^s x dx + 2 \left[\frac{\log^2(\cos x + \sin x)}{2} \right]_0^{\frac{\pi}{4}} \\
 &= \frac{1}{2} \left[\frac{\partial}{\partial s} \right]_{s=0} \int_0^{\frac{\pi}{2}} \cos^s x \sin^0 x dx + 2 \left(\frac{\log^2\left(\frac{2}{\sqrt{2}}\right)}{2} \right) \\
 &= \frac{1}{2} \left[\frac{\partial}{\partial s} \right]_{s=0} \frac{\Gamma\left(\frac{s+1}{2}\right) \Gamma\left(\frac{1}{2}\right)}{2\Gamma\left(\frac{s+2}{2}\right)} + 2 \left(\frac{\log^2\left(\frac{2}{\sqrt{2}}\right)}{2} \right) \\
 &= \frac{\sqrt{\pi}}{4} \left[\frac{\partial}{\partial s} \right]_{s=0} \left[\frac{\frac{1}{2} \Gamma'\left(\frac{s+1}{2}\right)}{\Gamma\left(\frac{s+2}{2}\right)} - \frac{\frac{1}{2} \Gamma'\left(\frac{s+1}{2}\right) \Gamma\left(\frac{s+1}{2}\right)}{\Gamma^2\left(\frac{s+2}{2}\right)} \right]_{s=0} + \log^2\left(\frac{2}{\sqrt{2}}\right) \\
 &= \frac{\sqrt{\pi}}{4} \left[\frac{\frac{1}{2} \Gamma'\left(\frac{1}{2}\right)}{\Gamma(1)} - \frac{\frac{1}{2} \Gamma'(1) \Gamma\left(\frac{1}{2}\right)}{\Gamma^2(1)} \right] + \log^2\left(\frac{2}{\sqrt{2}}\right) \\
 &= \frac{\sqrt{\pi}}{4} \left[\frac{\frac{1}{2} \psi\left(\frac{1}{2}\right) \sqrt{\pi}}{\Gamma(1)} - \frac{\frac{1}{2} \psi(1) \sqrt{\pi}}{\Gamma^2(1)} \right] + \log^2\left(\frac{2}{\sqrt{2}}\right) \\
 &= \frac{\pi}{4} \left[\frac{\psi\left(\frac{1}{2}\right)}{2} - \frac{\psi(1)}{2} \right] + \log^2\left(\frac{2}{\sqrt{2}}\right) \\
 &= \frac{\pi}{4} \left[\frac{(-\gamma - 2\log 2)}{2} + \frac{\gamma}{2} \right] + \log^2\left(\frac{2}{\sqrt{2}}\right) = \frac{-\pi \log 2}{4} + \log^2\left(\frac{2}{\sqrt{2}}\right)
 \end{aligned}$$

Solution 2 by Avishek Mitra-West Bengal-India

$$I = \int_0^{\frac{\pi}{4}} \left(\left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) \right) dx$$

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$$= 2 \int_0^{\frac{\pi}{4}} \left(\frac{\cos x - \sin x}{\cos x + \sin x} \right) \log(\cos x + \sin x) dx \quad \begin{matrix} \sin x + \cos x = z \\ (\cos x - \sin x) dx = dz \\ = \end{matrix}$$

$$= 2 \int_1^{\sqrt{2}} \frac{\log z}{z} dz = 2 \int_1^{\sqrt{2}} \log z d(\log z) = 2 \left[\frac{\log^2 z}{2} \right]_1^{\sqrt{2}} = \log^2 \sqrt{2} - \log^2 1 = \frac{1}{4} \log^2 2$$

$$I = \int_0^{\frac{\pi}{4}} \log(\cos 2x) dx = \frac{1}{2} \int_0^{\frac{\pi}{2}} \log(\cos x) dx = I_1$$

$$I_1 = \int_0^{\frac{\pi}{2}} \log(\cos x) dx = \int_0^{\frac{\pi}{2}} \log(\sin x) dx = I_1$$

$$\Rightarrow 2I_1 = \int_0^{\frac{\pi}{2}} \log(\sin x \cdot \cos x) dx = \int_0^{\frac{\pi}{2}} \log\left(\frac{\sin 2x}{2}\right) dx$$

$$\Rightarrow 2I_1 = \frac{1}{2} \int_0^{\pi} \log(\sin x) dx - \frac{\pi}{2} \log 2$$

$$\therefore \int_0^{2a} f(x) dx = 2 \int_0^a f(x) dx; \text{ if } f(2a - x) = f(x)$$

$$\Rightarrow 2I_1 = \frac{1}{2} \cdot \int_0^{\frac{\pi}{2}} \log(\sin x) dx - \frac{\pi}{2} \log 2$$

$$\Rightarrow 2I_1 - I_1 = -\frac{\pi}{2} \log 2 \Rightarrow I_1 = -\frac{\pi}{4} \log 2$$

$$\Omega = \frac{1}{4} \log^2 2 - \frac{\pi}{4} \log 2$$

Solution 3 by Mokhtar Khassani-Mostaganem-Algerie

$$\int_0^{\frac{\pi}{4}} \left(\log(\cos 2x) + \left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) \right) dx$$

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$$\begin{aligned}
 &= I = \int_0^{\frac{\pi}{4}} \log(\cos 2x) dx + \int_0^{\frac{\pi}{4}} \left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) dx \\
 &= \frac{1}{8} \lim_{y \rightarrow \frac{1}{2}} \frac{d}{dy} B\left(\frac{1}{2}, y\right) + \frac{1}{2} \int_0^{\frac{\pi}{4}} (\log(1 + \sin 2x))' \log(1 + \sin 2x) dx \\
 &= -\frac{\pi}{4} \log 2 + \frac{1}{4} [\log^2(1 + \sin 2x)]_0^{\frac{\pi}{4}} = \frac{\log 2 (\log 2 - \pi)}{4}
 \end{aligned}$$

Solution 4 by Zaharia Burghilea-Romania

$$\begin{aligned}
 \Omega &= \int_0^{\frac{\pi}{4}} \left(\log(\cos 2x) + \left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) \right) dx \\
 &= I + J = \frac{1}{4} \log^2 2 - \frac{\pi}{4} \log 2 \\
 J &:= \int_0^{\frac{\pi}{4}} \left(\left(\frac{1 - \tan x}{1 + \tan x} \right) \log(1 + \sin 2x) \right) dx \\
 &\stackrel{x \rightarrow \frac{\pi}{4} - x}{=} \int_0^{\frac{\pi}{4}} \tan x \cdot \log(1 + \cos 2x) dx \\
 &= -\frac{1}{2} \int_0^{\frac{\pi}{4}} (\log(1 + \cos 2x))' \log(1 + \cos 2x) dx = -\frac{1}{4} [\log^2(1 + \cos 2x)]_0^{\frac{\pi}{4}} \\
 &= \frac{\log^2 2}{4} \\
 I &:= \int_0^{\frac{\pi}{4}} \log(\cos 2x) dx \stackrel{x \rightarrow \frac{\pi}{4} - x}{=} \int_0^{\frac{\pi}{4}} \log(\sin 2x) dx \\
 2I &= \int_0^{\frac{\pi}{4}} \log(\sin 2x \cdot \cos 2x) dx = \int_0^{\frac{\pi}{4}} \left(\log\left(\frac{1}{2}\right) + \log(\sin 4x) \right) dx
 \end{aligned}$$

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$$\begin{aligned}
 & \stackrel{2x \rightarrow x}{=} -\frac{\pi}{4} \log 2 + \frac{1}{2} \int_0^{\frac{\pi}{2}} \log(\sin 2x) dx \\
 & \int_{\frac{\pi}{4}}^{\frac{\pi}{2}} \log(\sin 2x) dx \stackrel{x - \frac{\pi}{4} \rightarrow x}{=} \int_0^{\frac{\pi}{4}} \log(\sin 2x) dx = I \\
 & 2I = -\frac{\pi}{4} \log 2 + I \Rightarrow I = -\frac{\pi}{4} \log 2
 \end{aligned}$$

SP.299. Solve for real numbers:

$$\begin{cases} \sqrt{x^2 + y^2} + \sqrt{(x-4)^2 + y^2} + \sqrt{x^2 + (y-3)^2} + \sqrt{(x-4)^2 + (y-3)^2} = 10 \\ x + 2y = 5z \end{cases}$$

Proposed by Daniel Sitaru-Romania

Solution 1 by Daniel Văcaru-Romania

Consider the rectangle $ABCD$ with $A(0, 0)$; $B(4, 0)$; $C(4, 3)$; $D(0, 3)$ and $M(x, y)$.

With triangle inequalities, we have $MA + MC \geq AC = 5$ and $MB + MD \geq BD = 5$

We obtain

$$\sqrt{x^2 + y^2} + \sqrt{(x-4)^2 + y^2} + \sqrt{x^2 + (y-3)^2} + \sqrt{(x-4)^2 + (y-3)^2} \geq 10.$$

Equality is attained when M is the center of rectangle $ABCD$.

We obtain $x = 2, y = \frac{3}{2}$, and $x + 2y = 2 + \frac{2 \cdot 3}{2} = 5 \Rightarrow z = 1$.

Then $(x, y, z) = \left(2, \frac{3}{2}, 1\right)$

Solution 2 by Abner Chinga Bazo-Lima-Peru

By Minkowsky inequality we have:

$$\sqrt{x^2 + y^2} + \sqrt{(x-4)^2 + (y-3)^2} \geq \sqrt{3^2 + 4^2} = 5$$

Equality occurs when: $\frac{x-4}{x} = \frac{y-3}{y} = k \Rightarrow \begin{cases} x = 4k \\ y = 3k \end{cases}$

$$\text{If } \sqrt{x^2 + y^2} + \sqrt{(x-4)^2 + (y-3)^2} = 5$$

$$\Rightarrow \sqrt{(3k)^2 + (4k)^2} + \sqrt{(3k-4)^2 + (4k-3)^2} = 5$$

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$$\begin{aligned}\Rightarrow \sqrt{25k^2} + \sqrt{25(k^2 - 2k + 1)} &= 5 \Rightarrow 5|k| + 5|k - 1| = 5 \\ &\Rightarrow |k| + |k - 1| = 1\end{aligned}$$

Case 1: $k \in (-\infty, 0) \Rightarrow -k - (k - 1) = 1 \Rightarrow k = 0 \Rightarrow k \in \emptyset$

Case 2: $k \in [0, 1) \Rightarrow k - (k - 1) = 1 \Rightarrow k \in \mathbb{R} \Rightarrow k \in [0, 1)$

Case 3: $k \in [1, \infty) \Rightarrow k + k - 1 = 1 \Rightarrow k = 1$

$$\sqrt{x^2 + y^2} + \sqrt{(x - 4)^2 + (y - 3)^2} = 5 \Rightarrow k \in [0, 1) \quad (i)$$

$$\sqrt{(x - 4)^2 + y^2} + \sqrt{x^2 + (y - 3)^2} \geq \sqrt{3^2 + 4^2} = 5$$

Equality occurs when: $\frac{x-4}{x} = \frac{y-4}{y} = k \Rightarrow \begin{cases} x = 4k \\ y = 3k \end{cases}$

