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If in ΔABC holds $\frac{\sum \frac{a}{r_a - r}}{\sin A + \sin B + \sin C} \leq 2$ then ΔABC is an equilateral one.

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In an equilateral triangle holds $R = 2r$

Proof: Let us assume ΔABC is equilateral and

$$AB = BC = CA = a \text{ and } A = B = C = \frac{\pi}{3}$$

$$a = 2R \sin A = 2R \sin \frac{\pi}{3} = 2R \frac{\sqrt{3}}{2} \text{ or, } R = \frac{a}{\sqrt{3}} \text{ and } [ABC] = \sqrt{3} \frac{a^2}{4}, r = \frac{[ABC]}{a+a+a} = \frac{a}{2\sqrt{3}}$$

$$\frac{R}{r} = \frac{\frac{a}{\sqrt{3}}}{\frac{a}{2\sqrt{3}}} = 2 \text{ or } R = 2r \quad (1)$$

$$\begin{aligned} \sum \frac{a}{r_a - r} &= \sum \frac{a}{\frac{F}{s-a} - r} = \sum \frac{a}{r \cdot \frac{s}{s-a} - r} = \sum \frac{a(s-a)}{rs - r(s-a)} = \frac{1}{r} \sum \frac{a(s-a)}{a} \\ &= \frac{1}{r} \sum (s-a) = \frac{1}{r} (3s - 2s) = \frac{s}{r} \quad (2) \end{aligned}$$

$$\sin A + \sin B + \sin C = \frac{s}{R} \quad (3)$$

$$\frac{\sum \frac{a}{r_a - r}}{\sin A + \sin B + \sin C} \leq 2 \text{ or, } \frac{\left(\frac{s}{r}\right)}{\frac{s}{R}} \leq 2 \text{ (using (3) \& (2)) or}$$

$$\frac{R}{r} \leq 2, \text{ we know that } \frac{R}{r} \geq 2 \text{ (Euler)}$$

So we can say $\frac{R}{r} = 2$, and using (1) we can say ΔABC equilateral