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If $a, b, c \in \mathbb{R}$ and $abc(a+b)(b+c)(c+a) = 8$, then prove that :

$$a^2 + b^2 + c^2 \geq 3$$

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$$\begin{aligned} a^2 + b^2 + c^2 \geq 3 &\Leftrightarrow \left(\sum_{\text{cyc}} a^2 \right)^3 \geq 27 = \frac{27}{8} \cdot abc(a+b)(b+c)(c+a) \\ &\Leftrightarrow 8 \sum_{\text{cyc}} a^6 + 24 \sum_{\text{cyc}} a^4 b^2 + 24 \sum_{\text{cyc}} a^2 b^4 \stackrel{(*)}{\geq} 27abc \left(\sum_{\text{cyc}} a^2 b + \sum_{\text{cyc}} ab^2 \right) + 6a^2 b^2 c^2 \end{aligned}$$

Now, $\forall x, y, z \geq 0$, via Schur + A - G, we get : $2 \sum_{\text{cyc}} x^3 \geq \sum_{\text{cyc}} x^2 y + \sum_{\text{cyc}} x y^2$ and choosing $x = a^2, y = b^2, z = c^2$, we have : $2 \sum_{\text{cyc}} a^6 \geq \sum_{\text{cyc}} a^4 b^2 + \sum_{\text{cyc}} a^2 b^4 \rightarrow (1)$

Again, $\forall \alpha, \beta, \gamma \in \mathbb{R}$, $\alpha^2 + \beta^2 + \gamma^2 \geq \alpha\beta + \beta\gamma + \gamma\alpha$ and choosing $\alpha = a^2 b, \beta = b^2 c, \gamma = c^2 a$, we have : $\sum_{\text{cyc}} a^4 b^2 \geq abc \sum_{\text{cyc}} ab^2 \rightarrow (2)$ and choosing

$\alpha = ab^2, \beta = bc^2, \gamma = ca^2$, we have : $\sum_{\text{cyc}} a^2 b^4 \geq abc \sum_{\text{cyc}} a^2 b \rightarrow (3)$ and also,

$$\sum_{\text{cyc}} a^6 - 3a^2 b^2 c^2 = \left(\sum_{\text{cyc}} a^2 \right) \left(\frac{1}{2} \sum_{\text{cyc}} (a^2 - b^2)^2 \right) \geq 0 \Rightarrow \sum_{\text{cyc}} a^6 \geq 3a^2 b^2 c^2 \rightarrow (4)$$

$$\begin{aligned} \text{So, } 8 \sum_{\text{cyc}} a^6 + 24 \sum_{\text{cyc}} a^4 b^2 + 24 \sum_{\text{cyc}} a^2 b^4 &\stackrel{\text{via (2) and (3)}}{\geq} \\ 2 \sum_{\text{cyc}} a^6 + 6 \sum_{\text{cyc}} a^6 + 24abc \left(\sum_{\text{cyc}} a^2 b + \sum_{\text{cyc}} ab^2 \right) &\stackrel{\text{via (1) and (4)}}{\geq} \\ 6a^2 b^2 c^2 + 3 \sum_{\text{cyc}} a^4 b^2 + 3 \sum_{\text{cyc}} a^2 b^4 + 24abc \left(\sum_{\text{cyc}} a^2 b + \sum_{\text{cyc}} ab^2 \right) \\ \stackrel{\text{via (2) and (3)}}{\geq} 6a^2 b^2 c^2 + 3abc \left(\sum_{\text{cyc}} a^2 b + \sum_{\text{cyc}} ab^2 \right) + 24abc \left(\sum_{\text{cyc}} a^2 b + \sum_{\text{cyc}} ab^2 \right) \end{aligned}$$

$$= 27abc \left(\sum_{\text{cyc}} a^2 b + \sum_{\text{cyc}} ab^2 \right) + 6a^2 b^2 c^2 \Rightarrow (*) \text{ is true} \because a^2 + b^2 + c^2 \geq 3$$

$\forall a, b, c \in \mathbb{R} \mid abc(a+b)(b+c)(c+a) = 8$,
 $" = " \text{ iff } (a = b = c = 1) \text{ or } (a = b = c = -1) \text{ (QED)}$