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If $a, b, c > 0$ and $a^2 + b^2 + c^2 \geq 3$, then prove that :

$$\frac{a^2}{b+2c} + \frac{b^2}{c+2a} + \frac{c^2}{a+2b} \geq 1$$

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{a^2}{b+2c} + \frac{b^2}{c+2a} + \frac{c^2}{a+2b} &= \frac{a^4}{a^2b+2ca^2} + \frac{b^4}{b^2c+2ab^2} + \frac{c^4}{c^2a+2bc^2} \\ &\stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} a^2)^2}{\sum_{\text{cyc}} a^2b + \sum_{\text{cyc}} ab^2 + \sum_{\text{cyc}} (a(\sum_{\text{cyc}} a^2 - c^2 - a^2))} \\ &= \frac{(\sum_{\text{cyc}} a^2)^2}{\sum_{\text{cyc}} a^2b + \sum_{\text{cyc}} ab^2 + (\sum_{\text{cyc}} a)(\sum_{\text{cyc}} a^2) - \sum_{\text{cyc}} a^2b - \sum_{\text{cyc}} a^3} \stackrel{\sum_{\text{cyc}} ab^2 \leq \sum_{\text{cyc}} a^3}{\geq} \\ &\quad \frac{(\sum_{\text{cyc}} a^2)^2}{(\sum_{\text{cyc}} a)(\sum_{\text{cyc}} a^2)} = \frac{\sum_{\text{cyc}} a^2}{\sum_{\text{cyc}} a} \stackrel{a^2+b^2+c^2 \geq 3 \text{ and } 3\sum_{\text{cyc}} a^2 \geq (\sum_{\text{cyc}} a)^2}{\geq} = 1 \\ \therefore \frac{a^2}{b+2c} + \frac{b^2}{c+2a} + \frac{c^2}{a+2b} &\geq 1 \quad \forall a, b, c > 0 \mid a^2 + b^2 + c^2 \geq 3, \\ &\quad \text{"=" iff } a = b = c = 1 \text{ (QED)} \end{aligned}$$