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In any acute ΔABC , the following relationship holds :

$$h_a^2 \left(\frac{1}{m_b^2} + \frac{1}{m_c^2} \right) + h_b^2 \left(\frac{1}{m_c^2} + \frac{1}{m_a^2} \right) + h_c^2 \left(\frac{1}{m_a^2} + \frac{1}{m_b^2} \right) \geq 6$$

Proposed by Lam Tran-Vietnam

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} b^2 c^2 \sec^4 \frac{A}{2} &= \left(\sum_{\text{cyc}} bc \sec^2 \frac{A}{2} \right)^2 - 2 \sum_{\text{cyc}} bc \cdot ca \cdot \sec^2 \frac{A}{2} \sec^2 \frac{B}{2} \\ &= \left(\sum_{\text{cyc}} bc + 4Rrs \cdot \sum_{\text{cyc}} \frac{\tan^2 \frac{A}{2}}{4R \cos^2 \frac{A}{2} \tan \frac{A}{2}} \right)^2 - 8Rrs \cdot \frac{16R^2}{s^2} \cdot \sum_{\text{cyc}} a \cos^2 \frac{A}{2} \\ &= \left(s^2 + 4Rr + r^2 + r \sum_{\text{cyc}} \left(\left(1 + \tan^2 \frac{A}{2} \right) r_a \right) \right)^2 - \frac{64R^3 r}{s} \sum_{\text{cyc}} a(1 + \cos A) \\ &= \left(s^2 + 4Rr + r^2 + r(4R + r) + \frac{r}{s^2} \left((4R + r)^3 - 3 \cdot 64R^3 \cdot \frac{s^2}{16R^2} \right) \right)^2 \\ &\quad - \frac{64R^3 r}{s} \left(2s + \frac{2rs}{R} \right) \left(\because r_b + r_c = 4R \cos^2 \frac{A}{2} \text{ and analogs} \right) \\ &\quad \Rightarrow \sum_{\text{cyc}} b^2 c^2 \sec^4 \frac{A}{2} = \\ &\quad \frac{(s^2(s^2 + 4Rr + r^2) + r(4R + r)s^2 + r(4R + r)^3 - 12Rrs^2)^2 - 128R^2 r(R + r)s^4}{s^4} \\ &\quad \rightarrow (1) \end{aligned}$$

$$\begin{aligned} \text{Also, } \sum_{\text{cyc}} \sec^4 \frac{A}{2} &= \left(\sum_{\text{cyc}} \sec^2 \frac{A}{2} \right)^2 - 2 \sum_{\text{cyc}} \sec^2 \frac{A}{2} \sec^2 \frac{B}{2} \\ &= \frac{(s^2 + (4R + r)^2)^2}{s^4} - 2 \cdot \frac{16R^2}{s^2} \cdot \frac{4R + r}{2R} \\ \Rightarrow \sum_{\text{cyc}} \sec^4 \frac{A}{2} &= \frac{(s^2 + (4R + r)^2)^2 - 16R(4R + r)s^2}{s^4} \rightarrow (2) \end{aligned}$$

Now, $\because m_a \leq 2R \cos^2 \frac{A}{2}$ and analogs \forall acute ΔABC , $\therefore \sum_{\text{cyc}} h_a^2 \left(\frac{1}{m_b^2} + \frac{1}{m_c^2} \right)$

$$\geq \sum_{\text{cyc}} \left(\frac{b^2 c^2}{4R^2} \left(\frac{1}{4R^2} \left(\sum_{\text{cyc}} \sec^4 \frac{A}{2} - \sec^4 \frac{A}{2} \right) \right) \right)$$