If $\sqrt{(x - 4)^2 + y^2} + \sqrt{x^2 + (y - 3)^2} = 5$

$$\Rightarrow \sqrt{(4k - 4)^2 + (3k)^2} + \sqrt{(4k)^2 + (3k - 3)^2} = 5$$

$$\Rightarrow \sqrt{25k^2 - 32k + 16} + \sqrt{25k^2 - 18k + 9} = 5 \text{ solving the equation: } k = \frac{1}{2}$$

$$\sqrt{(x - 4)^2 + y^2} + \sqrt{x^2 + (y - 3)^2} = 5 \Rightarrow k = \frac{1}{2} \quad (ii)$$

From (i),(ii) we get:

$$\sqrt{x^2 + y^2} + \sqrt{(x - 4)^2 + y^2} + \sqrt{(x - 4)^2 + (y - 3)^2} = 10,$$

$$x = 4k, y = 3k, k = \frac{1}{2}$$

If $\sqrt{x^2 + y^2} + \sqrt{(x - 4)^2 + y^2} + \sqrt{(x - 4)^2 + (y - 3)^2} = 10 \Rightarrow x = 2; y = \frac{3}{2}$

But: $x + 2y = 5z \Rightarrow z = 1$

So, $(x, y, z) = \left(2, \frac{3}{2}, 1\right)$

SP.300. If $A \in M_n(\mathbb{R}); A^3 = 2A^2 + 7A + 4I_n$ then find:

$$\Omega = \det(A^2 - 3A + 3I_n)$$

Proposed by Marian Ursărescu-Romania

Solution by proposer

$$A^3 - 2A^2 - 7A - 4I_n = O_n$$

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Let: $f(x) = x^3 - 2x^2 - 7x - 4 = (x + 1)^2(x - 4) \Rightarrow f(A) = O_n$

Let be m_A – the minimal polynomial $m_A/f \Rightarrow m_A(x) = (x + 1)^{k_1}(x - 4)^{k_2}$, from

Frobenius theorem, result $p_A(x) = (x + 1)^{p_1}(x - 4)^{p_2}$, $p_1 + p_2 = n$; (1)

$$p_A(x) = \det(xI_n - A) = (-1)^n \det(A - xI_n); (2)$$

Let be the equation: $x^2 - 3x + 3 = 0$ with roots $x_{1,2} = \frac{-3 \pm i\sqrt{3}}{2} = 1 \pm \frac{1 \pm i\sqrt{3}}{2}$

Where the equation: $x^2 - x + 1 = 0$ have the roots $\frac{1 \pm i\sqrt{3}}{2}$.

$$\alpha = 1 + \varepsilon; \varepsilon^2 - \varepsilon + 1 = 0, \varepsilon^3 = -1, \varepsilon^6 = 1, \varepsilon + \bar{\varepsilon} = 1, \varepsilon \cdot \bar{\varepsilon} = 1.$$

$$\det(A^2 - 3A + 3I_n) = \det(A - \alpha I_n) \cdot \det(A - \bar{\alpha} I_n); (3)$$

From (2) result: $p_A(\alpha) = (-1)^n \det(A - \alpha I_n)$; $p_A(\bar{\alpha}) = (-1)^n \det(A - \bar{\alpha} I_n)$ then

$$p_A(\alpha) \cdot p_A(\bar{\alpha}) = \det(A - \alpha I_n) \cdot \det(A - \bar{\alpha} I_n) = \det(A^2 - 3A + 3I_n); (4)$$

$$\begin{aligned} p_A(\alpha) \cdot p_A(\bar{\alpha}) &= (\alpha + 1)^{p_1}(\alpha - 4)^{p_2}(\bar{\alpha} + 1)^{p_1}(\bar{\alpha} - 4)^{p_2} = \\ &= ((\varepsilon + 2)(\bar{\varepsilon} + 2))^{p_1}((\varepsilon - 3)(\bar{\varepsilon} - 3))^{p_2} = (1 + 2(\varepsilon + \bar{\varepsilon}) + 4)^{p_1}(1 - 3(\varepsilon + \bar{\varepsilon}) + 9)^{p_2} = \\ &= 7^{p_1} \cdot 7^{p_2} = 7^{p_1+p_2} = 7^n \Rightarrow \Omega = \det(A^2 - 3A + 3I_n) = 7^n. \end{aligned}$$

UP.286. Prove:

$$\int_0^n (n+x)^{\frac{1}{\sqrt{n^2+x^2}}} dx \geq n^n \sqrt{(1+\sqrt{2})^{\log(n\sqrt{2})}}, n \in \mathbb{N}, n \geq 2$$

Proposed by Florică Anastase-Romania

Solution by proposer:

Inequality of means about integral forms:

$$\therefore \frac{b-a}{\int_a^b \frac{dx}{\varphi(x)}} \leq e^{\frac{1}{b-a} \int_a^b \log \varphi(x) dx} \leq \frac{1}{b-a} \int_a^b \varphi(x) dx$$

$$\text{Let } \varphi: [0, n] \rightarrow (0, \infty), \varphi(x) = (n+x)^{\frac{1}{\sqrt{n^2+x^2}}} \rightarrow \frac{1}{n} \int_0^n (n+x)^{\frac{1}{\sqrt{n^2+x^2}}} dx$$

$$\geq e^{\frac{1}{n} \int_0^n \frac{n \log(n+x)}{\sqrt{n^2+x^2}} dx} \quad (i)$$

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$$\int_0^n \frac{\log(n+x)}{\sqrt{n^2+x^2}} dx = \int_0^n \sqrt{n^2+x^2} \cdot \frac{1}{n^2+x^2} \cdot \log(n+x) dx$$

Applying Chebyshev inequality for function: $p(x) = \frac{1}{n^2+x^2}$ integrable and

$f(x) = \sqrt{n^2+x^2}$, $h(x) = \log(n+x)$ increasing, we get:

$$\left(\int_0^n \frac{1}{n^2+x^2} dx \right) \cdot \left(\int_0^n \frac{\log(n+x)}{\sqrt{n^2+x^2}} dx \right) \geq \left(\int_0^n \frac{\sqrt{n^2+x^2}}{n^2+x^2} dx \right) \cdot \left(\int_0^n \frac{\log(n+x)}{n^2+x^2} dx \right) \leftrightarrow$$

$$\left(\int_0^n \frac{1}{n^2+x^2} dx \right) \cdot \left(\int_0^n \frac{\log(n+x)}{\sqrt{n^2+x^2}} dx \right) \geq \left(\int_0^n \frac{1}{\sqrt{n^2+x^2}} dx \right) \cdot \left(\int_0^n \frac{\log(n+x)}{n^2+x^2} dx \right) \quad (ii)$$

$$\int_0^n \frac{1}{n^2+x^2} dx = \frac{\pi}{4n} \quad \text{and} \quad \int_0^n \frac{1}{\sqrt{n^2+x^2}} dx = \log(1+\sqrt{2})$$

$$\int_0^n \frac{\log(n+x)}{n^2+x^2} dx \stackrel{x=ny, dx=ndy}{\cong} n \int_0^1 \frac{\log(n(1+y))}{n^2(1+y^2)} dy = \int_0^1 \frac{\log(n(1+y))}{n(1+y^2)} dy =$$

$$= \frac{\log n}{n} \int_0^1 \frac{dy}{1+y^2} + \frac{1}{n} \int_0^1 \frac{\log(1+y)}{1+y^2} dy = \frac{\pi \log n}{4n} + \frac{1}{n} \int_0^1 \frac{\log(1+y)}{1+y^2} dy, \text{ but:}$$

$$\int_0^1 \frac{\log(1+y)}{1+y^2} dy \stackrel{y=\tan z, dy=\frac{dz}{\cos^2 z}}{\cong} \int_0^{\frac{\pi}{4}} \frac{\log(1+\tan z)}{\frac{1}{\cos^2 z}} \cdot \frac{dz}{\cos^2 z}$$

$$= \int_0^{\frac{\pi}{4}} \log(1+\tan z) dz = \frac{\pi}{8} \log 2 \rightarrow$$

$$\int_0^n \frac{\log(n+x)}{n^2+x^2} dx = \frac{\pi \log n}{4n} + \frac{\pi}{8n} \log 2 = \frac{\pi \log(n\sqrt{2})}{4n} \quad (iii)$$

From (ii)+(iii) we get:

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$$\int_0^n \frac{\log(n+x)}{\sqrt{n^2+x^2}} dx \geq \log(n\sqrt{2}) \cdot \log(1+\sqrt{2}) = \log(1+\sqrt{2})^{\log(n\sqrt{2})} \quad (iv)$$

From (i)+(iv), we have:

$$\int_0^n (n+x)^{\frac{1}{\sqrt{n^2+x^2}}} dx \geq n^{\log(n\sqrt{2})} (1+\sqrt{2})^{\log(n\sqrt{2})}, n \in \mathbb{N}, n \geq 2$$

UP.287. If $0 < a \leq b$ then

$$\tan^{-1}\left(\frac{2ab}{a+b}\right) + \int_{\frac{2ab}{a+b}}^{\sqrt{ab}} e^{-t^2} dt \leq \tan^{-1}\sqrt{ab}$$

Proposed by Daniel Sitaru-Romania

Solution by Daniel Văcaru-Romania

We know that $e^x \geq x + 1, \forall t \in \mathbb{R}$.

