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If $a, b, c > 0$ and $a^2 + b^2 + c^2 = 3$, then prove that :

$$3(a + b + c) + 2\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) \geq 15$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution 1 by Soumava Chakraborty-Kolkata-India

Assigning $b + c = x, c + a = y, a + b = z \Rightarrow x + y - z = 2c > 0, y + z - x = 2a > 0$ and $z + x - y = 2b > 0 \Rightarrow x + y > z, y + z > x, z + x > y \Rightarrow x, y, z$ form sides of a triangle with semiperimeter, circumradius and inradius $= s, R, r$ (say)

yielding $2 \sum_{\text{cyc}} a = \sum_{\text{cyc}} x = 2s \Rightarrow \sum_{\text{cyc}} a = s \rightarrow (1) \Rightarrow a = s - x, b = s - y, c = s - z$

$\therefore abc = r^2s \rightarrow (2)$ and such substitutions $\Rightarrow \sum_{\text{cyc}} ab = \sum_{\text{cyc}} (s - x)(s - y)$

$$\Rightarrow \sum_{\text{cyc}} ab = 4Rr + r^2 \rightarrow (3), \sum_{\text{cyc}} a^2 = \left(\sum_{\text{cyc}} a \right)^2 - 2 \sum_{\text{cyc}} ab$$

$$\text{via (1) and (3)} \quad s^2 - 2(4Rr + r^2) \Rightarrow \sum_{\text{cyc}} a^2 = s^2 - 8Rr - 2r^2 \rightarrow (4)$$

$$\text{Now, } 3(a + b + c) + 2\left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) \geq 15 \quad \because a^2 + b^2 + c^2 = 3$$

$$3 \sum_{\text{cyc}} a + \frac{2(\sum_{\text{cyc}} ab)(\sum_{\text{cyc}} a^2)}{3abc} \geq 5 \cdot \sqrt{3 \sum_{\text{cyc}} a^2}$$

$$\text{via (1),(2),(3) and (4)} \quad \left(3s + \frac{2(4Rr + r^2)(s^2 - 8Rr - 2r^2)}{3r^2s} \right)^2 \geq 75(s^2 - 8Rr - 2r^2)$$

$$\Leftrightarrow (32R^2 + 88Rr - 277r^2)s^4 - rs^2(512R^3 + 960R^2r - 2316Rr^2 - 631r^3) + 8r^2(4R + r)^4 \stackrel{(*)}{\geq} 0$$

$$\because 32R^2 + 88Rr - 277r^2 = (R - 2r)(32R + 152r) + 27r^2 \stackrel{\text{Euler}}{\geq} 27r^2 > 0$$

$$\therefore \text{LHS of (*)} \stackrel{\text{Gerretsen}}{\geq} (32R^2 + 88Rr - 277r^2)(16Rr - 5r^2)s^2$$

$$-rs^2(512R^3 + 960R^2r - 2316Rr^2 - 631r^3) + 8r^2(4R + r)^4 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 9(8R - 7r)(R - 8r)s^2 + 2(4R + r)^4 \stackrel{?}{\geq} 0$$

Case 1 $R - 8r \geq 0$ and then : LHS of $(**)$ $\geq 2(4R + r)^4 > 0 \Rightarrow (**)$ is true
(strict inequality)

Case 2 $R - 8r < 0$ and then : LHS of $(**)$ $= -9(8R - 7r)(8r - R)s^2 + 2(4R + r)^4 \stackrel{\text{Gerretsen}}{\geq} -9(8R - 7r)(8r - R)(4R^2 + 4Rr + 3r^2) + 2(4R + r)^4 \stackrel{?}{\geq} 0$
 $\Leftrightarrow 800t^4 - 1756t^3 - 132t^2 + 131t + 1514 \stackrel{?}{\geq} 0 \quad (t = \frac{R}{r})$

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$$\begin{aligned} &\Leftrightarrow (t-2) \left((t-2)(800t^2 + 1444t + 2444) + 4131 \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \\ &\Rightarrow (**)\text{ is true} \therefore \text{combining both cases, } (**) \Rightarrow (*)\text{ is true } \forall \Delta ABC \\ &\therefore 3(a+b+c) + 2 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) \geq 15 \quad \forall a, b, c > 0 \mid a^2 + b^2 + c^2 = 3, \\ &\quad " = " \text{ iff } a = b = c = 1 \text{ (QED)} \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Tanger-Morocco

We have $3a + \frac{2}{a} = \frac{a^2 + 9}{2} + \frac{(4-a)(a-1)^2}{2a} \geq \frac{a^2 + 9}{2}$, for all $a < 2$.

Then:

$$\begin{aligned} 3(a+b+c) + 2 \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \right) &= \left(3a + \frac{2}{a} \right) + \left(3b + \frac{2}{b} \right) + \left(3c + \frac{2}{c} \right) \\ &\geq \frac{a^2 + b^2 + c^2 + 3 \cdot 9}{2} = 15, \end{aligned}$$

as desired. Equality holds iff $a = b = c = 1$.