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$$\begin{aligned}
 &= \frac{(\sum_{cyc} \sec^4 \frac{A}{2})(\sum_{cyc} b^2 c^2) - \sum_{cyc} b^2 c^2 \sec^4 \frac{A}{2}}{16R^4} \\
 &\stackrel{\text{via (1) and (2)}}{=} \frac{((s^2 + (4R + r)^2)^2 - 16R(4R + r)s^2)((s^2 + 4Rr + r^2)^2 - 16Rrs^2)}{16R^4 s^4} \\
 &= \frac{(s^2(s^2 + 4Rr + r^2) + r(4R + r)s^2 + r(4R + r)^3 - 12Rrs^2)^2 - 128R^2 r(R + r)s^4}{16R^4 s^4} \\
 &= \frac{32R^2 s^2(-s^4 + (8R^2 + 16Rr + 2r^2)s^2 - r(4R + r)^3)}{16R^4 s^4} \stackrel{?}{\geq} 6 \\
 &\Leftrightarrow \boxed{s^4 - (5R^2 + 16Rr + 2r^2)s^2 + r(4R + r)^3 \stackrel{?}{\geq} 0} \quad (*) \\
 &\quad \text{Now, via Wallker and Gerretsen, } \forall \text{ acute } \triangle ABC, \\
 &\quad (s^2 - 2R^2 - 8Rr - 3r^2)(s^2 - 4R^2 - 4Rr - 3r^2) \leq 0 \text{ and so,} \\
 &\quad \text{in order to prove } (*), \text{ it suffices to prove :} \\
 &\quad \text{LHS of } (*) \leq (s^2 - 2R^2 - 8Rr - 3r^2)(s^2 - 4R^2 - 4Rr - 3r^2) \\
 &\Leftrightarrow \boxed{(R^2 - 4Rr + 4r^2)s^2 \stackrel{(**)}{\leq} 8R^4 - 24R^3r + 2R^2r^2 + 24Rr^3 + 8r^4} \\
 &\quad \text{Again, LHS of } (**)\stackrel{\text{Gerretsen}}{\leq} (R^2 - 4Rr + 4r^2)(4R^2 + 4Rr + 3r^2) \stackrel{?}{\leq} \\
 &\quad 8R^4 - 24R^3r + 2R^2r^2 + 24Rr^3 + 8r^4 \Leftrightarrow 4t^4 - 12t^3 - t^2 + 20t - 4 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right) \\
 &\Leftrightarrow (t - 2)^2(4t^2 + 4t - 1) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (**)\Rightarrow (*) \text{ is true} \\
 &\quad \therefore h_a^2 \left(\frac{1}{m_b^2} + \frac{1}{m_c^2}\right) + h_b^2 \left(\frac{1}{m_c^2} + \frac{1}{m_a^2}\right) + h_c^2 \left(\frac{1}{m_a^2} + \frac{1}{m_b^2}\right) \geq 6 \\
 &\quad \forall \triangle ABC, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)}
 \end{aligned}$$

Solution 2 by Mohamed Amine Ben Ajiba-Morocco

We will first prove that, for any acute triangle ABC , we have

$$\begin{aligned}
 m_a &\leq \sqrt{\frac{b^2 + c^2}{2}} \cdot \cos \frac{A}{2} \\
 \text{Since } \cos \frac{A}{2} &= \sqrt{\frac{s(s-a)}{bc}} = \sqrt{\frac{(b+c)^2 - a^2}{4bc}}, \text{ then we have} \\
 \left(\sqrt{\frac{b^2 + c^2}{2}} \cdot \cos \frac{A}{2}\right)^2 - m_a^2 &= \frac{(b^2 + c^2)[(b+c)^2 - a^2]}{8bc} - \frac{2(b^2 + c^2) - a^2}{4} \\
 &= \frac{(b^2 + c^2 - a^2)(b-c)^2}{8bc} \geq 0,
 \end{aligned}$$

which is true for the acute triangle ABC .

Using this result, and since $h_a = \frac{bc}{2R}$ (and analogs) and $a = 4R \sin \frac{A}{2} \cos \frac{A}{2}$, we have

$$m_a \leq \sqrt{\frac{b^2 + c^2}{2}} \cdot \cos \frac{A}{2} = \sqrt{\frac{b^2 + c^2}{2}} \cdot \frac{a}{4R \sin \frac{A}{2}} = \sqrt{\frac{h_c^2 + h_b^2}{8}} \csc \frac{A}{2} \quad (\text{and analogs})$$

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Therefore

$$\sum_{cyc} h_a^2 \left(\frac{1}{m_b^2} + \frac{1}{m_c^2} \right) = \sum_{cyc} \frac{h_b^2 + h_c^2}{m_a^2} \geq \sum_{cyc} 8 \sin^2 \frac{A}{2} = 4 \sum_{cyc} (1 - \cos A) \stackrel{Jensen}{\geq} 4 \left(3 - \frac{3}{2} \right) = 6.$$

Equality holds iff $\triangle ABC$ is equilateral.