

ROMANIAN MATHEMATICAL MAGAZINE

If $a, b > 0$ and $a^2 + b^2 \geq 2$, then prove that :

$$\frac{a^2}{b} + \frac{b^2}{a} + 7(a + b) \geq 16$$

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Let $x = a + b$ and $y = ab \therefore a^2 + b^2 \geq 2 \Leftrightarrow x^2 - 2y \geq 2$

$$\Leftrightarrow 2y \leq x^2 - 2 \rightarrow (i)$$

$$\text{Now, } \frac{a^2}{b} + \frac{b^2}{a} + 7(a + b) = \frac{(a + b)(a^2 - ab + b^2)}{ab} + 7(a + b) = \frac{x(x^2 - 3y)}{y} + 7x$$

$$= \frac{x^3 + 4xy}{y} \stackrel{?}{\geq} 16 \Leftrightarrow x^3 \stackrel{?}{\underset{(*)}{\geq}} 4y(4 - x)$$

Case 1 $4 - x \leq 0$ and $\therefore x, y > 0 \therefore$ LHS of $(*) > 0$ and RHS of $(*) \leq 0 \Rightarrow$
LHS of $(*) >$ RHS of $(*)$

Case 2 $4 - x > 0$ and then : $4y(4 - x) \stackrel{\text{via (i)}}{\leq} (8 - 2x)(x^2 - 2) \stackrel{?}{\leq} x^3 \Leftrightarrow$

$3x^3 - 8x^2 - 4x + 16 \stackrel{?}{\geq} 0 \Leftrightarrow (3x + 4)(x - 2)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore x = a + b > 0$
 $\Rightarrow (*)$ is true \therefore combining both cases, $(*)$ is true $\forall x, y > 0$ constrained by (i)

$$\therefore \frac{a^2}{b} + \frac{b^2}{a} + 7(a + b) \geq 16 \forall a, b > 0 \mid a^2 + b^2 \geq 2 \text{ (QED)}$$