Let's integrate this on $\left[\frac{2ab}{a+b}; \sqrt{ab}\right]$. It follows that

$$\int_{\frac{2ab}{a+b}}^{\sqrt{ab}} e^{-t^2} dt \leq \tan^{-1}\sqrt{ab} - \tan^{-1}\left(\frac{2ab}{a+b}\right) \Rightarrow$$

$$\tan^{-1}\left(\frac{2ab}{a+b}\right) + \int_{\frac{2ab}{a+b}}^{\sqrt{ab}} e^{-t^2} dt \leq \tan^{-1}\sqrt{ab}, \text{ as desired.}$$

UP.288 Solve for positive real numbers:

$$\begin{cases} \frac{x^2}{y} + \frac{y^2}{x} = \sqrt[8]{128(x^8 + y^8)} \\ 4x^3 - 3y = \sqrt{\frac{1 + \sqrt{1 - xy}}{2}} \end{cases}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

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Solution by proposer

$$\begin{cases} \frac{x^2}{y} + \frac{y^2}{x} = \sqrt[8]{128(x^8 + y^8)} \\ 4x^3 - 3y = \sqrt{\frac{1 + \sqrt{1 - xy}}{2}} \end{cases}; (1)$$

By CBS inequality, we have:

$$\begin{aligned} (\sqrt{2(x^8 + y^8)} + 2x^2y^2)^2 &\leq 2(2(x^8 + y^8) + 4x^4y^4) = 4(x^8 + 2x^4y^4 + y^8) \\ &= 4(x^4 + y^4)^2 \Rightarrow \sqrt{2(x^8 + y^8)} + 2x^2y^2 \leq 2(x^4 + y^4) \\ &\Rightarrow \sqrt[4]{\frac{x^8 + y^8}{2}} \leq \sqrt{x^4 - x^2y^2 + y^4}; (2) \end{aligned}$$

$$\begin{aligned} \text{Other, } \sqrt{x^4 - x^2y^2 + y^4} &= \sqrt{(2 + \sqrt{3})(x^2 - xy\sqrt{3} + y^2)(2 - \sqrt{3})(x^2 + xy\sqrt{3} + y^2)} \leq \\ &\leq \frac{(2 + \sqrt{3})(x^2 - xy\sqrt{3} + y^2) + (2 - \sqrt{3})(x^2 + xy\sqrt{3} + y^2)}{2} = 2x^2 - 3xy + 2y^2; (3) \end{aligned}$$

From (2),(3) we have

$$\sqrt[4]{\frac{x^8 + y^8}{2}} \leq 2x^2 - 3xy + 2y^2; (4)$$

$$\text{By AM-GM we have: } \frac{x^2}{y} + \frac{y^2}{x} = \frac{x^3 + y^3}{xy} = \frac{(x+y)[(2x^2 - 3xy + 2y^2) + xy]}{2xy} \geq \frac{2\sqrt{xy} \cdot 2\sqrt{xy(2x^2 - 3xy + 2y^2)}}{2xy} \Rightarrow$$

$$\frac{x^2}{y} + \frac{y^2}{x} \geq 2\sqrt{xy(2x^2 - 3xy + 2y^2)} \stackrel{(4)}{\Rightarrow} \frac{x^2}{y} + \frac{y^2}{x} \geq \sqrt[8]{128(x^8 + y^8)}; (5)$$

From (1),(5) we get:

$$\frac{x^2}{y} + \frac{y^2}{x} = \sqrt[8]{128(x^8 + y^8)} \Leftrightarrow \begin{cases} \sqrt{2(x^8 + y^8)} = 2x^2y^2 \\ x = y > 0 \end{cases} \Leftrightarrow x = y > 0.$$

$$\text{From (1) result: } 4x^3 - 3x = \sqrt{\frac{1 + \sqrt{1 - x^2}}{2}}.$$

Because: $0 < x \leq 1$, put: $x = \sin \alpha > 0; \forall \alpha \in (0, \pi)$ then

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$$4\sin^3\alpha - 3\sin\alpha = \sqrt{\frac{1 + \sqrt{1 - \sin^2\alpha}}{2}} \Leftrightarrow \sin(-3\alpha) = \sqrt{\frac{1 + |\cos\alpha|}{2}}; (6)$$

Case 1. $\cos\alpha \geq 0; \alpha \in (0, \pi) \Rightarrow \alpha \in [0, \frac{\pi}{2})$

$$(6) \Leftrightarrow \sin(-3\alpha) = \sqrt{\frac{1 + \cos\alpha}{2}} = \sqrt{\frac{1 + 2\cos^2\frac{\alpha}{2} - 1}{2}} = \sqrt{\cos^2\frac{\alpha}{2}} = \cos\frac{\alpha}{2} \Leftrightarrow$$

$$\sin(-3\alpha) = \cos\frac{\alpha}{2} \Leftrightarrow \sin(-3\alpha) = \sin\left(\frac{\pi}{2} - \frac{\alpha}{2}\right) \Rightarrow \begin{cases} -3\alpha = \frac{\pi}{2} + 2k\pi \\ -3\alpha = \pi - \left(\frac{\pi}{2} - \frac{\alpha}{2}\right) + 2k\pi \end{cases} \Leftrightarrow$$

$$\begin{cases} \alpha = -\frac{\pi}{5} - \frac{4k\pi}{5} \\ \alpha = -\frac{\pi}{7} - \frac{4k\pi}{7} \end{cases}$$

If $\alpha = -\frac{\pi}{5} - \frac{4k\pi}{5}$, **because** $\alpha \in [0, \frac{\pi}{2})$ **we get:**

$$0 \leq -\frac{\pi}{5} - \frac{4k\pi}{5} < \frac{\pi}{2} \Leftrightarrow \frac{1}{4} \leq -k < \frac{7}{8} \Leftrightarrow -\frac{1}{4} \geq k > -\frac{7}{8}; k \in \mathbb{Z} \text{ absurd!}$$

If $\alpha = -\frac{\pi}{7} - \frac{4k\pi}{7}$, **because** $\alpha \in [0, \frac{\pi}{2})$ **we get:**

$$0 \leq -\frac{\pi}{7} - \frac{4k\pi}{7} < \frac{\pi}{2} \Leftrightarrow \frac{1}{4} \leq -k < \frac{9}{8} \Leftrightarrow -\frac{1}{4} \geq k > -\frac{9}{8}; k \in \mathbb{Z} \Rightarrow k = -1 \Rightarrow \alpha = \frac{3\pi}{7} \Rightarrow x =$$

$$y = \sin\frac{3\pi}{7} = \sin\frac{4\pi}{7}.$$

Case 2. $\cos\alpha < 0; \alpha \in (0, \pi) \Rightarrow \alpha \in (\frac{\pi}{2}, \pi)$

$$(6) \Leftrightarrow \sin(-3\alpha) = \sqrt{\frac{1 - \cos\alpha}{2}} = \sqrt{\frac{1 - (1 - 2\sin^2\frac{\alpha}{2})}{2}} = \sqrt{\sin^2\frac{\alpha}{2}} = \sin\frac{\alpha}{2}$$

$$\Leftrightarrow \sin(-3\alpha) = \sin\frac{\alpha}{2} \Leftrightarrow \begin{cases} -3\alpha = \frac{\alpha}{2} + 2k\pi \\ -3\alpha = \pi - \frac{\alpha}{2} + 2k\pi \end{cases} \Leftrightarrow \begin{cases} \alpha = -\frac{4k\pi}{7} \\ \alpha = -\frac{2k\pi}{5} - \frac{4k\pi}{5} \end{cases}$$

If $\alpha = -\frac{4k\pi}{7}$, **because** $\alpha \in (\frac{\pi}{2}, \pi)$ $\Rightarrow \frac{\pi}{2} < -\frac{4k\pi}{7} < \pi \Leftrightarrow \frac{7}{8} \leq -k < \frac{7}{4} \Leftrightarrow$

$$-\frac{7}{8} > k > -\frac{7}{4}; k \in \mathbb{Z} \text{ then } k = -1 \Rightarrow \alpha = \frac{4\pi}{7} \Rightarrow x = y = \sin\frac{4\pi}{7}.$$

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$$\text{If } \alpha = -\frac{2k\pi}{5} - \frac{4k\pi}{5}, \text{ because } \alpha \in \left(\frac{\pi}{2}, \pi\right) \Rightarrow \frac{\pi}{2} < -\frac{2\pi}{5} - \frac{4k\pi}{5} < \pi \Leftrightarrow \frac{9}{8} < -k < \frac{7}{4} \Leftrightarrow$$

$$-\frac{9}{8} > k > -\frac{7}{4}; k \in \mathbb{Z} \text{ absurd!}$$

$$\text{Therefore: } (x, y) = \left(\sin \frac{4\pi}{7}; \sin \frac{4\pi}{7}\right)$$

UP.289. If $0 \leq k \leq m; 0 \leq l \leq n$ then:

$$\left(\frac{4}{\pi}\right)^{k+l} \int_0^1 \left(\tan^{-1}(1+x^2)\right)^{m+n} dx \geq \int_0^1 \frac{\left(\tan^{-1}(1+x^2)\right)^{m+n}}{\left(\tan^{-1}(1+x^2)\right)^{k+l}} dx$$

Proposed by Daniel Sitaru-Romania

Solution 1 by Daniel Văcaru-Romania

We have $\tan^{-1}(1+x^2) \geq \frac{\pi}{4}, \forall x \in [0, 1]$. It follows

$$\frac{1}{\tan^{-1}(1+x^2)^{k+l}} \leq \left(\frac{4}{\pi}\right)^{k+l} \Rightarrow \left(\frac{4}{\pi}\right)^{k+l} \cdot \tan^{-1}(1+x^2)^{m+n} \leq \frac{\tan^{-1}(1+x^2)^{m+n}}{\tan^{-1}(1+x^2)^{k+l}}, \forall x \in [0, 1]$$

Integrating this on $[0, 1]$, we obtain:

$$\left(\frac{4}{\pi}\right)^{k+l} \int_0^1 \left(\tan^{-1}(1+x^2)\right)^{m+n} dx \geq \int_0^1 \frac{\tan^{-1}(1+x^2)^{m+n}}{\tan^{-1}(1+x^2)^{k+l}} dx$$

Solution 2 by Adrian Popa-Romania

Let be the function $f(x) = \tan^{-1}x; f'(x) = \frac{1}{1+x^2} > 0, \forall x \in \mathbb{R} \Rightarrow f$ –increasing.

$$\tan^{-1}(1+x^2) \geq \tan^{-1}1 = \frac{\pi}{4} \rightarrow \left(\tan^{-1}(1+x^2)\right)^{k+l} \geq \left(\frac{\pi}{4}\right)^{k+l}$$

$$\frac{1}{\left(\tan^{-1}(1+x^2)\right)^{k+l}} \leq \left(\frac{4}{\pi}\right)^{k+l} \Leftrightarrow \frac{\left(\tan^{-1}(1+x^2)\right)^{m+n}}{\left(\tan^{-1}(1+x^2)\right)^{k+l}} \leq \left(\frac{4}{\pi}\right)^{k+l} \cdot \left(\tan^{-1}(1+x^2)\right)^{m+n}$$

$$\int_0^1 \frac{\left(\tan^{-1}(1+x^2)\right)^{m+n}}{\left(\tan^{-1}(1+x^2)\right)^{k+l}} dx \leq \left(\frac{4}{\pi}\right)^{k+l} \int_0^1 \left(\tan^{-1}(1+x^2)\right)^{m+n} dx$$

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UP.290 If $a, b \geq 1; f \in C^2([0, 1]), f(0) \leq 0$, f convexe then:

$$2 \int_0^1 f(x) dx \geq a^2 \int_0^{\frac{1}{a}} f(x) dx + b^2 \int_0^{\frac{1}{b}} f(x) dx$$

Proposed by Daniel Sitaru – Romania

Solution 1 by Kamel Benaicha-Algiers-Algerie

$$A = a^2 \int_0^{\frac{1}{a}} f(x) dx = a \int_0^1 f\left(\frac{x}{a}\right) dx$$

$$B = b^2 \int_0^{\frac{1}{b}} f(x) dx = b \int_0^1 f\left(\frac{x}{b}\right) dx$$

$$A + B = \int_0^1 \left(a f\left(\frac{x}{a}\right) + b f\left(\frac{x}{b}\right) \right) dx$$

f -convexe and $a, b \geq 1$, then: $f(tx + (1-t)y) \leq tf(x) + (1-t)f(y)$

$$f\left(\frac{x}{a}\right) \leq \frac{1}{a} f(x) + \left(1 - \frac{1}{a}\right) f(0)$$

$$f\left(\frac{x}{b}\right) \leq \frac{1}{b} f(x) + \left(1 - \frac{1}{b}\right) f(0)$$

$$A + B \leq 2 \int_0^{\frac{1}{a}} f(x) dx + (a-1)f(0) + (b-1)f(0)$$

$$a^2 \int_0^{\frac{1}{a}} f(x) dx + b^2 \int_0^{\frac{1}{b}} f(x) dx \leq 2 \int_0^1 f(x) dx + (a+b-2)f(0);$$

$$a, b \geq 1 \Rightarrow a + b - 2 \geq 0$$

So, if $f(0) \leq 0$ then:

