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In any ΔABC , the following relationship holds :

$$\frac{m_a^4}{(b+c)b^2c^2} + \frac{m_b^4}{(c+a)c^2a^2} + \frac{m_c^4}{(a+b)a^2b^2} \geq \frac{9\sqrt{3}}{32R}$$

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{m_a^4}{(b+c)b^2c^2} &= \sum_{\text{cyc}} \frac{\left(\frac{m_a^2}{bc}\right)^2}{b+c} \stackrel{\text{Bergstrom}}{\geq} \frac{\left(\sum_{\text{cyc}} \frac{m_a^2}{bc}\right)^2}{4s} \stackrel{\text{Mitrinovic}}{\geq} \\ &\geq \frac{\left(\sum_{\text{cyc}} \frac{m_a^2}{bc}\right)^2}{4R \cdot \frac{3\sqrt{3}}{2}} \stackrel{?}{\geq} \frac{9\sqrt{3}}{32R} \Leftrightarrow \sum_{\text{cyc}} \frac{m_a^2}{bc} \stackrel{?}{\geq} \frac{9}{4} \Leftrightarrow \frac{1}{16Rrs} \cdot \sum_{\text{cyc}} a(2b^2 + 2c^2 - a^2) \stackrel{?}{\geq} \frac{9}{4} \\ &\Leftrightarrow \frac{1}{4Rrs} \cdot \sum_{\text{cyc}} a(2b^2 + 2c^2 + 2a^2 - 3a^2) \stackrel{?}{\geq} 9 \\ &\Leftrightarrow 2 \left(\sum_{\text{cyc}} a^2 \right) \left(\sum_{\text{cyc}} a \right) - 3 \sum_{\text{cyc}} a^3 \stackrel{?}{\geq} 36Rrs \\ &\Leftrightarrow 8s(s^2 - 4Rr - r^2) - 6s(s^2 - 6Rr - 3r^2) \stackrel{?}{\geq} 36Rrs \Leftrightarrow s^2 \stackrel{?}{\geq} 16Rr - 5r^2 \\ &\rightarrow \text{true via Gerretsen} \therefore \sum_{\text{cyc}} \frac{m_a^4}{(b+c)b^2c^2} \geq \frac{9\sqrt{3}}{32R} \end{aligned}$$

$\forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$