ROMANIAN MATHEMATICAL MAGAZINE

Let $a, b, c \ge 0$, a + b + c + abc = 4. Prove that :

$$(ab + bc + ca - 5)^2 \ge 3abc + 1$$

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Let
$$p\coloneqq a+b+c$$
, $q\coloneqq ab+bc+ca$, $r\coloneqq abc$. We have $4=p+r\overset{AM-GM}{\subseteq}p+\frac{p^3}{27}$, then $3\le p$

and
$$q \stackrel{Schur}{\leq} \frac{p^3 + 9r}{4p} = \frac{p^3 + 9(4-p)}{4p} = 4 - \frac{(4-p)(p^2 + 4p - 9)}{4p} \leq 4.$$

The desired inequality can be rewritten as $q \le 5 - \sqrt{13 - 3p} = 5 - x$,

where
$$x = \sqrt{13 - 3p}$$
.

Suppose, for the sake of contradiction, that q > 5 - x.

By the fourth degree Schur's inequality, we have

$$p^4 + 6pr \ge 5p^2q - 4q^2 = f(q).$$

We have $f'(q) = 5p^2 - 8q > 0$, so f is strictly increasing, then

$$p^4 + 6pr \ge f(q) > f(5-x) = 5p^2(5-x) - 4(5-x)^2$$

$$\stackrel{p=\frac{13-x^2}{3}}{\Leftrightarrow} \left(\frac{13-x^2}{3}\right)^4 + 2\left(13-x^2\right)\left(4-\frac{13-x^2}{3}\right) > 5\left(\frac{13-x^2}{3}\right)^2 (5-x) - 4(5-x)^2$$

$$\Leftrightarrow -(x-1)^2(2-x)\left(1033+400x-137x^2-41x^3+4x^4+x^5\right) > 0,$$

which is not true because $x = \sqrt{13 - 3p} \in [1, 2]$.

Then
$$q \le 5 - \sqrt{13 - 3p}$$
, and the proof is done.

Equality holds iff (a = b = c = 1) and (a = b = 2, c = 0) and its permutations.