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$$2 \int_0^1 f(x) dx \geq a^2 \int_0^{\frac{1}{a}} f(x) dx + b^2 \int_0^{\frac{1}{b}} f(x) dx$$

Solution 2 by proposer

$f \in C^2([0, 1]); f$ convexe $\Rightarrow f''(x) \geq 0; (\forall)x \in [0, 1]$. Let be $g: (0, 1] \rightarrow \mathbb{R}; g(x) = \frac{f(x)}{x}$

$$g'(x) = \frac{xf'(x) - f(x)}{x^2} = \frac{h(x)}{x^2}; h(x) = xf'(x) - f(x)$$

$$h'(x) = f'(x) + xf''(x) - f'(x) = xf''(x) > 0$$

h increasing $h(x) \geq h(0) = 0 \Rightarrow g'(x) > 0 \Rightarrow g$ increasing

$$\text{If } x \in \left(0, \frac{1}{a}\right]; g(x) \leq g\left(\frac{1}{a}\right) \Rightarrow \frac{f(x)}{x} \leq \frac{f\left(\frac{1}{a}\right)}{\frac{1}{a}}$$

$$f(x) \leq ax f\left(\frac{1}{a}\right) \Rightarrow \int_0^{\frac{1}{a}} f(x) dx \leq \int_0^{\frac{1}{a}} ax f\left(\frac{1}{a}\right) dx = af\left(\frac{1}{a}\right) \int_0^{\frac{1}{a}} x dx = a \cdot \frac{1}{2a^2} f\left(\frac{1}{a}\right) = \frac{1}{2a} f\left(\frac{1}{a}\right)$$

$$f\left(\frac{1}{a}\right) \geq 2a \int_0^{\frac{1}{a}} f(x) dx. \text{ If } x \in \left[\frac{1}{a}, 1\right]; g(x) \geq g\left(\frac{1}{a}\right) \Rightarrow \frac{f(x)}{x} \geq \frac{f\left(\frac{1}{a}\right)}{\frac{1}{a}}$$

$$f(x) \geq ax f\left(\frac{1}{a}\right)$$

$$\int_{\frac{1}{a}}^1 f(x) dx \geq \int_{\frac{1}{a}}^a ax f\left(\frac{1}{a}\right) = af\left(\frac{1}{a}\right) \int_{\frac{1}{a}}^a x dx = af\left(\frac{1}{a}\right) \cdot \frac{1}{2} \left(1 - \frac{1}{a^2}\right) = \frac{a}{2} \cdot \frac{a^2 - 1}{a^2} f\left(\frac{1}{a}\right) \geq$$

$$\geq \frac{a^2 - 1}{2a} \cdot 2a \int_0^{\frac{1}{a}} f(x) dx = (a^2 - 1) \int_0^{\frac{1}{a}} f(x) dx$$

$$\int_0^1 f(x) dx = \int_0^{\frac{1}{a}} f(x) dx + \int_{\frac{1}{a}}^1 f(x) dx \geq \int_0^{\frac{1}{a}} f(x) dx + (a^2 - 1) \int_0^{\frac{1}{a}} f(x) dx = a^2 \int_0^{\frac{1}{a}} f(x) dx$$

$$\int_0^1 f(x) dx \geq a^2 \int_0^{\frac{1}{a}} f(x) dx \quad (1). \text{ Analogous: } \int_0^1 f(x) dx \geq b^2 \int_0^{\frac{1}{b}} f(x) dx \quad (2)$$

By adding (1); (2):

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$$2 \int_0^1 f(x) dx \geq a^2 \int_0^{\frac{1}{a}} f(x) dx + b^2 \int_0^{\frac{1}{b}} f(x) dx$$

UP.291 Prove that:

$$\int_0^{\frac{1}{2}} \left(\log(1+x) \cdot \log\left(\frac{3}{2}+x\right) \right) dx < \frac{1}{2} \left(\int_0^1 \log(1+x) dx \right)^2$$

Proposed by Daniel Sitaru – Romania

Solution by proposer:

Let be $f: [0, 1] \rightarrow [0, \infty)$; $f(x) = \log(1+x)$

$$f'(x) = \frac{1}{1+x} > 0; f \text{ increasing}$$

$$\text{If } x \in \left[0, \frac{1}{2}\right] \Rightarrow f(x) \leq f\left(\frac{1}{2}\right) \Rightarrow f(x) - f\left(\frac{1}{2}\right) \leq 0$$

$$f\left(x + \frac{1}{2}\right) \geq f\left(\frac{1}{2}\right) \Rightarrow f\left(x + \frac{1}{2}\right) - f\left(\frac{1}{2}\right) \geq 0$$

$$\left(f(x) - f\left(\frac{1}{2}\right)\right) \left(f\left(x + \frac{1}{2}\right) - f\left(\frac{1}{2}\right)\right) \leq 0$$

$$\left(\log(1+x) - \log\frac{3}{2}\right) \left(\log\left(\frac{3}{2}+x\right) - \log\frac{3}{2}\right) \leq 0$$

$$\log(1+x) \log\left(\frac{3}{2}+x\right) - \log\frac{3}{2} \cdot \log(1+x) - \log\frac{3}{2} \cdot \log\left(\frac{3}{2}+x\right) + \log^2\frac{3}{2} \leq 0$$

$$\log(1+x) \log\left(\frac{3}{2}+x\right) \leq \log\frac{3}{2} \cdot \log(1+x) + \log\frac{3}{2} \cdot \log\left(\frac{3}{2}+x\right) - \log^2\frac{3}{2}$$

$$\int_0^{\frac{1}{2}} \left(\log(1+x) \log\left(\frac{3}{2}+x\right) \right) dx < \log\frac{3}{2} \int_0^{\frac{1}{2}} \log(1+x) dx +$$

$$+ \log\frac{3}{2} \int_0^{\frac{1}{2}} \log\left(\frac{3}{2}+x\right) dx - \int_0^{\frac{1}{2}} \log^2\frac{3}{2} dx =$$

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$$\begin{aligned}
 &= \log \frac{3}{2} \int_0^{\frac{1}{2}} \log(1+x) dx + \log \frac{3}{2} \int_{\frac{1}{2}}^1 \log(1+x) dx + \\
 &\quad - \frac{1}{2} \log^2 \frac{3}{2} = \log \frac{3}{2} \int_0^1 \log(1+x) dx - \frac{1}{2} \log^2 \frac{3}{2} \\
 &2 \int_0^{\frac{1}{2}} \left(\log(1+x) \cdot \log\left(\frac{3}{2}+x\right) \right) dx < 2 \log \frac{3}{2} \int_0^1 \log(1+x) dx - \log^2 \left(\frac{3}{2}\right)
 \end{aligned}$$

Remains to prove:

$$\begin{aligned}
 &2 \log \frac{3}{2} \int_0^1 \log(1+x) dx - \log^2 \left(\frac{3}{2}\right) < \left(\int_0^1 \log(1+x) dx \right)^2 \\
 &\left(\int_0^1 \log(1+x) dx \right)^2 - 2 \log \frac{3}{2} \int_0^1 \log(1+x) dx + \log^2 \left(\frac{3}{2}\right) > 0 \\
 &\left(\int_0^1 \log(1+x) dx - \log \frac{3}{2} \right)^2 > 0
 \end{aligned}$$

UP.292. Prove that:

$$\int_0^1 \left(\tan^{-1} x + \frac{x}{1+x^2} \right)^2 dx + 4 \int_0^1 \frac{1}{(1+x^2)^4} dx > \frac{(\pi+2)^2}{16}$$

Proposed by Daniel Sitaru-Romania

Solution 1 by George Florin Şerban-Romania

$$\left(\int_a^b f(x)g(x)dx \right)^2 \leq \left(\int_a^b f^2(x)dx \right) \left(\int_a^b g^2(x)dx \right) - C.B.S$$

$$\int_0^1 \left(\tan^{-1}x + \frac{x}{1+x^2} \right)^2 dx \geq \left(\int_0^1 \left(\tan^{-1}x + \frac{x}{1+x^2} \right) dx \right)^2$$

$$= \left(\int_0^1 x'^{\tan^{-1}x} dx + \int_0^1 \frac{xdx}{1+x^2} \right)^2 = \left(x \tan^{-1}x \Big|_0^1 - \int_0^1 \frac{xdx}{1+x^2} + \int_0^1 \frac{xdx}{1+x^2} \right)^2 = \frac{\pi^2}{16}$$

$$4 \int_0^1 \frac{dx}{(1+x^2)^4} = 4 \int_0^1 \left(\frac{1}{(1+x^2)^2} \right)^2 dx \geq 4 \left(\int_0^1 \frac{dx}{(1+x^2)^2} \right)^2$$

$$\stackrel{x=\tan(t)}{=} \int_0^{\frac{\pi}{4}} \cos^2 t dt = \int_0^{\frac{\pi}{4}} \frac{1+\cos(2t)}{2} dt = \frac{1}{2} \int_0^{\frac{\pi}{4}} dt + \frac{1}{2} \int_0^{\frac{\pi}{4}} \cos(2t) dt$$

$$= \frac{1}{2} \cdot t \Big|_0^{\frac{\pi}{4}} + \frac{1}{2} \cdot \frac{\sin(2t)}{2} \Big|_0^{\frac{\pi}{4}} = \frac{\pi+2}{8} \Rightarrow 4 \int_0^1 \frac{dx}{(1+x^2)^2} > \frac{(\pi+2)^2}{16}$$

$$\int_0^1 \left(\tan^{-1}x + \frac{x}{1+x^2} \right)^2 dx + 4 \int_0^1 \frac{1}{(1+x^2)^4} dx > \frac{\pi^2}{16} + \frac{(\pi+2)^2}{16} > \frac{(\pi+2)^2}{16}$$

Solution 2 by Adrian Popa-Romania

Let: $f(x) = \tan^{-1}x + \frac{x}{1+x^2} \Rightarrow f'(x) = \frac{2}{(1+x^2)^2} > 0$

