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If $a, b, c > 0$ and $abc \geq 1$, then prove that :

$$a + b + c \geq \frac{1+a}{1+b} + \frac{1+b}{1+c} + \frac{1+c}{1+a}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} a + b + c &\geq \frac{1+a}{1+b} + \frac{1+b}{1+c} + \frac{1+c}{1+a} \\ \Leftrightarrow a \left(1 - \frac{1}{1+b}\right) - \frac{1}{1+b} + b \left(1 - \frac{1}{1+c}\right) - \frac{1}{1+c} + c \left(1 - \frac{1}{1+a}\right) - \frac{1}{1+a} &\geq 0 \\ \Leftrightarrow \frac{ab-1}{1+b} + \frac{bc-1}{1+c} + \frac{ca-1}{1+a} &\geq 0 \Leftrightarrow \\ (ab-1)(1+c)(1+a) + (bc-1)(1+a)(1+b) + (ca-1)(1+b)(1+c) &\geq 0 \\ \Leftrightarrow abc \sum_{\text{cyc}} a + 3abc - 3 + \sum_{\text{cyc}} a^2b - 2 \sum_{\text{cyc}} a &\stackrel{(*)}{\geq} 0 \end{aligned}$$

$$\because abc \geq 1 \therefore abc \sum_{\text{cyc}} a - \sum_{\text{cyc}} a + 3abc - 3 \geq 0 \therefore \text{in order to prove } (*),$$

$$\text{it suffices to prove : } \sum_{\text{cyc}} a^2b \stackrel{(**)}{\geq} \sum_{\text{cyc}} a$$

$$\begin{aligned} \boxed{\text{Case 1}} \sum_{\text{cyc}} a &\geq \sum_{\text{cyc}} ab \text{ and then : } \sum_{\text{cyc}} a^2b = \sum_{\text{cyc}} \frac{a^2}{\frac{1}{b}} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} a)^2}{\sum_{\text{cyc}} \frac{1}{a}} \\ &\stackrel{\sum_{\text{cyc}} ab \leq \sum_{\text{cyc}} a}{=} abc \cdot \frac{(\sum_{\text{cyc}} a)^2}{\sum_{\text{cyc}} ab} \stackrel{\substack{\text{and} \\ \geq}}{\because abc \geq 1}{\geq} \frac{(\sum_{\text{cyc}} a)^2}{\sum_{\text{cyc}} a} = \sum_{\text{cyc}} a \Rightarrow \sum_{\text{cyc}} a^2b \geq \sum_{\text{cyc}} a \end{aligned}$$

$$\begin{aligned} \boxed{\text{Case 2}} \sum_{\text{cyc}} ab &\geq \sum_{\text{cyc}} a \text{ and then : } \sum_{\text{cyc}} a^2b = \sum_{\text{cyc}} \frac{a^2b^2}{b} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} ab)^2}{\sum_{\text{cyc}} a} \\ &\stackrel{\sum_{\text{cyc}} ab \geq \sum_{\text{cyc}} a}{\geq} \frac{(\sum_{\text{cyc}} a)^2}{\sum_{\text{cyc}} a} = \sum_{\text{cyc}} a \Rightarrow \sum_{\text{cyc}} a^2b \geq \sum_{\text{cyc}} a \therefore \text{combining both cases,} \end{aligned}$$

$$\begin{aligned} (**) \Rightarrow (*) \text{ is true } \forall a, b, c > 0 \mid abc \geq 1 &\Rightarrow a + b + c \geq \frac{1+a}{1+b} + \frac{1+b}{1+c} + \frac{1+c}{1+a} \\ \forall a, b, c > 0 \mid abc \geq 1, " = " \text{ iff } a = b = c = 1 &\text{ (QED)} \end{aligned}$$