

If  $a, b, c \geq 0$  then:

$$9 + 2 \sum_{cyc} a^5 \geq \sum_{cyc} a(a^2 + 3a + 1)$$

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We will prove that:

$$2a^5 - a^3 - 3a^2 - a + 3 \geq 0, \forall a \geq 0$$

$$2a^5 - a^3 - 3a^2 - a + 3 =$$

$$= 2a^5 - 2a^4 + 2a^4 - 2a^3 + a^3 - a^2 - 2a^2 + 2a - 3a + 3 =$$

$$= 2a^4(a - 1) + 2a^3(a - 1) + a^2(a - 1) - 2a(a - 1) - 3(a - 1) =$$

$$= (a - 1)(2a^4 + 2a^3 + a^2 - 2a - 3) =$$

$$= (a - 1)(2a^4 - 2a^3 + 4a^3 - 4a^2 + 5a^2 - 5a + 3a - 3) =$$

$$= (a - 1) \left( 2a^3(a - 1) + 4a^2(a - 1) + 5a(a - 1) + 3(a - 1) \right) =$$

$$= (a - 1)^2(2a^3 + 4a^2 + 5a + 3) \geq 0$$

$$\sum_{cyc} (2a^5 - a^3 - 3a^2 - a + 3) \geq 0$$

$$2 \sum_{cyc} a^5 + \sum_{cyc} 3 \geq \sum_{cyc} (a^3 + 3a^2 + a)$$

$$9 + 2 \sum_{cyc} a^5 \geq \sum_{cyc} a(a^2 + 3a + 1)$$

Equality holds for:  $a = b = c = 1$ .