We must show:

$$\int_0^1 f^2(x) dx + \int_0^1 (f'(x))^2 dx > \frac{(\pi+2)^2}{16}$$

$$\int_0^1 f^2(x) dx + \int_0^1 (f'(x))^2 dx \stackrel{Am-Gm}{\geq} 2 \sqrt{\int_0^1 f^2(x) dx \cdot \int_0^1 (f'(x))^2 dx} \stackrel{CBS}{\geq}$$

$$\geq 2 \sqrt{\left(\int_0^1 f(x) \cdot f'(x) dx \right)^2} = 2 \cdot \frac{f^2(x)}{2} \Big|_0^1 = \left(\tan^{-1}x + \frac{x}{1+x^2} \right) \Big|_0^1 = \left(\tan^{-1}1 + \frac{1}{2} \right)^2$$

$$= \left(\frac{\pi+2}{4} \right)^2 = \frac{(\pi+2)^2}{16}$$

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Solution 3 by Avishek Mitra-West Bengal

$$\begin{aligned} & \left(\tan^{-1}x + \frac{x}{1+x^2}\right)^2 + \frac{4}{(1+x^2)^4} \stackrel{Am-Gm}{\geq} 2\left(\tan^{-1}x + \frac{x}{1+x^2}\right) \cdot \frac{2}{(1+x^2)^2} \\ & = \frac{4\tan^{-1}x}{(1+x^2)^2} + \frac{4x}{(1+x^2)^3} \\ I_1 & = \int_0^1 \frac{4x}{(1+x^2)^3} dx \stackrel{x^2=z}{2xdx=dz} 2 \int_0^1 \frac{dz}{(1+z)^3} = 2 \left. \frac{(1+z)^{-2}}{-2} \right|_0^1 = \frac{3}{4} \\ I_2 & = \int_0^1 \frac{\tan^{-1}x}{(1+x^2)^2} dx \stackrel{x=\tan\theta}{dx=\sec^2\theta d\theta} \int_0^{\frac{\pi}{4}} \theta \cos^2\theta d\theta \\ & = \frac{1}{2} \int_0^{\frac{\pi}{4}} \theta(1+\cos(2\theta)) d\theta = \frac{1}{2} \left[\frac{\theta^2}{2} + \frac{\theta \sin(2\theta)}{2} + \frac{\cos(2\theta)}{4} \right]_0^{\frac{\pi}{4}} = \frac{\pi^2}{64} + \frac{\pi}{16} - \frac{1}{8} \\ 4I_2 & = \frac{\pi^2}{16} + \frac{\pi}{4} - \frac{1}{2} \\ \Omega & = \int_0^1 \left(\tan^{-1}x + \frac{x}{1+x^2}\right)^2 dx + 4 \int_0^1 \frac{1}{(1+x^2)^4} dx \geq 4I_2 + I_1 = \frac{(\pi+2)^2}{16} \end{aligned}$$

Solution 4 by Tobi Joshua-Nigeria

$$\begin{aligned} & \int_0^1 \left(\tan^{-1}x + \frac{x}{1+x^2}\right)^2 dx + 4 \int_0^1 \frac{1}{(1+x^2)^4} dx \\ & = \int_0^1 \left((\tan^{-1}x)^2 dx + \frac{2x\tan^{-1}x}{1+x^2} + \frac{x^2}{(1+x^2)^2} \right) dx + \\ & \quad + 4 \int_0^1 \frac{1}{(1+x^2)^4} dx > \frac{(\pi+2)^2}{16} \stackrel{x=\tan(y)}{\iff} \\ & \int_0^{\frac{\pi}{4}} \left(y^2 + \frac{2y\tan(y)}{\sec^2 y} + \frac{\tan^2 y}{\sec^4 y} \right) \sec^2 y dy + 4 \int_0^{\frac{\pi}{4}} \frac{\sec^2 y dy}{\sec^8 y} > \frac{(\pi+2)^2}{16} \end{aligned}$$

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$$\int_0^{\frac{\pi}{4}} \left(y^2 + 2y \tan(y) + \frac{\tan^2 y}{\sec^2 y} \right) dy + 4 \int_0^{\frac{\pi}{4}} \frac{dy}{\sec^6 y} > \frac{(\pi + 2)^2}{16}$$

$$\int_0^{\frac{\pi}{4}} \left(d(y^2 \tan(y)) + \frac{(\sec^2 y - 1) dy}{\sec^2 y} \right) + 4 \int_0^{\frac{\pi}{4}} \frac{dy}{\sec^6 y} > \frac{(\pi + 2)^2}{16}$$

$$\int_0^{\frac{\pi}{4}} \left(d(y^2 \tan(y)) + \frac{(\sec^2 y - 1) dy}{\sec^2 y} \right) + 4 \int_0^{\frac{\pi}{4}} \cos^6 y dy > \frac{(\pi + 2)^2}{16}$$

Recall that: $\cos^6 x = \frac{1}{32} (\cos(6x) + 6\cos(4x) + 16\cos(2x) + 10)$

$$\int_0^{\frac{\pi}{4}} d(y^2 \tan(y)) + \int_0^{\frac{\pi}{4}} \frac{(\sec^2 y - 1) dy}{\sec^2 y}$$

$$+ \frac{4}{32} \int_0^{\frac{\pi}{4}} (\cos(6y) + 6\cos(4y) + 16\cos(2y) + 10) dy > \frac{(\pi + 2)^2}{16}$$

$$(y^2 \tan(y))_0^{\frac{\pi}{4}} + \int_0^{\frac{\pi}{4}} (1 - \cos^2 y) dy +$$

$$+ \frac{4}{32} \left(\frac{\sin(6y)}{6} + \frac{6\sin(4y)}{4} + 8\sin(2y) + 10y \right)_0^{\frac{\pi}{4}} > \frac{(\pi + 2)^2}{16}$$

$$\frac{\pi^2}{16} + \frac{1}{2} \int_0^{\frac{\pi}{4}} (1 - \cos(2y)) dy + \frac{4}{32} \left(-\frac{1}{6} + 8 + \frac{5\pi}{2} \right) > \frac{(\pi + 2)^2}{16}$$

$$\frac{\pi^2}{16} + \frac{7\pi}{4} + \frac{35}{48} > \frac{(\pi + 2)^2}{16}$$

$$\frac{1}{16} \left(\frac{\pi^2}{16} + 28\pi + \frac{35}{3} \right) > \frac{(\pi + 2)^2}{16}$$

$$\frac{\pi^2}{16} + 28\pi + \frac{35}{3} > (\pi + 2)^2$$

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UP.293. Solve for real numbers:

$$\begin{cases} \frac{x^2}{2y} + \frac{y^2}{2x} = \sqrt[4]{\frac{x^4 + y^4}{2}} \\ x^2y^2 - y^3 + 1 = \sqrt{2x^2 - 2y + 1} \end{cases}$$

Proposed by Hoang Le Nhat Tung-Hanoi-Vietnam

Solution 1 by Orlando Irahola Ortega-La Paz-Bolivia

$$\begin{cases} \frac{x^2}{2y} + \frac{y^2}{2x} = \sqrt[4]{\frac{x^4 + y^4}{2}}; (1) \\ x^2y^2 - y^3 + 1 = \sqrt{2x^2 - 2y + 1}; (2) \end{cases}$$

From (1) we have $x^3 + y^3 = 2xy \sqrt[4]{\frac{x^4 + y^4}{2}} \Rightarrow x^6 + y^6 + 2x^3y^3 = 4x^2y^2 \sqrt{\frac{x^4 + y^4}{2}} \Rightarrow$

$$\frac{x^3}{y^3} + \frac{y^3}{x^3} + 2 = 4 \sqrt{\frac{1}{2} \left(\frac{x^2}{y^2} + \frac{y^2}{x^2} \right)}$$

Let: $t = \frac{x}{y} + \frac{y}{x} \Rightarrow t^3 - 3t + 2 = 2\sqrt{2t^2 - 4} \Rightarrow t(t^2 - 1) = 2(\sqrt{2t^2 - 4} - 1) \Rightarrow$

$$t^2(t^2 - 3)^2 = 4(\sqrt{2t^2 - 4} - 1)^2 \Rightarrow (\sqrt{2t^2 - 4} + 4)(\sqrt{2t^2 - 4} - 2)^2 = 32(\sqrt{2t^2 - 4} - 1)^2.$$

Let: $m = \sqrt{2t^2 - 4} \Rightarrow (m^2 + 4)(m^2 - 2)^2 = 32(m - 1)^2 \Rightarrow$

$$m^6 - 44m^2 + 64m - 16 = 0 \Leftrightarrow (m - 2)(m^5 + 2m^4 + 4m^3 + 8m^2 - 28m + 8) = 0$$

$m - 2 = 0 \Rightarrow m_1 = 2 \Rightarrow \sqrt{2t^2 - 4} = 2 \Rightarrow t = \pm 2$, but $t = \frac{x}{y} + \frac{y}{x} \Rightarrow \frac{t}{2} \geq \sqrt{\frac{x}{y} \cdot \frac{y}{x}}$

$\Rightarrow t \geq 2; x, y \in \mathbb{R}$. For $t = 2 \Rightarrow \frac{x}{y} + \frac{y}{x} = 2 \Rightarrow (x - y)^2 = 0 \Rightarrow x = y; (3)$

$$m^5 + 2m^4 + 4m^3 + 8m^2 - 28m + 8 = 0 = f(m)$$

Condition: $m \geq 0 \Rightarrow \sqrt{2t^2 - 4} = |m|$

If $m = 0 \Rightarrow f(0) = 8 > 0, m = 1 \Rightarrow f(1) = -5 < 0 \Rightarrow \exists x_0 \in [0, 1]$ solution.

If $m > 1 \Rightarrow f(m > 1) > 0 \Rightarrow$ don't exist solution.

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From (2) we have $y^2(2x^2 - 2y) + 2 = 2\sqrt{2x^2 - 2y + 1} \Rightarrow$

$$y^2\sqrt{2x^2 - 2y + 1}^2 + 2 - y^2 = 2\sqrt{2x^2 - 2y + 1}$$

Let: $t = \sqrt{2x^2 - 2y + 1} \Rightarrow t^2 y^2 + 2 - y^2 = 2t \Rightarrow (t - 1)(ty^2 + y^2 - 2) = 0 \Rightarrow$

$$t = 1; (*) ; ty^2 = 2 - y^2; (**)$$

From (*) $\Rightarrow t = 1 \Rightarrow \sqrt{2x^2 - 2y + 1} = 1 \Rightarrow y = x^2; (4)$

From (**) $\Rightarrow ty^2 = 2 - y^2 \Rightarrow t^2 y^4 = y^4 - 4y^2 + 4 \Rightarrow y^4(2x^2 - 2y + 1) = y^4 - 4y^2 + 4$

$$x^2 y^4 + 2y^2 = y^5 + 2$$

We have: $\begin{cases} y = x \\ y = x^2 \end{cases} \Rightarrow x^2 - x = 0 \Rightarrow \begin{cases} x = y = 0 \\ x = y = 1 \end{cases}$ and $x, y \neq 0 \Rightarrow \begin{cases} x = y \\ x^2 y^4 + 2y^2 = y^5 + 2 \end{cases} \Rightarrow$

$$\Rightarrow (x - 1)(x^5 + 2x + 2) = 0$$

If $x = 1$ and $x^5 + 2x + 2 = 0, \forall x \geq 0 \nexists$ solution.

