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Let the quadrilateral $ABCD$ circumscribe a circle of radius r
and let $A'B'C'D'$ be the
quadrilateral whose vertices are the points of contact of
the sides of the quadrilateral $ABCD$ with the circle. Prove that :

$$\sqrt[4]{r} \left(\frac{1}{\sqrt[4]{AA'}} + \frac{1}{\sqrt[4]{BB'}} + \frac{1}{\sqrt[4]{CC'}} + \frac{1}{\sqrt[4]{DD'}} \right) \geq \frac{64}{\frac{\sin \frac{A+B}{2} \sin \frac{B+C}{2} \sin \frac{C+A}{2}}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \sin \frac{D}{2}} + 12}$$

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Let $AA' = AD' = e, BB' = BA' = f, CC' = CB' = g,$
 $DD' = DC' = h$ and with reference to article "Calculations concerning
the Tangent Lengths and
Tangency Chords of a Tangential Quadrilateral" by Martin Josefsson, published in
"Forum Geometricum", Volume 10 (2010) 119 – 130, we get :

$$r = \sqrt{\frac{\theta}{\xi}} \quad (\xi = e + f + g + h \text{ and } \theta = efg + fgh + ghe + hef),$$

$$\sin \frac{A}{2} = \sqrt{\frac{\theta}{E}}, \sin \frac{B}{2} = \sqrt{\frac{\theta}{F}}, \sin \frac{C}{2} = \sqrt{\frac{\theta}{G}}, \sin \frac{D}{2} = \sqrt{\frac{\theta}{H}}, \text{ where}$$

$$E = (e + f)(e + g)(e + h), F = (f + e)(f + g)(f + h),$$

$$G = (g + e)(g + f)(g + h) \text{ and } H = (h + e)(h + f)(h + g)$$

$$\text{and using } \cos \frac{A}{2} = \sqrt{1 - \sin^2 \frac{A}{2}} \text{ and analogs, we get : } \cos \frac{A}{2} = e \cdot \sqrt{\frac{\xi}{E}},$$

$$\cos \frac{B}{2} = f \cdot \sqrt{\frac{\xi}{F}}, \cos \frac{C}{2} = g \cdot \sqrt{\frac{\xi}{G}} \therefore \sin \frac{A+B}{2} = \sin \frac{A}{2} \cos \frac{B}{2} + \cos \frac{A}{2} \sin \frac{B}{2}$$

$$= \sqrt{\frac{\theta}{E}} \cdot f \cdot \sqrt{\frac{\xi}{F}} + e \cdot \sqrt{\frac{\xi}{E}} \cdot \sqrt{\frac{\theta}{F}} \Rightarrow \sin \frac{A+B}{2} = \sqrt{\frac{\theta \xi}{EF}} (e + f) \text{ and analogously,}$$

$$\sin \frac{B+C}{2} = \sqrt{\frac{\theta \xi}{FG}} (f + g) \text{ and } \sin \frac{C+A}{2} = \sqrt{\frac{\theta \xi}{GE}} (g + e) \therefore \frac{\sin \frac{A+B}{2} \sin \frac{B+C}{2} \sin \frac{C+A}{2}}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \sin \frac{D}{2}}$$

$$= \frac{\left(\sqrt{\frac{\theta \xi}{EF}} (e + f) \right) \left(\sqrt{\frac{\theta \xi}{FG}} (f + g) \right) \left(\sqrt{\frac{\theta \xi}{GE}} (g + e) \right)}{\left(\sqrt{\frac{\theta}{E}} \right) \left(\sqrt{\frac{\theta}{F}} \right) \left(\sqrt{\frac{\theta}{G}} \right) \left(\sqrt{\frac{\theta}{H}} \right)}$$

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$$\begin{aligned}
 &= \frac{\xi \cdot \sqrt{\frac{\xi}{\theta}} \cdot \sqrt{EFGH} \cdot (e+f)(f+g)(g+e)}{EFG} \\
 &= \frac{\left(\frac{\sum_{cyc} e}{r}\right) (e+f)(f+g)(g+e) \cdot \sqrt{(e+f)^2(e+g)^2(e+h)^2(f+g)^2(f+h)^2(h+e)^2}}{(e+f)^2(e+g)^2(f+g)^2(h+e)(h+f)(h+g)} \\
 &= \frac{\sum_{cyc} e}{r} \Rightarrow \frac{\sin \frac{A+B}{2} \sin \frac{B+C}{2} \sin \frac{C+A}{2}}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \sin \frac{D}{2}} + 12 = \frac{\sum_{cyc} e}{r} + 12 \\
 &\therefore \left(\frac{\sin \frac{A+B}{2} \sin \frac{B+C}{2} \sin \frac{C+A}{2}}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \sin \frac{D}{2}} + 12 \right) \cdot \sqrt[4]{r} \cdot \left(\frac{1}{\sqrt[4]{AA'}} + \frac{1}{\sqrt[4]{BB'}} + \frac{1}{\sqrt[4]{CC'}} + \frac{1}{\sqrt[4]{DD'}} \right) \\
 &= \left(\frac{\sum_{cyc} e}{r} + 12 \right) \cdot \sqrt[4]{r} \cdot \sum_{cyc} \frac{1}{\sqrt[4]{e}} \stackrel{\text{Jensen}}{\geq} \left(\frac{\sum_{cyc} e}{r} + 12 \right) \cdot \sqrt[4]{r} \cdot \frac{4}{\sqrt[4]{\frac{\sum_{cyc} e}{4r}}} \\
 &\left(\because f(x) = \frac{1}{\sqrt[4]{x}} \text{ is convex as } f''(x) = \frac{5}{16x^{\frac{9}{4}}} > 0 \right) = \frac{4 \left(\frac{\sum_{cyc} e}{r} + 12 \right)}{\sqrt[4]{\frac{\sum_{cyc} e}{4r}}} = \frac{4(4t^4 + 12)}{t} \\
 &\left(t = \sqrt[4]{\frac{\sum_{cyc} e}{4r}} \right) \stackrel{?}{\geq} 64 \Leftrightarrow t^4 - 4t + 3 \stackrel{?}{\geq} 0 \Leftrightarrow (t^2 + 2t + 3)(t - 1)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \\
 &\therefore \left(\frac{\sin \frac{A+B}{2} \sin \frac{B+C}{2} \sin \frac{C+A}{2}}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \sin \frac{D}{2}} + 12 \right) \cdot \sqrt[4]{r} \cdot \left(\frac{1}{\sqrt[4]{AA'}} + \frac{1}{\sqrt[4]{BB'}} + \frac{1}{\sqrt[4]{CC'}} + \frac{1}{\sqrt[4]{DD'}} \right) \geq 64 \\
 &\Rightarrow \sqrt[4]{r} \left(\frac{1}{\sqrt[4]{AA'}} + \frac{1}{\sqrt[4]{BB'}} + \frac{1}{\sqrt[4]{CC'}} + \frac{1}{\sqrt[4]{DD'}} \right) \geq \frac{64}{\frac{\sin \frac{A+B}{2} \sin \frac{B+C}{2} \sin \frac{C+A}{2}}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \sin \frac{D}{2}} + 12} \quad (\text{QED})
 \end{aligned}$$