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In any ΔABC , the following relationship holds :

$$h_a(b+c)^2 + h_b(c+a)^2 + h_c(a+b)^2 \leq 54R^3$$

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} h_a(b+c)^2 + h_b(c+a)^2 + h_c(a+b)^2 &= \sum_{\text{cyc}} \frac{bc(b^2 + c^2 + 2bc)}{2R} \\ &\stackrel{\text{A-G}}{\leq} \frac{1}{2R} \left(\sum_{\text{cyc}} \frac{(b^2 + c^2)^2}{2} + 2 \sum_{\text{cyc}} a^2 b^2 \right) = \frac{1}{2R} \left(\sum_{\text{cyc}} a^4 + 2 \sum_{\text{cyc}} a^2 b^2 + \sum_{\text{cyc}} a^2 b^2 \right) \\ &= \frac{1}{2R} \left(\left(\sum_{\text{cyc}} a^2 \right)^2 + \sum_{\text{cyc}} a^2 b^2 \right) \stackrel{\text{Leibnitz and Goldstone}}{\leq} \frac{1}{2R} (81R^4 + 4R^2 s^2) \\ &\stackrel{\text{Mitrinovic}}{\leq} \frac{1}{2R} \left(81R^4 + 4R^2 \cdot \frac{27R^2}{4} \right) \therefore h_a(b+c)^2 + h_b(c+a)^2 + h_c(a+b)^2 \leq 54R^3 \\ &\quad \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$