$\forall x \in \mathbb{R}, -1 \leq x < 0 \Rightarrow \exists x < 0, y < 0$ but from (2) result $2x^2 - 2y + 1 \geq 0 \Rightarrow$

$$2x^2 + 1 \geq 2y \Rightarrow y \geq 0$$
 and how $y < 0, \nexists x, y$ for satisfying the system.

So, $x = y = 1$ unique solution.

Solution 2 by Abner Chinga Bazo-Lima-Peru

$$\frac{1}{2} \left(\frac{x^2}{y} + \frac{y^2}{x} \right) \geq \frac{1}{2} \frac{(x + y)^2}{x + y} = \frac{1}{2} (x + y); (i)$$

Equality occurs when $x = y$.

The problem: $\frac{x^2}{2y} + \frac{y^2}{2x} = \sqrt[4]{\frac{x^4 + y^4}{2}}; (ii)$

From (ii) in (i) result: $\sqrt[4]{\frac{x^4 + y^4}{2}} \geq \frac{x + y}{2}; x, y > 0$

Equality occurs when $x = y = k$.

$$x^2 y^2 - y^3 + 1 = \sqrt{2x^2 - 2y + 1} \Leftrightarrow k^4 - k^3 + 1 = \sqrt{2k^2 - 2k + 1} \Leftrightarrow$$

$$(k^4 - k^3 + 1)^2 = 2k^2 - 2k + 1 \Leftrightarrow$$

$$k^8 - 2k^7 + k^6 + k^5 + 2k^3 - 2k^2 - 2k + 2 = 0 \Leftrightarrow k(k - 1)^2(k^5 + 2k + 2) = 0; k > 0$$

Since $k > 0 \Rightarrow k^5 + 2k + 2 > 2 \Rightarrow k = x = y = 1$.

So, $(x, y) = (1, 1)$ unique solution.

Solution 3 by proposer

$$\text{Let (1): } \frac{x^2}{y} + \frac{y^2}{x} = 2^4 \sqrt{\frac{x^4+y^4}{2}} \Leftrightarrow \frac{x^3+y^3}{xy} = 2^4 \sqrt{\frac{x^4+y^4}{2}} \Leftrightarrow \left(\frac{x^3+y^3}{xy}\right)^4 = 2^4 \cdot \frac{x^4+y^4}{2} \Leftrightarrow$$

$$\frac{(x^3+y^3)^4}{(xy)^4} = 8(x^4+y^4) \Leftrightarrow (x^3+y^3)^4 = 8(xy)^4(x^4+y^4); (2)$$

We have:

$$2(x^2 - xy + y^2)^2 - (x^4 + y^4) = 2(x^4 - 2x^3y + 3x^2y^2 - 2xy^3 + y^4) - (x^4 + y^4) =$$

$$= x^4 - 4x^3y + 6x^2y^2 - 4xy^3 + y^4 = (x - y)^4 \geq 0 \Rightarrow$$

$$2(x^2 - xy + y^2)^2 - (x^4 + y^4) \geq 0 \Rightarrow (x^2 - xy + y^2)^2 = \frac{x^4 + y^4}{2}; (3)$$

By AM-GM inequality for two positive real numbers, we have:

$$(x + y)^4(x^2 - xy + y^2)^2 \geq (2\sqrt{xy})^4(2xy - xy)^2 = 16(xy)^4$$

From (3) result:

$$(x + y)^4(x^2 - xy + y^2)^2(x^2 - xy + y^2)^2 \geq 16(xy)^4 \cdot \frac{x^4 + y^4}{2} \Rightarrow$$

$$[(x + y)(x^2 - xy + y^2)]^4 \geq 8x^4y^4(x^4 + y^4) \Rightarrow$$

$$(x^3 + y^3)^4 \geq 8x^4y^4(x^4 + y^4); (4)$$

From (2),(4) result the equality $(x^3 + y^3)^4 = 8x^4y^4(x^4 + y^4)$ occurs if

$$\begin{cases} x - y = 0 \\ x = y > 0 \end{cases} \Leftrightarrow x = y > 0$$

$$\text{Let } x = y \text{ in (1): } x^4 - x^3 + 1 = \sqrt{2x^2 - 2x + 1}; (5)$$

Because $2x^2 - 2x + 1 = 2\left(x^2 - x + \frac{1}{4}\right) + \frac{1}{2} = 2\left(x - \frac{1}{2}\right)^2 + \frac{1}{2} \geq \frac{1}{2} > 0, \forall x > 0$ hence by

AM-GM inequality, we have

$$\sqrt{(2x^2 - 2x + 1) \cdot 1} \leq \frac{2x^2 - 2x + 1 + 1}{2} = \frac{2x^2 - 2x + 2}{2} = x^2 - x + 1; (6)$$

From (5),(6) we get: $x^4 - x^3 + 1 \leq x^2 - x + 1 \Leftrightarrow x^4 - x^3 - x^2 + x \leq 0 \Leftrightarrow$

$$x(x^3 - x^2 - x + 1) \leq 0 \Leftrightarrow x[x^2(x - 1) - (x - 1)] \leq 0 \Leftrightarrow x(x + 1)(x - 1)^2 \leq 0; (7)$$

Because $x > 0$ then $x(x + 1)(x - 1)^2 \geq 0$ from (7) we get: $x(x + 1)(x - 1)^2 = 0$ and

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$$\text{equality occurs if } \begin{cases} 2x^2 - 2x + 1 = 1 \\ x - 1 = 0 \\ x = y > 0 \end{cases} \Rightarrow \begin{cases} 2x(x - 1) = 0 \\ x = 1 \\ x = y > 0 \end{cases} \Leftrightarrow x = y = 1.$$

Hence $(x, y) = (1, 1)$ is the solution for the problem.

Solution 4 by Miguel Velasquez Culque-Peru

Condition $x > 0, y > 0$ and $x \neq 0, y \neq 0$. By AM-GM we have:

$$\frac{x^2}{2y} + \frac{y^2}{2x} \geq 2 \sqrt{\frac{x^2}{2y} \cdot \frac{y^2}{2x}} = \sqrt{xy} \Leftrightarrow \sqrt[4]{\frac{x^4 + y^4}{2}} \geq \sqrt{xy} \Leftrightarrow \frac{x^4 + y^4}{2} \geq x^2 y^2 \Leftrightarrow$$

$$x^4 + y^4 \geq 2x^2 y^2 \Leftrightarrow (x^2 - y^2)^2 \geq 0. \text{ Equality holds if } x = y.$$

Replace in the second equation:

$$\begin{aligned} x^2 y^2 - y^3 + 1 &= \sqrt{2x^2 - 2y + 1} \Rightarrow x^4 - x^3 + 1 = \sqrt{2x^2 - 2x + 1} \Leftrightarrow \\ (x^4 - x^3 + 1)^2 &= 2x^2 - 2x + 1 \Leftrightarrow x^8 - 2x^7 + x^5 + 2x^3 - 2x^2 + 2x = 0 \Leftrightarrow \\ x(x^7 - 2x^6 + x^5 + 2x^3 - 2x^2 - 2x + 2) &= 0 \Leftrightarrow x(x - 1)^2(x^5 + 2x + 2) = 0 \Leftrightarrow \\ x = 1, &\text{ because } x \neq 0 \text{ and } x^5 + 2x + 2 > 2 > 0 \end{aligned}$$

UP.294. In $\triangle ABC$, AD, BE, CF – medians, G – centroid; $AM = MG, M \in (AG)$;

$$2\cot A = \cot B + \cot C$$

Prove that: $DEMF$ is a cyclic quadrilateral.

Proposed by Marian Ursărescu-Romania

Solution by Daniel Văcaru-Romania

We have: $2\cot A = \cot B + \cot C$

$$\begin{aligned} \Rightarrow \frac{2\cos A}{\sin A} &= \frac{\cos B}{\sin B} + \frac{\cos C}{\sin C} \Rightarrow \frac{2\cos A}{\sin A} = \frac{\sin(B + C)}{\sin B \sin C} \Rightarrow 2\sin A \cdot \sin B \cdot \sin C = \sin^2 A \\ &\Rightarrow 2b\cos A = a^2 \Rightarrow b^2 + c^2 = 2a^2 \end{aligned}$$

For $DEMF$ is a cyclic quadrilateral it suffices to prove that:

$$MF \cdot DE + ME \cdot FD = FE \cdot MD \Rightarrow 2m_a = m_b \cdot b + m_c \cdot c$$

$$\text{But } 4m_b^2 = 2(a^2 + c^2) - b^2 = 2a^2 + 2c^2 - b^2 = 3c^2 \Rightarrow m_b = \frac{c\sqrt{3}}{2}, m_c = \frac{b\sqrt{3}}{2},$$

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$$4m_a^2 = 2(b^2 + c^2) - a^2 \Rightarrow m_a = \frac{a\sqrt{3}}{2}$$

$$\text{It follows } m_b \cdot b + m_c \cdot c = b \cdot \left(\frac{c\sqrt{3}}{2}\right)^2 + c \cdot \left(\frac{b\sqrt{3}}{2}\right)^2 = \frac{(b^2+c^2)\sqrt{3}}{2} = \frac{2a^2\sqrt{3}}{2} = a^2\sqrt{3} = 2m_a \cdot a$$

UP.295 Find $a, b, c, d \in \mathbb{R}$ such that:

$$\begin{cases} \begin{pmatrix} a & b \\ -b & a \end{pmatrix} + \begin{pmatrix} c & d \\ -d & c \end{pmatrix} = \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \\ \begin{pmatrix} a & b \\ -b & a \end{pmatrix}^3 + \begin{pmatrix} c & d \\ -d & c \end{pmatrix}^3 = \begin{pmatrix} 2 & 0 \\ 0 & 2 \end{pmatrix} \end{cases}$$

Proposed by Daniel Sitaru-Romania

Solution by Daniel Văcaru-Romania

$$\text{We note: } \begin{pmatrix} a & b \\ -b & a \end{pmatrix} = X \text{ and } \begin{pmatrix} c & d \\ -d & c \end{pmatrix} = Y.$$

$$\text{Our system could be written as } \begin{cases} X + Y = I_2 \\ X^3 + Y^3 = 2I_2 \end{cases}$$

Let's observe that $XY = YX$, then $b = 0$; $d = 0$.

$$\text{It follows } a_{1,2} = \frac{3 \pm \sqrt{21}}{6} \Rightarrow c_{1,2} = 1 - \frac{3 \pm \sqrt{21}}{6} = \frac{3 \mp \sqrt{21}}{6}$$

We obtain:

$$X = \begin{pmatrix} \frac{3+\sqrt{21}}{6} & 0 \\ 0 & \frac{3+\sqrt{21}}{6} \end{pmatrix}, Y = \begin{pmatrix} \frac{3-\sqrt{21}}{6} & 0 \\ 0 & \frac{3-\sqrt{21}}{6} \end{pmatrix} \text{ and}$$

$$X = \begin{pmatrix} \frac{3-\sqrt{21}}{6} & 0 \\ 0 & \frac{3-\sqrt{21}}{6} \end{pmatrix}, Y = \begin{pmatrix} \frac{3+\sqrt{21}}{6} & 0 \\ 0 & \frac{3+\sqrt{21}}{6} \end{pmatrix}$$

UP.296. If $x, y, z > 0$; $xy + yz + zx = 3$ then:

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$$\sqrt[3]{\frac{2x}{(y+z)^7}} + \sqrt[3]{\frac{2y}{(z+x)^7}} + \sqrt[3]{\frac{2z}{(x+y)^7}} \geq \frac{3}{4}$$

Proposed by Pedro Pantoja-Brazil

Solution by Tran Hong-Dong Thap-Vietnam

With $a, b, c > 0$, let $t = a + b + c \geq \sqrt{3(ab + bc + ca)} = 3$

$$\begin{aligned} \sqrt[3]{\frac{2a}{(b+c)^7}} &= \frac{1}{(b+c)^2} \cdot \sqrt[3]{\frac{2a}{b+c}} = \frac{1}{(b+c)^2} \cdot \sqrt[3]{\frac{2a}{b+c} \cdot 1 \cdot 1} \stackrel{Am-Hm}{\geq} \\ &\geq \frac{1}{(b+c)^2} \cdot \frac{3}{1+1+\frac{1}{\frac{2a}{b+c}}} = \frac{1}{(b+c)^2} \cdot \frac{3}{1+1+\frac{b+c}{2a}} \end{aligned}$$

$$= \frac{6a}{(b+c)^2(4a+b+c)} = \frac{6\left(\frac{a}{b+c}\right)^2}{4a^2+ab+ac}$$

$$\sqrt[3]{\frac{2b}{(c+a)^7}} \geq \frac{6\left(\frac{b}{c+a}\right)^2}{4b^2+ba+bc}$$

$$\sqrt[3]{\frac{2c}{(a+b)^7}} \geq \frac{6\left(\frac{c}{a+b}\right)^2}{4c^2+cb+ca} \Rightarrow LHS = \sum_{cyc} \sqrt[3]{\frac{2a}{(b+c)^7}}$$

$$\geq 6 \left[\frac{\left(\frac{a}{b+c}\right)^2}{4a^2+ab+ac} + \frac{\left(\frac{b}{c+a}\right)^2}{4b^2+ba+bc} + \frac{\left(\frac{c}{a+b}\right)^2}{4c^2+cb+ca} \right]$$

$$\stackrel{c-B-S}{\geq} 6 \cdot \frac{\left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}\right)^2}{4(a^2+b^2+c^2) + 2(ab+bc+ca)}$$

$$= \frac{3 \cdot \left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}\right)^2}{2(a^2+b^2+c^2) + ab+bc+ca} = \frac{3 \cdot \left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}\right)^2}{2(a^2+b^2+c^2) - 9}$$

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} = \frac{a^2}{ab+ac} + \frac{b^2}{bc+ba} + \frac{c^2}{ac+bc} \stackrel{B-C-S}{\geq}$$

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$$\geq \frac{(a+b+c)^2}{2(ab+bc+ca)} = \frac{(a+b+c)^2}{6}$$

So, we need to prove: $\frac{3 \cdot t^4}{2t^2-9} \geq \frac{3}{4} \Leftrightarrow 4t^4 \geq 36(2t^2-9)$

$\Leftrightarrow t^4 - 18t^2 + 81 \geq 0 \Leftrightarrow (t^2 - 1)^2 \geq 0$ true for $t \geq 3$. Proved.

Equality $\Leftrightarrow a = b = c = 1$

UP.297. Let $(a_n)_{n \geq 1}$ be a sequence real numbers such

that $a_n \in \mathbb{R}_+^* = (0, \infty), \forall n \in \mathbb{N}^*$ and

$\lim_{n \rightarrow \infty} \frac{a_{n+1}}{na_n} = a \in \mathbb{R}_+^*$. Find:

$$\lim_{n \rightarrow \infty} \sqrt[n^2]{a_1 \cdot \sqrt{a_2} \cdot \sqrt[3]{a_3} \cdot \dots \cdot \sqrt[n]{a_n}}$$

Proposed By D.M.Bătinețu-Giurgiu, Daniel Sitaru-Romania

Solution 1 by proposers:

Let be $b_n = a_1 \cdot \sqrt{a_2} \cdot \sqrt[3]{a_3} \cdot \dots \cdot \sqrt[n]{a_n}, \forall n \geq 1$.

From Cauchy-D'Alembert Criterion (C-D'A), we have:

$$\lim_{n \rightarrow \infty} \sqrt[n^2]{b_n} = \lim_{n \rightarrow \infty} \sqrt[n]{\sqrt[n]{b_n}} \stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \frac{\sqrt[n+1]{b_{n+1}}}{\sqrt[n]{b_n}}; (1)$$

$$\lim_{n \rightarrow \infty} \frac{\sqrt[n]{b_n}}{n} = \lim_{n \rightarrow \infty} \sqrt[n]{\frac{b_n}{n^n}} \stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \frac{b_{n+1}}{(n+1)^{n+1}} \cdot \frac{n^n}{b_n} = \lim_{n \rightarrow \infty} \left(\frac{n}{n+1}\right)^n \frac{\sqrt[n+1]{a_{n+1}}}{n+1} = \frac{1}{e} \lim_{n \rightarrow \infty} \frac{\sqrt[n]{a_n}}{n}$$

$$= \frac{1}{e} \cdot \lim_{n \rightarrow \infty} \sqrt[n]{\frac{a_n}{n^n}} \stackrel{C-D'A}{=} \frac{1}{e} \cdot \lim_{n \rightarrow \infty} \frac{a_{n+1}}{(n+1)^{n+1}} \cdot \frac{n^n}{a_n} = \frac{1}{e} \lim_{n \rightarrow \infty} \frac{a_{n+1}}{na_n} \left(\frac{n}{n+1}\right)^n = \frac{a}{e^2} \stackrel{(1)}{\Rightarrow}$$

$$\lim_{n \rightarrow \infty} \sqrt[n^2]{b_n} = \lim_{n \rightarrow \infty} \frac{\sqrt[n+1]{b_{n+1}}}{\sqrt[n]{b_n}} = \lim_{n \rightarrow \infty} \left(\frac{\sqrt[n+1]{b_{n+1}}}{n+1} \cdot \frac{n}{\sqrt[n]{b_n}} \cdot \frac{n+1}{n}\right) = \frac{a}{e^2} \cdot \frac{e^2}{a} \cdot 1 = 1.$$

Solution 2 by proposers

$$\lim_{n \rightarrow \infty} \frac{1}{n^2} \log b_{n+1} = \lim_{n \rightarrow \infty} \frac{\log b_{n+1} - \log b_n}{(n+1)^2 - n^2} = \lim_{n \rightarrow \infty} \frac{n}{2n+1} \cdot \frac{\log b_{n+1} - \log b_n}{n} \stackrel{C-S}{=}$$

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$$\begin{aligned}
 &= \frac{1}{2} \lim_{n \rightarrow \infty} \frac{\log b_{n+2} - 2 \log b_{n+1} + \log b_n}{(n+1) - n} = \frac{1}{2} \log \left(\lim_{n \rightarrow \infty} \frac{b_{n+2} \cdot b_n}{b_{n+1}^2} \right) = \\
 &= \frac{1}{2} \log \left(\lim_{n \rightarrow \infty} \frac{\sqrt[n+2]{a_{n+2}} \cdot \sqrt[n+1]{a_{n+1}}}{\sqrt[n+1]{a_{n+1}^2}} \right) = \frac{1}{2} \log \left(\lim_{n \rightarrow \infty} \frac{\sqrt[n+2]{a_{n+2}}}{n+2} \cdot \frac{n+1}{\sqrt[n+1]{a_{n+1}}} \cdot \frac{n+2}{n+1} \right) = \\
 &= \frac{1}{2} \log \left(\frac{a}{e^2} \cdot \frac{e^2}{a} \cdot 1 \right) = \frac{1}{2} \log 1 = 0 \Rightarrow \lim_{n \rightarrow \infty} \sqrt[n^2]{b_n} = e^{\lim_{n \rightarrow \infty} \frac{1}{n^2} \log b_{n+1}} = e^0 = 1.
 \end{aligned}$$

UP.298. Find:

$$\Omega = \lim_{n \rightarrow \infty} \left(\sqrt[2n+2]{(2n+1)!! \cdot (n+1)!} - \sqrt[2n]{(2n)!! \cdot n!} \right)$$

Proposed by D.M.Băținețu-Giurgiu, Neculai Stanciu-Romania

Solution by Adrian Popa-Romania

$$\therefore L = \lim_{n \rightarrow \infty} (y_{n+1} - y_n) = \alpha \log \beta$$

$$i) \lim_{n \rightarrow \infty} \frac{y_{n+1}}{y_n} = 1$$

$$ii) \lim_{n \rightarrow \infty} \frac{y_n}{n} = \alpha$$

$$iii) \lim_{n \rightarrow \infty} \left(\frac{y_{n+1}}{y_n} \right)^n = \beta$$

$$(2n+1)!! = \frac{(2n+1)!}{2 \cdot 4 \cdot \dots \cdot 2n} = \frac{(2n+1)!}{2^n \cdot n!}$$

$$(2n-1)!! = \frac{(2n-1)!}{2 \cdot 4 \cdot \dots \cdot (2n-2)} = \frac{(2n-1)!}{2^{n-1} \cdot (n-1)!}$$

$$\Omega = \lim_{n \rightarrow \infty} \left(\sqrt[2n+2]{\frac{(2n+1)! \cdot (n+1)!}{2^n \cdot n!}} - \sqrt[2n]{\frac{(2n-1)! \cdot n!}{2^{n-1} \cdot (n-1)!}} \right)$$

$$= \lim_{n \rightarrow \infty} \left(\underbrace{\sqrt[2n+2]{\frac{(2n+1)! \cdot (n+1)}{2^n}}}_{y_{n+1}} - \underbrace{\sqrt[2n]{\frac{(2n-1)! \cdot n}{2^{n-1}}}}_{y_n} \right)$$

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$$\begin{aligned}
 \lim_{n \rightarrow \infty} \frac{y_n}{n} &= \lim_{n \rightarrow \infty} \frac{2^n \sqrt{\frac{(2n-1)! \cdot n}{2^{n-1} \cdot n^{2n}}}}{\sqrt{\frac{(2n-1)! \cdot n}{2^{n-1} \cdot n^{2n}}}} \\
 &\stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \sqrt{\frac{(2n+1)! \cdot (n+1)}{2^n \cdot (n+1)^{2n} \cdot (n+1)^2} \cdot \frac{2^{n-1} \cdot n^{2n}}{(2n-1)! \cdot n}} \\
 &= \lim_{n \rightarrow \infty} \sqrt{\frac{2n(2n+1)}{2n(n+1)} \cdot \left(\frac{n}{n+1}\right)^{2n}} = \frac{\sqrt{2}}{e} = \alpha \\
 \lim_{n \rightarrow \infty} \frac{y_{n+1}}{y_n} &= \lim_{n \rightarrow \infty} \frac{\sqrt{\frac{(2n+1)! \cdot (n+1)}{2^n}}}{n+1} \cdot \frac{n}{2^n \sqrt{\frac{(2n-1)! \cdot n}{2^{n-1}}}} \cdot \frac{n+1}{n} = 1 \\
 \lim_{n \rightarrow \infty} \left(\frac{y_{n+1}}{y_n}\right)^n &= \lim_{n \rightarrow \infty} \left(\frac{\sqrt{\frac{(2n+1)! \cdot (n+1)}{2^n}}}{2^n \sqrt{\frac{(2n-1)! \cdot n}{2^{n-1}}}}\right)^n \\
 &= \lim_{n \rightarrow \infty} \frac{\left(\frac{(2n+1)! \cdot (n+1)}{2^n}\right)^{\frac{n}{2n+2}}}{\left(\frac{(2n-1)! \cdot n}{2^{n-1}}\right)^{\frac{n}{2n}}} = \lim_{n \rightarrow \infty} \sqrt{\frac{\left(\frac{(2n+1)! \cdot (n+1)}{2^n}\right)^{\frac{n+1-1}{n+1}}}{\frac{(2n-1)! \cdot n}{2^{n-1}}}} \\
 &= \lim_{n \rightarrow \infty} \sqrt{\frac{\frac{(2n+1)! \cdot (n+1)}{2^n}}{\frac{(2n-1)! \cdot n}{2^{n-1}}}} \cdot \frac{1}{\sqrt{\frac{(2n+1)! \cdot (n+1)}{2^n}}} \\
 &= \lim_{n \rightarrow \infty} \sqrt{\frac{2n(2n+1)(n+1)}{2n}} \cdot \frac{1}{\sqrt{\frac{(2n+1)! \cdot (n+1)}{2^n}}} \\
 &= \lim_{n \rightarrow \infty} \sqrt{\frac{(2n+1)(n+1)}{(n+1)^2}} \cdot \frac{n+1}{y_{n+1}} = \sqrt{2} \cdot \frac{e}{\sqrt{2}} = e = \beta \\
 \Omega &= \alpha \log \beta = \frac{\sqrt{2}}{e} \cdot \log e = \frac{\sqrt{2}}{e}
 \end{aligned}$$

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UP.299. If $m, p \in \mathbb{N}^*$ – fixed values; $a_n \in (0, \infty)$; $b_n \in (0, \infty)$, $n \in \mathbb{N}^*$

$$\lim_{n \rightarrow \infty} \frac{a_{n+1}}{(3n+m)a_n} = a > 0; \quad \lim_{n \rightarrow \infty} \frac{b_{n+1}}{(4n+p)b_n} = b > 0$$

Then find:

$$\Omega = \lim_{n \rightarrow \infty} \left(\frac{(n+1)^3}{\sqrt[n+1]{a_{n+1} \cdot b_{n+1}}} - \frac{n^3}{\sqrt[n]{a_n \cdot b_n}} \right)$$

Proposed by D.M.Bătinețu-Giurgiu, Neculai Stanciu-Romania

Solution 1 by Remus Florin Stanca-Romania

$$\begin{aligned} \Omega &= \lim_{n \rightarrow \infty} \left(\frac{(n+1)^3}{\sqrt[n+1]{a_{n+1} \cdot b_{n+1}}} - \frac{n^3}{\sqrt[n]{a_n \cdot b_n}} \right) \\ &= \lim_{n \rightarrow \infty} \frac{n^3}{\sqrt[n]{a_n \cdot b_n}} \left(\frac{(n+1)^3}{n^3} \cdot \frac{\sqrt[n]{a_n \cdot b_n}}{\sqrt[n+1]{a_{n+1} \cdot b_{n+1}}} - 1 \right) \\ &= \lim_{n \rightarrow \infty} \frac{3n+m}{\sqrt[n]{a_n}} \cdot \frac{4n+p}{\sqrt[n]{b_n}} \cdot \frac{n^3}{(3n+m)(4n+p)} \cdot \left(\frac{(n+1)^3}{n^3} \cdot \frac{\sqrt[n]{a_n \cdot b_n}}{\sqrt[n+1]{a_{n+1} \cdot b_{n+1}}} - 1 \right) \\ &= \frac{1}{12} \lim_{n \rightarrow \infty} \left(\frac{(3n+3+m)^{n+1}}{a_{n+1}} \cdot \frac{a_n}{(3n+m)^n} \right) \cdot \lim_{n \rightarrow \infty} \left(\frac{(4n+4+p)^{n+1}}{b_{n+1}} \cdot \frac{b_n}{(4n+p)^n} \right) \\ &\quad \cdot \lim_{n \rightarrow \infty} n \left(\frac{(n+1)^3}{n^3} \cdot \frac{\sqrt[n]{a_n \cdot b_n}}{\sqrt[n+1]{a_{n+1} \cdot b_{n+1}}} - 1 \right) \\ &= \frac{1}{12} \cdot \frac{e^2}{ab} \log \left(e^3 \lim_{n \rightarrow \infty} \frac{a_n b_n}{a_{n+1} b_{n+1}} \cdot \sqrt[n+1]{a_{n+1} \cdot b_{n+1}} \right) \\ &= \frac{e^2}{12ab} \cdot \log \left(e^3 \cdot \frac{1}{ab} \cdot \frac{ab}{e^2} \right) = \frac{e^2}{12ab} \Rightarrow \Omega = \frac{e^2}{12ab} \end{aligned}$$

Solution 2 by Mokhtar Khassani-Mostaganem-Algerie

$$\begin{aligned} \Omega &= \lim_{n \rightarrow \infty} \left(\frac{(n+1)^3}{\sqrt[n+1]{a_{n+1} \cdot b_{n+1}}} - \frac{n^3}{\sqrt[n]{a_n \cdot b_n}} \right) \stackrel{C-S}{=} \lim_{n \rightarrow \infty} \frac{n^2}{\sqrt[n]{a_n \cdot b_n}} \\ &= \lim_{n \rightarrow \infty} n \sqrt[n]{\frac{n^{2n}}{a_n b_n}} \stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \frac{(n+1)^{2n+2}}{a_{n+1} b_{n+1}} \cdot \frac{a_n b_n}{n^{2n}} \end{aligned}$$

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$$= e^2 \lim_{n \rightarrow \infty} \frac{(3n+m)a_n}{a_{n+1}} \cdot \frac{(4n+p)b_n}{b_{n+1}} \cdot \frac{(n+1)^2}{(4n+p)(3n+m)} = \frac{e^2}{12ab}$$

UP.300. Let be $f, \Gamma: \mathbb{R}_+^* \rightarrow \mathbb{R}_+^* = (0, \infty)$ such that $\lim_{x \rightarrow \infty} \frac{f(x+1)}{x^2 f(x)} = a \in \mathbb{R}_+^*$ and

exist $\lim_{x \rightarrow \infty} \frac{(f(x))^{\frac{1}{x}}}{x^2}$ and Γ –Euler’s function by class 2. Find:

$$\lim_{x \rightarrow \infty} \left(\frac{(\Gamma(x+1))^{\frac{1}{x}}}{x^2} - \frac{(\Gamma(x+2))^{\frac{1}{x+1}}}{(x+1)^2} \right) \cdot (f(x))^{\frac{1}{x}}$$

Proposed by D.M.Bătinețu-Giurgiu, Daniel Sitaru-Romania

Solution by proposers

$$\begin{aligned} \lim_{x \rightarrow \infty} \frac{(f(x))^{\frac{1}{x}}}{x^2} &= \lim_{\substack{n \rightarrow \infty \\ n \in \mathbb{N}^*}} \frac{(f(n))^{\frac{1}{n}}}{n^2} = \lim_{n \rightarrow \infty} \sqrt[n]{\frac{f(n)}{n^{2n}}} \stackrel{C-D'A}{=} \lim_{n \rightarrow \infty} \frac{f(n+1)}{(n+1)^{2(n+1)}} \cdot \frac{n^{2n}}{f(n)} = \\ &= \lim_{n \rightarrow \infty} \frac{f(n+1)}{n^2 f(n)} \cdot \left(\frac{n}{n+1} \right)^{2(n+1)} = \frac{a}{e^2} \end{aligned}$$

Similarly:

$$\begin{aligned} \lim_{x \rightarrow \infty} \frac{(\Gamma(x+1))^{\frac{1}{x}}}{x^2} &= \lim_{n \rightarrow \infty} \frac{(\Gamma(n+1))^{\frac{1}{n}}}{n^2} = \lim_{n \rightarrow \infty} \frac{\sqrt[n]{n!}}{n} = \lim_{n \rightarrow \infty} \sqrt[n]{\frac{n!}{n^n}} \stackrel{C-D'A}{=} \\ &= \lim_{n \rightarrow \infty} \frac{(n+1)!}{(n+1)^{n+1}} \cdot \frac{n^n}{n!} = \frac{1}{e}. \end{aligned}$$

Let: $u(x) = \frac{(\Gamma(x+1))^{\frac{1}{x}}}{(\Gamma(x+2))^{\frac{1}{x+1}}} \cdot \left(\frac{x+1}{x} \right)^2$ then $\lim_{x \rightarrow \infty} u(x) = 1$ and $\lim_{x \rightarrow \infty} \frac{u(x)-1}{\log u(x)} = 1$ so, we have:

$$\lim_{x \rightarrow \infty} (u(x))^x = \lim_{x \rightarrow \infty} \frac{\Gamma(x+1)}{\Gamma(x+2)} \cdot \left(\frac{x+1}{x} \right)^{2x} \cdot (\Gamma(x+2))^{\frac{1}{x+1}} = e^2 \lim_{x \rightarrow \infty} \frac{(\Gamma(x+1))^{\frac{1}{x+1}}}{x+1} = e^2 \cdot \frac{1}{e} = e.$$

Therefore:

$$B(x) = \left(\frac{(\Gamma(x+1))^{\frac{1}{x}}}{x^2} - \frac{(\Gamma(x+2))^{\frac{1}{x+1}}}{(x+1)^2} \right) \cdot (f(x))^{\frac{1}{x}} = \frac{(f(x))^{\frac{1}{x}} (\Gamma(x+2))^{\frac{1}{x+1}}}{(x+1)^2} \cdot (u(x) - 1)$$

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$$\begin{aligned} &= \frac{(f(x))^{\frac{1}{x}} (\Gamma(x+2))^{\frac{1}{x+1}}}{(x+1)^2} \cdot \left(\frac{u(x)-1}{\log u(x)} \right) \log u(x) = \\ &\frac{(f(x))^{\frac{1}{x}}}{x^2} \cdot \frac{(\Gamma(x+2))^{\frac{1}{x+1}}}{(x+1)^2} \cdot \frac{x}{x+1} \cdot \left(\frac{u(x)-1}{\log u(x)} \right) \log(u(x))^x. \\ \lim_{x \rightarrow \infty} B(x) &= \frac{a}{e^2} \cdot \frac{1}{e} \cdot 1 \cdot \log e = \frac{a}{e^3}. \end{aligned}$$

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It's nice to be important but more important it's to be nice.

At this paper works a TEAM.

This is RMM TEAM.

To be continued!

Daniel Sitaru